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Multiple Functions of Endocannabinoid Signaling in the Brain

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Abstract

Despite being regarded as a hippie science for decades, cannabinoid research has finally found its well-deserved position in mainstream neuroscience. A series of groundbreaking discoveries revealed that endocannabinoid molecules are as widespread and important as conventional neurotransmitters like glutamate or GABA, yet act in profoundly unconventional ways. We aim to illustrate how uncovering the molecular, anatomical and physiological characteristics of endocannabinoid signaling revealed new mechanistic insights into several fundamental phenomena in synaptic physiology. First, we summarize unexpected advances in the molecular complexity of biogenesis and inactivation of the two endocannabinoids, anandamide and 2-arachidonoylglycerol. Then we show how these new metabolic routes are integrated into well-known intracellular signaling pathways. These endocannabinoid-producing signalosomes operate in phasic and tonic modes thereby differentially governing homeostatic, short-term and long-term synaptic plasticity throughout the brain. Finally, we discuss how cell type- and synapse-specific refinement of endocannabinoid signaling may explain the characteristic behavioral effects of cannabinoids.

Keywords

retrograde signaling; feed-back inhibition; synaptic plasticity; G-protein-coupled receptors; diacylglycerol lipase

The “Grass Route” to the Discovery of the Endocannabinoid System

Predator-prey competition is a major driving force behind evolution. For example, most plants developed a dedicated repertoire of chemical molecules to distract consumption. These allelochemicals often mimic or perturb endogenous signaling pathways in the nervous system, thereby becoming behaviorally effective. It seems that the underlying evolutionary processes were robust enough to invent receptor agonists or antagonists and even allosteric activators or inhibitors of enzymes with excellent potency and affinity. This natural treasure trove served traditional medicine for several thousand years and still remains a major frontier for drug discovery (Li and Vederas, 2009). Moreover, neuroscience research has also greatly profited from deciphering the mechanisms by which these plant products are behaviorally active, paving the way for the discovery of several endogenous signaling systems primarily active in the brain (Prisinzano, 2009).

A prime example is the cannabis plant (*Cannabis sativa* L.) and the discovery of the endocannabinoid system in animals. Cannabis plants produce a unique mixture of chemical constituents, the most famous products being the C₂₁ terpenophenolic compounds, which are collectively called *phytocannabinoids*. Detailed chemical analysis have identified about 70 molecular species of phytocannabinoids (ElSohly and Slade, 2005), but unquestionably, one molecule and its discovery stands out. Intriguingly, this aromatic terpenoid has been more famous (or infamous, as one wishes) among the public than among neuroscientists until very recently. This compound called (–)-⁹-tetrahydrocannabinol (⁹-THC) was isolated from confiscated hashish by Yechiel Gaoni and Raphael Mechoulam (Fig. 1A-B) (Gaoni and Mechoulam, 1964), and was shown to account for the psychotropic effects of cannabis preparations in rhesus monkeys (Mechoulam et al., 1970). This seminal discovery transformed cannabinoid research from an anecdote-based practice into an evidence-based modern research field. The use of the chemically defined ⁹-THC molecule made it possible to obtain qualitatively and quantitatively reproducible pharmacological, physiological or behavioral data, which then helped to uncover the neurobiological substrates of psychoactive effects of cannabis.

The second major breakthrough in cannabinoid research provided answer to the conceptual question of why our brain reacts to cannabis. Using [³H]-CP55,940, a potent radioactively-labeled synthetic cannabinoid, Bill Devane, Allyn Howlett and their colleagues obtained the first unequivocal evidence for the presence of a specific cannabinoid receptor, which inhibits adenylate cyclase via G_i-protein signaling in the brain (Fig. 1C-D) (Devane et al., 1988; Bidaut-Russell et al., 1990). This discovery is also considered as the first direct evidence for existence of the endocannabinoid system. The subsequent qualitative and quantitative radioligand binding studies quickly revealed the distribution of cannabinoid receptors in the brain (Fig 1E) (Herkenham et al., 1990). First, lesion experiments showed that the vast majority of cannabinoid binding sites in the brain are on neurons, and most likely on their axonal bundles (Herkenham et al., 1991). Second, the quantitative distribution pattern fitted well with the brain regions underlying the behavioral effects of cannabis. Third, this pattern was remarkably similar across species indicating a conserved physiological function for cannabinoid receptors. Finally, and most importantly, the density of cannabinoid receptors in the brain was comparable to the levels of glutamate, GABA or striatal dopamine receptors (Herkenham et al., 1990). Thus, these observations collectively predicted in advance that cannabinoid receptors are as ubiquitous components of chemical synapses as conventional neurotransmitter receptors.

This period was the golden age for the cloning of G-protein-coupled receptors, thus, the molecular identification of the first cannabinoid receptor has followed very soon (Matsuda et al. 1990). The CB₁ cannabinoid receptor indeed turned out to be a class A G-protein-coupled receptor, and has a notably similar sequence (97-99% amino acid sequence identity) across mammalian species, supporting once again a phylogenetically conserved function for CB₁. In situ hybridization confirmed neuronal expression and revealed a heterogeneous distribution pattern largely corresponding to the ligand binding sites (Matsuda et al. 1990). With the help of significant homology (44% at the amino acid level), a second cannabinoid receptor was also discovered thereafter (Munro et al., 1993). These two receptors originated

from a common ancestor, and it is now fairly safe to conclude that a third, phylogenetically closely related third cannabinoid receptor is unlikely to be found (Pertwee et al., 2010).

Compelling evidence shows that CB₁ receptors are the major neurobiological substrates for ⁹-THC effects on the human brain. The acute psychological consequences of marijuana smoking such as the subjective “high” experience was efficiently blocked by pretreatment with the CB₁ antagonist, rimonabant in healthy human subjects (Huestis et al., 2001). Moreover, the development of novel inverse agonist radioligands for positron emission tomography now allows the monitoring of CB₁ receptor availability in the living human brain (Burns et al., 2007) (Fig. 1F). The tremendous potential of this new approach is reflected by the emerging data showing robust changes in CB₁ receptor availability in patients with Huntington disease, or temporal lobe epilepsy (Van Laere et al., 2010; Goffin et al., 2011), or by the demonstration of cortex-specific downregulation of CB₁ availability in chronic cannabis smokers, which is a long-suspected mechanism of cannabis tolerance (Hirvonen et al., 2011).

While CB₁ receptors are considered as primarily neuronal receptors, CB₂ receptors are highly expressed in the spleen and regarded as the predominant cannabinoid receptor of the immune system. This somewhat simplified concept has been ideal to provide a framework for the potential therapeutic exploitation of the endocannabinoid system; one particularly exciting example is that the beneficial effects of ⁹-THC in multiple sclerosis is mediated by neuronal CB₁ receptors and by CB₂ receptors on autoreactive T cells in tandem (Maresz et al., 2007). However, accumulating data also support important physiological and pathophysiological functions for peripheral CB₁ receptors (Kunos et al., 2009), whereas central effects of CB₂ receptors are well-documented in emesis regulation or in rewarding effects of cocaine (Van Sickle et al., 2005; Xi et al., 2011).

The discovery of cannabinoid receptors initiated an immediate quest for their endogenous ligands, the so-called *endocannabinoids*. Because of the lipophilic nature of phytocannabinoids, Devane, Mechoulam and their colleagues argued that lipid-soluble fractions of the brain should contain the putative endocannabinoid molecule, which finally led them to its chemical identification (Fig. 1G-H) (Devane et al., 1992). This compound, N-arachidonylethanolamide was termed *anandamide* based on the Sanskrit word “ananda” meaning “inner bliss”. This name reflects a good foresight, because anandamide plasma levels are significantly reduced in patients with major depression (Hill et al., 2009), and blockade of anandamide hydrolysis exerts robust anti-depressant-like effects (Gobbi et al., 2005). Anandamide turned out to be a partial agonist of the two cannabinoid receptors, which is unusual for an endogenous natural ligand, and it is found at low concentrations (pmol/g tissue) in the brain (Pertwee et al., 2010). Because its pharmacological activity did not fully recapitulate the behavioral effects of ⁹-THC (Smith et al., 1994), the existence of a second endocannabinoid was postulated, and soon identified as *2-arachidonoylglycerol* (2-AG) (Fig. 1I-J) (Mechoulam et al., 1995; Sugiura et al., 1995). 2-AG is a full agonist at both CB₁ and CB₂ receptors and it is present at much higher levels (nmol/g tissue) in the brain (Stella et al., 1997). With the discovery of anandamide, 2-AG and the cannabinoid receptors, the “grass route” has gloriously ended after 3 decades, and gave the green light to

neuroscientists to continue with hypothesis-driven questions on the function of endocannabinoid signaling, which has culminated in a paradigm shift in neuroscience.

The “Retrograde Route” of Endocannabinoids in the Brain

While anterograde synaptic transmission has been extensively studied for decades, much less information was known about retrograde signaling pathways at chemical synapses. Several candidates such as gases (e.g. nitric oxide), peptides (e.g. dynorphin), growth factors (e.g. brain-derived neurotrophic factor) or even conventional amino acid transmitters such as glutamate or GABA were shown to be released by the somatodendritic domain of postsynaptic neurons and then to act on the axon terminals of presynaptic neurons (Regehr et al., 2009). However, most of these retrograde messengers operate at specific synapses or restricted to a few cell types, and none of them could fully explain most common forms of retrograde synaptic communication. Based on high anandamide synthase activity in the hippocampus and the then prevailing view that the chemically related lipid molecule arachidonic acid is a retrograde messenger in hippocampal long-term potentiation (Williams et al., 1989), Devane and Axelrod proposed first that anandamide may also play a retrograde messenger role on axonal CB₁ receptors (Devane and Axelrod, 1994). In accordance, the first immunohistochemical studies visualizing CB₁ protein localization reported dense meshwork of fibers throughout the brain at the light microscopic level (Egertova et al., 1998; Tsou et al., 1998). These fibers proved to be axons in both the rat and human brain, as revealed by high-resolution immunogold staining and electron microscopy (Katona et al., 1999; Katona et al., 2000). In fact, the majority of CB₁ receptors accumulated presynaptically on axon terminals of GABAergic interneurons in the hippocampus (Fig. 2A). Furthermore, CB₁ receptor agonists reduced electrically-evoked GABA release (Fig. 2B), in accordance with a proposed retrograde messenger function of endocannabinoid signaling (Katona et al., 1999). The presynaptic localization of CB₁ receptors and its inhibitory effect on neurotransmitter release have proved to be a general feature of most axon terminals in the central (Kano et al., 2009), and peripheral nervous system (Vizi et al., 2001).

The most important support for the retrograde scenario came subsequently from the study of an electrophysiological paradigm, in which selective depolarization of a postsynaptic neuron induces short-term depression of GABA release from axon terminals innervating the same postsynaptic neuron (DSI) (Llano et al., 1991; Pitler and Alger, 1992). This robust phenomenon premised the existence of a *bona fide* retrograde messenger, and thus, the demonstration that three independent antagonists of CB₁ receptors block DSI at hippocampal GABAergic synapses (Fig. 2C-D) (Ohno-Shosaku et al., 2001; Wilson and Nicoll, 2001), together with the presynaptic localization of CB₁ receptors (Katona et al., 1999), were in agreement with the plausible scenario that endocannabinoids may be the long-awaited retrograde messengers. Importantly, depolarization-induced suppression of excitation (DSE) was also inhibited by a CB₁ antagonist at cerebellar excitatory synapses (Kreitzer and Regehr, 2001). Several other forms of synaptic plasticity were subsequently reported to be CB₁-dependent including e.g. long-term depression (Fig 2E-F) (Gerdeman et al., 2002; Marsicano et al., 2002; Robbe et al., 2002). Collectively, these findings indicated that endocannabinoid signaling plays a conceptually similar role at distinct types of synapses

throughout the brain, and represent the turning point, when endocannabinoid research finally became a major focus for mainstream neuroscience.

Although the most parsimonious scenario is the retrograde route for endocannabinoids, the manner of how anandamide and/or 2-AG get through the extracellular space is still an unresolved issue considering that these lipid messengers are fairly hydrophobic with logP values of 5.1 and 5.39 for anandamide and 2-AG, respectively (Maccarrone, 2008). Nevertheless, converging evidence from the combination of biochemical, anatomical, pharmacological and physiological experiments fully supports the retrograde scenario. As the first step, molecular identification of enzymes involved in endocannabinoid metabolism helped to define which endocannabinoid molecule is responsible for given forms of endocannabinoid-mediated plasticity. For example, the inactivation of anandamide is carried out by a serine hydrolase called fatty acid amide hydrolase (FAAH) (Cravatt et al., 1996). Thus, the lack of effect of FAAH inhibitors in a given paradigm indicates that anandamide is not involved in that particular phenomenon as it was stated for example for hippocampal DSI (Kim and Alger, 2004). The second candidate 2-AG is synthesized by two isoforms of diacylglycerol lipase, α and β , (Bisogno et al., 2003), whereas a monoacylglycerol lipase (MGL) was found to degrade the majority (85%) of 2-AG in the brain (Dinh et al., 2002; Blankman et al., 2007). Genetic inhibition of MGL consistently enhanced short-term synaptic depression (Pan et al., 2011; Straiker et al., 2011), whereas genetic inactivation of DGL- α fully eliminated all forms of endocannabinoid-mediated synaptic plasticity in the prefrontal cortex (Yoshino et al., 2011), hippocampus (Gao et al., 2010; Tanimura et al., 2010), striatum and cerebellum (Tanimura et al., 2010). Thus, the indispensable involvement of DGL- α and the regulatory role of MGL in short-term synaptic depression clearly supports the view that 2-AG is the enigmatic synaptic endocannabinoid.

However, these pharmacological and genetic perturbations would not exclude a scenario that 2-AG plays an autocrine role on axon terminals, where CB₁ receptors are located. The additional support derives from anatomical observations, which revealed that the subcellular segregation of endocannabinoid-metabolizing enzymes paves a retrograde way for 2-AG throughout the brain. DGL- α was found postsynaptically at several synapse types in the spinal cord (Nyilas et al., 2009), cerebellum (Yoshida et al., 2006), ventral tegmental area (Mátyás et al., 2008), striatum (Uchigashima et al., 2007), basolateral amygdala (Yoshida et al., 2011), hippocampus (Katona et al., 2006; Yoshida et al., 2006), prefrontal cortex (Lafourcade et al., 2007) and even in the human hippocampus (Ludányi et al., 2011). Conversely, MGL was observed presynaptically in axon terminals throughout the brain (Gulyás et al., 2004; Ludányi et al., 2011; Uchigashima et al., 2011; Yoshida et al., 2011). Taken together, these anatomical and physiological experiments outlined that the most parsimonious scenario for retrograde synaptic signaling involves 2-AG, which is synthesized and released postsynaptically and then acts on CB₁ receptors located on nearby presynaptic axon terminals.

Common Principles of Anterograde Amino Acid Transmission and Retrograde Endocannabinoid Transmission

In their influential review, Sudhof and Malenka recently argued that one of the most important advances in our understanding of synaptic transmission in the last 20 years was the discovery that endocannabinoids are the principal mediators of retrograde synaptic communication (Sudhof and Malenka, 2008). Since the breakthrough discoveries ten years ago, several hundred studies have dealt with the role of endocannabinoids in synaptic transmission and the retrograde scenario has become widely accepted. It is vital in most biological signaling systems that information flow is precisely controlled by feed-back mechanisms. Thus, it is not surprising that synaptic transmission in chemical synapses requires a similar feed-back mechanism, although it was clearly unforeseen that the consensus molecule for this function would be an endocannabinoid. Also unexpected was that the basic operational principles of retrograde endocannabinoid signaling have so many features in common with conventional anterograde synaptic transmission. In the following sections, we aim to highlight the striking conceptual similarities between classical amino acid transmitter-mediated neurotransmission and retrograde endocannabinoid signaling arguing that the endocannabinoid system is a component of chemical synapses as basic as the conventional neurotransmitter systems (Table 1). It is impossible in a single review to detail these biological phenomena, hence, we picked a few notable examples to summarize key features of endocannabinoid signaling together with some physiological and pathophysiological implications focusing on burning questions in endocannabinoid research.

Molecular Complexity of Endocannabinoid Mobilization and Degradation

Why the brain needs - at least - two endocannabinoid molecules? Neurons exploit several messengers to operate anterograde synaptic transmission in the brain, predominantly the classical amino acids glutamate and GABA, but glycine and the aromatic amino acid derivative monoamines such as dopamine, serotonin or noradrenaline have also important functions. As retrograde messenger, 2-AG is the key player in most forms of homo- and heterosynaptic short-term depression and in some forms of long-term depression (Heifets and Castillo, 2009; Kano et al., 2009). It is clear however that anandamide also acts through CB₁ receptors in several neurobiological paradigms (Kinsey et al., 2009; Clapper et al., 2010; Straiker et al., 2011), where it may function as a retrograde synaptic messenger and mediate certain forms of synaptic homeostasis and plasticity in presynaptic CB₁ receptor-dependent manner (Gerdeman et al., 2002, Kim and Alger, 2010). Alternatively, anandamide's synaptic function can also be the activation of postsynaptic TRPV₁ receptors (Chavez et al., 2010; Grueter et al., 2010). The division of labor between anandamide and 2-AG may be reflected in spatial segregation, if anandamide and 2-AG serve as messengers at different synapses, in distinct microcircuits, or in separate brain regions. This is supported by observations that specific FAAH and MGL inhibitors recapitulate only subsets of behavioral components of cannabinoid effects in vivo (Long et al., 2009a). These behaviors are regulated by CB₁ receptors located in distinct cell types and brain circuits (Monory et al., 2007), and spatial isolation also occurs at the subcellular level, because MGL and FAAH are segregated into the presynaptic and postsynaptic domains of neurons, respectively (Gulyás

et al., 2004). The division of labor may also happen at different time scales. Phasic endocannabinoid signaling, such as DSI is mediated by 2-AG (Kim and Alger, 2004, Tanimura et al., 2010), whereas tonic endocannabinoid signaling involves the mobilization of both 2-AG (Hashimoto et al., 2007) and anandamide (Kim and Alger, 2010) at hippocampal GABAergic synapses, though likely under different physiological conditions. Finally, the two signaling systems may even interplay in certain behavioral processes. Neither FAAH, nor MAGL inhibitors alone could recapitulate catalepsy or drug discrimination, typical CB₁ agonist-evoked behavioral effects. However, a dual FAAH/MGL inhibitor produces catalepsy and also ⁹-THC-like drug discrimination response (Long et al., 2009b). Thus, the combined action of 2-AG and anandamide may be required to fully engage CB₁ receptors at specific synapses, and if the mobilization of two messenger molecules require different physiological signals, then presynaptic CB₁ receptors may operate as coincidence detectors to underlie synaptic plasticity analogously as postsynaptic NMDA receptors.

The level of complexity in the operational principles and functional significance of retrograde endocannabinoid signaling is further increased by the emerging concept that, in contrast to the primarily amino acid-based anterograde transmission, a multifaceted lipid signaling system evolved to fulfill the complex physiological tasks reliant on retrograde signaling. For example, both anandamide and 2-AG are oxygenated by cyclooxygenase-2 (COX-2) at postsynaptic sites (Yu et al., 1997; Kozak et al., 2000; Kim and Alger, 2004; Straiker et al., 2011). The resulting prostanoids, e.g. prostaglandin E₂ glycerol ester (PGE₂-G) increase neurotransmitter release from axon terminals (Yang et al., 2008), which is the opposite effect to that of 2-AG. Thus, COX-2, which is transported to synapses in an activity-dependent manner may be an important molecular switch to change the direction of synaptic plasticity. Therapeutically important *in vivo* manifestation of this phenomenon occurs in supraspinal and spinal pain circuitries, where 2-AG has an overall anti-nociceptive effect (Hohmann et al., 2005; Nyilas et al., 2009), whereas 2-AG-derived PGE₂-G causes hyperalgesia (Hu et al., 2008). Remarkably, the highly potent analgesic effects of nonsteroidal anti-inflammatory drugs (NSAIDs) like paracetamol (acetaminophen), a selective COX-2 inhibitor (Hinz et al., 2008), or ibuprofen, a potent inhibitor of 2-AG oxidation by COX-2 (Prusakiewicz et al., 2009) require the activation of CB₁ receptors (Ahn et al., 2007; Telleria-Diaz et al., 2010). Thus, these NSAIDs may partially exhibit their analgesic effects via vetoing the metabolism from anti-nociceptive 2-AG to hyperalgesic prostaglandin caused by hyperalgesia-induced elevations in COX-2 activity.

The discovery of 2-epoxyeicosatrienoylglycerols (2-EGs) also revealed a link to lipoxygenase and cytochrome P450 pathways. These novel lipids are present in the brain (especially 2-11,12-EG) and surprisingly, they are potent endogenous ligands of both cannabinoid receptors *in vivo* (Chen et al., 2008). Anandamide can be transformed to 5',6'-epoxyeicosatrienoic acid by CP450 epoxygenases, and activates TRPV₄ channels at submicromolar concentrations (Watanabe et al., 2003a), whereas the related eicosanoid 12-(S)-hydroperoxyeicosatetraenoic acid is the retrograde mediator of TRPV₁-dependent long-term depression at hippocampal Schaffer collateral-interneuron synapses (Gibson et al., 2008). Although the puzzling question, why lipids are utilized so extensively as retrograde

messengers in contrast to the predominantly amino acid-based anterograde transmitters may not be easy to answer, this perplexing diversity of lipid signaling pathways should definitely be in focus for neuroscience.

A striking example of parsimony in biology is the way in which neurons exploit amino acids (like glutamate or glycine) as neurotransmitters, which are otherwise basic building blocks of proteins. These amino acids can even be metabolized to each other to produce additional messengers, as GABA is synthesized from glutamate by decarboxylation. This parsimony is also shared by the endocannabinoid system. Glycerol, ethanolamine and arachidonic acid are at the crossroads of several metabolic pathways, included in several major components of biological membranes or provide energy for cellular functions. Arachidonic acid, the common constituent of 2-AG and anandamide is a conditionally essential n-6 polyunsaturated fatty acid (n-6 PUFA) and makes up a significant fraction of brain lipids (Rapoport, 2008). It is present in the diet together with its precursor linoleic acid, and consequently, when their dietary concentrations are increased, anandamide and 2-AG levels also increase (Watanabe et al., 2003b). Remarkably, this has an impact on synaptic endocannabinoid signaling, because changing the dietary n-6/n-3 PUFA ratio abolishes endocannabinoid-mediated LTD in the prefrontal cortex and nucleus accumbens (Lafourcade et al., 2011). Although the underlying mechanistic process is not fully understood, chronic elevation of 2-AG levels also disrupts CB₁-mediated signaling highlighting the importance of precise metabolic regulation of 2-AG levels in the brain (Chanda et al., 2010; Schlosburg et al., 2010). Anandamide and 2-AG can also be metabolized to each other like amino acid transmitters and this metabolic pathway can even be region- and subcellular domain-specific. First, anandamide levels are decreased in the hippocampus, but not in the prefrontal cortex of DGL- α knockout animals (Gao et al., 2010, Tanimura et al., 2010, Yoshino et al., 2011). Second, free arachidonic acid can be released from 2-AG by at least three serine hydrolases (Blankman et al., 2007), and one of these, α/β -hydrolase-6 (ABHD6) regulates synaptic endocannabinoid signaling in long-term depression (Marrs et al., 2010). Moreover, ABHD6 colocalizes postsynaptically in dendrites with FAAH, which conjugates ethanolamine with arachidonic acid to form anandamide (Mukhopadhyay et al., 2011).

The biogenesis of endocannabinoids is also highly complex. Anandamide and related N-acylethanolamines (NAEs) were postulated to be synthesized by at least 5 metabolic pathways. Using N-acyl-phosphatidylethanolamines (NAPEs) as precursors, the PLA route involves phospholipase A₂ and lysophospholipase D (Sun et al., 2004), the PLB route includes α/β -hydrolase 4 and glycerophosphodiesterase 1 (Simon and Cravatt, 2006; Simon and Cravatt, 2008), the PLC route is mediated by a phospholipase C and protein tyrosine phosphatase type-22 (Liu et al., 2006), whereas the PLD route exploits NAPE-hydrolyzing phospholipase D (NAPE-PLD) (Okamoto et al., 2004). In addition, anandamide can be formed by conjugation of arachidonic acid and ethanolamine in brain synaptosomes (Devane and Axelrod, 1994). A most exciting question for endocannabinoid research is to understand the functional significance of this metabolic diversity. Spatial segregation of distinct anandamide- and NAE-synthesizing pathways may underlie division of labor. Indeed, while FAAH is distributed in the somatodendritic domain of neurons (Egertova et al., 1998, Gulyas et al., 2004), NAPE-PLD was found inside glutamatergic axon terminals (Nyilas et

al., 2008). Another indication of functional diversity is the different kinetics of anandamide synthesis, which suggests that the PLC route may operate at a different time scale than the PLB route (Liu et al., 2008).

The biosynthesis of 2-AG may seem to be more simple, but this can be misleading. While the role of DGL- α in synaptic plasticity is unequivocal (Tanimura et al., 2010), the precursor DAG can be synthesized in several ways. The canonical pathway includes phospholipase C- β s, which hydrolyze phosphatidylinositol 4,5-bisphosphate (PIP₂) to inositol 1,4,5-triphosphate (IP₃) and DAG (Stella et al., 1997). Most receptor-driven 2-AG synthesis may go through this route. However, PLC β ₁ is not required for depolarization-induced forms of endocannabinoid-mediated synaptic plasticity such as hippocampal DSI (Hashimoto et al., 2005). DAG-independent 2-AG biosynthesis may occur via PLA₁ and lyso-PI-specific PLC activity, the latter of which is found in brain synaptosome preparations (Tsutsumi et al., 1994; Sugiura et al., 1995). Finally, brain homogenates can also synthesize 2-AG from 2-arachidonoyl-lysophosphatidic acid by an unidentified phosphatase (Nakane et al., 2002). Thus, another important task for endocannabinoid research is to dissect which biochemical pathways are responsible for 2-AG mobilization at given locations in neuronal networks and to identify which physiological or pathophysiological stimuli activate these pathways.

A spatial segregation indicating functional division of labor has already been reported for the two isoforms of DGL (Bisogno et al., 2003). While DGL- α is found in the plasma membrane (Katona et al., 2006; Yoshida et al., 2006; Jung et al., 2011), DGL- β is restricted to intracellular membrane segments, including peri-nuclear lipid droplets (Jung et al., 2011). This spatial segregation suggests that DGL- α may play a role in intercellular 2-AG signaling, whereas DGL- β has an intracellular function. In parallel, basal 2-AG levels in the brain of DGL- α knockout mice were dropped by 80%, but remained unaffected or only partially reduced in DGL- β knockout mice (Gao et al., 2010; Tanimura et al., 2010). In contrast to DGL- α knockout mice, synaptic endocannabinoid signaling was not impaired by genetic inactivation of DGL- β (Gao et al., 2010; Tanimura et al., 2010). It is interesting to note that neurite outgrowth triggered by overexpression of DGL- α could be blocked by a CB₁ receptor antagonist, whereas neuritogenesis induced by overexpression of DGL- β was CB₁ receptor-independent (Jung et al., 2011). Similarly, adult neurogenesis is impaired in DGL- α , but not in DGL- β knockout mice (Gao et al., 2010).

Endocannabinoid Signalosomes

The convincing demonstration that DGL- α is indispensable for various forms of retrograde synaptic signaling (Tanimura et al., 2010) calls for investigations of how this important enzyme is integrated into neuronal operations. At hippocampal glutamatergic synapses, DGL- α accumulates around the postsynaptic density at the edge of synapses (Katona et al., 2006; Yoshida et al., 2006). Group I mGlu receptors are located within the same perisynaptic annulus (Lujan et al., 1996) and their agonists evoke 2-AG release through the canonical G_{q/11} and PLC- β pathway (Jung et al., 2005). Because both mGlu receptors and DGL- α contain binding motifs for the synaptic scaffold protein Homer (Jung et al., 2007), we proposed that they form a macromolecular complex around the postsynaptic density, the so-called perisynaptic signaling machinery (PSM), which evolved to translate excess

presynaptic activity - glutamate spillover in this case - into a negative feed-back signal (Katona and Freund, 2008). Since then, new findings confirmed and extended the PSM concept. PLC- β_1 , another molecular constituent of this pathway was also found in the perisynaptic annulus (Fukaya et al., 2008). Moreover, the long-isoform Homer_{2b} turned out to be necessary for mGlu-triggered 2-AG release (Won et al., 2009, Roloff et al., 2010), whereas the activity-dependent short isoform (Homer_{1a}) dismantled the PSM and ablated this process (Roloff et al., 2010).

Importantly, DGL- α may not only function as a 2-AG-synthesizing enzyme, but could play another role in regulating DAG levels. This function may even be phylogenetically more ancient, because insects lack cannabinoid receptors, but express a DGL- α ortholog encoded by the *inaE* gene, which is necessary for the opening of TRP channels by DAG (Leung et al., 2008). In mammals, TRP channels like TRPC1 or TRPC3 are also known to be anchored by Homer, concentrated perisynaptically, and stimulated by DAG (Kim et al., 2003, Yuan et al., 2003). In addition, activation of TRPC channels accounts for group I mGlu receptor-triggered feed-forward enhancement of excitability of postsynaptic neurons (Kim et al., 2003; Hartmann et al., 2008). Taken together, some molecular players within the PSM are primarily responsible for feed-forward excitation. However this signal is controlled by DGL- α , which may act as a molecular switch by transforming a feed-forward excitatory DAG signal into a negative feed-back signal via 2-AG (Fig. 3). Perisynaptic metabotropic glutamate receptors cannot be activated by single synaptic volleys as intrasynaptic ionotropic glutamate receptors, but require elevated, usually bursting presynaptic population activity (Tempia et al., 1998; Fan et al., 2010). Therefore, we propose that the essential physiological function of the PSM domain of excitatory synapses is to monitor the magnitude of presynaptic activity. Increased presynaptic activity may need to be transformed to a feed-forward excitatory response to increase the excitability of the postsynaptic neuron and to support synaptic potentiation. However, excess presynaptic activity can also become pathological, hence efficient negative feed-back mechanisms should kick in. We suggest that DGL- α may be involved in this mechanism in a strikingly parsimonious manner by terminating feed-forward excitation and initiating feed-back inhibition, in other words, by eliminating the cause and the consequence of the excess presynaptic activity at the same time (Fig. 3A-B).

We recently termed the second, 2-AG leg of the pathway a “synaptic circuit-breaker” to indicate that this process may not only happen at single synapses in a homosynaptic manner, but may be a general network mechanism that has a pivotal role in regulating the overall level of network excitability under pathophysiological conditions with an excess glutamatergic tone (Katona and Freund, 2008). Neuronal insults e.g. convulsions or closed-head injury evoke 2-AG release (Panikashvili et al., 2001; Wettschureck et al., 2006), whereas perturbations of the synaptic circuit-breaker leads to reduced seizure thresholds and increased incidence of epileptic seizures. Double $G_{q/11}$ and PLC- β_1 knockout animals die at a young age as a result of spontaneous seizures (Kim et al., 1997; Wettschureck et al., 2006), whereas glutamatergic cell-specific overexpression or deletion of CB₁ receptors are protective or convulsive, respectively (Marsicano et al., 2003; Monory et al., 2006; Guggenhuber et al., 2010). Finally, breakdown of the circuit-breaker also occurs in human patients with chronic, intractable temporal lobe epilepsy, whose hippocampus has reduced

levels of DGL- α and CB₁ receptors (Ludányi et al., 2008). Taken together, the significance of the PSM and retrograde 2-AG signaling is also reflected at the pathophysiological level and may be exploited for therapy in the future.

A salient emerging concept is that the PSM at glutamatergic synapses may only be a specialized case of a much more fundamental cell physiological mechanism involving the same macromolecular complex and retrograde endocannabinoid signaling. Following the initial observations that G_{q/11}-coupled, postsynaptic mGlu₁ and mGlu₅ receptors can elicit synaptic endocannabinoid signaling in the cerebellum and hippocampus (Maejima et al., 2001; Varma et al., 2001), at least 16 other neurotransmitter molecules were shown to trigger 2-AG release and CB₁ receptor activation via G_{q/11}-coupled receptors, PLC- β and DGL- α (Fig 3). Notably, besides the homosynaptic feed-back processes, upstream activation of this macromolecular complex can often lead to heterosynaptic depression of the release of another neurotransmitter as is the case for serotonin and 5HT_{2A}/5HT_{2B}/5HT_{2C} receptors in the inferior olive and elsewhere (Parrish and Nicolls, 2006; Best and Regehr, 2008). These signalosomes may not always be restricted to the perisynaptic zone of synapses, but their subcellular location reflects the source and chemical nature of the given transmitter. For example acetylcholine, which primarily reaches its receptors by volume transmission can evoke endocannabinoid signaling in several brain regions through M₁ receptors, which are distributed throughout the somatodendritic surface of postsynaptic neurons (Kim et al., 2002; Uchigashima et al., 2007; Yamasaki et al., 2010). Some of these signaling mechanisms can be surprisingly cell type-specific as has been shown for the neuropeptide cholecystokinin and CCK₂ receptors in the hippocampus (Lee and Soltesz, 2011; Lee et al., 2011). Some may convey information about the general physiological or metabolic state of the animal like the wake-promoting peptide orexin-B and its G_{q/11}-coupled receptors OX₁ and OX₂ (Haj-Dahmane and Shen, 2005), endothelin-1 and its ET_A receptor (Zampronio et al., 2010), oxytocin and its OT receptor (Oliet et al., 2007) or ghrelin and its receptor (Kola et al., 2008), and then regulate feed-back hormonal responses via the modification of synaptic weights in subcortical and cortical circuits. Particularly interesting is how these signalosomes may be involved in pathophysiological processes upon CNS injury. Thrombin-induced arachidonic acid release led to the original discovery of a PLC-DGL pathway (Bell et al., 1979), and thrombin regulates GABAergic synaptic currents through PAR-1 receptors and retrograde 2-AG signaling in the hippocampus (Hashimoto et al., 2011). Other functionally related pathways also stimulate endocannabinoid signaling as has been demonstrated for thromboxane A₂ via the prostanoid receptor TP (Rademacher et al., 2005), and for the platelet-activating factor through its receptor PAF (Berdyshev et al., 2001). Some other GPCR-endocannabinoid signalosomes are also expected to be found in the CNS, as they are widely distributed throughout the body such as angiotensin II and its AT₁ receptor (Turu et al., 2009), the bombesin's neuromedin B, gastrin-releasing peptide and its BB₁/BB₂/BB₃ receptors (Shimizu et al., 2011), bradykinin and its B₁ and B₂ receptors (Turu et al., 2009), noradrenaline and the adrenoceptors α _{1A} α _{1B} α _{1D} (Turu et al., 2009) and vasopressin and its V_{1A} and V_{1B} receptors (Turu et al., 2009). It may be too early to claim that the DGL- α - 2-AG - CB₁ (and maybe also CB₂) endocannabinoid signaling pathway is a built-in feature of the downstream signaling pathway upon G_{q/11}-coupled receptor

activation, nevertheless, when present, it can efficiently translate a feed-forward signal into a feed-back signal to regulate cellular functions.

Molecular Complexity of Endocannabinoid-targeted Receptors

As a conceptual similarity again with classical amino acid transmitters, which act on several ionotropic (AMPA, NMDA, kainate or GABA_A, GABA_C and Gly) and metabotropic (mGlu or GABA_B) receptors to accomplish their diverse responsibilities, these lipid messengers can also interact with several other molecular targets besides CB₁ and CB₂ cannabinoid receptors. Among these potential targets are ligand-gated ion channels like 5-HT₃, glycine and nicotinic acetylcholine receptors, non-selective cation channels like TRPV₁, TRPA1 or TRPM8, voltage-gated ion channels like T-type calcium channels or the TASK potassium channels, and metabotropic receptors like GPR55 (for review see Pertwee et al., 2010). An especially exciting research direction is to delineate the neurobiological significance of these interactions, which, despite some promising progress (Chavez et al., 2010; Grueter et al., 2010), is largely unknown (Pertwee et al., 2010).

An additional level of signaling complexity for anterograde transmission comes from the variable subunit compositions of amino acid receptors, some well-known examples of which are the synapse-specific segregation of calcium-permeable AMPA receptors determined by absence of the GluR2 subunit (Tóth and McBain, 1998), or the observation that tonic and phasic modes of GABA signaling are mediated by GABA_A receptors with different subunit compositions (Glykys and Mody, 2007). A potential mechanism to increase the complexity of endocannabinoid signaling may be the phenomenon of receptor heteromerization. Heterodimers of CB₁ receptors have been observed for example with D₂ dopamine receptors (Kearn et al., 2005), μ -opioid receptors (Rios et al., 2006) or OX₁ orexin receptors (Ellis et al., 2006). Heteromerization may impact ligand sensitivity, downstream signaling and even compartmentalization of a given receptor, which all contribute to the ultimate physiological role of the receptor complex. Thus, it will be a very important task to exploit the latest available microscopy techniques offering appropriate spatial resolution like super-resolution microscopy to characterize the cell type- and synapse type-specific distributions of given cannabinoid receptor heterodimers in brain circuits.

It is widely accepted that besides their primary ligands, the activity of most receptors is controlled by endogenous allosteric modulators. Some famous examples for glutamate receptors include the role of glycine or D-serine in the regulation of NMDA receptors (Johnson and Ascher, 1987; Kleckner and Dingledine, 1988), or the profound impact of neurosteroids on δ -subunit-containing GABA_A receptors (Stell et al., 2003). Similar endogenous modulators for cannabinoid receptors are just starting to appear. The lipid virodhamine was the first reported endogenous antagonist of CB₁ receptors, which surprisingly acts as an agonist on CB₂ receptors (Porter et al., 2002). An unexpected new family of CB₁ receptor modulators comprises the hemoglobin-derived nonapeptide hemopressin and its longer congeners, which act as an inverse agonist or agonist, respectively (Heimann et al., 2007; Gomes et al., 2009). The potential presence of allosteric binding sites on CB₁ receptors and the design of selective agents targeting these sites would be especially advantageous, because full agonists evoke robust internalization of

cannabinoid receptors (Jin et al., 1999), which lead to in vivo tolerance (Tappe-Theodor et al., 2007), and renders pharmacological exploitation difficult. On the other hand, internalization of presynaptic CB₁ receptors on axon terminals offers a new level of physiological control (Coutts et al., 2001), whereby the efficacy of endocannabinoid-mediated synaptic plasticity can be dynamically adjusted in an activity-dependent manner. Besides internalization, lateral movement of CB₁ receptors on the surface of axon terminals is also well-suited to regulate CB₁ receptor availability and desensitization (Mikasova et al., 2008). Notably, lateral mobility and internalization of postsynaptic AMPA receptors are also key underlying mechanisms for experience-dependent plasticity of anterograde excitatory synaptic transmission (Newpher and Ehlers, 2009).

Functional Complexity of Endocannabinoid-mediated Synaptic Plasticity

Probably the most spectacular evidence for the profound neurobiological significance of endocannabinoid signaling is the wide repertoire of synaptic physiological processes which are mediated by endocannabinoids. It is again conceivable to suppose that nature followed the same rule of parsimony just as for glutamatergic and GABAergic neurotransmission by adapting the activity of the same conserved molecular players throughout the central and peripheral nervous system to accomplish so many different synaptic physiological tasks for the proper operation at the brain circuit levels. It is out of the scope of this work to summarize the hundreds of studies describing the specific function of retrograde endocannabinoid signaling from the spinal cord to the neocortex, but we recommend two excellent reviews for further reading (Heifets and Castillo, 2009; Kano et al., 2009). Instead, we aim to illustrate with a few select examples the conceptual similarities in which the brain exploits endocannabinoids for retrograde signaling processes, whereas classical amino acid transmitters for anterograde communication.

Regarding the two major modes of endocannabinoid signaling, one has to differentiate between tonic and phasic actions. Just as ambient GABA has a crucial role in establishing the excitability of postsynaptic neurons through extrasynaptic GABA_A receptors (Glykys and Mody, 2007), the pivotal role of ambient extracellular endocannabinoid concentrations in the determination of neurotransmitter release probability has just begun to unfold. Paired recordings from a special subtype of GABAergic interneuron and postsynaptic CA3 pyramidal neurons in the hippocampus revealed that tonic endocannabinoid signaling can mute GABA release from axon terminals through CB₁ receptor activation (Losonczy et al., 2004). Subsequent research has shown that this phenomenon is not due to the constitutive activity of CB₁ receptors *per se*, but depends on the constitutive release of endocannabinoids from the postsynaptic neuron, as postsynaptic BAPTA chelation of intracellular Ca²⁺ signals abolished the tonic endocannabinoid signaling (Hentges et al., 2005; Neu et al., 2007). Remarkably, tonic endocannabinoid signaling is also cell type-specific. It can depend on the type of the postsynaptic neuron, e.g. proopiomelanocortin (POMC) neurons, but not the neighboring non-POMC neurons, release endocannabinoids constitutively and regulate their incoming GABAergic inputs in the arcuate nucleus of the hypothalamus, although both cell populations could produce endocannabinoids in a stimulation-dependent manner (Hentges et al., 2005). Alternatively, the same postsynaptic neuron can also regulate GABAergic inputs in a different manner as has been elegantly demonstrated in the hippocampus, where CA1

pyramidal neurons regulate perisomatic inhibition via endocannabinoids both in a tonic and phasic manner, whereas only phasic endocannabinoid signaling was found at dendritic inhibitory inputs (Lee et al., 2010). This latter observation at unitary connections also confirms that even constitutive endocannabinoid release can act in a homosynaptic and subcellularly restricted manner (Neu et al., 2007; Lee et al., 2010). Tonic endocannabinoid signaling may involve both anandamide and 2-AG, although probably at different time scales (Hashimotodani et al., 2007; Kim and Alger, 2010). The presence of tonic endocannabinoid control of neurotransmitter release indicates that physiological signals must exist to override it whenever necessary. On the other hand, this phenomenon can also serve to integrate the efficacy of a dedicated unitary connection into network activity, because high-frequency firing of the presynaptic neuron can eliminate the tonic endocannabinoid blockade (Losonczy et al., 2004; Foldy et al., 2006).

Salient features of synaptic endocannabinoid signaling ideally support the induction of changes in synaptic strength in a phasic, activity-dependent manner. The governing rules for these retrograde forms of synaptic plasticity also follow similar logic, and these mechanisms are nicely integrated into several well-known forms of anterograde synaptic plasticity mediated by glutamate or GABA. Homosynaptic short-term synaptic depression of excitation and inhibition was the first described form of endocannabinoid-mediated synaptic plasticity (Kreitzer and Regehr, 2001; Ohno-Shosaku et al., 2001; Wilson and Nicoll, 2001), and supposed to be mediated predominantly by 2-AG (Hashimotodani et al., 2007; Gao et al., 2010; Tanimura et al., 2010; Yoshino et al., 2011). Although the extracellular spread of endocannabinoids is limited (Wilson and Nicoll, 2001), endocannabinoid-mediated short-term depression is also involved indirectly in heterosynaptic forms of plasticity (Lourenco et al., 2010). Endocannabinoid-mediated forms of long-term depression were first described in the dorsal and ventral striatum and in the amygdala, but are also present at most synapses in the brain (Gerdeman et al., 2002; Marsicano et al., 2002; Robbe et al., 2002; Heifets and Castillo, 2009; Kano et al., 2009). A special, potentially homosynaptic form is the so-called spike timing-dependent long-term depression, which was described first in the neocortex and requires presynaptic NMDA or postsynaptic mGlu receptors (Sjostrom et al., 2003; Nevian and Sakmann, 2006). Heterosynaptic forms of long-term depression are also known to exploit endocannabinoids (Chevalleyre et al., 2003).

Another special form of synaptic plasticity serves to re-adjust synaptic gain in response to persistent changes of neuronal activity. This phenomenon of synaptic homeostasis involves increase in the action-potential independent release probability of glutamate and in the density of postsynaptic glutamate receptors, but also a decrease in the number of postsynaptic GABA receptors to restore circuit activity (Turrigiano et al., 2007). There are likely to be multiple forms of synaptic scaling and correspondingly, both anandamide and 2-AG was reported to contribute to homeostatic regulation of GABAergic synapses in the hippocampus (Zhang et al., 2009, Kim and Alger, 2010). In addition, just as glutamate and GABA are known to act also in an autocrine manner to regulate their own release, compelling evidence supports that both endocannabinoids may also have autocrine functions. The postsynaptic role of anandamide in long-term depression was postulated in the hippocampus and striatum (Chavez et al., 2010; Grueter et al., 2010), whereas 2-AG is the mediator of the autocrine phenomenon of slow-self inhibition in neocortical interneurons

(Marinelli et al., 2008). Although it took some time for neuroscientists to accept that glutamate can also be a gliotransmitter (there are multiple types of glutamate and GABA receptors on glial cells), the idea that molecules can be utilized for multiple physiological functions gained wider recognition. In parallel, exciting new discoveries revealed that endocannabinoid signaling not only depresses, but also potentiates glutamatergic transmission via a novel form of neuron-glia crosstalk (Navarrete and Araque, 2010).

Cell Type- and Synapse-specific Differences in Endocannabinoid Signaling underlying Circuit-dependent Behaviors

In the previous section, we aimed to illustrate the perplexing chemical and functional diversity of the endocannabinoid system in the brain and to highlight that the same neurobiological principles may govern anterograde synaptic transmission and retrograde endocannabinoid signaling. Finally, we consider the idea that subtle, but important refinements in the logic of endocannabinoid signaling were evolved to provide the most optimal contribution of retrograde communication to the functional operation of microcircuits. Probably all brain circuits require detailed studies to fully delineate how given endocannabinoid signalosomes in particular subcellular compartments mediate certain forms of synaptic plasticity and thereby regulate network activity and behavioral processes. Here we describe a few striking examples from the hippocampus (Fig. 4).

In contrast to the qualitative uniformity of synaptic 2-AG signaling, each glutamatergic and GABAergic synapse is quantitatively different regarding the density of the molecular components of the 2-AG pathway. DGL- α has the highest density in the inner molecular layer at mossy cell-granule cell synapses, is abundant at the Schaffer collateral-CA1 pyramidal neuron synapses, and is localized at other glutamatergic synapses throughout the hippocampal formation (Katona et al., 2006) (Fig. 4A). The functional consequence of this input-specific pattern is reflected in the distinct thresholds necessary to evoke 2-AG mediated DSE at different glutamatergic synapses (Uchigashima et al., 2011). This complexity is further increased at the ultrastructural level, and may underlie the contribution of 2-AG to different homo- or heterosynaptic forms of synaptic plasticity. DGL- α is concentrated in a perisynaptic annulus in the head of dendritic spines in the CA1 subfield (Katona et al., 2006; Yoshida et al., 2006), conversely, it is accumulated around the necks of spines of dentate gyrus granule cells (Uchigashima et al., 2011). In contrast to glutamatergic synapses, only a very small amount of DGL- α is present at hippocampal or neocortical GABAergic synapses (I. Katona pers. comm.), as clearly reflected by the lack of DGL- α immunostaining in the cell body layers (Fig. 4A-B). On the other hand, GABAergic synapses in the basolateral amygdala show an extremely high density of DGL- α (Fig. 4C) (Yoshida et al., 2011).

CB₁ receptors also exhibit a characteristic expression pattern and layer-specific distribution (Fig. 4E-F). In contrast to DGL- α , CB₁ receptors have the highest density on GABAergic synapses derived from the CCK-positive class of interneurons in the rodent and human hippocampus (Katona et al., 1999; Katona et al., 2000). However, even distinct types of CCK-positive interneurons, the perisomatic basket cells and the Schaffer collateral-associated dendritic inhibitory cells, differ in their CB₁ content, and this matches the distinct

efficacy of endocannabinoid-mediated synaptic plasticity at these synapses (Lee et al., 2010). CB₁ receptors are also present at glutamatergic synapses, albeit at much lower levels (Katona et al., 2006; Kawamura et al., 2006). The distribution of the degrading enzyme MGL displays an even more surprising pattern. While axon terminals of GABAergic interneurons and recurrent collaterals of CA3 pyramidal neurons bear a high density of MGL (Fig. 4I-J), Schaffer collaterals derived from the same CA3 pyramidal cells may contain less MGL (Fig. K-L) (Gulyás et al., 2004; Uchigashima et al., 2011). Moreover, MGL density is strikingly low in the inner molecular layer on axon terminals of mossy cells (Fig. 4G-H) (Ludányi et al., 2011; Uchigashima et al., 2011). Although the physiological consequences of these quantitative differences are not yet fully understood, it suggests that the contribution of 2-AG signaling to distinct behavioral phenomena and pathophysiological processes may be qualitatively different at specific synapses and microcircuits.

The development of cell type-specific CB₁ receptor knockout models represent the key innovation to elucidate how endocannabinoid signaling at specific microcircuit locations contributes to network activity and behavior (Marsicano et al., 2003; Monory et al., 2006, Monory et al., 2007). Although GABAergic axon terminals carry much more CB₁ receptors than their glutamatergic counterparts, they are not involved in seizure susceptibility (Monory et al., 2006). Instead, these receptors play a pivotal role in ⁹-THC-induced long-term memory deficits (Puighermanal et al., 2009), and protect against age-related cognitive decline (Albayram et al., 2011). A similar cell type-specific functional dichotomy was observed in the regulation of feeding and energy balance, where CB₁ receptors on striatal GABAergic neurons reduce food intake, whereas those on forebrain glutamatergic axons convey an orexigenic signal (Bellochio et al., 2010). Opposite function of CB₁ receptors on different cell types is also exemplified in the pain transmission circuitry, where deletion of CB₁ from primary nociceptive neurons in the dorsal root ganglia proved to be pro-nociceptive, whereas removal from GABA/glycinergic terminals protects from central hyperalgesia (Agarwal et al., 2007; Pernia-Andrade et al., 2009). Collectively, these findings demonstrate that endocannabinoid signaling at different synapses contributes to distinct behavioral components controlled by certain neuronal circuits.

Closing remarks

The ultimate mission of life sciences in the post-genomic era of biology is to provide a full understanding of the function of all molecular players encoded in our genome together with all small-molecule metabolites comprising our metabolome. In neuroscience, we will even need to integrate these emerging data with the cell type-catalog of the brain and functional connectomics. One admitted expectation is that these enormous datasets generated by large-scale community efforts will support systems biology approaches to uncover conceptually new principles of biology, whereas another major force fuelling these efforts is the tremendous potential for evidence-based novel therapeutics. The unfolding of the molecular, anatomical, physiological and behavioral features of endocannabinoid signaling in the last decade fully justifies this expectation, because it has led to our appreciation of the fundamental role of retrograde communication in the brain. Besides its multiple functions, molecular complexity and selective impairment in distinct brain disorders also offer hopes that the endocannabinoid system may be exploited therapeutically.

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Abbreviations

2-AG	2-arachidonoylglycerol
2-EG	2-epoxyeicosatrienoylglycerol
⁹-THC	(-)- ⁹ -tetrahydrocannabinol
AA	arachidonic acid
AAT	aspartate aminotransferase
ABHD6	α/β hydrolase 6
AEA	anandamide
Ang	angiotensin
CNS	central nervous system
COX-2	cyclooxygenase-2
DAG	diacylglycerol
DGL	diacylglycerol lipase
DSE	depolarization-induced suppression of excitation
DSI	depolarization-induced suppression of inhibition
EA	ethanolamine
FAAH	fatty acid amide hydrolase
GABA	gamma-aminobutyric acid
GAD	glutamic acid decarboxylase
Glu	glutamate
Gly	glycine
GPCR	G protein-coupled receptor
IP₃	inositol 1,4,5-triphosphate
IUPHAR	International Union of Basic and Clinical Pharmacology
LTD	long-term depression
lyso-PI	lyso-phosphatidylinositol

MGL	monoacylglycerol lipase
nAChR	nicotinic acetylcholine receptor
NAE	N-acylethanolamine
NAPE	N-acyl-phosphatidylethanolamine
NAPE-PLD	N-acyl-phosphatidylethanolamine-hydrolyzing phospholipase D
NSAID	nonsteroidal anti-inflammatory drug
PGE2-G	prostaglandin E2 glycerol ester
PIP₂	phosphatidylinositol 4,5-bisphosphate
PLA	phospholipase A
PLB	phospholipase B
PLC	phospholipase C
PLD	phospholipase D
POMC	proopiomelanocortin
PSM	perisynaptic signaling machinery
PUFA	polyunsaturated fatty acid

Terms for mini-glossary

Retrograde signaling	Retrograde messengers are released from the somatodendritic domain of neurons and then modify release properties of afferent axon terminals or regulate activity in nearby glial processes.
Depolarization-induced suppression of inhibition or excitation (DSI or DSE)	Depolarized neurons release endocannabinoids that transiently inhibit GABA or glutamate release, respectively from their afferent synaptic terminals.

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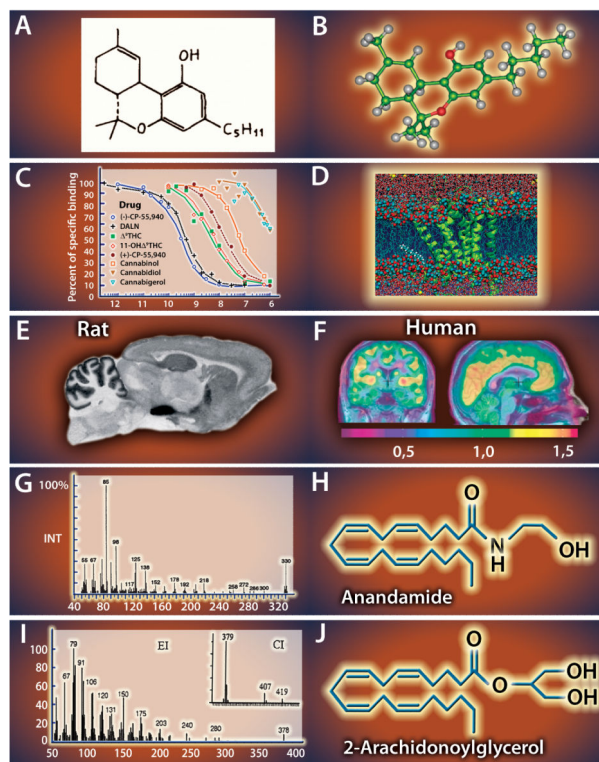


Figure 1. A tribute to the discoveries unraveling the endocannabinoid system

A,B) First identification of the chemical structure with its absolute configuration of the psychoactive compound in marijuana, ⁹-THC (Gaoni and Mechoulam 1967). C) First demonstration by competitive inhibition of the existence of a high affinity, stereoselective, pharmacologically distinct cannabinoid receptor in brain tissue (Devane et al., 1988). D) The 3D molecular model of the 7-transmembrane CB₁ receptor (Shim, 2009). E) Localization of CB₁ by high affinity receptor binding and autoradiography in the rat (Herkenham et al 1990), and F) by PET in human brain (Burns et al 2007). G) Mass spectra of anandamide (Devane 1992) and H-J) 2-AG, together with the chemical structures of the two major endocannabinoids (Mechoulam et al., 1995). The individual figures have been modified from the originals with permission from the authors.

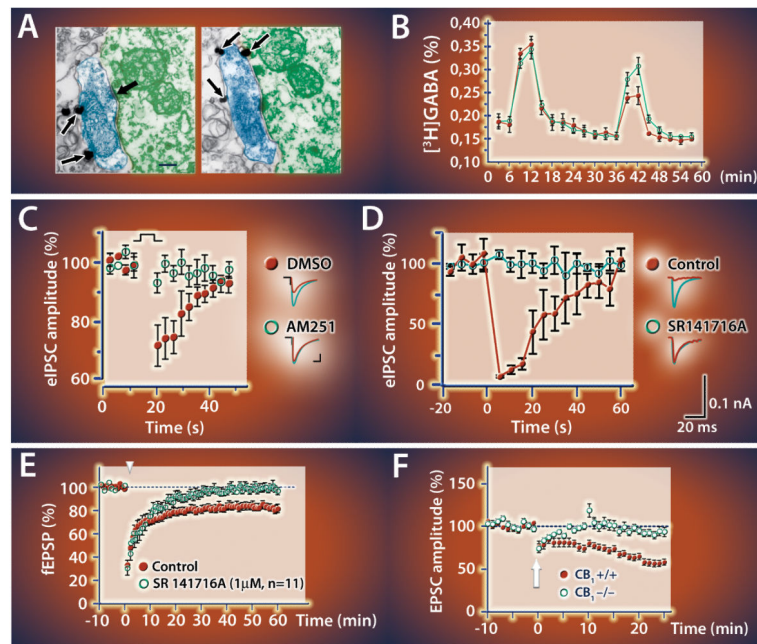


Figure 2. The retrograde route of endocannabinoid signaling in the brain

A) Selective localization of CB₁ receptors on axon terminals suggesting a retrograde direction of endocannabinoid action (Katona et al 1999). B) Activation of presynaptic CB₁ receptors reduces ³H-GABA release from hippocampal slices (Katona et al 1999). C,D) Endocannabinoids mediate depolarization-induced suppression of inhibition (DSI) in hippocampus (C: Wilson and Nicoll 2001; D: Ohno-Shosaku et al., 2001). E) Long-term depression of glutamatergic transmission is mediated by endocannabinoids via CB₁ receptors in the nucleus accumbens (Robbe et al., 2002), and F) the striatum (Gerdeman et al., 2002). The individual figures have been modified from the originals with permission from the authors.

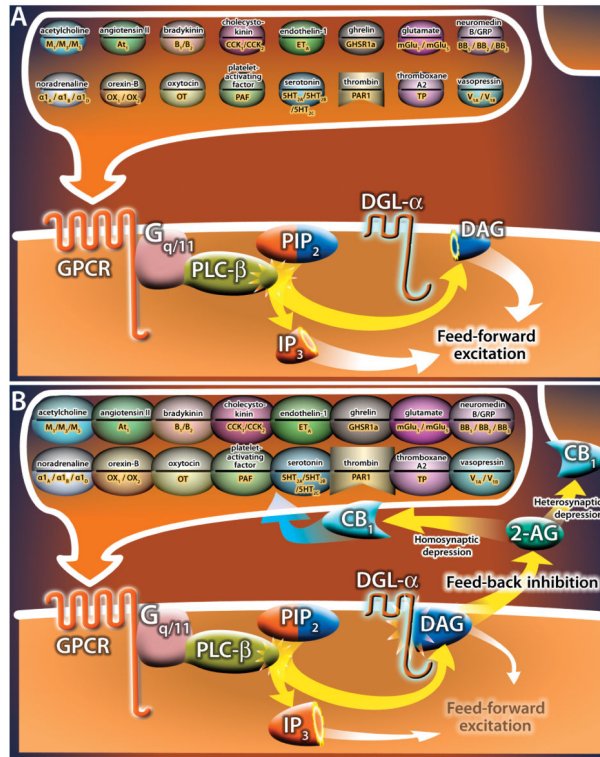


Figure 3. DGL-α as a molecular switch between GPCR-mediated feed-forward excitation and feed-back inhibition

A) The cascade of events triggered by a multitude of ligands via the activation of GPCRs coupled to G_{q/11} and PLC-β at low agonist concentrations: PLC-β will split PIP₂ into IP₃ and DAG, both of which enhance excitability of the target cell e.g. by stimulating calcium release from intracellular stores or via TRP channels, respectively. B) The cascade of events triggered by a multitude of ligands via the activation of GPCRs coupled to G_{q/11} and PLC-β at high agonist concentrations: larger amount of DAG is produced, in which case DGL-α will step in, and convert DAG to 2-AG that will mediate feed-back inhibition in the form of homo- or heterosynaptic depression of transmitter release.

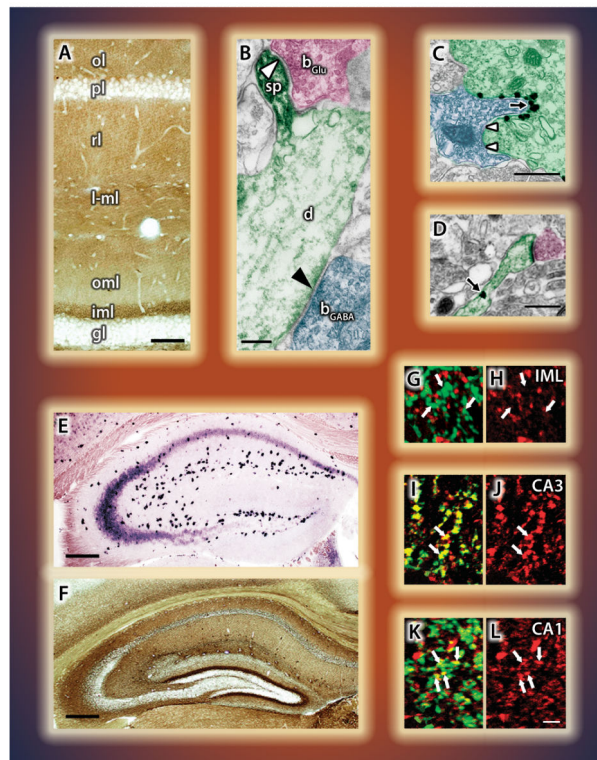


Figure 4. Quantitatively differential distribution of the molecular players of retrograde 2-AG signaling in cortical areas

A) Laminar distribution of DGL- α in association with glutamatergic synapses in the hippocampus (Katona et al., 2006) and B) in the neocortex (courtesy of Barna Dudok). C,D) In the amygdala, high density of DGL- α occurs at invaginating - but not at flat - GABAergic synapses (C) as well as at glutamatergic (D) axospinous contacts (Yoshida et al., 2011). E) In situ hybridization in the hippocampus reveals high levels of CB₁ mRNA in interneurons, lower levels in CA3, and even lower in CA1 pyramidal cells. Dentate granule cells are devoid of labeling. F) Immunostaining for the CB₁ receptor protein reveals a striking laminar pattern associated with both GABAergic and glutamatergic terminals (Katona et al., 2006). G-L) Great variability in MGL content between glutamatergic pathways is revealed by double-labeling for vGluT₁ (green) and MGL (red). No co-localization in the dentate inner molecular layer (G,H), but a high degree of overlap in recurrent axon terminals in CA3 (I,J), and moderate co-localization in Schaffer collateral terminals in CA1 (K,L) (Uchigashima et al., 2011). The individual figures have been modified from the originals with permission from the authors.

Table 1

Analogies can be observed in many respects between anterograde transmission mediated by classical amino acid transmitters and endocannabinoid-mediated retrograde signaling. See main list for abbreviations.

	Anterograde transmission <i>Classical amino acid transmitters</i>	Retrograde transmission <i>Endocannabinoids</i>
Multiple transmitters	Glu and GABA	AEA and 2-AG
Basic biomolecules	Amino acids are also used as protein building blocks.	Glycerol, arachidonic acid, ethanolamine are widely used for e.g. energy production, and as metabolic intermediers.
Can be metabolized to each other	Decarboxylation of Glu leads to GABA.	2-AG is degraded to arachidonic acid, which is conjugated with ethanolamine to form AEA. AEA level is reduced upon perturbation of 2-AG biosynthesis.
Multiple synthesizing enzymes	Glu synthesized by AAT or glutaminase in neurons. GABA can be synthesized either by GAD65 or GAD67.	5 biosynthetic routes were postulated for AEA. DAG as precursor for 2-AG is hydrolyzed by DGL- α or DGL- β . Lyso-PI may also be a precursor for 2-AG.
More than one receptor families	Glu: 3 ionotropic receptor families, 8 mGluRs. GABA: GABA _A , GABA _B , GABA _C .	AEA: full agonist on TRPV ₁ , partial on CB ₁ and CB ₂ . Acts on potassium channels, NMDA or Gly receptors. 2-AG: full agonist on CB ₁ and CB ₂ , desensitizes Gly receptors.
Several receptor compositions	Subunit composition of iGluRs define e.g. Ca ²⁺ -permeability. GABA _A subunits underlie tonic or phasic GABA signaling.	Hetero-dimerization of CB ₁ , e.g. with angiotensin, orexin, GABA _B , dopamine or opiate receptors.
Additional receptor regulation	Glycine, D-serine are endogenous allosteric regulators of NMDA receptors, neurosteroids act on GABA _A receptors.	Endogenous antagonist of CB ₁ : virodhamine (but an agonist of CB ₂). Hemopressin: inverse agonist of CB ₁ .
Activity-dependent receptor regulation	Lateral trafficking or internalization of AMPA subunits in LTP and LTD are well-characterized examples	Lateral movement and internalization regulate CB ₁ availability on axons. Decoupling of G _{q/11} -coupled GPCRs from DGL- α by short Homer isoform.
Tonic regulation of neuronal activity	Ambient GABA targets specific GABA _A receptors and evokes tonic inhibition of target cells.	Tonic endocannabinoid levels regulate transmitter release probability in several brain areas and cell types.
Homosynaptic effects and its plasticity	Glu and GABA transmission is involved and undergo homosynaptic plasticity.	2-AG is a consensus mediator of homosynaptic short-term depression.
Heterosynaptic effects and its plasticity	Both glutamatergic and GABAergic transmission are known to mediate several forms of heterosynaptic plasticity.	2-AG has been shown to mediate heterosynaptic depression between glutamatergic and GABAergic synapses in several brain areas.
Synaptic homeostasis	Tonic GABA _A replaces 1(h) in synaptic homeostasis. Increased mEPSC frequency is a hallmark of synaptic gain.	Anandamide and 2-AG both mediate synaptic homeostasis.
Autocrine effects	Glu affects its own release via group II and III mGluRs. GABA via GABA(B).	Slow-self inhibition characterizes the autocrine effects of 2-AG.
Neuron-glia communication	Glu and GABA are accepted gliotransmitters, glial cell types express several Glu and GABA receptors.	Glial cells release both AEA and 2-AG. Neuronal 2-AG controls Ca ²⁺ -signaling via CB ₁ receptors on astrocytes.