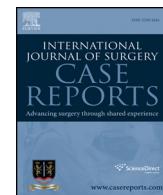




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A case of clear cell adenocarcinoma arising from endometriosis of the rectum treated by laparoscopic surgery

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ABSTRACT

INTRODUCTION: Malignant transformation of intestinal endometriosis occurring in the extraovarian sites is extremely rare. We report a very rare case of clear cell adenocarcinoma arising from endometriosis of the rectum.

PRESENTATION OF CASE: An 83-year-old woman was admitted with the complaint of hematochezia. Colonoscopy revealed a tumor around about half of the rectal circumference. Biopsy of the tumor revealed a well-differentiated adenocarcinoma. Low anterior resection was undergone laparoscopically under the diagnosis of rectal carcinoma. Histopathological examination revealed clear cell adenocarcinoma, invading the sub-serosa of the rectum, but no metastasis of the lymph nodes. Immunohistochemical staining showed strong positivity for cytokeratin 7, but no staining for cytokeratin 20 and CDX2. The tumor existed adjacent to the endometrial glands, which were stained positive for Estrogen receptor. Ultimately, the patient was diagnosed with clear cell adenocarcinoma arising from endometriosis. Eighteen months after surgery, there are no signs of tumor recurrence.

DISCUSSION: Clear cell adenocarcinoma arising from intestinal endometriosis has been reported in 7 cases, including our case. Careful observation is required because the prognosis of endometriosis after malignant transformation remains poor.

CONCLUSION: We report a very rare case of clear cell adenocarcinoma arising from endometriosis of the rectum treated by laparoscopic surgery.

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1. Introduction

Malignant transformation in endometriosis is rare. While the precise incidence remains unknown, a 0.3–1.0% incidence has been reported.¹ About 75% of the cases of malignant transformation have been reported to occur in the ovary, with the remainder occurring in extragonadal sites, most commonly the pelvic peritoneum, rectovaginal septum, colon/rectum, and vagina.² About 70% of the histological types of endometriosis are endometrioid adenocarcinoma. The incidence of clear cell adenocarcinoma in the extraovarian sites of endometriosis is 4.5%.^{2–5} This paper reports a very rare case of clear cell adenocarcinoma arising from endometriosis in the rectum.

2. Presentation of case

An 83-year-old woman was admitted in June 2012, with the complaint of hematochezia. She has not suffered from endometriosis, and has not been treated with any hormonal agents.

Preoperative serum tumor-marker, carcinoembryonic antigen (CEA), carbohydrate antigen 19–9 (CA19-9), carbohydrate antigen125 (CA125) levels were not elevated. Barium enema showed a 45-mm-long polypoid lesion, accompanied with a trapezoidal change, located at the anterior wall of the rectum (Fig. 1). Abdominal computed tomography showed a heterogeneous enhanced wall thickness of the rectum (Fig. 2a). No metastasis was found in the liver, and lymph nodes in the mesorectum were not swollen. Pelvic magnetic resonance imaging showed a heterogeneous intensity mass in the rectum on T1 weighted imaging, with no suspicion of invasion to the uterus and sacrum (Fig. 2b). Bilateral ovaries were not swollen. Colonoscopy revealed tumor sizes around half of the rectal circumference, at the upper rectum, 13 cm from the anal verge. Biopsy of the tumor revealed a well-differentiated

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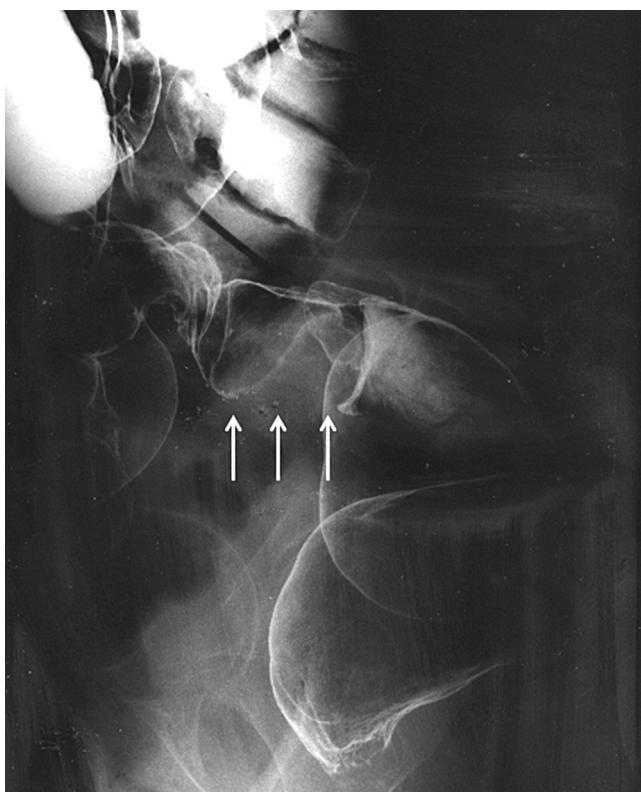


Fig. 1. Barium enema showed a 45-mm-long polypoid lesion (arrow), with a trapezoidal change at the anterior wall of the rectum.

adenocarcinoma. Although, it was histologically atypical of a carcinoma of the colon, we could not perform the further histological examination. Consequently, we diagnosed the patient as having rectal carcinoma, and planned to perform laparoscopic low anterior resection. Under general anesthesia, the first port for the camera was created at the umbilicus. Next, a 12 mm port was inserted through the right lower quadrant, three 5 mm ports were

placed at the right upper, left upper and lower quadrants, allowing placement of a total of 5 ports. Upon observation of an intraperitoneal cavity during laparoscopy, metastatic liver tumor, peritoneal tumor, and swollen lymph nodes were not recognized. Both ovaries appeared normal. The rectal tumor was partially adherent to the visceral peritoneum of the left side of the uterus. It was suspicious that the tumor invaded to the peritoneum. Thus, the adhered part was resected. Frozen section was performed and demonstrated no invasion to the peritoneum. After that, we proceeded to dissect the mesorectum circumferentially, and resect of the distal rectum by the endoscopic liner stapler. Reconstruction was done with the circular stapler, using the method of the double stapling technique (DST). In the resected specimen, a polypoid ulcerated tumor, measuring 38 mm × 38 mm in diameter (Fig. 3). Histopathological examination showed that clear cell adenocarcinoma was contiguous with endometriosis, infiltrating through the sub-serosa (Fig. 4a and b). In immunohistological staining, the tumor was positive for CK7, and negative for CK20, CDX2, Estrogen receptor (ER), progesterone receptor (PgR). Endometrial glands and stroma adjacent to the tumor were positive for ER (Fig. 4c and d). Finally, it was diagnosed as clear cell adenocarcinoma arising in endometriosis of the rectum. No metastatic lymph nodes were recognized pathologically.

After surgery, she did not receive any chemotherapy of her own will. At 18-month follow-up, there was no evidence of recurrence.

3. Discussion

While adenocarcinoma arising in endometriosis has occasionally been reported in the ovaries, there has been a report that the rate of malignant transformation in endometriosis is 0.7–1.0%, with 80% occurring in the ovary.¹ However, malignant transformation of endometriosis at extragonadal sites remains rare; the rates of occurrence are 5.7%, rectovaginal septum are 4.3%, colorectum are 4.3%.¹ Moreover, the malignant transformation of clear cell adenocarcinoma occurring in the extraovarian sites continues to be extremely rare; with an incidence of 4.5%.^{1–5,7–8} Malignant transformation in endometriosis was first described by Sampson in 1925,⁹ who recommended that three

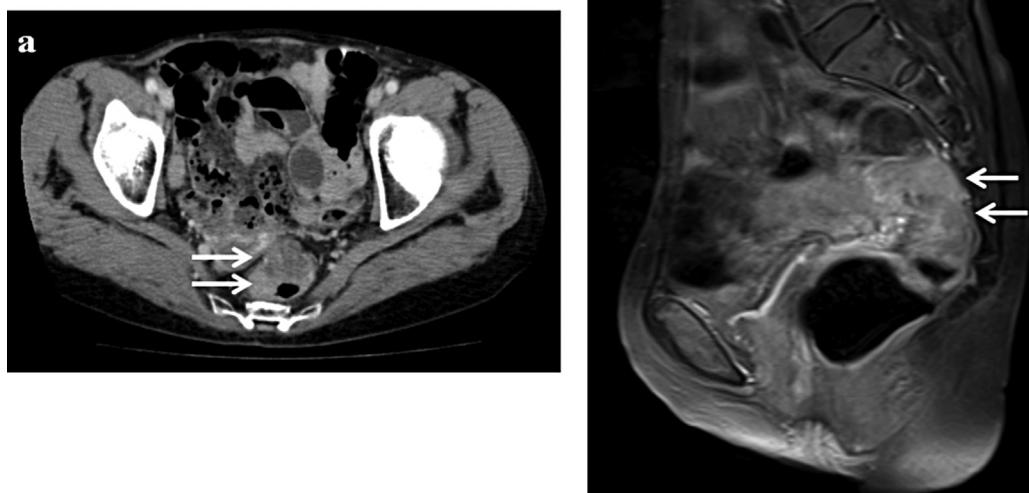


Fig. 2. Abdominal computed tomography examination showed enhanced wall thickness of the rectum with no suspicion of invasion of the surrounding organs (arrow). There was no sign of swelling of the lymph nodes in the mesorectum (a). Pelvic magnetic resonance imaging (T1 weighted image) showed a heterogeneous intensity mass of the rectum, with no suspicious uterus or sacrum (b).



Fig. 3. The surgical specimen consisted of a 14.0 cm length of rectum. A polypoid ulcerated tumor, measuring 38 mm × 33 mm in diameter.

criteria be met for a definitive diagnosis; namely: (1) there should be histological evidence of endometriosis in close proximity to the tumor; (2) no other primary site of malignancy should be identified; and (3) the histological appearance of the tumor should be compatible with an origin in endometriosis. Scott¹⁰ also proposed additional criteria that transition from a normal endometrial gland to the malignant change in endometriosis was seen histologically in 1953. In our case, Sampson's criteria were all satisfied, but Scott's additional criterion was not.

Immunohistological staining of cytokeratin (CK) is useful for discrimination between colon cancer and endometrioid adenocarcinoma. Chu et al.¹¹ reported that CK7-/CK20+ were recognized in 75–95% cases of colonic adenocarcinoma; otherwise CK7+/CK20- were recognized in over 80% of cases of endometrioid adenocarcinoma. In our case, immunohistological staining showed CK7+/CK20-. Thus, this case was diagnosed as arising from endometriosis.

Clear cell adenocarcinoma arising from bowel endometriosis has been reported in 7 cases, including our case (Table 1). The age of onset is to 41 years from 83 years; with an average age of 56.3 years. The chief complaint was hematochezia in all cases. It is very difficult to preoperatively diagnosis malignant transformation in endometriosis. A colonoscopy can sometimes be a helpful method to detect intestinal endometriosis. However, endoscopic findings or histological examination of superficial, endoscopic biopsy material may be difficult to assess definitively unless the tumor is exposed with destruction of the surface layers. In case adenocarcinoma is found by the endoscopic method, differential diagnosis of endometrial adenocarcinoma from primary colon carcinoma would be far more difficult.¹² Including our case, all cases with a pre-operative diagnosis were rectal carcinoma. Surgical resection is the first choice of treatment. Surgery had been performed laparoscopically in 2 out of 7 cases, including our case. Laparoscopic surgery is superior to open resection, with respect to the observation of the intraperitoneal cavity; especially narrow spaces, such as the pelvis. We observed that the rectal tumor adhered to the surrounding organ or tissues, i.e., the ovaries and uterus laparoscopically, which led to curative operation. In addition to the surgical treatment, there has also been a report of the potential of hormonal treatment and systemic chemotherapy.^{1,6} While systemic chemotherapy uses multidrug chemotherapy, consisting of cisplatin, cyclophosphamide, epirubicin, carboplatin, Taxol etc., the

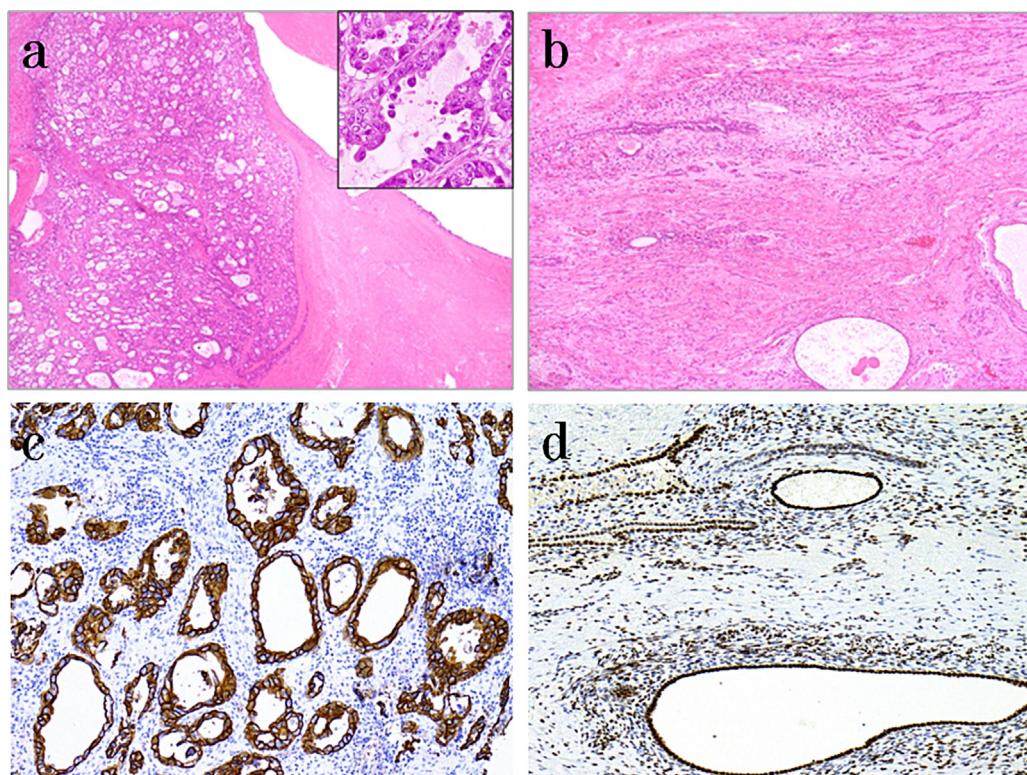


Fig. 4. Clear cell adenocarcinoma was contiguous with endometriosis, infiltrating throughout the sub-serosa. H&E, $\times 100$ (a, b). Strong CK7-positive staining of tumor cells. CK7, $\times 100$ (c). ER-positive staining of the endometrial glands and stromal cells. ER, $\times 40$ (d).

CASE REPORT – OPEN ACCESS

982

Y. Okazawa et al. / International Journal of Surgery Case Reports 5 (2014) 979–983

Table 1
Clear cell adenocarcinoma arising from intestinal endometriosis.

Author	Year	Age	Location	Symptoms	Operative method ^a	Histology	Postoperative therapy	Prognosis ^b
1. Sasaki ¹⁴	1996	49	Lower rectum	Hematochezia	APR (open), hysterectomy with bilateral salpingoophorectomy	Adeno ca SCC ^c	(-)	DOD (1 M)
2. McCluggage et al. ⁴	2001	65	Upper rectum	Hematochezia abdominal pain Hematochezia	AR (open)	Clear cell adeno ca (CK7+/CK20-)	Unknown	Unknown
3. Sawai ¹⁵	2007	56	Upper rectum		LAR (open)	Clear cell adeno ca (CK7+/CK20-)	(+) paclitaxel, carboplatin	ANR (18 M)
4. Houma ¹⁶	2007	50	Upper rectum	Hematochezia	LAR (open)	Clear cell adeno ca (CK7+/CK20-)	(+) paclitaxel, carboplatin	ANR (6 M)
5. Finkelstein et al. ¹⁷	2010	41	Upper rectum	Hematochezia diarrhea	AR (open) hysterectomy with bilateral salpingoophorectomy	Clear cell adeno ca (CK7+/CK20-)	Unknown	Unknown
6. Kyueng-Whan ¹⁸	2012	50	Rectum	Hematochezia	LAR (lap)	Clear cell adeno ca (CK7+/CK20-)	(+ Taxol, carboplatin (-) ANR (15 M)	ANR (15 M)
7. Our case	2012	83	Upper rectum	Hematochezia	AR (lap)	Clear cell adeno ca (CK7+/CK20-)	(-)	ANR (18 M)

^a AR, anterior resection; LAR, low anterior resection; APR, abdominoperineal resection.

^b Months after operation. ANR, alive with no recurrence; DOD, dead of disease.

^c Squamous cell carcinoma.

therapeutic effect is generally poor. Meanwhile, the prognosis of malignant transformation in endometriosis remains poor.¹ However, Ikeda et al. reported that the primary prognosis of patients without lymph node metastasis was good.¹³ Following surgery, chemotherapy was carried out in two cases. One reason was the recognition of metastatic lymph nodes, and the other was due to the size of the tumor. In our patient, no metastatic lymph nodes were seen. Consequently, she would not receive any chemotherapy postoperatively, following her wishes. It is necessary to carefully follow-up.

We report a very rare case of clear cell adenocarcinoma arising from endometriosis of the rectum treated by laparoscopic surgery.

Conflict of interest

None.

Funding

None.

Ethical approval

Written informed consent was obtained from the patient for publication of this case report and accompanying images. A copy of the written consent is available for the review of the Editor-in-Chief of this journal on request.

Author contributions

Y. Okazawa contributed in writing the paper. R. Takahashi helped in attending physician of the presented patient. K. Mizukoshi, K. Takehara, S. Ishiyama, M. Goto, A. Okuzawa, and Y. Tomiki supervised the study. K. Sugimoto, M. Takahashi, and Y. Kojima helped in attending physician of the presented patient. T. Yao contributed in writing the paper and supervised the study. K. Sakamoto helped in writing the paper and in complete supervision.

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