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# **Exome Sequencing Identifies a Novel FOXP3 Mutation in a 2- Generation Family With Inflammatory Bowel Disease**

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# **Abstract**

**Objectives—**Inflammatory bowel disease (IBD) is heritable, but a total of 163 variants commonly implicated in IBD pathogenesis account for only 25% of the heritability. Rare, highly penetrant genetic variants may also explain mendelian forms of IBD and some of the missing heritability. To test the hypothesis that rare loss-of-function mutations can be causative, we performed whole exome sequencing (WES) on 5 members of a 2-generation family of European ancestry presenting with an early-onset and atypical form of IBD.

**Methods—**WES was performed for all of the 5 family members; the mother and 3 male offspring were affected, whereas the father was unaffected. Mapping, annotation, and filtering criteria were used to reduce candidate variants. For functional testing we performed forkhead box P3 (FOXP3) staining and a T-cell suppression assay.

**Results—**We identified a novel missense variant in exon 6 of the X-linked *FOXP3* gene. The c. 694A>C substitution in *FOXP3* results in a cysteine-toglycine change at the protein position 232 that is completely conserved among all vertebrates. This variant (heterozygous in the mother and hemizygous in all 3 affected sons) did not impair FOXP3 protein expression, but significantly reduced the ability of the host's T regulatory cells to suppress an inappropriate autoimmune response. The variant results in a milder immune dysregulation, polyendocrinopathy, enteropathy, and X-linked phenotype with early-onset IBD.

**Conclusions—**Our study illustrates the successful application of WES for making a definitive molecular diagnosis in a case of multiply affected families, with atypical IBD-like phenotype. Our

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#### **Keywords**

atypical; enteropathy; exome; immune dysregulation; inflammatory bowel disease; polyendocrinopathy; X-linked

> Inflammatory bowel diseases (IBDs), comprising ulcerative colitis (UC) and Crohn disease (CD), are heritable disorders of intestinal inflammation that usually manifest in the second or third decade of life. Extremely early-onset IBDs, presenting in infancy and young children, have unique characteristics and include primary immunodeficiencies that may be difficult to distinguish from chronic IBD. Recent genome-wide association studies identified  $>163$  genetic loci for IBD (1,2), with low effect sizes that explain only 25% of the heritability in these diseases. These loci fail to explain highly penetrant, extremely earlyonset IBD and some of its mendelian forms. An alternative hypothesis suggests that rare, highly penetrant genetic variants may play a major role in some forms of IBD. Recent targeted sequencing discovered rare interleukin (IL)-10/IL-10R loss-of-function variants and serves as proof-of-principle that extremely early-onset IBD cohorts are fertile targets for further gene discovery efforts (3). Whole exome sequencing (WES) has proved useful in helping clinicians make the proper diagnosis and has successfully demonstrated discordance between clinical diagnosis and molecular findings (4,5).

> We ascertained a 2-generation family of 5 members, 4 of whom (the mother and her 3 sons) are affected with atypical IBD phenotypes. The youngest male member of the family (the proband) was referred to our IBD clinic and presented with atypical clinical features and phenotypes of IBD that were more diverse and severe than his siblings or his mother. For 10 years, he was given an equivocal diagnosis despite intensive and expensive investigation. In this study, we performed WES to determine whether a definitive genetic diagnosis could be made for this atypical clinical presentation.

# **METHODS**

# **Patients and Clinical Evaluation**

We recruited a 5-member family with the mother and 3 sons affected and the father unaffected (Fig. 1). Parents are of European ancestry and unrelated. All of the participants provided written consent, and the institutional review boards of Children's Hospital and Emory University approved all of the studies. Patient II.1 is the oldest, experiencing diarrhea in infancy, and has eczema and hypogammaglobulinemia with chronic lung disease and cutaneous candidiasis. He presented with sinusitis, food allergy, and allergic rhinitis, whereas his immunoglobulin (Ig) E and T/B cells were normal. Patient II.2, the second child, developed eczematous dermatitis, chronic candidiasis, recurrent otitis media, and pneumonia in infancy. He developed type 1 diabetes mellitus at age 3. He also developed arthritis and had intermittent diarrhea, attributed to food allergies. At age 13, he had poor specific antibody responses and did not produce IgG to  $\varphi$ X174, despite normal total IgG levels. Serum IgE was normal. His symptoms of arthritis and recurrent infections improved

on monthly  $\gamma$ -globulin therapy. Patient II.3 (the proband) is the youngest; he was a full-term baby delivered after an uneventful pregnancy. He developed severe eczematous dermatitis (Fig. 2) in infancy, with recurrent bacterial skin infections. He experienced intermittent diarrhea and poor weight gain, attributed to food allergy. He had bacterial sepsis at age 2 and recurrent candidiasis, onychomycosis, and recurrent pneumonia. He developed bilateral deep venous thrombosis (DVT) at age 2 and had a recurrence of a right DVT extending into the inferior vena cava at age 5. He has unilateral right hearing loss and has not developed any endocrinopathies or autoimmune disease. His mitogen response was normal, as were his serum IgG, IgM, and IgA. Serum IgE was elevated. Colonoscopy showed evidence of multiple deep mucosal ulcerations in his colon (Fig. 3). All of the affected male members of the family shared similar phenotypes of diarrhea from food allergy and eczematous dermatitis. The patients' mother, patient I.2, has psoriasis and had a subtotal colectomy for UC. Her brother also had psoriasis and CD, and required a bone marrow transplant for aplastic anemia. The father, patient I.1, carries a diagnosis of multiple sclerosis. He has minimal symptoms, no physical limitation, and is not receiving any therapy.

#### **Genomic DNA Isolation**

Genomic DNA was extracted from patients' whole blood with a Puregene Blood Kit (Qiagen, Valencia, CA). The quantity and quality of the DNAwere determined on the NanoDrop ND-1000 spectrophotometer (Thermo Scientific, Waltham, MA), and the integrity was assessed on 1% agarose gel stained with ethidium bromide.

#### **Array-Based Genotyping and Copy Number Variant Detection**

Genotyping and copy number variant (CNV) detection were performed in all of the patients using the Genome-Wide Human SNP Array 6.0 kit (Affymetrix, Santa Clara, CA). Two aliquots of 250 ng DNA were digested with *Sty*I and *Nsp*I (New England Biolabs, Ipswich, MA), ligated with respective oligonucleotide adaptors (Affymetrix), and amplified by polymerase chain reaction (PCR) (Clontech Laboratories, Mountain View, CA). Forty-five microliters of the Agencourt AMPure-purified (Beckman Coulter, Brea, CA) DNA was fragmented and labeled (Affymetrix). The labeled DNAwas hybridized to the single nucleotide polymorphism (SNP) arrays for 16 hours, then washed, stained (Fluidics Station 450, Affymetrix), and scanned (Scanner, Affymetrix). Positive and negative controls were included for quality control. Arrays with <88% call rate, <0.4 contrast QC, or mismatched sex concordance were excluded from the analysis. Genotyping was performed using the Birdseed (version 2; Affymetrix) algorithm, as implemented in the Affymetrix Power Tool software (version 1.12.0), and used to calculate the pairwise identity by descent  $(PLINKv1.07(6))$ . For CNV analysis,  $log(2)$  ratio calculation was performed using the Affymetrix Power Tool. To make the CNV calls and minimize false-positives, we used 3 algorithms: GLAD (7), GADA (8), and BEAST (G.A. Satten, unpublished data). We required each CNV to have a BEAST cutoff score of 5.0 and the corresponding call to be made by at least 2 of the 3 algorithms for further analysis.

# **Exome Capture Library Preparation and Quality Control**

Three micrograms of genomic DNA was fragmented by sonication (Covaris Inc, Woburn, MA) to yield 300-bp fragments. The fragmented DNA was purified using Agencourt's AMPure XP (Beckman Coulter), followed by polishing of the DNA ends using T4 DNA polymerase and Klenow fragment (New England Biolabs). A single "A" base overhang was added to the 3' end of the polished DNA fragments (using Klenow fragment), followed by ligation of Illumina (San Diego, CA) paired-end adaptors with T4 DNA ligase. The ligated samples were purified using SPRI beads and amplified by 6 cycles of PCR. After size assessment (Agilent Bioanalyzer, Agilent Technologies, Santa Clara, CA) and quantitation (PicoGreen, Invitrogen, Carlsbad, CA), 1 μg of the purified library was denatured and hybridized onto the Human Exome Library version 2.0 (Roche NimbleGen, Madison, WI) by incubation at 47°C for 68 hours. Streptavidin-coated magnetic beads were used to purify the hybridized library. The hybridized library was washed, amplified during an 8-cycle PCR reaction, and then repurified for size assessment. Final quantitation of the library was performed (Kapa Biosystems Real-Time PCR assay, Wilmington, MA), and the appropriate amount was loaded onto the Illumina HiSeq2000 for paired-end (PE) sequencing.

#### **WES**

Sequencing was performed using standard Illumina protocols as described in Bentley et al (9). The exome capture libraries were diluted to 10 nmol/L and used to generate a PE cluster density of 800,000 to 900,000/mm<sup>2</sup> . Fifty-base-pair PE sequencing was performed on the Illumina HiSeq2000 sequencer (v3 reagents).

#### **Sequencing Data Analysis**

The raw sequence reads were mapped relative to a ~30.8-Mb human exome reference sequence (NCBI37/hg19) using the PEMapper software tool (Emory University, Atlanta, GA) to identify single nucleotide variants and insertions and deletions (indels). A custom Perl script (blat\_snp.pl) was used to identify the subset of variants that mapped to unique genomic regions. These unique variants were functionally annotated using SeqAnt (10), which reports the variant's type, functional classification (nonsense, replacement, silent, 5' or 3' untranslated region, intronic, inter-genic), presence in databases such as dbSNP, and measures of its evolutionary conservation (PhyloP, PhastCons). Data on the sequence reads, quality, and mapping have been deposited in the National Center for Biotechnology Information Sequence Read Archive (*http://www.ncbi.nlm.nih.gov/sra*; accession number, SRA071565).

# **Identification and Validation of Novel Functional Candidate Variants**

Common variants catalogued in the dbSNP137 database (dbSNP137 also contains data from the 1000 Genomes Project) were excluded, and novel variants shared only by the affected family members (the mother and all 3 sons) were retained. Final novel coding variants consisted of those predicted to be functionally damaging by SIFT (11) and PolyPhen-2 (12). Sanger sequencing validated novel functional variants in each affected patient. Primers used for validation (Table 1) were designed using Primer3Plus (http://www.bioinformatics.nl/cgibin/primer3plus/primer3plus.cgi) or EmPrime (*http://primer.genetics.emory.edu*) to generate PCR amplicons encompassing each coding variant. The amplicons were purified using Centrifugal units (Millipore, St Charles, MO) or Wizard gel and PCR cleanup (Promega, Madison, WI). The Sanger sequencing results were analyzed using SeqMan pro (version 10.1.1; DNASTAR, Madison, WI).

#### **Cell Isolation, Flow Cytometry, and Forkhead Box P3 (FOXP3) Staining**

Human T regulatory cells (Tregs) were isolated from patients or healthy donors by Ficoll separation and magnetic bead sorting (CD4+CD25+ Tregs isolation kit, 130–091–301; Miltenyi Biotec, San Diego, CA), with the addition of human CD127 antibody microbead (130–094–945) to select CD4+, CD25 bright, and CD127dim T regulatory cells. FOXP3 enrichment was determined by flow cytometry in an aliquot of the final product upon cell separation. Only cells of the highest CD25 expression (CD25<sup>2+</sup>) were selected with a limited quantity of anti-CD25 beads, as described in Beyer et al (13). Nonregulatory CD25− cells were selected by collecting flow-through from saturating amounts of anti-CD25 Ab (20 μL of anti-CD25 beads/10<sup>7</sup> cells). CD4<sup>+</sup>CD25<sup>2+</sup> CD127dim cells are >90% FOXP3 positive, and CD4+CD25− cells are 2% positive for FOXP3 upon intracellular staining and flow cytometry. CD4 positivity was >98% by flow cytometry, which was performed using the FACSCalibur (BD Biosciences, San Jose, CA) and 4-color staining. Commercially available antibodies for FOXP3, CD4, and CD25 (BioLegend, San Diego, CA) were used.

# **T-Regulatory Cell Suppression Assays**

Antigen-presenting cells, CD4+CD25− T responder cells (Tresponders), and CD4+CD25<sup>+</sup> Tregs were isolated from 2 healthy independent control patients, patient II.3, and his mother (patient I.2). Mixed lymphocyte reactions were performed using  $5 \times 10^3 \text{ CD4}^+ \text{CD25}^-$ Tresponders and  $5 \times 10^4$  irradiated (at 3300 rad) T-cell-depleted antigen-presenting cells isolated from healthy blood donors. Tregs were added to cell culture at titrations of 1:32 to 1:1. The culture medium was cRPMI supplemented with 10% human serum and 2.5 μg/mL of soluble anti-CD3 (UCHT1) and anti-CD28 (BD Biosciences). Proliferation was read (in a scintillation counter) at day 7 upon addition of 1 μCi tritiated thymidine (Perkin Elmer, Waltham, MA) for the last 18 hours of culture. The suppressive phenotype of  $CD25^{2+}$  cells was confirmed through in vitro suppression assays. Using Tregs from healthy donors, suppression of Tresponder proliferation at a 1:1 ratio is typically >75%.

# **RESULTS**

#### **Genotyping and CNV Analysis**

All DNA samples were genotyped as described in the Methods section. Allele sharing was confirmed to be 50% between parents and offspring after QC filtering. We identified 2 CNVs (Table 2) that were both maternally inherited: a duplication of  $\sim$ 42 kb shared by all of the affected family members but containing no known gene, and a deletion of ~224 kb overlapping the *TMPRSS11E* gene, shared by the mother (I.2) and 1 affected son (II.2). Neither of the CNVs identified is known to be pathogenic or likely to explain the phenotypes seen in this family.

# **WES Revealed a Novel Missense Variant in the FOXP3 Gene**

For each individual, sequencing generated 5.2 to 6.6 Gb of genomic sequence, of which  $\sim$ 3.9 Gb was mapped relative to the human exome reference. The mapped sequence has  $\sim$ 129 $\times$ average depth of coverage per base (Table 3). On average, 93.8% of the targeted exome sequences had >8× coverage, a threshold set to confidently call variant sites. A total of 21,180 variants (single nucleotide variants and indels) that mapped to a single unique genomic location were discovered in the 5 exomes sequenced. Variants were annotated using SeqAnt (Table 4). To identify pathogenic mutations, we assumed that variants should be novel and affect protein structure or function. Priority was given to novel exonic replacement variants, small indels, and untranslated region variants called in splice acceptor and/or donor sites because they are likely the most pathogenic. We also required that variants be shared by all of the affected family members and variants be expected to damage protein by the prediction algorithms SIFT (11) and Poly-Phen-2 (12).

After imposing these criteria, a single missense variant in the *FOXP3* gene emerged as a possible candidate. The variant was successfully validated in all of the affected family members. The mother was heterozygous, whereas all of the male offspring were hemizygous (Fig. 4). The unaffected father carried the wild-type reference nucleotide.

The novel A-to-C missense variant (c.694A>C) is in exon 6 of *FOXP3*, is predicted to be damaging by SIFT (score of 0.01) and PolyPhen-2 (score of 3.168), and replaces a cysteine (C) with a glycine (G) at position 232 (p.C232G) of the FOXP3 protein. The cysteine 232 is completely conserved among all vertebrates (Table 5). As described above, this variant was maternally inherited in all of the affected hemizygous sons, and the inheritance scenario clearly supports an X-linked recessive pattern.

#### **Effect of Mutation on Protein Expression: Staining of Intracellular FOXP3 Protein**

To determine the functional impact of the novel *FOXP3* missense variant, we assessed the expression of the FOXP3 protein in peripheral blood mononuclear cells. The percentage of CD4+, CD25+ FOXP3+ Tregs, and the mean fluorescence intensity of FOXP3 were determined by flow cytometry in the affected proband (patient II.3) and his mother (patient I.2). Neither the absolute number nor the percent enrichment of FOXP3+ cells within the  $CD4+CD25+$  cell subset was significantly different in the proband (90.8% FOXP3<sup>+</sup>, green, Fig. 5A) compared with the mother (84.5%, brown, Fig. 5A) or a healthy control (78.8%, blue, Fig. 5A). Thus, the normal expression of FOXP3 in the affected proband and his mother suggests that the c.694A>C mutation does not impair transcription and translation.

#### **Cell Isolation and Suppressive Function of Tregs**

The FOXP3 protein is considered critical for the function of CD4<sup>+</sup>CD25<sup>+</sup> Tregs. Because the c.694A>C change did not affect protein expression, we investigated the correlation between normal FOXP3 expression and its activity (suppressive function of CD4+CD25<sup>+</sup> Tregs).

Using irradiated CD4− cells as stimulation and CD4+CD25− as Tresponders, Tregs from an independent healthy control, patient II.3, and patient I.2 were tested for regulatory function

via in vitro suppression assay. As demonstrated in Figure 5B, Tregs isolated from patient II. 3 (proband) could not efficiently suppress proliferation of Tresponders at 1:4, 1:2, or 1:1 ratios (Tregs:Tresponders). At 1:1 ratio, Tregs from the proband suppressed Tresponder proliferation by only 34.2% (thymidine counts  $8627 \pm 1583$  vs  $13,107 \pm 539.9$ , mean/SE), whereas both patient I.2 (mother) and the healthy control suppressed Tresponder proliferation by >70% (mother  $3780 \pm 442.3$  vs  $13,275 \pm 2365$ ; control  $4005 \pm 686.5$  vs 13,434  $\pm$  342.7, Fig. 5B). These data demonstrate the functional relevance of the c.694A>C mutation.

# **DISCUSSION**

We performed a genetic investigation of a nonconsanguineous family of 5, 4 of whom (the mother and her 3 sons) presented with an atypical chronic gastroenteritis. The 3 sons were affected with similar phenotypes of diarrhea from food allergy and eczematous dermatitis. In addition, each sibling presented with distinct clinical features (see Methods section). We performed WES on all of the members of the family, and with a pedigree consistent with a pattern of X-linkage, we focused on novel variants predicted to be damaging and that were shared by all of the affected individuals. We identified 1 novel missense variant, c.694A>C in exon 6 of the *FOXP3* gene on chromosome X, which replaces a cysteine (C) with a glycine (G) at position 232 (p.C232G) of the FOXP3 protein. All of the affected males were hemizygous for the variant, and their mother was heterozygous. Thus, the *FOXP3* c.694A>C variant is putatively causative of this atypical IBD-like phenotype.

The *FOXP3* gene provides instructions for the production of the FOXP3 protein, the master transcription factor of regulatory T cells mediating both cell development and suppressive function (14). *FOXP3* was initially discovered as the gene altered in the Scurfy mouse, leading to a fatal lymphoproliferative disorder (15,16). The *FOXP3* gene was later found to cause the immune dysregulation, polyendocrinopathy, enteropathy, X-linked syndrome (IPEX) in humans. IPEX is phenotypically similar to Scurfy and is characterized by systemic autoimmunity, typically beginning in the first year of life. All of the affected males have a common clinical triad of enteropathy, dermatitis, and endocrinopathy (17–19). Most die within the first year or 2 of life from metabolic derangements or sepsis (20), although a few patients with a milder phenotype have survived into the second or third decade of life (21–23). Therefore, a later age of onset cannot rule out an IPEX diagnosis.

To date, 40 different mutations within *FOXP3* have been described and reported in the literature (17,20,24–38) (Fig. 6). It is now clear that variable manifestations of IPEX relate directly to the precise site of the *FOXP3* mutation. Indeed, even food allergy has been attributed to *FOXP3* mutation (a deletion of a 3' splice donor site in exon1 of the FOX3 gene (24)). Our data demonstrate the c.694A>C mutation significantly abrogates the function of FOXP3, but not expression. This scenario is reminiscent of the Wiskott-Aldrich syndrome (WAS), in which mutations in the *WAS* gene do not affect protein expression, but lead to a milder phenotype of WAS, termed X-linked thrombocytopenia (39).

Studies of the functional relevance of IPEX-inducing *FOXP3* mutations have uncovered key FOXP3 domains, including the nuclear localization signal, the protein dimerization domain,

and the DNA-binding domains. The majority of mutations identified in *FOXP3* that lead to Tregs dysfunction and typical IPEX cluster in the proline-rich (protein-protein interaction domain), leucine zipper (dimerization domain), or the forkhead domain (DNA-binding domain) of the FOXP3 protein (40). The novel c.694A>C *FOXP3* mutation affects the cysteine 232, immediately upstream (3 amino acids) of the leucine zipper domain known to specifically mediate homodimerization of FOXP3 (40–42). Furthermore, the cysteine 232 has been identified as 1 of 7 core residues (heptad repeats) of the FOXP3 coiled-coil domain, removal of which disrupts the dimerization (43) required for its function as a transcriptional regulator (40–42). These data argue strongly that the c.694A>C (p.C232G) mutation plays a causal role in this atypical extremely early-onset IBD phenotype.

To the best of our knowledge, this is the first report of a family in whom a novel c.694A>C mutation in the *FOXP3* gene leads to an atypical IBD-like phenotype representing a milder form of IPEX. This novel mutation in *FOXP3* abrogates the suppressive function of T regulatory cells. Supporting the utility of WES in familial clusters of atypical IBD, this approach led to a definitive diagnosis in this case, resulting in a justifiable treatment strategy of allogeneic bone marrow transplantation, the treatment of choice for IPEX (44).

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#### **FIGURE 1.**

Five individuals of European descent were recruited for exome sequencing. Square symbols are male members and the circle is the female member of the family. Filled symbols are affected individuals; partially filled symbol is the carrier individual; empty symbol is the unaffected individual; arrow indicates the proband (patient II.3).



# **FIGURE 2.**

Severe eczematous dermatitis of patient II.3 (the proband) in the supraclavicular (A) and the popliteal region (B).



# **FIGURE 3.**

Patient II.3 colonoscopy showing multiple mucosal deep ulcerations and severe inflammation consistent with the diagnosis of inflammatory bowel disease.



# **FIGURE 4.**

Sequencing chromatogram of the *FOXP3* variant in each family member. DNA: A>C on (−) strand (or T>G on (+) strand). Protein: cysteine (C) to glycine (G).



#### **FIGURE 5.**

A, Profile of flow cytometry analysis for FOXP3 (FL1 channel) staining in CD4<sup>+</sup>CD25<sup>+</sup>IL7R<sup>lo</sup> peripheral lymphocytes isolated from healthy control (blue), proband's mother (brown), and proband (green) demonstrating >90% enrichment for FOXP3<sup>+</sup> lymphocytes (red line, isotype control). B, CD4<sup>+</sup>CD25<sup>+</sup>IL7R<sup>lo</sup> Tregs are cocultured with increasing titer of CD4+CD25− T responders (open histograms) from the same healthy control. Healthy control and patient I.2 demonstrate normal suppressive function with increasing titer. Patient II.3 suppresses poorly, even at a 1:1 ratio.



# **FIGURE 6.**

List of all *FOXP3* gene published mutations. The novel mutation identified (represented by the big open arrow) is located between the zinc finger and the leucine zipper domain.

# **TABLE 1**

Sequence of primers used for Sanger sequencing validation experiment (5′-3′ orientation)



#### **TABLE 2**

# CNVs detected in the case family



chr = chromosome; CNV = copy number variation.

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#### **TABLE 3**

Summary sequencing statistics for 5 exomes from a 2-generation family



#### **TABLE 4**

Classification of genomic variants detected from exome sequencing



indels = insertions and deletions; SNP = single nucleotide polymorphism; UTR = untranslated region.





