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# Periadventitial adipose-derived stem cell treatment halts elastase-induced abdominal aortic aneurysm progression

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# Abstract

**Aim**—Demonstrate that periadventitial delivery of adipose-derived mesenchymal stem cells (ADMSCs) slows aneurysm progression in an established murine elastase-perfusion model of abdominal aortic aneurysm (AAA).

**Materials & methods**—AAAs were induced in C57BL/6 mice using porcine elastase. During elastase perfusion, a delivery device consisting of a subcutaneous port, tubing and porous scaffold was implanted. Five days after elastase perfusion, 100,000 ADMSCs were delivered through the port to the aorta. After sacrifice at day 14, analyzed metrics included aortic diameter and structure of aortic elastin.

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**Results**—ADMSC treated aneurysms had a smaller diameter and less fragmented elastin versus saline controls.

**Conclusion**—Periadventitial stem cell delivery prevented the expansion of an established aneurysm between days 5 and 14 after elastase perfusion.

#### Keywords

abdominal aortic aneurysm; adipose-derived stem cells; elastin; regeneration

### Background

Abdominal aortic aneurysm (AAA) rupture was the cause of mortality in over 11,000 cases in 2008 in the USA [1]. Small AAAs grow slowly, and the disease can take years to reach a size when surgical intervention is recommended (>5.5 cm diameter) which is the placement of a synthetic graft to physically exclude the aneurysmal aorta from the pulsatile pressure blood flow. Surgical intervention does not benefit small AAAs [2], and management of these patients is limited to 'watchful waiting' (i.e., serial imaging of the AAA progression until the threshold for surgical treatment is met). Additionally, the use of pharmaceutical treatments that narrowly target specific pathways of the disease to alter the progression of small AAAs has not been proven effective [3–6].

The process of aneurysmal enlargement is believed to be the result of changes to the loadbearing medial and adventitial extracellular matrix – accelerated degeneration, remodeling and ineffective matrix maintenance/repair are all involved. While some of the matrix changes may be related to damage due to mechanical loading or systemic activities (e.g., oxidative damage), most of the changes to the aortic matrix are likely the result of abnormal local cellular processes. These processes include the elaboration of proteases, remodeling related to neovascularization, loss of normal matrix maintenance functions by smooth muscle cells (SMCs), and likely other undefined effects [7, 8].

The large numbers of inflammatory cells (both chronic and acute) in the media of aneurysmal, but not normal or atherosclerotic, aortic tissue has received much of the research focus. However, it remains unknown whether this is a primary or a secondary phenomenon of aneurysmal degeneration. Indirectly, the failure of powerful nonspecific anti-inflammatory medications (e.g., those used in association with transplantation) to prevent or slow aneurysm growth suggests that inflammation may not be the primary process causing the progressive matrix degeneration. Recent evidence directly evaluating human aortic tissue suggests that the SMC may be playing a major role in the matrix changes in the aortic wall [9]. Therefore, it may be necessary to alter or replace the function of the SMC in the aortic wall in order to successfully modify the aneurysmal process. For this reason, AAAs represent an optimal target for regenerative mesenchymal stem cell (MSC)-based therapy.

MSCs have the ability to provide functions that would promote aortic matrix stability. They can secrete growth factors [10,11] that could suppress inflammation and protease activity while stimulating elastin and collagen production. MSCs can also differentiate, thus

providing a means to replace lost or dysfunctional SMCs. Furthermore, MSCs have already shown promise as a treatment for AAAs in elastase-perfused animal models when delivered systemically and by direct injection into the aortic wall immediately after an elastase insult. Systemic delivery showed a reduction in the inflammatory response suggesting a paracrine mechanism of action [12]. Direct injection displayed MSC engraftment into the aneurysm wall allowing for the possibility of MSC differentiation [13].

These approaches have provided proof-of-concept evidence, evaluating the effects of MSC treatment of AAA. However, prior studies employed therapeutic delivery methods and timings that are not ideal for clinical translation. Systemic delivery or direct wall injection of a stem cell-based AAA therapy would encounter practical resistance at the clinic. Essentially, all AAA patients present with an intraluminal thrombus (ILT) [14,15], a collection of clotting material and cells adherent to the luminal side of the aneurysm wall. The ILT presents a physical barrier to systemically delivered treatment cells as few cells are found deeper than 10% into the ILT [16]. Additionally, the ILT seems to entrap blood-borne cells [16], thus systemic delivery may result in low delivery efficiency to the load-bearing media and adventitia. Systemic delivery of stem cells also poses the threat of delivery to unintended locations. Direct injection of treatment cells avoids the problems encountered by systemic delivery. However, direct physical injury to the weakened and pressurized AAA wall may result in unintended consequences for aortic stability in the short-term. Additionally, therapeutic stem cells in the previous studies were administered immediately after initiation of the experimental aneurysms. The AAA is a complex disease that takes years to fully develop to the stage where clinical diagnosis can be made. In humans, the exact moment when critical amounts of elastin are lost and the disease will inevitably become clinically manifest is unknown. Therefore, any clinical stem cell-based therapy would be delivered only after the disease is clearly clinically identified, unlike the current experimental treatment models. The lapse between disease onset and diagnosis presents both the need and an opportunity for an alternate therapeutic model.

The objective of this study was to explore a possible therapeutic model using localized, periadventitial delivery of MSCs to an established and expanding aneurysm in a murine AAA model.

# Methods

### Cell source & culture

OriCell<sup>TM</sup> C57BL/6 green fluorescent protein (GFP)-labeled adipose-derived mouse MSCs (ADMSCs) were purchased commercially (Cyagen Biosciences Inc., CA, USA). The ADMSCs were prepared according to the manufacturer's protocols. Briefly, the ADMSCs were cultured at 37°C and 5.0% CO<sub>2</sub> with OriCell<sup>TM</sup> adipose-derived stem cell growth medium (10% fetal bovine serum, 1% penicillin–streptomycin, 1% glutamine; Cyagen Biosciences Inc., CA, USA). The ADMSCs were performed every 2–3 days. Once the ADMSCs were approximately 80–90% confluent, the cells were washed three times in phosphate-buffered saline and then incubated with Trypsin-EDTA (Gibco, Life Technologies, NY, USA) solution for 5 min to remove them from the flasks.

#### **Experimental animals**

All mice used in the experiments were commercially obtained C57BL/6 inbred strain mice (Jackson Labs, ME, USA). Animals were housed in a controlled animal facility, and all mouse care and treatment occurred under protocols approved by the Washington University School of Medicine Animal Studies Committee.

#### Elastase perfusion model

Adult male mice, which consistently form larger AAAs compared with female mice [17], were subjected to transient elastase perfusion of the abdominal aorta as described previously [6,18-21]. Briefly, after sedation and sterile preparation, a midline laparotomy was made to expose the peritoneum. Once abdominal contents were displaced in moistened gauze, a small incision was made in the mouse's right retro-peritoneal muscle. Forceps created a subcutaneous space, and then a subcutaneous microport (Instech, PA, USA) connected to a polyurethane catheter tubing (Braintree Scientific, MA, USA) was attached and placed in the retroperitoneal space. The exposed tubing was set aside to proceed with dissection of the infrarenal aorta. The surrounding tissues were cleaned peri-aortically, and the aortic diameter was measured under magnification with a micrometer. A segment of infrarenal aorta was isolated, and a 5-min perfusion was performed through an arteriotomy at 100 mmHg with a solution containing type I porcine pancreatic elastase (0.16 U/ml; Sigma-Aldrich, MO, USA). All of the experiments were performed with a single porcine pancreatic elastase preparation derived from the same commercial source and lot. Following aortic perfusion the arteriotomy was repaired, an Ivalon sponge ( $5 \times 8$  mm) was connected to the end of the set aside tubing, and the sponge was tacked in place over the aorta (Figure 1). The incision was closed, and the animal was allowed to completely recover before returning to standard housing. The animals were maintained in standard housing with ad libitum access to standard food and water for 5 or 14 days. The described animal experiments have been approved by the Animal Studies Committee and the Institutional Animal Care and Use Committee at Washington University (MO, USA).

The study included one experimental group and two control groups. See Figure 2 for descriptions and timings of experimental groups.

#### Final aortic diameter measurement & specimen collection

Two weeks following elastase perfusion, the mice were again anesthetized and the laparotomy incision was reopened. Final aortic diameter was measured *in vivo* prior to sacrifice under magnification with a micro meter in the same manner as pre-elastase perfusion. Animals were euthanized, and the entire perfused segment of aorta was harvested for further analysis.

#### Histology

Aortic specimens were formalin fixed for 24 h before being preserved via paraffin embedding for future histological analysis. Paraffin-embedded tissue blocks were sectioned using a microtome at 5-µm thickness. Before staining, sections were deparaffinized and rehydrated by consecutive washes in xylene, alcohol and de-ionized water. Cross-sections of

the aortic wall were stained with Verhoeff–Van Gieson (VVG) stain for elastin as well as hematoxylin and eosin to identify cellular composition.

#### Immunofluorescence

Rehydrated sections were blocked with 5% goat serum and incubated with primary mouse recombinant elastin antibody (polyclonal, 1:1000, generous gift from RP Mecham, Washington University [23]) overnight. Sections were then incubated with Alexa 647-conjugated goat anti-rabbit antibody (Molecular Probes, Life Technologies, NY, USA) followed by counterstaining with 4',6-diamidino-2-phenylindole and imaged on a fluorescent microscope (Olympus, Provis 1, Center for Biological Imaging, University of Pittsburgh, PA, USA).

#### Multi-photon imaging

Unstained specimens were imaged using a multi-photon microscope (Olympus, Model FV10) to observe elastin fiber arrangement. Samples were excited at 790 nm wavelength, and elastin was detected according to intrinsic fluorescence wavelength ( $525 \pm 25$  nm).

#### **Statistics**

A two-way analysis of variance was conducted on aortic diameter measurement between animal groups. Statistical significance was assigned to p-values <0.05. Tukey tests were performed to determine which groups differed.

# Results

#### Local periadventitial stem cell delivery halts AAA dilation

Five days after elastase perfusion, the artery dilates to double the original diameter. At this point, when the aneurysm has already been established, either saline or ADMSCs were delivered through the treatment port. The untreated (saline) aneurysm group had a larger diameter than the early aneurysm group indicating that the untreated aneurysm continued to enlarge (Figure 3). By contrast, the group treated with ADMSCs demonstrated an aortic diameter equivalent to the early aneurysm group (and smaller than the untreated group) indicating that the expansion of the AAA had essentially been halted at the time of ADMSC treatment.

#### Qualitative assessment of elastin structure & monocyte infiltration

VVG staining is shown in Figure 4. Qualitative examination of the imaged sections revealed less disruption of the elastic lamella in the local ADMSC treatment group when compared with the untreated aneurysm group. This is most apparent with VVG staining where elastin fiber breaks are highlighted by red arrows. The elastic fibers look similar between the early aneurysm group and the local ADMSC treatment group indicating that the delivery of ADSMCs is associated with preserved elastin integrity at the time of ADMSC treatment. Elastin autofluorescence and immunofluorescent staining confirmed the VVG results (Supplementary Figure 1; see online at www.futuremedicine.com/doi/full/10.2217/rme. 14.61).

Aneurysm progression in this model is mediated by inflammation – inflammatory cells are recruited by elastin degradation peptides and actively contribute to further matrix degradation. In our study, moderately severe inflammation was apparent at day 5 (note the presence of mononuclear cells in Figure 5). At day 14, the presence of mononuclear cells decreased, but no significant difference was seen between treatment groups.

# Discussion

Local ADMSC treatment halted aortic diameter enlargement at the time of cell delivery. It has been estimated that if enlargement rates of small aneurysms (<4.0 cm diameter in humans) could be reduced by even 50%, the need for surgical intervention could be delayed by 10 years, thus preventing the need for intervention in many patients [24].

From a qualitative perspective, ADMSC treatment preserved the structure of elastic lamellae at levels comparable to the time of cell delivery, although quantitative analysis has not been performed. This could indicate a role for ADMSC in preventing elastin degradation or promoting elastic fiber production. Elastin degradation is both a hallmark of a developed AAA and an active recruiter of inflammatory cells [25] that continue the AAA destructive cycle. Preserving elastin integrity, and thus decreasing inflammation, could halt AAA progression. In our study, we cannot conclusively state that ADMSC diminished the inflammatory response, but they could theoretically have offset any monocyte-derived elastase activity. Alternately, and not exclusive, to preventing degradation, therapeutic cells could stimulate elastin production. Elastic fibers can be produced by human vascular SMCs *in vitro* when stimulated with TGF- $\beta$ 1 [26]; this growth factor and others with the potential for stimulating elastogenesis are secreted by ADMSCs [11]. Therefore, ADMSCs could stimulate repair by native vascular SMCs.

The macroscopic results of periadventitial stem cell delivery are similar to the results shown by Sharma *et al.* [12] where the systemic delivery of MSCs reduced the rate of AAA progression and preserved elastin lamella integrity in elastase-perfused mice. Our study extends the work of Sharma *et al.* by demonstrating that the macroscopic benefits of stem cell therapy are accessible to established and expanding aneurysms and not limited to attenuating the inflammation response immediately following elastase perfusion. Our study also shows that periadventitial delivery of a stem cell therapy is effective and may avoid potential problems of systemic delivery such as unintended stem cell migration and engraftment. It also focuses the cells on the anatomically defined segment of the aorta affected by the disease and circumvents the physical barriers presented by endothelium, atherosclerotic plaque and ILT. This an important finding in the development of treatments for patients with an identified AAA, of which 90% are smaller than the size recommended for surgical repair (5.5 cm) [27].

We were unable to confirm treatment cell engraftment into the wall as demonstrated by Turnbull *et al.* [13] who used utilized direct injection of treatment cells into the aortic wall as well as intraluminal infusion. The differences in cellular delivery technique and total number of cells delivered (our study used 10- and 100-times less cells than Sharma *et al.* and

Turnbull *et al.*, respectively) may account for the differences in treatment cell engraftment between our study and the study performed by Turnbull *et al.* 

Although this study yielded exciting results, it does have limitations. This proof-of-concept study was designed to be a short-term study. While the murine elastase-perfused aneurysm does not expand after our chosen end point of 14 days [22], the human aneurysm expands progressively. Longer studies will need to be completed in order to understand the long term effects of our treatment. Additionally, future studies will investigate the progression of the disease in real-time by sacrificing animals at more frequent intervals and utilizing noninvasive imaging, such as ultrasound or micro-CT/micro-MRI.

In this study, we had sought to develop and show proof-of-concept for an alternative therapeutic model for the treatment of AAAs. A localized, periadventitial route of stem cell therapy administration avoids the drawbacks of both systemic delivery (e.g., uncertain destination of cells and presence of ILT) and local delivery via direct injection into a weakened aneurysmal wall. This model also allows for initiation of therapy at any point in the development of the model aneurysm. A final advantage of our approach is the use of MSCs sourced from adipose tissue. ADMSCs are a very attractive clinical source of stem cells due to the ease of obtaining adipose tissue [28,29]. Our study revealed how ADMSCs can alter the progression of an already established and expanding aneurysm while others have shown the ADMSCs have immunomodulatory properties [30].

# Conclusion

We have developed an animal model for delayed, periadventitial delivery of ADMSCs to ameliorate elastase-induced AAA. Delayed, periadventitial delivery of ADMSCs halted two aspects of aneurysm progression – expansion of the aortic diameter and fragmentation of the elastic lamella. This work represents an important step towards developing clinically realistic stem cell therapies for AAA patients.

# **Future perspective**

Since current stem cell therapies have proven effective at modulating the inflammatory response (which should limit matrix degradation) the critical need in the next 10 years of research is to achieve elastin regeneration *in situ* [31]. Once this is accomplished, we envision a paradigm shift in AAA treatment methodology to a minimally invasive, localized delivery of stem cells embedded within a material capable of providing transient mechanical support to the weakened AAA tissue. With this new technology, patients with small AAAs will have a new chance at life free of AAA progression.

# Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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#### **Executive summary**

A paradigm shift is needed for treating established, expanding, abdominal aortic aneurysm

- Current surgical treatments for abdominal aortic aneurysm (AAA) do not address the cause of enlargement, and are only suitable for patients with large or rapidly expanding aneurysms. 90% of patients identified with AAAs do not meet the criteria for surgery.
- Stem cell therapies for AAAs have shown promise in murine and porcine elastase perfusion AAA models, but the treatment strategies need to be further developed for clinical translation.

#### A proposed solution: periadventitial stem cell therapy

- We developed a unique cellular delivery system that allowed for a durable effect after a single dose of local, periadventitial delivery of adipose-derived mesenchymal stem cells (ADMSCs) to an established and expanding murine elastase induced AAA.
- The method could be translated to human use via retroperitoneoscopic or translumbar percutaneous techniques to the peri-aneurysmal retroperitoneum.
- Our cellular delivery method also avoids problems associated with systemic delivery and allows for stem cell therapy to an established aneurysm.

#### Stem cell delivery preserves aortic diameter & elastin

- Macroscopically, treating the AAAs with  $1 \times 10^5$  ADMSCs 5 days after elastase perfusion halted the enlargement of the aortic diameter at the time of treatment. Untreated controls continued to enlarge by approximately 30%.
- Microscopically, treating the AAAs with  $1 \times 10^5$  ADMSCs 5 days after elastase perfusion preserved the integrity of the elastic lamella at the time of treatment. Untreated controls showed fragmented elastic lamella.





(A & B) adapted with permission from [22].



#### Figure 2. Experimental and control groups

For experimental consistency, all animals had the local delivery sponge in place, and the elastase perfusion surgery (denoting day 0) was performed on all groups. On day 5, post-elastase perfusion (D5 post-EP) animals were sacrificed in order to demonstrate successful aneurysm induction (n = 3, early aneurysm group). On D5 post-EP, treatment group animals were given stem cell therapy  $(1 \times 10^5 \text{ ADMSCs}$  suspended in 400 µl of saline were delivered via port injection) and were sacrificed on D14 post-EP (n = 9, seven animals survived to D14 post-EP, local ADMSCs treatment group). On D5 post-EP, untreated control group animals were given saline (400 µl of saline was delivered via port injection) and were sacrificed aneurysm group). ADMSC: Adipose-derived mesenchymal stem cell.



# Figure 3. Progression of aneurysm is halted with local adipose-derived mesenchymal stem cells treatment

Aortic diameter measurements (mean  $\pm$  standard deviation) for native aortas prior to EP (0.50  $\pm$  0.00 mm, n = 18, hatched bar), early aneurysm group (0.97  $\pm$  0.03 mm, n = 3, black bar), untreated aneurysm group (1.26  $\pm$  0.09 mm, n = 6, dark grey bar), and local ADMSCs treatment group (1.02  $\pm$  0.06 mm, n = 7, light grey bar). A two-way analysis of variance revealed unequal means (p < 0.001) between groups. Tukey tests revealed which groups differed.

<sup>†</sup>Group different from native aorta.

<sup>‡</sup>Group different from early aneurysm group.

<sup>§</sup>Group different from local ADMSC treatment group.

ADMSC: Adipose-derived mesenchymal stem cell; D: Day; EP: Elastase perfusion.



#### Figure 4. Qualitative examination of elastin

Images from native aorta, early aneurysm, untreated aneurysm and local ADMSC treatment groups are shown after Verhoeff–Van Gieson staining (n = 2 all groups). ADMSC: Adipose-derived mesenchymal stem cell; D: Day; EP: Elastase perfusion.





Figure 5. Monocyte infiltration of the abdominal aortic aneurysm is not significantly reduced with adipose-derived mesenchymal stem cells delivery

Images from early aneurysm, untreated aneurysm and local ADMSC treatment groups are shown after staining with hematoxylin and eosin (n = 2 all groups).

ADMSC: Adipose-derived mesenchymal stem cell; D: Day; EP: Elastase perfusion.