

Gastrointestinal Dissemination and Transmission of *Staphylococcus aureus* following Bacteremia

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Mutations that alter virulence and antibiotic susceptibility arise and persist during *Staphylococcus aureus* bacteremia. However, an experimental system demonstrating transmission following bacteremia has been lacking, and thus implications of within-host adaptation for between-host transmission are unknown. We report that *S. aureus* disseminates to the gastrointestinal tract of mice following intravenous injection and readily transmits to cohoused naive mice. Both intestinal dissemination and transmission were linked to the production of virulence factors based on gene deletion studies of the *sae* and *agr* two-component systems. Furthermore, antimicrobial selection for antibiotic-resistant *S. aureus* displaced susceptible *S. aureus* from the intestine of infected hosts, which led to the preferential transmission and dominance of antibiotic-resistant bacteria among cohoused untreated mice. These findings establish an animal model to investigate gastrointestinal dissemination and transmission of *S. aureus* and suggest that adaptation during the course of systemic infection has implications beyond the level of a single host.

Staphylococcus aureus is a leading cause of bacteremia and the most common cause of infectious endocarditis worldwide (1, 2). Despite advances in patient care, *S. aureus* cardiovascular infections remain associated with considerable morbidity and mortality as a result of complications arising from hematogenous dissemination. In addition, treatment of methicillin-resistant *S. aureus* (MRSA) strains is complicated by the emergence of intermediate and fully vancomycin-resistant strains. Thus, how antibiotic-resistant strains spread in the community and hospital environment has become an area of intense investigation. Development of an animal model of *S. aureus* transmission would facilitate this effort and complement ongoing epidemiological studies that track the movement of specific strains and the acquisition of mutations.

Adaptation of *S. aureus* to different environments involves a regulatory network including but not limited to two global regulatory determinants, *agr* and *sae*. *agr* and *sae* are two-component systems that sense a quorum-sensing peptide and host signals, respectively, to tailor the production of *S. aureus* virulence factors in an environment-dependent manner (3, 4). Both regulators have been shown to be important for virulence in several animal models of infection (5–9). For example, the expression of important virulence determinants like hemolysins, Pantone-Valentine leukocidin, enterotoxins, and protein A is controlled by *agr* and *sae*, partly in a cooperative fashion (10, 11). Whether *agr* and *sae* also contribute to host-to-host transmission is less clear (12).

Our work on the pathogenesis of cardiovascular infections serendipitously revealed that *S. aureus* bacteremia results in strikingly high levels of fecal shedding of the bacteria. Although the gastrointestinal (GI) tract is not the relevant organ for understanding staphylococcal pathogenesis, it is a relevant compartment for *S. aureus* colonization and transmission in the health care environment (13–15). Since we are unaware of previous studies demonstrating that bacteremic infection results in dissemination to the GI tract, we sought to extend this observation by determining whether bacteria in the blood can be transmitted to new

hosts. We found that *S. aureus* can be readily detected in naive mice cohoused with mice infected by the intravenous (i.v.) route. Optimal transmission to the naive host was dependent on *agr* and *sae*, and an *in vivo* competition assay revealed the preferential transmission of antibiotic-resistant bacteria. All together, these results suggest that bacteria can lead to GI dissemination and transmission and establish a new animal model to investigate mechanisms that contribute to *S. aureus* spread.

MATERIALS AND METHODS

Mice. Eight-week-old female C57BL/6 mice (Jackson Laboratories) were injected via the tail vein with the indicated amount of bacteria resuspended in 100 μ l of phosphate-buffered saline (PBS). Preparation of hematoxylin and eosin (H&E)-stained intestinal tissue sections was performed as described previously (16). Briefly, 2 cm of ileal or colonic tissue was removed, flushed with PBS, and pinned on black wax while fixed in 10% formalin, before tissue was embedded in agar. We confirmed that *S. aureus* was not present in mice prior to infection or in mice that were not infected by plating stool homogenized in 1 ml PBS. No colonies were detected when 100 μ l of the suspension was plated on mannitol salt agar (MSA) (BD Biosciences) overnight at 37°C, in contrast to when samples from mice infected intravenously with *S. aureus* were plated under the same conditions. Animal studies were performed according to approved

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Bacterial growth conditions and quantification of bacterial burden.

MRSA strains USA300-LAC, MW2, and USA500-BK2395 were used in this study (17). The USA300 Δsae , USA300 Δagr , and USA300 $\Delta sae \Delta agr$ mutant strains were previously described (18). *S. aureus* strains were cultured overnight from a single colony in 5 ml tryptic soy broth (TSB) with shaking at 37°C. Cultures were diluted 1:100 in 5 ml of TSB and grown with shaking at 37°C for an additional 3 h until the optical density at 600 nm (OD_{600}) was 1.5 (10^9 CFU/ml). Bacterial burden was quantified by plating serial dilutions of homogenized stool and organs on MSA plates. Colon and small intestine were washed in PBS to remove nonadherent bacteria to distinguish luminal and mucosa-associated bacteria. The gallbladder was carefully removed, and the tissue and lumen were separated and diluted in PBS for plating on MSA plates. For analysis of the *in vitro* growth curve, overnight cultures of indicated strains were diluted 1:100 in Dulbecco's modified Eagle's medium (DMEM) plus 10% fetal calf serum (FCS), and the OD_{600} was measured regularly. For the competition growth curve, cells of the USA300-LAC wild-type (WT) strain and USA300 $\Delta sae \Delta agr$ double mutant were mixed at a 1:1 ratio and diluted 1:100 in DMEM plus 10% FCS in triplicate, and grown at 37°C with shaking. At 0, 2, 4, and 8 h, 100 μ l was plated on plates containing MSA or MSA with tetracycline (5 μ g/ml) to distinguish tetracycline-resistant (USA300 $\Delta sae \Delta agr$) and -sensitive (USA300-LAC WT) bacteria. The amount of USA300-LAC WT bacteria was calculated by subtracting the number of colonies formed on the tetracycline-containing plates from the number of colonies formed on the antibiotic-free plates.

Competition experiments in mice. The *mecA*⁺ reference strain USA300-JE2 was grown separately from the *mecA*-negative competitor (*mecA*::*bursa* NE1868 obtained from the Nebraska Transposon Mutant Library) (19) overnight at 37°C. Cultures were diluted 1:100, grown to the exponential phase, and mixed at a 1:1 ratio of 5×10^6 CFU each, which was confirmed by colony determination following plating on agar and incubation. Mice were injected via the tail vein with a combined inoculum of 10^7 CFU, and 400 mg/kg oxacillin was administered by intraperitoneal (i.p.) injection 20 h later. Relative numbers of CFU in feces were determined by plating on MSA (nonselective) and Chromagar (BD Biosciences) plates to select resistant strains. The number of susceptible bacteria was calculated by subtracting CFU obtained by plating on selective media from the CFU from plating on nonselective media.

Statistics. GraphPad Prism v6 was used for statistical analysis. Bacterial burdens were compared after log transformation. Differences between means were evaluated by two-tailed unpaired *t* test or one-way analysis of variance (ANOVA) and the Holm-Sidak test for experiments involving multiple comparisons.

RESULTS

***S. aureus* disseminates to the intestine following intravenous infection.** To investigate dissemination during bacteremia, mice were infected with 1×10^7 CFU of the community-acquired (CA) MRSA strain USA300-LAC by tail vein injection. Remarkably, the presence of *S. aureus* in stool was detected as early as 1 day postinfection and continued to rise during the course of acute infection to 3.9×10^5 CFU/g stool at day 3 (Fig. 1A). Examination of the colon, small intestine, and intestinal lumen on day 3 postinfection revealed bacteria from each of these sites with no obvious regional preference (Fig. 1B). It is unlikely that the presence of *S. aureus* in the stool or intestine was due to contamination from the blood, because we detected no intestinal bleeding. Also, based on the amount of *S. aureus* remaining in the blood on day 3 postinfection (~ 20 CFU/ μ l) (Fig. 1B), a large volume of contaminating blood would have been required to account for such high bacterial levels in tissue or feces. We conclude that intravenous (i.v.) injection of

S. aureus leads to dissemination from the blood to the lower GI tract followed by shedding in the feces.

Intestinal dissemination did not appear to be a consequence of hematogenous seeding of the GI tract because MRSA was detected in stool on day 1 postinfection, a time at which we observed no symptoms of illness, such as lethargy, ruffled fur, or hunched posture. Also, mice had no diarrhea, and macroscopic and microscopic examination of intestinal tissue showed no obvious sign of infectious abscesses or inflammation (Fig. 1C). Additionally, the same fecal burden (5.8×10^4 CFU/g stool) was obtained following i.v. injection with the lower dose of 1×10^5 CFU of USA300, indicating that the infecting concentration of bacteria was saturating even at a nonlethal dose (Fig. 1D). Another route by which *S. aureus* could reach the intestine is through biliary excretion following infection of the gallbladder during the initial high-grade bacteremia. Consistent with this possibility, the presence of *S. aureus* in the gallbladder preceded its presence in the intestine. *S. aureus* was retrieved from the gallbladder (1.3×10^4 CFU in the lumen and 2.2×10^4 CFU in the tissue) as early as 4 h after i.v. injection, a time at which bacterial numbers were at or below the limit of detection in intestinal tissue (Fig. 1E). By comparison, bacterial burden in the spleen was apparent from the onset of infection (Fig. 1E). Bacteria were not recovered from the gallbladder at 24 h postinfection. Thus, any seeding of *S. aureus* into the GI tract from the gallbladder would have been transient. Although these results do not exclude other routes of spread, our findings suggest that biliary excretion contributes to early GI dissemination.

Intestinal dissemination of *S. aureus* is followed by transmission. Cohousing of infected mice with naive mice is often used as a model to investigate fecal-oral transmission of a variety of pathogens (20–23). To determine whether *S. aureus* from a systemic infection can be transmitted to another host, mice injected i.v. as described above with 1×10^7 CFU of USA300 were cohoused with naive mice (Fig. 2A). Strikingly, analysis of bacteria in the stool indicated that *S. aureus* was transmitted to naive animals. Cohoused mice displayed a similar amount of *S. aureus* in stool (1.3×10^5 CFU/g on day 4) to mice infected by i.v. injection (Fig. 2B). Thus, *S. aureus* can transmit to uninfected cage mates via the fecal-oral route following bacterial dissemination from the blood to the intestine.

To determine if the intestinal dissemination and transmission reflect a specific property of USA300, we injected mice i.v. with 1×10^7 CFU of CA-MRSA strains USA400 (MW2) and USA500. *S. aureus* in the stool was readily detected following bacteremic infection by these strains as well (Fig. 3A). Moreover, using the same cohousing scheme described above, we found a similar degree of transmission with USA400 and USA500 to that observed with USA300 (Fig. 3B and C). Thus, fecal shedding and transmission are not strain specific.

***sae* and *agr* cooperatively facilitate intestinal dissemination and transmission.** The observed linkage between intestinal dissemination and transmission raises the intriguing possibility that virulence can promote transmission. Although no single virulence determinant has been demonstrated to account for the ability of *S. aureus* to disseminate to peripheral organs following blood infection (24), many of the characterized virulence factors are controlled by the *sae* and *agr* regulatory systems (25). We therefore infected mice with either USA300 isogenic *sae* and *agr* single mutants (Δsae and Δagr), a double mutant ($\Delta sae \Delta agr$), or the wild-

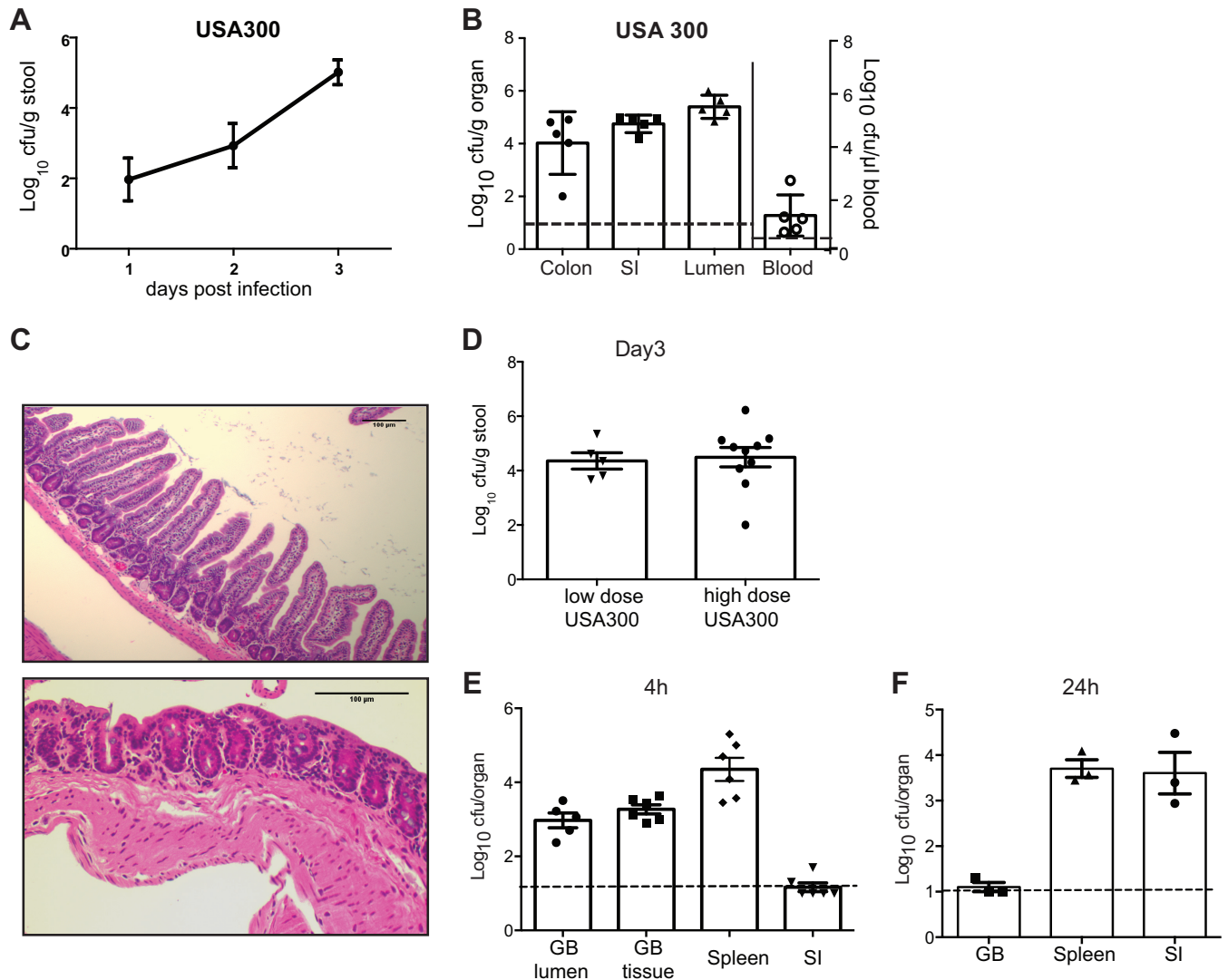


FIG 1 Intravenous *S. aureus* infection leads to gastrointestinal dissemination and shedding. (A) Quantification of bacteria in stool following i.v. injection with 1×10^7 CFU of MRSA strain USA300 ($n = 10$ mice). (B) Quantification of bacteria per gram of colon, small intestine (SI), and luminal contents of small intestine or per microliter of whole blood on day 3 after i.v. injection with 1×10^7 CFU of MRSA USA300 ($n = 5$ mice). (C) H&E-stained section of small intestine (ileum [top panel]) and colon (bottom panel) on day 3 after i.v. injection with 1×10^7 CFU MRSA USA300. Images are representative of 5 mice. Scale bar, 100 μ m. (D) Quantification of bacteria in stool on day 3 after i.v. injection with either a low dose of 1×10^5 CFU ($n = 5$ mice) or high dose of 1×10^7 CFU ($n = 10$ mice) of MRSA USA300. (E) Quantification of bacteria in the gallbladder (GB) lumen, GB tissue, spleen, or 2 cm of small intestinal tissue 4 h after i.v. injection with 1×10^7 CFU MRSA USA300. (F) Quantification of bacteria in organs 24 h after injection as in panel E. The data represent the mean \pm standard error of the mean (SEM).

type (WT) strain (18). Whereas loss of either *sae* or *agr* alone did not significantly affect shedding of the bacteria on day 3 after i.v. infection, the double mutant strain USA300 Δ *sae* Δ *agr* displayed a 10-fold decrease in fecal shedding compared to USA300 WT (Fig. 4A). The effect of the double mutation on transmission was even more pronounced. We found a 10^3 -fold reduction in the amount of bacteria recovered from the stool of mice cohoused with mice injected with USA300 Δ *sae* Δ *agr* (280 CFU/g stool USA300 Δ *sae* Δ *agr* compared with 1.55×10^6 CFU/g stool USA300 WT on day 3). In contrast, the USA300 Δ *sae* and USA300 Δ *agr* single mutants did not exhibit a transmission disadvantage (Fig. 4B). When USA300 WT and the Δ *sae* Δ *agr* mutant were grown side by side or together in an *in vitro* competition assay, USA300 Δ *sae* Δ *agr* did not display a growth defect (Fig. 4C and D). These results suggest

that the fitness cost for USA300 Δ *sae* Δ *agr* *in vivo* was not attributable to an intrinsic growth defect: if anything, it showed a growth advantage (Fig. 4D). Reduced transmission may reflect either a requirement for a threshold level of bacteria in the feces of donor hosts or the role of *agr*- or *sae*-mediated virulence once the recipient is exposed. Regardless, our observations indicate that *S. aureus* is transmitted from a bacteremic host to uninfected mice in the same cage through a process that is facilitated by *sae* and *agr*.

Antibiotic selection in the bacteremic host has consequences for transmission. The above findings suggest that an event occurring in a bacteremic host can determine which strains successfully transmit to new hosts. Since the selection and spread of antibiotic-resistant strains of *S. aureus* have become a major medical threat, we examined the consequence of antibiotic treatment on the

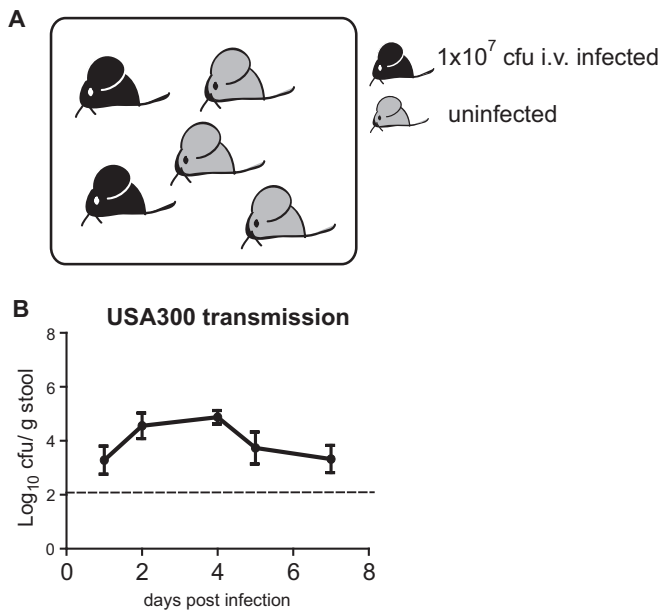


FIG 2 *S. aureus* transmission following intravenous infection. (A) Schematic of the transmission assay. Two mice injected i.v. with 1×10^7 CFU of *S. aureus* were cohoused with three uninfected mice per cage. (B) Quantification of bacteria in stool over time in untreated mice that were cohoused with mice injected with MRSA USA300 as depicted in panel A ($n = 6$ untreated mice per group). Data represent the mean \pm SEM.

transmission of resistant bacteria in our mouse model of dissemination and transmission. In an *in vivo* competition assay, mice were challenged i.v. with equal numbers of *mecA*-negative and isogenic WT (*mecA*⁺ oxacillin-resistant) USA300 bacteria (Fig. 5A). Antibiotic (oxacillin) was administered 20 h after bacteremic infection, a time after hepatobiliary dissemination. Four hours after antibiotic administration (i.e., 24 h after i.v. injection), two infected “donor” mice were cohoused with three uninfected “recipient” mice in a fresh cage to ensure that recipient mice would not be exposed to *S. aureus* cells that were shed from donor mice prior to antibiotic treatment. Recipient mice did not receive antibiotic. Thus, by measuring the ability of *mecA*⁺ and *mecA*-negative strains to reach the stool of untreated recipient mice, we can ascertain the consequence of selection within the bacteremic donor mice independently of subsequent events that occur within

the recipient mice. As expected, the proportion of *mecA*⁺ bacteria in the stool of antibiotic-treated donor mice increased compared with the initial starting frequency of approximately 50% (Fig. 5B). Furthermore, selection for antimicrobial resistance in the GI tract of treated mice also resulted in preferential transmission of resistant bacteria to uninfected cage mates. Two days after cohousing, the majority of bacteria recovered from the stool of recipient mice were antibiotic resistant (Fig. 5C). Thus, a disproportionate amount of resistant bacteria entering the stool of treated donor mice allowed resistant bacteria to preferentially transmit and become the dominant strain in untreated recipient mice.

DISCUSSION

Our observations establish a new animal model to investigate host-to-host transmission following within-host dissemination. A key finding in the present work is that large numbers of *S. aureus* cells can transmit to new hosts via the GI tract as a result of bloodstream infection, indicating a novel route connecting compartments relevant to pathogenesis and transmission. *S. aureus* may have seeded the intestinal lumen from the gallbladder after the initial high-grade bacteremia in a process resembling biliary excretion of *Salmonella* and *Listeria* into the GI tract after i.v. infection of mice (26, 27). The bacterial load in the gallbladder was transient, suggesting that (i) the gallbladder is not a permissive site for *S. aureus* replication, and (ii) high bacterial loads after i.v. infection of mice are transient. However, unlike the temporal staphylococcal discharge into the gallbladder of bacteremic mice, persistently bacteremic human patients may shed bacteria for long periods of time. Although further investigation is required to determine the exact way in which *S. aureus* reaches the intestine, transmission by the fecal route is considered important in the hospital environment (15, 28), where exposure of hospitalized patients to antibiotics could disrupt GI microbial flora and promotes colonization of antibiotic-resistant bacteria, including MRSA. Thus, one implication of our findings is that bacteremic patients in a hospital can be a source of further MRSA infections and contribute to a nosocomial outbreak. The *S. aureus* GI dissemination and transmission model described herein is an important step forward toward an understanding of the *S. aureus* life cycle in the health care environment.

Our initial results suggest that the ability of *S. aureus* to disseminate and transmit following blood infection is not strain specific, although there were subtle differences in the kinetics of transmis-

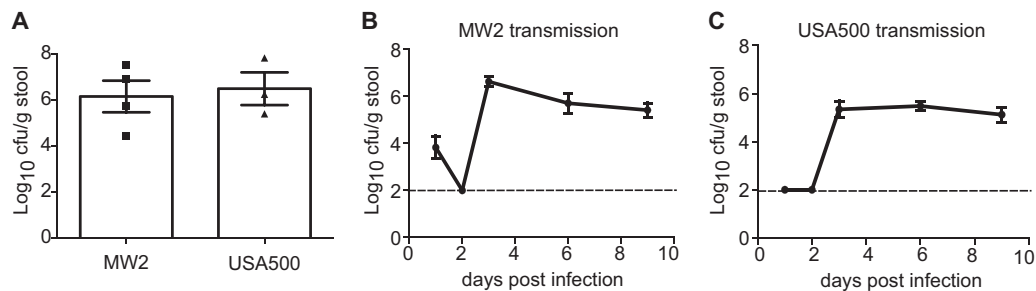


FIG 3 Gastrointestinal dissemination and transmission of *S. aureus* are not strain specific. (A) Quantification of bacteria in stool on day 3 after i.v. injection with 1×10^7 CFU of MRSA strains MW2 and USA500 ($n = 3$ to 4 mice each). (B) Quantification of bacteria in stool over time in untreated mice that were cohoused with mice injected with MRSA MW2 as depicted in Fig. 2A ($n = 6$ untreated mice per group). (C) Quantification of bacteria in stool over time in untreated mice that were cohoused with mice injected with MRSA USA500 as depicted in Fig. 2A ($n = 6$ untreated mice per group). Data represent the mean \pm SEM.

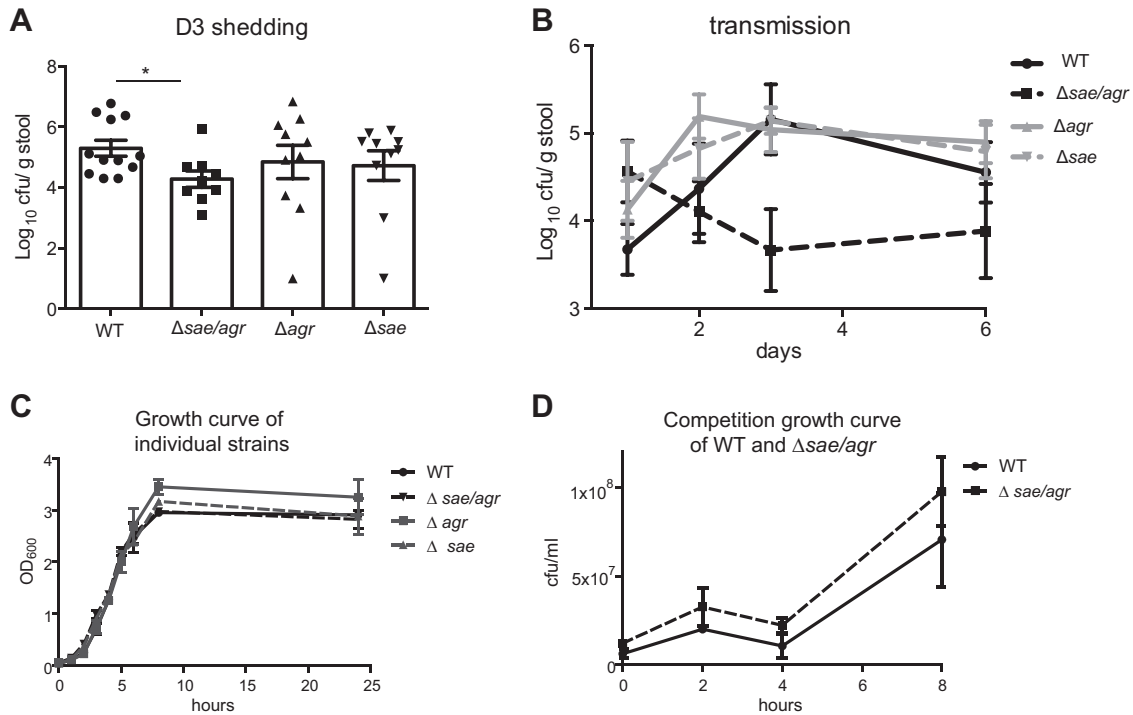


FIG 4 *sae* and *agr* facilitate fecal shedding and transmission of *S. aureus*. (A) Quantification of bacteria in stool on day 3 after i.v. injection with 1×10^7 CFU of the WT strain or USA300 Δ *sae*, USA300 Δ *agr*, or USA300 Δ *sae* Δ *agr* mutant ($n = 9$ to 12 mice each). (B) Quantification of bacteria in stool over time in untreated mice cohoused with mice injected with the WT strain or USA300 Δ *sae*, USA300 Δ *agr*, or USA300 Δ *sae* Δ *agr* mutant from panel D ($n = 6$ untreated mice per group). (C) Growth curve of the individually grown WT strain or USA300 Δ *sae*, USA300 Δ *agr*, or USA300 Δ *sae* Δ *agr* mutant in DMEM plus 10% FCS. (D) Quantification of the WT and USA300 Δ *sae* Δ *agr* mutant grown together in DMEM plus 10% FCS. Data represent the mean \pm SEM.

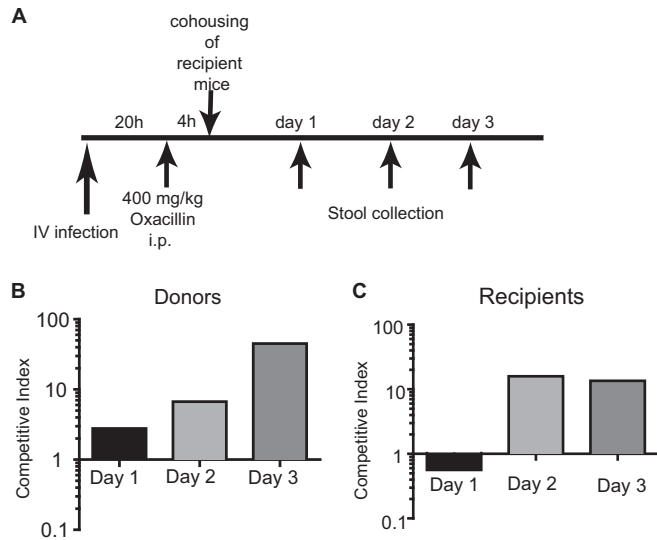


FIG 5 Antibiotic administration to bacteremic mice leads to preferential transmission of resistant *S. aureus*. (A) Schematic of competition assay for effect of antibiotic treatment on transmission. Donor mice injected i.v. with a mixture of 5×10^6 CFU each of *mecA*⁺ and *mecA*-negative USA300 strain cells were subsequently injected i.p. with oxacillin and then cohoused with untreated recipient mice at the indicated time points. (B) Competitive index representing the ratio of antibiotic-resistant versus -susceptible bacteria in the stool from donor mice. (C) Competitive index representing the ratio of antibiotic-resistant versus -susceptible bacteria in the stool from recipient mice ($n = 6$ mice). The bar graph represents the geometric mean.

sion when comparing the three strains we analyzed (compare Fig. 2B with 3B and C). As an initial step toward elucidating the mechanisms behind *S. aureus* dissemination and transmission, we examined the role of *agr* and *sae* in this model. Transmission to naive hosts subsequent to intestinal dissemination depended on the regulatory circuits cooperatively controlled by *agr* and *sae*, consistent with the importance of these factors in other models of invasive staphylococcal infection (25). Interestingly, loss of only one of the regulators of these important two-component systems did not affect the ability of *S. aureus* to transmit to new hosts in this assay. This finding may reflect redundancies in virulence factors that mediate within-host dissemination (24). Alternatively, it is possible that reducing the initial bacterial load or coinfecting mice with WT and mutant strains will reveal a role for the individual factors. Such competition assays may be particularly useful in determining whether some strains have an increased capacity to disseminate and transmit.

S. aureus and MRSA strains can acquire mutations that alter antibiotic resistance and virulence during disease progression (29–31). Although a disease-promoting mutation that occurs during the course of bacteremia could confer a transient advantage to the bacterium, such an adaptation would be a dead end for the bacterium in the absence of transmission. Thus, another implication of the present work is that selective processes taking place over the course of blood infection can go beyond a single host. Further experimental support for this hypothesis was provided by *in vivo* competition assays demonstrating preferential transmission of resistant strains over susceptible ones following antibiotic treatment. The displacement time in naive cohoused

mice that did not receive the antibiotic mirrored the period of selection observed in the antibiotic-treated bacteremic mice, thus bridging within- and between-host dynamics.

Two additional comments are relevant to the work described above. First, the barrier to infection in humans is higher than that in mice, where coprophagia permits fecal-oral spread of *S. aureus*. However, even if *S. aureus* is not able to sustain transmission by the fecal-oral route in humans, the introduction of large doses of bacteria into the hospital environment may provide opportunities for the bacterium to leave one host and enter a new one at more conventional sites from which it is transmitted onwards. Second, evolution of *S. aureus* within the bacteremic host is not instantaneous, which may affect the within-host dissemination and spread of adapted mutants to new hosts. Additional studies are needed to demonstrate clinical significance and test specific host adaptive mutations for functional trade-offs in transmission efficiency.

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The authors declare they have no conflicts of interest.

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