BRAF Inhibitor Dabrafenib in Patients with Metastatic BRAF-Mutant Thyroid Cancer

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Background: Mutations of v-raf murine sarcoma viral oncogene homolog B (BRAF) are commonly identified in papillary and anaplastic thyroid carcinoma and are associated with worse prognosis compared with the wild type. BRAF inhibition in papillary thyroid carcinoma cell lines and xenografts inhibits proliferation and decreases downstream phosphorylation. Our objectives were to analyze safety and efficacy of the selective BRAF inhibitor dabrafenib in patients with metastatic *BRAF*-mutant thyroid carcinoma.

Methods: We present the subset of patients with *BRAF*-mutant thyroid carcinoma enrolled in a larger phase 1 study, the main results of which are reported elsewhere.

Results: Fourteen patients with *BRAFV600E-*mutant thyroid carcinoma were enrolled, of whom 13 (93%) had received prior radioactive iodine. The median duration on treatment was 8.4 months, and seven (50%) patients received treatment for ≥ 10 months. The most common treatment-related adverse events were skin papillomas $(n=8, 57\%)$, hyperkeratosis $(n=5, 36\%)$, and alopecia $(n=4, 29\%)$, all of which were grade 1. Treatmentrelated adverse events grade \geq 3 included grade 4 elevated lipase and grade 3 elevated amylase, fatigue, febrile neutropenia, and cutaneous squamous cell carcinoma (*n* = 1 for each). Four (29%) partial responses were observed, and nine (64%) patients achieved at least 10% decrease. Only one responder progressed while on the study drug after a response duration of 9.3 months. The other three responders had not progressed, with response duration of $4.6 +$, $10.4 +$, and $21.4 +$ months. With seven (50%) patients showing no progression at the time of study completion, the median progression-free survival was 11.3 months.

Conclusions: Dabrafenib was well tolerated and resulted in durable responses in *BRAF*-mutant differentiated thyroid carcinoma patients.

Introduction

EFFECTIVE STANDARD THERAPIES for patients with
radioiodine-refractory thyroid carcinoma remain limited (1). Since the median progression free survival is approximately 1 year with sorafenib, new therapies are needed, especially as salvage therapy (2). In contrast to the 10-year survival rate of 92% in patients who achieve remission after treatment with radioactive iodine (^{131}I) , a 10-year survival rate of 29% is observed in patients who do not achieve remission and a 10-year survival rate of only 10% is seen in patients without any initial 131 uptake (1). The median overall survival of patients who develop distant metastases ranges from 3 to 6 years (3). Traditional cytotoxic chemotherapy regimens, such as doxorubicin monotherapy or doxorubicin in combination with cisplatin, have yielded low response rates of short duration and have been associated with significant toxicity (3).

The mitogen-activated protein kinase (MAPK) signaling cascade, which includes the kinases RAS, RAF, MEK, and ERK, regulates cell proliferation, differentiation, apoptosis, and cell survival (4). In 80% of patients with papillary thyroid carcinoma, activating mutations are identified in genes encoding signaling molecules within the MAPK pathway (3).

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Constitutive activation of v-raf murine sarcoma viral oncogene homolog B (*BRAF*) by a somatic mutation results in oncogenic transformation of normal cells (5,6). Mutations in the *RAF* isoform *BRAF* typically entail substitution of valine with glutamic acid at amino acid residue 600 (V600E) and are seen in 36–86% of patients with papillary thyroid cancer and 20–25% of patients with anaplastic thyroid carcinoma (7–13). In these patients, the *BRAFV600E* mutation is associated with worse prognosis than wild type *BRAF*, including higher clinical stage, tumor size, extrathyroidal extension, lymph node metastasis, tumor recurrence, absence of tumor ^{131}I avidity, and treatment failure of recurrent disease (8,14–17).

In cell lines of *BRAF*-mutant papillary thyroid cancer, selective targeting of BRAF^{V600E} inhibited proliferation, decreased phosphorylation of ERK and MEK, induced a G(1) block, and altered expression of genes involved in the control of G(1)-S cell-cycle transition (18). Similar promising results were observed in a xenograft model of *BRAF*-mutant papillary thyroid cancer, in which selective targeting of BRAFV600E achieved tumor inhibition, as well as reduction of phospho-ERK and phospho-MEK levels (18).

Dabrafenib (GSK2118436), a potent ATP-competitive inhibitor of BRAF kinase, is selective for mutant BRAF in kinase panel screening, cell lines, and xenografts (19). We performed a phase 1 study of dabrafenib in patients with advanced solid malignancies. The study design and pharmacokinetic, pharmacodynamic, and efficacy data for dabrafenib in tumors other than thyroid cancer are reported elsewhere (20). In this article, we report the safety and antitumor activity of dabrafenib in the subset of patients with advanced thyroid cancer.

Materials and Methods

Study design

This report is a subanalysis of the *BRAF*-mutant thyroid cancer patients who enrolled in the first-in-human phase 1 trial of dabrafenib, in which safety, pharmacokinetic, pharmacodynamic, and antitumor activity endpoints were evaluated in patients with *BRAF*-mutant solid tumor malignancies (20). Dabrafenib doses administered orally to thyroid carcinoma patients included 150 mg twice daily or 100 mg three times daily. The protocol was approved by the institutional review boards of the participating institutions, and all patients provided written informed consent.

Thyroid cancer patients were enrolled at the University of Texas MD Anderson Cancer Center and at the University of Western Australia Sir Gairdner Hospital. Eligibility criteria of the parent study included patients who had a histologically confirmed solid tumor for which no curative treatment was available, age 18 years or older, Eastern Cooperative Oncology Group performance status of 1 or less, and adequate organ function (Supplementary Methods; Supplementary Data are available online at www.liebertpub.com/thy).

Procedures

Adverse events were graded according to the National Cancer Institute Common Terminology Criteria for Adverse Events version 3.0 (21). Safety assessments are described in the Supplementary Methods. Dermatological examination was performed at baseline and as clinically indicated. Disease assessments were completed using Response Evaluation Criteria in Solid Tumors (RECIST), version 1.0 (22). Baseline radiological assessment was performed within 35 days before initiation of treatment. Initial restaging occurred at nine weeks in the escalation cohorts and at six weeks in the expansion cohorts. Subsequent restaging occurred every nine weeks. Patients who received at least one dose of study drug were included in both the safety and efficacy analyses. Accredited assays were used for tumor *BRAF* genotyping (appendix). Central genotyping was mandatory in the expansion cohorts and was done by Response Genetics (Los Angeles, CA).

Statistical analysis

This report includes results based on the final study data on March 19, 2012. We calculated exact 95% confidence intervals (CIs) for the proportion of patients achieving a response. Progression-free survival was defined as the interval between first dose and date of disease progression or death due to any cause. When no progression or death occurred, it was censored at the date of last adequate disease assessment. Kaplan-Meier method was used to estimate progression-free survival, and Brookmeyer and Crowley's method was used to estimate the 95% CI for median progression-free survival (23). Duration on treatment was defined as the time from first dose to the date of last dose. For patients with confirmed response, duration of response was defined as the interval between first documented response and the first date of disease progression or death due to any cause. Censoring rule for duration of response were the same as for progressionfree survival. SAS version 9.1 was used for all analyses. This study is registered with ClinicalTrials.gov, number NCT00880321.

Results

Between May 27, 2009, and March 2, 2011, 184 patients with various advanced malignancies were enrolled into the parent study. The pharmacokinetic and pharmacodynamic analysis of dabrafenib and adverse events in solid tumors are reported elsewhere (20). In this subanalysis, 14 patients with thyroid carcinoma were evaluated (Table 1). All 14 patients had *BRAFV600E* mutations and 13 (93%) patients had received prior radioactive iodine therapy. Nine of the 14 patients had not received systemic regimens in the metastatic setting, aside from 131I. Among the 5 patients who received systemic regimens in the metastatic setting, their best responses to their last lines of systemic therapy were partial response in one patient, stable disease in 2 patients, progressive disease in 1 patient and unknown in 1 patient. One patient had received prior treatment with a MEK inhibitor, and no patients had previously been treated with a selective BRAF inhibitor. Other prior systemic treatments included tamoxifen, sorafenib, tipifarnib, gemcitabine, docetaxel, interleukin-6, OPB31121 (STAT3 inhibitor), sunitinib, valproic acid, pazopanib, and axitinib.

Thirteen patients received the recommended phase 2 dose of 150 mg twice daily, and one patient received 100 mg three times daily. The median duration on treatment was 8.4 months with range from 0.3 to 23.2 months, and 7 (50%) patients received treatment for longer than 10 months (Fig. 1). Table 2 shows the most common treatment-related

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Data are presented as n (%) except where noted.

One patient's histology was mistakenly entered as poorly differentiated into database and is correctly listed here as well differentiated.

^bOne patient had concurrent poorly differentiated features and follicular variant histology.

^cIncludes one patient with anaplastic features.

BID, twice a day; BRAF, v-raf murine sarcoma viral oncogene homolog B; ECOG, Eastern Cooperative Oncology Group; PS, performance status; TID, three times a day.

adverse events noted at a total frequency of 10% or higher in patients with thyroid carcinoma. The toxicity profile observed in this analysis is similar to the adverse events observed in the parent study.

The most common treatment-related adverse events observed were skin papillomas (*n* = 8, 57%), hyperkeratosis $(n=5, 36\%)$, and alopecia $(n=4, 29\%)$, all of which were grade 1. Treatment-related adverse events of grade 3 or higher included grade 4 elevated lipase $(n=1)$, grade 3 elevated amylase $(n=1)$, grade 3 fatigue $(n=1)$, grade 3 febrile neutropenia $(n=1)$, and grade 3 cutaneous squamous cell carcinoma $(n=1)$.

Treatment-related serious adverse events were noted in two patients, including febrile neutropenia $(n=1)$ and squamous cell carcinoma $(n=1)$. Adverse events that resulted in dose reduction occurred in two patients, including influenza like illness and pyrexia in one patient and arthralgia in one patient. Dose interruptions were necessary in 7 (50%) patients because of a total of 13 adverse events, of which the most common were fatigue $(n=3, 21\%)$ and chills $(n=2, 21\%)$

Partial response **Progressive disease** Stable disease Unknown

FIG. 1. Duration on treatment for 14 patients with *BRAFV600E*-mutant thyroid cancer treated with dabrafenib. \blacktriangleright , indicates the first occurrence of PR; $*$, indicates time of $PD; \rightarrow$, patient continued treatment in the rollover study; \yen , patient received prior MEK inhibitor treatment; #, patient received 100 mg TID, all other subjects received 150 mg BID; \dagger , patient with concurrent papillary and Hurthle cell features; \dagger , patient with anaplastic histology. This patient had a 66% decrease in target lesions but developed a new lesion at first restaging. Note 1: Six patients had not developed progressive disease at the time of study completion and continued receiving treatment in a rollover study. At the time of this publication, all six of these patients are still receiving dabrafenib, and four of them have been receiving dabrafenib for more than 2.5 years. Note 2: One patient withdrew consent before having any post-baseline disease assessment. Note 3: Duration on treatment is defined as the time interval from the first dose to the last dose on the phase 1 study, regardless of dose interruption. BID, twice a day; PD, progressive disease; PR, partial response; SD stable disease; TID, three times a day; UNK, unknown response.

14%). No patients discontinued treatment due to adverse event. No deaths resulted from adverse events, and 10 patients (71%) had no drug-related adverse events higher than grade 2. A full list of serious adverse events (both treatmentrelated and unrelated) observed in thyroid cancer patients treated on this trial are described in Supplementary Results.

Among the 14 patients with thyroid cancer, four (29%; 95% $CI = 8-58\%$) partial responses were observed (Figs. 2, 3), 6 patients achieved stable disease, and 3 patients had

Table 2. Treatment-Related Adverse Events with Total Frequency of 10 Percent or Higher in Patients with Thyroid Cancer

	Grade	\mathcal{L}	Grade Grade Grade 3	4	Total
Skin papilloma	8(57%)	Ω	θ	Ω	8(57%)
Hyperkeratosis	5(36%)	Ω	0	θ	5(36%)
Alopecia	4(29%)	$\overline{0}$	0	$\overline{0}$	4 $(29%)$
Arthralgia	$1(7\%)$ $1(7\%)$		θ	0	2(14%)
Hair texture abnormal	2(14%)	Ω	0	$\overline{0}$	2(14%)
Pyrexia	$1(7\%)$ $1(7\%)$		θ	0	2(14%)
Seborrhoeic keratosis	2(14%)	Ω	0	0	2(14%)
Skin hypertrophy	2(14%)	0	0	Ω	2(14%)

Data are presented as *n* (%).

FIG. 2. Change in tumor size in 14 patients with *BRAFV600E*-mutant thyroid cancer treated with dabrafenib. *, patient received prior MEK inhibitor treatment; {, patient with concurrent papillary and Hurthle cell features; #, patient received 100 mg TID. All other patients received 150 mg BID. {, patient with anaplastic histology. This patient had a 66% decrease in target lesions but developed a new lesion at first restaging. Note 1: One patient withdrew consent before having any post-baseline disease assessment, so was not included in the plot. Note 2: The patient with the largest reduction experienced reduction in her target lesion but disease progression in a non-target lesion at the same disease assessment. Subsequent biopsy of the progressing non-target lesion demonstrated anaplastic carcinoma histology, rather than papillary carcinoma.

progressive disease as best response. One patient withdrew consent after only 11 days of treatment, before having any post-baseline disease assessment. Among the 3 patients with progressive disease as best response, 1 patient had anaplastic thyroid cancer, 1 patient had concurrent papillary and Hürthle cell features, and 1 patient had prior MEK inhibitor treatment. No deaths occurred while on the study. Nine of the 14 patients achieved at least a 10% decrease by RECIST, including the four patients with partial responses. Thyroglobulin response data was available for 13 of the 14 patients (Fig. 4).

In the patient with anaplastic thyroid cancer who had a best response of progressive disease, the patient's original pathology had a mixed histology, with both differentiated and anaplastic features. Soon after starting dabrafenib, all of the patient's palpable tumors began to decrease except one new lesion, which was biopsied and demonstrated anaplastic features. By RECIST, the patient had a 66% decrease in measurable tumor, but the best response was determined to be progressive disease because of the development of the new lesion. Because the anaplastic features were present before enrolling on the trial, the progressive disease from anaplastic thyroid carcinoma was not attributed to dabrafenib.

Among the responders, at the time of data cutoff only 1 responder developed progressive disease, with duration of response of 9.3 months, and the other 3 responders had not progressed, with duration of response $4.6 +$, $10.4 +$, and 21.4 + months. Six patients who had not developed progressive disease, including the 3 remaining patients with partial responses, were permitted to continue receiving treatment on a subsequent rollover study, which was created in order to permit for patients who were receiving clinical benefit to continue the study treatment. The median progression-free survival was 11.3 months with 95% CI lower limit of 2.1 months and upper limit that could not be deter-

FIG. 3. Partial response in a *BRAFV600E*-mutant papillary thyroid cancer treated with dabrafenib. This patient achieved a 38% decrease in tumor size and received treatment for 12 months before progressing. (A) Baseline. (B) After 9 weeks of treatment. (C) After 39 weeks of treatment.

mined. Among the 7 patients who had not progressed, 5 patients had censored value of progression-free survival > 11.3 months.

The 4 patients with variant histologies (i.e., poorly differentiated/high grade, follicular variant, oncocytic features) had a trend of less response (response rate 0% vs. 40%) and smaller median percentage decrease in size (13% vs. 23%) compared with the 10 patients with conventional (well-differentiated) histology. All of the durable responses were observed in patients with differentiated histology.

Discussion

We report detailed efficacy and safety results of the largest group of *BRAF-*mutant thyroid carcinoma patients treated with a selective BRAF inhibitor. Our findings show that dabrafenib has good clinical activity in patients with metastatic radioiodine-refractory *BRAF*-mutant thyroid carcinoma, with

FIG. 4. Best percentage change in thyroglobulin in pa-tients with *BRAFV600E*-mutant thyroid cancer treated with dabrafenib. *, patient experienced radiological progression on study, with thyroglobulin level increasing from $7 \mu g/L$ at baseline to 79 μ g/L on progression; †, patient underwent total thyroidectomy; this patient had a best response by RECIST of PD. Note 1: Of the 14 patients in the study, thyroglobulin response data was not available in 1 patient with baseline thyroglobulin values only (best response by RECIST, unknown). Note 2: Two additional patients were excluded for reasons that might interfere with interpretation of thyroglobulin levels: one patient had a baseline thyroglobulin level that was assessed more than 3 months before starting dabrafenib (best response, PR), and one patient had anti-thyroglobulin antibodies (best response, SD).

a 29% response rate and 64% of patients achieving at least a 10% reduction in tumor size.

The antitumor activity observed in this study corroborates thyroid carcinoma preclinical models, which suggested that selective targeting of mutant BRAF^{V600E} would inhibit cell proliferation, decrease phosphorylation of downstream MEK and ERK, induce a G(1) block, and alter expression of genes involved in the control of G(1)-S cell-cycle transition (18). Similar to BRAF-mutant melanoma cells, which display features of oncogene addiction *in vitro*, these data suggest that *BRAF*-mutant thyroid cancer cells may depend on activated BRAF for cell survival and growth (24).

This study expands the previous very limited published clinical experience of selective BRAF inhibitors used for the treatment of *BRAF*-mutant thyroid cancer. In the first-inhuman phase 1 trial of the selective BRAF inhibitor vemurafenib, antitumor activity was observed in the 3 patients with papillary thyroid cancer who enrolled, including an objective response lasting 8 months in one patient (who was progression free for 12 months), and stable disease lasting 11 and 13 months in each of the other two patients (25,26).

In contrast to the antitumor activity observed with BRAF inhibition in this study, MEK inhibition monotherapy as a strategy to target the MAPK pathway has yielded only modest success. Despite preclinical studies of MEK inhibitors demonstrating potent inhibition of proliferation and tumor growth in *BRAF*-mutant thyroid cell lines and xenografts, clinical trials of MEK inhibitor monotherapy have not yet demonstrated robust response rates in thyroid cancer (27– 30). However, a recent study demonstrated that the MEK inhibitor selumetinib can produce clinically meaningful increases in iodine uptake and retention in a subgroup of patients with iodine-refractory thyroid cancer (31).

Importantly, dabrafenib was well tolerated and resulted in mostly mild, manageable toxicity. Adverse events noted in patients with thyroid carcinoma mirrored those of the parent study (20). Proliferative skin lesions such as papillomas and hyperkeratosis, the most frequent treatment-related adverse events, were controlled with conservative measures for most individuals.

Even long-term treatment with dabrafenib was well tolerated, as evidenced by the six patients who had not developed progressive disease at the time of study completion and who have continued receiving dabrafenib treatment in a rollover study, which was created in order to permit patients who were receiving clinical benefit to continue the study treatment. At the time of this publication, all six of these patients are still receiving dabrafenib without progressive disease, and four of them have been receiving dabrafenib for more than 2.5 years. A side effect profile of minimal toxicity is an especially important feature of dabrafenib that may facilitate its development as a potential therapy for papillary thyroid cancer, in which future clinical trials may investigate the potential benefit of dabrafenib in the adjuvant and neoadjuvant settings. In addition, many patients with papillary thyroid carcinoma have an indolent, chronic natural history of their disease, which might require prolonged systemic therapy. Whereas such patients are typically reluctant to undergo aggressive treatment with conventional cytotoxic chemotherapy, dabrafenib has the potential to be an acceptable alternative that could be offered as chronic treatment for such patients.

Similar to melanoma, development of resistance to BRAF inhibitors in thyroid carcinoma may be mediated through various mechanisms, including acquired mutations, such as in *MEK* or *NRAS*, or via acquired bypass pathways, such as overexpression of COT or PDGFR-beta (32). Montero-Conde *et al.* recently demonstrated that inhibition of BRAF in thyroid cancer cell lines leads to a rebound in ERK signaling which is associated with HER2/HER3 expression (33). Translational studies designed to identify other mechanisms of resistance in thyroid carcinoma are needed and will provide the basis for future clinical trials that would combine BRAF inhibitors with other therapeutic agents.

The patient with anaplastic thyroid carcinoma who experienced a 66% decrease in target lesions by RECIST, but who developed a new lesion, highlights the difficulty of managing patients with mixed responses. Although mixed responses are common in clinical practice and have been attributed to heterogeneous clonal subsets within tumors, a systematic approach to studying the phenomenon on a large scale is needed. Considering the considerable decrease of size observed in the target lesions in this patient, strategies to maximize clinical benefit in similar, future patients could include radiation or surgical excision of a solitary, progressing lesion.

Our study is limited by small sample size, as is expected in this first-in-human phase 1 study, which was open to all *BRAF*-mutant solid tumor malignancies. Further trials to investigate dabrafenib's efficacy in thyroid cancer are underway, including (1) a randomized phase 2 trial study of dabrafenib with or without the MEK inhibitor trametinib in patients with recurrent thyroid cancer (NCT01723202) and (2) a clinical trial to investigate whether dabrafenib can resensitize iodine-refractory papillary thyroid cancer patients

to radioactive iodine therapy (NCT01534897). Because of dabrafenib's known activity against melanoma brain metastases (20,34), further trials should also be considered to investigate dabrafenib activity against brain metastases in *BRAF*-mutant thyroid cancer, which although is a uncommon event occurring in approximately 1.2% of patients with differentiated thyroid cancer, is associated with a poor prognosis, including a median survival of 12.4 months and very limited treatment options (35).

In conclusion, the selective BRAF inhibitor dabrafenib is well tolerated and active against *BRAF*-mutant differentiated thyroid cancer, and it is a promising treatment for further development in this patient population. Further monotherapy trials, novel combination trials, and translational studies should be pursued to identify and overcome mechanisms of resistance. In addition, future trials may consider investigating the potential role for dabrafenib treatment in the adjuvant and neoadjuvant setting.

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