

Transcriptional Regulation of Adipocyte Differentiation: A Central Role for CCAAT/Enhancer-binding Protein (C/EBP) β *

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A detailed understanding of the processes controlling adipogenesis is instrumental in the fight against the obesity epidemic. Adipogenesis is controlled by a transcriptional cascade composed of a large number of transcriptional factors, among which CCAAT/enhancer-binding protein (C/EBP) β plays an essential role. During 3T3-L1 adipocyte differentiation, C/EBP β is induced early to transactivate the expression of C/EBP α and peroxisome proliferator-activated receptor γ (PPAR γ), two master transcription factors for terminal adipocyte differentiation. Studies in recent years have revealed many new target genes of C/EBP β , implicating its participation in many other processes during adipogenesis, such as mitotic clonal expansion, epigenetic regulation, unfolded protein response, and autophagy. Moreover, the function of C/EBP β is highly regulated by post-translational modifications, which are crucial for the proper activation of the adipogenic program. Advances toward elucidation of the function and roles of the post-translational modification of C/EBP β during adipogenesis will greatly improve our understanding of the molecular mechanisms governing adipogenesis.

Adipose tissue is not only a key depot for energy storage but is also involved in the dynamic regulation of metabolism (1). The upsurge of adipose tissue mass plays a central role in obesity-related complications such as type 2 diabetes, hypertension, hyperlipidemia, and arteriosclerosis (2). Both the increase of adipocyte size (hypertrophy) and the increase of adipocyte number (hyperplasia) are major contributors to the development of obesity (3). Thus, a tight control of adipocyte development and function is critical in maintaining whole body energy homeostasis, and a full understanding of the mechanisms reg-

ulating adipose formation would provide precious information on the way to control of obesity.

Much of our knowledge of adipocyte differentiation has been obtained by studying adipocyte cell culture models. The 3T3-L1 cell line is one of the best studied cellular models (4). Upon the treatment with differentiation inducers (a combination of 3-isobutyl-1-methylxanthine, dexamethasone, and insulin), growth-arrested 3T3-L1 preadipocytes re-enter the cell cycle, a process referred to as mitotic clonal expansion (MCE),² which contributes to the hyperplasia of adipocytes. The adipogenic gene expression program is initiated during and after 2–3 rounds of MCE, ultimately leading to terminal adipocyte differentiation (5).

The adipogenic program requires a cascade of multiple transcription factors (6), among which is CCAAT/enhancer-binding protein β (C/EBP β), an important transcriptional factor belonging to the leucine zipper family. Knockdown of C/EBP β in 3T3-L1 preadipocytes blocks adipogenesis (7, 8), whereas its overexpression is sufficient to induce 3T3-L1 adipocyte differentiation without the hormonal inducers normally required (9). The functional importance of C/EBP β during adipocyte development has also been demonstrated *in vivo*. Disruption of the C/EBP β gene in mice caused decreased fat mass because of impaired development of adipose tissue (10). Thus, C/EBP β plays a crucial role during adipocyte differentiation.

As an important early factor of adipogenesis, C/EBP β is induced rapidly after the addition of adipogenic stimuli and is responsible for inducing the expression of C/EBP α and peroxisome proliferator-activated receptor γ (PPAR γ), two master adipogenic transcription factors, by binding to their promoters (11). In this way, C/EBP β promotes terminal adipocyte differentiation. Besides the abovementioned function, a number of studies have illuminated additional roles of C/EBP β during adipogenesis, through its transcriptional regulation of many new target genes. Furthermore, the function of C/EBP β is elaborately regulated by post-translational modifications (PTMs), including phosphorylation, acetylation, methylation, O-GlcNAcylation, ubiquitination, and SUMOylation. Herein, the new functions and PTMs of C/EBP β during adipogenesis will be reviewed.

Role and Mechanism of C/EBP β in Mitotic Clonal Expansion

Despite some controversy (12), multiple studies indicate that MCE is a necessary step for the terminal adipocyte differentiation of 3T3-L1 preadipocytes. The extracellular signal-regulated kinase kinase (MEK) inhibitor U0126 and cyclin-dependent kinase inhibitor roscovitine, which inhibit the cell cycle at different points, block MCE as well as adipogenesis (5, 13). The

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² The abbreviations used are: MCE, mitotic clonal expansion; C/EBP β , CCAAT/enhancer-binding protein β ; C/EBP α , CCAAT enhancer binding protein α ; IRE1 α , inositol-requiring enzyme 1 α ; PKM2, M2 isoform of pyruvate kinase; PIAS1, protein inhibitor of activated STAT1; PTM, post-translational modification; PPAR γ , peroxisome proliferator-activated receptor γ ; SUMO, small ubiquitin-like modifier; UPR, unfolded protein response; XBP1, X-box binding protein 1; PRMT4/CARM1, protein arginine methyltransferase 4; CBP, CREB-binding protein; CREB, cAMP-response element-binding protein.

DNA synthesis inhibitor aphidicolin and the anti-proliferation reagent rapamycin also block MCE and 3T3-L1 preadipocyte differentiation (14, 15). Moreover, knockdown of histone acetyltransferase binding to ORC1 (HBO1), a positive regulator for the initiation of DNA replication, impairs the ability of 3T3-L1 preadipocytes to differentiate into mature adipocytes by inhibiting DNA replication and MCE (16). It is hypothesized that DNA replication during MCE increases the accessibility of promoter or enhancer elements to factors required for transcription of genes involved in the initiation of differentiation (17).

Several lines of evidence have shown that C/EBP β is involved in MCE. When subjected to the same differentiation protocol as 3T3-L1 preadipocytes, a subset of mouse embryo fibroblasts undergoes MCE and terminal differentiation into adipocytes. Mouse embryo fibroblasts from C/EBP $\beta^{-/-}$ mice, however, neither undergo MCE nor differentiate into adipocytes (5). Furthermore, knockdown of C/EBP β by siRNA in 3T3-L1 preadipocytes prevents MCE as well as adipocyte differentiation (7). Additionally, overexpression of a dominant-negative C/EBP β (A-C/EBP) that blocks C/EBP β DNA binding activity by dimerizing through its leucine zipper (18) also disrupts MCE and adipogenesis in 3T3-L1 cells (19). Intriguingly, C/EBP β takes part in the proliferation of certain other cell types such as lobuloalveolar cells, osteoblasts, and keratinocytes (20–22), further supporting an important role of C/EBP β in cell proliferation.

To understand how C/EBP β promotes MCE, a promoter-wide ChIP-on-chip analysis combined with gene expression microarrays was performed to identify the potential target genes of C/EBP β at the early stage of 3T3-L1 adipocyte differentiation (8). Four cell cycle genes (*Cdc45l*, *Mcm3*, *Gins1*, and *Cdc25c*) and the chromatin assembly gene histone H4 were identified as C/EBP β target genes. *Mcm3* is a component of MCM2–7 (mini-chromosome maintenance proteins 2–7) complex, whereas *Gins1* is a subunit of GINS (go-ichi-ni-san) complex. *Cdc45l*, MCM2–7, and GINS form a large complex referred to as CMG, which is involved in the regulation of eukaryotic chromosomal DNA replication (23). *Cdc25c* is a phospho-tyrosine phosphatase that contributes to S-phase and M-phase entry of the cells (24). Histone H4 is the most highly conserved and strictly cell cycle-regulated nucleosomal protein critical for normal progression of S phase (7). Knockdown of these four cell cycle genes and histone H4 significantly impaired MCE, whereas ectopic expression of these genes together significantly reverses the inhibitory effect of C/EBP β siRNA on MCE, indicating that these genes are important downstream effectors of C/EBP β to promote MCE (8).

Growing lines of evidence have indicated that epigenetics play an essential role in adipogenesis (25–27). Kdm4b is a JmjC-domain-containing histone demethylase for H3K9me3 (28). Studies have shown that Kdm4b is required for estrogen receptor α (ER α)-regulated breast cancer progression and mammary epithelial cell proliferation (29). Interestingly, Kdm4b has been shown to be required for MCE (8). It is identified as a target gene of C/EBP β and functions as a co-factor of C/EBP β to demethylate H3K9me3 in the regulatory regions of C/EBP β -regulated cell cycle genes and chromatin assembly gene as mentioned above, thereby promoting their expression and MCE (8). Thus, a profound role for C/EBP β in the epigenetic control is

revealed, suggesting a novel feed forward mechanism involving C/EBP β and Kdm4b in the regulation of MCE. It should be noted that the function of C/EBP β and Kdm4b is specific to MCE because knockdown of C/EBP β or Kdm4b neither affects the expression of these cell cycle genes and histone H4 nor impairs cell proliferation in pre-confluent 3T3-L1 preadipocytes (8). It is possible that additional co-factors or a specific PTM of C/EBP β , which might be absent in pre-confluent 3T3-L1 cells, are required for C/EBP β and Kdm4b to ensure MCE. In addition, it is noteworthy that deletion of C/EBP β results in retarded proliferation of mammary epithelial cells and severe inhibition of lobuloalveolar development (20), which is similar to the phenotype of conditional deletion of *Kdm4b* in mammary epithelium (8). Therefore, it would be interesting to investigate the potential collaboration between C/EBP β and Kdm4b during mammary gland development.

C/EBP β activates the expression of PPAR γ and C/EBP α by directly binding to their promoters. Although C/EBP β is induced very early in adipocyte differentiation, the expression of PPAR γ and C/EBP α occurs much later (11). This lag appears necessary because PPAR γ and C/EBP α are both anti-mitotic, and their premature expression would otherwise prevent MCE, a required step for adipocyte differentiation. G9a is an important euchromatic methyltransferase that is responsible for the majority of H3K9me2 in the cells (30). Recent evidence suggests that G9a-mediated H3K9me2 mainly associates with transcriptional silencing (31). G9a plays important roles in various biological processes and has been shown to be a repressor of adipogenesis (27). In 3T3-L1 cells, a transient induction of G9a by C/EBP β was detected during MCE (32). Then, G9a inhibited PPAR γ and C/EBP α expression through H3K9 dimethylation of their promoters. Hence, C/EBP β up-regulates G9a that delays the transactivation of PPAR γ and C/EBP α so as to guarantee MCE, providing another line of evidence for the participation of C/EBP β in epigenetic regulation.

The embryonic M2 isoform of pyruvate kinase (PKM2) has attracted much attention because of its critical role in aerobic glycolysis of tumor cells, namely the Warburg effect (33). Instead of PKM1, tumor cells commonly express PKM2, which may contribute to the metabolism shift from oxidative phosphorylation to aerobic glycolysis and tumorigenesis (34). Besides, PKM2 has also been reported to promote tumor growth via regulating cell cycle progression and oncogene expression (35, 36). Of interest, PKM2 expression is elevated during the early stage of 3T3-L1 adipogenesis, and knockdown of PKM2 compromises MCE (37). Further studies, however, are needed to investigate the mechanism of PKM2 in MCE. Importantly, PKM2 is identified as a target gene of C/EBP β during MCE (37). Consequently, transactivation of PKM2 by C/EBP β contributes to facilitating MCE. Collectively, these findings (Fig. 1) provide new clues to understanding the action of C/EBP β in the proliferation of certain specific cell types.

Role of C/EBP β in Terminal Adipocyte Differentiation

C/EBP β is an important factor to initiate the transcriptional cascades that culminate in the expression of two essential adipogenic factors, PPAR γ and C/EBP α (38). Apart from its well established role in activating the expression of PPAR γ and

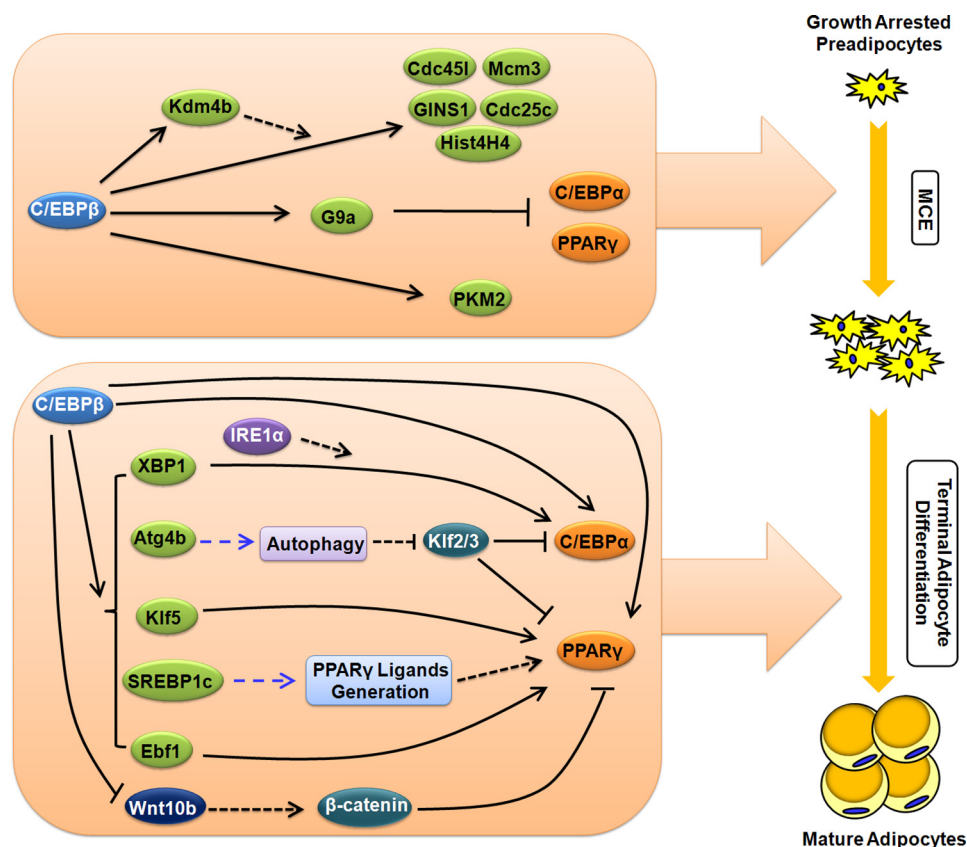


FIGURE 1. Multiple roles of C/EBP β during adipogenesis. Besides its well known function in the direct transactivation of C/EBP α and PPAR γ , many new roles of C/EBP β during adipogenesis have been revealed in the past decade. At the early stage of 3T3-L1 adipocyte differentiation, C/EBP β transactivates the expression of multiple cell cycle-related genes to facilitate MCE, a required step for terminal adipocyte differentiation. A novel feed forward mechanism involving C/EBP β and Kdm4b in the regulation of MCE is illustrated. Moreover, C/EBP β transiently transactivates the expression of G9a, which delays the expression of C/EBP α and PPAR γ , two anti-proliferation factors, so as to ensure MCE. The transactivation of Kdm4b (a histone demethylase) and G9a (a histone methyltransferase) by C/EBP β provides evidence for the epigenetic control of MCE by C/EBP β . At the late stage of 3T3-L1 adipocyte differentiation, C/EBP β is involved in the activation of UPR and autophagy, through the transactivation of Xbp1 and Atg4b, respectively. In addition, C/EBP β activates the expression of some other transcriptional factors and inhibits the expression of Wnt10b, an anti-adipogenic factor. Together, these effects ultimately lead to the activation or up-regulation of C/EBP α and PPAR γ , thereby promoting terminal adipocyte differentiation. *Black solid lines with arrowheads or blunt ends* indicate transcriptional regulation of gene expression. *Black dashed lines with arrowheads* indicate promotion of activity. *A black dashed line with a blunt end* indicates inhibition of protein stability. *Blue dashed lines with arrowheads* indicate promotion of biological processes.

C/EBP α , studies in recent years have brought to light a number of new targets of C/EBP β , which extends our knowledge of its role in terminal adipocyte differentiation.

Unfolded protein response (UPR) is a complex signaling cascade activated by the perturbations in endoplasmic reticulum homeostasis to coordinate multiple signaling pathways and control a variety of physiologies (39). Among the three branches of UPR, the inositol-requiring enzyme 1 α (IRE1 α)/X-box binding protein 1 (XBP1) pathway, which plays a crucial role in glucose and lipid metabolism as well as in insulin function, is the most conserved branch (40). Because dramatic transformations take place during the differentiation from preadipocytes to mature adipocytes, it is hypothesized that adipocytes might exhibit increased level of UPR so as to relieve the stress burden on the endoplasmic reticulum imposed by the increased biosynthesis of protein and lipids (41). A recent study demonstrates that adipogenesis is associated with the increase of UPR and that the IRE1 α -XBP1 pathway is indispensable for adipogenesis (42). Knockdown of IRE1 α or XBP1 in 3T3-L1 cells significantly inhibits adipogenesis, and XBP1 could directly transactivate the expression of C/EBP α , a master gene of adipogenesis, to promote adipocyte differentiation. Intriguingly, C/EBP β is responsible for the induction of XBP1 by

binding to its proximal promoter region (42). Thus, through regulating the expression of XBP1, C/EBP β participates in the activation of UPR, a required process for adipogenesis.

Autophagy is a cellular process that delivers cytosolic components to lysosomes for degradation (43). It is involved in a variety of physiological and pathophysiological processes, such as nutrient starvation, immune responses, tumor suppression, cell death, and so on (44). Recent studies have demonstrated that autophagy is required for cell differentiation of certain cell types, including adipocyte differentiation (45, 46). Autophagy was induced during adipogenesis, promoting the degradation of Klf2 and Klf3, two negative regulators of adipocyte differentiation, which is mediated by the adaptor protein p62/SQSTM1 (47). In 3T3-L1 cells, C/EBP β has been identified as an activator of autophagy through the transactivation of Atg4b, an important autophagy gene that exposes glycine from LC3 precursor at its C terminus to form LC3-I and is essential for autophagosome formation (47). Of interest, C/EBP β has been shown to regulate circadian autophagy rhythm in the liver (48). These findings highlight an important role of C/EBP β in controlling the program of autophagy gene expression during some biological processes, including adipogenesis.

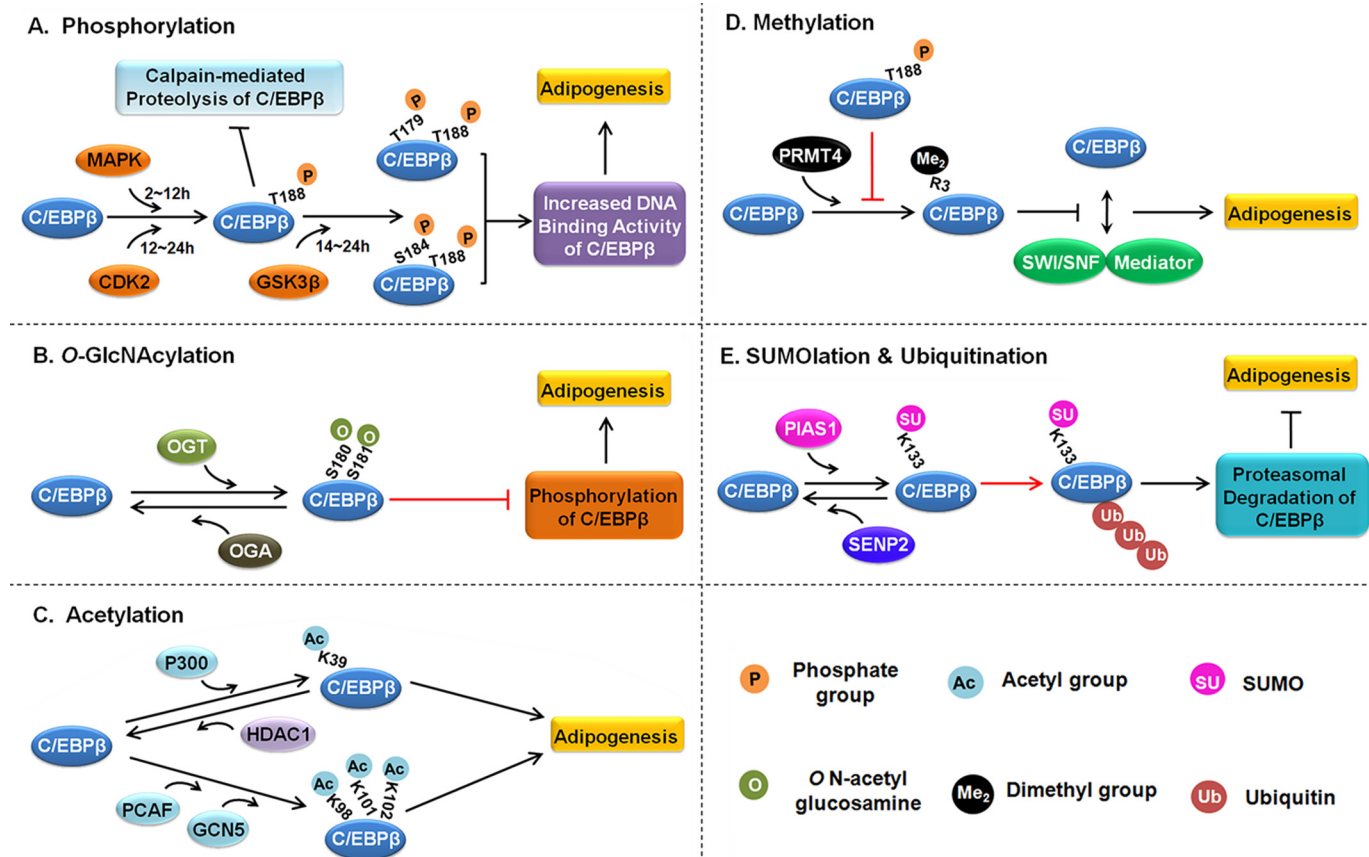


FIGURE 2. The PTMs of C/EBP β during adipogenesis. *A*, phosphorylation. C/EBP β is phosphorylated on Thr-188 by MAPK (2–12 h after adipogenic induction) and by CDK2 (12–24 h after adipogenic induction), followed by GSK3 β -mediated phosphorylation on Ser-184 or Thr-179. This dual phosphorylation induces conformational changes in C/EBP β , which activates its DNA binding and facilitates adipogenesis. *B*, O-GlcNAcylation. The modification of O-GlcNAc on Ser-180 and Ser-181 of C/EBP β prevents its phosphorylation on Thr-188, Ser-184, and Thr-179, thus suppressing its DNA binding activity. OGA, β -N-acetylglucosaminidase; OGT, β -N-acetylglucosaminyltransferase. *C*, acetylation. In general, acetylation of C/EBP β increases its transcriptional activity to promote adipogenesis. *D*, methylation. PRMT4/CARM1 dimethylates C/EBP β on Arg-3, which interferes with the interaction between C/EBP β and SWI/SNF and inhibits adipogenesis. MAPK/CDK2-mediated phosphorylation on Thr-188 could block PRMT4/CARM1-mediated dimethylation of C/EBP β on Arg-3. *E*, SUMOlation and ubiquitination. PIAS1-mediated SUMOlation of C/EBP β on Lys-133 promotes its ubiquitination and proteasomal degradation, thereby suppressing adipogenesis. SUMO-specific protease SENP2 reverses the SUMOlation of C/EBP β to promote adipogenesis. The cross-talks between different types of PTMs are indicated by red solid lines with arrowheads or blunt ends. The black solid lines with arrowheads at both ends indicate protein interaction.

Many other target genes of C/EBP β have been reported and shown to be important for terminal adipocyte differentiation. For instance, C/EBP β transactivates the expression of *Klf5*, sterol-responsive element-binding protein 1c (*SREBP1c*), and early B-cell factor 1 (*Ebf1*). *Klf5* is a key transcription factor for adipogenesis through promoting PPAR γ expression (49). *SREBP1c* is an important pro-adipogenic transcriptional factor that regulates the expression of many lipid metabolism genes and contributes to the generation of endogenous PPAR γ ligands (50). *Ebf1* promotes adipogenesis by activating PPAR γ transcription (51). On the other hand, C/EBP β is involved in suppression of Wnt/ β -catenin signaling through transcriptional inhibition of the expression of *Wnt10b*, a major Wnt ligand that inhibits adipogenesis (52). Taken together, these findings shed light on the multiple roles of C/EBP β in terminal adipogenic differentiation (Fig. 1).

Post-translational Modifications (PTMs) of C/EBP β during Adipogenesis

Because of the important role of C/EBP β in triggering the adipogenic program, it is necessary to gain mechanistic insights into the regulation of C/EBP β so as to better understand the pro-

cess controlling adipogenesis. The regulation of C/EBP β during adipogenesis occurs at multiple levels, including transcriptional regulation, translational regulation, and PTM. Studies on the PTMs of C/EBP β , including phosphorylation, O-GlcNAcylation, acetylation, methylation, ubiquitination, and SUMOlation, have progressed a lot in recent years, and this progress will be discussed in detail here (Fig. 2). Some of the studies that did not investigate cells during adipogenesis will also be discussed, which might help us better understand the PTMs of C/EBP β .

Regulation of signaling transduction depends not only on the identity of phospho-sites but also on when phosphorylation events occur. Studies have shown that sequential phosphorylation of C/EBP β is critical for 3T3-L1 adipocyte differentiation (53). C/EBP β is expressed rapidly after adipogenic induction (≤ 4 h) and phosphorylated on Thr-188 by MAPK. After 10–12 h of induction, 3T3-L1 cells re-enter the cell cycle, and the activity of MAPK falls off. When the cells enter S-phase, the rising activity of CDK2/cyclin A keeps maintaining the C/EBP β phosphorylation on Thr-188 (13). At the onset of S-phase, GSK3 β translocates into the nucleus and C/EBP β is phosphorylated by GSK3 β on Ser-184 or Thr-179 (53). Phosphorylation

of Thr-188 appears to prime C/EBP β for the subsequent phosphorylation on Ser-184 or Thr-179. Studies indicate that this dual phosphorylation induces a conformational change in C/EBP β that allows dimerization through its C-terminal leucine zipper domain. Dimerization brings the adjacent basic regions into position to hold the C/EBP regulatory elements of its target genes in a “scissor-like” grip (54). All these actions of the dual phosphorylated C/EBP β facilitate its DNA binding and transcriptional regulatory activities. Recent studies showed that phosphorylation also contributes to the stability of C/EBP β . Both *ex vivo* and *in vitro* experiments indicated that phosphorylation on Thr-188 by MAPK or CDK2/cyclin A protected C/EBP β from calpain-mediated proteolysis (55).

Protein O-GlcNAc glycosylation is a widespread PTM for both nuclear protein and cytoplasmic protein. It is different from the classical glycosylation of secreted proteins and membrane protein, but is similar to phosphorylation on some level. Both O-GlcNAcylation and phosphorylation can take place on serine and threonine residues. It has been demonstrated that C/EBP β could be modified by O-GlcNAcylation on Ser-180 and Ser-181, which are very close to its phosphorylation sites (Thr-188, Ser-184, Thr-179) (56). Studies have proved that the O-GlcNAcylation of these two sites suppressed the phosphorylation on the adjacent sites, thereby delaying 3T3-L1 adipocyte differentiation (56). Thus, O-GlcNAcylation of C/EBP β modulates its phosphorylation and transcription activity through the adjacent sites-mediated competition.

Protein acetylation contributes to the protein interaction with DNA and/or other proteins, like co-activators and other transcriptional regulators. C/EBP β has a plurality of acetylation sites, whose acetylation can modulate its function. Cesena *et al.* (57) discovered that the nuclear co-activator p300 possesses acetyltransferase activity and modifies C/EBP β on multiple lysine residues. The acetylation on Lys-39 of C/EBP β is critical for its transcriptional activity. Furthermore, Lys-39 deacetylation mediated by HDAC1 down-regulates its activity during adipogenesis (58). Wiper-Bergeron *et al.* (59) reported that, in the process of glucocorticoid-induced preadipocyte differentiation, acetylase GCN5 and p300/CBP-associated factor (PCAF) mediate C/EBP β acetylation on Lys-98, Lys-101, and Lys-102, and this acetylation acts as a molecular switch repressing the interaction of C/EBP β with HDAC1 and reducing the affinity between C/EBP β and the corepressor mSin3a. In some cases, however, HDAC1 can strengthen the function of C/EBP β . Xu *et al.* (60) reported that acetylation on Lys-215 and Lys-216 decreases the binding activity of C/EBP β to the promoter of ID1 (inhibitor of DNA-binding protein), and HDAC1-mediated deacetylation can activate this transcription.

Methylation modifies not only DNA and histone, but also some transcription factors. Pless *et al.* (61) found that Lys-39 of C/EBP β could be modified by histone methyltransferase G9a and that this modification could inhibit its transcriptional activity. Moreover, the interaction of C/EBP β with G9a could be inhibited by C/EBP β phosphorylation (61). Kowenz-Leutz *et al.* (62) showed the relationship between C/EBP β phosphorylation and arginine methylation. Protein arginine methyltransferase 4 (PRMT4/CARM1) interacts with C/EBP β and dimethylates it on Arg-3. The phosphorylation of C/EBP β by Ras/

MAPK, however, blocks the interaction between C/EBP β and PRMT4/CARM1 and inhibits the methylation on Arg-3. The Arg-3 methylation constrains the interaction between C/EBP β and SWI/SNF and inhibits adipocyte differentiation. Consequently, C/EBP β phosphorylation by Ras signaling pathway and arginine methylation reciprocally regulates the interaction between C/EBP β and epigenetic complexes during adipocyte differentiation.

The lysine residue is not only the substrate of acetylation and methylation but is also modified by ubiquitin. Through the sequential action of E1-activating enzyme, E2-binding enzyme, and E3 ligase, the ubiquitin polymers are connected to the target proteins. Hattori *et al.* (63) found that the C/EBP family proteins are degraded by the ubiquitin-proteasome pathway. In the process of C/EBP protein ubiquitination, ubiquitin ligases or modifying enzymes specifically recognize the monomer form of C/EBP proteins, so as to remove the transcriptionally inactive monomer of C/EBP proteins and maintain a basal level of C/EBP proteins in cells. The homologous dimerization of C/EBP β or the heterologous dimerization of C/EBP β with other C/EBP family proteins can make the protein itself stable (63).

With in-depth study of ubiquitination, the small ubiquitin-like modifications (SUMOlation), have attracted more and more attention. SUMOlation is a reversible PTM that regulates the protein subcellular localization, nucleocytoplasmic transportation, protein stability, and interaction, by the conjugation of the small ubiquitin related modifier (SUMO) to target proteins (64). Kim *et al.* (65) reported that C/EBP family proteins, including C/EBP α , C/EBP β , C/EBP δ , and C/EBP ϵ , are modified by SUMO. There is a conserved motif containing 5 amino acids ((I/V/L)KXEP) in C/EBP family proteins, and the lysine residue in this motif is specific to SUMO modification (65). C/EBP β is a SUMO target, and SUMO modification controls its transcriptional activity. Eaton and Sealy (66) found that SUMO is conjugated to Lys-173 residue of C/EBP β , and blocking SUMOlation on Lys-173 by Lys to Ala mutation relieves its repression on cyclin D1 promoter. Subramanian *et al.* (67) found that SUMO modification in the synergy control motifs of multiple C/EBP molecules could limit their transcriptional activity. Berberich-Siebelt *et al.* (68) also found that SUMO could be conjugated to the lysine residue of C/EBP β in the conserved motif Ile/Val-Lys-X-Glu of the central regulatory domain, which weakened the inhibitory effect of C/EBP β on c-Myc in murine T cells. Interestingly, this SUMOlation promoted the location of C/EBP β around the centrosome of heterochromatin, which suggests that SUMO could regulate C/EBP β function by changing its subnuclear localization (68). It was recently reported that PIAS1, a SUMO E3 ligase, could interact with C/EBP β and SUMOylate it on Lys-133, leading to increased ubiquitination and degradation of C/EBP β (69). Consequently, PIAS1 is a negative regulator in adipogenesis by promoting the SUMOlation and degradation of C/EBP β . Conversely, the SUMO-specific protease Sentrin/SUMO-specific protease 2 (SEN2) plays a critical role in promoting adipogenesis by de-SUMOlation and stabilization of C/EBP β (70).

In summary, the modification of C/EBP β , involving the cross-talks of different types of PTMs, finely tunes its function.

Considering the fact that the current studies on C/EBP β PTMs are performed *in vitro*, knock-in mice expressing PTM-related C/EBP β mutants are needed to dissect the physiological relevance of C/EBP β PTMs in regard to adipose tissue development.

Conclusion

Much progress has been made in the past decade in defining the role of C/EBP β during adipogenesis. The expression and activity of C/EBP β play a profound role in modulating a wide array of target genes that are important in facilitating adipogenesis. Also, the identification and characterization of C/EBP β target genes have provided critical information for understanding the function of C/EBP β in adipogenesis. Meanwhile, the PTM controlling C/EBP β function has been intensively explored. It should be noted, however, that some studies on the role and regulation of C/EBP β are mainly based on murine cell models *in vitro*, which heightens the need for further verifying these findings *in vivo* and translating them from mouse to human. As our knowledge of the multifaceted nature of C/EBP β during adipogenesis increases, it is believed that C/EBP β and factors regulating its function will provide potential targets for the treatment of obesity-related disorders.

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