

# Characteristics and Quantities of HIV Host Cells in Human Genital Tract Secretions

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**Human immunodeficiency virus (HIV)-infected leukocytes have been detected in genital secretions from HIV-infected men and women and may play an important role in the sexual transmission of HIV. However, they have been largely overlooked in studies on mechanisms of HIV transmission and in the design and testing of HIV vaccine and microbicide candidates. This article describes the characteristics and quantities of leukocytes in male and female genital secretions under various conditions and also reviews evidence for the involvement of HIV-infected cells in both horizontal and vertical cell-associated HIV transmission. Additional research is needed in this area to better target HIV prevention strategies.**

**Keywords.** HIV; transmission; cell-associated; mucosal; semen; vagina; rectum; infected leukocytes; AIDS.

Unprotected intercourse is the most common route through which human immunodeficiency virus type 1 (HIV) is transmitted [1, 2]. Genital secretions from men and women contain leukocytes, which can be present in high numbers during episodes of genital tract inflammation or infection. HIV-infected cells have been detected in semen and cervicovaginal secretions from HIV-infected men and women [3]. Since intracellular HIV is protected from environmental factors that can attenuate the infectiousness of free HIV virions and can be efficiently transmitted to target cells via virologic synapses, HIV-infected cells in genital secretions could play an important role in sexual and maternal-to-fetal transmission of HIV. This review focuses on the quantities, characteristics, and function of uninfected and HIV-infected leukocytes in genital tract secretions.

## LEUKOCYTES IN MALE GENITAL TRACT SECRETIONS

The principal cell types in human semen are spermatozoa, immature germ cells, and white blood cells (WBCs;

Figure 1). WBCs have been detected in semen by various methods, including peroxidase stain (eg, the Endtz test), immunohistologic, and enzymatic (eg, granulocyte elastase) assays [4]. Recently, flow cytometry has also been used, with results comparing favorably to the more traditional methods of semen WBC assessment [5].

WBCs potentially enter semen from various sites along the reproductive tract, including the rete testis, epididymis, prostate, and urethra, where they are thought to play an immunosurveillance role [6]. Most of the studies of WBCs in semen that use immunohistologic analysis or flow cytometry indicate that semen from healthy non-HIV-infected men contains  $10^5$  WBCs/mL; the majority are polymorphonuclear leukocytes (PMNs), but substantial numbers of macrophages and CD4<sup>+</sup> T cells are also present [7–9]. In addition, CD8<sup>+</sup> T lymphocytes, B lymphocytes, and, most recently, dendritic cells have been detected in human semen [7–10].

Seminal plasma contains a rich variety of bioactive cytokines, chemokines, growth factors, prostaglandins, and other immunomodulatory mediators that can potentially affect the viability and function of seminal leukocytes and cells in the female genital tract after intercourse [11]. Seminal plasma has been reported to be cytotoxic to peripheral blood-derived mononuclear cells [12, 13] and to adversely affect macrophage function [14, 15]. However, many of the early studies used long periods of exposure to seminal plasma and tissue culture medium supplemented with fetal calf serum,

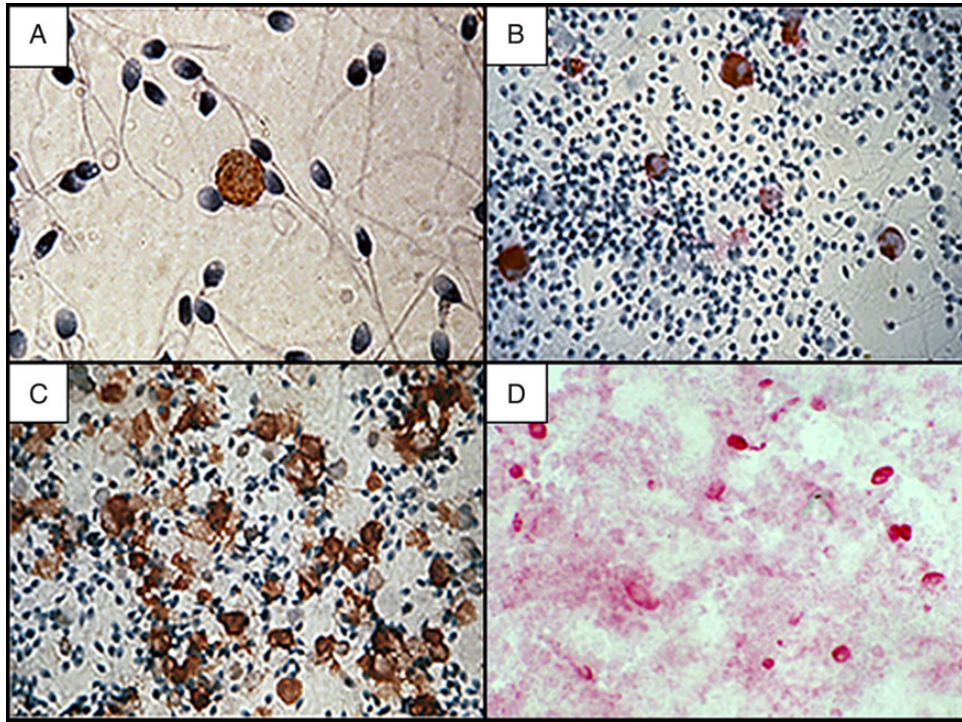
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**Figure 1.** Leukocytes in human genital secretions, detected by immunohistochemistry. *A*, CD4<sup>+</sup> T cell in semen. *B*, CD68<sup>+</sup> macrophages in semen. *C*, CD45<sup>+</sup> leukocytes in semen from a man with leukocytospermia. *D*, CD68<sup>+</sup> macrophages in cervicovaginal secretions. Original magnification  $\times 400$ .

which contains high concentrations of amine oxidase; this enzyme oxidizes spermine in seminal plasma creating toxic intermediaries [16]. Recent studies have found that following short so-called physiologic exposures to seminal plasma, lymphocytes retain viability and function [12, 13]. In one flow cytometry study of the viability of various leukocyte populations in semen, CD3<sup>+</sup> cells were found to be >60% viable [7]. Markers of T-cell activation, such as interleukin 2 (IL-2) receptors and CD69, are often detected on lymphocytes in human semen from both HIV-infected and uninfected men [17, 18], indicating that seminal T cells are in an activated state. Furthermore, lymphocytes isolated from fresh semen are viable and retain their function; several studies have demonstrated cell-mediated cytotoxic and other functions of semen-derived T cells in vitro [19–21].

### Genital Inflammation and Infections

Concentrations of WBCs in semen are highly variable, and genital inflammation is a common occurrence. The prevalence of leukocytospermia, an asymptomatic genital inflammatory condition characterized by  $>10^6$  WBCs/mL semen [22], is 5%–10% in healthy non-HIV-infected men [23–25] and up to 24% in HIV-infected men [26]. Concentrations of PMNs correlate with other WBC types in semen [27]; thus, leukocytospermic semen contains substantially elevated concentrations of PMNs, macrophages, and CD4<sup>+</sup> T cells [28]. The principal etiology of leukocytospermia is thought to be subclinical genital

infections [29]. Leukocytospermia has been associated with asymptomatic detection of *Chlamydia trachomatis* [30] and Epstein-Barr virus (EBV) [31] DNA in semen, whereas other studies have failed to show a strong relationship between bacterial or viral infection in the male genital tract and leukocytospermia [32, 33]. Seminal WBC concentrations correlate positively with various cytokines [25]. Thus, it is not surprising that levels of a number of proinflammatory and other cytokines, including interleukin 1 $\beta$  (IL-1 $\beta$ ) [32], IL-2 [34], interleukin 6 (IL-6) [35], interleukin 8 (IL-8) [34], and tumor necrosis factor  $\alpha$  (TNF- $\alpha$ ) [36], are elevated in semen of men with leukocytospermia.

The World Health Organization reports an estimated 499 million new cases of genital tract infections each year caused by the leading sexually transmitted pathogens, *Neisseria gonorrhoeae*, *Chlamydia trachomatis*, *Treponema pallidum*, and *Trichomonas vaginalis* [37]. The primary symptoms of urethritis caused by sexually transmitted infections (STIs) in men include dysuria and urethral discharge [38], which contains elevated levels of PMNs [39]. Interestingly, there is not much information available on seminal WBC subpopulations in men with symptomatic STIs, although it is likely that, as with leukocytospermia, leukocytic infiltrates associated with symptomatic bacterial infections contain elevated numbers of macrophages and lymphocytes in addition to PMNs. Viral STIs, including several members of the human herpesvirus (HHV)

family (HSV types 1 and 2, EBV, and human cytomegalovirus) and human papillomaviruses, are also highly prevalent (>1 billion infections worldwide [37]) and have been associated with leukocytospermia in some studies [40].

### HIV-Infected Cells in Semen

Since the initial discovery in 1983 that HIV could be cultured from seminal cells [41], a number of laboratories have demonstrated that HIV can be cultured from both seminal cells and cell-free seminal plasma. Overall, the recovery rate of infectious HIV from seminal cells has been much higher (median, 20%; range, 4%–55%) than that from seminal plasma (median, 5.9%; range, 3%–11%;  $P < .0001$ ) [3]. Since most of these studies were performed before widespread use of antiviral therapy and viral load assessment, most of the subjects were chronically infected (ie, HIV seropositive) and naive to highly active antiretroviral therapy. The relatively low recovery rate of infectious HIV from seminal plasma contrasts with the high rate of HIV RNA detection by quantitative polymerase chain reaction (PCR) [42], suggesting that much of the cell-free HIV in semen is replication incompetent or inactivated. A number of factors have been identified in seminal plasma that may inactivate cell-free HIV, including anti-HIV antibodies [43],  $\alpha$  and  $\beta$  chemokines [25], and antimicrobial peptides (SLPI, lactoferrin, and defensins [44]). The low culture rate could also reflect the toxicity of seminal plasma to target peripheral blood mononuclear cells (PBMCs) used for culturing HIV [13, 14].

Only a few studies have used quantitative HIV DNA PCR assays to assess the prevalence or number of HIV-infected cells in semen. In these studies, the prevalence of HIV proviral DNA in semen samples has ranged from 21% to 65%, and the HIV DNA level has ranged from not detectable to 80 000 copies/mL [3]. Interestingly, in 2 of the larger studies that assessed both HIV RNA and DNA copy numbers in semen, these 2 parameters were not correlated [42, 45]. Elevated proviral HIV DNA levels in semen have been associated with (1) reduced peripheral CD4<sup>+</sup> T-cell counts [46], (2) acute HIV infection [47], (3) leukocytospermia and STIs [46, 48], and (4) vasectomy [45]. After initiation of HAART, levels of both HIV RNA and DNA are reduced in semen, although HIV proviral DNA-bearing cells can persist in semen for several months [42, 49] and have been shown to be infectious in vitro [50].

The question of whether spermatozoa transmit HIV infection has been controversial for several years. HIV reportedly infects or binds to testicular germ cells and spermatozoa under certain conditions, but isolated viable motile sperm from HIV-infected men are rarely HIV positive by PCR and are therefore not likely a major factor in the sexual transmission of HIV [51, 52]. Both macrophages and T cells, but not spermatozoa, isolated from semen of HIV-infected men by magnetic beads were capable of transmitting HIV to target PBMCs in vitro [53]. Macrophages usually outnumber CD4<sup>+</sup> T cells in semen, especially in

HIV-infected men, in whom seminal CD4<sup>+</sup> lymphocytes are commonly depleted. In a study of 98 ART-naive HIV-positive men, the median ratio of macrophages to CD4<sup>+</sup> lymphocytes in semen was 22:1 [17]. In some HIV-positive men with leukocytospermia, the seminal macrophage cell count exceeds 10<sup>7</sup> cells/mL [17]. These data indicate that macrophages are the most abundant HIV host cells in semen and a likely principal mediator of cell-associated HIV transmission. Dendritic cells, which can capture and transfer HIV, have also been detected in semen, and their numbers are elevated in semen of men with genital tract inflammation [10]. Other important HIV host cells, such as Langerhans cells, have not been detected in semen, although it is possible that some viable HIV-infected Langerhans cells from penile skin, especially the inner foreskin [54], are shed into the vagina or rectum during intercourse.

HIV-infected leukocytes have been detected in pre-ejaculatory fluid, a urethral secretion secreted from the glands of Littre and Cowper glands during sexual stimulation [55]. Evidence that cells in pre-ejaculatory fluid are infectious was provided by an epidemiologic study that found that delayed application of condoms is a risk factor for HIV transmission [56].

Elevated seminal PMN counts and leukocytospermia have been associated with increased levels of both cell-free and cell-associated HIV in semen [3], as well as with increased levels of IL-1 $\beta$ , TNF- $\alpha$ , IL-6, and other proinflammatory cytokines that could activate HIV replication in infected cells [25, 32, 57]. A recent study showed that seminal IL-6, TNF- $\alpha$ , and IL-8 concentrations were elevated in semen samples positive for cell-associated but not cell-free HIV (Politch et al, unpublished data). Epidemiologic studies indicate that STIs substantially enhance HIV transmission [58]. Urethritis caused by *N. gonorrhoeae* was associated with a 10-fold increase in HIV RNA copy numbers in semen, which declined following successful antibiotic treatment [59]. Other studies have demonstrated increased HIV RNA shedding from genital ulcers caused by various STI pathogens [60]. Most of these studies have only measured cell-free HIV RNA, but since symptomatic infections and inflammation are associated with elevated WBC levels in semen, it is probable that the number of HIV-infected cells in semen is also increased. One study showed that both HIV RNA and proviral DNA levels were elevated in semen from men with a recent STI [48].

### LEUKOCYTES IN FEMALE GENITAL TRACT SECRETIONS

HIV host cells (ie, monocytes, macrophages, CD4<sup>+</sup> T cells, and dendritic cells) have been described in vaginal and cervical tissue [61], but few studies have quantified or characterized these cell populations in human vaginal and cervical secretions. HIV host cells are detectable but usually not numerous in cervicovaginal secretions from healthy uninfected [62] and HIV-infected

women [63]. Two recent studies have characterized lymphocyte subtypes in cervicovaginal lavage or cytobrush samples. A large fraction of T lymphocytes were positive for the integrin  $\alpha 4\beta 7$  and expressed the HIV coreceptor CCR5 and the early activation marker CD69 but not CXCR4. As with semen, cervical CD4<sup>+</sup> T cells were severely depleted in HIV-positive subjects [64, 65].

There are limited data regarding the viability of leukocytes isolated from cervicovaginal fluid. The viability of lymphocytes in vaginal secretions from healthy reproductive aged women is often poor, most likely because of toxic effects of low pH conditions commonly found in the human vagina [66]. In prepubertal and postmenopausal women, the vaginal pH is closer to neutral, and leukocytes in cervical vaginal secretions may be more viable. Likewise, vaginal secretions at menses are neutralized by the presence of blood, and viable lymphocytes have been recovered from menstrual blood and used in functional assays [67]. Studies that have used cytobrush sampling to obtain lymphocytes for functional assays have demonstrated >85% viability [68, 69].

Cervicovaginal secretions from women with certain STIs have elevated leukocyte counts. *N. gonorrhoeae* and *C. trachomatis* infections can induce massive inflammatory infiltrates [70]. Bacterial vaginosis (BV), on the other hand, appears to have little or no effect on vaginal leukocyte counts [70, 71], but HIV-infected cells in vaginal secretions from women with BV could have preserved viability and higher infectiousness because of near-neutral pH conditions. This hypothesis is supported by the observation that BV is associated with an increased incidence of HIV transmission and acquisition [72]. Seminal fluid neutralizes the pH of vaginal secretions following intercourse [73, 74] and could thus prolong the viability of infected leukocytes in the vagina; seminal fluid also contains high concentrations of chemokines that recruit leukocytes, especially macrophages and dendritic cells, to the human cervix after coitus [75]. These HIV host cells may play an important role in sexual transmission or acquisition of HIV.

### **HIV-Infected Leukocytes in Female Genital Secretions**

Several studies have used qualitative cell-associated HIV DNA assessment as a marker for infected leukocytes. An increased prevalence of HIV DNA in vaginal secretions has been associated with cervicitis, candidiasis and STIs [76–89], hormonal contraception [83] and vitamin A or selenium deficiency [83, 90], although this latter relationship may be more complex [91]. As mentioned above, menstrual blood introduces viable CD4<sup>+</sup> lymphocytes into vaginal secretions; HIV proviral DNA [92, 93] has been detected in vaginal samples collected at menses, and one of the first studies to culture infectious HIV from vaginal secretions provided evidence that samples collected during menses were more infectious than those collected at other times during the menstrual cycle [94]. These data, combined

with epidemiological reports of increased female-to-male HIV transmission as a result of sexual contact during menses [95, 96], suggest that menses may be a time of increased risk for female-to-male cell-associated HIV transmission. The prevalence of HIV-infected cells in vaginal secretions is reduced in women receiving antiretroviral therapy [97, 98], although as with semen, the reduction in HIV-infected cells following initiation of HAART appears to lag behind the reduction in cell-free HIV load [99]. Only a few studies have quantified HIV DNA in cells from cervicovaginal secretions [3]; the maximum number of HIV proviral copies was on the order of 10<sup>4</sup> copies per lavage sample.

It is difficult to culture infectious HIV from cervicovaginal secretions because of heavy contamination with endogenous bacteria and fungi. Most successful studies have cultured HIV from the filtered cell-free fraction and have produced HIV culture rates ranging from 11% to 22% [3]. Only one study to date has compared the HIV culture rate from cell-free versus cell-associated fractions of cervicovaginal lavage samples: HIV was cultured from 12 of 55 cell-free supernatants (22%) and 5 of 22 cell lysates (23%) [100]. Although correlates of HIV culture from cervicovaginal cells have not been studied, we hypothesize that HIV-infected leukocytes from reproductive-aged women with normal vaginal flora are inactivated by lactic acid produced by lactobacilli and are therefore less infectious [66]. We predict that HIV-infected genital leukocytes from women with neutral vaginal pH due to conditions such as BV and low estrogen states [101] are more infectious than those from reproductive-aged women with vaginal pH of 3.5–5.0 and more capable of cell-associated HIV transmission. The effect of factors present in female genital secretions on the infectiousness of either cell-associated or cell-free HIV is reviewed in this issue of the *Journal*.

### **Role of HIV-Infected Genital Leukocytes in Mother-to-Child Transmission (MTCT)**

Cell-associated HIV transmission has been implicated in MTCT as a result of breast-feeding. A 10-fold increase in the number of infected cells per milliliter of breast milk was associated with 3-fold increased risk of HIV transmission [102]. Similarly, cell-associated HIV transmission has been implicated in MTCT during parturition, as several studies have demonstrated a correlation between increased MTCT and the isolation of cellular HIV DNA from the mother's cervicovaginal samples [103, 104] and the presence of HIV-infected cells in the baby's oropharyngeal cavity [105]. The hypothesis of MTCT of HIV via fetal ingestion of infected maternal cells during parturition is further supported by a recent study demonstrating that HIV-infected cells can migrate across human fetal oral epithelial tissues and retain their infectiousness. In contrast, HIV-infected cells lost their infectiousness while crossing adult oral epithelium, because of the expression of anti-HIV beta-defensins 2 and 3

[106]. This latter finding is consistent with reports that oral transmission of HIV in adults is rare [107, 108]. Our laboratory quantified HIV RNA and DNA in cervicovaginal secretions from women in the WITS cohort during the third trimester of pregnancy; levels of HIV DNA, but not RNA, and proviral heterogeneity were positively associated with perinatal HIV transmission [109, 110]. A recent study, designed to determine the timing of HIV transmission, reported that 5 of 9 infants were infected at the time of delivery, whereas 4 of 9 were infected during pregnancy [111]. These results stress the need to further evaluate methods to block MTCT of cell-associated HIV via breast milk and genital secretions.

## CONCLUSION

There is increasing evidence that HIV-infected WBCs in male and female genital secretions may be important vectors of both horizontal and vertical HIV mucosal transmission. These cells are attractive targets for microbicide and vaccine interventions to prevent HIV transmission, but relatively little information is available about these cells or factors that affect their abundance and infectiousness. Future research should be conducted to further characterize the phenotypes of HIV-infected cells in genital secretions and their abundance, viability, survival time, and infectiousness under various conditions. Studies should also be conducted on mechanisms of cell-associated HIV transmission. Such information could provide clues leading to the control or eradication of these infectious vectors to achieve an ultimate goal of HIV prevention.

## Notes

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