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# Role for Monocyte Chemoattractant Protein-1 (MCP-1) in the Induction of Chronic Muscle Pain in the Rat

Pedro Alvarez<sup>1,2</sup>, Paul G. Green<sup>1,2</sup>, and Jon D. Levine<sup>1,2,3</sup>

<sup>1</sup>Department of Oral and Maxillofacial Surgery, University of California San Francisco, San Francisco, USA

<sup>2</sup>Division of Neuroscience, University of California San Francisco, San Francisco, USA

<sup>3</sup>Department of Medicine, University of California San Francisco, San Francisco, USA

# Summary

Whether MCP-1 contributes to chronic musculoskeletal pain is unknown. We provide evidence that MCP-1 induces acute muscle hyperalgesia and a state of chronic nociceptive sensitization.

While raised levels of monocyte chemoattractant protein 1 (MCP-1) have been observed in patients with chronic muscle pain, direct evidence for its role as an algogen in skeletal muscle is still lacking. In the rat, MCP-1 induces a dose-dependent mechanical hyperalgesia lasting for up to 6 weeks. Following recovery, rats exhibited a markedly prolonged hyperalgesia to an intramuscular injection of prostaglandin E2, hyperalgesic priming. Intrathecal pre-treatment with isolectin B4 (IB4)-saporin, which selectively destroys IB4-positive (IB4+) nociceptors, markedly decreased MCP-1 induced hyperalgesia and prevented the subsequent development of priming. To evaluate the involvement of MCP-1 in stress-induced chronic pain we administered, intrathecally (i.t.), antisense (AS) or mismatch (MM) oligodeoxynucleotides directed against CCR2 (the canonical receptor for MCP-1) mRNA, during the exposure to water avoidance stress, a model of stress-induced persistent muscle pain. The AS treatment attenuated this hyperalgesia, whereas IB4-saporin abolished water avoidance stress-induced muscle hyperalgesia and prevented stressinduced hyperalgesic priming. These results indicate that MCP-1 induces persistent muscle hyperalgesia and a state of latent chronic sensitization to other algogens, by action on its cognate receptor on IB4+ nociceptors. Since MCP-1 also contributes to stress-induced widespread chronic muscle pain, it should be considered as a player in chronic musculoskeletal pain syndromes.

# Keywords

Stress; myalgia; nociceptor; fibromyalgia; inflammation

# 1. Introduction

Chronic muscle pain syndromes are very common and disabling, producing a large burden of economic losses related to health care expenses, decreased work productivity and

Corresponding author: Jon D. Levine, University of California San Francisco, C-555, Box 0440, 521 Parnassus Ave., San Francisco, CA 94143-0440; Phone: +415 476 4902; Fax: +415 476 6305; jon.levine@ucsf.edu.

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disability compensation [24]. It is often observed in the absence of a previous injury, and may exhibit features of a widespread pain syndrome. Remarkably, stress is well-established to trigger and aggravate chronic muscle pain [24]. In spite of these distinctive clinical features, the mechanisms underlying chronic muscle pain still remain obscure, precluding the development of rational analgesic strategies.

The search for potential biomarkers and proalgesic agents of chronic muscle pain has identified a correlation between reported pain levels and raised plasma/local levels of some pro-inflammatory mediators. For example, a small (13 kDa) chemokine, the monocyte chemoattractant protein 1 (MCP-1, also known as chemokine (C-C motif) ligand 2 or CCL2), has been identified as a candidate algogen involved in fibromyalgia [7; 19; 67] and polymyalgia rheumatica [41], which are characterized by intense widespread chronic muscle pain. In addition, some viral diseases, such as Chikungunya fever, Dengue fever, Influenza A and vesicular stomatitis, exhibit a widespread muscle pain concomitant to a marked rise in circulating levels of MCP-1 [10; 21; 44; 55]. Since MCP-1 plays an important role as a chemotactic agent for monocyte/macrophages at the site of injury acting on its cognate receptor, CCR2 [63], an indirect contribution of MCP-1 to pain by means of inflammatory cells is plausible. More recently, however, a direct proalgesic role for MCP-1 has been identified: indeed, intradermal injection of MCP-1 produces primary mechanical hyperalgesia with a rapid-onset [16], whereas the application of MCP-1 increases the excitability of C-fibers [54] and cultured dorsal root ganglion (DRG) neurons [38]. Indeed, while both nociceptors and dorsal horn neurons express MCP-1 only nociceptors express CCR2 [66], further supporting the view that MCP-1 is a proalgesic mediator that acts directly on nociceptors.

Interestingly, plasma levels of MCP-1 are increased in women exposed to prolonged psychosocial stress [9]. This is also observed in rodents after repeated exposure to different stressors [27; 31; 47]. This phenomenon appears to be dependent on the release of catecholamines and beta-adrenoceptor activation [31], a hallmark in models of stress-induced widespread muscle pain [5; 40]. Furthermore, paclitaxel chemotherapy, which produces robust muscle pain in humans [28; 33; 43] and rodents [3; 22], is associated with a marked increase in serum levels of MCP-1 in humans [52] and enhanced expression of MCP-1 in nociceptors and dorsal horn neurons in rodents [66]. While these observations strongly suggest a role for MCP-1 as a pro-nociceptive mediator in skeletal muscle, evidence supporting this view is still lacking. Here we provide direct evidence for a role of MCP-1 in the induction of acute and chronic muscle pain.

# 2. Methods

#### 2.1 Animals

Adult male Sprague Dawley rats (240–250 g at arrival; Charles River, Hollister, CA, USA) were used in these experiments. They were housed in the Animal Care Facility at the University of California San Francisco, under environmentally controlled conditions (lights on 07:00–19:00 h; room temperature 21–23°C) with food and water available *ad libitum*. Upon completion of experiments, rats were euthanized by inhalation of  $CO_2$  followed by bilateral thoracotomy. Animal care and use conformed to NIH guidelines (NIH Guide for

the Care and Use of Laboratory Animals) and to the guidelines of the Committee for Research and Ethical Issues of the International Association for the Study of Pain. The University of California San Francisco Committee on Animal Research approved all experimental protocols. Concerted effort was made to minimize number and suffering of experimental animals.

### 2.2 Chemicals

Unless otherwise stated, all chemicals used in these experiments were obtained from Sigma-Aldrich (St. Louis, MO, USA). The stock solution of rat recombinant MCP-1 (rrMCP-1, Fitzgerald Industries International, Concord, MA, USA) was made by dissolving it in 0.9% NaCl containing 0.5% BSA (1  $\mu$ g/ $\mu$ l) and stored at  $-20^{\circ}$ C. The stock solution of prostaglandin E2 (PGE<sub>2</sub>) was made by dissolving it in 100% ethanol (1  $\mu$ g/ $\mu$ l), and stored at  $-80^{\circ}$ C. The stock solutions were diluted in 0.9% NaCl immediately before injection.

#### 2.3 Local injections

We performed intramuscular (i.m.) injections of rrMCP-1 to explore the direct proalgesic effect of this mediator, whereas  $PGE_2$  was administered to assess the presence of hyperalgesic priming, a latent state where hyperalgesia induced by inflammatory cytokines is prolonged, indicative of the induction of chronic neuroplastic adaptation [53].

Rats were briefly anesthetized with 2.5% isoflurane to facilitate the injection  $(20 \ \mu l)$  of either rrMCP-1 or PGE<sub>2</sub> into the belly of the gastrocnemius muscle. The skin overlying the injection site was previously shaved and scrubbed with alcohol. Immediately after i.m. injections the site at which the skin was punctured was marked with a fine-tip indelible ink pen, so that the mechanical nociceptive threshold at the underlying i.m. injection site in the muscle could be repeatedly measured.

#### 2.4 Intrathecal treatments

**2.4.1 IB4-saporin**—The destruction of the isolectin B4-positive (IB4+) population of dorsal root ganglion neurons by intrathecal injection of a cytotoxin, saporin, conjugated to IB4 (IB4-saporin) has been established previously [16; 35; 51; 59]. The selective neurotoxic effect of the IB4-saporin conjugate has also been previously shown; in contrast to unconjugated saporin, intrathecal injection of IB4-saporin produces a dramatic decrease in the IB4 labeling in lamina II of the dorsal horn [35]. The results obtained by our group are fully consistent with those observed by Nishiguchi and colleagues [51] in DRGs after intrathecal injection of IB4-saporin abolishes glial cell-derived neurotrophic factor (GDNF), but not nerve growth factor (NGF)-induced hyperalgesia compatible with a selective effect on IB4+ nociceptors [2; 16; 18; 36].

IB4-saporin (Advanced Targeting Systems, San Diego, CA, USA) was diluted with saline and a dose of 3.2  $\mu$ g in 20  $\mu$ l administered intrathecally 10 days prior to other experimental interventions [2; 4; 35; 36]. Control treatment consisted of intrathecal injection of saline (20  $\mu$ l). **2.4.2 Antisense oligodeoxynucleotides**—To assess the role of MCP-1 in muscle pain observed in a preclinical model of stress-induced hyperalgesia, the expression of its cognate receptor (CCR2) was disrupted by intrathecal injection of antisense oligodeoxynucleotides (AS ODN) to CCR2 mRNA. This procedure not only modulates behavioral nociceptive responses, but also produces reversible inhibition of the expression of different proteins in DRG neurons (for a review see [56]). The AS ODN sequence, 5'-ACTCGGTCTGCTGTCTCCCTA-3', was directed against a unique sequence in rat CCR2 mRNA (GenBank number NM021866). This sequence has been shown to produce a knockdown of CCR2 protein in DRG neurons [66]. The mismatch (MM) ODN sequence, 5'-ACACGCTGTCCTGTCAGCCTA-3', corresponds to the CCR2 AS sequence with 7 mismatched bases (denoted by bold letters). A search of the NCBI database to *Rattus norvegicus* identified no other homologous sequences. Rats were briefly anesthetized with 2.5% isoflurane in 97.5% O<sub>2</sub> and received daily intrathecal injections (40 μg/20 μl), with ODN either AS or MM to CCR2 mRNA, for 4 consecutive days. The AS and MM ODN

primers were synthetized by Invitrogen (San Francisco, CA, USA).

To perform intrathecal injections rats were briefly anaesthetized with 2.5% isoflurane (Phoenix Pharmaceuticals, St. Joseph, MO, USA) in 97.5%  $O_2$ . Then, a 29-gauge hypodermic needle was inserted into the subarachnoid space on the midline, between the L4 and L5 vertebrae. Proper intrathecal injection was systematically confirmed by observation of a tail-flick [49].

#### 2.5 Measurement of mechanical hyperalgesia

Mechanical nociceptive threshold in the gastrocnemius muscle was quantified using a digital force transducer (Chatillon DFI2; Amtek Inc., Largo, FL, USA) with a custom-made 7 mmdiameter probe [2-6]. Rats were lightly restrained in a cylindrical acrylic holder with lateral slats that allow for easy access to the hind limb and application of the force transducer probe to the site of injection in the belly of the gastrocnemius muscle. The nociceptive threshold was defined as the force, in mN, required to produce a flexion reflex in the hind leg. Baseline withdrawal threshold was defined as the mean of 3 readings taken at 5 min intervals and magnitude of hyperalgesia calculated as percentage decrease from the baseline withdrawal threshold.

#### 2.6 Water avoidance stress

Water-avoidance induced stress, which produces mechanical hyperalgesia, is considered a model of widespread muscle pain [29] is associated with increased firing in nociceptors innervating the gastrocnemius muscle [23]. To induce water avoidance stress, rats were placed on a 10 cm high acrylic platform ( $8 \times 8$  cm) in the center of a clear plastic tank (45 cm length  $\times$  25 cm width  $\times$  25 cm height) filled with room temperature tap water to a depth of 9 cm, for 1 h/day, for 10 consecutive days. This protocol produces psychological stress as indicated by a large increase in ACTH and glucocorticoids within 30 min of the start of stress exposure [20]. Experiments on water avoidance stress were performed 1 day after the last stress exposure.

#### 2.7 Statistical analysis

Group data are expressed as mean  $\pm$  SEM of n independent observations. Statistical comparisons were made using GraphPad Prism 5.0 statistical software (GraphPad Software, Inc., La Jolla, CA, USA). Comparisons were made by means of one- or two-way repeated measures analysis of variance (ANOVA) followed by Bonferroni's multiple comparisons test. *P* < 0.05 was considered statistically significant.

# 3. Results

#### 3.1 MCP-1 induces mechanical hyperalgesia and hyperalgesic priming

The injection of MCP-1 into the gastrocnemius muscle produced a dose- (1-1000 ng/20 µl) and time-dependent decrease in mechanical nociceptive threshold. Fifteen min after its injection MCP-1 produced a significant decrease in mechanical nociceptive threshold, reaching a peak at 1 h for all doses studied (Fig. 1A). One day after injection MCP-1 continued to produce a persistent mechanical hyperalgesia, albeit at lower magnitude, that remained unattenuated for 10 to 20 days depending on dose (Fig. 1A). The mechanical threshold then progressively increased to reach baseline values, with the highest dose assayed producing a mechanical hyperalgesia lasting up to 6 weeks (Fig. 1A).

Once rats fully recovered (i.e., reaching baseline mechanical threshold) the presence of hyperalgesic priming was assessed by injecting  $PGE_2$  (1 µg/20 µl) at the site previously injected with MCP-1. As shown in figure 1B, regardless of the dose previously injected, all the animals exposed to MCP-1 exhibited prolonged  $PGE_2$ -induced mechanical hyperalgesia (i.e. significantly longer than 4 h), when compared to naïve control rats.

#### 3.2 IB4-saporin attenuates MCP-1 hyperalgesia

Since our previous studies have pointed to an involvement of IB4+ nociceptors in MCP-1 induced hyperalgesia [16], we assessed their role in MCP-1 hyperalgesia by i.t. injection of the neurotoxin saporin conjugated to isolectin B4, which selectively destroys IB4+ nociceptors [59], or its vehicle (saline), to naïve rats. One hour after an i.m. injection of MCP-1 (100 ng/20 µl), rats pre-treated with IB4-saporin (i.t.) exhibited a small, albeit statistically significant, decrease in mechanical nociceptive threshold (P < 0.05, n=6, Fig. 1C). Compared to control-treated (i.t. saline) rats, the change in mechanical nociceptive threshold in IB4-saporin treated rats was markedly attenuated (-28.3  $\pm$  2.4% versus -5.4  $\pm$ 1.8%, respectively, n=6/group, P < 0.01, Fig. 1C). Hyperalgesia was fully recovered by 48 h after i.m. injection of MCP-1 in IB4-saporin treated, but not in control rats, the differences between these two treatments being statistically significant (-1.9  $\pm$  1.0% versus -22.1  $\pm$ 1.0%, n=6/group, respectively, P < 0.001, Fig. 1C). Five weeks later, mechanical threshold reached baseline levels in both groups, at which time rats were injected with PGE<sub>2</sub> (1  $\mu$ g/20 µl) at the site previously injected with MCP-1. One hour after i.m. injection of PGE<sub>2</sub> rats from both groups exhibited a comparable mechanical hyperalgesia. At later time points, control but not IB4-saporin treated rats displayed a persistent hyperalgesia lasting for at least 72 h (Fig. 1D).

#### 3.3 IB4-saporin attenuates water avoidance stress-induced muscle hyperalgesia

Given that sustained exposure to stressful stimuli can produce hyperalgesic priming in skeletal muscle [29; 30; 40] and that IB4-saporin treatment attenuated MCP-1 induced hyperalgesic priming, we assessed whether this stress-induced hyperalgesic priming depends on IB4+ nociceptors. We explored this in rats previously injected i.t. with IB4-saporin (10 days before) in the water avoidance stress paradigm, which is known to produce hyperalgesic priming [29] and raised plasma levels of MCP-1 [27]. Ten days after i.t. treatment, no differences in nociceptive mechanical threshold were observed between control rats and rats treated with IB4-saporin (P > 0.05, n=6/group, Fig. 2A). However, consistent with our previous observations [29], 10 days of exposure to water avoidance stress produced a significant decrease in mechanical nociceptive threshold in control rats (~24% compared to baseline; P < 0.001, n=6, Fig. 2A). In contrast, IB4-saporin treated rats did not exhibit changes in mechanical nociceptive threshold after water avoidance stress (P > 0.05, n=6, Fig. 2A). Thirteen days after the last exposure to water stress, PGE<sub>2</sub> (1  $\mu$ g/20 µl) was injected into the gastrocnemius muscle (Fig. 2B). While control and IB4-saporin treated rats exhibited similar acute hyperalgesia (i.e., measured 1 h after injections of PGE<sub>2</sub>), a later phase of mechanical hyperalgesia (i.e., 4 to 72 h) was only observed in control rats (Fig. 2B).

#### 3.4 Knock-down of CCR2 attenuates stress and rrMCP-1 induced muscle hyperalgesia

To determine whether MCP-1 is involved in water avoidance stress-induced hyperalgesia, by action at its cognate receptor on muscle nociceptors we explored the effect of i.t. AS ODN treatment against mRNA for CCR2, the cognate MCP-1 receptor, in nociceptors (Zhang et al., 2013). Rats received daily i.t. injections of either AS or MM for three consecutive days, starting on day 8 of the 10 day water avoidance protocol. One day after the last ODN injection, a significant inhibition in water avoidance-induced hyperalgesia was observed in the AS treated rats, compared to MM control (-16.7 ± 1.1% vs -28.8 ± 1%, respectively; P < 0.01, n=6/group, Fig. 2C). Such an inhibition was significant up to day 3 after the last ODN injection (-16.9 ± 1.8% vs -23.8 ± 0.7%, respectively; P < 0.01, n=6/group, Fig. 2C) but absent by day 5 (-12.8 ± 1% vs -13.8 ± 0.6%, respectively; P < 0.01, n=6/group, Fig. 2C).

Using the same AS/MM treatments, we assessed the role of CCR2 expressed by nociceptors on muscle hyperalgesia induced by peripherally administered MCP-1. One day after the last ODN injection, no significant differences in baseline mechanical nociceptive threshold was observed between AS and MM treated rats (-0.8  $\pm$  0.3% vs -1.3  $\pm$  0.2% change compared to pre-treatment baseline, respectively; *P* < 0.01, n=6/group, Fig. 2D). The mechanical hyperalgesia induced by rrMCP-1 (100 ng/20 µl) was however significantly attenuated by AS treatment measured at 30 min (-10.8  $\pm$  1.5% vs -30.7  $\pm$  0.5%, respectively; *P* < 0.01, n=6/group, Fig. 2D) and 1 h (-12.2  $\pm$  1.2% vs -35.4  $\pm$  1%, respectively; *P* < 0.01, n=6/group, Fig. 2D) after i.m. injection of MCP-1.

# 5. Discussion

Our results indicate that MCP-1 not only produces long-lasting mechanical hyperalgesia but also induces a state of chronic sensitization to other algogens, by acting at its cognate receptor CCR2, located on IB4+ nociceptors. We also observed that MCP-1 is involved in the induction of persistent muscle pain observed after repeated exposure to stressful stimuli.

# 5.1 MCP-1 acts on nociceptors to produce persistent muscle hyperalgesia

While correlative evidence suggests that MCP-1 is involved in musculoskeletal pain syndromes [7; 19; 41; 67], a direct test of this hypothesis as well as the site of its proalgesic action have been elusive. For instance, MCP-1 acts as a chemotactic agent for monocytes and macrophages that may in turn contribute several inflammatory mediators to the induction of persistent pain [63], and also increases the excitability of nociceptors [13; 39; 66]. On the other hand, intradermal injection of rrMCP-1 produces primary hyperalgesia [16]. In the present experiments we observed a robust fast-onset, and persistent mechanical hyperalgesia. Furthermore, i.t. AS treatment that knocks down CCR2 in DRG neurons [66] markedly attenuated MCP-1 induced hyperalgesia. While there is no consensus regarding the subpopulation of nociceptors expressing CCR2 [13; 66], it is not expressed by dorsal horn neurons [66]. While, some studies have failed to detect the expression of CCR2 [14; 37; 38; 50], others have provided evidence by means of Western blot [61; 65] and immunofluorescence [8; 13; 66; 68] that CCR2 is constitutively expressed in DRG neurons of naïve rats. Furthermore, in vitro electrophysiological studies performed in DRG neurons obtained from control rats have shown that MCP-1, but not vehicle, activates between 6 to 10% of those neurons [57; 62]. And, exposure to MCP-1 induces an increase in intracellular calcium concentration in 5.8 to 7.9% of acutely dissociated DRG neurons from control rats [14]. Finally, recombinant MCP-1 induces a dose-dependent increase in markers of neuronal activation (Fos) in cultured trigeminal ganglion neurons, which is sensitive to a CCL2 neutralizing antibody [65]. These observations support the suggestion that functional CCR2 is constitutively expressed in sensory neurons. And, since MCP-1 was injected into the gastrocnemius muscle, the only cell at the site of its injection that was exposed to the AS is the sensory neuron innervating that muscle. While the contribution of a potential indirect effect of MCP-1 cannot be completely excluded in these results, our observations indicate that the exposure of skeletal muscle nociceptors to MCP-1 is sufficient to produce mechanical hyperalgesia.

Several mechanisms can contribute to MCP-1 induced mechanical hyperalgesia; for instance, acting through a pertussis toxin-sensitive mechanism, MCP-1 rapidly increases the density of Nav type 1.8 currents in dissociated DRG neurons, suggesting a role for  $G_{i/o}$  proteins in the signaling from CCR2 to Nav1.8 [13]. In addition, exposure of DRG neurons to MCP-1 produces a delayed increase in levels of mRNA encoding Nav1.8 [39], likely due to MCP-1/CCR2 activation of the PI3K/Akt pathway, which in turn phosphorylates SP1, a transcription factor that binds the proximal promoter region of the Nav1.8 gene [39]. Of note, Nav1.8 plays an essential role in repetitive firing of nociceptors [25] and Nav1.8 null mice exhibit specific deficits in behavioral responses [1] and dorsal horn neuronal firing [48] to encode noxious mechanical, but not thermal, stimuli. Thus, it is tempting to speculate that

MCP-1 produces acute and persistent muscle mechanical hyperalgesia by acting on Nav1.8 through CCR2 located on the peripheral terminals of nociceptors.

#### 5.2 MCP-1 mediates stress-induced muscle hyperalgesia

One striking feature of musculoskeletal pain syndromes is that they are typically triggered or aggravated by stress [24]. Since stressful stimuli increase plasma levels of pro-inflammatory cytokines [45], including MCP-1 [19], they have been suggested to contribute to chronic widespread pain syndromes [46; 60]. Furthermore, patients affected by chronic widespread muscle pain also exhibit increased levels of MCP-1 [19; 41; 67]. Here we used a stress protocol that is known to increase plasma levels of pro-inflammatory cytokines, including MCP-1 [27], to assess the role of MCP-1 in the relationship between stress and pain. Coupling this model to an antisense treatment to knock-down CCR2, the high affinity receptor for MCP-1 in nociceptors, we observed a marked, albeit not complete, inhibition of muscle hyperalgesia induced by stress. This suggests that the muscle pain responses to repeated exposure to stressful stimuli depends on increased circulating levels of MCP-1 acting on CCR2 located in muscle nociceptors. The increased circulating levels of MCP-1 have been reported to depend on qualitative and quantitative changes in gut microbiota induced by the exposure to stressful stimuli [12]. Of note, the plasma levels of many other pro-inflammatory cytokines, such as tumor necrosis alpha (TNFa) and interleukin 6 (IL-6), are also enhanced by stress [5; 12], including in the water avoidance stress model [27]. That there is residual hyperalgesia in AS-treated rats suggests a contribution of these other proinflammatory cytokines observed in water avoidance stress induced muscle pain.

#### 5.3 IB4+ nociceptors participate in MCP-1 induced muscle hyperalgesia

The IB4+ nociceptors play an important role in persistent mechanical hyperalgesia in skeletal muscle [2; 4] and also in cutaneous hyperalgesia induced by MCP-1 [16]. Furthermore, inflammation induced by Freund's adjuvant dramatically increases the expression of MCP-1 in IB4+ nociceptors [34]. We explored the effect of selective destruction of this nociceptor subpopulation, by means of the neurotoxin saporin conjugated to IB4, on MCP-1 hyperalgesia. Our results are in agreement with these previous reports, which have shown that IB4+ nociceptors are necessary for MCP-1 induced hyperalgesia. The mechanical hyperalgesia induced by water stress was equally inhibited by pre-treatment with IB4-saporin.

Previous studies indicate that IB4+ nociceptor-dependent mechanical hyperalgesia is mediated, to some extent, by PKCε. For example, muscle hyperalgesia induced by ergonomic insults is markedly inhibited by AS treatment against to PKCε mRNA expressed by nociceptors [6; 26]. This seems also to be the case for MCP-1 hyperalgesia, since nonselective inhibitors of PKC block the sensitizing effect of MCP-1 on nociceptors [38]. On the other hand Nav1.8, a well-established downstream target for MCP-1/CCR2 cellular signaling [13; 39], is extensively co-expressed with PKCε in nociceptors [64]. Indeed, it has been suggested that the increase in Nav1.8 current density induced by MCP-1 in small-sized DRG cells is mediated by PKCε [13]. And, proalgesic mediators acting on G-protein coupled receptors, like MCP-1, only induce membrane translocation of PKCε in IB4+ nociceptors [32; 42; 58]. Finally, we have provided evidence that versican, a proteoglycan Alvarez et al.

that confers IB4-binding capacity to nociceptors [17], is critical for MCP-1 induced mechanical hyperalgesia [16].

In addition to acute hyperalgesia, either injection of MCP-1 or exposure to water avoidance stress produced a prolonged hyperalgesic response to PGE<sub>2</sub>. This hyperalgesic priming response was markedly attenuated by pre-treatment with IB4-saporin.We have previously shown that cutaneous inflammation and diverse muscle insults produce hyperalgesic priming [2; 4; 26; 36]. In this phenomenon, a local injection of PGE<sub>2</sub> produces, in addition to short-lasting cAMP/PKA dependent hyperalgesia, a PKCε-dependent abnormally prolonged mechanical hyperalgesia [53]. Hyperalgesic priming is mediated by neuroplastic changes in IB4+ nociceptors, since their destruction abolishes priming [2; 4; 36]. Indeed, IB4+ nociceptors selectively express cytoplasmic polyadenylation element binding protein (CPEB), a mediator that plays a key role in both the induction of hyperalgesic priming [15].

In summary, MCP-1 induces long lasting muscle hyperalgesia and a state of latent chronic sensitization to other algogens, hyperalgesic priming, by action on its high affinity receptor, CCR2, located on the peripheral terminals of IB4+ nociceptors. Since MCP-1 was also shown to be involved in stress-induced persistent muscle pain, therapies targeting MCP-1 or CCR2 may be helpful for the treatment of chronic musculoskeletal pain.

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#### Figure 1.

MCP-1 induces muscle hyperalgesia and hyperalgesic priming dependent on IB4+ nociceptors. (**A**) Effect of a single injection of rrMCP-1 (1-1000 ng/20 µl, n=6/group) into the gastrocnemius muscle. The dotted line indicates the average mechanical nociceptive threshold observed in naïve rats. (**B**) Effect of PGE<sub>2</sub> (1 µg/20 µl) injected into the gastrocnemius muscle of rats previously with rrMCP-1 (ng/20 µl, n=6/group) or saline (n=6). (**C**) Effect of treatment with intrathecal IB4-saporin (n=6) on baseline nociceptive threshold compared to control treatment (i.t. saline, n=6), and muscle hyperalgesia induced by i.m. rrMCP-1 (100 ng/20 µl). (**D**) Effect of treatment with intrathecal IB4-saporin and control treatment on PGE<sub>2</sub> (1 µg/20 µl) induced hyperalgesia in rats previously injected with rrMCP-1.

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#### Figure 2.

Water avoidance stress produces a persistent muscle hyperalgesia dependent on CCR2 expressed by IB4+ nociceptors. (A) Effect of intrathecal pre-treatment with IB4-saporin (n=6) or control treatment (saline 20  $\mu$ l, n=6) on water avoidance stress-induced muscle hyperalgesia. (B) Effect of intrathecal IB4-saporin (open circle, n=6) or control treatment (i.t. saline 20  $\mu$ l, n=6, solid circle) on water avoidance stress-induced hyperalgesic priming. PGE<sub>2</sub> (1  $\mu$ g/20  $\mu$ l) was injected into the gastrocnemius muscle of rats previously exposed to water avoidance stress. (C) Effect of CCR2 AS/MM (n=6/group) in water avoidance stress-induced muscle pain. (D) Effect of CCR2 AS/MM (n=6/group) in rrMCP-1 (100 ng/20  $\mu$ l) induced muscle hyperalgesia in naïve rats.