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## Plasmonic Biosensors

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### Abstract

The unique optical properties of plasmon resonant nanostructures enable exploration of nanoscale environments using relatively simple optical characterization techniques. For this reason, the field of plasmonics continues to garner the attention of the biosensing community. Biosensors based on propagating surface plasmon resonances (SPRs) in films are the most well-recognized plasmonic biosensors, but there is great potential for the new, developing technologies to surpass the robustness and popularity of film-based SPR sensing. This review surveys the current plasmonic biosensor landscape with emphasis on the basic operating principles of each plasmonic sensing technique and the practical considerations when developing a sensing platform with the various techniques. The “gold standard” film SPR technique is reviewed briefly, but special emphasis is devoted to the up-and-coming LSPR-based and plasmonically coupled sensor technology.

### Introduction

Plasmonic biosensors can be roughly divided into two classes of sensing platforms: those that use thin metallic films and those that use individual inorganic plasmon resonant nanostructures. Within each class there are many sensing modalities and also there are examples of sensing platforms that combine both classes of sensors. By far the most widely used type of plasmonic biosensor is known to most people simply as “surface plasmon resonance” (SPR), a film based sensor, and has become the “gold standard” for characterizing interactions between biomolecules. However, the spectrum of the types of sensing that can be done with individual plasmon resonant nanostructures, even in combination with film-based sensing, is very diverse. New developments in these types of sensors show promise in terms of delivering the next “gold standard” plasmonic biosensor to market. The focus of this review will not be on figures of merit such as limit of detection and sensitivity —most plasmonic biosensors do not struggle with these— but rather the focus is on the types of plasmonic sensors that have been shown recently and the challenges associated implementing with them into robust sensing platforms. This is of interest because for as much excitement that is generated from plasmonics (*i.e.*, “nanohype”<sup>1</sup>), there are surprisingly few examples of robust plasmonic sensors that have passed the commercialization test.

### PROPAGATING SURFACE PLASMONS

Propagating plasmonic sensors are those that rely on the surface plasmons –collective oscillations of free surface electrons– supported by thin (~50 nm) metallic films. The most common metal film used is gold because it produces SPRs that can be interrogated using

visible wavelengths of light, it is a relatively inert metal (not prone to oxidation), and it can be easily functionalized with molecular linkers through favorable gold-thiol interactions or through adsorption. Excitation of the SPR in the film can be done in several ways, with the most common being the so-called Kretschmann configuration<sup>2, 3</sup> where light is coupled into the gold film by a glass prism that facilitates total internal reflection (TIR) of the input beam at the gold film/air interface (Figure 1a). Though there are other configurations that can excite film SPRs, in all instances a light coupling mechanism is necessary to match the momentum of the incoming photons to the free surface electrons of the gold film and create a SPR. This requirement of film based SPR studies has advantages and disadvantages. The advantage, particularly for the Kretschmann configuration is that the optical path of the sensing platform is totally contained on the backside of the sensor surface, which facilitates the use of flow cells on top of the sensor surface. The disadvantage is the fact that the prism can be a bulky and otherwise difficult optic to incorporate into compact, miniaturized sensing systems.

Film SPR experiments can be classified as angle-resolved or wavelength-resolved SPR, and are differentiated by the type of source used and hence the type of data that is gathered. In angle-resolved SPR the source is a laser, which provides illumination at a single wavelength. In this case the film SPR is detected by scanning the laser illumination angle to find the angle at which the light couples into the film and excites the SPR. Wavelength-resolved SPR is done with a broadband, white light source at a fixed angle, and the monitored sensor signal is the wavelength at which the SPR occurs at the given illumination angle. Both types of SPR produce a strong film SPR peak (Figure 1b), the location of which—either in angle or in wavelength—is tracked over time to indicate changes in the SPR of the film due to the particular sensing mechanism at hand. The SPR peak is seen in raw data as a minimum in the reflected light intensity from the standpoint of the detector, because at the SPR angle or wavelength, light transmission through the TIR optical path is being lost via coupling into the surface plasmons of the film.

The basis of the film SPR sensing mechanism is the fact that the SPR is highly sensitive to the refractive index (RI) of the medium in direct contact with the metal film, which in the case of biosensing is usually an aqueous solution (water, buffer, etc.). Because the SPR sensitivity to RI only extends ~200 nm into solution,<sup>4</sup> SPR sensing is an interfacial sensing technique, meaning that it only detects RI changes that happen close to the metal film surface. The most common sensing SPR sensing experiment is one where a receptor (antibody, aptamer, drug target, etc.) is first immobilized to the film surface using attachment chemistry or physisorption, preferably in a way that does not alter the binding properties of the molecule being immobilized (Figure 1c). After immobilization of this first molecular layer, a baseline response of the SPR instrument is determined, and then the change in the SPR location is monitored over time as a target analyte is introduced, usually via a flow cell, to the functionalized film surface. The SPR response over time (Figure 1d) can be used to determine kinetic parameters of the binding interaction, such as the association and dissociation constants for the receptor-target pair.<sup>4-6</sup> This use of film SPR for biosensing is perhaps the most widespread type of plasmonic biosensing due to the fact that the technology was incorporated into fairly robust, commercially available instruments. Now it is common to find SPR modules meant to interface with commercial ellipsometry

instruments as well. An important advantage of film SPR studies is the fact that the binding interactions can be studied in a label-free format, meaning that once the capture molecule is immobilized onto the sensor surface, no modifications (*i.e.* addition of fluorescent tags, etc.) are necessary to detect binding events that occur on the surface.

Anyone involved in film based SPR biosensing should consider the reviews by Rich and Myszka<sup>5-19</sup> as “must read” material. In a heroic effort, they published annual reviews of all film-based SPR biosensor research (~1000 articles per year) for over a decade (1999 – 2011) during the explosive growth period of SPR. The focus of their reviews is not merely to point out who did what, but to quite humorously educate the field as to how to properly conduct SPR biosensor experiments and analyze the resulting data. Reading through their annual reviews, it becomes apparent that their frustration mounted over time due to what they perceived as poor quality research being published. As a result, towards the end of their tenure they began grading the papers,<sup>18</sup> which makes for an interesting read. Regardless, these reviews point out many examples in the literature of the use of propagating SPRs in films to study binding interactions between receptor-target pairs (antibody/antigen, nucleic acid binding, etc.) and also more general molecular interaction data between molecules of interest (protein-nucleic acid, protein-lipid, cell-ligand, etc.). Furthermore, the review by Gopinath points out many examples of the types of biomolecular interactions typically probed with SPR, including a table of dissociation constants determined using SPR.<sup>20</sup>

Though film SPR is a widely established, robust, and commercially available tool for studying interfacial phenomena, the instrumentation required for film SPR analysis can be considered bulky from the standpoint of miniaturized sensing devices. This is due to the optics required to couple light into the metal film to excite the SPR, the need for temperature control to produce stable SPR signal, and also to the propagation length of the film SPR laterally on the film surface (from a few to hundreds of micrometers,<sup>21</sup>), which sets the lower limit on the size of the sensor surface.<sup>21</sup> For these reasons, it is generally difficult to incorporate film SPR sensors into small, portable, and multiplexed sensing devices that would perform in a lab-on-a-chip setting. That said, however, film SPR studies can exist in a multiplexed format by virtue of multichannel SPR instrument or SPR imaging. In SPR imaging,<sup>4, 22, 23</sup> receptor molecules can be patterned onto a film surface and then SPR imaging can be used to detect binding events from the patterned array, similar to what is accomplished by microarrays that detect binding via fluorescence.

## LOCALIZED SURFACE PLASMONS

Aside from propagating film-based SPR sensing, the other main category of plasmonic sensing is the use of localized surface plasmon resonances (LSPRs). As is the case in nanoscale thin metal films, metal nanostructures that are significantly smaller than the wavelength of incident light upon them can exhibit a SPR, or collective oscillation of the free surface electrons in response to the oscillating electric field of the light. When SPRs are excited in nanoscale 3D objects, such as nanoparticles (NPs), the SPRs are confined by the nanoscale objects, and hence are called LSPRs. Given that LSPR signal is generated from nanoscale objects, LSPR sensing platforms are more amenable to multiplexing and miniaturization than film SPR sensing platforms. This makes LSPR plasmonic sensors an

attractive option for incorporation into miniaturized lab-on-a-chip or point-of-care diagnostic devices. LSPRs of nanoscale objects can be tuned by varying the size, shape, and composition of the NPs.<sup>24, 25</sup> This is advantageous for sensing in biological samples because detection systems can be tuned to use wavelengths that do not overlap with the spectral features of strongly absorbing naturally occurring biological chromophores, such as hemoglobin in blood samples, to improve sensitivity to target analytes. Most LSPR sensors are designed to be RI sensors (Figure 2), analogous to film SPR sensors, however in some cases the LSPRs from plasmon resonant nanostructures are more simply used as visual tags as an alternative to fluorophore tags, or in some cases as therapeutic agents for cancer treatment. Several applications of LSPRs are described in the following subsections.

### Single Nanoparticle Localized Surface Plasmon Resonance Sensors

Single plasmon resonant NPs absorb and scatter incident light at their characteristic LSPR wavelength, which depends on the size, shape, and composition of the NP and also on the dielectric properties of the surrounding medium.<sup>25</sup> The scattering of the LSPR is bright enough that dark field microscopy can be used to identify single plasmon resonant NPs.<sup>25</sup> Though the resolution of optical microscopes is not high enough to image the true size of the plasmon resonant NPs, the color of the scattering from the NPs, or the LSPR wavelength, can be used to transduce changes in RI that are happening near the surface of the NPs<sup>26, 27</sup> (Figure 2). LSPR sensors are similar to film SPR sensors in that they are very sensitive to the RI of the surrounding medium, however, LSPR sensors have dramatically reduced sensing volumes<sup>21, 28</sup> and produce more localized sensor information. This is due to the fact that the LSPRs extend only tens of nanometers into the surrounding medium as opposed to hundreds of nanometers in the case of propagating film SPRs.<sup>28</sup> This reduced sensing volume extends the detection limit of single NP LSPR sensors to the single molecule level<sup>29</sup> (Figure 3), however, care must be taken when developing such sensing experiments to ensure that the binding of target molecule actually happens within the sensing volume as opposed to outside of it. This is a concern especially when the strategy to link receptors to the NP sensors involves bulky molecules.

Single NP LSPR sensing experiments are often designed similarly to film SPR sensing experiments, where a receptor molecule is immobilized to plasmon resonance NPs and then changes in the spectra of the NPs are monitored over time as the receptor molecules bind targets in solution.<sup>30–32</sup> Other examples of single NP LSPR sensing include monitoring nuclease activity on DNA-coated gold NPs<sup>33</sup> and also the development of a plasmonic enzyme-linked immunosorbent assay (ELISA) where enzymes immobilized to NPs catalyze a precipitation reaction on the surface of the NPs, which causes a detectable shift in the LSPR of the NPs.<sup>33</sup>

Though single NP LSPR sensors approach single molecule sensitivity, are label free, and perform similarly to the “gold standard” film SPR platform, the largest drawback of their use is the cumbersome nature of their experimental setup. In most cases a dark field microscope with attached spectrometer is required, and also interrogation of the single NPs is usually done one-by-one (though this is improving with various optical and imaging

techniques<sup>29, 33–35</sup>), so it becomes time consuming to gather enough data for statistical relevance in high-throughput.

### Ensemble Localized Surface Plasmon Resonance Sensors

Perhaps one of the most robust forms of LSPR sensing is transmission LSPR spectroscopy (T-LSPR) or some variant of the technique (Figure 4a). The sensor behaves similarly to a film SPR and single NP LSPR sensors, in that changes in a SPR with changes in refractive index are monitored. Similar to single NP LSPR sensors, T-LSPR signal is produced from very localized sensing volumes near the surfaces of the nanostructures, but instead of only probing one NP at a time, T-LSPR probes hundreds – millions at a time, which makes it a much higher throughput sensing platform. In contrast to film SPR sensors, T-LSPR sensors do not require extensive temperature control for stable signal output due to the smaller sensing volume of NP LSPRs. In its basic form, the T-LSPR sensor is comprised of a high density of plasmon resonant nanostructures immobilized onto a glass slide or similar transparent substrate (Figure 4b). The structures are typically in the form of colloidal NPs immobilized onto the substrate,<sup>36, 37</sup> island-like structures from annealed thin gold films,<sup>38–41</sup> or from nanostructures formed on the substrate by a patterning process.<sup>42–47</sup> The collective LSPR of a large population of the immobilized nanostructures are then interrogated in high throughput by a single optical extinction measurement (loss of light due to absorbance and scattering from the LSPRs) using a simple, collinear optical light path. This configuration is much more convenient than having to use specialized microscopy equipment, as is the case for single NP LSPR studies. In fact most T-LSPR studies are done using standard spectrophotometers, instruments that are ubiquitous in laboratory settings these days, by inserting the ensemble LSPR sensor surfaces into spectrophotometer cuvettes for LSPR measurements.<sup>36, 37, 40</sup> More recent work has demonstrated the ability to do multiplexed T-LSPR<sup>38, 42</sup> (Figure 4c), which should encourage more widespread use of T-LSPR sensors. The success of T-LSPR sensing is perhaps validated by the fact that there are commercial T-LSPR sensing platform available (LamdaGen, Insplorion). A notable variant of T-LSPR where ensembles of immobilized nanostructures are interrogated using high-throughput optical measurements are those done in a reflected optical geometry (*e.g.*, NPs immobilized on paper<sup>48</sup> and also on reflective metal film<sup>49, 50</sup>).

### Plasmon Resonant Nanoparticles as Labels

Plasmon resonant NPs are also commonly used as visual labels in sensing assays in similar ways as fluorophores are used, as it is straightforward to conjugate gold and silver NPs to biomolecules of interest.<sup>51</sup> The LSPRs of plasmon resonant NPs produce extremely large scattering cross-sections, and hence can be considered in some ways superior to commonly used fluorophore-based visualization in many types of sensing assays. The scattering from plasmon resonant NPs is not susceptible to photodegradation over time, as are fluorophores, and so degradation of signal with extended illumination time when using plasmon resonant NPs as tags is not a concern.<sup>51, 52</sup>

As discussed above, the scattering from plasmon resonance NPs can be so bright that single NPs can be seen using dark field microscopy, a feature that has been used to create a sensitive immunoassay similar to an ELISA called a plasmon-resonant immunosorbent

assay (PRISA).<sup>52</sup> This PRISA differs from the plasmonic ELISA described above in the single NP LSPR section in that the sensing mechanism is not based on changes in RI near the NPs. Here, NPs are linked to antibodies and simply serve as a bright, unbleachable optical tag to indicate target binding by establishing a relationship between the number of NPs immobilized to a sensor surface by the assay and the target concentration.

It is also possible to visualize ensembles of NPs by eye, which makes their use as tags applicable to sensing assays where simple visual readout is accomplished without magnification optics or filters. Many strategies have been reported for colorimetric visual-readout sensors using plasmon resonant NPs as tags,<sup>53–55</sup> but perhaps the most common and successful example is the lateral flow assay<sup>56, 57</sup> (e.g. a pregnancy test). These work by first depositing a sample solution onto a chromatographic membrane strip, after which the sample flows via capillary action through a region of the membrane containing antibody-labeled NPs. These NPs are carried with the sample solution to a region further along on the membrane strip that contains immobilized secondary antibody for the antigen of interest (Figure 5a). When antigen is present in the sample solution a dark line appears on the strip in a pre-determined location due to immobilization of the plasmon resonant NPs. The result can be a simple “yes/no” indication of the presence of an analyte, or in some cases it can be semi-quantitative (Figure 5b). These colorimetric detection schemes using plasmon resonant NPs make for extremely cost effective, easy-to-use diagnostic tests. A drawback is that it can be challenging to get good, quantitative data from visual-only detection. This can be improved by using imaging or simple spectroscopy techniques to quantify scattering intensity.

### Plasmon Resonant Nanoparticles Cancer Therapeutics

Plasmon resonant NPs are also implemented in cancer therapy techniques.<sup>58</sup> Since NPs are easily conjugated to biomolecules of interest and, in the case of gold NPs in particular, are considered to be fairly inert and biocompatible, their use in targeting cancer cells has been explored. Plasmonic photodynamic therapy is an example where plasmon resonant NPs are localized to cancerous tumor cells and then are heated, by virtue of absorption of illumination light at their LSPR wavelength, to an extent that the excess heat promotes cancer cell death.<sup>59–62</sup> In other cases the NPs are used as carriers of drug molecules (such as silencing RNA<sup>63</sup>) to tumor cells to inhibit tumor cell growth. Once NPs are localized to tumor cells, the drugs conjugated to their surface can be released by intense illumination at the NP LSPR wavelength and subsequently promote cell death within the tumor.<sup>63</sup> Plasmon resonant NPs are also used to enhance various types of biomedical imaging techniques for *in vitro* cancer studies. This topic is detailed more in depth in a separate *WIREs Nanomedicine & Nanobiotechnology* review article by Tuan Vo-Dinh.<sup>64</sup>

### PLASMONIC NANOPORES

The use of plasmonic nanopores in thin metal films for sensing combines characteristics of propagating SPR and LSPR sensing. Plasmonic nanopore sensing is based on the extraordinary optical transmission (EOT) that exists when nanopore arrays are illuminated, an effect that arises from the excitation of plasmonic modes defined by the grating orders of the pore array.<sup>65</sup> The EOT can serve as a sensor by either monitoring the intensity changes of light

passing through pores<sup>66</sup> or by monitoring shifts in the spectrum of the light transmitted through the pores, as the spectra are sensitive to the size/shape of the pores, the dimensions of the pore array, and also to any changes in the local refractive index<sup>67</sup> (*e.g.*, target binding events,<sup>68</sup> Figure 6d–f) that occur near or in the pores. Since the pores are nano-sized plasmonic features, they can also exhibit LSPRs with RI sensitivity as described above and hence can be used similarly to LSPR RI sensors.<sup>69, 70</sup>

Sensing with plasmonic nanopores is one of the most exciting plasmonic prospects for incorporation into miniaturized, self-contained sensing devices<sup>65</sup> (Figure 6b and 6c) several reasons. First, pores can be interrogated with a simple collinear optical configuration with few optics,<sup>65</sup> and hence instrumentation required does not have to be complex. Second, pores are nano-sized, which means that they align well with miniaturized detection systems that can support multiplexing,<sup>71</sup> because many dense nanopore arrays can be integrated into small, chip-sized sensors. Third, nanopore arrays are fairly easy to create with standard patterning processes. Fourth, the use of pores as a sensing element enables flow-through studies<sup>72</sup> that can improve limits of detection in cases where sensing is otherwise mass-transport limited. This is especially important for detection of extremely low concentration analytes. Flow through studies also enable the interrogation membranes suspended over the pores, such as lipid bilayers containing membrane proteins.<sup>73</sup>

## PLASMON COUPLING

Another major class of plasmonic biosensors makes use of plasmon coupling to transduce sensing output. When surface plasmon supporting surfaces are in close proximity to each other (typically less than ~50 nm), their surface plasmons can become coupled, which dramatically impacts the spectral signature from the surfaces.<sup>74</sup> This section discusses the various ways in which plasmonic coupling can be used for biosensing.

### Plasmonically Coupled Nanoparticle Assemblies as Plasmon Rulers

A classic example of plasmon coupling in sensing is the use of the plasmon ruler to detect DNA. To do so, two plasmon resonant NPs are first linked together using single stranded or hairpin DNA<sup>75–77</sup> to create a NP dimer (Figure 7a), which displays a dramatically red-shifted, plasmonically coupled LSPR relative to that of the individual NP LSPRs. If the separation distance between the NPs is increased by a stimulus, the coupled LSPR blue shifts in a distance-dependent manner. This effect is used to detect DNA by subjecting the single stranded DNA-linked NP dimers to a DNA target complementary to the DNA NP linker, and as the DNA strands hybridize the separation distance between the NPs increases due to the increased persistence length and rigidity of the double stranded DNA. This separation is detected as a blue shift from an individual NP dimer, visualized using dark field microscopy (Figure 7b). Since the initial demonstration of a DNA linked plasmon ruler<sup>75</sup> the concept of the plasmon ruler has been well-studied both experimentally and theoretically,<sup>78–83</sup> and so it is possible to precisely calibrate the distance dependent LSPR shifts with NP separation distance, which enables the use of plasmon rulers as metrology sensors.

Plasmon rulers are attractive as sensors because they can achieve Angstrom scale, atomic bond length distance sensitivity,<sup>84</sup> which can be exploited similarly to Förster Resonance Energy Transfer (FRET) based sensors where subtle molecular structural changes can be detected. The advantages of plasmon rulers over FRET rulers are that plasmon ruler signal output arises from bright plasmonic scattering that does not photobleach as do fluorophores<sup>52</sup> and also that plasmon rulers can be tuned for distance sensitivity spanning greater distances than is possible with FRET rulers.<sup>75</sup> Also, an advantage of plasmon rulers over SPR and LSPR sensors described in the previous sections is their potential for increased sensitivity to small molecules, which would pose a problem for LSPR and SPR sensors due to their small impact on local RI, but would be easily detected as a distance change by plasmon rulers.

The largest challenge to using plasmon rulers in sensing platforms is developing efficient ways to reliably fabricate the plasmon rulers and also to characterize their sensor output signal in high throughput. Assemblies of plasmon resonant NPs, where many NPs are linked together, can be used as plasmon ruler sensors and can be fabricated fairly efficiently in solution using self-assembly via molecular linkers.<sup>85–89</sup> These plasmon rulers can be characterized in high throughput using ensemble optical measurements or colorimetric detection by eye, but their utility in biosensing is limited by the fact that colloidal solutions easily destabilize with changes in salt concentration or the addition of other biomolecules such as protein or DNA. Though salt induced flocculation of colloidal solutions has been used successfully for colorimetric detection of proteins and cells,<sup>90</sup> this issue of stability makes it challenging to use colloidal assemblies in direct contact with biological fluids like serum or blood.

A way to avoid colloidal flocculation with plasmon ruler sensors is to immobilize them onto substrates, after which the substrates can be exposed to biological samples and the plasmon rulers remain stable and active as sensors. This can be done by first creating the plasmon ruler assemblies in solution<sup>91</sup> and optionally purifying them<sup>83, 92, 93</sup> before immobilizing them, or by building the plasmon ruler assemblies using a bottom-up process whereby stabilized single NPs are first immobilized to the surface, then functionalized to bind a second set of NPs, and then exposed to the second set of NPs to create surface bound plasmon rulers.<sup>75–77, 94–96</sup> Both methods suffer from low plasmon ruler fabrication efficiency and often times the result is that individual plasmon rulers must be identified one-by-one among a large background population of single NPs or unwanted NP aggregates using a dark field microscope.<sup>77, 78</sup> This can limit the throughput of the sensor because it becomes cumbersome to build a set of data from a large population of active plasmon rulers. That said, however, there are examples of successful sensors where high-throughput ensemble measurements are made from coupled NP assemblies (*e.g.* detection of protease activity<sup>96</sup> and polymer swelling<sup>97, 98</sup>). These cases typically do not transduce accurate distance changes between the plasmon ruler reporters because of the heterogeneity of the sensor fabrication, but through plasmon coupling they transduce meaningful sensor data nevertheless. Furthermore, NP dimer and NP assembly plasmon rulers immobilized onto substrates have been used in other studies, despite the disadvantages in fabrication efficiency and throughput, to successfully detect DNA<sup>75–77, 95, 99</sup> and protein<sup>94</sup>; and to monitor



molecular structural changes<sup>92</sup> and ribonuclease activity.<sup>93</sup> Plasmon rulers are also being incorporated into a specialized imaging technique called plasmon coupling microscopy,<sup>100</sup> which has been used to study expression levels of proteins on cell surfaces.<sup>101, 102</sup>

### Film Coupled Nanoparticles as Plasmon Rulers

In addition to surface plasmon coupling between NPs, it is also possible for NP localized surface plasmons to couple to surface plasmons supported by nearby thin metallic film. In this case the film (usually gold or silver) serves to create an image dipole (analogous to a mirror reflection, Figure 8a) that recapitulates the effect of two “real” metal NPs that are physically separated in space.<sup>103</sup> Similar to the case of coupled NP-dimers, this NP-film coupling mechanism can also act as a plasmon ruler.<sup>84, 103–108</sup> This was demonstrated by creating increasingly thick molecular layers on the gold film (Figure 8b), onto which gold NPs were deposited. The LSPRs of the NPs blue shifted dramatically as the NP-film separation distance increased (Figures 8c and 8d).

The NP-film plasmon ruler has potential advantages over the NP dimer/assembly plasmon rulers described in the section above, because NP-film plasmon rulers are created with 100% yield (Figures 8e–h) by a simple process of depositing NPs onto the film using a molecular spacer layer that typically is formed on the film beforehand. This fabrication process is capable of creating billions of identical plasmon rulers over very large surface areas (coverage of full microscope slides is easily accomplished). This high fabrication efficiency enables the use high-throughput optical measurements where millions of rulers are interrogated with a single optical measurement from a spectrophotometer,<sup>84, 105, 106, 108</sup> thus eliminating the need to identify and characterize rulers one-by-one using microscopy. The ability to use ensemble measurements increases the throughput, precision, and accuracy of the plasmon ruler sensor. As a result of these advantages of the NP-film plasmon ruler the extremes of plasmon coupling have been characterized<sup>84, 106</sup> by placing NPs extremely close to gold film (as close as 5 Angstroms) using ultrathin molecular spacer layers; a feat that remains challenging for NP dimer based plasmon rulers but is relatively simple to do with NP-film plasmon rulers. In this “extreme coupling” plasmon ruler regime, the plasmon ruler is capable of discerning distances on the order of atomic bond lengths by displaying a spectral shift of 5 nm for every 1 Angstrom change in distance.<sup>84</sup> The advantages of the NP-film plasmon ruler suggest that it will enable the development of more robust biosensors that utilize plasmon ruler technology.

### Film Coupled Nanoparticles for Enhanced Surface Plasmon Resonance

While the above discussion focuses on NP-film plasmonic coupling from the standpoint of the NP LSPR, it is also possible to take advantage of the coupling effect from the standpoint of the film SPR by interrogating the film SPR using TIR illumination, as described above in the Propagating Surface Plasmons section. This strategy is often called “enhanced SPR”<sup>109–111</sup> and involves immobilizing NPs to planar gold film to produce enhanced film SPR sensitivity to RI. Enhanced SPR has been used to detect the binding of target molecules,<sup>112, 113</sup> protein conformation changes,<sup>114, 115</sup> and polymer layer actuation.<sup>116</sup> In many instances of enhanced SPR, the film SPRs are interrogated in an angle-resolved SPR configuration using only a single wavelength, and hence it is sometimes unclear as to

whether the detected signal is from the film SPR, the NP LSPR, or a combination of the two. Recently the role of NP LSPRs in NP-film coupling responsible for enhanced SPR has been characterized.<sup>105</sup> This study showed that when using wavelength-resolved SPR at an optimal TIR illumination angle, it is possible to observe both the film SPR and the NP LSPR –two different sensor signals; the film SPR transducing RI and the NP LSPR being a plasmon ruler– in the same spectrum. The NP LSPR component of the spectrum was used to deduce distance changes between the NPs and film in response to an applied electric field, by virtue of the NP-film plasmon ruler effect. Additionally, Hong and Hall recently reported a nice study aimed at clarifying distance-dependence of the contribution of film coupled NPs to the enhancement of the film SPR signal.<sup>117</sup>

## FIELD ENHANCEMENTS

Another modality of plasmonic sensing arises from the fact that light incident on plasmon resonant nanostructures interacts with the LSPRs of the nanostructures to create very small regions near the nanostructure surface where electromagnetic fields become enhanced relative to the incident illumination. The magnitude of the enhancement depends on how tightly confined the enhanced fields are in space. For example, nanostructures with sharp corners<sup>118–120</sup> or nearly touching NP dimers<sup>121–123</sup> are known to create very large, highly localized field enhancements. These field enhancements can be large enough to stimulate surface enhanced Raman scattering<sup>124</sup> (SERS) —inelastic scattering from molecular vibrational modes— from molecules located within the field-enhanced region. This scattering contains chemically specific information that can be used to identify target molecules in samples,<sup>125, 126</sup> which is advantageous for sensing. However, it is more common to see SERS based sensors that track specific peaks in SERS spectra from known reporter molecules as the signal transduction mechanism. An example of such a mechanism is illustrated by Driskell *et al.*<sup>127</sup> in a manner similar to a sandwich immunoassay where a gold film is labeled with antibody that binds antigen, which is then labeled with gold NP that is conjugated to secondary antibody along with a Raman reporter. When antigen is present, the gold NP with Raman reporter binds to the gold film, which places the Raman reporter in a field-enhanced hot spot that enables spectral detection of its unique Raman signature.

SERS sensors are especially attractive because of the potential for chemically specific detection and because the enhanced fields can effectively improve limits of detection (single molecule detection is possible<sup>122, 128</sup>) and sensitivity, but SERS sensors are still limited by the difficulty in creating reproducible and uniform SERS hot spots, especially for miniaturized lab-on-a-chip type devices. Hot spots created by NP assemblies<sup>129</sup> or forced NP aggregation<sup>130–132</sup> are generally used to create hot spots, but these methods are fairly inefficient and uncontrollable in terms of producing a high yield of uniform hot spots. Interestingly, a SERS microfluidic device using salt induced aggregation to create SERS hot spots for drug detection in saliva was recently demonstrated.<sup>125</sup> Other examples of SERS sensors are tumor targeting and detection,<sup>133</sup> microRNA detection,<sup>126</sup> DNA detection,<sup>134, 135</sup> leukemia marker detection,<sup>136</sup> and immunoassays.<sup>137</sup>

A more uniform way to create field-enhanced uniform hot spots is to use the coupled NP-film platform described above.<sup>104, 138–146</sup> This platform offers an extremely high degree of

control over the separation distance between the NPs and film, even down to the Angstrom level, and so it is possible with this system to efficiently create large quantities of uniform hotspots. For example, electrostatically immobilizing gold NPs to a gold film using a thin molecular spacer layer resulted in a SERS hot spot in-between every film-coupled NP;<sup>104</sup> hot spot formation with 100% yield (Figure 9). This NP-film SERS platform has enabled various types of biosensing demonstrations, with a few examples being the detection of viral pathogens,<sup>147</sup> DNA,<sup>142</sup> antibody-antigen interactions,<sup>127</sup> adenosine,<sup>140</sup> and polymer actuation.<sup>139</sup>

SERS sensors remain an active topic in plasmonic biosensing as well as theranostics, photothermal therapy, and biomedical imaging applications. All of these topics are discussed in more detail in a related *WIREs Nanomedicine & Nanobiotechnology* review by Tuan Vo-Dinh.<sup>64</sup> Another related review by Punj *et al.*<sup>148</sup> discusses how plasmonically enhanced fields can enhance fluorescence for biosensing applications.

## Conclusion

The field of plasmonic biosensors remains innovative and continues to produce good prospects for robust sensing platforms. The propagating film SPR platform is perhaps still the most successful plasmonic sensing device to date, but the platforms being developed that utilize LSPRs for RI sensing are up-and-coming as their performance is now well-characterized and established. Newer sensing platforms being developed with plasmonic nanopore and plasmon coupling technologies also show a lot of promise. The nanopore platform has unique characteristics, such as the ability utilize flow-through studies and simple optical design, that make it especially well suited for miniaturized lab-on-a-chip devices. The plasmon coupling and field-enhanced technologies truly push the extremes of sensitivity for optical biosensors. The future of these technologies for sensing will likely depend on gaining control over the nanoscale assemblies so as to be able to tap into these sensitivity extremes with high efficiency. The overall outlook for new plasmonic biosensors remains positive; as these sensors have the unique ability to produce nanoscale, single molecule information using, in many cases, relatively simple and widely available optical instruments.

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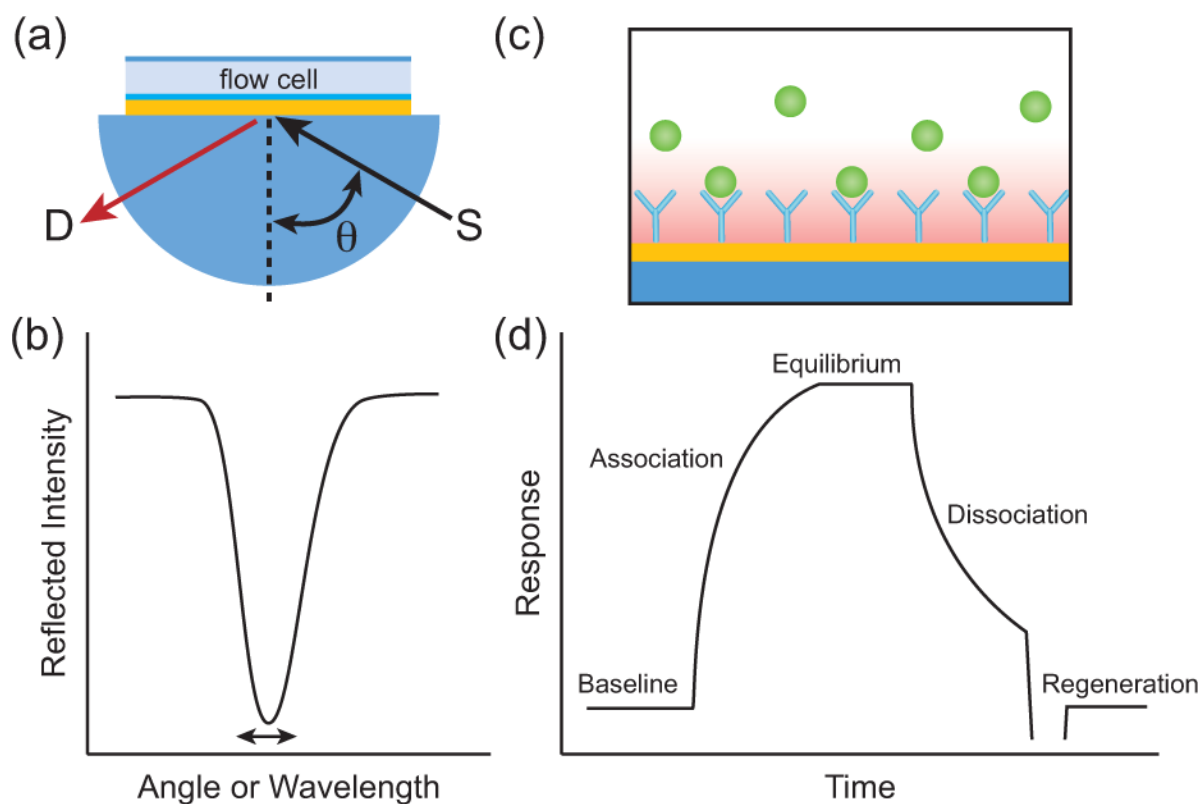
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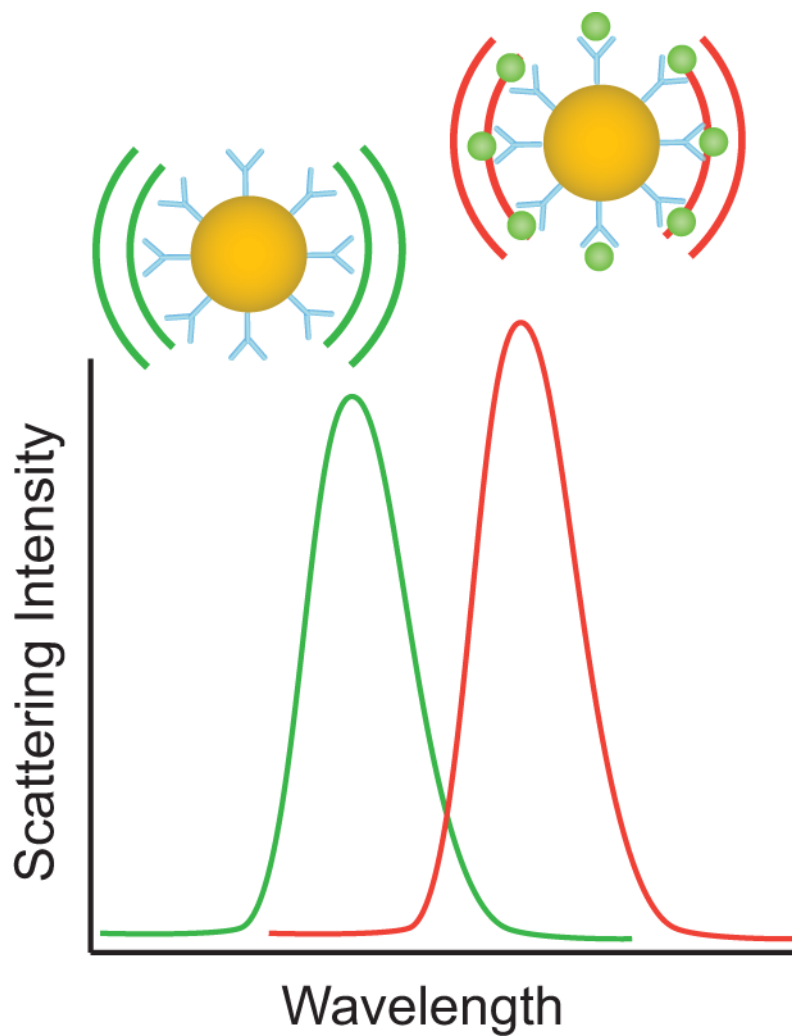
### Further Reading/Resources

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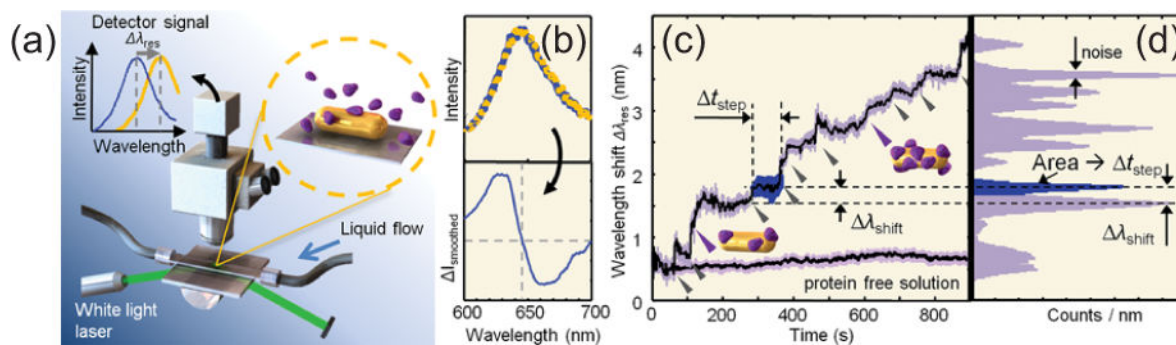


**Figure 1.**

A surface plasmon resonance (SPR) can be excited in thin gold film using the Kretschmann configuration (a, S: Source, D: Detector) and detected as a sharp decrease in the intensity of the reflected beam occurring at the SPR angle or wavelength (b). Film SPR is often used to study biomolecular interactions (c). Target analyte binding by the film-immobilized receptors is detected by a shift in the film SPR. This SPR shift can be monitored over time as target analyte is introduced into the flow cell and then washed away. Kinetic parameters describing the molecular interaction can be calculated from the resulting SPR sensorgram (d, Reproduced with permission from Ref 6. Copyright 2000 Elsevier)

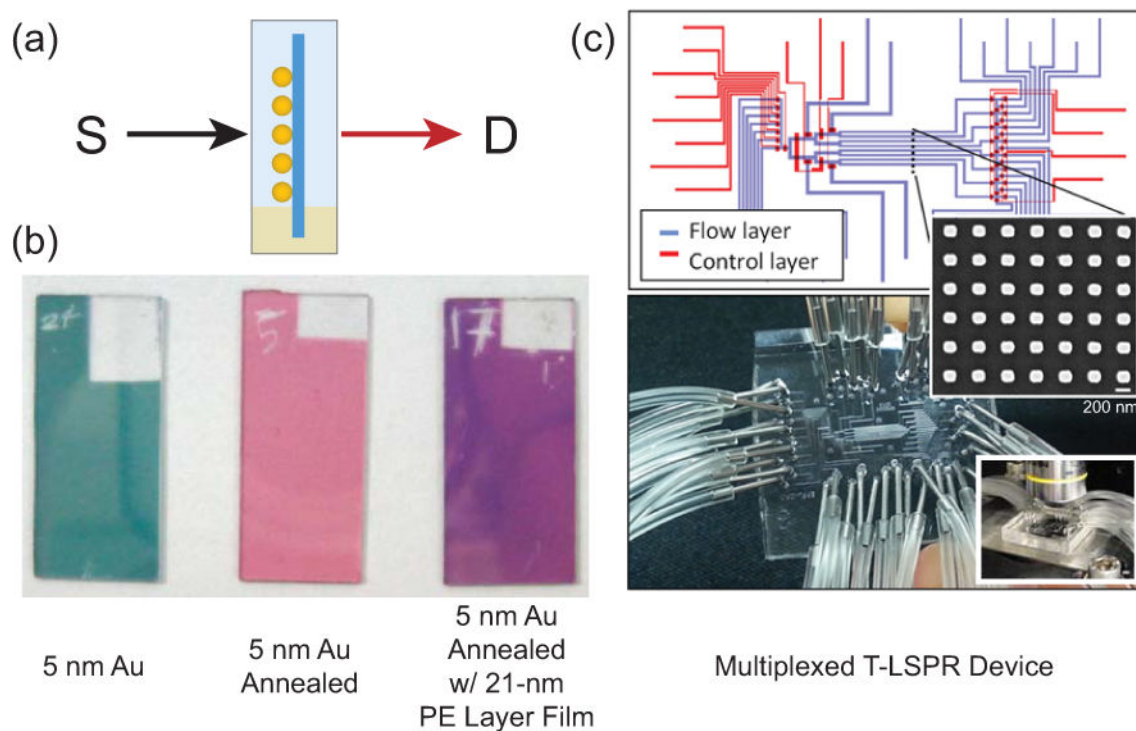


**Figure 2.** Localized surface plasmon resonances (LSPRs) from plasmon resonant nanoparticles (NPs) are sensitive to the refractive index of their surroundings. A plasmon resonant NP functionalized with receptor molecules will display a red shift in the scattering spectrum of its LSPR as it binds target analyte.



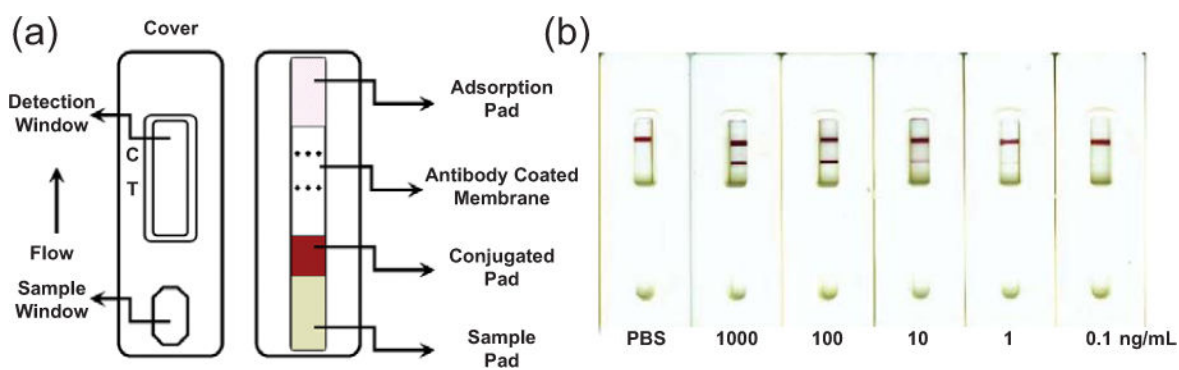
**Figure 3.**

Single nanoparticles (NPs) can be spectroscopically characterized using a dark field microscope (a). The localized surface plasmon resonance (LSPR) of a NP shifts when protein attaches to the surface of the NP (b). This LSPR shift was tracked over time to reveal step-wise attachment of single proteins to the NP being analyzed (c, d). Reprinted with permission from Ref 29. Copyright 2012 ACS.



**Figure 4.**

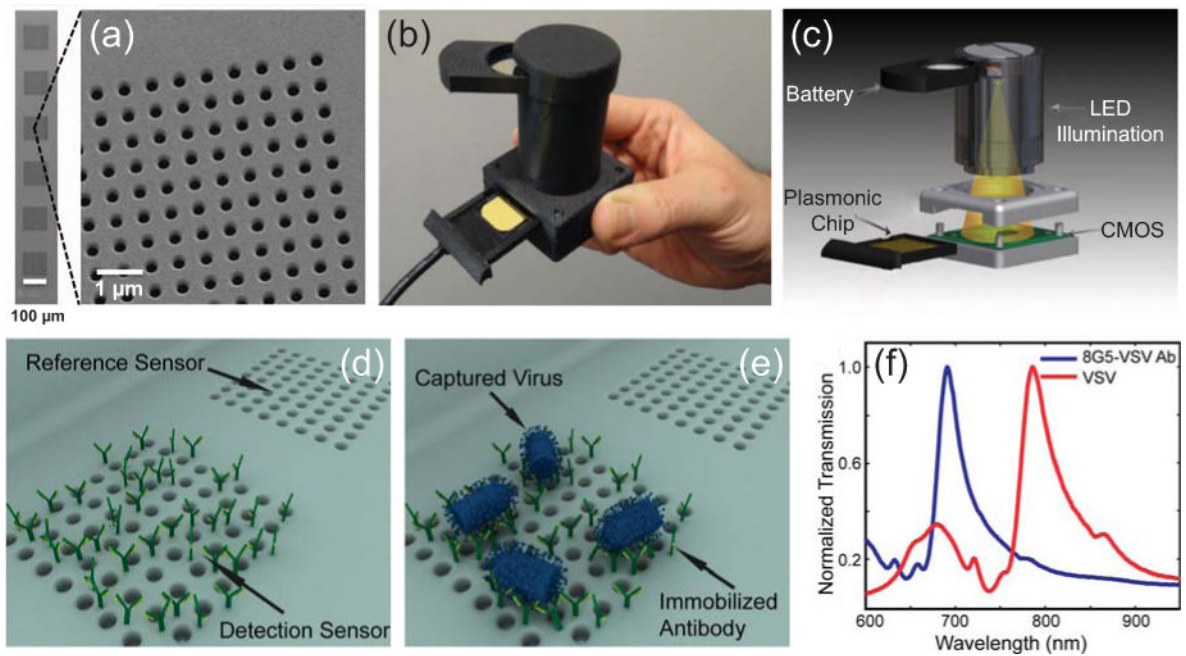
A transmitted localized surface plasmon spectroscopy (T-LSPR) measurement is depicted in (a, S: Source, D: Detector) as an extinction measurement, where the collective LSPR of an ensemble of plasmon resonant nanoparticles (NPs) immobilized on a transparent substrate is measured using a spectrophotometer and a collinear optical path. The photo in (b) gives a visual representation of a simple T-LSPR experiment. Glass slides with immobilized gold nanoisland films show drastic color changes with annealing of the gold coating and addition of polymer layers to the nanoislands (Reprinted with permission from Ref 39. Copyright 2014 ACS) A multiplexed T-LSPR device is shown in (c) that contains microchannels for delivery of solutions to separate T-LSPR sensing arrays (Adapted with permission from Ref 42. Copyright 2014 ACS).



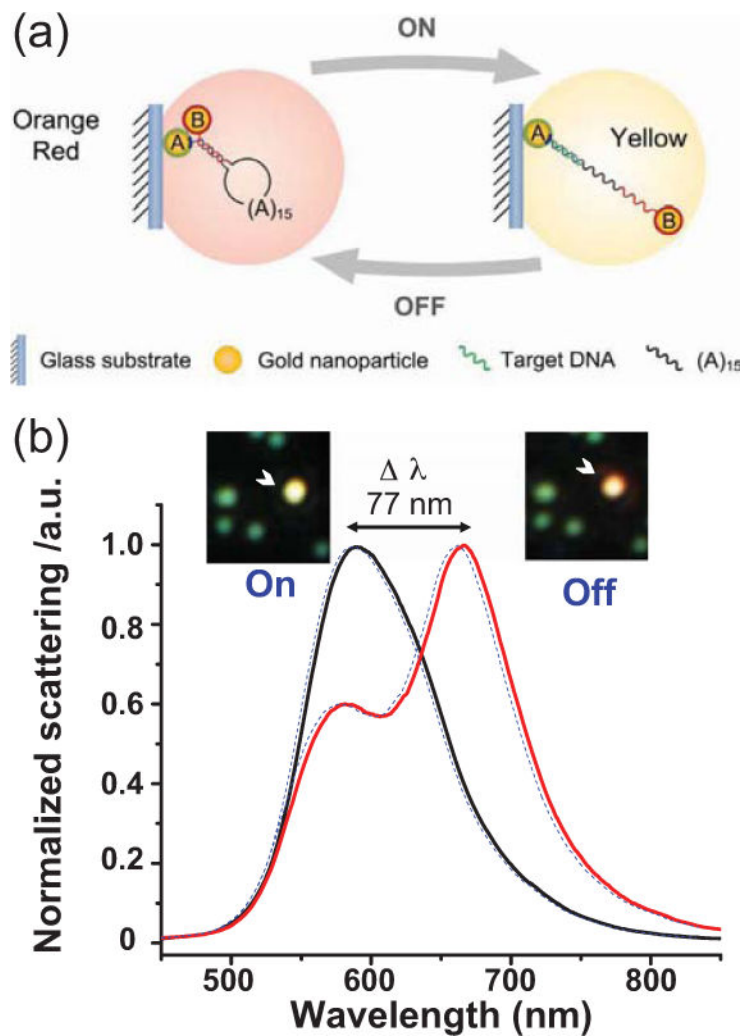
**Figure 5.**

A lateral flow assay using colloidal gold for colorimetric, visual detection is depicted in (a, C: Control, T: Test). The assay demonstrated a qualitative increase in signal in the Test region with increasing target concentration (b). Adapted with permission from Ref. 56. Copyright 2010 Elsevier.

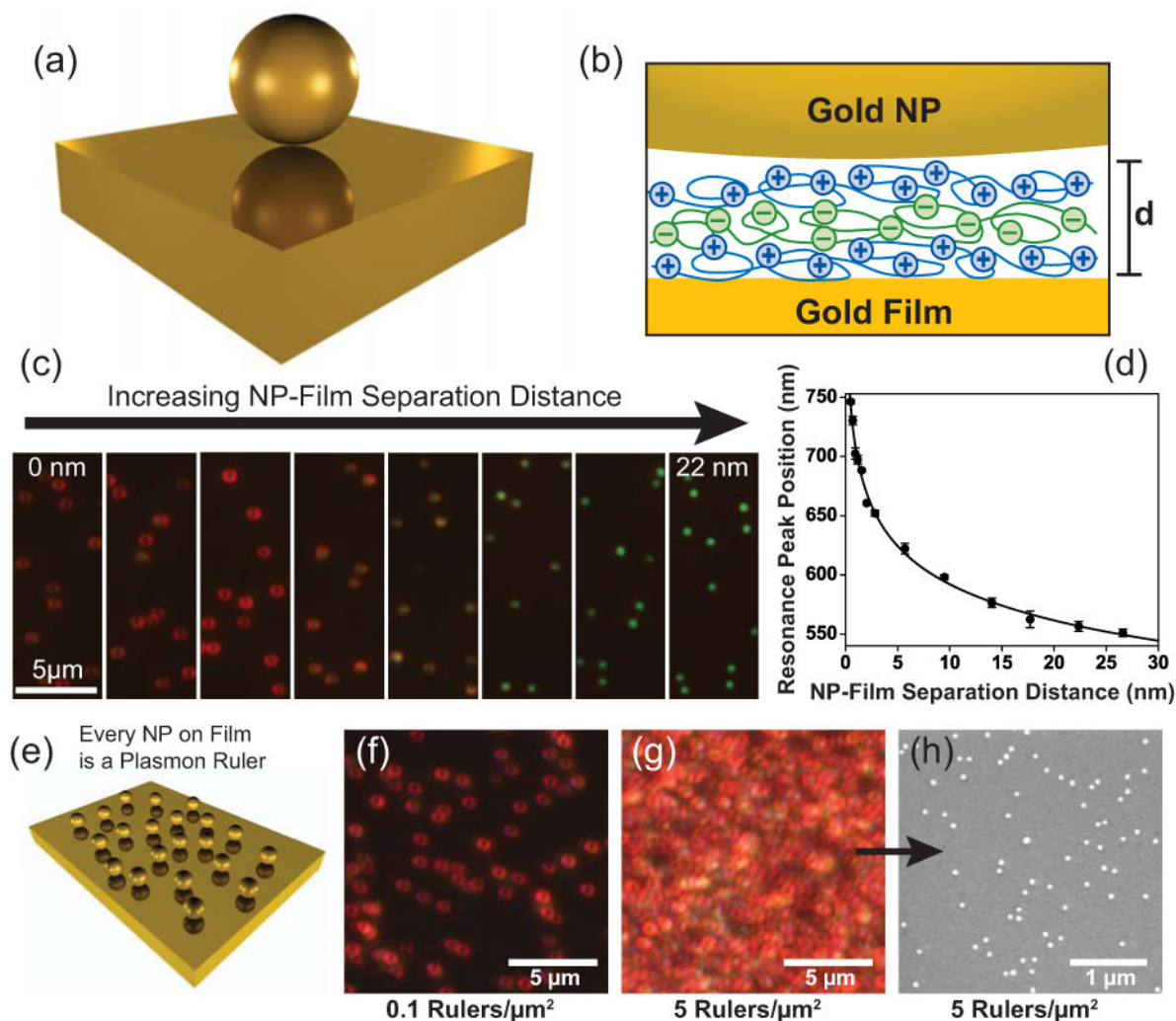




**Figure 6.** Plasmonic nanopores (a) exhibit extraordinary optical transmission (EOT) when illuminated collinearly due to excited plasmonic modes defined by the grating order of the nanopore array. A handheld miniature nanopore array sensing device is shown in (b and c). An example of nanopore sensing is shown in (d–f) where the presence of a virus (red plot) is detected by a shift in the wavelength of the EOT from a nanopore sensing array containing antibodies targeting the virus (blue plot). (a–c) Adapted with permission from Ref 65. Copyright 2014 NPG. (d–f) Adapted with permission from Ref 68. Copyright 2010 ACS.

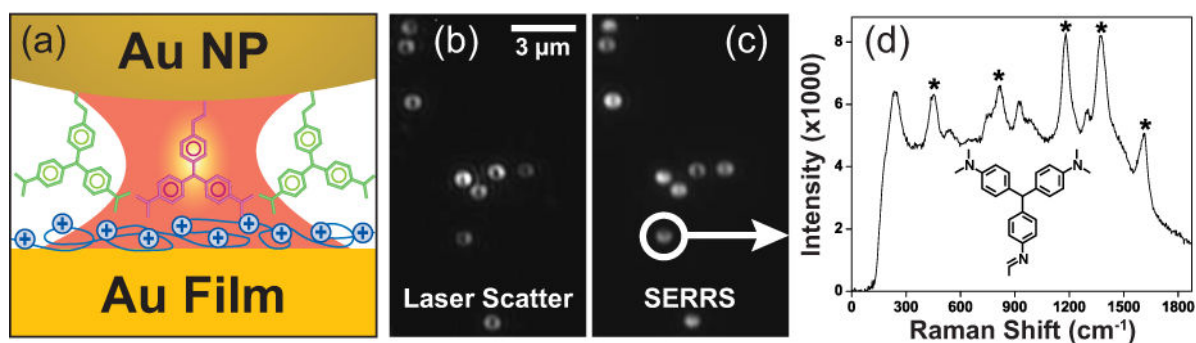


**Figure 7.** A plasmonically coupled nanoparticle (NP) dimer designed to detect DNA is depicted in (a). When target DNA is present the separation distance between the NPs increases and produces a blue shift in the coupled localized surface plasmon resonance of the NP dimer (b). The NP dimer in the inset dark field images (b) is indicated by an arrow. Reproduced with permission from Ref 77. Copyright 2013 Wiley.



**Figure 8.**

A gold nanoparticle (NP) can become plasmonically coupled to nearby gold film, which can be conceptualized optically by the formation of a virtual NP dimer with one half of the dimer being an effective mirror image of the real NP above the film (a). Molecular spacer layers (b) are used to control the nanoscale separation distance between the NPs and film. As the NP-film separation distance increases a blue shift in the film-coupled NP localized surface plasmon resonance (LSPR) occurs, which is characteristic of a plasmon ruler (c, d). NP-film plasmon rulers are created efficiently with 100% yield (e, f), and so it is possible to create a high density of plasmon rulers over a large surface area (g, h) for characterization with ensemble spectroscopic measurements. Adapted with permission from Refs. <sup>84, 103, 104, and 105</sup>. Copyright 2008, 2010, 2012 ACS.



**Figure 9.**

Gold nanoparticles (NPs) in close proximity to gold film create localized regions of field enhancement that can be used for stimulated surface enhanced resonance Raman scattering (SERRS, a). The NP-film SERRS hot spots are generated with 100% yield as is indicated by the fact that each NP in the laser scatter image also appears in the SERRS image (b). A SERRS spectrum with characteristic peaks from a Raman reporter molecule can be collected from each film-coupled NP (c). Adapted with permission from Ref 104. Copyright 2010 ACS.