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Impaired circadian photosensitivity in mice lacking glutamate transmission from retinal melanopsin cells

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Abstract

Intrinsically photoreceptive retinal ganglion cells (ipRGC) contain the photopigment melanopsin and convey retinal light inputs to the circadian system via the retinohypothalamic tract (RHT) projection to the suprachiasmatic nucleus (SCN). The principal neurotransmitter of this projection is glutamate, and ipRGCs use the vesicular glutamate transporter 2 (VGLUT2) to package glutamate into synaptic vesicles. However, these neurons contain other potential neurotransmitters, such as PACAP. To test the role of glutamate in mediating ipRGC light inputs into the SCN, we crossed mice in which Cre-recombinase expression is driven by the melanopsin promoter (Opn4^{Cre/+}) with mice in which the second exon of VGLUT2 is flanked by loxP sites (VGLUT2^{fl/fl}), producing ipRGCs that are unable to package glutamate into synaptic vesicles. Such mice had free-running circadian rhythms that did not entrain to a 12:12 light-dark (12:12 LD) cycle, nor did they show a phase delay after a 45 minute light pulse administered at circadian time (CT) 14. A small subset of the mice did appear to entrain to the 12:12 LD cycle with a positive phase angle to lights-off; a similar entrainment pattern could be achieved in free-running mice if they were exposed to a 12:12 LD cycle with light of a greater intensity. Glutamate transmission from the ipRGCs is necessary for normal light entrainment of the SCN at moderate (0.35 W/m²) light levels, but residual transmission (possibly by PACAP in ipRGCs or by other RGCs) can weakly entrain animals, particularly at very high (6.53 W/m²) light levels, although it may be less effective at suppressing locomotor activity (light masking).

Keywords

Retina; suprachiasmatic nucleus (SCN); melanopsin; vesicular glutamate transporter 2 (VGLUT2); light entrainment; masking

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INTRODUCTION

Retinal light inputs synchronize or entrain the suprachiasmatic nucleus (SCN), the brain's master circadian timekeeper, to the environmental light-dark cycle (Moore *et al.*, 1995; Abrahamson & Moore, 2001; Berson *et al.*, 2002; Pickard *et al.*, 2002). In the retina, a subclass of ganglion cells that are intrinsically photoreceptive (ipRGC) due to the expression of the photopigment melanopsin provide light input to the SCN, via the retinohypothalamic tract (RHT) (Gooley *et al.*, 2001; Hannibal *et al.*, 2002; Hattar *et al.*, 2002). Numerous anatomical studies suggest glutamate as the primary RHT neurotransmitter (Moffett *et al.*, 1990; van den Pol, 1991; Castel *et al.*, 1993; de Vries *et al.*, 1993), but these same cells also express pituitary adenylate cyclase activating polypeptide (PACAP) and might contain smaller amounts of other co-transmitters (Morin & Allen, 2006). SCN neurons express both AMPA and NMDA glutamate receptors as well as PAC1 PACAP receptors, each of which exerts an excitatory influence on SCN neuronal activity. Glutamate agonists mimic the effects of light on free-running circadian rhythms *in vitro*, and antagonists block light-induced circadian phase-shifts *in vivo*; however, mice in which the PACAP PAC1 receptor has been deleted have impaired entrainment to light (Cahill & Menaker, 1989; Kim & Dudek, 1991; Ohi *et al.*, 1991; Colwell & Menaker, 1992; Shibata *et al.*, 1994). In addition, the SCN receives glutamatergic inputs from other brain areas besides ipRGCs, and PAC1 receptors are sensitive to vasoactive intestinal peptide (VIP, expressed in neurons in the core of the SCN) as well as PACAP. Thus experiments that block these receptors entirely do not test their role in relaying retinal input to SCN neurons. Hence, we used a genetically specified means to prevent glutamate neurotransmission from ipRGCs.

The ipRGCs use the vesicular glutamate transporter 2 (VGLUT2) to package glutamate into synaptic vesicles (Fujiyama *et al.*, 2003; Fyk-Kolodziej *et al.*, 2004; Wassle *et al.*, 2006; Johnson *et al.*, 2007). To target glutamatergic neurotransmission specifically in ipRGCs, we bred mice expressing Cre-recombinase under the control of the Melanopsin promoter (OPN4^{Cre/+}) (Ecker *et al.*, 2010) with mice that carried loxP sites flanking the second exon of the VGLUT2 gene (VGLUT2^{fllox/fllox}) (Tong *et al.*, 2007). These mice show deficits in neonatal photoaversion (Delwig *et al.*, 2013), and here we tested them for deficits in circadian photoentrainment. Our findings suggest a primary role of glutamate in transmitting light information from ipRGCs to the circadian system.

MATERIALS AND METHODS

Animals

All protocols used in this study were approved by the Beth Israel Deaconess Medical Center Institutional Animal Care and Use Committee. All animals were bred in our facilities and kept in a 12:12 LD environment from birth until use in the experiments at around 8–11 weeks of age. Mice had *ad lib* access to water and standard chow. Mice were derived from two previously described lines: OPN4^{Cre/Cre} (Ecker *et al.*, 2010) and VGLUT2^{fl/fl} (Tong *et al.*, 2007). We used mice that were OPN4^{Cre/+};VGLUT2^{fllox/fllox} to test the role of glutamate in photoentrainment and littermate OPN4^{+/+};Vglut2^{fllox/fllox} as controls.

Circadian rhythms measurement

Mice were kept in light tight, temperature controlled recording chambers. Each recording chamber contained one light fixture attached to the wall at the level of the cage top, and two cages were placed in such a way that the entire cage was illuminated with approximately the same amount of light. For all experiments except those using high light intensity (e.g., 12 hr LD, LL, 6 hr phase shifts, 45 min light pulses and 2 hr LD cycles), a broad-spectrum spot light LED (PAR20 36 LEDs, superbrightLEDs.com) emitting 0.35 W/m² was used. For bright light experiments, a broad-spectrum CFL (GE helical 42W) emitting 6.52 W/m² was used. Wheel running activity was measured in cages outfitted with a stainless steel running wheel (4.5 inch, or 11.4 cm diameter, Mini Mitter, Bend, OR). Each wheel revolution closed a switch monitored by computer using Dataquest A.R.T. software, v 4.3 (DSI) and data were collected in 5 min. bins and plotted in standard actogram format using ACT-500 ClockLab analysis software (ActiMetrics, Wilmette, IL).

Cell counting

Counts of c-Fos immunoreactive neurons from each animal were made bilaterally on 3 sections containing the SCN, 120 μ m apart. Counting boxes included both the ventrolateral and dorsomedial SCN. Counters were blinded to the genotype / light treatments in each case. Only cells with a labeled nucleus were counted, an Abercrombie correction was applied (Guillery, 2002), and the mean number of cells on each side of the brain per section is reported.

Data analysis

Circadian measures were calculated in ClockLab (Actimetrics, Wilmette, IL). χ^2 periodogram data was generated to calculate period length, while the regression line fit of activity onsets was used to calculate phase shifts. Means, standard errors and p values were derived in Excel.

RESULTS

In 12:12 LD conditions (0.35 W/m²), most *Opn4^{Cre/+};VGLUT2^{flox/flox}* mice (14/18) failed to entrain to 12:12 LD and exhibited free-running periods in LD, with a circadian period significantly shorter than control animals (23.55 ± 0.09 hrs, mean \pm S.D., *Opn4^{Cre/+};VGLUT2^{flox/flox}*, n = 18 vs 24.00 ± 0.00 hrs control, n = 6; p = 0.007, Fig. 1A, B). Free-running periods in DD did not differ between groups (23.47 ± 0.08 hrs *Opn4^{Cre/+};VGLUT2^{flox/flox}* n = 12; vs 23.49 ± 0.22 hrs control n = 3, p = 0.88, Fig. 1A, B). A 45-minute light pulse administered at circadian time (CT) 14 (0.35 W/m²) elicited a phase delay in all control animals (-1.74 ± 0.30 hrs, n = 3, Fig. 1A, K), whereas it had no effect when administered to *Opn4^{Cre/+};VGLUT2^{flox/flox}* animals (0.23 ± 0.15 hrs, n = 5, p = 0.0006, Fig. 1B, K). Congruent with these observations, a 45-minute long light-pulse administered at CT 14 reliably elicited expression of the immediate early gene c-Fos in the SCN of control mice (805.47 ± 99.07 , n = 6, Fig. 1C), whereas c-Fos expression was substantially lower in *Opn4^{Cre/+};VGLUT2^{flox/flox}* mice under these conditions (224.13 ± 27.35 , n = 6, p = 0.0018, Fig. 1D), and not significantly different from dark adapted mice of either genotype (229.33 ± 25.57 , n = 3, p = 0.91 control and 139.40 ± 41.35 , n = 4, p = 0.11

Opn4^{Cre/+};VGLUT2^{flox/flox}). To test negative light masking (light-induced locomotor suppression), mice were kept on a 2 hr light-dark cycle for 10 days (0.35 W/m²). While locomotor activity was strongly inhibited in control animals during the light exposure during their active cycle (7.9 ± 6.05 % of activity measured in darkness, n = 3, Fig. 1E, G, L), Opn4^{Cre/+};VGLUT2^{flox/flox} mice showed no decrease in locomotor activity during the 2 hr lights-on period compared to the 2 hr dark period immediately following (123.8 ± 32.9 % of dark activity, n = 5, Fig. 1F, H, L). Finally, while control animals exhibited lengthened circadian periods in continuous light (LL) (0.35 W/m²) compared to continuous darkness (25.15 ± 0.16 hrs in LL vs 23.49 ± 0.22 hrs in DD, n = 3, p = 0.013, Fig 1 I, M), this was not observed in Opn4^{Cre/+};VGLUT2^{flox/flox} mice (23.54 ± 0.095 hrs in LL vs 23.68 ± 0.02 hrs in DD, n = 4, p = 0.33, Fig. 1J, M).

Similar to previous results in mice with ablated ipRGCs (Opn4^{adTA/DTA}) (Guler *et al.*, 2008), Opn4^{Cre/+};VGLUT2^{flox/flox} segregated into two groups: while the majority (n = 14, “phenotype A” in Guler *et al.*, 2008) were free running under any pattern of light exposure (Fig. 1B, F, H, J), a minority of animals (n=4; “phenotype B”) were weakly light responsive (control: Fig. 2A, phenotype B: Fig. 2B, C). Note that phenotype B mice do not simply have free-running periods close to 24-hours, but the phase of activity onset slowly advances after the LD cycle is abruptly advanced and tends to slowly delay after the cycle is abruptly delayed, suggesting photoentrainment. However, since locomotor activity starts up to 6 hrs before lights off, these animals have an extremely positive phase angle to lights-off.

Because the ipRGCs in our mice were still intact and contained other putative neurotransmitters, we hypothesized that exposure to a more intense light stimulus might increase the release of those transmitters and possibly overcome to some extent the effects of the Opn4^{Cre/+};VGLUT2^{flox/flox} genotype. We therefore exposed 8 free-running “phenotype A” mice (LD period at 0.35 W/m² for two weeks: 23.35 ± 0.12, vs DD period: 23.41 ± 0.11, p = 0.72) to a 12:12 LD cycle in bright light for two weeks (6.53 W/m², Fig. 2D – F). In these mice, period length increased to 24.0 ± 0.09 hrs (vs 23.35 ± 0.12 LD at 0.35 W/m², n = 8, p = 0.001, Fig. 2G) suggesting photoresponsiveness of the circadian system to light at higher light intensities. However, activity onset began 5.38 ± 0.92 hours before ZT12. The circadian phase of the animal prior to 6.53 W/m² light did not affect this early activity onset: while the Zeitgeber time of 6.53 W/m² light onset for each animal was the same as the 0.35 W/m² light (7:00AM – 7:00PM), the circadian phase of each mouse at the onset of 6.53 W/m² light was different, with 5 animals in the active phase and 3 in the rest phase. Combined, these results suggest that bright light was able to entrain Opn4^{Cre/+};VGLUT2^{flox/flox} mice, although with an advanced phase angle to the dark onset.

DISCUSSION

Here we demonstrate that mice lacking the ability to package glutamate into synaptic vesicles of melanopsin-expressing ipRGCs have substantial deficits in photoentrainment. About 75% of mice express phenotype A, in which under 0.35 W/m² light the mice have free-running locomotor activity rhythms with a slightly shorter period in LD, and do not respond to phase shifts or light pulses or express negative light masking (light-induced locomotor activity suppression). Under bright (6.53 W/m²) lights, these same mice

demonstrate photoentrainment, but with an advanced circadian phase (by 5–6 hours). The 25% of mice showing phenotype B demonstrate a similar pattern (24 hour entrainment but early onset of activity) under 0.35 W/m² light. These observations indicate that, under the relatively dim lighting conditions that nocturnal wild mice typically encounter, they are dependent upon glutamatergic phototransmission from the ipRGCs to maintain normal circadian entrainment of locomotor activity. However, the remaining retinal transmission, e.g., via PACAP and PAC1 receptors from ipRGCs, or from other RGCs that project to the SCN, is capable of maintaining a 24 hour, phase advanced rhythm in a minority of mice under light conditions (0.35 W/m²) that are likely to be at the upper end of what mice encounter in the wild, and that exposure to very bright lights can cause the remainder of mice lacking glutamatergic transmission to show a similar pattern.

There are several caveats in this study. First, we could not directly measure the elimination of glutamatergic transmission by ipRGCs in mice of the *Opn4^{Cre/+};VGLUT2^{flox/flox}* genotype. However, Tong et al. demonstrated that glutamatergic transmission is eliminated in neurons from the *VGLUT2^{flox/flox}* genotype when they express Cre-recombinase, and Hattar and colleagues showed that nearly all melanopsin-expressing neurons in the retina express Cre-recombinase in the *Opn4^{Cre/+}* line, so this is likely (Tong *et al.*, 2007; Guler *et al.*, 2008). Second, the *Opn4^{Cre/+}* mice express Cre-recombinase in some central neurons at some point during development, so that VGLUT2 may have been eliminated from those neurons as well. However, none of these other sites provide input to the SCN (cf. Hattar paper vs. Krout and Loewy, 2002). Hence it is likely that this reduced sensitivity of photoentrainment to light is due to deletion of VGLUT2, and glutamatergic transmission, from the ipRGCs.

The remaining photoresponsiveness of our phenotype B *OPN4^{Cre/+};VGLUT2^{fl/fl}* mice is reminiscent of the small subset of mice lacking ipRGCs reported to exhibit weak photoresponsiveness (Guler *et al.*, 2008). Thus, even in the absence of ipRGC inputs, there are other pathways that can cause some degree of photoresponsiveness. In fact, we were previously unable to find melanopsin mRNA in as many as 20% of the RGCs that innervate the SCN (Gooley *et al.*, 2001). While some of these cells may express melanopsin at levels too low for immunohistochemical detection, some may represent RGCs that project to the SCN but do not produce melanopsin, at least in adulthood.

However, the entrainment pattern in phenotype B mice, with onset of activity 5–6 hours before the dark period, was similar to that in the remaining *OPN4^{Cre/+};VGLUT2^{fl/fl}* mice when exposed to bright light (6.53 W/m²). This pattern suggests that the remaining transmission from ipRGCs, e.g., via PACAP and PAC1 receptors, may be sufficient to maintain the 24 hr rhythm when the ipRGCs are driven by light inputs at levels beyond those that mice in the wild would ordinarily see (because they are nocturnal and avoid bright environments). On the other hand, the 5–6 hour phase advance is puzzling. This raises the possibility that the circadian phototransmission is completely blocked by glutamate deletion, but that altered processing of photic information in an SCN-projecting region such as the intergeniculate leaflet can inhibit running wheel activity during the first half of the bright light exposure.

Note: While this work was in the final stages of revision, another report (Purrier *et al.*, 2014) was published using an independently derived mouse line with identical genotype, in which the animals were studied only with high intensity (900 lux) lighting. In comparison, the lighting used in this study was 130 lux (0.35 W/m²) and 2000 lux (6.53 W/m²). They report a circadian pattern similar to the mice we studied under more intense (6.53 W/m²) lighting, but did not identify the loss of circadian synchrony we found at lower light levels.

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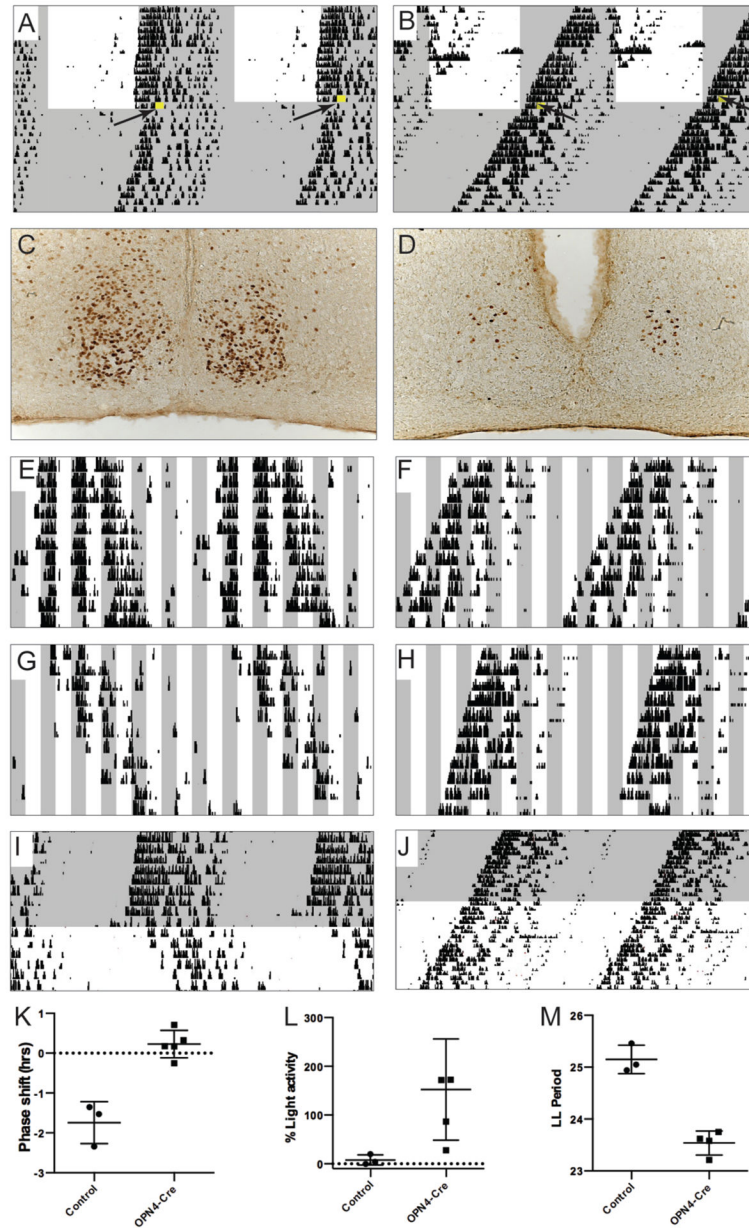


Figure 1. Impaired light entrainment in *Opn4^{Cre/+};VGLUT2^{flox/flox}* mice

Light grey shading indicates lights-off in the recording chamber, while a white background indicates lights-on. A, B: A 45-minute light pulse at the beginning of the subjective dark phase (CT14), illustrated in yellow, leads to a phase delay in control animals (A), but has no effect on *Opn4^{Cre/+};VGLUT2^{flox/flox}* mice. C, D: Similarly, the 45-minute light pulse elicits robust c-Fos expression in the SCN of control mice (C), but not in *Opn4^{Cre/+};VGLUT2^{flox/flox}* mice (D). E – H: Control (E, G) and *Opn4^{Cre/+};VGLUT2^{flox/flox}* (F, H) mice both express free-running rhythms in a 2:2 LD cycle. However, only control mice inhibit their activity during lights-on (negative masking, E, G), whereas *Opn4^{Cre/+};VGLUT2^{flox/flox}* do not (F, H). I, J: Control mice (I) exhibit lengthened periods during LL, while *Opn4^{Cre/+};VGLUT2^{flox/flox}* (J) mice do not experience lengthened periods

during LL vs DD. K–M: Summary plots. K: plot of the magnitude of the phase shift in response to the light pulse in control and $Opn4^{Cre/+};VGLUT2^{flox/flox}$ (“OPN4-Cre”) mice. L: % of total activity during lights-on compared to lights-off in control and $Opn4^{Cre/+};VGLUT2^{flox/flox}$ (“OPN4-Cre”) mice. M: Control vs $Opn4^{Cre/+};VGLUT2^{flox/flox}$ (“OPN4-Cre”) LL period lengths.

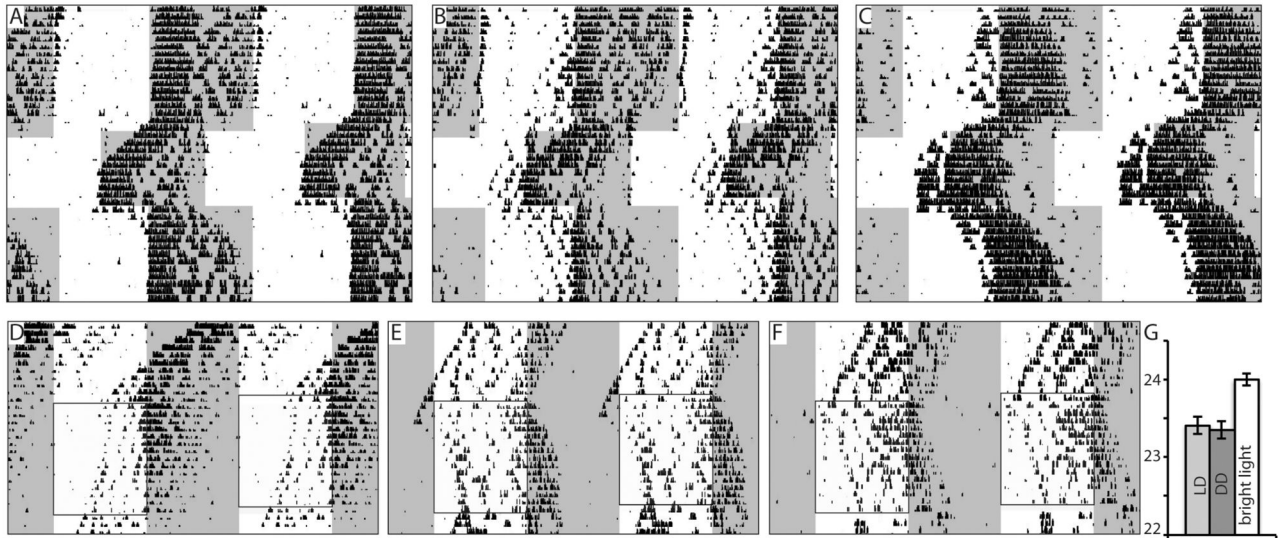


Figure 2. Circadian photoresponsiveness in a subset of $Opn4^{Cre/+};VGLUT2^{floxflox}$ mice

A – C: Wheel running activity of a control mouse (A), and phenotype B $Opn4^{Cre/+};VGLUT2^{floxflox}$ mice (B, C). Note that circadian locomotor activity appears to be photosensitive to 6 hour phase advances and delays but the phase angle of activity onset to lights-off is advanced. D–F: In the presence of very bright light (6.53 W/m^2 , boxed area), free-running phenotype A $Opn4^{Cre/+};VGLUT2^{floxflox}$ mice in 0.35 W/m^2 LD (white and grey shading indicates light-dark cycle) respond to a bright 12:12 LD cycle with apparent entrainment (yellow and grey shading indicates light-dark cycle). G: Bar graph depicting period lengthening of phenotype A mice in very bright light.