

Helicobacter pylori vacA s1a and s1b alleles from clinical isolates from different regions of Chile show a distinct geographic distribution

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capital and largest Chilean city, carried almost exclusively strains with the s1b m1 genotype. In contrast, patients from Santiago and cities located South of Santiago carried strains with either one or both s1a m1 and s1b m1 genotypes. Regarding the s2 m2 genotype, comparison with GenBank sequences revealed that Chilean s2 sequence was identical to those of Australian, American, and Colombian strains but quite different from those of Alaska and India.

CONCLUSION: Differences in geographic distribution of the s and m *vacA* alleles in Chile and a relationship of s1b m1 genotype with gastritis were found. Sequence data in part support a hispanic origin for the *vacA* genotype. Asymmetric distribution of genotypes s1b m1 and s2 m2 recedes *H Pylori* strain distribution in Spain and Portugal.

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Key words: *H pylori*; *vacA* alleles; Chilean isolates; s1; s2; m1 and m2 sequences

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Abstract

AIM: To establish the most common *vacA* alleles in *Helicobacter pylori* (*H pylori*) strains isolated from Chilean patients and its relationship with gastritis and gastroduodenal ulcers.

METHODS: Two hundred and forty five *H pylori* clinical isolates were obtained from 79 biopsies from Chilean infected patients suffering from gastrointestinal diseases. An average of 2-3 strains per patient was isolated and the *vacA* genotype was analyzed by PCR and 3% agarose electrophoresis. Some genotypes were checked by DNA sequencing.

RESULTS: The most prevalent *vacA* genotype in Chilean patients was s1b m1 (76%), followed by s1a m1 (21%). In contrast, the s2 m2 genotype was scarcely represented (3%). The s1b m1 genotype was found most frequently linked to gastropathies ($P<0.05$) rather than ulcers. Ulcers were found more commonly in male and older patients. Curiously, patients living in cities located North and far South of Santiago, the

INTRODUCTION

Helicobacter pylori (*H pylori*) is a curved Gram-negative bacterium frequently present in the human stomach. Once the host has been colonized, this microorganism persists for years or decades^[1]. This microorganism has a worldwide distribution and its prevalence increases with age^[2], and is a major etiological agent in the development of peptic ulcer and gastric cancer^[3,4]. Several potential virulence factors have been suggested to play a role in the pathogenesis caused by this microorganism. The most studied *H pylori* virulence factors are CagA and VacA. The first one, called the cytotoxin associated antigen^[5] is one of the proteins encoded by the pathogenicity island, a unique genomic fragment containing about thirty genes and some of them encode the machinery required for the secretion of the CagA protein. Strains carrying a functional *cagA* gene have been associated with a variety of clinical outcomes^[5].

VacA is a vacuolating cytotoxin which induces cytoplasmic

vacuolation in a variety of mammalian cell lines *in vitro*⁶. It is responsible for the gastric epithelial damage and causes mucosal ulceration when administered intragastrically to mice⁷. Recently, the VacA cytotoxin has been described as a permease that promotes urea diffusion across the epithelia⁸ providing an additional source of nutrients to sustain *H. pylori* growth *in vivo*. It has been recently reported that the cytotoxin is able to induce apoptosis in epithelial cells as well as a specific inhibition of the immune response^{9,10}. Different allelic variants in the *vacA* sequence in two regions of the gene have been described: the s allele located in the region encoding the N-terminal signal region which may occur as the alleles s1- (s1a or s1b) or s2 type, and the m allele located at the middle of the *vacA* gene, which is present as m1 or m2 type¹¹. The variable structure resulting of different arrangements of these alleles in the gene has been related to the differences in the level of cytotoxin production and to distinct clinical outcomes of the *H. pylori* infection¹²⁻¹⁴.

In Chile, a country with one of the higher mortality rates of gastric cancer, gastroduodenal diseases are common causes of medical consultations¹⁵. Serological studies have indicated that over 70% of asymptomatic adults older than 35 years old are infected by *H. pylori*¹⁶. Our previous studies¹⁷ have revealed that 83% of Chilean infected patients from Santiago have antibodies against VacA or CagA virulence factors determined by Western blot using purified recombinant proteins and by ELISA tests based on the detection of CagA and VacA antibodies¹⁷.

Few studies have been carried out on strains from the South Cone and in particular from Chilean patients¹⁸. Recent data from *H. pylori* strains from Argentina have revealed that most of the *vacA* alleles are s1b m1¹⁹. Reports about the characterization of strains isolated from Brazilian children indicated that s1 allele is associated with the presence of peptic ulcer²⁰ and genotype *cagA+vacA* s1b m1 is the most frequent in Brazilian adults with non-mixed infections²¹. Recent studies done with strains from 63 patients from the central area in Santiago, Chile, found that s1m1 is also the most common allele associated to ulcer patients²².

Since information in Latin American countries is rather scarce, the present study adds new pieces of information in this respect and it has been focused on the distribution of *vacA* alleles of *H. pylori* strains obtained from infected patients along this country (more than 5 000 kilometers long) to identify, as a preliminary study, the most frequent *vacA* alleles in this population and their relationship with different pathologies.

MATERIALS AND METHODS

Strains, growth and collection of clinical specimens

E. coli DH5 α was used as a host for cloning experiments. *Campylobacter jejuni* VPI H840 (ATCC 29428), kindly provided by Dr. H. Fernández (Universidad Austral de Chile) was used as DNA source of a negative *vacA* genotype control. Strains 26695 (ATCC 700392), 60190 (ATCC 49503), T \times 30a (ATCC 51932), NCTC 11637 (ATCC 43504) and J99 (ATCC 700824) were used as well characterized *vacA* alleles sources.

H. pylori clinical strains were isolated from human gastric biopsies obtained from each patient who underwent upper

gastrointestinal endoscopy for medical indication. Patients were recruited from different hospitals and clinics from 10 Chilean cities. Biopsies were transported to Santiago as frozen samples in dry ice and immediately after arrival suspended in PBS (500 μ L), manually grinded and plated on *Brucella* agar plates. This medium contained 5% fresh horse blood, 5 mg vancomycin, 2.5 mg cefsulodin, 2.5 mg trimethoprim lactate, 2.5 mg amphotericin B, and 1.5 g agar per 100 mL of medium. Colonies were grown for three to four days under microaerophilic conditions using the microaerophilic system envelopes with palladium catalyst. Two or three specimens per biopsy were obtained and a total of 245 isolates were characterized.

Patients

Seventy- nine consent patients who gave informed consent including 35 males and 44 females aged between 3 and 79 years old with symptoms warranted upper gastrointestinal endoscopies. Twenty- two patients from Iquique (IQ), 1 from La Calera (LC), 3 from Quillota (QU), 6 from Valparaíso (VA), 12 from Santiago (SA), 5 from Linares (LI), 6 from Los Angeles (LA), 2 from Temuco (TE), 8 from Valdivia (VD) and 14 from Punta Arenas (PA) were analyzed in this study.

Criteria for enrollment included nocturnal or burning abdominal pain, chronic vomiting, hematemesis or history of recurrent abdominal pain plus a first degree relative with an endoscopically proven diagnosis of peptic ulcer disease. Exclusion criteria included hemodynamically unstable patients and recent antibiotic therapy, antisecretory drugs or bismuth compounds in the last 4 wk. Signed informed consent forms by the patients or their parents in the case of minors were obtained. The institutional Review Board of the local participating institutions reviewed and approved the study.

Endoscopy, histology and criteria of *H. pylori* infection

The endoscopic findings in the esophagus, stomach and duodenum were described in a standardized protocol. The macroscopic appearance was recorded according to the presence of nodularity, erosion or ulceration. Diagnosis of gastritis and duodenitis were done on histological basis. Gastropathy was diagnosed when abnormalities such as erosions or nodularity were observed. Ulcer was diagnosed when either a circumscribed break in the gastroduodenal mucosa that measured at least 5 mm in diameter or a scar was observed. Two biopsies were obtained from the distal antrum of each patient to determine *H. pylori* status. One of the biopsies was used for rapid urease test (Hepy test, BiosChile).

Serial sections of formalin-fixed and embedded in paraffin gastric tissue from the second antrum biopsy of each patient were stained either with Warthin-Starry silver or H&E stain and examined for the presence of *H. pylori* and associated pathology for pathologists who were unaware of the results of other tests. Bacteria were defined as *H. pylori* on the basis of size, spiral morphology, and tissue location. A subject was considered colonized by *H. pylori* when both invasive diagnostic techniques (rapid urease test and *H. pylori* staining) were positive. A patient was considered negative for *H. pylori* when both invasive diagnostic tests were negative. We confirmed this assignment in most of the cases by isolation of colonies which gave positive for urease, catalase, and peroxidase enzyme tests.

Isolation of *H. pylori* chromosomal DNA

DNA was obtained by using the method described by Owen

and Bickley^[28], with CTAB (Cetyltrimethylammonium bromide) as the detergent for cell lysis. Briefly, single colonies were grown in plates as described above. Cells coming from half a plate were collected and transferred to an Eppendorf tube using a sterile loop and processed as described^[23].

PCR reactions, primers, cloning and sequencing

Reactions were done according to the conditions established by Atherton *et al.*^[11,12]. Cloning of s1a, s1b, s2, m1, m2 PCR fragments from some isolates were done by ligation into the pGEM-T vector (Promega) and electroporation into *E. coli* DH5 α cells which were plated on Luria agar plates containing ampicillin 50 μ g/mL. Some cloned PCR fragments were sequenced by using ABI Prism-3 100 genetic analyzer (Applied Biosystems).

Study groups and statistical analysis

H pylori infected patients were assigned to one of three groups according to their endoscopical or histological findings as follows: Chronic Active Gastritis group (CG) included patients with normal or non-specific endoscopic findings, plus chronic gastritis by histology; Gastropathy Group (GG) included patients with significant endoscopic abnormalities (nodularity, polyps or erosions but not ulcers) and chronic gastritis by histology; and Peptic Ulcer Disease group (PUD) included patients with gastric or duodenal ulcer at endoscopy and chronic gastritis by histology.

To asses whether the presence or absence of ulcers in infected patients could be related with the gender, age, or allele type, cross tabulation and χ^2 test were performed using the Minitab release 12 program (State College, PA, USA). A *P* value < 0.05 was considered significant. The s2 m2 strains were not included in this analysis due to its low frequency (3%).

Accession numbers

The GenBank accession numbers of sequences used in this study were: Sant4, # AY167579; Sant50, #AY167580; Sant51, #AY167581; Sant52, #AY167582; Oroan10, #AY168871; Oroan15, #AY168872; Sant53, #AY167583;

95-54, #U95971; 90, #AF2201191; 87-203, #U05677; V-296, #ABO57273; CHCTX-1, #AF479032; LA-12, #AY840127; CHN5027ass, #AF050379.1; IQ-61, #AY858851; QU-61, #AY858850; QU-31 #AY858849; AR-312, #AY185131; AR-710, #AY185128; SA-64, #AY839241; USA2781, # ABO572201; SS-1, #AY049006; NA2010, #AB057202.1; NA1986, #AB077199.1; India 3, #AF217727.1; Alaska5, #AB057171.1; Alaska20, #AB057186.1; Alaska08, #AB057174.1; Alaska03, #AB057169.1; Alaska04, #AB057170.1; India27, #AF217733.1.

RESULTS

Detection of the m1 and m2 alleles in Chilean H pylori strains

Seventy nine biopsies from *H pylori* infected patients living at 10 Chilean cities were used as a source to isolate 245 *H pylori* colonies. Amplification of the m2 *vacA* allele was obtained for two patients from Iquique and one from Santiago. Among the 245 studied strains, 97% of them harbored the m1 allele and 3% the m2 allele. Hybrids corresponding to m1/m2 alleles or non-typable alleles were not detected.

Detection of the s1 and s2 alleles in Chilean H pylori strains

Most of the strains carried the s1 allele (97%). The 72.1% of these was s1b and 24.1% was s1a. A summary of these results according to the strain origin (city) and the s and m alleles is displayed in Figure 1.

Identification of the m1 and m2 alleles of Chilean strains by DNA sequencing

Strain CHCTX-1 and LA-12 were utilized to amplify the m1 *vacA* allele. The PCR fragments were cloned in the pGEM-T vector and then sequenced. The results are shown in Figure 2A. After the alignment of the amino acid sequences with those available at in the GenBank, we found that the Chilean m1 sequences were similar to the Indian m1 deposited sequences. Seven strains out of 245 isolates presented the genotype s2m2. A further characterization

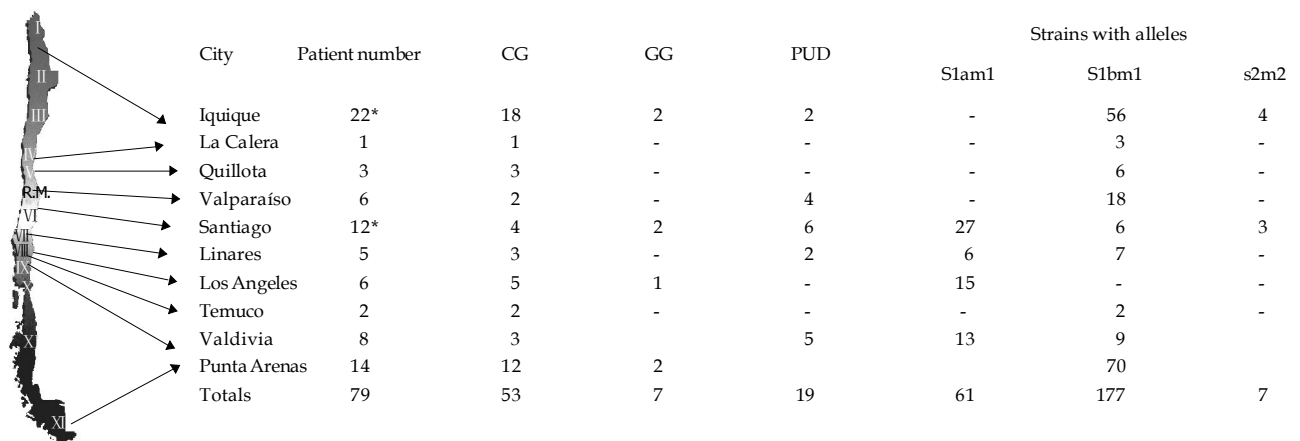


Figure 1 Chilean map and strain distribution according to the *vacA* alleles. Map of Chile including the location of the cities where biopsies were taken. The corresponding *vacA* alleles, as well as the number of strains and patients are

displayed (*). Two patients, one from Iquique and the other from Santiago, had mixed infections. Chronic Active Gastritis (CG), Gastropathy Group (GG), Peptic Ulcer Disease (PUD). Total amount of strains = 245.

of the m2 *vacA* allele was done on strain SA-64 by DNA sequencing the amplified cloned fragment. Comparison of this m2 allele sequence (Figure 2B) with other m2 sequences taken from the GenBank revealed almost identical amino acid sequences (one amino acid difference) with the m2 sequence of the Italian strain 95-54. Conversely, we found 45% amino acid identity for the SA-64 m2 sequence when compared to the Taiwanese strain V 296 as displayed in Figure 2B. These findings put the Chilean strain SA-64 closer to the strains that share a common ancestor from hispanic origin and far from those strains isolated from Asiatic patients.

Sequences of the s2 and s1 alleles of Chilean strains

Strains CHCTX-1 and LA-12 were used as DNA source for amplification and sequencing of the s1a alleles, strains IQ-61, QU-31 and QU-61 for sequencing s1b allele (Figure. 2C), and strain SA-64 for sequencing the s2 allele (Figure. 2D). Comparison with other s1a, s1b, and s2 sequences available at the GenBank are displayed in Figures 2C and D. It was found that the s2 allele sequence from Chilean strain SA-64 was identical to those reported for American (USA2781), Australian (SS-1) and Colombian (NA2010) strains but far away from those of Alaskan (Alaska 4) and Indian (India 27) strains (in a segment of 66 amino acids there were 8 and 6 amino acid differences, respectively).

Correlation of *vacA* alleles and patient gastric diseases

The s1bm1 allele combination was more common in patients with chronic gastritis without ulcers and other endoscopic findings ($P < 0.05$). The s1am1 has a homogeneous distribution among patients with chronic gastritis, gastropathies or peptic ulcer diseases (Figure 3A). Figure 3B shows patient gender and disease occurrence. There was not significant difference between males and females regarding different clinical outcomes (Figure 3B). There was an age dependent increase in the frequency of peptic ulcer disease and an age dependent decrease in the frequency of chronic gastritis, without reaching statistical significance (Figure 3C).

DISCUSSION

A variety of structural and functional characteristic of the *H. pylori* virulence factors have been used for strain genotyping, since they define a particular genotype which can be associated with an increased risk of peptic ulcer in human beings. Among these, genes of virulence factors such as *cagA*, *vacA*, *hpaA*, *iceA* and *babA* have been used before for classification purposes²⁴. However one of the most extensively studied has been the *vacA* cytotoxin genotypes. This gene has a mosaic-like structure which is very uncommon in bacterial cytotoxins. Moreover, it is also unique for *H. pylori* because the VacA polypeptide precursor promotes its own secretion. A similar auto-promoted mechanism has been observed for IgA proteases secreted by *Neisseria gonorrhoeae* and *Haemophilus influenzae*^{25,26}. Some *vacA* gene regions have been used for genotyping and to evaluate the relationship between some *vacA* allele and a particular disease caused by *H. pylori*²².

We have studied 245 *H. pylori* Chilean strains collected

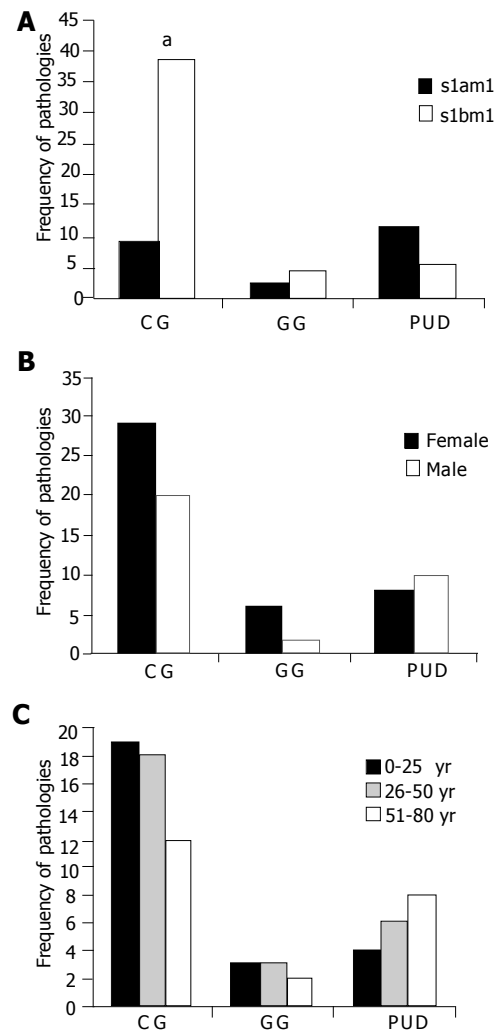


Figure 3 Analysis of gastropathies outcome frequencies respect to *VacA* genotype, gender and patient age; **A**: Relationship between pathologies and alleles. Minitab Release 12 PA.USA and χ^2 test for categorical variables was used ($P < 0.05$). $P < 0.05$ was considered significant. The s2m2 allele was excluded of the statistics test due a low frequency (3%); **B**: Relationship between gastropathies and gender. F: female, M: male. A total of 43 females and 32 males were studied ($P > 0.5$), four patients carrying strains with s2 m2 allele were excluded from this study; **C**: Relationship between gastropathies and patient age ($P > 0.5$).

from patients belonging to different cities along the country. Most of the samples were collected from patients living at the central valley and some from the North and South regions as displayed in Figure 1. It should be noted that to the North of Chile is located the Atacama desert, one of the driest places in the world and this region do not support the development of cities. On the other hand, Southern Chile is under-populated because vast areas are preserved as ecological native resources and inhabited zones are rather minimal. Northern Chile also includes indigenous population. We included in the group of patients living in IQ, some strains isolated from native descendants from ancestral *Aimara* population. Curiously, all strains isolated from these patients had s1bm1 genotype. Also, a “*Mapuche*” native from Valdivia city (Southern Chile) presented the same genotype. A *Mapuche* autochthonous is considered a descendant of native Chileans before Hispanic colonization. Further analyses will be required to establish if the *vacA* genotype and other virulence markers

within the autochthonous population remain homogeneous.

The analysis of the signal sequence *s* region showed that barely 3% of the isolated strains exhibited the *s2* allele (just 7 out of 245 strains) and 97.1% was classified as *s1* type. Therefore, most of the strains were classified either as *s1a* or *s1b* alleles. The analysis of the medium region (“*m*” alleles) revealed that only 3% was *m2* type, which was always associated to the *s2* allele. Considering simultaneously both “*s*” and “*m*” alleles, 72% of all characterized strains was *s1b m1* and 25.1% was *s1a m1*. These results are quite different from those reported by Martínez *et al.*^[27], in particular to the frequency of the *s2* and *m2* alleles for one Chilean city Concepción, not included in our study. They found a higher proportion (44%) of this genotype in 34 infected patients and, considering each allele independently, 32% was *s2* and 58% was *m2* in an extended study for this city with 50 patients. Compared to our data, this could be an overestimation of the *s2m2* genotype, since the screened patients were all recruited from a single city. In addition, they used in some cases a different set of primers to detect the *m2* allele, based on a 6 bp difference in fragment length (*m1* = 116 bp; *m2* = 122 bp) which is difficult to distinguish even in a 3% agarose gel. Moreover, their results were not confirmed by DNA sequencing of the amplified alleles. In any case, our data support the idea of a putative hispanic origin for the Latin American strains, considering that the preferred *s1bm1* allele distribution was also detected in the strains from patients from Spain and Portugal, as reported by van Doorn *et al.*^[28]. In addition, it is noticeable that the allele *s2 m2* that we described for 7 Chilean strains has not frequently been described in other South American countries yet. Also, the *s2* and *m2* alleles occur in the lowest proportion in Spain and Portugal^[28]. The *s2 m2* Chilean allele seemed to be interesting to sequence since, as mentioned, it represents a local uncommon *vacA* genotype. The *m2* allele cloned from strain SA-64 was sequenced. The amino acid sequence revealed a closer similarity to the *m2* allele of strain 95-54 isolated from an Italian patient (one amino acid difference). A feasible explanation for the low occurrence of this genotype could be that this allele may confer a disadvantage for natural *in vivo* selection of the strain such as a lower VacA activity, a feature proposed by some authors^[11,29]. Alternatively, it may have resulted from a recombination event that actually occurs at very low frequency. The latter argument is sustained in part by the finding that some patients infected with multiple *H pylori* strains allow the exchange of bacterial DNA along the course of the disease^[30,31].

Results of *H pylori* strain typing based on *vacA* allele done in other countries indicate that differences between *m1* and *m2* strains raise diversity in the level of cytotoxin activity. However, at present it is not clear if differences between *s1* and *s2* phenotypes also affect the level of cytotoxin expression by a reduction in the amount of exported cytotoxin. One hypothesis strongly proposes that *S2* type allele containing a different signal sequence exports a cytotoxin precursor through the inner membrane in a less efficient way^[13]. On the other hand, it has been demonstrated that when a short oligonucleotide extension encoding 12 amino acids (as part of the *s2* allele) is transferred to a *vacA* gene displaying the *s1* genotype. This completely abolishes the

vacuolating activity but has no effect on VacA cytotoxin production^[11,29].

A strong correlation between the severity of the clinical diagnosis and *vacA* genotype has been proposed by several authors. For instance, in South African patients, the allele *s1m1* is associated to ulcer disease^[32] and in other cases to gastric cancer, as described for German patients^[33]. The *s2* allele has also been associated with the lack of peptic ulcer^[11]. Indeed, in the present analysis those strains whose *s2* and *m2* alleles were sequenced and reported here were isolated from patients suffering from mild gastritis and corresponded to supposedly less aggressive genotypes. However, one patient had a mixed infection carrying, in addition to the genotype *s2m2*, other strains with the *s1am1* and *s1bm1* genotypes. It remains to be established if the strains with genotype *s2m2* are actually producing a VacA protein with attenuated cytotoxic properties.

We have reported here that most of the patients carrying the *s1b m1* VacA allele suffered chronic gastritis (females mainly) and this genotype was preponderant in patients living in cities located to the north of Santiago. The *s1am1* genotype was most frequently associated to isolates from patients suffering from ulcers (mild male predominance). Patients from Santiago and cities located south of Santiago (Central Chile) carried strains with either one or both *s1am1* and *s1bm1* genotypes. It should be noted that Santiago, as the Chilean capital city, attracts immigrants not only from the neighboring countries but also from Asian countries, and in a lesser extent, natives from Northern and Southern cities searching for jobs, a fact that may explain a mixed allele distribution found in strains isolated from patients living in Santiago.

Finally, this study supports the fact that *H pylori* is actually one of the microorganisms with the highest genetic variability and this feature may complicate genotyping^[34]. The genomic variability is so high that some researchers consider *H pylori* as a *quasi* strain^[34]. Also, in some cases, mutations in other genetic loci may be responsible for the generation of unexpected and more virulent strains.

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