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# Factors affecting sentinel lymph node identification rate after neoadjuvant chemotherapy for breast cancer patients enrolled in ACOSOG Z1071 (Alliance)

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# **Abstract**

**Objective**—To evaluate factors affecting sentinel lymph node (SLN) identification after neoadjuvant chemotherapy (NAC) in patients with initial node-positive breast cancer.

**Summary Background Data**—SLN surgery is increasingly used for nodal staging after NAC and optimal technique for SLN identification is important.

**Methods**—The American College of Surgeons Oncology Group Z1071 prospective trial enrolled clinical T0-4,N1-2,M0 breast cancer patients. Following NAC, SLN surgery and axillary lymph node dissection (ALND) were planned. Multivariate logistic regression modeling assessing factors influencing SLN identification was performed.

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We also thank the patients with breast cancer who participated in the study and their caregivers, and we thank the investigators and their site research teams. We thank Sue Paxton and Amy Oeltjen for their work with data quality, Karla Ballman for initial statistical planning, and Susan Budinger for protocol development.

Trial Registration clinicaltrials.gov; trial identifier NCT00881361.

**Results—**Of 756 patients enrolled, 34 women withdrew, 21 were ineligible, 12 underwent ALND only, and 689 had SLN surgery attempted. At least one SLN was identified in 639 patients (92.7%: 95%CI: 90.5–94.6%). Among factors evaluated, mapping technique was the only factor found to impact SLN identification; with use of blue dye alone increasing the likelihood of failure to identify the SLN relative to using radiolabelled colloid +/– blue dye (p=0.006; OR=3.82 95%CI: 1.47-9.92). The SLN identification rate was 78.6% with blue dye alone; 91.4% with radiolabelled colloid and 93.8% with dual mapping agents. Patient factors (age, BMI), tumor factors (clinical T or N stage), pathologic nodal response to chemotherapy, site of tracer injection and length of chemotherapy treatment did not significantly affect the SLN identification rate.

**Conclusions**—The SLN identification rate after NAC was higher when mapping was performed using radiolabelled colloid alone or with blue dye compared to blue dye alone. Optimal tracer use is important to ensure successful identification of SLN(s) after NAC.

# Keywords

sentinel node; neoadjuvant chemotherapy; breast cancer; identification rate

# Introduction

The status of the axillary lymph nodes is an important prognostic factor in breast cancer. It has been used to guide local-regional and systemic treatment decisions and surgical removal of the axillary nodes facilitates staging and provides regional control in those with axillary metastases. In the past, axillary staging was accomplished through axillary lymph node dissection (ALND). However, in women with clinically node-negative (cN0) disease, sentinel lymph node (SLN) surgery has replaced ALND as the initial approach. SLN identification rates in primary breast surgery have increased from 64% in the early 1990s<sup>(1)</sup> to 81% in the late 1990s<sup>(2,3)</sup> and 91 to 100% in the 2000s.<sup>(4,5)</sup> Randomized trials have demonstrated that SLN surgery is technically feasible in women presenting with cN0 disease, with identification rates exceeding 97% and false-negative rates of less than 10%.<sup>(6)</sup> For patients with a negative SLN, regional control, disease-free and overall survival are equivalent between SLN surgery compared with those undergoing ALND. This allows patients with negative SLNs to avoid ALND and its associated morbidities which can include paresthesias, lymphedema and decreased range of motion.<sup>(7-9)</sup>

While SLN surgery for axillary staging has been firmly established in the management of patients with cN0 disease undergoing primary surgery, the question of when to perform SLN surgery in patients receiving neoadjuvant chemotherapy (NAC) is debated. Some prefer to perform SLN surgery prior to NAC primarily for staging the axilla. However, as the importance of determining response to chemotherapy has emerged and chemotherapy has been shown to reduce the incidence of node positive disease after chemotherapy, SLN surgery after NAC has become more widely utilized. Initial reports from single institutions showed variability in SLN identification rates after NAC from 72 to 100% and falsenegative rates of 0-33%, (10-24) with pooled data reporting a SLN identification rate of 90% and falsenegative rate of 12%. (25)

Some of the initial studies of SLN surgery after NAC included patients with clinically node-positive disease at presentation. Overall, the data for SLN surgery after NAC in women who present with node-positive disease is sparse with identification rates ranging from 78% to 98% and false-negative rates as high as 40%. (26,27,28,29,30) For these reasons, ALND has remained the standard practice in this patient population. (27)

With current systemic therapy regimens, approximately 40% of patients with node-positive disease convert to node-negative after NAC. Therefore there has been significant enthusiasm for exploring the use of SLN surgery for nodal staging after NAC as a less invasive alternative compared with ALND. This was the focus of the American College of Surgeons Oncology Group (ACOSOG) Z1071 trial which assessed feasibility and accuracy of SLN surgery after NAC in patients presenting with node-positive disease documented by needle biopsy at diagnosis. In this report, we evaluate the factors affecting the SLN identification rate in this multi-institutional clinical trial.

# **Methods**

ACOSOG Z1071 was a prospective clinical trial enrolling women with clinical T0-4, N1-2, M0 breast cancer who received NAC. Details of the study have been previously described. A total of 756 women were enrolled from July 2009 to July 2011. All patients had cytologically or histologically proven axillary lymph node metastases by percutaneous fine needle aspiration (FNA) or core needle biopsy of at least one axillary lymph node prior to initiation of NAC. Axillary surgery prior to NAC was not allowed. All patients were treated with NAC with the type and length of chemotherapy left to the discretion of the treating medical oncologist. After completion of NAC at the time of definitive breast surgery, all patients were to undergo SLN surgery with concomitant ALND.

The protocol language encouraged the use of dual tracer SLN mapping with both radiolabeled colloid and a blue dye (isosulfan or methylene blue) however this was not mandatory. The site and timing of mapping agent administration was at the physician's discretion. All radioactive and/or blue lymph nodes and palpable nodes were to be excised and submitted as SLNs. After SLN surgery had been completed, ALND was performed. Data was collected prospectively and operative reports and pathology reports were submitted for central review.

The study was designed to assess whether the false-negative rate of SLN surgery after NAC in women with cN1 who had at least two SLNs identified was greater than 10%. It was anticipated that a number of women would not have a SLN identified. As such, a secondary aim was to examine the factors impacting failure to identify a SLN. Patient and disease characteristics, as well as SLN mapping techniques, were examined for their impact on the failure to identify a SLN. Chi-square test and logistic regression modeling with likelihood ratio tests were used to assess whether the likelihood of identifying a SLN differed with respect to patient, tumor, or surgical treatment related factors. All statistical analyses were performed by Alliance statisticians using SAS 9.2. A p-value 0.05 was considered significant.

All patients provided informed consent and all enrolling institutions were required to have IRB approval. The trial was registered on clinicaltrials.gov with trial identifier NCT00881361.

#### Results

Of the 756 patients enrolled on ACOSOG Z1071, 34 women withdrew prior to surgery, 21 were ineligible and 12 underwent ALND only (Figure 1). The 689 women who had attempted SLN surgery make up the cohort for this analysis, two of these women did not undergo ALND. Table 1 shows the demographic, disease and surgical treatment characteristics of the 689 women who underwent SLN surgery after NAC.

# SLN technique and surgical findings

SLN mapping was performed using blue dye only in 28 (4.1%) cases; radiolabeled colloid only in 116 (16.8%) cases and dual tracer in 545 (79.1%) cases. The radiolabeled colloid was injected the day before surgery in 165 (25.0%) cases and on the morning of surgery in 496 (75.0%) cases.

At least one SLN was detected in 639 women, resulting in a SLN identification rate of 92.7% (95% CI: 90.5 - 94.6%). The SLN identification rate was 92.9% among the 651 patients with cN1 disease (95% CI: 90.7-94.8) and 89.5% among the 38 women with cN2 disease (95% CI: 75.2-97.1) at presentation (p=0.42).

The median number of SLNs resected by the surgeon was 2. The median number of SLNs identified by the pathologist at histologic examination was 3 (range 0 to 13). At surgery there were no SLNs identified in 50 (7.3%) patients, one in 86 (12.5%) patients, two in 165 (23.9%), three in 154 (22.4%), four in 95 (13.8%) and five or more in 139 (20.2%). Figure 2 provides the distribution of the number of SLNs examined histologically by the pathologists.

#### Factors impacting SLN identification

On univariate analysis, SLN identification rates did not differ by age (50 or older); being overweight or obese; clinical T stage (T0-1 vs. T2 vs. T3-4); clinical N stage (N1 vs. N2); histologic subtype; duration of chemotherapy ( 6 months vs. > 6 months); presence of palpable adenopathy after NAC; or site of injection of mapping agents (Table 2). Tumor subtype did not impact SLN identification with similar identification rates between hormone receptor positive/HER2-negative disease (92.3%), HER2-positive disease (91.8%) (FISH amplified and/or IHC 3+ expression) and triple receptor negative disease (95.2%). In addition, type of breast surgery (lumpectomy vs. mastectomy) did not impact the likelihood of SLN identification (93.7% vs. 92.3%).

The only factor associated with the failure to identify a SLN was the type of mapping agent used (blue dye vs. radiocolloid vs. both; Chi-square test p=0.0086). The rate of failure to identify a SLN was 21.4% (6/28; 95%CI: 8.3-41.0%) when blue dye alone was used; 8.6% (10/116; 95%CI: 4.2-15.3%) with use of radiolabeled colloid alone and 6.2% (34/545; 95%CI: 4.4-8.6%) with use of dual mapping agents. In terms of single agent (blue dye or radiocolloid) versus dual agent mapping, the SLN identification rate was significantly higher

with use of dual agent compared to single agent mapping (93.8% vs. 88.9%, Chi-square test p=0.048).

Multivariate logistic regression analysis did not reveal any other factor significantly associated with likelihood of failure to identify a SLN, once number of mapping agents was accounted for in the model. The likelihood of failing to identify a SLN was 3.8 times higher (95% CI: 1.47-9.92) in those who underwent SLN surgery with blue dye alone compared with those who underwent SLN with radiocolloid with or without blue dye.

#### SLN identification in those with and without residual nodal disease after NAC

Among the 687 women who underwent both SLN and ALND, the SLN identification rate was 93.6% (382/408) for those with residual nodal disease after chemotherapy and 91.4% (255/279) for those with no residual nodal disease after chemotherapy indicating that nodal response to NAC did not impact SLN identification rates (Chi square test p=0.269) (Table 3). Nodal positivity was not significantly different based on ability to identify a SLN. Residual nodal disease was found in 382 (60%) of the 637 patients with a SLN identified and 26 (52%) of the 50 patients where there was a failed attempt to identify a SLN (p=0.30).

# **Discussion**

ACOSOG Z1071 is the first study specifically evaluating SLN identification rates after NAC in patients with known nodal disease at presentation. The SLN identification rate in this multicenter prospective study in women with confirmed node-positive breast cancer at presentation treated with neoadjuvant chemotherapy was 92.7%. The use of dual agent mapping resulted in a significantly higher SLN identification rate (93.8%) compared with single agent mapping (88.9%). This highlights the importance of technical factors in the performance of SLN surgery in these patients.

The use of NAC in women presenting with operable breast cancer is increasing with decisions based on tumor biology along with clinical tumor stage and evidence of nodal involvement at presentation. More clinicians are utilizing axillary ultrasound at presentation in women with invasive breast cancer and percutaneous biopsy of axillary nodes can document the presence of metastasis using FNA or core biopsy. To date, use of ALND after completion of chemotherapy has been considered standard practice in these cases based on low SLN identification rates and high false-negative rates in previous retrospective reports. (27,28,29,30) Based on data from prospective trials including ACOSOG Z1071(31) and the SENTINA study (32), which detail information regarding surgical and pathologic considerations, surgeons are considering use of SLN surgery for women who present with node-positive disease and receive NAC. To optimize the technique of performing SLN surgery in these patients, it is critical to understand factors impacting the success of SLN identification.

Initial studies reported lower SLN identification rates after chemotherapy. In the NSABP B-27 trial, SLN surgery followed by ALND was performed after NAC in 428 patients. SLN surgery was not a planned component of the B-27 trial and there were no specifications for the performance of the procedure. The SLN identification rate in B-27 was 84.8%. (24) Over

time, the SLN identification rate has improved. In the French prospective multicenter study <sup>(26)</sup> of locally advanced breast cancer, SLN surgery was the primary endpoint of the trial. This study included both clinically node-positive and node-negative patients but did not require histologic confirmation of nodal involvement at presentation. The overall SLN identification rate was 90.1%. Axillary status was determined based on clinical examination alone and the investigators found that the SLN identification rate was significantly higher in patients with a clinically negative axilla at initial presentation (94.6%) compared to patients with palpable lymph nodes at presentation (81.5%). In ACOSOG Z1071, palpable adenopathy was not significantly associated with failure to identify a SLN, however all of the patients had confirmation of nodal metastasis with needle biopsy.

In ACOSOG Z1071, the SLN identification rate was 92.7%, higher than what has been reported in earlier studies. It is higher than the 80.1% SLN identification rate seen in similar patient population in the SENTINA study. (32) The identification rate in Z1071 is similar to the 93% SLN identification rate reported by Krag et al in the 1998 publication of a multicenter validation trial of SLN surgery without NAC. (33) It is also in line with the single institution experience from MD Anderson Cancer Center of SLN after NAC in 150 patients with node-positive disease who were not enrolled on Z1071 where SLN was identified in 93% of cases. (27) This SLN identification rate is slightly lower than their previous report of SLN after NAC in patients with a clinically node negative axilla treated with NAC where the SLN identification rate was 97.4%. (34) This suggests that nodal disease detected at presentation along with chemotherapy effect on the axilla impacts lymphatic mapping to decrease the SLN identification rate, however not to the extent that it should prohibit SLN surgery.

Technical factors have been shown to impact SLN identification rates in multiple studies. Dual agent mapping was shown to significantly improve SLN identification rates in Z1071, with an identification rate of 93.8% with use of dual agents and only 88.9% when a single agent was used. Use of blue dye alone was the technique with the lowest SLN identification rate (78.6%). These findings are in keeping with previous reports from Mamounas et al from the NSABP B-27 trial which showed that the SLN rate after chemotherapy was significantly higher with use of radiocolloid with or without blue dye (88-89%) compared with blue dye alone (78%). Similarly, Hunt et al showed in the MD Anderson experience that dual agent mapping had a higher technical success for SLN identification (99%) compared with single agent mapping (97.5%, p<0.0001). The SENTINA study also found that combined radiocolloid and blue dye had better SLN detection rate than radiocolloid alone. (32)

Other factors that have been suggested in previous studies to impact SLN identification rates were not confirmed in this large contemporary study of patients undergoing SLN after chemotherapy for node-positive disease at presentation. Tumor location has previously been reported to influence ability to identify SLN, (33,35) however in more recent series, this has not been substantiated. Similarly, BMI and older age had been reported to impact SLN identification rate, however this was not seen in the current study.

As the SLN identification rate in this patient population remains lower than the 98-99% rates currently reported in patients undergoing surgery first, patients should be appropriately

counseled regarding the SLN procedure. Discussion should include the possibility of failure to identify a SLN and the surgical plan for axillary staging in the event that this occurs, ALND remains the standard recommended in this setting.

In conclusion, in the ACOSOG Z1071 trial, we have shown a high rate of SLN identification following completion of NAC. SLN identification rates are higher with use of radiolabeled colloid or dual tracer technique. Optimal technique is important to ensure success in performing SLN surgery after chemotherapy.

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**Role of the Sponsor:** The National Cancer Institute (NCI) approved the study design and had a representative on the DSMC of this cooperative group study. It had no role in the collection, analysis, and interpretation of the data; or the preparation, review, or approval of the manuscript.

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# Boughey et al. 756 women enrolled 701 women underwent axillary surgery (663 with cN1 disease; 38 with cN2 disease)

# **Exclusions:**

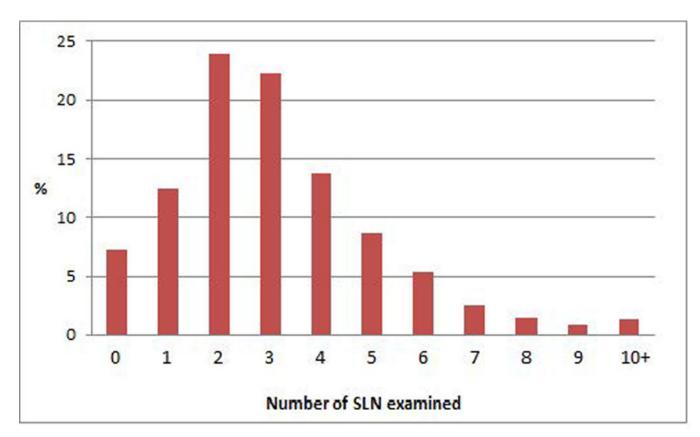
- 34 women terminated participation before surgery having withdrawn consent (21 patients); altered treatment plans because of disease progression during neoadjuvant chemotherapy (5 patients); cancelled surgery (4 patients); withdrawn because of insurance issues (3 patients); or died of chemotherapy-induced cardiomyopathy (1 patient)
- 21 women were found to be ineligible because of inflammatory breast cancer (4 patients); cN3 disease (3 patients); no evidence of axillary lymph node biopsy before neoadjuvant chemotherapy (2 patients); neoadjuvant treatment other than chemotherapy (2 patients); only isolated tumor cells in lymph nodes before neoadjuvant chemotherapy (1 patient); stage IV breast disease (1 patient); or registry after surgery completed (8 patients)

# **Exclusions:**

12 women SLN surgery was not attempted (all cN1 disease)

689 women attempted SLN

Figure 1. CONSORT diagram



**Figure 2.** Number of sentinel lymph nodes examined histologically

Table 1

Patient and tumor characteristics of 689 women enrolled in Z1071 who underwent SLN surgery after neoadjuvant chemotherapy

	N=689
Median age (range)	49 (23-93)
	N (%)
Age	- (, , ,
Age < 50 years old	345 (50.0)
Age 50 years old	344 (50.0)
ECOG performance status	` ′
0	556 (80.7)
1	133 (19.3)
Race	` ` `
White	555 (80.6)
Black or African American	98 (14.2)
Other/Not reported	36 (5.2)
Type of axillary LN biopsy	
Core needle biopsy	420 (61.0)
Fine needle aspiration	269 (39.0)
Clinical N stage at diagnosis	
N1	651 (94.5)
N2	38 (5.5)
Clinical T stage at diagnosis	
T0/Tis	6 (0.9)
T1	90 (13.1)
T2	379 (55.0)
T3	182 (26.4)
T4	32 (4.6)
Approximated subtype	
Hormone receptor positive/HER2 negative	311 (45.3)
Triple negative	166 (24.1)
HER2 positive	209 (30.5)
Not available	3 (0.4)
Neoadjuvant chemotherapy regimen	
Anthracycline and taxane	515 (74.8)
Anthracycline-based chemotherapy	44 (6.4)
Taxane based chemotherapy	118 (17.1)
No anthracycline or taxane	12 (1.7)
Anti-HER2 therapy (HER2 positive patients (	n=209)
Yes	185 (88.5)

	N=689
Median age (range)	49 (23-93)
	N (%)
No	24 (11.5)

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Table 2

Factors associated with failure to identify a SLN

Variable	SLN ID rate (%)	Failure to identify a SLN (%)	Odds Ratio** (95% CI)	p-value
Age				•
< 50 years old	324/345 (93.9)	21/345 (6.1)	0.70 (0.39-1.26)	0.220
50 years old	315/344 (91.6)	29/344 (8.4)	1	0.238
BMI			•	
< 25.0 (underweight/normal)	185/195 (94.9)	10/195 (5.1)	1	
25.0 (overweight/obese)	452/492 (91.9)	40/492 (8.1)	1.64 (0.80-3.31)	0.176
Unknown	2/2 (100)	0/2 (0)		1
Clinical T stage at presentation				
Tis/T0/T1	88/95 (92.6)	7/95 (7.4)	1	
T2	356/379 (93.9)	23/379 (6.1)	0.81 (0.34-1.95)	0.642
T3/4	194/214 (90.7)	20/214 (9.3)	1.30 (0.53-3.18)	0.571
Unknown	1/1 (100)	0/1 (0)		
Clinical N stage at presentation			•	
N1	605/651 (92.9)	46/651 (7.1)	1	
N2	34/38 (89.5)	4/38 (10.5)	1.55 (0.53-4.55)	0.428
Approximated subtype			•	
HR positive/HER2 negative	287/311 (92.3)	24/311 (7.7)	1	
HER2 positive	192/209 (91.9)	17/209 (8.2)	1.06 (0.55-2.02)	0.863
Triple negative	158/166 (95.2)	8/166 (4.8)	0.61 (0.27-1.38)	0.232
Unable to define	2/3 (66.0)	1/3 (33.0)		
Duration of NAC			•	
< 135 days	390/415 (94.0)	25/415 (6.0)	1	
135 days	249/274 (90.9)	25/274 (9.1)	1.57 (0.88-2.79)	0.127
Palpable adenopathy after NAC			•	
Yes	85/88 (96.6)	3/88 (3.4)	0.41 (0.13-1.36)	0.445
No	526/571 (92.1)	45/571 (7.9)	1	0.145
Not stated	28/30 (93.3)	2/30 (6.7)		
Anti-HER2 therapy (among the	209 HER2 positive	e cases)	•	
Yes	168/185 (90.8)	17/185 (9.2)		
No	24/24 (100)	0/27 (0)		0.229
Site of tracer injection				
Multiple sites	138/149 (92.6)	11/149 (7.4)	1	
Subareolar	409/435 (94.0)	26/435 (6.0)	0.80 (0.38-1.66)	0.631
Peri-tumoral	49/57 (86.0)	8/57 (14.0)	2.05 (0.78-5.39)	0.146
Intradermal	17/19 (89.5)	2/19 (10.5)	1.48 (0.30-7.23)	0.544
Unknown	26/29 (89.7)	3/29 (10.3)		

Odds Ratio\*\* (95% CI) Variable SLN ID rate Failure to p-value identify a SLN (%) (%)Tracers used 0.004 22/28 (78.6) 6/28 (21.4) 4.10 (1.56-10.78) Blue dye alone Radiocolloid alone 106/116 (91.4) 10/116 (8.6) 1.42 (0.68-2.96) 0.352 Dual tracers 511/545 (93.8) 34/545 (6.2) Mapping approach Blue dye alone 22/28 (78.6) 6/28 (21.4) 3.82 (1.47-9.92) 0.006 Radiocolloid +/- Blue dye 617/661(93.3) 44/661 (6.7) Number of tracers used Single tracer 128/144 (88.9) 16/144 (11.1) 1 0.048 Dual tracer 511/545 (93.8) 34/545 (6.2) 0.53 (0.29-0.99) Breast Surgery\* 255/272 (93.7) 17/272 (6.3) 0.79 (0.43-1.46) Lumpectomy 0.458 Mastectomy 381/413 (92.3) 32/413 (7.6) Year of Surgery

339/368 (92.1)

300/321 (93.5)

29/368 (7.9)

21/300 (6.5)

1.22 (0.68-2.190

0.500

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<sup>\*4</sup> patients did not have breast surgery

<sup>\*\*</sup> estimates from logistic regression modeling

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Table 3

SLN identification rates according to clinical and pathologic stage

Patients	z	SLN identified	SLN identification rate (%)	CI	P value
All patients	689	639	92.7	90.5 - 94.6	
Clinical N stage at presentation	at prese	ntation			
cN1	651	909	92.9	90.7 - 94.8	7070
cN2	38	34	5.68	75.2 - 97.1	0.424
Final Pathologic Nodal Status*	Nodal	Status*			
Node-negative	279	255	%1.16	87.5 - 94.4	0200
Node-positive	408	382	%9.86	90.8 - 95.8	0.709
Final Pathologic Tumor Stage**	Tumor	Stage**			
ypTX, Tis, T0	232	216	93.1%	89.0 - 96.0	
ypT1/T2	392	365	93.1%	90.1 - 95.4	969.0
ypT3/T4	61	22	%7.06	79.8 - 96.3	

\*
2 pts did not undergo ALND

\*\*
4 pts had nodal surgery only

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