

Pathogenic Potential, Genetic Diversity, and Population Structure of *Escherichia coli* Strains Isolated from a Forest-Dominated Watershed (Comox Lake) in British Columbia, Canada

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Escherichia coli isolates (n = 658) obtained from drinking water intakes of Comox Lake (2011 to 2013) were screened for the following virulence genes (VGs): stx_1 and stx_2 (Shiga toxin-producing *E. coli* [STEC]), *eae* and the adherence factor (EAF) gene (enteropathogenic *E. coli* [EPEC]), heat-stable (ST) enterotoxin (variants STh and STp) and heat-labile enterotoxin (LT) genes (enterotoxigenic *E. coli* [ETEC]), and *ipaH* (enteroinvasive *E. coli* [EIEC]). The only genes detected were *eae* and stx_2 , which were carried by 37.69% (n = 248) of the isolates. Only *eae* was harbored by 26.74% (n = 176) of the isolates, representing potential atypical EPEC strains, while only stx_2 was detected in 10.33% (n = 68) of the isolates, indicating potential STEC strains. Moreover, four isolates were positive for both the stx_2 and *eae* genes, representing potential EHEC strains. The prevalence of VGs (*eae* or stx_2) was significantly (P < 0.0001) higher in the fall season, and multiple genes (*eae* plus stx_2) were detected only in fall. Repetitive element palindromic PCR (rep-PCR) fingerprint analysis of 658 *E. coli* isolates identified 335 unique fingerprints, with an overall Shannon diversity (H') index of 3.653. Diversity varied among seasons over the years, with relatively higher diversity during fall. Multivariate analysis of variance (MANOVA) revealed that the majority of the fingerprints showed a tendency to cluster according to year, season, and month. Taken together, the results indicated that the diversity and population structure of *E. coli* fluctuate on a temporal scale, reflecting the presence of diverse host sources and their behavior over time in the watershed. Furthermore, the occurrence of potentially pathogenic *E. coli* strains in the drinking water intakes highlights the risk to human health associated with direct and indirect consumption of untreated surface water.

ecal contamination is the primary contributor of pathogens to surface water and constitutes a significant public health risk. In Canada, the estimated rate of acute gastrointestinal illness attributable to water is 0.11 cases per person per year, which poses a substantial economic burden (1). Traditionally, the safety of water used for drinking and recreation as required by regulation is assessed in terms of the concentration of Escherichia coli, a dominant intestinal inhabitant of humans and warm-blooded animals, whose presence in water indicates fecal contamination and the potential presence of enteric pathogens (2). The sources of E. coli in the aquatic environment can originate from runoff from land applied with animal wastes or animal feeding operations, urban runoff, inadequate or failing septic or sewer systems, and wildlife (3). Identification of the source of fecal pollution is a high priority in order to protect and manage source water quality and also to assess the potential public health risk associated with fecal contamination from a given host source (4). To this end, many advances have been made in recent years to develop various phenotypic and genotypic (library-dependent or library-independent) microbial source tracking (MST) methods (5, 6), and these methods are recommended components of fecal pollution abatement strategies (7).

Traditionally, *E. coli* has been considered a harmless, commensal bacterium. However, several diarrheagenic pathotypes have been recognized based on virulence properties and mechanisms of pathogenicity (8). These pathotypes include Shiga toxin-producing *E. coli* (STEC), enteropathogenic *E. coli* (EPEC), enterotoxigenic *E. coli* (ETEC), enteroinvasive *E. coli* (EIEC), and enteroaggregative *E. coli*, and they are implicated in many waterborne outbreaks, including those in Canada (9–11). Among these pathotypes, STEC and EPEC are responsible for frequent waterborne outbreaks worldwide (9, 10, 12, 13). In British Columbia (BC), Canada, the rate of STEC infections has remained above the Canadian average since 2004, ranging between 2.4 and 4.3 cases/ 100,000 individuals (14).

The ability of STEC to cause disease is associated with the production of the Shiga-like toxins Stx1 and Stx2 (encoded by the stx_1 and stx_2 genes) and related virulence factors (8). STEC strains are defined as *E. coli* strains expressing either of the Shiga-like toxin genes stx_1 and stx_2 or other toxins sharing significant homology to the Shiga toxin gene originally identified in *Shigella dysenteriae* (15). EPEC strains are defined as intimin (*eae*)-harboring diarrheagenic *E. coli* strains that possess the ability to form attaching and effacing (A/E) lesions on intestinal cells but do not possess the stx gene (8). EPEC strains carrying the adherence factor (EAF) plasmid are referred to as typical EPEC (tEPEC), while those strains that lack the plasmid are referred to as atypical EPEC (aEPEC) (8). EPEC is a significant cause of gastrointestinal disease in the developing world (8); however, outbreaks in developed

Received 12 November 2014 Accepted 20 December 2014 Accepted manuscript posted online 29 December 2014

Citation Chandran A, Mazumder A. 2015. Pathogenic potential, genetic diversity, and population structure of *Escherichia coli* strains isolated from a forest-dominated watershed (Comox Lake) in British Columbia, Canada. Appl Environ Microbiol 81:1788–1798. doi:10.1128/AEM.03738-14. Editor: D. W. Schaffner

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FIG 1 Map showing Comox Lake and sampling locations. (Reprinted from Google Maps.)

countries have also been reported (9, 16); among these outbreaks, typical EPEC is more dominant in developing countries, while atypical EPEC seems to be more important in developed countries (17). ETEC produces heat-labile enterotoxin (LT) and/or heatstable enterotoxin (ST) (variants STh and STp) and is an important cause of diarrhea in infants and travelers. EIEC is associated with invasive, bloody diarrhea resembling that caused by Shigella sp. Invasion is mediated by genes encoding, for example, Ipa proteins and their transcription regulator invE(8). Although several studies have shown that fecal material from various animals and humans contains E. coli isolates carrying virulence genes (VGs) associated with pathogenic E. coli (18-22), only a few studies (23, 24) in Canada have determined whether E. coli strains isolated from water contain VGs and are potentially pathogenic, while other studies were particularly focused on the detection of E. coli O157:H7 (25, 26).

It has been reported that E. coli exhibits high genetic diversity and complex population dynamics in the primary (humans and warm-blooded animals) and secondary (environment outside the host) habitats. For instance, several studies using different fingerprinting methods have revealed enormous genetic diversity in E. coli populations obtained from different animals (21, 22, 27–29). Similarly extensive genetic diversity was also observed for E. coli populations isolated from various aquatic environments (4, 30, 31). Previous studies have suggested that there is a relationship between the genotypes of E. coli found among specific animal hosts and the geographical locations from which they were isolated (32, 33). Such variations have been observed among the genotypes of E. coli isolated from different animals and avian host sources in BC, Canada (21, 22). Despite the large amount of data available on the genetic diversity of E. coli in the aquatic environment (4, 30, 31, 34, 35), only limited information is available on the temporal variation of the diversity and population structure of E. coli in the surface water over multiple years in Canada on annual, seasonal, and monthly scales. Therefore, the objectives of the present investigation were (i) to determine the prevalence of diarrheagenic virulence genes in *E. coli* isolates obtained from the drinking water intakes of Comox Lake and (ii) to determine the temporal variation (annual, seasonal, and monthly) in the genetic diversity and population structure of these isolates over multiple years by using repetitive element palindromic PCR (rep-PCR) fingerprinting.

MATERIALS AND METHODS

Description of the study area. Comox Lake is a large lake $(49^{\circ}35'10''N, 125^{\circ}8'14''W)$, with a surface area of 2,100 ha, located near the village of Cumberland, BC. Drinking water supply is an important water use of this watershed. At present, the Comox Lake watershed provides drinking water to ~38,000 people throughout the Comox Valley and will be increasingly relied upon for future population growth (36). The Comox Valley Regional District (CVRD) withdraws drinking water from the Puntledge River downstream from Comox Lake. About 97.1% of the watershed is natural area (forestry, park, water, and Crown Land) (37). Comox Lake also provides significant recreational opportunities (fishing, swimming, camping, and boating).

Water samples. Five replicate water samples were collected in sterile polypropylene bottles (1 liter) from the current intake (Puntledge River) and from the proposed future intake location (Fig. 1) biweekly for a period of 3 years (2011 to 2013). The samples were shipped on ice to the laboratory and were stored at 4°C until processing, within 24 h. All five replicate samples (5 liters) were mixed together in a sterile 15-liter Lowboy container and shaken to homogenize the samples. *E. coli* strains were isolated from these water samples by membrane filtration (0.45- μ m pore size) methods using m-ColiBlue24TM medium (Millipore Inc., USA). Standard water volumes of 100 ml were used for filtration. Blue colonies (presumptive *E. coli*) were isolated, purified by restreaking three times on MacConkey agar, and identified by using an array of biochemical tests (38) and also by a PCR-based assay targeting the *uspA* gene (39).

Detection of virulence genes by a real-time PCR assay. Bacterial cells were recovered from 1 ml of pure culture of *E. coli* cells grown for 18 h at 37°C, and genomic DNA was extracted with InstaGene Matrix (Bio-Rad, Canada) according to the manufacturer's protocol. Previously reported primers and probes were used for the detection of the virulence genes of pathogenic *E. coli* (Table 1). A triplex TaqMan real-time PCR targeting the *stx*₁, *stx*₂, and *eae* genes was used for the simultaneous detection of STEC

TABLE 1 Primers and probes used in this study^d

<i>E. coli</i> pathotype	Gene	Primer or probe	Sequence (5'–3')	Final concn (nmol liter ⁻¹)	Amplicon size (bp)
STEC	stx_1^a	Forward primer	ACTTCTCGACTGCAAAGACGTATG	200	132
		Reverse primer	ACAAATTATCCCCTGAGCCACTATC	200	
		TaqMan probe	VIC-CTCTGCAATAGGTACTCCA-MGB	100	
	stx_2^a	Forward primer	CCACATCGGTGTCTGTTATTAACC	500	93
	-	Reverse primer	GGTCAAAACGCGCCTGATAG	500	
		TaqMan probe	NED-TTGCTGTGGATATACGAGG-MGB	200	
	rfb_{0157}^{c}	Forward primer	ATGCTGCCCACAAAAATAATGTAAA	600	89
		Reverse primer	TTCCATAATCGGTTGGTGTGCTAA	600	
		TaqMan probe	NED-AACTGCTTTTCCTCGGTTCGTCGTGTAT-MGB	200	
EPEC	eae ^a	Forward primer	CCGATTCCTCTGGTGACGA	200	105
		Reverse primer	CCACGGTTTATCAAACTGATAACG	200	
		TaqMan probe	FAM-CGTCATGGTACGGGTAA-MGB	100	
	EAF^{c}	Forward primer	GTTCTTGGCGAACAGGCTTGTC	600	107
		Reverse primer	TTAAGCCAGCTACCATCCACCC	600	
		TaqMan probe	TET-AGTACTGACGTGCAGGTCGCCTGTTCG-MGB	200	
ETEC	STh^b	Forward primer	CCTTTCGCTCAGGATGCTAAAC	500	128
		Reverse primer	CAGTAATTGCTACTATTCATGCTTTCAG	500	
	LT^b	Forward primer	TTCCCACCGGATCACCAA	100	62
		Reverse primer	CAACCTTGTGGTGCATGATGA	100	
	STp^b	Forward primer	CTTTCCCCTCTTTTAGTCAGTCAACT	300	137
	*	Reverse primer	GCAGTAAAATGTGTTGTTCATATTTTCTG	300	
FIFC	ipaH ^b	Forward primer	GAACTCAAATCTTGCACCATTCA	600	107
	1	Reverse primer	CGTCCGTCCGAGAACAATTAAG	600	

^a Triplex reaction.

^b Duplex reaction.

^c Singleplex reaction.

^d FAM, 6-carboxyfluorescein; TET, 5-tetrachlorofluorescein phosphoramidite (Eurofins Genomics); NED, 2'-chloro-5'-fluoro-7',8'-fused phenyl-1.4-dichloro-6-

carboxyfluorescein (Life Technologies).

and EPEC. Two separate singleplex reactions targeting E. coli O157 rfb (rfb_{O157}) (which is responsible for the biosynthesis of the O antigen) and the EAF gene were used for the confirmation of stx- and stx- plus eaepositive E. coli strains as O157/non-O157 and EPEC (only eae-positive) strains as aEPEC/tEPEC, respectively. The reaction mixtures were dispensed into 96-well, thin-wall PCR plates (MicroAmp; Applied Biosystems, USA). Each well contained (20 μ l) 2× TaqMan Universal PCR master mix (Applied Biosystems) with optimized concentrations of primers, probes, and the DNA template. Plates were covered with optically clear sealing film (Applied Biosystems) and briefly centrifuged. After uracil N-glycosylase treatment at 50°C for 2 min to prevent the amplification of carryover PCR products, followed by the activation of AmpliTaq Gold DNA polymerase at 95°C for 10 min, DNA was amplified for 40 cycles at 95°C for 15 s and at 60°C for 1 min by using the ABI Prism 7900HT sequence detection system (Applied Biosystems). Two separate SYBR green (duplex) real-time PCR assays were also used for the detection of STh, LT, STp, and *ipaH* genes. The reaction mix contained (20 µl) 2× Fast SYBR green master mix (Applied Biosystems) with optimized concentrations of primers and the DNA template. DNA amplification (40 cycles) was carried out at 95°C for 1 min and at 60°C for 20 s. After amplification, a melting-curve analysis of the amplified DNA was performed by using the default temperature profile. The instrument software was used for data analysis (SDS, version 2.4). The following E. coli isolates were used as positive controls: ATCC 43887 (EPEC), EDL 933 (E. coli O15:H7 [STEC]/ EHEC), ATCC 43886 and ATCC 43896 (ETEC), and ATCC 43893 (EIEC). Ultrapure water without DNA was used as a negative control.

Rep-PCR genomic fingerprinting of *E. coli* **isolates.** The genomic DNA from each *E. coli* **isolate** was extracted with an InstaGene DNA extraction kit (Bio-Rad, Canada) according to the manufacturer's in-

structions. BOX PCR was performed by using BOX A1R primer 5'-CTA CGG CAA GGC GAC GCT GAC G-3' (Invitrogen) (5, 40). The reaction mix (25 μ l) contained 5 μ l (50 nM) the DNA template, 1 μ l (2 μ M) primer, 10 µl 2.5×5 Prime Mastermix, 1 µl MgCl₂ (1 mM), and ultrapure water. PCR amplifications were performed in a PxE0.2 thermal cycler (Thermo Electron Corporation) with an initial denaturation step (95°C for 2 min) followed by 30 cycles of denaturation (94°C for 3s and 92°C for 30s), annealing (50°C for 1 min), and extension (65°C for 8 min) and a single final extension step (65°C for 8 min). A negative control (molecular biology-grade water; Fermentas, Canada) and a positive control (genomic DNA of E. coli K-12 strain W3110) were included in the PCR assays. The amplification products were separated by horizontal electrophoresis on a 1.8% agarose gel after mixing with gel loading dye (Fermentas, Canada) at 100 V for 3 h. A GeneRuler 1-kb Plus molecular weight marker (Fermentas, Canada) was loaded into a well for every eight samples as an external reference standard. The gel was then stained with a DNA gel stain (SYBR Safe; Life Technologies, Canada) in $1 \times$ Tris-acetate-EDTA (TAE) buffer. The banding patterns of the gels were captured and processed by using a Gel Doc XR+, molecular imager and Image Lab 4.0 image acquisition and analysis software (Bio-Rad, Canada).

Statistical analysis. DNA fingerprint data analysis was carried out by using BioNumerics, version 7 (Applied Maths, Belgium). Each gel was normalized by using 1-kb Plus DNA ladders (Fermentas, Canada), in the range of 75 to 2,000 bp, as an external reference standard. DNA fingerprint similarities were calculated by using the curve-based Pearson coefficient with 1% optimization. A dendrogram was generated by using the unweighted-pair group method using average linkages (UPGMA). A similarity score of 92% was used as the cutoff value for the same strain types. Isolates with similarity scores below this value were considered unique.

Season	No. of positive isolates (%)							
	2011			2012		2013		
	stx ₂	eae	<i>stx</i> ₂ plus <i>eae</i>	stx ₂	eae	stx ₂	eae	
Fall	28 (23.14)	56 (46.28)	4 (2.47)	21 (14.68)	45 (31.46)	14 (10.21)	51 (37.22)	
Summer	2 (4.65)	4 (9.30)		1 (2.94)	5 (14.70)	1 (3.12)	2 (6.25)	
Winter	0 (0)	3 (8.33)		0 (0)	2 (5.12)	0	3 (9.37)	
Spring	1 (6.66)	2 (13.33)		0 (0)	2 (14.28)	0	1 (8.33)	
Total ^a	31 (14.41)	65 (30.23)	4 (1.8)	22 (9.56)	54 (23.47)	15 (7.04)	57 (26.7)	

TABLE 2 Prevalence of virulence genes in E. coli strains isolated from water

^a Please see the total number of isolates in Table 3.

Clustering of the isolates was accomplished by multivariate analysis of variance (MANOVA), a form of discriminant analysis accounting for variance (41). A binary band-matching character table generated by using the BOX-derived rep-PCR DNA fingerprint data was used for discriminant analysis and MANOVA. The percentages of isolates assigned to their correct source group were calculated by using Jackknife analysis with maximum similarities (28). The difference in the occurrences of VGs among different seasons was determined by analysis of variance (ANOVA).

Shannon diversity index. The Shannon diversity index (H') was used to calculate the genetic diversity of the *E. coli* isolates (30). The diversity index was calculated as follows:

$$H' = -\sum_{i=1}^{S} p_i \ln p_i$$

where *S* is the number of unique genotypes and p_i is the number of isolates sharing the same genotype, *i*, over the total number of isolates.

RESULTS

Prevalence of virulence genes. In the present study, a total of 658 E. coli isolates obtained from the lake over a period of 3 years were screened for the presence of major virulence genes associated with diarrheagenic E. coli in order to determine their pathogenic potential. The results revealed that *eae* and stx_2 were the only genes detected in these isolates, and the overall prevalence was 37.69% (248/658) (Table 2). None of the other genes (STh, STp, LT, and *ipaH*) were present in any of the *E. coli* isolates analyzed. Among the two genes detected, eae was the most frequently detected gene compared to the stx_2 gene. Only the *eae* gene was carried by 26.74% (176/658) of the E. coli isolates, representing potential EPEC strains, while 10.33% (68/658) of the isolates harbored only the stx_2 gene, indicating potential STEC strains. These potential STEC strains were further confirmed to be non-O157 STEC, as they did not possess the rfb_{O157} gene when an O157 (rfb_{O157})specific TaqMan assay was performed on these isolates. Multiple genes were present in only four isolates, with a combination of eae and stx_2 (0.60; 4/658) representing potential EHEC, as the additional virulence gene *eae* was present in these stx_2 -positive isolates. Further characterization of these multiple gene (*eae* and stx_2)-carrying isolates with an O157 (rfb_{O157})-specific TaqMan assay revealed that these isolates were non-O157 EHEC, since none of them were positive for this gene. During different years, the highest number of isolates positive for VGs (46.51%; 100/215) was observed for *E. coli* isolates obtained in 2011 compared to 2012 (33.4%; 76/230) and 2013 (33.8%; 72/213) (Table 2). The combined seasonal occurrence of VGs in all the years showed a significantly (P < 0.0001) higher prevalence for *E. coli* isolates obtained in fall (33.23%; 219/658) than in other seasons (Table 2). The four isolates that were positive for both *eae* and stx_2 (non-O157 EHEC) were detected only in the fall season.

Genetic diversity and population structure. In the present study, a total of 658 *E. coli* isolates (2011, *n* = 215; 2012, *n* = 230; 2013, n = 213) were obtained from the drinking water intakes of Comox Lake (Table 3). The rep-PCR DNA fingerprint analyses of these isolates showed a high degree of genetic diversity, with various annual and seasonal contributions. Among the 215 E. coli fingerprints obtained in 2011, 134 (62.3%) were identified as unique, while out of the 230 fingerprints obtained in 2012, 143 (62.1%) fingerprints were identified as unique. In 2013, 58 (27%) unique genotypes were identified out of 214 fingerprints analyzed. When combined, a total of 335 (134 plus 143 plus 58) unique genotypes were obtained out of the 658 isolates, and the overall diversity index was 3.653. The diversity indices also showed variation among E. coli isolates obtained during different seasons (Table 3). In 2011, the highest genetic variability was observed for E. *coli* isolates obtained in fall, with an H' of 3.91, followed by summer (H', 2.17), spring (1.99), and winter (1.69), while in 2012, the highest diversity was recorded in summer (H', 3.21), followed by winter (3.07), fall (2.84), and spring (2.7). Nevertheless, in 2013, the highest diversity was observed for E. coli isolates obtained in

TABLE 3 Shannon diversity indices (H') of *E. coli* isolates

Season	2011			2012			2013		
	No. of isolates	No. of unique genotypes	H' index	No. of isolates	No. of unique genotypes	H' index	No. of isolates	No. of unique genotypes	H' index
Fall	121	90	3.91	143	72	2.846	137	31	1.311
Summer	43	21	2.179	34	28	3.210	32	2	0.277
Winter	36	14	1.694	39	29	3.073	32	18	2.311
Spring	15	9	1.991	14	14	2.708	12	7	1.81
Total	215	134	3.715	230	143	3.748	213	58	1.691

winter (H', 2.311), followed by spring (1.81), fall (1.311), and summer (0.277).

In order to determine the seasonal association of the diversity of E. coli, dendrograms were constructed by using isolates obtained during different seasons. Only unique fingerprints (n =134; n = 143; n = 58) were included in the dendrogram to study diversity without clonality and reduce the tree length. Figure 2 shows the seasonal dendrograms constructed for E. coli strains isolated in 2011, 2012, and 2013 (Fig. 2A to C, respectively). When the dendrograms were collapsed at a 60% similarity cutoff value, they were divided into several clusters, each containing at least two isolates. The seasonal dendrogram (n = 134) of *E. coli* fingerprints from 2011 generated 16 distinct clusters (Fig. 2A). Among them, cluster 3 contained the largest number (n = 36) of isolates, with DNA fingerprint similarity ranging from 62 to 90%, followed by clusters 6 (30 isolates; 61 to 92% similarity), 13 (14 isolates; 63 to 92% similarity), and 7 (13 isolates; 69 to 89% similarity). The remaining 12 groups had eight or fewer isolates. Three isolates (fall, 2; summer, 1) had individual lineages accounting for a similarity of between 44 and 52%, indicating a high diversity of these isolates. The dendrogram of E. coli fingerprints from 2012 was grouped into 14 clusters (Fig. 2B). Cluster 2 contained the largest number of isolates (28 isolates), with similarity values ranging from 60 to 91%, followed by clusters 3 (23 isolates; 62 to 92%) similarity), 6 (16 isolates; 66 to 91% similarity), 9 (16 isolates; 64 to 92% similarity), and 4 (14 isolates; 64 to 90% similarity). The remaining 9 clusters contained 5 or fewer isolates. Seven isolates (fall, 5; summer, 1; winter, 1) had individual lineages accounting for a similarity of between 43 and 58.9%. The dendrogram of E. coli isolates from 2013 was divided into 8 clusters (Fig. 2C); among them, cluster 3 accommodated the highest number of isolates (n = 13), with fingerprint similarity ranging from 69 to 88%, followed by clusters 4 (10 isolates; 72 to 91% similarity), 5 (9 isolates; 58 to 88% similarity), 1 (8 isolates; 65 to 87% similarity), and 6 (7 isolates; 58 to 86% similarity). The remaining 3 clusters had 5 or fewer isolates. Two isolates (winter, 1; spring, 1) had individual lineages accounting for a similarity of between 34 and 13%, indicating a high diversity of these isolates. Overall, these results demonstrate that there was high degree of genetic variability in E. coli populations obtained during different seasons.

MANOVA demonstrated that the majority of the isolates showed a tendency to cluster according to their assigned groups (Fig. 3A to D). The yearwise (2011, 2012, and 2013) MANOVA results revealed that the majority of the isolates obtained in 2013 formed a large cluster, while isolates obtained in 2011 and 2012 formed two closely related clusters (Fig. 3A). This clustering was also shown by Jackknife analysis, as the percent correct assignments of isolates by year were 76, 79, and 88% for 2011, 2012, and 2013, respectively. The first and second discriminants accounted for 100% of the canonical variation (87 and 13%, respectively). The MANOVA plot of isolates from 2011 showed that isolates collected in fall and winter clustered separately, while the isolates obtained in summer and spring shared the same cluster (Fig. 3B). This was also confirmed by Jackknife analysis, as 82.64% of E. coli isolates were correctly assigned to fall, followed by winter (69.44%), summer (60.47%), and spring (46.67%). The first and second discriminants accounted for 88% of the canonical variation (54 and 34%, respectively), and altogether, the first three discriminants accounted for 100% of the variation. The E. coli isolates obtained in 2012 also formed well-separated clusters according to their respective groups; however, the isolates obtained in spring and winter shared the same cluster (Fig. 3C). Jackknife analysis showed that 90.91% of E. coli isolates were correctly assigned to the fall group, followed by winter (53%), summer (41.18%), and spring (14.29%). The first and second discriminants accounted for 53 and 35% of the canonical variation, respectively. Furthermore, E. coli isolates recovered in 2013 also showed distinct clustering according to their respective season (Fig. 3D). However, the isolates obtained in spring did not form a separate group. The first and second discriminants accounted for 92% of the canonical variation (53 and 39%, respectively), and altogether, the first three discriminants accounted for 100% of the variation. In all the years, the highest numbers of isolates was recovered during fall, and therefore, to determine the monthly variation, MANOVA was performed on E. coli fingerprints (2011, n = 121; 2012, n = 143; 2013, n = 137) obtained in different months (September to November) of the fall season (Fig. 4A to C). The results indicated that the isolates clustered independently into their respective months, with a slight overlap between September and October in 2011 and October and November in 2012. However, for isolates obtained in 2013, the overlap can be seen among the three clusters. The first and second discriminants of MANOVA accounted for 100% of the canonical variation (2011, 87and 13%, respectively; 2012, 73 and 27%, respectively; 2013, 67 and 33%, respectively).

DISCUSSION

Despite the significance of E. coli as a traditional indicator bacterium, its importance as a potential pathogen has not been widely evaluated in most routine water quality monitoring programs, as some of the E. coli strains acquired pathogenicity and have been involved in waterborne outbreaks (8-11). Understanding the potential threat associated with their occurrence in drinking water sources is critical to assess public health risk and prevent waterborne infection. Furthermore, since the diversity of E. coli genotypes in the environment can fluctuate due to the influence of various environmental factors, it has been suggested that E. coli community dynamics must be examined in order to fully understand the ecology of this bacterium and its use for monitoring fecal contamination in the environment (42). Therefore, in the present study, the prevalence of virulence genes associated with pathogenic E. coli and the temporal (annual, seasonal, and monthly) variation in the genetic diversity and population structure of E. coli were examined at the drinking water intakes of Comox Lake over a period of 3 years.

Pathogenic potential of *E. coli* isolates. The results of the present study revealed the occurrence of potentially pathogenic *E. coli* in the lake, as 37.69% of the isolates carried either a single gene or a combination of *eae* and *stx*₂ genes associated with pathogenic *E. coli*. Overall, the prevalence of potential EPEC strains (only *eae* positive) was higher (26.74%) than the prevalence of potential STEC strains (only *stx*₂ positive) (10.33%) and non-O157 EHEC strains (*stx*₂ and *eae* positive and *rfb*_{O157} negative) (0.6%). It has been suggested that the occurrence of a single or multiple VGs in an *E. coli* strain does not necessarily indicate its pathogenicity unless it has the appropriate combination of VGs to cause disease in the host (43); however, VGs are ideal targets for determining the pathogenic potential of a given *E. coli* isolate (44). Recently, it was suggested that the direct screening of VGs in surface waters can be used as a tool to indicate water quality (45). However, in the



FIG 2 Dendrogram showing the relatedness of *E. coli* strains isolated from Comox Lake during different seasons, as determined by rep-PCR fingerprint analysis using the BOX A1R primer. Because of the large population size (2011, n = 134 [A]; 2012, n = 143 [B]; 2013, n = 58 [C]), a condensed dendrogram (using a 60% cutoff value) is presented. DNA fingerprint similarities were calculated by using the curve-based Pearson coefficient, and dendrograms were generated by UPGMA. Data are shown as season (number of isolates); the total number of isolates in each cluster and percent similarities are given next to the clusters. F, fall; S, summer; W, winter; Sp, spring. Note that the cluster numbers mentioned in the text are presented on the clusters.



FIG 3 MANOVA plot of rep-PCR DNA fingerprint patterns of *E. coli* strains isolated from Comox Lake in 2011 (n = 215), 2012 (n = 230), and 2013 (n = 213) by year (A) and season (B to D). A binary band-matching character table was analyzed by MANOVA, accounting for variance. Only the first two discriminants are presented in this graph, as shown by the distances along the *x* and *y* axes.

absence of actual isolates, no conclusions could be drawn regarding the relative prevalence of pathotypes carrying VGs or the prevalence of potentially pathogenic *E. coli* strains (46). In contrast, in the present study, we evaluated the presence of VGs in *E. coli* isolates obtained from water, indicating the actual presence of *E. coli* strains carrying VGs in the water, which is more important from a public health point of view than detecting only the VGs directly from water without culturing the bacteria (45).

The significantly higher rate of detection of the *eae* gene in the present study was in agreement with the previously reported higher rate of detection of this gene in surface water (46). However, in that study, *eae* was detected in association with other genes in 56% of the isolates, and only *eae* was present in 3% of the isolates. This suggests that in the present study, the occurrence of potential EPEC strains harboring only the *eae* gene (26.74%) was significantly greater than that reported previously by Sidhu et al.

(46). All these *eae*-positive strains were confirmed to be atypical EPEC, as they did not possess the EAF plasmid (15). EPEC is a major causative agent of gastrointestinal disease in the developing world (8), but developed countries have also witnessed outbreaks due to this pathogen (9, 16); among them, outbreaks caused by typical EPEC are more prevalent in developing countries, while atypical EPEC seems to be more important in developed countries (17). Taken together, these results indicate that the presence of potential atypical EPEC in this water may represent a potential public health risk.

All the strains designated non-O157 STEC carried only the stx_2 gene. Although *eae* is an important virulence determinant in STEC infection, this gene was not found in association with most of the stx_2 -positive isolates, except for four isolates in which *eae* was detected in addition to stx_2 and which were identified as non-O157 EHEC strains. The surveillance of Shiga toxin in stool spec-



FIG 4 MANOVA plot of rep-PCR DNA fingerprint patterns of *E. coli* strains isolated from Comox Lake during different months of the fall season in 2011 (n = 121) (A), 2012 (n = 143) (B), and 2013 (n = 137) (C). A binary bandmatching character table was analyzed by MANOVA, accounting for variance. Only the first two discriminants are presented in this graph, as shown by the distances along the *x* and *y* axes.

imens from diarrheal patients in Canada has revealed that a substantial portion of STEC illness is due to non-O157 STEC strains (47, 48). Furthermore, in BC, Canada, the rate of STEC infections has remained above the Canadian average since 2004, ranging between 2.4 and 4.3 cases/100,000 individuals (14). While considering the reported health risk posed by STEC, the presence of *eae*-negative non-O157 STEC strains observed in the present study could be a heath concern as outbreaks of bloody diarrhea and hemolytic-uremic syndrome (HUS) caused by non-O157 STEC strains lacking the *eae* gene (18, 49), suggesting that the primary virulence trait responsible for causing HUS is the production of Shiga toxin. It has also been documented that the *stx*₂ gene was more strongly correlated with severe human disease than was *stx*₁ (43, 50), indicating the importance of *stx*₂ in human infection.

Although the prevalence is low, it is important to note the presence of non-O157 EHEC strains carrying both the eae and stx₂ genes together, as this combination of genes is known to cause severe diarrhea in humans (10, 43, 51). The estimated annual occurrence of waterborne and foodborne infection due to this pathogens is \sim 37,000 cases, with \sim 1,000 hospitalizations and 30 deaths, and it is as dangerous as E. coli O157 (51). Similar to our results, the presence of STEC has been detected in other surface waters (25, 26). It has been observed that the occurrence of these potentially atypical EPEC and non-O157 STEC strains was significantly greater in the fall season, and more importantly, non-O157 EHEC strains were detected only in fall. A strong correlation ($r^2 =$ 0.980851) was observed for the number of E. coli strains obtained in the fall season and the presence of VGs. The higher prevalence of these pathogens in the fall season may be due to increased rainfall resulting in a higher loading of E. coli strains carrying various virulence genes into the water. Considering the strong association of rainfall in the reported waterborne outbreaks in Canada (10, 52) and the United States (53), the greater occurrence of pathogens in the fall season could be a health concern. In view of this, it is important to note that the CVRD issued a boil water advisory on 27 October 2014 to the users of Comox Lake water due to the heavy rainfall and advised boiling of drinking water and minimization of nonessential water use (http://www.comoxvalleyrd.ca /EN/meta/whats-new/news-archives/2014-news/boil-wateradvisory-for-all-users-of-the-comox-valley-water-system.html).

This indicates the increased risk associated with high rainfall in fall, which further substantiates our findings on the higher rate of detection of these pathogens in fall and the related health risks.

Pollution of surface waters with pathogenic strains of E. coli has been implicated in an increased number of disease outbreaks and consequent deaths (9-11). In general, the pathogens that could be expected to occur in contaminated waters are dependent on the host source reservoir from which they are derived. MST has provided evidence for the contamination of surface water from various animal sources and their contribution of pathogens to the surface water (54, 55). Since Comox Lake is a forest-dominated watershed, the pathogens detected in the present study could primarily originate from animals present in the watershed. Furthermore, the relative input of pathogens into water is dependent on the distribution and frequency of these pathogens in the animal sources that share the same watershed. This is supported by our previous studies in BC, Canada, in which *E. coli* strains (n = 1,005) isolated from fecal material from 34 animal sources (avian, n = 15; animal, n = 19) collected from different watersheds were screened for the presence of various virulence gene (21, 22). The results

revealed that EPEC and STEC were the predominant pathogens detected in these animals. Therefore, it can be suggested that the high prevalence of EPEC and STEC detected in present study was possibly due to their higher frequency of distribution in the animals present in this watershed. The lower frequency of non-O157 EHEC and the absence of ETEC and EIEC in present study can also be explained by our previous study, as the prevalence of these pathogens was relatively low or there were no pathogens detected in the animals studied (21, 22). Therefore, based on the distribution of various pathogenic E. coli strains from different animal and avian sources reported in our previous studies of different BC watersheds, it can be suggested that the pathogens detected in the present study could originate from any of these host sources present in the watershed as result of fecal contamination. However, MST studies should be conducted to confirm the source of contamination in this watershed, and therefore, future studies will focus on MST to find the source of *E. coli* pathogens in the water. Since the presence of a single or multiple VGs in an E. coli strain does not necessarily indicate the pathogenicity of that strain, screening of more virulence genes, serotyping, and other assays are required to determine its ability to cause infection. Overall, the results indicate that the presence of potentially pathogenic atypical EPEC, non-O157 STEC, and non-O157 EHEC strains at the drinking water intakes of Comox Lake may pose a potential health risk to humans when untreated water is consumed directly or indirectly and highlight the need to screen the VGs of E. coli isolates obtained from surface water samples in conjunction with enumeration of E. coli in water samples in order to assess the potential public health threat associated with these pathogens.

Genetic diversity and population structure. The rep-PCR fingerprint analysis revealed that the E. coli isolates obtained from Comox Lake exhibited a high degree of genetic variability, with various annual and seasonal influences. Although no significant difference in the total diversity of E. coli strains obtained in 2011 and 2012 was observed (H', 3.7), the relatively lower diversity detected for E. coli strains obtained in 2013 (H', 1.69) was attributed to the high numbers (73%; 155/213) of clonal isolates (over 92% similarity). We also observed variation in E. coli diversity during different seasons in all 3 years. The highest number of E. coli isolates recovered in the fall season indicates that the maximum loading of E. coli occurred in this season. Overall, ~51% (n = 335) of the genotypes identified in the present study were unique, and the corresponding diversity index was higher than those previously reported for different surface waters dominated by urban land use watersheds in the United States (30, 31) and farming land use watersheds in Canada (56), indicating the high genetic diversity of E. coli isolates obtained in the present study. However, the diversity index recorded in the present study was lower than that for isolates from an urban river (4), the Catoma Creek watershed in Alabama (54%) (35). It has been documented that E. coli strains isolated from contaminated surface water had less diversity than isolates obtained from human and nonhuman host sources (4). However, contrary to that finding, the combined diversity observed in the present study was higher than that for E. coli genotypes obtained from various animal and avian host sources in different Canadian watersheds (21, 22). Although the high genetic diversity of E. coli observed in our study was in agreement with previous results obtained for various aquatic environments (4, 30, 31, 34), it is difficult to directly compare measures of diversity based on different molecular methods. In general, the sources of *E. coli* in contaminated surface water are dependent on the host source (animal) origin from which they are derived and their presence in the watershed. Many source tracking studies have identified humans and animals as the dominant sources of *E. coli* in contaminated water. Based on the extensive genetic diversity observed for *E. coli* strains isolated from diverse animal and avian host sources in our previous studies conducted in various Canadian watersheds (21, 22) as well as the diversity reported for different host groups in other studies (28, 29), it can be suggested that the genetic diversity observed in the present study may reflect the likely contributing host sources present in the watershed.

It was observed by MANOVA that the majority of the *E. coli* isolates were clustered according to their assigned groups (year, month, and season), which indicates that the occurrence of *E. coli* populations had some association with the year, month, and season. Considerable temporal clustering was evident when *E. coli* fingerprint data from all the years were compared (Fig. 3A). A large proportion of the isolates obtained over the years, particularly in 2013, showed significant (P < 0.001) separation. This indicated that a shift in the *E. coli* population structure was occurring on an annual scale. Similar temporal clustering among *Cladophora*-associated *E. coli* populations obtained from Lake Michigan (30, 57) also demonstrated the annual shifting of *E. coli* populations over multiple years, supporting our findings.

The data were examined individually in each year to determine the seasonal population structure of E. coli isolates. MANOVA showed that there was considerable distinction among E. coli populations obtained in different seasons. This result indicates that there was strong shift in the population structure of E. coli in different seasons. As demonstrated in Fig. 2B, the independent clustering of the isolates obtained in fall and winter indicates the distinctive nature of these isolates, while the isolates obtained in summer and spring shared the same cluster, indicating a greater similarity of these isolates. Furthermore, in 2012, isolates obtained in fall and summer clustered separately, while the isolates obtained in spring and winter fell into the same cluster (Fig. 2C). In 2013, the isolates obtained in spring tended to share the cluster with fall and winter isolates, but this is not clear and may be due to the relatively low number of isolates obtained in spring (Fig. 2D). Nevertheless, the independent clustering of the majority of the E. coli isolates collected in different months (September to November) of the fall season over multiple years shows that there was a considerable relationship between the presence of E. coli and the month of collection (Fig. 2A to C), as MANOVAs consistently showed a significant separation of the isolates by month. The results further indicate that the shifting of the E. coli population was also occurring on a monthly scale. In agreement with our results, season-specific clustering of E. coli genotypes was observed previously for different surface waters (35, 42).

It has been evident from previous studies that host-specific *E. coli* genotypes were present in different host sources, and this host specificity makes the use of DNA fingerprint-based methods for source tracking purposes possible (28, 41). As the study site is a forest-dominated watershed, the primary contributing source of *E. coli* in the lake is assumed to be wildlife. Recently, temporal variation on an annual scale was observed for *E. coli* isolates obtained from different fecal pollution sources (animals) in BC, Canada (21, 22). Seasonal changes in fecal contamination sources have also been reported for spring samples originating mainly from treated wastewater effluent, whereas the percentage of *E. coli*

strains from waterfowl increased from summer to autumn (58). Therefore, the temporal variation/association of *E. coli* on annual, seasonal, and monthly scales observed in the present study may be attributed to the variations in the contributing host sources (animals) from which they are originally derived, their dominance/ activity during a particular time/season (28, 32, 33, 35), temporal variability or instability (9), and high clonal diversity from host or geographic locations (59). Overall, the results of fingerprint analyses indicated that the diversity and population structure of *E. coli* fluctuate on a temporal scale, reflecting the presence of diverse host sources and their behavior over time in the watershed. However, future work focusing on MST is required to determine the variations in contributing host sources present in the watershed.

ACKNOWLEDGMENTS

We thank Joyce Tze Yun Sun for laboratory assistance.

This research was supported by NSERC-Industry Research Chair Program, NSERC-Strategic Network Program (Reseau-WaterNet), and Public Health Agency of Canada grants to A.M.

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