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ORIGINAL ARTICLE

# **Retrospective Study**

# Repeat hepatic resection in patients with colorectal liver metastases

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Telephone: +82-10-9933-3468

Fax: +82-2-3410-6980 Received: July 13, 2014 Peer-review started: July 14, 2014 First decision: August 15, 2014

Revised: September 1, 2014

Accepted: September 29, 2014

Article in press: September 30, 2014

Published online: February 21, 2015

# Abstract

AIM: To investigate the survival outcomes of secondary

hepatectomy for recurrent colorectal liver metastases (CRLM).

**METHODS:** From October 1994 to December 2009, patients with CRLM who underwent surgical treatment with curative intent were investigated. Patients were divided into two groups: patients who underwent primary hepatectomy (Group 1) and those who underwent secondary hepatectomy for recurrent CRLM (Group 2).

**RESULTS:** Survival and prognostic factors were analyzed. A total of 461 patients were included: 406 patients in Group 1 and 55 patients in Group 2. After a median 39-mo (range, 3-195 mo) follow-up, there was a significant difference between Groups 1 and 2 in terms of disease-free survival (P = 0.029) although there was no significant difference in overall survival (P = 0.206). Secondary hepatectomy was less effective in patients with multiple recurrent CRLM than primary hepatectomy for initial CRLM (P = 0.008). Multiple CRLM and radiofrequency ablation therapy were poor prognostic factors of secondary hepatectomy in multivariate Cox regression analysis (P = 0.006, P = 0.004, respectively).

**CONCLUSION:** Secondary hepatectomy for single recurrent CRLM is as effective as primary surgical treatment for single recurrent CRLM. However, secondary hepatectomy for multiple recurrent CRLM is less effective than that for single recurrent CRLM.

Key words: Colorectal neoplasm; Metastasis; Recurrence; Hepatectomy

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**Core tip:** Secondary hepatectomy for single recurrent colorectal liver metastases (CRLM) is as effective as primary surgical treatment for single recurrent CRLM.



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However, secondary hepatectomy for multiple recurrent CRLM is less effective than that for single recurrent CRLM.

Lee H, Choi SH, Cho YB, Yun SH, Kim HC, Lee WY, Heo JS, Choi DW, Jung KU, Chun HK. Repeat hepatic resection in patients with colorectal liver metastases. *World J Gastroenterol* 2015; 21(7): 2124-2130 Available from: URL: http://www.wjgnet.com/1007-9327/full/v21/i7/2124.htm DOI: http://dx.doi.org/10.3748/wjg.v21.i7.2124

# INTRODUCTION

Hepatic resection is the standard treatment for colorectal liver metastases (CRLM). The 5-year overall survival (OS) rate has been estimated to be as high as 58%<sup>[1]</sup>. Although initial hepatectomy for CRLM is potentially curative, repeat hepatectomy has been reported to have relatively limited value<sup>[2]</sup>.

Many studies have evaluated the outcomes of repeat hepatectomy; repeat hepatectomy has been found to be a feasible treatment option for recurrent CRLM. The 5-year OS rate was estimated to be as high as 54% in patients who underwent repeat hepatectomy for recurrent CRLM<sup>[2-9]</sup>. Number, size, location of lesions, metachronous CRLM, high carcinoembryonic antigen (CEA) levels, and extrahepatic metastasis have been reported to be risk factors of poor prognosis after repeat hepatectomy for recurrent CRLM.

However, few studies have compared survival curves between primary and secondary hepatectomy with long-term follow-up data. Moreover, it is unknown whether repeat hepatectomy is reasonable in patients with poor prognostic factors. The aim of this study was to investigate survival outcomes of secondary hepatectomy for recurrent CRLM compared with primary hepatectomy. We also evaluated the outcomes of secondary hepatectomy in patients with poor prognostic factors.

# MATERIALS AND METHODS

From September 1994 to December 2009, colorectal cancer patients with synchronous or metachronous CRLM who underwent curative intent surgical treatment were identified from a prospectively collected database. Extrahepatic metastasis, double primary carcinoma, grossly remnant tumor after surgery, hereditary nonpolyposis colorectal cancer, and familial adenomatous polyposis were exclusion criteria.

Patients were divided into two groups. Patients who underwent initial surgical treatment for CRLM were assigned to Group 1, while those who underwent surgical treatment for repeat CRLM were assigned to Group 2. In Group 1, the patients who underwent repeat hepatectomy during follow-up periods were excluded.

Patients underwent surgical treatment for primary colorectal cancer and CRLM if the CRLM was considered surgically curable. Results of surgical treatment were evaluated according to American Society of Clinical Oncology (AJCC) criteria: no residual tumor left after resection (R0), microscopic tumor remains (R1), or margins involved or gross disease remains (R2).

Surgical treatment for CRLM included hepatic resection and radiofrequency ablation (RFA). RFA was performed using open surgical, laparoscopic, or percutaneous approaches by interventional radiologists. An expendable needle radiofrequency system (460 KHz generator model 500 or 1500; RITA Medical Systems, Mountain View, CA, cool tip, Radionics Corporation, Burlington, MA) using single or clustered tip was used. In all patients who underwent RFA, complete necrosis of liver metastasis was confirmed by intraoperative ultrasonography and a postoperative computed tomography scan within 1 wk of the procedure.

Patients were treated with adjuvant chemotherapy based on fluorouracil. Neoadjuvant combined chemotherapy and radiation therapy was mainly performed in rectal cancer patients to facilitate sphincter preservation.

Postoperative surveillance for recurrence was performed every 3 to 6 mo for 3 years and annually thereafter; this included physical examination, chest x-ray, and abdominal computed tomography scanning. Roentgen images in addition to medical records were reviewed retrospectively to determine recurrence. Endpoints of this study were the time to tumor recurrence and time to death.

Sex, age, number and size of hepatic metastases, T stage, N stage, cell differentiation, lymphatic invasion, vascular invasion, perineural invasion of primary colorectal cancer, chemotherapy, recurrences, death, disease-free survival, and OS were the variables investigated in each patient. T and N stage of colorectal cancer were determined according to the seventh edition of the AJCC<sup>[10]</sup>.

Categorical variables are reported as numbers (percentages). Continuous variables are reported as medians (ranges). Categorical variables were compared using the  $\chi^2$  test or Fisher's exact test. Continuous variables were compared using the Mann-Whitney U test. Survival was calculated using the Kaplan-Meier method from the date of surgical treatment, and differences in survival were examined using the log-rank test. Risk factors were analyzed using a Cox regression model. Cox proportional hazards regression was used to assess the individual contribution of factors associated with survival. All variables that were significant in univariate analysis were verified with a multivariate model.

*P* values less than 0.05 were considered statistically significant.



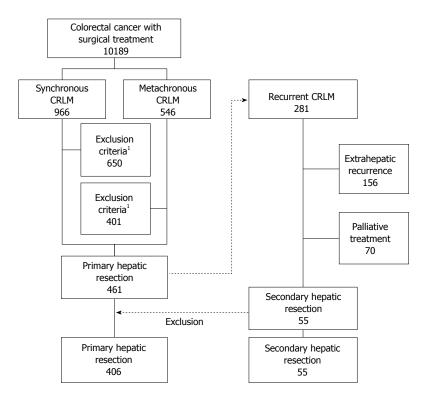


Figure 1 Flow diagram of patient selection. <sup>1</sup>Exclusion criteria: extrahepatic metastasis, double primary carcinoma, grossly remnant tumor after surgery, hereditary nonpolyposis colorectal cancer, and familial adenomatous polyposis.

# RESULTS

Among 10189 colorectal cancer patients, 461 patients who were diagnosed with CRLM and underwent R0 surgical treatment were identified. There were 281 recurrences after initial hepatectomy, and 55 patients who underwent R0 secondary hepatectomy were identified. Patients with exclusion criteria were excluded. Finally, 406 patients of Group 1 and 55 patients of Group 2 were identified and analyzed.

Median age was 59 years (range, 26-80 years) and median follow-up period was 39 mo (range, 3-195 mo) (Figure 1).

### Demographics

Sex, age, size of CRLM, adjuvant chemotherapy, T stage, N stage, lymphatic invasion, vascular invasion, perineural invasion, and histological differentiation of primary colorectal cancer were not significantly different between the two groups. The number of CRLM and the RFA proportion were significantly different between the two groups (P = 0.006 and P < 0.001, respectively) (Table 1).

### Perioperative outcomes

The morbidity rate was 17% in Group 1 and 11% in Group 2 (P = 0.23). There were no statistically significant differences in complication rate or hospital stay between the two groups. Mean operation time of the initial hepatectomy was 276.4 min (SD  $\pm$  101.3). Mean operation time of the secondary hepatectomy was 263.5 min (SD  $\pm$  58.7). Initial operation time was longer than that of the secondary hepatectomy because it included the surgery time to

remove the primary colorectal cancer.

# Poor prognostic factors

Prognostic factors were evaluated using the Cox regression test in patients who underwent repeat hepatectomy. Size of CRLM, histologic low grade cell differentiation and lymphatic invasion of primary colorectal cancer were significant prognostic factors for DFS in the primary hepatectomy group (P = 0.006, P = 0.001 and P = 0.040, respectively). Multiplicity of CRLM and RFA were significant prognostic factors for DFS in the secondary hepatectomy group (P = 0.006 and P = 0.004, respectively) (Table 2).

### Survival

DFS and OS curves of the initial hepatic resection group appeared superior to those of the secondary hepatectomy group. There was a significant difference in terms of DFS (P = 0.029) although there was no significant difference in OS (P = 0.206) (Figure 2).

One, 3-, and 5-year DFS rates were 66.9%, 46.6%, and 40.3%, respectively, in the primary hepatectomy group *vs* 55.2%, 31.2%, and 25.0%, respectively, in the secondary hepatectomy group. One, 3-, and 5-year OS rates were 91.9%, 63.3%, and 53.0%, respectively, in the primary hepatectomy group compared to 92.6%, 58.7%, and 43.3%, respectively, in the secondary hepatectomy group.

DFS curves were analyzed according to prognostic factors associated with secondary CRLM. Survival curves of the primary and secondary hepatectomy groups differed according to the number of CRLM. Differences were very obvious in the secondary hepatectomy group (P = 0.029). Median DFS time



Variable	Primary hepatectomy $(n = 406)$	Secondary hepatectomy $(n = 55)$	<b>P</b> value <sup>1</sup> 0.99	
Sex (M/F)	266:140	36:19		
Median age (yr) (range)	59.5 (26-80)	58 (36-80)	0.95	
Number of CRLM (median, range)	1 (1-8)	1 (1-4)	0.01	
CRLM size (median, range)	2.4 (0.2-7.5)	2.4 (1.0-7.5)	0.85	
Liver metastases				
Synchronous	279 (69)	39 (71)	0.74	
Metachronous	127 (31)	16 (29)		
CRLM number				
Single	232 (57)	41 (75)	0.014	
Multiple	174 (43)	14 (25)		
CRLM treatment				
Resection	324 (80)	25 (45)	< 0.001	
RFA	57 (14)	29 (53)		
Both	25 (6)	1 (2)		
T stage				
T1 T2 T3	364 (90)	47 (85)	0.35	
T4	42 (10)	8 (15)		
N stage				
N0	117 (29)	13 (24)	0.42	
N1 or N2	289 (71)	42 (76)		
Histological differentiation <sup>2</sup>				
High grade	367 (90)	53 (96)	0.21	
Low grade	39 (10)	2 (4)		
Lymphatic invasion				
(-)	172 (42)	16 (29)	0.02	
(+)	129 (32)	26 (47)		
Vascular invasion				
(-)	168 (41)	29 (53)	0.14	
(+)	102 (25)	10 (18)		
Perineural invasion				
(-)	191 (47)	20 (36)	0.38	
(+)	74 (18)	11 (22)		
Chemotherapy				
Yes	373 (92)	50 (91)	0.79	
No	33 (8)	5 (9)		

 $\frac{1}{\chi^2}$  test, Fisher's exact test, or Mann Whitney *U* test; <sup>2</sup>High grade: well or moderately differentiated, Low grade: poorly differentiated or mucinous carcinoma. CRLM: Colorectal liver metastases.

was 17 mo after primary hepatectomy and 7 mo after secondary hepatectomy for multiple CRLM. Secondary hepatectomy for cases of multiple recurrent CRLM was not more effective than primary hepatectomy for initial CRLM (P = 0.008) (Figure 3).

# DISCUSSION

Survival outcomes were similar between patients undergoing primary or secondary hepatectomy for single CRLM in this study. However, surgical treatment was less effective for multiple CRLM. Though patients underwent secondary hepatectomy, the recurrence rate was high if there were multiple CRLM. In previous studies, the number of CRLM was thought to be a prognostic factor for repeat hepatectomy. However, this has not been well studied compared with primary hepatectomy<sup>[6,11]</sup>.

Major hepatectomy is associated with high morbidity rate. Recent studies have reported the morbidity rate to still be up to 60% after hepatectomy for CRLM<sup>[12]</sup>. However, repeat hepatectomy could

be justified with acceptable morbidity and mortality compared with primary hepatectomy. Many studies reported that repeat hepatectomy for recurrent CRLM is safe enough and improves survival outcomes<sup>[13]</sup>. In our study, the morbidity rate was 11% after secondary hepatectomy and lower than in the primary hepatectomy group. However, the primary hepatectomy group included patients with synchronous CRLM who underwent colorectal surgery and hepatectomy simultaneously. Therefore, the morbidity rate was not exactly compared between the two groups. We expect the morbidity rate to seem similar if the proportion of colorectal surgery is excluded.

In this study, the 5-year survival rate was more than 40% after secondary hepatectomy for recurrent CRLM. Although excellent overall survival outcomes have been observed in patients who underwent repeat hepatectomy, the high recurrence rate remains an unsolved problem<sup>[14]</sup>. The recurrence rate was significantly higher in the secondary hepatectomy group then in the primary hepatectomy group. Half of the patients experienced recurrence after secondary

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Variable	Primary hepatectomy $(n = 406)$				Secondary hepatectomy $(n = 55)$			
	Univariate analysis	Multivariate analysis <sup>1</sup>		Univariate analysis	Multivariate analysis <sup>1</sup>			
	P value	HR	95%CI	P value	P value	HR	95%CI	P value
Male sex	0.110				0.260			
Age	0.750				0.360			
Metachronous	0.002	0.70	0.42-1.16	0.170	0.670			
Multiple CRLM	0.067				0.037	2.78	1.33-5.78	0.006
Size of CRLM	0.001	1.15	1.04-1.26	0.006	0.260			
Radiofrequency ablation	0.220				0.008	2.84	1.40-5.73	0.004
T4	0.110				0.530			
N1 or N2	0.002	1.17	0.70-1.94	0.550	0.310			
Low grade cell differentiation <sup>2</sup>	< 0.001	2.38	1.46-3.88	0.001	0.660			
Lymphatic invasion	< 0.001	1.50	1.02-2.20	0.040	0.100			
Vascular invasion	< 0.001	1.49	0.99-2.25	0.058	0.670			
Perineural invasion	0.001	1.32	0.88-1.99	0.190	0.820			
Adjuvant chemotherapy	0.950				0.140			

<sup>1</sup>Variables that were significant in univariate analysis were verified with a multivariate model; <sup>2</sup>Low grade: poorly differentiated or mucinous carcinoma. CRLM: Colorectal liver metastases.

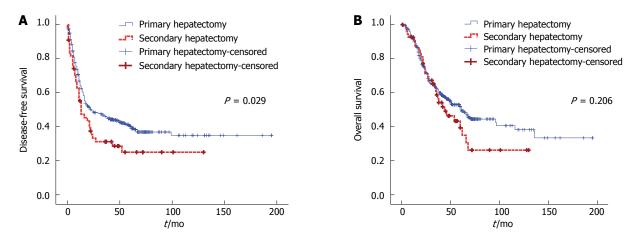


Figure 2 Disease-free survival and overall survival curves after primary and secondary hepatic resection for colorectal liver metastases. A: Disease-free survival: B: Overall survival.

hepatectomy. If there were multiple recurrent CRLM, median DFS time was only 7 mo. Short-term followup is necessary after repeat hepatectomy, especially for multiple recurrent CRLM. To detect recurrent CRLM effectively, various markers have been investigated<sup>[15]</sup>. However, molecular markers have not been well established yet.

In the study, RFA was a significant risk factor of recurrence. According to a recent study, cluster of differentiation 95 (CD95) is thought to play a role in the recurrence of cancer after RFA because of the potential of RFA to cause hypoxic damage. CD95 can induce apoptosis, but can also promote tumor genesis in apoptosis-resistant tumor cells<sup>[16]</sup>. However, we expect there might be a selection bias. Hepatectomy is the most effective curative treatment for resectable metastatic liver disease, including recurrent metastases. We consider hepatectomy to be the first-line treatment for CRLM. We inevitably choose RFA as a substitute for hepatectomy when there are multiple CRLM and expected remnant liver

volume is too small. The patients who have recurrent CRLM are older than initial CRLM patients and the risks of morbidity increase with age. If the patients have severe comorbidities, RFA might be safer than hepatectomy. Therefore, we could not evaluate the efficiency of RFA compared with hepatectomy.

There are still controversies regarding the indications for repeat hepatectomy. A recent study reported that hepatectomy for an old-age group is feasible with a reasonable long term survival rate<sup>[17]</sup>. Repeat hepatectomy was also attempted for recurrent gastric cancer and it was reported that it could offer the chance for cure in selected patients<sup>[18]</sup>. However, hepatectomy is not always possible, especially in recurrent CRLM. In patients with unresectable recurrent CRLM, liver transplantation was not indicated in the past. However, a recent study reported that the oncologic outcomes of liver transplantation for unresectable CRLM is comparable with liver resection for resectable CRLM<sup>[19]</sup>.

In our study, we reviewed the age of patients



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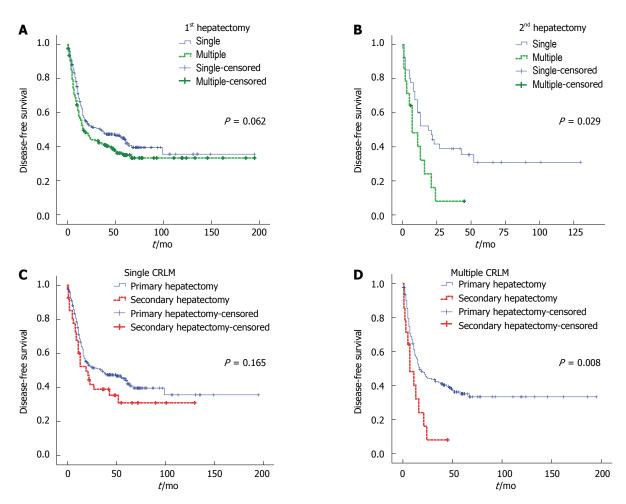


Figure 3 Disease-free survival curves after primary and secondary hepatic resection for single or multiple colorectal liver metastases. A: Primary hepatectomy for single or multiple colorectal liver metastases (CRLM); B: Secondary hepatectomy for single or multiple recurrent CRLM; C: Primary or secondary hepatectomy for single CRLM; D: Primary or secondary hepatectomy for multiple CRLM.

according to the date of hepatectomy. To reduce bias, we also performed multivariate analysis. However, there may have been selection bias. There was a difference in CRLM number between the two groups. In the secondary hepatectomy group, single CRLM was more common than in the primary hepatectomy group. However, this study has an adequate number of patients and long-term followup data. Moreover, a randomized controlled study design is impossible for repeat hepatic resection. Although there are limitations in this study, we were able to find significant prognostic factors of secondary hepatectomy.

Previous studies have reported that repeat hepatectomy is safe and effective for recurrent CRLM<sup>[20,21]</sup>. However, surgeons should be cautious before performing surgery in patients with poor prognostic factors. Secondary hepatectomy was not effective for multiple recurrent CRLM and the median DFS time was only 7 mo. In those patients, detailed preoperative evaluation is compulsory and short-term follow-up is necessary after secondary hepatectomy.

In conclusion, secondary hepatectomy for single

recurrent CRLM is as effective as primary surgical treatment for single CRLM. However, secondary hepatectomy for multiple recurrent CRLM is less effective than that for single recurrent CRLM.

# COMMENTS

#### Background

Hepatic resection is the standard treatment for colorectal liver metastases (CRLM). Although initial hepatectomy for CRLM is potentially curative, repeat hepatectomy has been reported to have relatively limited value. Only a few studies have compared survival curves between primary and secondary hepatectomy. It is unclear whether repeat hepatectomy is as safe and effective as primary hepatectomy, especially in patients with poor prognostic factors.

#### **Research frontiers**

Secondary hepatectomy for recurrent CRLM is as effective as primary surgical treatment for CRLM. However, high recurrence rates still remain an unsolved problem. The research hotspot is how to reduce recurrence rates after repeat hepatectomy. Many chemotherapeutic drugs including targeted therapy agents have been developed. However, the optimal treatment for recurrent CRLM has not been established yet.

#### Innovations and breakthroughs

The authors found that the prognostic factors are different between primary hepatectomy group and secondary hepatectomy groups. The recurrence rate increased according to multiplicity of CRLM in the secondary hepatectomy group. However, it was not a significant prognostic factor for primary hepatectomy for CRLM.

# Applications

The study results suggest that secondary hepatectomy for single recurrent CRLM is as effective as primary surgical treatment for single CRLM. However, secondary hepatectomy for multiple recurrent CRLM is less effective than that for single recurrent CRLM. They think that the above findings and our conclusion are quite new and can help clinicians determine what they should do when they encounter patients with recurrent CRLM.

#### Peer-review

This is a good descriptive study in which the authors analyzed the survival outcomes according to repeat hepatectomy and risk factors. The results are clear and suggest the recommendations of secondary hepatectomy.

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P-Reviewer: Balaban YH, Moralioglu S, Nigri G S-Editor: Qi Y L-Editor: Logan S E-Editor: Zhang DN





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