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Central Corneal Thickness Correlates with Oxygen Levels in the Human Anterior Chamber Angle

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Abstract

Purpose—To measure oxygen (pO_2) in eyes of patients undergoing intraocular surgery and identify correlations with central corneal thickness (CCT).

Design—Prospective, cross-sectional study

- Setting: Institutional
- Patient Population: 124 patients undergoing cataract and/or glaucoma surgery
- **Observation Procedure:** Prior to surgery, an oxygen sensor was introduced into the anterior chamber (AC) via peripheral corneal paracentesis. The tip of the flexible fiberoptic probe was positioned for three measurements in all patients: (1) near central corneal endothelium, (2) in mid-AC and (3) in AC angle. In patients undergoing cataract extraction, additional measurements were taken (4) at the anterior lens surface and (5) in the posterior chamber.
- <u>Main Outcome Measures</u>: pO₂ measurements at five locations within the eye were compared to central corneal thickness measurements by multivariate regression analyses.

Results—There was a statistically significant inverse correlation between CCT and pO_2 in the anterior chamber angle (p=0.048). pO_2 was not significantly related to CCT at any other location,

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Contributions of Authors:

All authors (CS, YBS, FB, DCB) participated in the design and conduct of study; collection, management, analysis and interpretation of data and in the preparation, review and approval of manuscript. Each author is responsible for the integrity of the entire study and manuscript.

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including beneath the central cornea. Regression analysis relating CCT to age, race and oxygen levels in all five locations in the anterior segment revealed an association of a thinner cornea with increasing age (p=0.007).

Conclusions—Physiologic correlations with central corneal thickness may provide clues to understanding why a thinner cornea increases the risk of open glaucoma. Associations between glaucoma risk, CCT and pO_2 in the AC angle suggest that exposure of the outflow system to increased oxygen or oxygen metabolites may increase oxidative damage to the trabecular meshwork cells, resulting in elevation of intraocular pressure.

Introduction

Although elevated intraocular pressure (IOP) is the most significant risk factor for the development of glaucoma, recent studies revealed an association between central corneal thickness (CCT) and the risk of developing glaucoma,^{1,2} the leading cause of irreversible blindness worldwide. However, the importance of CCT in glaucoma was not studied more closely until validated in the Ocular Hypertension Treatment Study (OHTS).³ Measurement of CCT is now considered to be the standard of care in the evaluation of a patient at risk for glaucomatous optic neuropathy. The Early Manifest Glaucoma Trial (EMGT),² which enrolled subjects with glaucoma damage not based on IOP measurement, correlated the effect of CCT on glaucomatous progression. In spite of the small size, homogeneity of the study population and the relatively short follow-up, CCT correlated with progression. A thinner cornea is not only a strong predictive risk factor for progression of ocular hypertension to open angle glaucoma (OAG), but also correlates with the severity of visual field damage and more rapid progression of visual field loss.^{4,5} In addition, a recent publication⁶ from the OHTS trial data indicated that utilizing a formula to adjust the IOP for CCT does not improve the prediction model for open angle glaucoma. Although this does not prove a role for CCT as an independent risk factor in this population, it remains an important risk factor without a physiologic explanation.

Although Jonas et al⁷ confirmed that thinner CCT correlated significantly with the area of the neuroretinal rim and inversely with visual field loss at the time of referral, they noted progression of the neuropathy to be independent of CCT. These investigators did not find a correlation with CCT and thickness of the lamina cribrosa⁸ or development of glaucomatous optic disc hemorrhages.⁹

Anatomic and mechanical links between corneal thickness and the structural properties of the optic disc and lamina cribrosa have been identified. Disc area, cup depth and elasticity of the lamina cribrosa have been shown to be associated with CCT. A statistically significant correlation of scleral thickness and CCT has been described among patients with normal tension glaucoma, but not in controls or patients with ocular hypertension or primary OAG.¹⁰ Genome-wide association studies¹¹ identified a significant association between CCT and variants linked to the α 2 chain of collagen VIII and the α 1 chain of collagen V. Although this statistical association is robust, the mechanistic link between collagen expression or function and glaucoma pathogenesis remains unclear.

In spite of these clinical, anatomic, and genetic correlates, no physiologic associations with CCT have been identified. We report that thinner corneas are associated with increased partial pressure of oxygen (pO_2) in the anterior chamber angle in patients undergoing cataract and/or glaucoma surgery.

Methods

Study Design

The Human Resource Protection Office and the Institutional Review Board of the Washington University School of Medicine prospectively approved this study which is compliant with HIPAA guidelines and conforms to the tenets of the Declaration of Helsinki. Informed consent was obtained from the subjects after explanation of the nature and possible consequences of the study. The prospective, cross-sectional study was designed to measure oxygen distribution in different regions of the eye in a reference group, with no previous cataract or vitrectomy surgery, and evaluate correlations with patient characteristics.

Patients and oxygen measurements

Patients undergoing cataract and/or open-angle glaucoma surgery in a single subspecialty practice (CJS) were eligible for this study. Patients were excluded from the study if they had evidence of corneal endothelial dysfunction, ischemic ocular disease, anterior chamber angle closure, inflammatory disease, ocular neoplasia, shallow anterior chamber, or monocular status. Patients with prior ocular surgery, except for laser therapy and glaucoma filtering surgery, were also excluded from participation.

A complete general medical and ophthalmic history was obtained as well as a complete ophthalmic examination. Central corneal thickness (CCT) was measured by ultrasound (DGH 55 Pachmate, DGH Technology, Inc., Exton, PA). Axial length measurements were recorded on patients undergoing cataract extraction (Zeiss IOLMaster, Carl Zeiss Meditec, Germany). Race was self-reported using a standardized questionnaire. As per usual surgical protocol, the patient was placed in the supine position and intravenous sedation was administered. Supplemental oxygen was provided by nasal cannula. The surgical field was completely separated from the cannula using an adhesive surgical drape to avoid any additional oxygen exposure to the eye. Blood oxygen saturation (SaO₂) monitoring was performed by continuous pulse oximetry and maintained between 95 and 100%. The surgical eye was prepped and draped and a lid speculum was placed. A sub-Tenon's injection of 3 ml of 2% lidocaine and 0.375% bupivacaine (50:50) was performed to provide local anesthesia. Prior to the planned surgical procedure, a 30-gauge needle was used for entry into the anterior chamber to fashion a peripheral corneal paracentesis and the Oxylab pO2TM optical oxygen sensor (optode; Oxford Optronix, Oxford, United Kingdom) was carefully introduced into the anterior chamber without leakage of aqueous humor (Figuretop). Instrument calibration was checked prior to and following each set of measurements. The tip of the flexible fiberoptic probe was positioned for three measurements in all patients by the surgeon (CJS; Figure-bottom): (1) near the central corneal endothelium, (2) in the mid-anterior chamber (AC) and (3) in the AC angle. In patients scheduled to undergo cataract extraction, additional measurements were taken at (4) the anterior lens surface and

(5) in the posterior chamber just behind the iris. This avoided risk of damage to the lens in patients who were to remain phakic after the operative procedure. Each measurement required a mean of 46.2 seconds for accurate probe positioning and stabilization of the pO_2 level. Patients were monitored postoperatively for any complications.

Statistical analysis

Results are expressed as mean values \pm standard deviation (SD). Statistical analyses were performed using SPSS software Version 17.0 (SPSS, Chicago, IL, USA). Multivariate regression analyses were performed with adjustment for all potential confounding variables measured. Probability values less than 0.05 were considered statistically significant.

Results

A total of 124 patients participated. There were 53 male and 71 female subjects, 37 African American and 87 Caucasian. The mean age was 70.4 years. The pO_2 in different regions of the eye was not related to surgical diagnosis or surgical procedure performed. The study group included patients with no previous intraocular ocular surgery (77 eyes) and patients with prior laser (22 eyes) or glaucoma filtering surgery (25 eyes). Glaucoma patients were divided into those with medically controlled IOP and those for whom medical control was not adequate. Glaucoma patients were also subdivided into three groups based on their visual field loss, as a measure of glaucoma severity. The oxygen levels at the five locations, patient age, axial length and CCT are shown in Table 1. There was no significant difference in the two groups (glaucoma plus cataract versus cataract only).

For the study group, regression analysis that related CCT to age, race and oxygen levels in all five locations in the anterior segment showed that having a thinner cornea was associated increasing age (p=0.007) and increased pO_2 in the anterior chamber angle (p=0.048) (Table 2). Oxygen levels at all other locations were not associated with CCT, even beneath the central cornea. As in our previous study,¹² African-Americans had significantly higher pO_2 in all five areas measured. These data are not shown because some patients were included in both studies. When adjusted for age and race, IOP that was not medically controllable was significantly associated with having a thinner cornea (p=0.045; Table 3, left). Glaucoma severity, as measured by visual field loss classified as none, early, moderate, or severe, was not associated with having a thinner cornea in other studies, it was not significantly associated with CCT in this patient group.

Discussion

Central Corneal Thickness and the Risk of Open Angle Glaucoma

Following identification of the importance of CCT on the development of open angle glaucoma, the artifactual effect of CCT on Goldmann applanation tonometry has surfaced. As the instrument design was based on the assumption of an average patient's CCT of 500um, Goldmann and Schmidt¹³ erroneously assumed that the Imbert-FIck law applied to the tonometer and the cornea. The variation of corneal thickness within a population may significantly interfere with the accuracy of IOP measurements with the Goldmann

tonometer. Ehlers et al¹⁴ performed experiments with cannulation of normal eyes undergoing cataract extraction revealing over and underestimation of up to 7 mm Hg per 100 μ m of CCT. The effect of a thicker vs. thinner-than-average cornea to over- vs. underestimate, respectively, the "true" IOP is significant. This may result in misclassification of patients as ocular hypertensives and as "normal tension" glaucoma. Correction factors for this disparity have not been validated but have been suggested by some individuals.¹⁵ However, other biomechanical properties of the cornea also impact tonometric IOP measurements,¹⁶ and alterations of IOP do not likely explain the risk factor of CCT.

Oxygen Distribution in the Anterior Segment of the Eye

Previous reports of the stable pO_2 gradients within the anterior and posterior segments of the rabbit¹⁷ and human eye¹⁸ *in vivo* demonstrated higher pO_2 at the corneal endothelial surface and lower pO_2 around the lens. The higher oxygen levels beneath the cornea reflect the diffusion of oxygen across the corneal surface and oxygen consumption by corneal cells. The gradient across the anterior chamber indicated oxygen consumption by the lens. However, our studies did not detect a correlation between CCT and pO_2 beneath the central cornea. This is probably because corneal thickness is determined primarily by stromal thickness. Therefore, thinner corneas would not necessarily have many fewer oxygen-consuming cells, since cell density in the stroma is significantly lower than in the epithelium or endothelium.

In contrast to pO₂ beneath the central cornea, oxygen near the AC angle appears to be regulated by blood oxygen saturation in the ciliary body vasculature. Increasing or decreasing blood oxygen saturation selectively increased or decreased oxygen levels in the rabbit anterior chamber angle.¹⁷ Similarly, increased oxygen in the posterior chamber following vitrectomy and cataract surgery nearly doubled oxygen levels in the human anterior chamber angle.¹⁸ We postulated that the increased oxygen on the aqueous side of the ciliary epithelium would decrease the extraction of oxygen from the blood by the ciliary epithelium, thereby increasing oxygen saturation in the ciliary body circulation. The ciliary body vasculature is composed of fenestrated capillaries, meaning that plasma proteins and oxygen can readily diffuse into the ciliary body stroma. We proposed that some of the excess oxygen in the ciliary body stroma would diffuse, along with extravascular plasma proteins, into the AC angle from the ciliary body stroma through the iris stroma, via the pathway described by Freddo et al.¹⁹ Thus, the correlation of CCT with pO₂ in the AC angle may be related to factors that alter both corneal thickness and oxygen diffusion from the ciliary body vasculature into the anterior chamber angle.

As a potential explanation for this association, Maul and colleagues²⁰ found that CCT was inversely related to choroidal thickness in the macular region. If this relationship extended into the anterior uveal tract, thinner corneas would be associated with greater volume in the ciliary body stroma, which could increase oxygen diffusion into the anterior chamber angle. Similarly, variants in the expression or function of collagens VIII and V, which have been associated with CCT, could alter the density of the ciliary body stroma, affecting diffusion into the anterior chamber angle.

In agreement with the potential importance of oxygen as a cause of damage to the outflow pathway as a source of reactive oxygen species, we identified statistically significant increases in pO_2 in the anterior chamber angle in patients who had undergone prior vitrectomy and cataract surgery¹⁸ as well as in African-American patients.¹² Since both characteristics are associated with increased risk of OAG, elevated oxygen in the anterior chamber angle may explain these increased risks.^{21,22}

Racial characteristics, Heritability and Central Corneal Thickness variation

Examination of different racial groups²³ revealed thinner CCT in Africans (sub-Saharan, Afro-Caribbean and African-Americans;²⁴ and Asians, but no correlation with IOP. The Los Angeles Latino Eye Study noted that Hispanics had intermediate CCT compared to African Americans and Caucasians.²⁵ Understanding the genetic determinants of CCT may aid in uncovering the underlying connection between CCT, OAG and pO₂ in the AC angle. CCT has been shown to be one of the most heritable of the risk factors for glaucoma. Alsbirk et al²⁶ found heritability estimates of 0.6–0.7 for CCT in Eskimo families in Greenland. Toh et al²⁷ conducted a CCT heritability study on mono- and dizygotic twins in Australia and the United Kingdom and calculated a heritability factor of 0.95. Another twin study performed in China²⁸ by Zheng et al estimated heritability for CCT to be 0.88 for males and 0.91 for females.

Mapping of CCT-associated loci through candidate gene and genome-wide association studies (GWAS) identified the ZNF469 gene, which encodes a zinc finger protein associated with "brittle cornea syndrome" ²⁹ and FOXO1, a transcription factor involved in regulating metabolism in many tissues.³⁰ Other genetic associations with CCT include variants in collagen genes (*COL5A1* and *COL8A2*).¹¹ However, in the large GLAUGEN and NEIGHBOR cohorts, all 20 loci previously associated with CCT were not significantly associated with open angle glaucoma.³¹ However, this study identified several other single nucleotide polymorphisms that had suggestive genome-wide association with CCT ($p<10^{-5}$) and significant association with OAG. The genes linked to these loci (CNTNAP4, NTM) were expressed in the brain and optic nerve, but at minimal levels in the sclera and cornea. However, this study did not examine their expression in the tissues of the uveal tract, which could affect exposure of the trabecular meshwork to oxygen.

Oxidative stress and glaucoma

Increased outflow resistance as a result of damage to the trabecular meshwork (TM) cells has been a major focus for studies of glaucoma pathogenesis. The age-related loss of TM cells as first noted by Alvarado et al,³² is likely to contribute to increased outflow resistance. Numerous subsequent studies provide evidence of increased oxidative damage and reduced resistance to oxidative stress in the outflow pathway³³ and in the degeneration of retinal ganglion cells.³⁴ Oxidative stress may be the result of IOP induced neuronal damage in an in vitro study of cultured retinal ganglion cells.³⁵ Increased oxidative DNA damage, as quantified by 8-hydroxyl-2'-deoxyguanosine (8-OHdG) measured within trabecular meshwork cells of glaucoma patients,³⁶ provides evidence for oxidative stress as a factor in the etiology of glaucomatous optic neuropathy. Additionally, Sacca et al³⁷ demonstrated that the quantity of oxidative DNA damage measured within the TM cells correlates with

increased IOP and visual field loss in human patients. These studies suggest a decrease in both "local" and, perhaps, systemic antioxidant capacity in patients with glaucoma as a result of chronic oxidative insult. Superoxide dismutase activity, an important enzymatic antioxidant factor, decreases with age in normal cadaveric TM,³² suggesting an age-related decrease in anti-oxidant protection. Human TM has been shown to be more sensitive to oxidative stress as compared to the adjacent tissues of the iris and cornea.³⁸ Mitochondrial DNA deletion was significantly increased in the TM of glaucoma patients as compared to controls and was associated with a decreased number of mitochondria per cell.³⁹ Mitochondrial dysfunction and decreased quantities per cell could result in decreased oxygen consumption, higher local pO₂ and a potential source of reactive oxygen species. A recent study⁴⁰ demonstrated that oxidative stress stabilizes selected mRNAs (IL-6 and IL-8) in human TM cells for cytokines associated with glaucoma progression.

Our study is limited by the invasive nature of our measurements, requiring the inclusion of only patients undergoing intraocular surgery, thereby without an ideal control. As we did not identify any statistically significant differences in pO_2 at any location in patients with a diagnosis of glaucoma versus cataract, or with glaucoma severity/IOP control, it is admittedly difficult to determine a cause/effect relationship with CCT and glaucoma. However, our findings are important, as this local increase in pO_2 may represent the source of the oxidative stress that has been measured in other studies.^{36–38}

In summary, the source of the oxidative stress and reactive oxygen species in open angle glaucoma has yet to be identified. We propose that alterations of oxygen distribution in susceptible patients may result in increased exposure to molecular oxygen and formation of reactive oxygen species in the local environment or in the trabecular meshwork cells themselves. The fact that oxygen increased in the angle of patients with thinner corneas provides the first potential physiologic explanation for the increased risk of OAG in these patients. Studies are underway in a primate model to evaluate the effects of local elevation of pO_2 on trabecular meshwork structure, oxidative damage, cell survival and outflow facility.

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Biography



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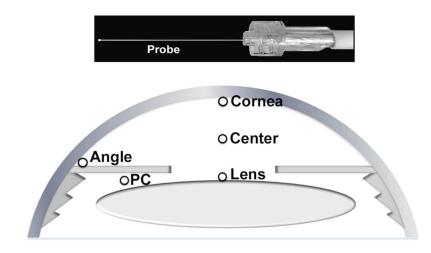


FIGURE.

Measurement of Oxygen Levels in the Human eye *in vivo* Oxylab pO_2^{TM} optical oxygen sensor device with flexible fiberoptic probe is introduced into the eye via 30-gauge corneal paracentesis site (Top). Open circles indicate locations for measurement of oxygen (pO₂) within the eye (Bottom).

PC = Posterior chamber

Table 1

Comparison of baseline patient characteristics and intraocular oxygen measurements at five locations based on preoperative diagnosis

	Glaucoma + Cataract (N=107)	Cataract only (N=17)	p value
Age (years)	70.2 ± 10.0	71.2 ± 13.8	0.785
CCT (µm)	549.6 ± 38.0	556.3 ± 41.7	0.566
Axial Length (mm)	24.0 ± 1.4	24.5 ± 2.0	0.329
pO_2 at Cornea (mmHg)	22.0 ± 6.8	22.6 ± 7.6	0.792
<i>p</i> O ₂ at Center (mmHg)	10.3 ± 3.8	9.7 ± 5.2	0.660
pO_2 at Lens (mmHg)	2.1 ± 2.1	2.6 ± 2.8	0.454
<i>p</i> O ₂ at Angle (mmHg)	12.0 ± 5.1	13.6 ± 4.9	0.244
<i>p</i> O ₂ at PC (mmHg)	3.7 ± 2.8	4.4 ± 2.7	0.370

 $CCT = central corneal thickness; pO_2 = partial pressure of oxygen; PC = posterior chamber$

Table 2

Association between central corneal thickness and intraocular oxygen measurements with adjustment for age and race

	β	p value
Age	-1.215	0.007
Race	7.841	0.489
pO_2 at Cornea	0.314	0.741
pO_2 at Center	0.446	0.782
pO_2 at Lens	-3.622	0.182
pO_2 at Angle	-2.204	0.048
pO_2 at PC	-0.059	0.974

 pO_2 = partial pressure of oxygen; PC = posterior chamber; β = regression coefficient

Table 3

Association between central corneal thickness and intraocular pressure (left) or glaucoma severity (right) with adjustment for age and race

	β	p value
Age	-0.919	0.007
Race	-12.601	0.105
IOP	-14.121	0.045
	β	p value
Age	-0.896	0.009
Race	-11.649	9 0.137
Severity	-5.057	0.127

IOP = intraocular pressure; β = regression coefficient