## GRIN2A

### An aptly named gene for speech dysfunction

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#### **ABSTRACT**

**Objective:** To delineate the specific speech deficits in individuals with epilepsy-aphasia syndromes associated with mutations in the glutamate receptor subunit gene *GRIN2A*.

**Methods:** We analyzed the speech phenotype associated with *GRIN2A* mutations in 11 individuals, aged 16 to 64 years, from 3 families. Standardized clinical speech assessments and perceptual analyses of conversational samples were conducted.

**Results:** Individuals showed a characteristic phenotype of dysarthria and dyspraxia with lifelong impact on speech intelligibility in some. Speech was typified by imprecise articulation (11/11, 100%), impaired pitch (monopitch 10/11, 91%) and prosody (stress errors 7/11, 64%), and hypernasality (7/11, 64%). Oral motor impairments and poor performance on maximum vowel duration (8/11, 73%) and repetition of monosyllables (10/11, 91%) and trisyllables (7/11, 64%) supported conversational speech findings. The speech phenotype was present in one individual who did not have seizures.

**Conclusions:** Distinctive features of dysarthria and dyspraxia are found in individuals with *GRIN2A* mutations, often in the setting of epilepsy-aphasia syndromes; dysarthria has not been previously recognized in these disorders. Of note, the speech phenotype may occur in the absence of a seizure disorder, reinforcing an important role for *GRIN2A* in motor speech function. Our findings highlight the need for precise clinical speech assessment and intervention in this group. By understanding the mechanisms involved in *GRIN2A* disorders, targeted therapy may be designed to improve chronic lifelong deficits in intelligibility. **Neurology® 2015;84:586-593** 

#### **GLOSSARY**

**ADRESD** = autosomal dominant rolandic epilepsy with speech dyspraxia; **EAS** = epilepsy-aphasia syndromes; **ECSWS** = epileptic encephalopathy with continuous spike and wave during sleep; **GRIN2A** = glutamate receptor, ionotropic, N-methyl D-aspartate 2A; **IEAD** = intermediate epilepsy-aphasia disorder.

Language and speech impairment are integral to the epilepsy-aphasia syndromes (EAS). At the severe end of the epilepsy-aphasia spectrum lie two disorders associated with regression and continuous spike and wave during sleep, defined by bilaterally synchronous discharges occupying >85% of slow-wave sleep. Language regression, typically with verbal auditory agnosia, is characteristic of Landau-Kleffner syndrome, often associated with treatable focal seizures. Global regression is usual in epileptic encephalopathy with continuous spike and wave during sleep (ECSWS) associated with multiple seizure types. Next in the continuum is intermediate epilepsy-aphasia disorder (IEAD) with abnormal cognitive development or regression, with or without seizures, with epileptiform activity occupying <85% sleep.¹ At the mild end, impaired language and literacy skills are described in benign childhood epilepsy with centrotemporal spikes.² Ictal oromotor and speech impairment as well as interictal speech sound disorder have also been reported.³,4 Speech dyspraxia occurs in rare families with rolandic epilepsy and cognitive impairment.⁵,5–7 Impairment in language (understanding and use of words) is central to the

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EAS, yet speech (how speech sounds are produced or articulated) has not been carefully investigated.

Inherited and de novo mutations in *GRIN2A*, encoding the NR2A subunit of the glutamate NMDA receptor, are found in 9% to 20% of probands with EAS.<sup>8–10</sup> We identified mutations in *GRIN2A* in 4 of 519 patients with epileptic encephalopathies of unknown cause and found all 4 patients had EAS disorders.<sup>8</sup> This finding was replicated in French and German studies.<sup>9,10</sup> Here, we studied the speech phenotype of 3 families with EAS associated with *GRIN2A* mutations.

METHODS We studied 11 individuals from 3 families with EAS and *GRIN2A* mutations. <sup>1,5,8</sup> A range of tasks was performed to assess speech, oral motor skills, cognition, and language (table 1). Audiovisual recordings of assessments were made using a Marantz PMD671 digital recorder, Countryman Isomax headset microphone, and a Sony DCR-SR85 digital camera. Two speech pathologists (S.J.T., A.T.M.) independently rated the perceptual speech characteristics of conversational samples using a dysarthria rating scale, <sup>11</sup> then reached consensus on discrepant ratings. Word and nonword repetition tasks (Nonword Memory Test, multisyllabic word repetition task) and subtests of the Apraxia Battery for Adults, Second Edition (ABA-2), were used to assess motor speech planning and programming. Word and nonword repetition raw scores were calculated as the number of words correctly produced and compared with adult normative data. <sup>12,13</sup>

Table 1 Tasks used to assess speech, oral motor skills, cognition, and language Task Reference Speech Conversational speech sample: speech errors and dysarthria rating scale 11 **Nonword Memory Test** 13 Multisyllabic word repetition task 12 Apraxia Battery for Adults, Second Edition: Repeated Trials and Increasing 14 Word Length subtests Maximum vowel prolongation 16 Monosyllable repetition rate (pa, ta, ka); trisyllable repetition rate (pataka) 15 16 Oral motor skills Frenchay Dysarthria Assessment, Second Edition 17 Language Up to 21 y Clinical Evaluation of Language Fundamentals, Fourth Edition 19 Older than 21 y Peabody Picture Vocabulary Test, Fourth Edition 20 Expressive Vocabulary Test, Second Edition 21 Test for Reception of Grammar, Second Edition 22 Cognition Wechsler Abbreviated Scale of Intelligence, Second Edition

Raw scores on the ABA-2 were compared with normative data.<sup>14</sup> Maximum performance tasks (maximum vowel prolongation, maximum repetition rate of monosyllables and trisyllables) were used to independently assess subsystems required for accurate speech production: respiration, phonation, and articulation.<sup>15</sup> Three trials of each task were performed, and the best performance was compared with adult normative data.<sup>16</sup> The Frenchay Dysarthria Assessment, Second Edition, was used to examine nonspeech oral motor skills.<sup>17</sup> Performance was measured on a 9-point scale, with scores 7 and below indicative of impairment.

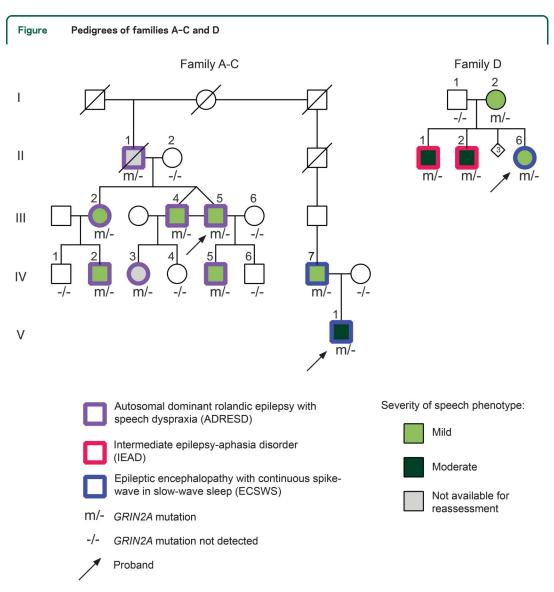
Perceptual speech characteristics and performance on word and nonword repetition and maximum performance tasks were used to distinguish the different motor speech disorders. Dysarthria was diagnosed based on the presence of speech deficits at any level of the speech subsystem (respiration, phonation, articulation, resonance, prosody) due to abnormalities in the strength, speed, range, steadiness, tone, or accuracy of movements, specified in the Mayo dysarthria classification system. <sup>16</sup> Diagnosis of speech dyspraxia was based on features identified in the American Speech and Hearing Association Childhood Apraxia of Speech Technical Report, <sup>18</sup> including inconsistent errors, disrupted coarticulatory transitions, and inappropriate prosody.

Receptive and expressive language skills were measured using the Clinical Evaluation of Language Fundamentals, Fourth Edition, with normative data available up to 21 years. For adults older than 21 years, receptive vocabulary skills were examined using the Peabody Picture Vocabulary Test, Fourth Edition, expressive vocabulary using the Expressive Vocabulary Test, Second Edition, and comprehension of grammatical contrasts using the Test for Reception of Grammar, Second Edition. For each test. Information regarding early language skills, as well as electroclinical and imaging data, was obtained from the families and confirmed from their medical records. Cognitive function was measured using the 4-subtest form of the Wechsler Abbreviated Scale of Intelligence, Second Edition, or the 2-subtest form when there were time constraints during testing.

**Standard protocol approvals, registrations, and patient consents.** This study was approved by the Human Research Ethics Committees of The Royal Children's Hospital and Austin Health (RCH HREC 27053, Austin HREC H2011/04390). Written informed consent was obtained from all participants, including from parents in the case of minors or those with intellectual disability. Consent covered use of video footage for publication.

**RESULTS** The cohort comprised 11 individuals from 3 families named according to the codes (A, C, D) used in the report identifying *GRIN2A* as the causative gene for ease of reference.<sup>1,5,8</sup> Family A included 5 members with autosomal dominant rolandic epilepsy with speech dyspraxia (ADRESD).<sup>5</sup> Family C was a father–son pair with ECSWS who had the same *GRIN2A* mutation and shared an identical haplotype with family A, but the families were not known to be related. Recent genealogic work has determined the relationship between the 2 families (figure, family A-C). Family D comprised 2 brothers with IEAD, their sister with ECSWS, and their mother who did not have a history of seizures and had not received antiepileptic medication (figure).

The median age of the affected individuals studied was 48 years (mean 38 years, range 16–64 years). At



Family A was originally reported in Scheffer et al., 5 1995; family D is family I in Tsai et al., 1 2013.

the time of this study, none of the 10 individuals with a seizure disorder had ongoing seizures. Only 3 individuals were on antiepileptic medication (AC-V-1, AC-IV-5, D-II-1); in one individual, the antiepileptic medication was for behavioral management rather than seizures (D-II-1). No epileptiform abnormalities were present on the last EEG in 7 individuals (table 3). Three (AC-IV-2, D-II-2, D-II-6) had epileptiform abnormalities on their studies at ages 8 to 12 years but have not had subsequent studies. Six individuals underwent brain MRI at the time of the study, which was normal in 4 (AC-III-2, AC-III-5, AC-IV-2, AC-V-1). A Chiari I malformation was found in AC-IV-5, and left hippocampal sclerosis in AC-IV-7. Brain MRI was reported as normal in 3 (AC-III-4, D-II-1, and D-II-6). D-I-2 did not undergo EEG or MRI studies and her son D-II-2 did not have an MRI study.

The more severe epilepsy phenotypes may be associated with more severe speech phenotypes, but larger

numbers of cases are required to show whether this is a true correlation.

Individuals with *GRIN2A* mutations showed abnormalities in both motor speech planning/programming (i.e., speech dyspraxia) and execution (i.e., dysarthria).

Speech features. Conversational speech intelligibility was moderately impaired in 3 individuals (AC-V-1, D-II-1, D-II-2) and mildly reduced in 7 (AC-III-2, AC-III-4, AC-III-5, AC-IV-2, AC-IV-5, AC-IV-7, D-I-2) (table 2; see video on the *Neurology*® Web site at Neurology.org). Impairments occurred across the domains of articulation, phonation, resonance, and prosody. All individuals demonstrated impaired articulation, characterized by imprecise production of consonants (11/11, 100%) and vowels (8/11, 73%). Phonological-level speech production errors included substitution of consonants and vowels, reduction of consonant clusters, and omission of sounds and/or

Table 2 Conversational speech abnormalities: Frequency (n = number of individuals/ 11) and severity ratings

		Severity, %	
	Frequency, n (%)	Mild	Moderate
Prosodic features			
Pitch level	6 (55)	100	
Variation of pitch	10 (91)	70	30
Steadiness of pitch	0 (0)		
Loudness level	1 (9)	100	
Variation of loudness	1 (9)	100	
Maintenance of loudness	1 (9)	100	
Phrase length	6 (55)	83	17
General rate	8 (73)	75	25
Maintenance of rate	8 (73)	100	
General stress pattern	7 (64)	86	14
Respiratory features			
Breath support for speech	4 (36)	100	
Resonance			
Hypernasality	6 (55)	50	50
Hyponasality	0 (0)		
Mixed nasality	1 (9)	100	
Phonation			
Harshness	7 (64)	86	14
Strain-strangled	0 (0)		
Intermittent breathiness	2 (18)	100	
Hoarseness	3 (27)	100	
Glottal fry	4 (36)	100	
Wetness	1 (9)	100	
Articulation			
Precision of consonants	11 (100)	64	36
Length of phonemes	8 (73)	75	25
Precision of vowels	8 (73)	100	
Perceptual vocal abnormalities	- ()		
Pitch breaks	2 (18)	100	
Excessive fluctuation of pitch	5 (45)	100	
Excessive loudness variation	0 (0)		
Rate fluctuations	0 (0)		
Prolonged intervals	5 (45)	60	40
Short rushes of speech	5 (45)	100	
Forced inspiration/ expiration	0 (0)		
Audible inspiration	6 (55)	50	50
Grunt at end of expiration	0 (0)		

syllables. A number of phonological errors were heard, for example, /f/ for / $\theta$ / (e.g., "fing" for "thing") and /d/ or /v/ for /ð/ (e.g., "dat" for "that"). Prosodic impairments were common, and speech was typically slow, with stress errors (7/11, 64%), shortening of phrases (6/11, 55%), and prolonged intervals between syllables and words (5/11, 45%). Breath support for speech was generally adequate. Laryngeal impairments manifested as difficulty modulating pitch (monopitch 10/11, 91%; pitch fluctuations 5/11, 45%) as well as hoarse, harsh, or breathy vocal quality (11/11, 100%; harsh and breathy voice in AC-IV-5). Altered resonance was characterized by hypernasality (7/11, 64%; mixed nasality in AC-IV-7), with nasal flare and nasal air escape at times. No speech features were rated as severely impaired.

Two individuals (AC-IV-7, AC-V-1) underwent nasendoscopy by an otolaryngeal surgeon. This revealed normal structures and excluded obvious velopharyngeal weakness. Difficulty with motor control of velopharyngeal closure was noted. AC-V-1 had minimal air escape on non-nasal sustained sounds, which increased in connected speech. AC-IV-7 had a small granuloma on the left vocal fold process of the arytenoid, but laryngeal function was normal.

Speech tasks. Individuals had dysarthria with motor execution difficulties on maximum performance tasks (table 3). Maximum vowel duration was reduced in 8 of 11 individuals, with the task not completed by one (D-II-6). Maximum repetition rate of monosyllables was also slow in 10 of 11 individuals, with repetition of /ta/ impaired in 9 of 11, followed by /ka/ (8/11) and /pa/ (7/11). Two individuals (AC-IV-2, AC-V-1) ran out of breath during these tasks, and 2 (AC-IV-2, AC-IV-7) were unable to maintain loudness during vowel prolongation.

Speech dyspraxia with difficulties in motor planning and programing was observed (table 3). Most individuals (7/11) had difficulty repeating a trisyllabic sequence (pataka). Four (AC-IV-5, AC-III-5, AC-V-1, D-II-6) were unable to repeat the sequence correctly, with sequencing errors noted for most individuals (8/11) across multiple repetitions. All individuals also had difficulty repeating nonwords and multisyllabic words compared with control data, with more errors as word length increased (2 syllables 14%–71% correct compared with 5 syllables 0%–43% correct on Nonword Memory Test; mild-severe impairment on ABA-2 Increasing Word Length subtest).

**Oral motor assessment.** AC-III-5 and AC-IV-2 had involuntary movements of the tongue at rest. Dystonic posturing of the tongue at rest and deviation to the left was noted in D-II-1. Slow or poorly coordinated tongue movement was evident in all individuals but one (D-II-2). Tongue

Table 3 Results of speech and language tasks												
	Individual	l										Normative data
	AC-IV-5	AC-IV-2	AC-III-5	AC-III-4	AC-III-2	AC-V-1	AC-IV-7	D-II-6	D-II-2	D-II-1	D-I-2	
Sex	М	М	М	М	F	М	M	F	М	М	F	
Diagnosis	ADRESD	ADRESD	ADRESD	ADRESD	ADRESD	ECSWS	ECSWS	ECSWS	IEAD	IEAD	_	
Age at assessment, y	24	27	58	58	64	19	49	16	19	20	49	
EEG												
Age	21 y	8 y	39 у	39 у	45 y	16 y	14 y	12 y	12 y	12 y	_	
Туре	Awake	Sleep	Sleep	Sleep	Awake	Awake	Awake	Sleep	Sleep	Sleep		
Result	Normal	Bilateral CTS	Normal	Normal	Normal	Mild diffuse and L posterior temporal slowing	Rare nonepileptiform, temporal sharp waves	Frequent multifocal sharps	Bilateral CTS	Normal		
Cognition												
Nonverbal	65	96	63	Full scale: 89	78	59	Full scale: mild ID <sup>a</sup>	Full scale: 67 <sup>b</sup>	86	Full scale: 65 <sup>b</sup>	87	
Verbal	79	78	92	_	86	51	_	_	_	_	_	
Vowel prolongation	20.3	4.9	18.8	26.4	18.0	6.6	10.3	_	7.2	6.4	6.9	M 22.6-34.6; F 15.2-26.5
Maximum repetition rate, syllables/s												
/pa/	5.9	4.0	4.3	4.4	3.8	2.9	5.0	5.2	6.0	4.9	4.8	5.0-7.1; med 6.3
/ta/	4.5	3.3	3.8	3.6	3.6	2.7	4.4	4.9	4.9	4.7	3.9	4.8-7.1; med 6.2
/ka/	4.5	3.3	3.9	3.6	3.0	2.9	3.7	3.6	4.4	4.6	4.2	4.4-6.4; med 5.8
/pataka/	Incorrect	1.3	Incorrect	2.8	3.0	Incorrect	4.6	Incorrect	5.6	6.5	5.7	3.6-7.5; med 5.0
Word repetition, no. correct												
Nonwords (n = 28)	7	3	8	14	10	2	11	15	7	9	16	m 22.05; SD 4.38
Multisyllabic (n = 52)	27	19	36	29	32	3	37	34	32	26	45	m 51.65; SD 0.6
Receptive language												
CELF-4	_	_	_	_	_	45	_	69	53	50	_	m 100; SD 15
PPVT-4	95	80	99	94	90	_	-	-	_	-	93	m 100; SD 15
TROG-2	90	90	95	62	_	_	_	_	_	_	85	m 100; SD 15
Expressive language												
CELF-4	-	_	_	_	_	45	_	76	45	45	_	m 100; SD 15
EVT-2	74	83	85	84	87	_	-	_	_	_	97	m 100; SD 15

Abbreviations: ADRESD = autosomal dominant rolandic epilepsy with speech dyspraxia; CELF-4 = Clinical Evaluation of Language Fundamentals, Fourth Edition; CTS = centrotemporal spikes; ECSWS = epileptic encephalopathy with continuous spike and wave during sleep; EVT-2 = Expressive Vocabulary Test, Second Edition; ID = intellectual disability; IEAD = intermediate epilepsy-aphasia disorder; m = mean; med = median; PPVT-4 = Peabody Picture Vocabulary Test, Fourth Edition; SD = standard deviation; TROG-2 = Test for Reception of Grammar, Second Edition.

a Previously reported. 5.8

<sup>&</sup>lt;sup>b</sup>Two-subtest form of the Wechsler Abbreviated Scale of Intelligence, Second Edition, completed because of time constraints.

movement was generally poorer on nonspeech tasks (protrusion, elevation) compared with speech.

In speech, lip movements were reduced and/or poorly coordinated, with the posture of the top lip suggestive of increased tone (AC-IV-5, AC-III-5, AC-IV-7, D-II-6). Subtle asymmetry in lip retraction was noted in 2 individuals (AC-III-5, AC-V-1), and as the lips came to rest in one (AC-IV-7). Lip seal was adequate. Mild oral dysphagia was reported (AC-IV-5, AC-III-5, AC-V-1) including difficulty chewing or food "getting stuck," together with instances of expectoration (AC-V-1) or aspiration (e.g., peanut inhalation in AC-III-5). Early saliva control difficulties were noted in AC-IV-5 and AC-V-1, and required medication (AC-V-1).

Language. Moderate to severe language impairment was present in individuals younger than 21 years with ECSWS and IEAD, with receptive and expressive language skills below the first percentile in AC-V-1, D-II-1, and D-II-2 (table 3). No specific pattern of impairment was evident across the domains of language (e.g., semantics, syntax, morphology; see table 4). The degree of impairment in the brothers with IEAD was greater than anticipated given their cognitive skills. Language was congruent with cognitive skills in the individuals with ECSWS (AC-V-1, D-II-6). Adults with ADRESD performed comparatively better, and apart from a few (AC-IV-5, AC-IV-2, AC-III-4), scores fell within 1 SD of the mean on receptive and expressive language tasks. Delayed language development or impaired language skills were documented before onset of seizures in 7 individuals. Early language skills were also delayed in AC-III-5 and normal in AC-III-2 and AC-III-4 based on parental report.

D-I-2, who had no history of seizures or regression, had average cognitive and language skills; however, it is impossible to exclude that she had difficulties as a child. The language assessment was not completed in AC-III-4 and AC-IV-7.

**DISCUSSION** *GRIN2A* has recently been identified as the first gene associated with EAS and therefore is

likely to play a critical role in speech and cognitivelinguistic function. This present cohort is the largest studied to date with comprehensive speech and language data. The GRIN2A speech phenotype consists of a combination of speech dyspraxia with impaired motor planning and programing, and dysarthria with impairments in speech execution. Although variations among affected individuals were noted, their speech was typified by imprecise articulation of consonants and vowels and hypernasality, with prosodic disturbance. Poorly coordinated lip and tongue movements were seen, with abnormal tone and reduced and asymmetrical lip movement. These abnormalities, distinguished by listening to their speech, are supported by findings on quantifiable assessments of dysarthria. Performance on maximum vowel prolongation and diadochokinesis (alternating rapid movements) tasks examining maximum repetition rate of monosyllabic and trisyllabic sequences was poor. Impaired trisyllabic repetition is characteristic of speech dyspraxia.<sup>15</sup> Reduced vowel prolongation and slow monosyllabic repetition are also observed in dysarthria associated with spastic quadriplegia; our patients did not have cerebral palsy.<sup>15</sup> Although speech dyspraxia has been previously recognized in EAS disorders,5 dysarthria has not been a key feature.

Significant language impairment was also seen in adolescents and young adults with ECSWS and IEAD. The language of adults with ADRESD seemed comparatively better. This may have been due to continual improvement in language performance through life. Alternatively, different language assessments were used with individuals older than 21 years, so we cannot rule out that the contrast in language phenotype from adolescence to late adulthood was attributable to methodologic differences. Cognitive impairment was present in most cases. Earlier assessment in the original family with ADRESD revealed impaired comprehension of linguistic-semantic concepts and deficits in expressive vocabulary.<sup>5</sup>

Deficits in language skills were evident before seizure onset in 8 of 10 individuals with seizures, and 7

Table 4 CELF-4 subtest scores										
Individual	Sex	Diagnosis	Age at assessment, y	Recalling sentences	Formulated sentences	Word classes	Word definitions	Understanding spoken paragraphs	Semantic relationships	
AC-V-1	М	ECSWS	19	1	1	1	1	1	1	
D-II-6	F	ECSWS	16	7	7	4	5	8	1	
D-II-2	М	IEAD	19	1	1	1	5	3	1	
D-II-1	М	IEAD	20	1	1	1	1	1	3	

Abbreviations: CELF-4 = Clinical Evaluation of Language Fundamentals, Fourth Edition; ECSWS = epileptic encephalopathy with continuous spike and wave during sleep; IEAD = intermediate epilepsy-aphasia disorder.

of 10 had a nonepileptiform EEG prior to speech and language assessment. This suggests that epileptiform abnormalities were not the cause of the speech and language impairments. Of note, GRIN2A mutations have been identified in individuals with speech disorder in the absence of seizures, in 2 members of the families studied here (AC-II-1 deceased, 5 D-I-2) and 3 unrelated families with atypical rolandic epilepsy and speech dyspraxia. 9 As we have studied a relatively small sample of 11 affected individuals, it is possible that the deficits observed are attributable to other familial genetic or environmental determinants. It is, however, noteworthy that we found similar impairments across the families with different mutations of GRIN2A. Larger numbers of cases with GRIN2A mutations will further refine the phenotypic spectrum of this disease.

The speech deficits described suggest an important role for GRIN2A and NMDA receptors in normal speech production. The NR2A subunit of the glutamate NMDA receptor, encoded by GRIN2A, is expressed in regions involved in speech production<sup>24</sup> including the anterior cingulate, thalamus, putamen, cerebellum, anterior and dorsolateral prefrontal cortex, and caudate.25,26 NR2 subunits are crucial to NMDA receptor functioning, controlling cell surface expression and localization,<sup>27</sup> providing glutamate binding sites,<sup>28</sup> and modifying channel properties.<sup>25</sup> Patients with anti-NMDA-receptor encephalitis, with antibodies against NR1-NR2 subunits, have absent or unintelligible speech and echolalia.<sup>29</sup> Mice expressing truncated NR2A show impaired motor coordination, as well as deficits in synaptic plasticity and reorganization.<sup>30</sup> Speech motor planning and execution deficits were observed in our cohort. Discovery of GRIN2A mutations in cohorts with speech disorder without epilepsy will add further support to the importance of this gene in normal speech production.

#### **AUTHOR CONTRIBUTIONS**

S.J.T., A.T.M., and I.E.S. designed the study and wrote the manuscript. A.T.M. and I.E.S. supervised the study. S.A.M. analyzed the MRI brain scans. S.J.T., A.K.M., A.T.M., and A.V. performed phenotypic analysis.

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#### **DISCLOSURE**

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