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Transfusion of Stored Red Blood Cells in Trauma Patients is Not Associated with the Increased Procoagulant Microparticles

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Background

Adverse outcomes associated with transfusion of blood products have been reported in a number of observational studies^{1–6}. The cause of these adverse outcomes are thought to be due to structural or biochemical changes that blood undergoes while in storage and has been collectively referred to as a “storage lesion”^{7,8}. Furthermore, the release of microparticles (MP) from stored blood has also been described as potential culprits. Studies on MP have become the forefront in medical research in a number of pathologic diseases and disorders such as cancer, atherosclerosis and venous thromboembolism^{9–12}. These subcellular structures are released from the phospholipid bilayer of red cells, leukocytes and platelets. Recently, they have been described as being bioactive in nature by presenting on their surface negatively charged proteins such as phosphatidylserine^{13–15}. In theory these negatively charged proteins act as a binding site for cofactors and enzymes involved in the

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coagulation pathway. In fact recent studies have isolated large numbers of procoagulant MPs from stored blood and have demonstrated the ability of these MPs to generate thrombin in the absence of TF by a factor XIa mediated pathway^{16,17}.

Only recently have MP been studied in trauma patients; a pilot study by Park and colleagues describes increased levels of procoagulant MP in the blood of trauma patients soon after injury¹⁸. Currently, there is a paucity of data that directly quantifies the levels of procoagulant MP in the blood of trauma patients who receive stored blood products. We hypothesized that the transfusion of stored red blood cells (RBC) products increase the levels of procoagulant MPs present in the blood of traumatically injured patients.

Methods

Data were prospectively collected from February 2011 to January 2013 and included the most severely injured trauma patients based on physiological criteria. The patients were transported to the Mayo Clinic Emergency Department(ED) by ambulance or air transport. Exclusion criteria were: age < 18 years, active treatment for anticoagulation (e.g., heparin, warfarin) or antithrombotic therapy (excluding aspirin or non-steroidal anti-inflammatory drugs), preexisting coagulopathy, more than 12 hours from time of injury, any transfusion of blood products prior to blood sample collection, active malignancy, sepsis or renal failure, or burn injuries. The time of injury (TOI) was assessed by the pre-hospital crew based on information at the scene. If the time of injury was unclear, the pre-hospital crew estimated the time and relayed this information to the emergency communication center. A trauma alert page is then sent to the hospital and laboratory staff as to the TOI. Demographic data collected included: injury severity score (ISS), age, sex and overall mortality. During the same time period, blood samples were collected for MP reference (control) analysis from 27 even non-injured subjects with no prior history of thrombosis (i.e., stroke, myocardial infarction or venous thromboembolism who were being seen at the Mayo Clinic. These subjects had not received any anticoagulation (heparin or warfarin) or taking antithrombotic (e.g., thienopyridine; including aspirin or non-steroidal anti-inflammatory drugs) within 7 days prior to blood sample collection. This study was approved by the Mayo Clinic IRB (#10-001889).

Sample Collection and Processing

Blood samples were collected in the ED within 2 hours from time of injury, 6 hours from time of injury and 24 hours from time of injury. Blood samples collected in the ED (within 2 hours from time of injury) or at 6 hours from the time of injury were defined as pre-transfusion samples. Blood samples collected at 24 hours from the time of injury were defined as post-transfusion. The transfusion of blood products occurred at varying times within these defined collection times. When patients were unable to provide consent at the time of the trauma, consent was obtained from the patient or legal guardian prior to patient discharge; otherwise the study sample was appropriately discarded.

A total of 18ml of blood was collected by antecubital venipuncture into an anticoagulant containing sodium citrate (3.2%) for MP analysis. Multiple aliquots of platelet poor plasma

(PPP) were prepared by two centrifugations (3000g, 15 minutes) and then frozen at -80 degrees Celsius until analysis.

MP Analyses—The flow cytometric assay to measure plasma MPs was adapted from the method of Ayers et. al.¹⁹ and by personal correspondence with Paul Harrison, Oxford Haemophilia and Thrombosis Centre, Churchill Hospital, Oxford, UK. Labeling of MP of platelet poor plasma was performed using Annexin-V-FITC (BD Pharmingen, 556420), which binds to procoagulant phosphatidylserine. Since not all MP expose phosphatidylserine on their surface, both AnnV (procoagulant) and AnnV negative MP were measured. The stained MP were counted with a FACSCanto II flow cytometer (BD Biosciences, San Jose CA), with use of an internal standard of microbeads. Suitable MP gate on a flow cytometry plot of forward and scatter (FSc) vs. side scatter (SSc) as previously published was used to distinguish MP from small platelets²⁰. Additionally, we used a commercially available reference plasma, Cryocheck (Precision Biologic, Dartmouth N.S.), which was used with every carousel of patient samples to ensure that our technique for MP analysis was consistent. Between two experienced research technologists, the coefficient of variation (CV) using our reference plasma has consistently been in the 13 – 15% range.

Red Blood Cell (Blood) Transfusion Criteria—We reviewed the number of transfusion of packed red blood cells (RBCs) given during the first 24 hours after injury. The RBC was categorized as being <14 or 14 days old. A second category used was RBC < 28 or 28 days old. The standard operating procedure concerning RBC transfusion was established by the Laboratory Medicine and Pathology at the Mayo Clinic, Rochester and there was no change in institutional transfusion policy during this study.

Statistical Analyses

Statistical analysis was performed using SAS, version 9.3 (SAS Institute Inc, Cary, North Carolina) and SPSS 10.1 (SPSS Inc, Chicago, Illinois). A comparison of continuous variables between patients and volunteers (controls) was performed using Wilcoxon rank sum test or Students t-test. Matched paired t- test was also performed as indicated. Our data is presented as mean \pm standard deviation or median values (interquartile range); $p < 0.05$ considered to be significant.

Results

A total of 409 patients were enrolled during the study period (Table 1, Diagram 1). Sixty eight percent of our patients were men with a median age of 48(29, 62) years and injury severity score (ISS) of 12 (15, 19). The overall mortality was 3% with 90% patients having suffered blunt injuries (including closed head injury). We then analyzed the blood samples collected in the ED of 208 patients and found that the total number of procoagulant MP were greater in our trauma patients 758 (405, 1627) as compared to our non-injured control subjects 232 (125, 372), $p < 0.0001$ (Table 2). This difference remained significant even after we adjusted for age and sex, $p < 0.0001$. Of the 208 patients, 39 patients received RBC transfusions and had their blood analyzed. These 39 patients received RBC transfusions and had their blood analyzed for MP before (within 6 hours of injury) and after (at 24 hours after

injury) RBC transfusions. When we compared the procoagulant MP counts in the 39 patients before and after their transfusion of RBC, the procoagulant MP levels did not increase, $p = 0.07$ (Table 3). The median number of RBC given to the 39 patients was 3 units (2, 5) and the median length of storage time of these units was 17 (15, 24) days old.

To determine if the length of storage leads to an increase in number of procoagulant MP, the RBC unit with the maximal age in days was used for each of the 39 patients; the age (days) of each RBC unit transfused in these patients is outlined in Table 4. Only 4 patients received RBC that was less than 14 days old and 29 patients received blood that was less than 28 days old. We determined that patients who were transfused with RBC that were 14 days old did not have increased procoagulant MP levels when compared to those who received blood that was < 14 days old, $p = 0.5$ (Table 5). This was also true for those who received blood that was 28 days old when compared to those that received blood that was < 28 days old, $p = 0.84$ (Table 6). The median number of RBC < 14 days and 14 days were 2.0 (1.5, 3.5) and 4.0 (2.0, 5.0) units, respectively with $p = 0.38$. The median number of RBC < 28 days and 28 days were 3.0 (2, 5) and 3.5 (2, 4) units, respectively with $p = 0.90$. The median ISS of RBC < 14 days and 14 days were 20 (9, 26) and 25 (11, 34), respectively with $p = 0.3$. The median ISS of RBC < 28 days and 28 days were 25 (11, 34) and 25 (17, 33), respectively with $p = 0.98$.

Discussion

This study presents quantification of MP in peripheral blood of trauma patients and their values before and after RBC transfusion. This is a first of such study of its kind. Previous studies published comprise mainly of in-vitro analysis of stored blood products^{6,9,11,12,16,17,28}. Elevated levels of procoagulant MP are evident in the blood of traumatically injured patients; however, we found that transfusion of blood did not significantly affect the number of total procoagulant MP.

The debate continues in regards to transfusion of “old” versus “young” blood. There are studies that show poorer outcomes with transfusion of older blood^{1–6} while others report no significant difference in outcomes with the transfusion of older blood^{21–24}. The exact mechanism associated with the risk of transfusion of old blood is poorly understood. Current research has focused on the role of procoagulant MP in stored blood and its immunomodulatory effects in critically ill and injured patients^{1,5,16,17,25,26}.

Spinella and colleagues have observed that trauma patients who were transfused 5 units or more of 28 day old RBC had significant increase in deep vein thrombosis and was associated with multiple organ failure (MOF)¹. Another study by Koch and colleagues demonstrated that when cardiac surgical patients were transfused with RBC > 14 days old, an increased rates of sepsis, renal failure and mortality were observed². However, these patients in the study who received blood > 14 days old received 6 or more units of blood. Increased volume of blood transfusion is an independent predictor of mortality. In our particular study, the volume of blood transfused did not differ significantly within our 14 and 28 day analysis groups.

The non-leukocyte reduced blood has been shown to contain activated platelets that interact with white blood cells and result in procoagulant activity²⁷. Our study used exclusively pre-storage leukocyte reduced blood which has been shown in current literature to reduce the number of circulating procoagulant MP in stored blood²⁸. Recent literature also reports a correlation between ISS and procoagulant MP levels that could provide a potential confounding variable¹⁸. In our particular study, there was no significant difference in injury severity scores within the 14 day and 28 day transfusion analysis groups.

Our study has several limitations. First, the data presented in this study were derived from a parent study, which is a prospective case-cohort study designed to assess the role of MP in the development of venous thromboembolism (VTE). This is a significant limitation as we did not time the MP analyses just before and after transfusions. Secondly, we did not analyze blood products other than RBC and it is possible that even though the absolute total MP count may not increase after transfusion, certain MP from different cells may increase in number. Such changes may have an effect on the development of transfusion related complications such as ARDS, MOF and VTE. Third, due to the low number of patients who had MP analyzed before and after receiving RBC transfusions, we were unable to use the cutoff age of < 14 or < 28 days to assess the impact of age of RBC on clinical outcome. Rather, we looked at the oldest (maximal) unit transfused instead of the mean age. Studies that use mean age of RBC to define patients who received fresh or old RBCs fail to represent the contribution of the oldest unit. It is believed that the youngest units of RBCs tend to balance out the contribution from the oldest unit transfused. Therefore, we used the parameter of maximal age of RBC transfused for our analyses. The median age of transfused blood in our study was 17 days old and 75% received blood that was < 28 days old. The results of our study, which did not reveal an increase in total MP count after transfusion may be related to two reasons: The use pre-storage leukocyte reduced RBC and decreased age of transfused RBC.

Conclusion

We have demonstrated that total number of procoagulant MP is significantly greater in trauma patients as compared to volunteers. However, the transfusion of RBC did not lead to increased levels of procoagulant MP. This finding is likely due to the use of pre-storage leukocyte reduced blood and decreased age of transfused RBC. Currently, a prospective case-cohort study to characterize the profiles of the procoagulant MP over time will enhance our understanding of their role in the hypercoagulable state after injury.

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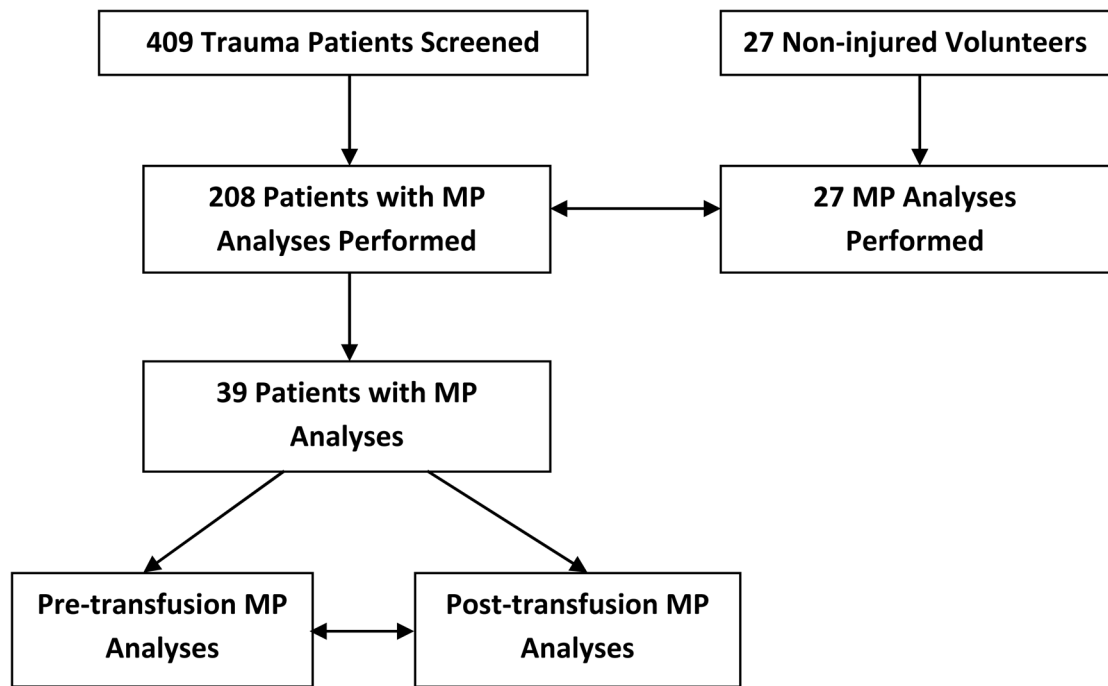


Figure 1.
Selection of Patients Who Had MP Measured Before and After Initial RBC Transfusion

Table 1

Demographic Data

Median Injury Severity Score *	12 (15–19)
Transfused (%)	12
Median Age *	48 (29–62)
Male (%)	68
Female (%)	32
Overall Mortality (%)	3
Median Units Transfused *	3 (2–5)
Median Age of Transfused RBCs Days *	17 (16–21)
Age Range of Units Transfused Days	4–40

* Data are presented as median with interquartile range, n=409

Table 2

Procoagulant MP Levels in Trauma Patients Compared to Control Subjects

	Trauma Patients (n = 409)	Control Subjects (n = 27)	p value
Total Procoagulant MP (#/μl)*	758 (405, 1627)	232(125, 372)	< 0.0001

* Data are presented as median with interquartile range; (#/ μ l: number of MP per μ l of platelet poor plasma)

Table 3

Pre-transfusion and Post-transfusion MP Levels of 39 Patients:

	Pre-transfusion Baseline (ED or 6hours)	Post-transfusion (24 hour)	p value
Total Procoagulant MP levels (#/ μ l) *	392 (237, 1057)	406 (187, 643)	0.07

* Data are presented as median with interquartile range. (#/ μ l: number of MP per μ l of platelet poor plasma)

Table 4

Age of RBC Units in Days

Patient	Age of Units of RBC (days)	Oldest Unit Blood days
1	21,21	21
2	27,27,27	27
3	36,36	36
4	12,11,11,12,11	12
5	16	16
6	10,22	22
7	16,16,25,25	25
8	17	17
9	33,7,7,9	33
10	4	4
11	39,40	40
12	16, 15	16
13	21,24,21,24	24
14	16,16,17,17,16,15,15,16	17
15	29,29,29,29	29
16	20,27,14,14,20	27
17	17,30,29,17,17,8,8,9,9	30
18	31,31,31,31,31,31,31,31,31,31,27,23,23,31,31	31
19	16,18,18,18,16	18
20	26,26,26	26
21	21,21,21,24,21,21,21,21,9,9,9,9,9,22,24,22,22,18,10,16,11,16	24
22	21,21	21
23	20,20,20,23	20
24	16	16
25	24,22	24
26	33,33	33
27	9,9,22	22
28	31,31,31	31
29	8,8,21,9,9,9,9	21
30	28,29,30,28	30
31	21,21	21
32	16,16	16
33	7,24,7,7,24,24	24
34	15,19,17,15,14,15	19
35	19,18,18,	19
36	10,10	10
37	13,13	13

Patient	Age of Units of RBC (days)	Oldest Unit Blood days
38	17,17,17,17,16,16,16,16,17,17,17,17,17,17,17,16,17,17,16,16,22,16,16,16,16,17,17,15,17	22
39	12,17,17,18,17,17,26,17,18	26

Table 5

MP Levels After < 14 Day Old and 14 Day Old RBC Transfusion:

	<14 day (n = 4)	14 day (n = 35)	p value
Total Procoagulant MP levels (#/μl)*	207(179,2255)	369(151,578)	0.50

* Data are presented as median with interquartile range. (#/μl: number of MP per μl of platelet poor plasma)

Table 6

MP levels after < 28 day old and 28 day old RBC transfusion:

	< 28 days (n = 29)	28 days(n = 10)	p value
Total Procoagulant MP levels (#/μl)*	321(153,583)	408 (245, 512)	0.84

* Data are presented as median with interquartile range. (#/μl: number of MP per μl of platelet poor plasma)