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# The Effect of Ambient Air Pollution on Exhaled Nitric Oxide in the Children's Health Study

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#### Abstract

We assessed the effect of daily variations in ambient air pollutants on exhaled nitric oxide (FeNO) using data from a cohort of schoolchildren with large differences in air pollutant exposures from the Children's Health Study.

Based on a cohort of 2240 schoolchildren from 13 Southern California communities, cumulative lagged average regression models were fitted to determine the association between FeNO and ambient air pollution levels from central site monitors with lags of up to 30 days prior to FeNO testing.

Daily 24-hr cumulative lagged averages of  $PM_{2.5}$  (over 1–8 days) and  $PM_{10}$  (over 1–7 days), as well as 10AM–6PM cumulative lagged average of O<sub>3</sub> (over 1–23 days) were significantly associated with 17.42% (p<0.01), 9.25% (P<0.05) and 14.25% (p<0.01) higher FeNO levels over the inter-quartile range of 7.5 µg/m<sup>3</sup>, 12.97 µg/m<sup>3</sup>, and 15.42 ppb, respectively. The effects of  $PM_{2.5}$ ,  $PM_{10}$  and O<sub>3</sub> were higher in the warm season. The PM effects were robust to adjustments for effects of O<sub>3</sub> and temperature and did not vary by asthma or allergy status.

In Summary, short-term increases in  $PM_{2.5}$ ,  $PM_{10}$ , and  $O_3$  were associated with airway inflammation independent of asthma and allergy status, with  $PM_{10}$  effects significantly higher in the warm season.

#### Keywords

Air pollution; Airway inflammation; Children's respiratory health; Environmental epidemiology; Exhaled nitric oxide

#### INTRODUCTION

Several studies have shown that exposure to ambient air pollution at levels below the limits set by current regulatory standards are associated with significant adverse effects on children's respiratory health. Among a spectrum of adverse effects, ambient air pollution has

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been associated with deficits in lung growth [1–2], increases in bronchitic symptoms [3] and development and/or exacerbation of asthma [4–7]. These results demonstrated that long term exposure to ambient air pollution significantly impairs children's respiratory health, potentially leading to irreversible health consequences that may lead to premature morbidity and mortality later in life.

It is important to understand the contribution of air pollutants to the underlying pathophysiologic mechanisms for these observed effects of air pollution in order to optimize interventions and regulatory policies designed to protect the most susceptible children. One mechanism that may play an important role is airway inflammation. In the past, it was not practically feasible to study airway inflammation directly in large population-based prospective studies. The fractional concentration of exhaled nitric oxide (FeNO) is a promising marker of important aspects of airway inflammation that has been developed and validated in the past decade [8–9]. Measurement of FeNO allows the assessment of inflammation in large epidemiologic studies designed to identify populations that may be at increased risk for adverse health outcomes [10–11].

In this study, we assessed the hypothesis that current levels of ambient air pollutants (including  $PM_{2.5}$ ,  $PM_{10}$ ,  $NO_2$ , and  $O_3$ ) are associated with airway inflammation in children as measured by FeNO. We investigated this hypothesis as part of the Southern California Children's Health Study (CHS), an ongoing prospective cohort study of environmental and genetic determinants of respiratory health in southern California children [7, 12–13].

#### METHODS

#### Study design and subjects

Details on the design, site selection, subject recruitment and assessment of health effects are reported elsewhere [7]. Briefly, a cohort of 5093 children from 13 communities in Southern California enrolled in 2002–2003 from kindergarten and first grade classrooms (aged 5–7 years). At baseline and each subsequent year of follow-up, parents completed a written questionnaire. Informed assent was sought from each child, and informed consent from a parent or guardian. The protocol was approved by the University of Southern California Institutional Review Board.

Measurement of FeNO was performed at schools in the 2004–2005 school-year following the ATS guidelines using the offline technique [8–9]. Details of the FeNO collection and quality control approaches have been reported earlier [14–15]. In a sub-sample (N=361) for whom both off- and online (50ml/sec flow) FeNO measurement techniques were used, online FeNO levels was predicted reliably (model adjusted R<sup>2</sup>=0.94) using a statistical model that incorporated offline FeNO, ambient NO, and lag time between time of collection and FeNO measurement [14]. In the present analysis, predicted online FeNO data obtained from that model were used. Among the 3544 children available in Year 3, FeNO was measured in 2792 subjects. We excluded children who did not have technically acceptable FeNO measurement (n=82), and those from Lake Arrowhead due to lack of measurements of particulate matter (n=209). In addition, we excluded 261 subjects because they reported

use of inhaled corticosteroids (n=51) or they gave no information on their use of medication (n=210). Therefore, the final analysis data set included 2240 subjects.

Air pollution data were obtained from central monitoring sites in each study community. In addition to hourly data on the day of the test, data on daily 24-hour averages of  $PM_{2.5}$ ,  $PM_{10}$ , and NO<sub>2</sub>, temperature; and daily 10AM–6PM averages of O<sub>3</sub> were obtained for the test date and each of the 60 days prior to FeNO testing in order to fully investigate the lag structure of the air pollution effects and the impact of temperature on the effects of air pollution. More details on the questionnaire information, collection of FeNO and air pollution data are provided in the online supplement.

Race/ethnicity, physician diagnosis of asthma, history of respiratory allergy (allergic rhinitis and/or hay fever), asthma medication use during the previous 12 months and exposure to secondhand tobacco smoke (SHS) were based on parental reports. Height and weight were measured on the day of test. Age- and sex-specific percentiles based on the Centers for Disease Control and Prevention body mass index (BMI) growth charts (http://www.cdc.gov/NCCDPHP/dnpa/growthcharts/resources/sas.htm) were used to determine normal, overweight and obesity status of each child.

#### Statistical analysis

Descriptive and exploratory data analyses were conducted to examine the characteristics of the study population, to characterize the distribution of the FeNO measurements and to assess the temporal trends of the air pollution levels during the study period. Multiple linear regression, with town specific intercepts to control for any between community factors including those of regional differences in long-term pollution levels, was used to determine the relationship between levels of FeNO and variations in air pollution levels. A thorough model building process was conducted to examine the lag structure of air pollution effects, with adjustment for potential confounders and effect modifiers. These included age, sex, race/ethnicity, asthma, asthma medication use, history of respiratory allergy, hour of FeNO collection, BMI percentiles, SHS, parental education, language of the questionnaire (English/Spanish), season, temperature (minimum, maximum, and average levels on test date; and daily average levels for up to 30 days prior to the test), and whether FeNO testing was conducted outdoors. Seasonal effects were assessed by dividing the study period into the "cold" and "warm" seasons. Here, warm season included March 16 - June 30 while the cold season was defined as the period October 1 - March 15, based on Southern California climatic conditions.

Several types of lag based models were considered; namely, *(i)* unconstrained lag models (ULM), *(ii)* polynomial distributed lag models (PDL), *(iii)* splines based distributed lag models (SDLM), and *(iv)* cumulative lag models (CLM). Linear, quadratic and cubic polynomials forms were considered for the PDL models with lags of up to 30 days prior to FeNO testing. Similarly, SDLM considered linear, quadratic and cubic splines with up to three knots chosen via a grid search over the 1–30 day lag period. Model selection was based on Akaike Information Criterion (AIC) since the models were not considered to be nested [16]. After choosing the final models for each pollutant, potential effect modification by sex, asthma, respiratory allergy and season were examined. Two pollutant models,

guided by the correlation structure to avoid potential multi-collinearity, were fitted to examine co-dependency of the various pollutants. Sensitivity analysis on the lag structure was conducted using lagged effects of up to 60 days, whenever appropriate, to assess whether the air pollution effects extended beyond the 30 day lags. Similar analyses were also conducted on hourly lags for the 24hrs prior to FeNO testing. Effects of long term pollution levels were investigated as potential confounders or effect modifiers of the short

term effects in models that included random intercepts. All models were fitted the SAS Version 9.1 statistical package (SAS Institute, Cary, NC) and the R statistical software. Statistical significance was assessed assuming a 0.05 significance level and a two-sided alternative hypothesis.

#### RESULTS

The study population was equally divided between boys and girls with the majority of the participants reporting their ethnicity as Hispanic (55.7%) or non-Hispanic White (34.0%) (Table 1). FeNO levels were significantly higher in Asians, those filling in Spanish language questionnaires, children with asthma or respiratory allergy and those that came from households with less educated parents (less than high school), as reported previously [15]. Slight differences between the populations analyzed here and in [15] relate primarily to the availability of air pollution data. FeNO levels were not significantly associated with sex, BMI, or exposures to tobacco smoke (*in utero* and secondhand).

The time trends of daily 24-hr average levels of  $PM_{2.5}$ ,  $PM_{10}$ , and  $NO_2$  and daily 10AM– 6PM average levels of  $O_3$  during the study period (September 19, 2004 – June 22, 2005) are depicted in the four panels of Figure 1. The raw daily pollution data and the superimposed smooth plots show varying levels of seasonality among the time series patterns of the ambient levels of the five air pollutants. Table 2 presents the correlation structure between the four pollutants of interest, which were calculated using 24hr averages over a 30-day lag before each subject's FeNO measurement except ozone, which used averages of 10AM– 6PM ozone concentrations over a 30-day lag prior to FeNO testing. The correlations are shown for warm and cold seasons because we observed differences in the "cold" and "warm" seasons.  $PM_{10}$  and  $PM_{2.5}$  were highly positively correlated in both seasons.  $O_3$  and  $NO_2$  were negatively correlated in the cold season.  $O_3$  was positively correlated with  $PM_{10}$ and  $PM_{2.5}$  in the warm season, but was virtually uncorrelated with the PM pollutants during the cold season.

Based on the Akaike Information Criterion (AIC) [16], we chose the best model for each pollutant among polynomial/spline distributed lag models (linear, quadratic or cubic) and cumulative lagged average models with lags up to 30 days prior to FeNO tests. We found that 8, 7, 6 and 23 cumulative lagged daily average levels were the best models for  $PM_{2.5}$ ,  $PM_{10}$ ,  $NO_2$  and  $O_3$ , respectively. Figure 2 depicts the lag structure over a 30 day period of the cumulative averaged air pollution effects from fully adjusted multiple linear regression models. In addition to the pollutant under consideration, the final models adjusted for community, race/ethnicity, sex, asthma, asthma medication use, history of respiratory allergy, age, hour of FeNO collection, BMI, SHS, parental education, language of the questionnaire (English/Spanish), season and whether FeNO testing was conducted outdoors.

The results from these final models assessing the effects of air pollution on FeNO are presented in Table 3 and corresponding partial regression plots depicting the regression lines along with scatterplots of the residuals are presented in the online supplement (Figure E1). We found that short-term levels of PM2.5, PM10, and O3 were significantly associated with airway inflammation. Note that these results are interpreted as within-community effects of the air pollution metrics on FeNO, because the models included community-specific intercepts [17]. Daily 24-hr average PM2.5 concentration (1-8 day lagged cumulative average) was significantly associated with 17.42% (p < 0.01) higher levels of FeNO over the inter-quartile range (IQR) of 7.5 µg/m<sup>3</sup>. Daily 24hr average PM<sub>10</sub> concentration cumulated over 1–7 day lags was significantly associated (p < 0.05) with 9.25% higher FeNO levels per the IQR of 12.97  $\mu$ g/m<sup>3</sup>. Similarly, 10AM–6PM cumulative average O<sub>3</sub> (over 1–23 lag days) concentrations prior to FeNO testing was significantly associated with a 14.25% higher FeNO levels over the IQR of 15.42 ppb (p < 0.01). There was no statistically significant association with NO<sub>2</sub> (best model selected for 1-6 day lag average), even though tendency towards positive association was observed as in the other three pollutants. There was no significant effect of long term pollution for any of the four pollutants under consideration (not shown).

The effects of the air pollutants did not significantly vary by sex, asthma or respiratory allergy status (Table 4). In season specific models,  $PM_{10}$ ,  $PM_{2.5}$ , and  $O_3$  had relatively larger effects in the warm season, but this seasonal difference was statistically significant only for  $PM_{10}$  (19.9% vs. 4.3% per IQR of 12.97 µg/m<sup>3</sup>; Interaction p = 0.02). Although the seasonal differences were not statistically significant, the effects of  $PM_{2.5}$  and  $O_3$  were also higher in the warm season. In two pollutant models that allowed for co-adjustment of each PM measure with  $O_3$ , the significant effects of  $PM_{2.5}$ , and  $PM_{10}$  were found to be robust to adjustments for effects of  $O_3$  (not shown).

Several models were fitted to further test the sensitivity of the results to various alternative model specifications. Extending the number of lagged days to 60 days did not alter the final model choices (not shown). A similar investigation on the hourly lagged effects for the 24hrs prior to FeNO testing, based on full considerations for distributed lagged structures, did not reveal any significant findings for any of the pollutants (not shown). In sensitivity analyses, we found that the pollutant effects were not confounded by levels of temperature (maximum, minimum and average levels) on the day of the test or cumulative 6-day lagged average temperature level (fitted only when there were no issues with multi-collinearity), selected based on a model search similar to that performed for air pollutants (data not shown). The effects of the air pollutants did not significantly vary by long term pollution levels (dividing the communities into high/low categories at the median) or by use of non-ICS medication (data not shown).

Sensitivity analysis conducted to test for finer temporal influences by including terms for months, instead of season, did not give better model performance. Hence, we used the more parsimonious model of adjusting for season in our final models.

#### DISCUSSION

We have shown that short-term increases in ambient air pollution are associated with higher levels of FeNO in children, independent of asthma and allergy status. We found that the association with the PM metrics was the strongest, significantly stronger in the warm season for  $PM_{10}$ , and robust to adjustments for effects of other pollutants. Our data also showed that the effects for  $PM_{2.5}$  and  $PM_{10}$  had relatively shorter lag structures compared to those for  $O_3$  that had a longer lag structure of 23 days prior to FeNO measurement.

In this study, our main aim was to evaluate the impact of ambient air pollutants without subjecting the analysis to any *a priori* lags, as no study to our knowledge evaluated these associations in such manner. We found significant positive associations of  $PM_{2.5}$ ,  $PM_{10}$  and  $O_3$  and FeNO using larger lags. Our findings are generally consistent with earlier reports [18–26] although we observed longer lagged-effects of ambient air pollutants.

In contrast to other studies conducted in children [18, 21], we did not find significant effects on the shorter hourly time scale during the 24 hrs prior to FeNO testing. This may be due in part to adjustment of ambient NO in our study. From our earlier work which studied the relationship between online and offline FeNO data [14], we reported that association of offline FeNO with ambient NO is likely in part to be an artifact from intrusion of high ambient NO concentrations into the offline collection devices and bags [18, 21].

Although there are differences in findings across studies in terms of lagged effects of ambient air pollutants on FeNO in children, there are biologically plausible reasons for such inconsistencies. The differences in findings may reflect differences in levels of exposures with varying degree of correlations among pollutants across geographical regions and seasons [18, 22, 27], testing the hypothesis among susceptible subjects (children with asthma or allergy) [23–27] or assessment in very high exposure environments [20]. For example, exposure to high O<sub>3</sub> concentrations in two summer camp days (8hr average 135µg/m<sup>3</sup>) resulted in significant increase in FeNO in evenings among healthy children [20]. In another study, Delfino and colleagues [18] found 2-day moving average of personal PM<sub>2.5</sub> was associated with higher FeNO in children with persistent asthma. These findings suggest that association between ambient air pollutants and FeNO may depend on level of exposure and individual susceptibility to the inflammatory effects of air pollutants.

We did not find significant influence of a number of potential susceptibility factors (i.e., asthma and allergy) on the associations between ambient air pollutants and FeNO suggesting that current levels of ambient pollutants have the potential to increase nitrosative stress in both healthy and susceptible children. While similar effects of air pollution on FeNO in atopic and non-atopic adults have been reported before [28], our results are also in contrast to findings from other studies. For example, Barraza-Villareal et al. [22] report significant effects of 8-hour cumulative averages of  $PM_{2.5}$  and  $O_3$  on FeNO levels among asthmatics. However, there did not appear to be significant differences with effects in non-asthmatics, which were non-significant due to a small sample size (n=50). In our study, we did not find significant effects for any of the pollutants in the 24 hours prior to FeNO testing even when we only considered children with asthma (data not shown). We found a significant

heterogeneity of effects of  $PM_{10}$  on FeNO by season in southern California, and this heterogeneity did not seem to be explained by weather as characterized by temperature. Although the magnitude of correlation between  $PM_{10}$  and  $PM_{2.5}$  and  $NO_2$  were comparable between seasons, the correlation between  $PM_{10}$  and  $O_3$  were strikingly different. The positive association between  $PM_{10}$  and FeNO in summer remained robust even after adjusting for  $O_3$ . Further research is needed to evaluate whether compositional difference exists in  $PM_{10}$  by seasons that could account for the observed differential effects.

The advantages of the current study include evaluation of the air pollution effects on FeNO using a large, ethnically diverse population of children, substantial range in exposures to the spectrum of complex multi-pollutant mixtures available in the southern California region which could represent the full national range, a thorough investigation on the lag structure of up to 60 days prior to FeNO testing, determination of independent effects of pollutants in a multi-pollutant setting, and testing whether the associations varied by susceptibility factors (asthma and allergy) and by season.

There are some concerns in the scientific community regarding use of FeNO as a marker of airway inflammation [29–30]. However, our data along with a large body of evidence from earlier work indicates that FeNO is influenced significantly by ambient air pollution and is correlated with atopic conditions (asthma, allergy, sputum or blood eosinophil, and airway hyperresponsiveness) although such correlation is often not strong. Therefore, it can be argued that FeNO reflects air pollution responsive domains of airway inflammation and more research is needed to understand its correlates.

The results from our study should be interpreted in light of some limitations. The cross sectional nature of the analysis precludes from adequately assessing the independent effects of short term fluctuations of air pollution on FeNO, after adjustments for long term regional effects of air pollution. Our FeNO data was based on "online" predictions from an offline measure. While this process might potentially introduce misclassification and measurement error, there was a very strong correlation between the two measures (model  $r^2=0.94$ ) [14]. The main study findings were essentially identical when the offline FeNO values were used in our final models. There is potential for misclassification of exposure assignments because we do not have information on time-activity patterns for the study subjects for the duration of the lags evaluated in the study, however the regional nature of PM and O<sub>3</sub> reduces the potential misclassification. Further research is warranted that incorporates time-activity pattern to improve exposure assignment.

Our air pollution measures were obtained from central site monitors placed in each of our study communities. To minimize the confounding of location and seasonal effects, each community was visited at least twice in different seasons. However, there is still potential for residual spatio-temporal confounding since the study design and budgetary/logistical limitations did not allow measurement of FeNO levels across all space-time grids. To the extent possible, our models included seasonal and other temporal factors as adjustment factors and season-specific models were considered. Controlling for temporal effects using month specific factors and/or smooth functions of time did not result in better model fit compared to those adjusted for season in our final models. Missing days of exposure and

interpolation of air pollution data to fill in data gaps with modeled predictions using data from nearby monitors are potential sources of bias. However, sensitivity analyses that limited use to complete data did not alter the main study findings (data not shown).

Our ability to thoroughly assess the effects of use of asthma and allergy medication is limited. We used parent-reported questionnaire based information to collect information on history of respiratory allergy, physician diagnosis of asthma, and medication use for asthma in order to assess the effects of these important factors on confounding and/or modifying the association between air pollution and FeNO. Our findings are internally consistent showing higher FeNO among children with asthma or respiratory allergy.

To conclude, our data showed that current levels of ambient air pollutants (often meeting regulatory standards) are associated with increased FeNO in children with and without asthma. Because FeNO measurement allows evaluation of airway inflammation non-invasively, use of this biomarker is useful in population-based epidemiologic research in assessing the impact of ambient air pollutants on nitrosative stress in airways. We recently reported that elevated FeNO is associated with increased risk of new onset asthma [31], a finding supported by a recent study that found FeNO could predict wheeze onset in adults [11]. Further research is warranted to examine whether FeNO could predict asthma/wheeze incidence in children exposed to different levels of ambient air pollution. If such association exists, then measurement of FeNO could be used as a useful intermediate marker to detect susceptible children who are at high risk of adverse respiratory health outcomes from air pollution.

#### Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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#### Figure 1.

The time trends of daily 24-hr average levels of  $PM_{2.5}$  (A),  $PM_{10}$  (B), and  $NO_2$  (C) and daily 10AM–6PM average levels of  $O_3$  (D) during the study period (September 19, 2004 – June 22, 2005). The superimposed smooth plot depicts the overall temporal trend and is based on a smooth spline function with 10 degrees of freedom.

Berhane et al.



#### Figure 2.

Lag structure over a 30 day period of the cumulative averaged air pollution effects from fully adjusted multiple linear regression models for daily 24-hr average levels of  $PM_{2.5}$  (A),  $PM_{10}$  (B), and NO<sub>2</sub> (C) and daily 10AM–6PM average levels of O<sub>3</sub> (D). The Y-axis represents the adjusted effect estimate of each pollutant on natural log transformed FeNO. The best lag for each pollutant, selected via AIC, is indicated by a shaded rectangular box on each panel.

#### TABLE 1

Characteristics of study population and comparisons of FeNO levels

Variable	N (%) #	Mean of FeNO (S.D.) $\P$	P-Value <sup>+</sup>
Sex			
Girls	1146 (51.16)	11.02 (6.61)	0.53
Boys	1094 (48.84)	11.25 (7.08)	
Age (yrs)			
<8	703 (31.38)	10.8 (6.59)	0.005
8–9	1102 (49.20)	11.02 (6.5)	
>9	435 (19.42)	12.18 (8.28)	
Race/Ethnicity			
Non-Hispanic White	828 (37.01)	10.28 (5.96)	< 0.0001
Hispanic	1247 (55.74)	11.59 (7.07)	
African American	61 (2.73)	11.82 (8.28)	
Asian	86 (3.84)	14.15 (11.04)	
Other	15 (0.67)	10.8 (3.89)	
Asthma			
Yes	169 (7.54)	13.87 (10.41)	< 0.0001
No	2071 (92.46)	10.91 (6.55)	
History of respiratory allergy			
Yes	1167 (52.10)	11.94 (8)	< 0.0001
No	1073 (47.90)	10.38 (5.61)	
Questionnaire Language			
Spanish	531 (23.71)	12.3 (7.51)	< 0.0001
English	1709 (76.29)	10.8 (6.59)	
Body mass index			
Underweight (<5 <sup>th</sup> percentile)	49 (2.19)	10.8 (5.62)	0.85
Normal (5th to <85th percentile)	1368 (61.29)	11.25 (6.97)	
Overweight (85th to <95th percentile)	395 (17.70)	11.13 (7.13)	
Obese (>95 <sup>th</sup> percentile)	420 (18.82)	10.91 (6.44)	
FeNO collected outside classroom			
Yes	111 (4.96)	14.88 (9.82)	< 0.0001
No	2129 (95.04)	11.02 (6.72)	
Parental Education			
Less than High School	424 (20.06)	12.55 (7.78)	< 0.0001
High School	390 (18.45)	11.13 (7.24)	
Above High School	1300 (61.49)	10.8 (6.48)	
Exposure to secondhand smoke			
Yes	102 (4.55)	12.06 (7.84)	0.20
No	2123 (94.78)	11.13 (6.79)	
In utero exposure to maternal smoking			
Yes	130 (6.11)	10.28 (6.06)	0.11

Variable	N (%) #	Mean of FeNO (S.D.) $\P$	P-Value <sup>+</sup>
No	1998 (93.89)	11.25 (6.97)	

<sup>#</sup>Numbers do not always add up because of missing data.

 ${}^{\#}$ Geometric mean and standard deviation obtained from a univariate model testing equality of group means.

<sup>+</sup>Tests for the equality of group means (did not include missing category).

#### TABLE 2

Correlation among air pollutants#

Pollutants	PM <sub>2.5</sub>	PM <sub>10</sub>	NO <sub>2</sub>	03
PM <sub>2.5</sub>		0.79	0.47	0.61
$PM_{10}$	0.72		0.49	0.59
NO <sub>2</sub>	0.65	0.55		0.15
<b>O</b> <sub>3</sub>	-0.05	0.06	-0.4	

<sup>#</sup>Pearson correlation coefficients (r) between any two pollutants. The upper un-shaded area represents correlations in warm season (March 16 – June 30, 2005), whereas the lower shaded area shows correlations in cold season (October 1, 2004 – March 15, 2005).

#### TABLE 3

Results of cumulative daily average lagged air pollutant effect on FeNO\*

Pollutant <sup>#</sup>	Lag Structure	Percent Difference in FeNO (95% C.I.)
PM <sub>2.5</sub>	1-8 day average	17.42 (6.15, 29.89) +
$PM_{10}$	1–7 day average	9.25 (1.58, 17.50) <sup>§</sup>
NO <sub>2</sub>	1–6 day average	5.13 (-2.34, 13.17)
O <sub>3</sub>	1-23 day average	14.25 (5.24, 24.04) +

<sup>\*</sup>All models are adjusted for community, race/ethnicity, sex, asthma, asthma medication use, history of respiratory allergy, age, hour of FeNO collection, BMI, SHS, parent education, language of the questionnaire (English/Spanish), season and whether FeNO testing was conducted outdoors.

 $^{\#}$  All pollutants are 24 hr average, except for ozone (10am–6pm average).

 ${}^{/\!\!/}$  Results are scaled to the IQR values of 7.5  $\mu$ g/m<sup>3</sup> (PM<sub>2.5</sub>), 12.97  $\mu$ g/m<sup>3</sup> (PM<sub>10</sub>), 10.62 ppb (NO<sub>2</sub>) and 15.42 ppb (O<sub>3</sub>).

<sup>+</sup>P<0.01;

<sup>§</sup>P<0.05.

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# TABLE 4

Interaction tests on cumulative daily average lagged air pollutant<sup>#</sup> effects on  $FeNO^*$ .

		$PM_{2.5}$	$PM_{10}$	$NO_2$	03
Modifying Factors		Percent Difference (95% CI) f	Percent Difference (95% CI) ¶	Percent Difference (95% CI) f	Percent Difference (95% CI) f
Asthma	No	18.8 (7.3,31.5) +	9.6 (1.9,17.9) <sup>§</sup>	5.9 (-1.7,14.1)	14.5 (5.3,24.4) +
	Yes	5.8 (-9.1,23.2)	2.1 (-11.4,17.5)	-3.6 (-17.7,12.7)	12.6 (-0.7, 27.7) f
	P-interaction	0.07	0.27	0.22	0.77
Respiratory Allergy	No	13.9 (1.9,27.4) §	7.1 (-1.4,16.4)	4.7 (-1.9,11.7)	12.4 (2.7,23.0) §
	Yes	19.6 (7.7,32.9) +	10.8 (2.5,19.9) §	7.8(1.4,14.7) §	$15.4\ (6.0, 25.7)\ ^+$
	P-interaction	0.22	0.32	0.31	0.40
Season	Warm	18.4 (6.8,31.4) +	19.9 (7.9,33.2) +	4.8 (-5.0,15.6)	15.3 (5.3,26.2) +
	Cold	13.0 (-2.6,31.0)	4.3 (-3.9,13.2)	5.4 (-3.4,15.0)	10.2 (-7.5,31.3)
	P-interaction	0.49	0.02	0.92	0.65
*					

questionnaire (English/Spanish), season and whether FeNO testing was conducted outdoors. In addition, stratum specific effects of pollution are reported for each modifying factor (asthma, history of All models are adjusted for community, race/ethnicity, sex, asthma, asthma medication use, history of respiratory allergy, age, hour of FeNO collection, BMI, SHS, parent education, language of the respiratory allergy or season) by including interaction terms wherever appropriate.

 $\#_{\rm AII}$  pollutants are 24 hr average, except for ozone (10am–6pm average)

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 $m M_R$  esults are scaled to the IQR values of 7.5  $\mu g/m^3$  (PM2.5), 12.97  $\mu g/m^3$  (PM10), 10.62 ppb (NO2) and 15.42 ppb (O3).

 $^{+}P<0.01;$ 

 $^{\$}P<0.05;$ 

 $f_{\rm P<0.1}$