Molecular Epidemiology of Mycobacterium tuberculosis among South African Gold Miners

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Abstract

Rationale: HIV-associated tuberculosis remains a major health problem among the gold-mining workforce in South Africa. We postulate that high levels of recent transmission, indicated by strain clustering, are fueling the tuberculosis epidemic among gold miners.

Objectives: To combine molecular and epidemiologic data to describe Mycobacterium tuberculosis genetic diversity, estimate levels of transmission, and examine risk factors for clustering.

Methods: We conducted a cross-sectional study of culturepositive M. tuberculosis isolates in 15 gold mine shafts across three provinces in South Africa. All isolates were subject IS6110-based restriction fragment length polymorphisms, and we performed spoligotyping analysis and combined it with basic demographic and clinical information.

Measurements and Main Results: Of the 1,602 M. tuberculosis patient isolates, 1,240 (78%) had genotyping data available for analysis. A highly diverse bacillary population was identified, comprising a total of 730 discrete genotypes. Four genotypic families (Latin American Mediterranean spoligotype family; W-Beijing; AH or X; and T1–T4) accounted for over 50% of all strains. Overall, 45% (560/1,240) of strains were genotypically clustered. The minimum estimate for recent transmission $(n - 1$ method) was 32% (range, 27–34%). There were no individual-level risk factors for clustering, apart from borderline evidence for being non–South African and having self-reported HIV infection.

Conclusions: The high *M. tuberculosis* genetic diversity and lack of risk factors for clustering are indicative of a universal risk for disease among gold miners and likely mixing with nonmining populations. Our results underscore the urgent need to intensify interventions to interrupt transmission across the entire gold-mining workforce in South Africa.

Keywords: gold mines, molecular epidemiology, South Africa, tuberculosis

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An increase in tuberculosis (TB) cases coincident with the HIV epidemic has been reported worldwide. The increase in TB

notification rates has been most marked in sub-Saharan Africa, where 75% of coinfected individuals live and where

HIV-associated TB remains a major health problem (1, 2). The situation is particularly dire among the gold-mining workforce

in South Africa; in this population, the TB rate surpassed 4,000/100,000/yr in 1999, partly due to the high prevalence of HIV coinfection (which was 29% in 2001) and silicosis (3–6). Although the contribution of these factors to TB case rates is clear, the TB transmission dynamics in this large and highly mobile population have not been well described.

Molecular methods with traditional epidemiologic data have expanded the ability to explore TB epidemics. In lowincidence settings, molecular epidemiology has been used to investigate TB outbreaks and laboratory cross-contamination (7–9). In endemic settings, community-based studies have revealed high strain diversity, resolved TB recurrence into exogenous reinfection or endogenous reactivation, and, in some instances, identified clinical characteristics associated with specific Mycobacterium tuberculosis strains (10–15). In addition, in some studies, researchers have estimated the level of, and factors associated with, recent transmission by using genotypic clustering as a proxy for recent transmission (11–13). Identifying correlates of clustering can help to identify at-risk groups to facilitate targeted interventions.

The Thibela TB Study investigators evaluated the impact of community-wide isoniazid preventive therapy (IPT) in 15 groups of gold-mining shafts in three provinces of South Africa (16). During the Thibela TB Study, sputum specimens were collected from consenting adults with suspected pulmonary TB. Cultured M. tuberculosis isolates were subjected to molecular analysis. To better understand the TB epidemiology in this population, we combined molecular data with concomitantly collected epidemiologic data to describe the genetic diversity of the bacillary population, estimate recent transmission, and examine individual and ecological factors associated with strain clustering in the context of the current control programs.

Methods

Study Population

The initiation of study activities at the 15 mines from three provinces in South Africa (Gauteng, North West, and Free State) was phased in over 33 months, and the duration of recruitment varied, largely

depending on population size. Participants in this substudy were consecutive samples of adults with suspected pulmonary TB, based on clinical and/or radiologic findings, who were identified in participating mine shafts between June 2006 and February 2010. The participants were identified as follows: (1) self-presentation at mine health services, (2) referral to mine health services following routine radiologic chest screening, and (3) screening for active TB prior to or during IPT offered as part of the Thibela TB Study (16, 17). Individuals who self-reported a prior history of TB were excluded if they had been identified by the mine health services before November 2008. Those identified from November 2008 onward through screening prior to IPT were included, regardless of TB history. Each participant provided one spot sputum specimen. Information on demographics, self-reported HIV status, and TB history were collected in a participant interview at the time of sputum collection (17). The ethics boards of the University of the KwaZulu-Natal, the London School of Hygiene and Tropical Medicine, and the Public Health Research Institute (New Jersey Medical School, Newark, NJ) approved this study.

Laboratory Procedures

Mycobacteriologic tests, as described previously (18), were performed at the National Health Laboratory Services laboratory in Braamfontein, Johannesburg, South Africa. Positive cultures were confirmed as M. tuberculosis using an anti-MPB64 monoclonal antibody assay (TAUNS Laboratories, Numazu, Japan). Isoniazid and rifampicin susceptibility testing was performed on M. tuberculosis isolates using the BACTEC MGIT culture system (BD Biosciences, San Jose, CA). Primary cultures of M. tuberculosis were initially stored at $2-8^{\circ}$ C and later subcultured into 7H9 liquid medium supplemented with oleic acid, albumin, dextrose, and catalase and 15% glycerol for storage at -80° C.

M. tuberculosis stocks were subcultured on Löwenstein-Jensen slants and grown at 37°C for 3-5 weeks. IS6110-based restriction fragment length polymorphism (RFLP) analysis was performed on each isolate as described elsewhere (19). RFLP patterns were analyzed using Bio Image software (Bio Image Systems, Jackson, MI). M. tuberculosis isolates with identical

DNA hybridization patterns were considered to be the same and assigned according to a previously described nomenclature system (9). A strain family was a group that exhibited similar but nonidentical IS6110 patterns suggestive of relatedness by descent (e.g., Beijing). Spoligotyping was performed to further define each isolate and classify it according to the fourth international spoligotyping database (20, 21). In addition, M. tuberculosis strains were assigned to discrete, synonymous single-nucleotide polymorphism (sSNP)–based phylogenetic lineages (I–VIII and II.A) on the basis of RFLP patterns previously described (22).

Definitions

M. tuberculosis isolates were characterized using IS6110-RFLP and spoligotyping. The Thibela TB Study baseline survey data suggested that mixing between miners in different provinces was minimal (16). Hence, it was assumed that two isolates sharing the same RFLP spoligotype pattern most likely represented recent transmission if the isolates came from two participants working in the same province. An orphan strain was defined as an isolate with an RFLP spoligotype pattern that occurred in only one patient in one province within the study dataset. Strain clusters were defined as more than one occurrence of a specific strain (RFLP spoligotype) in different individuals from the same province during the study period.

The parameter "recent transmission" was estimated using the $n - 1$ method: recent transmission $=$ (number of clustered patients $-$ number of clusters)/total number of patients (23). In ecological analyses at the mine shaft–group level, the proportion of clustered strains was compared with "sampling duration," "coverage," and mine health service TB case notification rates within each group of mine shafts. The sampling duration was the number of months between enrollment dates for the first and last study participants in each mine shaft group. Two definitions of "coverage" were used: (1) the proportion of M. tuberculosis culture–positive isolates that had genotyping data and so were included in the clustering analysis (Definition 1) and (2) the ratio of the number of M. tuberculosis strains with genotyping data to the number of TB cases notified by mine health services over the same time period corresponding to the

sampling duration (Definition 2). Baseline case notification rates as a predictor for proportion of clustered strains in the ecological analysis were measured over the calendar year prior to the Thibela TB Study baseline survey.

Data Analysis

Statistical analyses were conducted with Stata 12.1 software (StataCorp, College Station, TX). Risk factors for clustering at the individual level were assessed by univariate logistic regression analysis. Correlation of risk factors for strain clustering at the ecological level of the 15 groups of mine shafts in the Thibela TB Study was assessed with Pearson's coefficients. Molecular data were not available for all participants, so associations between a participant's characteristics and whether these data were available for analysis were assessed with Chi-squared tests. Associations between participant characteristics and strain families were also assessed with Chi-squared tests.

Results

Over the time period of this study, there were a total of 5,513 TB cases identified by mine health services. During the same period, we identified 1,602 participants who were M. tuberculosis culture–positive; of these, 1,240 had RFLP and spoligotype data (77.4%) and so were suitable for genotypic analysis (Figure 1). Reflecting the goldmining workforce, these 1,240 strains were isolated predominantly (97.3%) from men (Table 1). The participants' median age was 45 years (interquartile range, 39 to 49 years), and their median tenure in the workforce was 21 years (interquartile range, 14 to 28 years). A prior history of TB was reported by 14.7% of participants. HIV status was self-reported by 450 (36.3%) of 1,240 participants, of whom 196 (43.6%) were HIV-positive. Sixty-two (5.2%) of 1,240 participants were resistant to isoniazid, 7 (0.6%) were resistant to rifampin, and 46 (4.1%) were multidrugresistant (Table 1). Individuals whose RFLP spoligotype data were unavailable were more likely to have been recruited before 2008 and hence less likely to have a prior history of TB, in line with the study enrollment criteria (see Table E1 in the online supplement). They were also less likely to have a cough, more likely to live in

Figure 1. Specimen flowchart. DST = drug susceptibility testing; $INH =$ Isoniazid; Mtb = Mycobacterium tuberculosis; NTM = nontuberculosis mycobacteria; RFLP = restriction fragment length polymorphism; RIF = rifampin. *During the time period during which the substudy was operating, there were a total of 5,513 TB cases identified.

a hostel, and more likely to be working in the North West province (Table E1).

Genetic Diversity of M. tuberculosis Isolates

The 1,240 isolates came from participating mines in three provinces: 415 from Gauteng (33.5%), 391 from North West (31.5%), and 434 (35.0%) from the Free State (Table 1). All nine discrete sSNP phylogenetic lineages were represented in the bacillary population, with the three most common groups being VI (41.9%), II (13.9%), and V (10.6%). Using IS6110- RFLP spoligotype classification, a total of 730 discrete genotypes were identified. When work province was added to the definition of clustering, an increase to 845 discrete genotypes ("strains") was realized (Table 2). The strains were grouped into 62 IS6110-RFLP families, with an additional 11 orphan IS6110-RFLP patterns. The four most common families, designated by the letter corresponding to their IS6110-RFLP

(spoligotype), were CC (Latin American Mediterranean [LAM]), W-Beijing (Beijing), AH (X family), and BM (T1–T4). These families comprised 263 (21.2%), 168 (13.6%), 129 (10.4%), and 91 (7.3%) isolates, respectively, and together accounted for over half (52.5%) of all isolates. The diversity within each of the major genotypic families varied considerably (Figure 2). There were 170 variants in the CC family, 69 in W-Beijing, 49 in BM, and 34 in AH. Within these genotypic families, the extent of diversity (i.e., the fraction of the number of genotypes to the total number of strains within the family) was highest within the CC (170 of 263 [0.65]) and BM (49 of 91 [0.54]) families, followed by W-Beijing (69 of 168 [0.41]) and AH (34 of 129 [0.26]).

Estimation of Transmission

Genotypic strain clustering was used as a proxy for recent transmission. Of 1,240 characterized isolates, 560 (45.2%) were represented in 165 clusters (Table 2). The

Table 1. Risk factors for being in a cluster, as determined by RFLP, spoligotype, and province

*Inpatient at a hospital or health clinic within the preceding 2 years.

Definition of abbreviations: DST = drug susceptibility tests; INH = isoniazid; res = resistant; RFLP = restriction fragment length polymorphism; RIF = rifampin; sus = susceptible; TB = tuberculosis.

median cluster size was two isolates, and there were five clusters, each of which comprised more than 10 isolates (17–23 isolates each). Three of these clusters were from one IS6110-RFLP spoligotype classification that was represented in all three provinces, and two were from one IS6110-RFLP spoligotype classification that was represented in two provinces (with seven isolates with this classification in the third province). Recent transmission for the

overall population was estimated excluding or including the province of work in the definition of clustering. The estimate excluding the province of work was 31.9% ([range estimate, 560–165]/1,240), and estimate including the province of work was 41.1% ([range estimate, 677–167]/ 1,240) (Table 2). Strain clustering in each province ranged from 39.9% to 47.7%, and estimates of recent transmission varied from 27.4% to 34.1% (Table 2).

Risk Factors for Clustering

Individual level. Univariate logistic regression analyses were used to examine risk factors for being in a cluster (Table 1). There was some evidence that miners from the North West province were less likely to have clustered strains than miners from the other two provinces (odds ratio [OR], 0.73; 95% confidence interval [CI], 0.56–0.97 [compared with Gauteng province]). There was an increased odds of strain clustering

*"Strain" defined based on same IS6110-RFLP, spoligotype, and province.

[†]Estimated using the $n - 1$ method.

Definition of abbreviation: RFLP = restriction fragment length polymorphism.

for non–South Africans compared with South Africans (OR, 1.32; 95% CI, 1.06– 1.66), as well as borderline evidence for those who self-reported having HIV, compared with not having HIV, infection among those who knew and were willing to report their HIV status (OR, 1.38; 95% CI, $0.95 - 2.02$).

Mine shafts group level. Within the 15 groups of mine shafts in the Thibela TB

Study, the proportion of strains that were clustered varied between 27.3% and 63.6% (Figure 3). There was borderline evidence that the proportion of strains clustered in each group of mine shafts was correlated with increasing levels of sampling coverage (Definition 1: $R^2 = 0.25$, $P = 0.060$; Definition 2: $R^2 = 0.20$, $P = 0.095$) (Figure 3) and with decreasing duration of sampling $(R^2 = 0.20, P = 0.097)$. There was no evidence of a correlation between clustering and case notification rates $(R^2 = 0.01, P = 0.688)$. Within the 15 groups of mine shafts, estimates of recent transmission varied between 0% and 33.1% (median, 19.2%).

Strain Family Epidemiology

Isolates belonging to the four most common strain families were more likely to be from participants who reported fewer years working in the industry (Table E2). Strain family was also associated with the participant's country of origin and province. Of note, 24 (51.1%) of 47 of strain W799 were isolated from miners from Lesotho. Drug resistance was associated with strain family, with resistance to both isoniazid and rifampicin being most common in the AH strain family. Clustering was also more common among strain families AH (X family, low-copy clade) and W-Beijing than in other strain families ($P < 0.001$).

Discussion

We used molecular epidemiology to determine the genetic diversity of circulating M. tuberculosis strains and to provide estimates of recent transmission and risk factors for clustering among gold miners in South Africa. We found a high level of

Figure 3. Ecological analysis of factors associated with clustering in the 15 groups of mine shafts in the Thibela TB trial. Coverage: Definition 1 = isolates included in clustering analysis as a percentage of all isolates whose culture was positive for M . tuberculosis. Coverage: Definition $2 =$ ratio of number of isolates included in clustering analysis to the number of cases identified for TB over the same time period. CNR = case notification rate.

genetic diversity within the bacillary population. Our molecular data suggest that the minimum estimated proportion of TB due to recent transmission was approximately one-third, considerably lower than previous reports (11, 12, 24, 25). Despite the extremely high TB incidence in the study (3), we did not detect strong factors associated with genetic clustering at the individual or ecological level.

Researchers in molecular epidemiology studies in Southern Africa have reported on the genetic diversity of circulating M. tuberculosis strains (11, 12, 26–29). All major M. tuberculosis phylogenetic lineages were represented in these studies. The CC (LAM), W-Beijing (Beijing), and AH (X) families predominated, consistent with previous reports (12, 27–29). In lowincidence settings, where TB is often due to reactivation from a remote infection, genetic diversity of M. tuberculosis isolates typically reflects the extent of ethnic heterogeneity and the mobility of the population. In the present study, we found a higher level of strain diversity (845 discrete genotypes) than previously reported in other South African populations (11, 12, 30, 31). This high diversity supports our assessment that two strains with identical genotypes are likely related. Unlike other studies of many South African communities in which TB epidemiology has been described (12, 15), we focused

on a relatively more mobile population. The gold-mining workforce represents individuals from different regions of South Africa, as well as considerable numbers from neighboring countries such as Lesotho and Mozambique (32). Thus, our bacillary population likely represents a mixture of strains actively circulating within the mining communities and, to a lesser extent, those imported by the migrant labor force. For instance, over half of a large W-Beijing strain (strain W799) cluster $(n = 47)$ was recovered from gold miners originating from Lesotho. Although it is possible that strain W799 was transmitted within the mining community, these strains were recovered from miners working from different mining shafts and/or regions and likely represent a closer network, either within the mining system or in the originating communities. In addition, high genetic variation within major strain families (Figure 2) and its association with fewer years in the industry (Table E2) strengthen the argument that these strains are endemic in South Africa and southern Africa and likely are being imported into the study region. It is worth noting that researchers in studies from different regions in South Africa have noted variation in the predominant genotype families seen in our study (25, 27, 28, 33).

The rate of genotypic biomarker change (e.g., IS6110) is often proportionate to the extent of bacillary replication (34). Therefore, similar nonidentical genotypes typically accumulate in a community over time, as strains transmit from patient to patient. We found considerable genetic variation within the four major genotype families that collectively accounted for over 50% of the isolates (Figure 3). The most diverse CC and BM families, and, to a lesser extent, the W-Beijing family, are likely endemic in southern Africa (12, 35, 36). The W-Beijing family has been reported to be present in nearly all locales in southern Africa and is thought to have been imported within the past century (37, 38). In contrast, the AH family showed the least diversity, which is partly explained by their characteristically low copy number of IS6110 elements. Our use of RFLP spoligotyping helped to provide some resolution. The AH strains have been reported to have caused large drug-resistant outbreaks in the Western Cape of South Africa (29, 39), a finding consistent with ours (Table E2).

Molecular clustering has been used to estimate the levels of recent transmission in different epidemiologic settings (7, 11, 23, 40). The validity of such estimates is heavily dependent on the sampling proportion of total TB cases, the duration of sampling (41, 42), and the discriminatory power of genotyping method(s) (43). In previous studies done in South Africa, researchers have reported a proportion of clustered genotypes in the range of 70% (11, 12, 30, 31) and estimated that 50–60% of cases were due to recent infection. We found considerably less clustering $(\sim45%)$ and recent infection (\sim 32%) among our goldmining study populations. In contrast to other previously described communities that are relatively static, miners originate from and visit many regions and nearby countries. Additionally, our results are in contrast to estimates of 70–99% of active disease being due to reinfection, as indicated by mathematical models of the same gold-mining populations reported here (44). However, caution must be used when directly comparing estimates of recent transmission based on identical molecular data versus fitted estimates of disease due to reinfection from mathematical models. In addition, estimates of recent transmission are restricted to only the study population and catchment area and do not preclude disease due to recent transmission from other

mining regions or disease not related to occupational exposure (i.e., from nearby communities). Unlike other studies that typically report the fraction of strains analyzed from total culture-positive cases, we note that, despite capturing 78% of all culture-positive M. tuberculosis strains, our sampling fraction of total TB cases examined from those that were identified during the study was low (Figure 3). Given the relatively low sampling fraction and population heterogeneity, our estimates of recent transmission are likely conservatively low.

Identifying risk factors associated with recent transmission is a priority for TB control programs. As such, patient factors associated with molecular clustering have yielded insight into transmission at the individual (e.g., HIV infection, substance abuse) and community (e.g., household, hospital) levels (9, 23, 45). In our study, we examined individual-level factors associated with clustering, using basic clinical, demographic, geographic, and employment history data. Other than mining region, no clear risk factors were identified. Our results contrast with those from a molecular epidemiologic study conducted more than 10 years ago in four South African gold mines where treatment failure was associated with genotypic clustering, whereas multidrug resistance, despite being associated with treatment failure, was negatively associated with clustering (11). The study differences likely reflect the consequence of epidemic levels of TB incidence coupled with greater access to antiretroviral therapy.

The lack of readily identifiable risk factors for clustering can be explained in part by the high force of infection (i.e., the proportion of susceptible individuals who have become infected in a specified period). A high force of infection in these populations would result in considerable rates of primary and secondary TB infection and, given the high HIV prevalence among gold miners $(\sim]30\%$), could explain the high disease incidence. As such, the force of infection is influenced by the prevalence of untreated infectious TB, host susceptibility, and extent of social mixing patterns. Although the exact nature and extent of social interactions is hard to quantify, our molecular clustering data indicate that mixing among miners with nonminers from nearby communities and home visits (e.g., Eastern Cape, Lesotho)

are likely considerable (46). The impact of these interactions and the circular migration of the study population on M. tuberculosis genetic diversity may provide a foundation for explaining the epidemics seen in these gold-mining settings. There was weak evidence that coverage (sampling level and duration) at the mine shaft level was associated with the proportion of strain clustering. Taken together, our results suggest that, in an environment with a high force of infection and mobile patient populations, reactivation disease (particularly among HIV-negative individuals), recent infection and reinfection are likely occurring at high rates, thus obscuring the relative contribution of recently transmitted TB within this setting. The confluence of factors dampening detection of recent transmission in this study may explain in part the null results of the clusterrandomized IPT Thibela trial (16). Our study also highlights possible shortcomings of current tools that focus on individuals with disease used to estimate recent transmission of infection in hyperepidemic and/or hyperendemic settings of transient populations.

Our study has a number of limitations. First, patient epidemiologic data linking cases that appeared clonally related were not available. The lack of patient-linked data limits the inference that clustered cases represent direct patient-to-patient linkage or recent spread. These data were available for a study by Godfrey-Faussett and coworkers among South African gold miners, but those researchers were not able to identify hot spots for transmission and direct patient-to-patient linkage was established among only 19% of cases within molecular clusters (11). Second, despite capturing 78% of all M. tuberculosis isolates from the study population, our overall sampling of identified TB cases (1,240 of 5,513) was 22.5% (Figure 3). In addition, not all mining companies routinely investigated all miners with suspected pulmonary TB on the basis of sputum cultures. At one mining company that routinely investigated all persons with suspected TB on the basis of cultures, 4,268 TB cases between 2002 and 2008 were diagnosed, of which 2,250 (52.7%) were culture-positive for M. tuberculosis (47). The low proportion of TB episodes with strains available for analysis would tend to underestimate clustering,

recent transmission, and associated risk factors. However, our good sampling of infectious cases (i.e., culture-positive) likely reflects the overall characteristics of circulating strains. Third, we had limited data on participants' HIV status and on the movement of miners within and outside mining regions. Although HIV coinfection has a profound impact on the natural course of TB, previous studies have not found HIV to be associated with molecular clustering (11, 12, 45).

Despite implementation of TB control measures among South African gold miners, TB case identification rates remain very high. Although the elevated risk for disease among gold miners may point to the need for more intensified interventions across the entire community, a better understanding of the dynamics of transmission is of paramount necessity in designing control programs (48). However, it is clear from this study that detailing transmission pathways within environments with very high force of infection is challenging. Such environments may require additional tools with more granular resolution, such as whole-genome analysis. Such data, coupled with traditional epidemiology and social network analysis (26, 49), may highlight hot spots of TB transmission as portals for strain introduction and dissemination, thereby providing much-needed strategies for improved intervention. Finally, our results underscore the need for strengthening of active case identification and ensuring the successful treatment and cure of all patients with TB. \blacksquare

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