# Beta-Globin Gene Haplotypes Among Cameroonians and Review of the Global Distribution: Is There a Case for a Single Sickle Mutation Origin in Africa?

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# Abstract

Studies of hemoglobin S haplotypes in African subpopulations have potential implications for patient care and our understanding of genetic factors that have shaped the prevalence of sickle cell disease (SCD). We evaluated *HBB* gene cluster haplotypes in SCD patients from Cameroon, and reviewed the literature for a global distribution. We reviewed medical records to obtain pertinent socio-demographic and clinical features for 610 Cameroonian SCD patients, including hemoglobin electrophoresis and full blood counts. RFLP-PCR was used to determine the *HBB* gene haplotype on 1082 chromosomes.

A systematic review of the current literature was undertaken to catalogue *HBB* haplotype frequencies in SCD populations around the world. Benin (74%; *n* = 799) and Cameroon (19%; *n* = 207) were the most prevalent haplotypes observed among Cameroonian patients. There was no significant association between *HBB* haplotypes and clinical life events, anthropometric measures, hematological parameters, or fetal hemoglobin (HbF) levels. The literature review of the global haplotype distributions was consistent with known historical migrations of the people of Africa. Previously reported data from Sudan showed a distinctly unusual pattern; all four classical haplotypes were reported, with an exceptionally high proportion of the Senegal, Cameroon, and atypical haplotypes.

We did not observe any significant associations between *HBB* haplotype and SCD disease course in this cohort. Taken together, the data from Cameroon and from the wider literature suggest that a careful reassessment of African *HBB* haplotypes may shed further light on the evolutionary dynamics of the sickle allele, which could suggest a single origin of the sickle mutation.

# Introduction

SICKLE CELL DISEASE (SCD) is caused by a point mutation  $(A > T)$  in the sixth codon of the  $\beta$ -globin gene on chromosome 11, resulting in the substitution of the amino acid valine for glutamic acid.

SCD affects the structure of erythrocytes by altering the normal biconcave shape to a crescent. During this process the hemoglobin S (HbS) mutation leads to polymerization and precipitation of hemoglobin during deoxygenation or dehydration, resulting in sickling, abnormal adhesion of leukocytes and platelets, inflammation, hypercoagulation, hemolysis, and hypoxia, in addition to microvascular obstruction and ultimately organ damage (Bartolucci et al., 2012). SCD is most prevalent among populations in regions of the world where malaria has been endemic and it is estimated that 305,800 births with SCD occur annually, nearly two-third of which take place in Africa (Piel et al., 2013).

It is well accepted that the sickle mutation exists in Africa on diverse genetic haplotype backgrounds (Labie al., 1985). Five typical haplotypes have been described across the  $\beta$ -globin gene cluster based upon the pattern of specific RFLPs across the region. Four haplotypes are associated with HbS in Africa (Benin, Bantu/Central African Republic (CAR), Senegal, and Cameroon) and the fifth is thought to have arisen in India and/or the Arabian Peninsula (Arab/Hindu) (Elion et al., 1992; Pagnier et al., 1984). It has been suggested that these haplotypes also have an effect on the severity of the disease (Asultan et al., 2012; Steinberg, 2009) and possibly the clinical response to hydroxyurea (Friedrisch et al., 2008)—currently the only

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available treatment for SCD. Furthermore, these haplotypes have a well-defined geographic distribution in Africa, making it possible to establish the origin of African-descendant populations in America (Pagnier et al., 1984; Serjeant, 1989), but also the origin of SCD among Europeans from Mediterranean regions. Studies of SCD haplotypes in African subpopulations therefore have potential implications for the clinical care of patients and for our understanding of the dynamic population genetic factors that shape the SCD phenotype.

Cameroon is a sub-Saharan African country with a population of about 20 million inhabitants and an annual growth rate of 3%, with a carrier frequency of SCD ranging from 8% to 34% (Wheatherall et al., 2001). Universal medical insurance coverage does not exist, and care of SCD patients is therefore dependent on financial support and care-giving by family members (Wonkam et al., 2013a). Sadly, poverty in Cameroon affects more than 50% of the rural population and up to 30% of the urban population (World Bank, 2010), and the financial burden of medical care for SCD is often not met (Wonkam et al., 2013a, 2014a).

SCD patients in Cameroon frequently suffer exceptionally severe complications such as stroke (Njamnshi et al., 2006) and executive neurocognitive compromise (Ruffieux et al., 2013). Consanguinity, ascertained by pedigree analysis, is observed in 5.7% of the population, most of which is found in the northern Sahelian regions of Cameroon where the Arabo-Muslim influence is stronger (Wonkam et al. 2013b). Because of its central location on the continent, Cameroonians cultural, linguistic, and genetic diversity mimics that of various ethno-linguistic groups found in Africa (Tishkoff et al., 2009). It is therefore anticipated that genetic studies in this population might reveal important insights to other African populations. The aim of this study was to explore the frequency and influence of *HBB* haplotypes amongst a group of Cameroonian SCD patients and to compare our findings to published data from Africa and worldwide.

## Materials And Methods

## Ethics statement

Ethical approval was granted by the National Ethical Committee Ministry of Public Health, Republic of Cameroon (No 033/CNE/DNM/07), and the University of Cape Town, Faculty of Health Sciences Human Research Ethics Committee (HREC RE: 132/2010).

## Patients and assessment of clinical events

The study was conducted at the Yaoundé and Douala, the two largest cities in Southern Cameroon. Sociodemographic and clinical data were collected by means of a structured questionnaire for parents/guardians and patients. Patients' medical records were reviewed to delineate their clinical features over the past 3 years. Specifically, the occurrences of vaso-occlusive painful crisis (VOC), hospital outpatient visits, hospitalizations, overt strokes, blood transfusions, and administration of hydroxyurea were recorded. Anthropomorphic variables (height, weight, body mass index (BMI)) and systolic and diastolic blood pressures (SBP and DBP) were measured in the outpatient setting. Detailed descriptions of sampling methods used in the Cameroonian have been previously reported (Wonkam et al, 2014c).

## Hematological phenotypes

Hemoglobin electrophoresis and routine complete blood count were conducted on each patient upon arrival at the hospital. Two methods of fetal hemoglobin (HbF) detection were employed; the alkali denaturation test (ADT) in 55.5%  $(n=344)$  of the patients, and subsequent high performance liquid chromatography (HPLC) in the remainder. HbF levels measurements done in patients < 5 years old were excluded from the analysis, because HbF levels are not yet stable at this age (Wonkam et al, 2014c).

#### Genotypes

Cameroonian patients. DNA samples were extracted from peripheral blood, following manufacturer's instructions (Puregene blood kit® (Qiagen®, USA) at the molecular diagnostic laboratory, Gyneco-Obstetric and Paediatric Hospital, Yaoundé, Cameroon. Genotype analyses were performed in the Division of Human Genetics, Faculty of Health Sciences, University of Cape Town.

Molecular diagnostic testing for sickle cell anemia (SCA; HbSS). SCA diagnosis was carried out using 200 ng of DNA. A thermocycler (Biorad®, USA) was used to amplify a 770 bp segment of the  $\beta$ -globin gene, followed by Dde I (Gibco-BRL®, USA) restriction analysis of the PCR product, as previously reported (Saiki et al., 1985).

Haplotyping of  $\beta$ -globin gene cluster. Five restriction fragment length polymorphism (RFLP) regions in the  $\beta$ -gene cluster were amplified using published methods designed to analyze the *XmnI* (5'G $\gamma$ ), *HindIII* (G $\gamma$ ), *HindIII* (A $\gamma$ ), *HincII* (3?' $\Psi$  $\beta$ ), and *HinfI* (5' $\beta$ ) restriction sites (Steinberg et al., 1998). RFLP sites and the fragments were visualized by agarose gel electrophoresis, and  $\beta$ -globin gene haplotypes were defined by examining the combination of the restriction sites. The  $\beta S$  haplotypes were constructed from the absence  $(-)$  and presence  $(+)$  of each of the five restriction enzyme sites in 541 individuals with HbSS. Of the samples studied, sickle  $(\beta S)$  haplotypes were identified through a specific algorithm (Supplementary Table S1; supplementary material is available online at www.liebertonline.com/omi)). Haplotypes were classified as 'atypical' if they did not match the five known typical  $\beta$ S haplotypes.

## Literature review

A review of the current literature on SCD haplotypes was conducted from June 2013 to July 2014 using Pubmed (National Library of Medicine), Medline, and Google Scholar. Key words included a combination of the following: ''Haplotype," "Sickle Cell," "Africa," and specific country names were also used. Prior knowledge of research groups working on sickle cell disease in Africa and globally further facilitated the identification and selection of research articles. Only available full-length articles, in English, with the use of at least five (5) RFLP to differentiate the five main types of haplotype, were selected. In cases where multiple studies were reported in the same population, the most recent with the largest sample size was included. The main search was conducted by a PhD student in Human Genetics and the search was reviewed by a Medical/Human Geneticist with expertise in SCD.

#### Statistical analysis

Descriptive statistics were obtained for all quantitative data using SPSS (IBM, USA version 21.0). Normality was confirmed by the Shapiro-Wilk Test followed by the use of parametric (Chi-squared test and *t*-test) or nonparametric tests (Mann-Whitney U test for two samples or the Kruskal-Wallis one-way ANOVA for more than two samples). To correct for the skewed HbF distribution, the data were log10-transformed and normalized to obtain the quantitative trait used in the association analysis (after correcting for age, gender, and electrophoresis technique and history of transfusion).

### **Results**

## Socio-demographic of Cameroonian SCD patients

The description of the study sample is presented in Table 1. Among the 610 patients; 50.3% were female with mean age of  $17.3 \pm 10$  years (range: 5–54 years) and the majority of patients were children aged between 5–10 years (32.2%; *n* = 196) and adolescents 11–20 years (50%; *n* = 305). Patients lived mostly in the urban areas of Yaoundé and Douala  $(93\%)$ :  $n = 567$ , both located in the southern part of Cameroon. The median age at diagnosis of SCD, was 3 years (range: 1 month—29 years). Forty two percent (*n* = 158) of fathers and 23%  $(n=108)$  of mothers were formally employed; and in 75%, the monthly direct incomes were < 300 USD.

## Haplotypes in the beta-globin gene cluster, clinical events, and HbF in Cameroonian patients

Following the full blood count and HbF electrophoresis and RFLP-PCR, the vast majority of patients were determined to have SCA (HbSS) (97.4%; *n* = 594). In addition, 61 randomly selected patients were Sanger sequenced, and SCA diagnosis was confirmed in all of them. There was no evidence of the deletional form of HbS  $\beta$ -thalassemia.

Table 1. Description of SCD Cameroonian Patients

<i>Variables</i>	N	$Mean \pm SD$	Minimum- <i>Maximum</i>
M/F	303/307		
	610	$17.3 \pm 10$	$5 - 58$
Age (Yrs) RBC $(10^{12}/L)$	610	$2.8 \pm 0.7$	$1.2 - 6.5$
$Hb$ ( $g/dL$ )	610	$7.8 \pm 1.6$	$3.8 - 16.5$
$MCV$ (fL)	610	$84.4 \pm 9.9$	59-117
$MCHC$ ( $g/dL$ )	610	$34.0 \pm 3.8$	$21.5 - 54.3$
WBC $(10^9/L)$	610	$13.7 \pm 5.6$	$2.9 - 49.8$
Monocytes $(10^9/L)$	610	$1.5 \pm 1$	$0.1 - 11.9$
Pl atelets $(10^9/L)$	610	$374.6 \pm 123$	97-837
HbA2 $(\%)$ (HPLC)*	244	$3.3 \pm 1.3$	$0 - 9.7$
HbF $(\%)$ (HPLC)*	244	$7.5 \pm 4.8$	$0 - 22.7$
N VOC /Yr	572	$3 \pm 3$	$0 - 40$
N hospital attendance (per Yr)	608	$2.2 \pm 3.2$	0–60
N hospital admission (per Yr)	606	$2.3 \pm 3$	$0 - 30$
N patients with at least one overt stroke	25/608	$4.1\%$	

\*Hb electrophoresis was also obtained from 344 patients (55.5%) using alkali denaturation test (ADT), with a mean of  $11.4 \pm 9.4$  for HbF and  $4.1 \pm 2.1$  for HbA2 levels.

Based on analysis of 1082 chromosomes, the allele frequencies of various haplotypes showed that Benin (74%;  $n = 799$ ) and Cameroon (19%;  $n = 207$ ) were the most prevalent forms. Bantu/CAR  $(n=5)$ , Senegal  $(n=3)$ , and Indian-Arab  $(n=2)$  haplotype were very rare. Atypical haplotypes accounted for  $6\%$  ( $n=66$ ). Homozygous Benin/Benin haplotypes represented 57% (*n* = 307), Benin/Cameroon 25%  $(n=137)$ , Benin/atypical 8%  $(n=45)$ , and Cameroon/ Cameroon 5%  $(n=26)$  of diploid haplotype frequencies. There were no significant associations between major haplotype combinations and hematological indices (Table 2), clinical events (Table 3), or HbF levels (Fig. 1).

## Global distribution of haplotypes

As demonstrated in Figure 2 and Table 4, the Benin haplotype was the most prevalent globally with its highest frequency in West Africa, the Mediterranean region, America, and Europe. The Bantu/CAR haplotype was most prevalent in central, southern, and East Africa, and in relatively high proportion in Central and South America and parts of Europe, as compared to North America. The Senegal haplotype was restricted to the far west regions of Africa, with the exception of Sudan and had a relatively low frequency in America; the Indian-Arab haplotype was almost completely restricted to part of India and the Middle East.

## Exceptional HBB haplotype distribution in Sudan?

When data within Africa was compared, the literature review revealed four major features in Sudanese SCD patients: 1) all four classical SCD haplotypes were reported in significant proportions; 2) Cameroon haplotype was reported in a much higher proportion in Sudan than in Cameroon; 3) surprisingly, there was a higher proportion of Senegal haplotypes in Sudan when compared to the rest of East Central and parts of West Africa, and lastly 4) there was a relatively high proportion of atypical haplotypes (Elderdery et al., 2012) (Table 4, Fig. 2).

## Discussion

To the best of our knowledge, the present study represents the largest study of *HBB* haplotypes in a single African country, and is the most comprehensive review of the global distribution of *HBB* SCD haplotypes thus far. The data presented confirm the origin and flow of people from Africa through the slave trade and/or migration, and emphasize differences in settlement on the American coasts dependent on whether slaves were brought from the Gulf of Guinea or from Angola (Fong et al., 2013). Similarly, trade and migration routes to the Mediterranean areas and the Middle East from West Africa explain the high prevalence of Benin haplotypes and general pattern of haplotype distribution in those parts of the world (Fig. 2).

The present study also confirms that the majority of the chromosomes with the  $\beta(S)$  globin gene are consistent with one of the five common RFLP haplotypes, designated as Benin, Bantu/CAR, Senegal, Cameroon, and Arab-Indian haplotypes. In most settings,  $5\%$ -10% of the chromosomes are less commonly observed haplotypes, usually referred to as ''atypical'' haplotypes (Table 4). However, on the African continent and in two independent studies, atypical haplotypes

Hematological variables	Benin/Benin $(n=307)$	Benin/Cam $(n=137)$	Benin/Atypical $(n=45)$	Cameroon/Cameroon $(n=26)$	P values
RBC $(10^{12}/L)$	2.7	2.6	2.8	2.6	0.6
$Hb$ ( $g/dL$ )	7.7	7.5	7.8	7.6	0.5
$MCV$ (fL)	85	84	86	83.5	0.9
$MCHC$ ( $g/dL$ )	33.4	34.1	32.6	34.3	0.5
Platelets $(109/L)$	395	374	350	382	0.4
WBC $(10^9/L)$	12.6	13.6	13.1	14.3	0.5
Lymphocytes $(109/L)$	5.2	5.6	5.4	6.5	0.1
Monocytes $(109/L)$		1.3	1.3	1.3	

Table 2. Median Values of Hematological Indices Among Cameroonian SCD Patients Conditioned on *HBB* Haplotypes

appear in relatively high frequency in Sudan, in concert with all the other types of African haplotypes, particularly a relatively high proportion of Senegal and Cameroon haplotypes (Elderdery et al., 2012; Mohammed et al., 2006). The relatively high frequency of the Cameroon haplotype in Sudan versus in Cameroon (Elderdery et al., 2012) is not completely anomalous, but rather the reflection that the geographical nomenclature of haplotypes (named according to the first region of observation) does not necessarily reflect their place of origin. The refinement of the molecular structure (i.e., haplotype) in *HBB* and migration patterns is still urgently needed, specifically in Africa.

Two decades ago, the observation of a specific RFLP pattern of the Cameroon haplotype strongly argued for yet another independent origin of the sickle cell mutation in Africa (Lapoumeroulie et al., 1992). The Cameroon haplotype was then said to be restricted to a single ethnic group, the Eton of Central Cameroon (Lapoumeroulie et al., 1992), which is contrary to current data from Sudan (Elderdery et al., 2012; Mohammed et al., 2006). More recently, a specific atypical haplotype in Tunisia was considered by authors as specific to the Tunisian chromosome  $\beta(S)$  (Imen et al., 2011). In the case of the Cameroon and Tunisia, these specific haplotypes were likely generated by a variety of genetic mechanisms including (a) isolated nucleotide changes in one of the polymorphic restriction sites, (b) simple and double crossovers between two typical  $\beta(S)$  haplotypes, or much more frequently between a typical  $\beta(S)$  haplotype and a different  $\beta(A)$ -associated haplotype that was present in the population, and (c) gene conversions (Zago et al., 2000)—all of which have been observed at the beta-globin locus (Borg et al., 2009; Holloway et al., 2006; Liu et al., 2009; Neumann et al., 2010; Patrinos et al., 2005; Sankaran et al., 2011).

Thus, a relatively high frequency of what was originally an atypical  $\beta(S)$  haplotype might subsequently be labeled a ''new'' haplotype supposedly (albeit unlikely) bearing a new independent  $\beta(S)$  mutation, as was postulated by the authors of the original globin haplotype report (Wainscoat et al., 1983). To date, the existence of at least five different geographic centers of origin has been postulated on the basis of the predominance of major haplotypes associated with the  $\beta(S)$  mutation. The multiple and independent origins of the  $\beta$ (S) mutation (Chakravarti et al., 1984; Nagel and Fleming, 1992) also fails to account for the absence of  $\beta(S)$  mutation from malarial regions in Southeast Asia and Oceania (Flint et al., 1993), although many other hemoglobin gene mutations also confer malaria protection, including  $\alpha$ - and  $\beta$ -thalassemia traits and other structural variants of hemoglobin that are common in Southeast Asia.

In addition, the hypothesis of multiple independent origins raises the question of how several identical mutations could have occurred in a short period of time in Africa after the appearance of malaria, despite the low mutation rate of nuclear DNA (Currat et al., 2002). It is also possible that gene conversion has played a role in moving the  $\beta(S)$  mutation to different haplotype backgrounds in sub-Saharan Africa. Resolution of RFLP haplotypes with recently described longrange sickle haplotypes (Ghansah et al., 2012; Hanchard et al.,

Table 3. Clinical Event Among Cameroonian SCD Patients Conditioned on *HBB* Haplotypes

	Benin/Benin		Benin/Cameroon			Benin/Atypical		Cameroon/Cameroon	
	N	Median $(25^{\text{th}} -$ 75th centiles)	N	Median $(25^{\text{th}} -$ 75th centiles)	N	Median $(25^{\text{th}} -$ 75th centiles)	N	Median $(25^{\text{th}} -$ 75th centiles)	P values
BMI $(kg/m^2)$	251	$18(14.9-21)$	103	$17.2(15-20.1)$	39	$17(14.4-19.7)$	23	$17.9(15.1 - 18.5)$	0.12
$SBP$ mmHg	259	108 (100–115)	107	$107(98 - 115)$	40	$109(99-113.5)$	21	$108(99-115)$	
$DBP$ mm $Hg$	259	$58(54-65)$	107	58 $(52-64)$	40	$59(53.5 - 64.5)$	21	$56(53-60)$	0.56
No. of VOC/Year									
<b>Stroke</b>									
Yes	13		6						0.8
N <sub>0</sub>	294		131		45		25		
No. of consultation/ Year	301	$1(0-4)$	135	$2(0-4)$	45	$1(0-3)$	26	$1(0-4)$	0.66
No. of hospitalization/ Year	301	$1(0-2)$	135	$1(0-2)$	45	$1(0-2)$	26	$1(1-2)$	0.54



FIG. 1. Distribution of fetal hemoglobin levels conditioned on HBB haplotypes. *Boxes* have lines at the lower quartile, median, and upper quartile. The *plot whiskers* extend up and down from the median a distance 1.5 times the interquartile range of the boxes (truncated at zero where necessary). Outliers are the points outside the whiskers indicated as *circles*. There were not significant differences across various combination of haplotypes  $(p=0.54)$  and between them.



FIG. 2. Global distribution of haplotypes among various world SCD populations. Previously reported data allow drawing a global haplotype distribution that was consistent with known historical migrations of the people of Africa. Among Indigenous African populations, published data from Sudan (*arrow*) showed a distinctly unusual pattern; all four classical haplotypes were reported, with an exceptionally high proportion of the Senegal and Cameroon haplotypes.

	$\beta$ -S Haplotypes								
Continents	Countries	Arab-Indian Bantu/Car $N^*$ (%)	$N(\%)$	<b>Benin</b> $N(\%)$	Cameroon $N(\%)$	Senegal $N(\%)$	Atypical $N(\%)$	References	
Africa	Algeria	0(0.0)	0(0.0)	20 (100.0)	0(0.0)	0(0.0)	0(0.0)	Pagnier et al., 1984	
	Angola	0(0.0)	42 (95.5)	2 (4.5)	0(0.0)	0(0.0)	0(0.0)	Lavinha et al,. 1992	
	Cameroon	3(0.3)	5(0.5)	799 (73.8)	207(19.1)	2(0.2)	66 (6.1)	The present data	
	Congo	0(0.0)	211 (91.0)	0(0.0)	0(0.0)	0(0.0)	21 (9.1)	Mouele et al., 1999	
	Egypt	0(0.0)	0(0.0)	28 (100.0)	0(0.0)	0(0.0)	0(0.0)	El-Hazemi et al., 1999	
	Guinea	0(0.0)	9(22.5)	0(0.0)	31 (77.5)	0(0.0)	0(0.0)	Sow et al., 1995	
	Kenya	0(0.0)	109 (98.2)	2(1.8)	0(0.0)	0(0.0)	0(0.0)	Ojwang et al., 1987	
	Madagascar	0(0.0)	32 (91.4)	0(0.0)	0(0.0)	1(2.9)	2(5.7)	Hewitt et al., 1996	
	Mauritania	5(5.6)	4(4.4)	8(8.9)	0(0.0)	70 (77.8)	3(3.3)	Veten et al., 2012	
	Nigeria	0(0.0)	6(1.0)	624 (93.2)	23(3.4)	0(0.0)	16(2.4)	Adekile et al., 1992	
	Senegal	0(0.0)	0(0.0)	0(0.0)	0(0.0)	90 (100.0)	0(0.0)	Currat et al., 2002	
	Sudan	0(0.0)	4(2.8)	42 (29.4)		50 (35.0) 26 (18.2)		21 (14.6) Elderdery et al., 2012	
	Tanzania	0(0.0)	41 (100.0)	0(0.0)	0(0.0)	0(0.0)	0(0.0)	Oner et al., 1992	
	Tunisia	(0.0)	9(2.7)	201 (60.5)	0(0.0)	0(0.0)		122 (36.7) Imen et al,. 2011	
	Uganda	0(0.0)	207 (99.5)	0(0.0)	0(0.0)	1(0.5)	0(0.0)	Ndugwa et al., 2012	
Asia	India	128 (91.4)	0(0.0)	0(0.0)	0(0.0)	0(0.0)	12(8.6)	Mukherjee et al., 2004	
	Bahrain	33 (89.2)	2(5.4)	1(2.7)	0(0.0)	0(0.0)	1(2.7)	Al-Arrayed, 1995	
	Iran	87 (53.7)	5(3.1)	19 (11.7)	4(2.5)	6(3.7)		41 (25.3) Rahimi et al., 2003	
	Iraq	16(12.5)	10(7.8)	89 (69.5)	0(0.0)	0(0.0)		13 (10.2) Al-Allawi et al., 2012	
	Jordan	4(20.0)	0(0.0)	16(80.0)	0(0.0)	0(0.0)	0(0.0)	El-Hazemi et al., 1999	
	Kuwait	101(80.8)	7(5.6)	14(11.2)	0(0.0)	0(0.0)	3(2.4)	Adekile, 2001	
	Lebanon	10(10.0)	15(15.0)	73 (73.0)	0(0.0)	0(0.0)	2(2.0)	Inati et al., 2003	
	Oman	31 (26.5)	25(21.4)	61(52.1)	0(0.0)	0(0.0)	0(0.0)	Daar et al, 2000	
	Palestine $(wb)$ #	0(0.0)	6(5.1)	104 (88.1)	0(0.0)	0(0.0)	8(6.8)	Samarah et al., 2009	
	Saudi-arabia $(se)^{\wedge}$	2(1.6)	0(0.0)	122 (98.4)	0(0.0)	0(0.0)	0(0.0)	El-Hazemi et al., 1999	
	Syria	6(33.3)	0(0.0)	12(66.7)	0(0.0)	0(0.0)	0(0.0)	El-Hazemi et al., 1999	
	United Arab	49 (52.0)	24 (26.0)	21 (22.0)	0(0.0)	0(0.0)	0(0.0)	El-Kalla & Baysal, 1998	
	Emirates								
North	Canada	0(0.0)	7(11.5)	30 (49.2)	8(13.1)	8(13.1)		8 (13.1) Oner et al., 1992	
America Cuba		0(0.0)	81 (40.9)	101(51.0)	0(0.0)	16(8.1)		0 (0.0) Muniz et al., 1995	
	Jamaica	0(0.0)	37(8.3)	339(76.0)	0(0.0)	23(5.2)		47 (10.5) Ndugwa et al., 2012	
	Mexico	0(0.0)	26 (78.8)	6(18.2)	0(0.0)	0(0.0)	1(3.0)	Magana et al., 2002	
	Trinidad	9(3.2)	49 (17.3)	175 (61.8)	10(3.5)	24 (8.5)	16(5.7)	Jones-Lecointe et al., 2008	
	$USA^{\$}$	12(0.8)	129 (21.6)	503 (58.9)	38 (6.1)	76 (8.0)	48 (4.6)	Crawford et al., 2002	
South America Brazil	Uruguay	0(0.0)	6(60.0)	2(20.0)	0(0.0)	0(0.0)		2 (20.0) Luz et al., 2006	
		1(0.4)	104(41.6)	138 (55.2)	3(1.2)	1(0.4)	3(1.2)	Adorno et al., 2008	
	Colombia	1(0.4)	68 (29.7)	76 (33.2)	10(4.4)	10(4.4)		64 (27.9) Fong et al., 2013	
	Suriname	0(0.0)	23 (29.9)	41 (53.2)	2(2.6)	2(2.6)		9 (11.7) Oner et al, 1992	
	Venezuela	0(0.0)	57 (32.2)	90(50.8)	4(2.3)	25 (14.1)	1(0.6)	Arends et al., 2000	
Europe	Portugal	0(0.0)	14 (42.4)	12(36.4)	0(0.0)	7(21.2)	0(0.0)	Lavinha et al., 1992	
	Italy	0(0.0)	0(0.0)	64 (100.0)	0(0.0)	0(0.0)	0(0.0)	Schiliro et al., 1992	
	Turkey	1(0.5)	0(0.0)	206 (96.3)	0(0.0)	0(0.0)	7(3.3)	Oner et al., 1992	
	Greece	0(0.0)	0(0.0)	13 (92.9)	0(0.0)	1(7.1)	0(0.0)	Oner et al., 1992	

TABLE 4. GLOBAL  $\beta$ -S HAPLOTYPE DISTRIBUTION FROM PREVIOUSLY REPORTED DATA

\*N, number of chromosomes; #WB, West Bank; ^SE, South Eastern; \$ USA, combined African-American and Hispanic data.

2007), together with next-generation sequencing, should provide definitive answers to this long-standing question.

It is then perhaps provocative and ambitious, but not unreasonable, to hypothesize that, there could be a single origin of the sickle cell mutation, in the region of East Africa/Sudan, with additional haplotypes generated by diverse structural mechanisms, and the spread to the rest of the continent through traditional migratory patterns. Recently, both phylogenetic and network analysis indicate that east Africans possess more ancestral mitochondrial lineages in comparison to various continental populations placing them at the foot of the human evolutionary tree. Interestingly, the two most ancestral mitochondrial sequences in the NJ tree figure refer to Nubian individuals in Sudan (Elhassan et al., 2014). Moreover, a compound associated with a lithic Middle Stone Age industry was discovered in Dhofar Oman and regarded as evidence of human migration out of Africa through an Arabian route (Rose et al., 2011).

Therefore, the shared rs7482144 SNP in both the Senegal and Indian-Arab haplotypes invites the question of whether the Indian-Arab haplotype evolved from an east African chromosome with Senegal haplotype. In fact, a specific study of the Senegal haplotype concluded that migration from the east of Senegal was implicated in the spread of this mutation across west African populations and the exact geographic origin of the Senegal  $\beta(S)$  mutation was not located (Currat et al., 2002). It could well be even further east of Senegal, perhaps as far east as Sudan/East Africa region. It was suggested more than 2 decades ago, that although  $\beta(S)$  is attributed to recent independent mutations occurring approximately 2000 years ago (Currat et al., 2002), the separation and geographical distribution of African populations allows for the possibility of an ancient origin of  $\beta(S)$  mutation. The authors even suggested that  $\beta(S)$  could have protected selected populations from malaria in rain forest refuges during the most recent Ice Age (Stine et al., 2011).

The data reviewed here provides evidence that the detailed geographic distribution of known sickle haplotypes is still not well established, as many African countries do not have reported data. Were this available, it is conceivable that a gradient of haplotype frequencies from East Africa to other parts of the continent could have emerged differently. Further genetic studies in well-defined populations from across Africa are urgently needed, to allow determination of the exact extent of the spread of various *HBB* haplotypes, as this would help to identify the mutation's geographical origin precisely, and to explore the recent increase in frequency of the  $\beta(S)$  mutation, irrespective of its haplotypic background. The data reported here emphasize the need to re-explore the origin of sickle cell mutation as well as past and recent evolutionary dynamics of African human populations, as this could yield important information about the evolutionary history of SCD, which of course hold significant clinical relevance (Adorno et al., 2008).

HbF is the most powerful biological modifier of SCD phenotype and influenced by genomic variations. In a recent study, we confirmed in this group of Cameroonian SCD patients, robust genetic associations between HbF levels and *BCL11A* and *HBS1L-MYB* intergenic locus (Wonkam et al., 2014c), as previously reported in African Americans and Afro- Brazilians (Lettre et al., 2008) and Tanzanians (Makani et al., 2011). However, due to the virtual absence of the Senegal and Indian-Arab haplotypes, which contain the XmnI variant (rs7482144), we lacked power to replicate the association of rs7482144 in *HBG2* with HbF levels in Cameroonian; this SNP explains 2.2% of the variation in HbF levels in African American SCD patients (Labie et al., 1985; Lettre et al., 2008). Indeed, there was no significant difference in HbF levels and various haplotypes combinations among this group of Cameroonian SCD patients (Fig. 1). Contrary to our findings, a recent report argues that the S haplotype itself (beyond HbF regulation) correlates with disease severity (Bean et al., 2013).

The Cameroon haplotype has previously been associated with poor clinical outcome and increased stoke episodes in SCD (Adorno et al., 2008; Steinberg et al., 1998), whereas the Benin haplotype is thought to confer a relatively favorable clinical outcome (Steinberg, 2009). In a previous report, we anticipated that the relatively high prevalence of stroke in SCD patients in Cameroon could be attributed to the high proportion of Cameroonian haplotype (Njamnshi et al., 2006). However, the present data do not confirm this hypothesis, since the most prevalent haplotype in Cameroon is Benin. The high prevalence of Benin haplotypes rendered the study underpowered to reveal a significant difference in phenotypic outcome with specific haplotype combinations. An alternative explanation could be the influence of environmental factors, specifically the limited access to the already inadequate health care and poverty, illustrated here by the late age at diagnosis, the low rate of formal employment, as well as modest direct monthly direct incomes among parents. In other studies, socioeconomic factors and poor healthcare infrastructure have been shown to be a major factor in the high psychosocial burden of SCD among Cameroonian adult SCD patients (Wonkam et al., 2014a,d) and parents of children with SCD (Wonkam et al., 2013).

#### Limitations and perspectives

In Cameroon, the data mostly originated from patients living in the southern part of the countries and are thus not fully representative of the general SCD population in Cameroon. Specifically, data from the northern Sahelian part will be needed to complete the picture and possibly provide additional clues of recent population migration from Sudan that brought the 'Cameroon' haplotype to Cameroon. Another limitation of this study was the self-report nature of some clinical variables such as VOC episodes, which can lack precision. In addition, pain tolerance and financial factors could have been limiting factors for hospital attendance (Wonkam et al., 2014c).

Despite the above limitations, this study represents an important step toward the understanding of the molecular structure of SCD in Cameroon, in sub-Saharan African patients and globally. This study also has a capacity-building dimension as it was fully performed from design, funding, molecular analysis, and reporting on the African continent and could in turn create major collaborative research opportunities at the regional and international levels.

## Conclusion

This study has 1) confirmed the high frequency of Benin haplotype and lack of significant association between  $\beta(S)$ haplotypes and common SCD clinical outcomes in Cameroonian SCD patients; 2) highlighted previous data demonstrating the almost equivalent representation of the four major *HBB* haplotypes in Sudan with a much higher frequency of Cameroon haplotype; 3) provided a comprehensive review of published data illustrating the distribution of  $\beta(S)$  haplotypes in world populations, tracking their migration pattern within and outside of Africa. This preliminary report proposes extending the studies on *HBB* haplotype distribution in Africa and advances the opportunity to re-address the question of the origin(s) of the Sickle Cell mutation.

## Author Disclosure Statement

The authors declare that there are no conflicting financial interests.

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