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Alcohol modulates expression of DNA methyltranferases and methyl CpG-/CpG domain-binding proteins in murine embryonic fibroblasts

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Abstract

Fetal alcohol syndrome (FAS), presenting with a constellation of neuro-/psychological, craniofacial and cardiac abnormalities, occurs frequently in offspring of women who consume alcohol during pregnancy, with a prevalence of 1–3 per 1000 livebirths. The present study was designed to test the hypothesis that alcohol alters global DNA methylation, and modulates expression of the DNA methyltransferases (DNMTs) and various methyl CpG-binding proteins. Murine embryonic fibroblasts (MEFs), utilized as an *in vitro* embryonic model system, demonstrated ~5% reduction in global DNA methylation following exposure to 200 mM ethanol. In addition, ethanol induced degradation of DNA methyltransferases (DNMT-1, DNMT-3a, and DNMT-3b), as well as the methyl CpG-binding proteins (MeCP-2, MBD-2 and MBD-3), in MEF cells by the proteasomal pathway. Such degradation could be completely rescued by pretreatment of MEF cells with the proteasomal inhibitor, MG-132. These data support a potential epigenetic molecular mechanism underlying the pathogenesis of FAS during mammalian development.

Keywords

Fetal alcohol syndrome; Alcohol; Mouse; Embryo; Fibroblast; Proteasome; Epigenetic; DNA methylation

1. Introduction

Maternal alcohol use during pregnancy, a significant public health problem, affects an estimated 1% liveborn infants in the United States [1]. Exposure to alcohol during gestation has been associated with a variety of adverse pregnancy outcomes including spontaneous abortion, stillbirth, prematurity, pre- and postnatal growth retardation, and a spectrum of congenital malformations and neurological defects [2,3]. The most severe manifestation of

Conflict of interest statement

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maternal alcohol use in offspring is fetal alcohol syndrome (FAS), a spectrum of congenital anomalies characterized by craniofacial and cardiac dysmorphologies, growth retardation, brain damage and other physical abnormalities that occur with increased frequency in offspring of women who consume alcohol during pregnancy. FAS is thought to occur in 30–50% of the offspring of alcoholic women with an estimated incidence in the United States of 1–3 cases per 1000 livebirths and an international incidence of approximately 1.9 cases per 1000 livebirths [4].

The multisystem abnormalities resulting from *in utero* alcohol exposure were first described by Lemoine et al. [5] and later described as "fetal alcohol syndrome" (FAS) by Jones and Smith [6], and Jones et al. [7]. In the United States, studies document that up to 30% of women consume alcohol at some point during their pregnancy and significant evidence exists to support the fact that alcohol consumption during pregnancy can be harmful to the developing fetus [8].

A typical constellation of abnormalities, including growth retardation, developmental delay and mental deficiency, is observed in children with FAS. Moreover, multiple cranial and facial abnormalities are also characteristic of this syndrome [9]. Despite extensive study (for reviews, see [10-13]), the cellular and molecular mechanisms underlying the developmental toxicity of alcohol are still poorly defined. Recent studies imply that, apart from genetic and environmental factors, epigenetic mechanisms, known to regulate cell proliferation, differentiation, and migration during embryonic development (for reviews, see [14–17]), may be associated with the etiology of a range of developmental abnormalities, including FAS [18-20]. Recent studies have reported that prenatal exposure to alcohol results in alterations in DNA methylation associated with fetal genetic and phenotypic changes [21-25]. Acute ethanol administration to pregnant mice (from GD 9.0 to 11.0), resulted in hypomethylation of fetal DNA [26]. Diminishing Dnmt3b mRNA levels have been detected in the sperm of alcohol-exposed male rats [27], and findings from a range of studies highlight a crucial role for DNA methylation in neural cell lineage differentiation and early neurogenesis [15,28]. Using a mouse model for fetal alcohol spectrum disorders (FASD), alcohol exposure during early neurulation resulted in aberrant changes in DNA methylation patterns with associated changes in gene expression, cell cycle regulation, and neural development [29].

Mammalian DNA methylation, occurring exclusively at cytosine residues within CpG dinucleotides, is catalyzed by a family of active DNA methyl transferases (DNMTs) that includes DNMT-1, -3a, -3b. The "maintenance" methyltransferase, DNMT-1, exclusively associated with the methylation of hemimethylated DNA, ensures clonal transmission of lineage-specific DNA methylation patterns from maternal to daughter cells during cell division, whereas, the de novo methyltransferases, DNMT-3a and DNMT-3b, display a level of target specificity and diverse temporal activity [30–32]. The importance of the three active DNMTs (DNMT-1, -3a, and -3b) during embryogenesis, is well documented. Disruption/mutation of the *Dnmt1* gene results in developmental anomalies and embryonic lethality [33,34]. Targeted disruption of the *Dnmt3b* gene also leads to embryonic lethality [31], whereas *Dnmt3a* null mice die *in utero* or shortly after birth [31,35]. Mutations in the human *DNMT3B* gene cause the immunodeficiency-centromeric instability-facial anomalies

(ICF) syndrome, characterized by hypomethylation of pericentromeric repeats [36]. Altered neuronal differentiation and maturation in *DNMT3B*-deficient human embryonic stem cells also has been reported recently [37].

Methyl-CpG-binding domain (MBD) proteins, characterized by the presence of a methyl CpG-binding domain, act as "interpreters" of the DNA methylation mark, and function as key regulators of several epigenetic processes. Of the five known MBD proteins, four (MeCP-2 and MBDs 1–3) generally operate as transcriptional repressors, whereas MBD-4 is involved in DNA repair (for reviews, see [38,39]). MBD proteins are thought to govern normal embryogenesis by a range of mechanisms, many of which are still unknown [38,40]. Notably, mice harboring a *Mecp2* deletion exhibit a phenotype markedly similar to that presented in individuals with the symptoms of Rett Syndrome, a neurological disorder in human caused by *MECP2* mutation [41,42]. In addition, MBD-3 is essential for development as *Mbd3*-null mutations are embryonically lethal [43].

The consequences of *in utero* exposure to ethanol on the expression of DNMTs and MBDs are unknown. As the developing craniofacial complex, which is targeted by *in utero* alcohol exposure, is contributed to by neural stem cells, neural crest cells, and mesoderm-derived mesenchyme [44], each of these cell types in culture represents a biologically relevant experimental model system for molecular mechanistic studies relating to the cellular/ molecular basis of FAS. Consequently, in the present study, the outcomes of ethanol exposure on the expression of various DNMTs and MBDs were investigated in an *in vitro* embryonic model, murine embryonic fibroblasts cells. Fetal embryonic fibroblasts are derived from primitive mesenchyme and hence are of mesodermal origin. They maintain a degree of pluripotency and can differentiate into other cell types including chondrocytes, osteocytes, adipocytes and smooth muscle cells [45]. Interestingly, findings from this study reveal that ethanol exposure resulted in global DNA hypomethylation, and for the first time, document significant proteasomal degradation of all three DNA methyltransferases (DNMT-1, DNMT-3a, and DNMT-3b) and the methyl CpG-binding proteins, MeCP-2, MBD-2 and MBD-3. Moreover, such ethanol-induced degradation could be completely prevented via pretreatment of the cells with the proteasome inhibitor, MG-132.

2. Materials and methods

2.1. Cell culture

Mouse embryonic fibroblasts (MEFs; NIH/3T3) were obtained from American Type Culture Collection (ATCC; Rockville, MD, USA) at passage 56. These cells were originally derived from embryonic day (E) 13.5 mouse embryos (strain 129/Sv-C57BL/6). Cells were grown at 37 °C in an atmosphere of 90% air/10% CO₂, and maintained in Dulbecco's modified Eagle medium (DMEM) containing high glucose and supplemented with 10% fetal bovine serum (FBS), 4 mM L-glutamine, and antibiotics (100 units/ml penicillin G, 100 mg/ml streptomycin sulfate and 0.25 mg/ml amphotericin B) (Invitrogen – Life Technologies; Grand Island, NY, USA). Prior to treatment of the cells, growth medium was replaced every 48 h. Cells were utilized for experimental purposes at passage numbers 60–62, when the cells were actively proliferating.

2.2. Global DNA methylation assay

MEF cells were plated in 60 mm tissue culture dishes (Nalge Nunc International; Rochester, NY, USA) at an initial density of 1.5×10^4 cells/dish. Cells were grown to confluence in the growth medium (as described under Section 2.1), washed with phosphate-buffered saline (PBS) and treated with either vehicle (PBS) or ethanol at a final concentration of 25 or 200 mM for 24 h. Culture dishes (both treated and control) were sealed with parafilm to prevent evaporation of ethanol and incubated at 37 °C. After 24 h, the growth medium was replaced with fresh medium containing vehicle or appropriate concentrations of ethanol, again sealed with parafilm, and the cell cultures were incubated for an additional 24 h. In addition, other MEF cell cultures, identically grown and maintained (for a total duration of 48 h), were treated only with 10 μ M 5-azacytidine (a DNA methylation inhibitor used as a negative control) (Sigma; St. Louis, MO, USA) for 24 h.

Genomic DNA was extracted from vehicle, ethanol- or azacytidine-treated MEFs using the Qiagen DNeasy Blood & Tissue Kit according to the manufacturer's instructions (Qiagen; Valencia, CA, USA). Global DNA methylation was assessed using the Methylamp Global DNA Methylation Quantification Ultra Kit (Epigentek; Brooklyn, NY, USA) according to the manufacturer's protocol. In this assay, DNA was added to a strip well coated with a specific methylated-DNA binder. The methylated fraction of DNA is recognized by an anti-5-methylcytosine (5mCyt) antibody, and then quantified through an ELISA-like reaction, assessing optical densities (ODs) at 450 nm, using a spectrophotometric plate reader (VICTORTM X3 Multilabel Plate Reader, Perkin Elmer; Waltham, MA, USA).

2.3. Methyl-cytosine immunostaining

MEF cells grown on 4-well Lab-Tek[®] chamber slides (Nalge Nunc International) were treated with either 25 mM or 200 mM ethanol, PBS (vehicle control), or 10 µM 5azacytidine, as described under Section 2.2. Control and treated cells were washed in PBS, fixed for 5mCyt staining in ice-cold methanol for 10 min at -20 °C, treated with 2 N HCl for 20 min at 37 °C and then with boric buffer to neutralize the acid for 10 min at 37 °C. Subsequently, cells were washed in PBS, permeabilized in PBS/0.1% Triton X-100, and blocked with PBS/0.1% TritonX-100/0.5% BSA/10% FBS at 37 °C for 30 min to minimize nonspecific staining. Cells were then incubated overnight with a 1:200 dilution of the anti-5methylcytosine rabbit polyclonal antibody (Megabase Research; Omaha, NE, USA). Following repeated washings with PBS to remove the primary antibody, cells were incubated with anti-rabbit IgG conjugated to Alexa Fluor 594 (1:200 dilution; Molecular Probes – Life Technologies) for 60 min at 37 °C, and then washed again with PBS. Cellular DNA was counterstained with 300 nM 4'-6'-diamidino-2-phenylindole (DAPI) (Molecular Probes - Life Technologies) and mounted under Fluoromount-G (Molecular Probes - Life Technologies) to preserve fluorescence. Cells were visualized and photographed with a Nikon Eclipse TE 2000-U microscope equipped with epifluorescence optics.

2.4. TaqMan[®] quantitative real-time PCR (RT-PCR)

Total RNA (from control or ethanol-treated MEF cells) was isolated using the RNeasy Protect Mini Kit (Qiagen) following the manufacturer's recommendations. The quality and quantity of extracted total RNAs were assessed using the Agilent 2100 Bioanalyzer (Agilent

Technologies; Santa Clara, CA, USA) and spectro-photometric UV absorbance at 260/280 nm. Total RNA was treated with DNase I in the presence of RNase OUT (Invitrogen - Life Technologies) to remove contaminating DNA before cDNA synthesis. cDNA was synthesized from total RNA using random hexamer primers and Superscript II reverse transcriptase (Invitrogen – Life Technologies). Real-time PCR analysis was performed on a TaqMan[®] ABI Prism 7000 Sequence Detection system (Applied Biosystems; Foster City, CA, USA). Primers and their corresponding fluorescence probes (Assays-on-Demand) were purchased from Applied Biosystems. For each gene analyzed, both forward and reverse primers were used at a concentration of 900 nM and the final fluorescent probe concentration was 200 nM. The PCR reaction was performed in a total volume of 25 µl containing 0.2 mM each of dATP, dCTP, and dGTP, 0.4 mM dUTP, 0.625 unit of Amplitaq Gold (Applied Biosystems, UK) and 2 µl (8.0 ng) of cDNA template. Cycling parameters were: 50 °C for 2 min for probe and primer activation, 95 °C for 10 min for denaturation of DNA strands, 40 cycles of denaturation at 95 °C for 15 s, and primer extension at 60 °C for 1 min. For each reaction, a parallel reaction lacking template served as a negative control. Raw data were acquired and processed with ABI Sequence Detector System software, version 1.0 (Applied Biosystems). mRNA amounts for each gene were normalized to 18S ribosomal RNA (rRNA) present in each sample.

2.5. Preparation of nuclear extracts and Western blotting

MEF cells were treated and maintained for 48 h as described under Section 2.2. Nuclearenriched protein extracts were prepared from 25 mM- or 200 mM ethanol- or vehicle (PBS)treated MEF cells using the NE-PER kit (Pierce; Rock-ford, IL, USA) following the manufacturer's recommendations. Steady state levels of various DNMT and MBD proteins were determined by Western (immuno) blotting as previously described [46]. Protein was separated (15 µg/lane) by SDS-PAGE followed by electrophoretic transfer to PVDF membranes. To visualize proteins and ensure the efficiency of transfer, gels were stained with Coomassie blue [47] and membranes with 0.1% fast green. Blots were blocked by incubation in 5% non-fat dry milk in TBST buffer (50 mM Tris, pH 7.6; 150 mM NaCl; 0.1% Tween-20) for 1 h at room temperature. Antibodies (see below) were prepared by dilution in blocking solution. Blots were incubated with primary antibody overnight at 4 °C with gentle shaking, washed extensively and then incubated for 45 min at room temperature with the appropriate horseradish peroxidase-conjugated secondary antibody. Immune complexes were detected on film using the ECL-Plus[™] chemiluminescent detection system (GE Healthcare Life Sciences; Pittsburgh, PA, USA) according to the manufacturer's instructions. Molecular weights of proteins on each gel were estimated by reference to a Magic MarkTM (20–200 kDa) protein ladder (Invitrogen – Life Technologies). A methodological control, wherein buffer was utilized in place of primary antibody, was utilized to distinguish between specific immunoreactive bands and nonspecific bands due to interaction of the secondary antibody with endogenous proteins. Immunoblots of control and MEF cell extracts were replicated with similar results utilizing a minimum of three complete and independent sets of cell samples. Commercially available primary antibodies utilized included DNMT-1 (D63A6), DNMT-3a (D23G1), and MeCP-2 (D4F3) rabbit monoclonal antibodies (catalog #5032, #3598, and #3456, respectively) and DNMT-3b and MBD-3 rabbit polyclonal antibodies (catalog #2161 and #3896, respectively) (all from Cell

Signaling; Danvers, MA, USA), MBD-2 goat polyclonal antibody (catalog #3598; Epigentek; Brooklyn, NY, USA) and mouse monoclonal anti-actin antibody (catalog #sc-8432; Santa Cruz Biotechnology; Santa Cruz, CA, USA). Secondary antibodies included horseradish peroxidase conjugated goat anti-rabbit IgG and donkey anti-goat IgG (catalog #sc-2004 and #sc-2020, respectively, Santa Cruz) and rabbit anti-mouse IgG1 (catalog #61-0120; Zymed Laboratories; San Francisco, CA, USA). To confirm equal loading of proteins and conduct normalization of immunoblotted samples during densitometric analysis, blots were stripped and reprobed for β -actin, a housekeeping (control) protein.

2.6. Proteasome inhibitor studies

MEF cells, grown to confluence in 60 mm tissue culture dishes (Nalge Nunc International), were pre-treated with either vehicle (DMSO) or 1-, 3- or 5- μ M of the proteasome inhibitor MG-132 (Sigma) for 3 h. The drug was removed, and fresh medium containing DMSO (vehicle), or ethanol (25 mM- or 200 mM) was added, and the cells maintained for 48 h as described under Section 2.2. A separate set of control experiments, wherein the cells were treated with only 5- μ M MG-132 (for 3 h), was also performed. Nuclear protein extracts were then prepared and examined by Western analysis as described in the preceding paragraph.

2.7. DNMT-1 ELISA

Nuclear extracts from 48-h vehicle-, or ethanol- (alone or after 3-h MG-132 pre-treatment) treated MEF cells, were assayed for DNMT-1 protein using the Epiquik DNMT-1 assay kit (Epigentek). A standard curve was generated utilizing protein standards of known concentrations (20, 10, 5 and 2 ng). The amount of DNMT-1 protein was estimated as: DNMT protein (ng/ml) = (sample OD – blank OD/standard slope) × sample dilution, following the manufacturer's instructions.

2.8. Densitometric analysis of Western blots

Densitometric analyses of DNMT-1, -3a, -3b, MeCP-2, MBD-2, MBD-3 and β -actin protein bands were performed with Image J (version 1.38) software [48]. Film-detected chemiluminescent signals from immunoblotting were scanned and analyzed by densitometry. Intensities of the β -actin bands were recorded and used as an internal control to correct for differences in sample loading. Densitometric data for each protein band of interest were normalized to that of β -actin in that lane by subtracting the intensity value for the specific protein band from the corresponding intensity value for the β -actin band for each sample.

2.9. Statistical analyses

Statistical analyses were performed using SAS v9.3 (SAS Institute Inc.; Cary, NC, USA). Effects of ethanol on (1) percent global DNA methylation, (2) normalized protein band intensities (relative to steady state levels of proteins), (3) normalized C_t values (C_t) from qRT-PCR for gene expression and (4) normalized DNMT-1 protein levels (relative to steady state level of DNMT-1 protein), were all analyzed using one-way ANOVA models. For the global methylation experiments, control samples were compared to samples treated with 25 mM EtOH, 200 mM EtOH, and 10 μ M Azacytidine. Experiments #2 (protein band intensity)

and #3 (C_t values) only involved comparisons between the EtOH treated and control samples. For the ELISA of DNMT-1 protein levels in MEF cells, control samples were compared to samples treated with 25 mM EtOH, 200 mM EtOH, and 5 μ M MG-132 plus 200 mM EtOH. Post hoc comparisons to vehicle (control) were presented with Dunnett's adjustment for multiple comparisons. Means and standard deviations from three independent experiments, followed by differences or fold-changes relative to control samples were presented with simultaneous 95% confidence limits and statistical significance after multiple comparison adjustment. *p*-Values of <0.05 were considered significant.

3. Results

3.1. Effect of ethanol on MEF cell global DNA methylation

Ethanol (200 mM) significantly decreased global DNA methylation in MEF cells by ~5.8% (Table 1). While treatment with 25 mM ethanol also resulted in a decrease in global DNA methylation, the effect was not statistically significant. The apparent magnitude of the ethanol-induced decrease in global DNA methylation, although small, is likely biologically relevant in view of the finding that 5-azacytidine – an extremely potent DNA methylation inhibitor –elicited a ~21% decrease in global DNA methylation in these cells (Table 1).

3.2. Immunostaining of 5-methyl-cytosine in ethanol-treated MEF cells

MEF cells treated with either 200 mM ethanol or 10 μ M 5-azacytidine, demonstrated markedly reduced levels of 5-methyl-cytosine immunostaining when compared to that seen in cells treated with vehicle alone (Fig. 1). Treatment of MEF cells with 25 mM ethanol (48 h) did not result in any detectable change in immunostaining for 5-methyl-cytosine (data not shown).

3.3. Expression of DNA methyl transferases and methyl CpG/CpG domain binding proteins in nuclear extracts of MEF cells

MEF cells were examined for the expression of DNMT-1, -3a, -3b, MeCP-2, MBD-2 and MBD-3 by immunoblotting using either monoclonal or polyclonal antibodies as described under Section 2.5 in Section 2. Multiple (3) bands in the molecular weight range of 200-115 kDa and 140-110 kDa were detected for DNMT-1 and DNMT-3a, respectively, whereas a single major 98 kDa band was detected for DNMT-3b, on immunoblots of nuclear extracts of MEF cells treated for 48 h with vehicle or 25 mM ethanol (Fig. 2a-c). Likewise, immunoblotting of nuclear extracts of MEF cells treated for 48 h with vehicle- or 25 mM ethanol, detected multiple (3) bands in the molecular weight range of 34-28 kDa for MBD-3 and a single major band at 49 kDa and 75 kDa for MBD-2 or MECP-2, respectively. Notably, treatment of MEF cells with 200 mM ethanol for 48 h, resulted in considerable degradation of all six proteins as evidenced by the absence of the major bands and/or appearance of lower molecular weight bands (Fig. 2d-f). Densitometric analysis of filmdetected chemiluminescent signals confirmed the changes in individual protein steady state levels noted above (Table 2). The presence of multiple bands for DNMT-1, DNMT-3a and MBD-3 may be explained by the existence of varied known isoforms and/or modified forms (e.g., phosphorylated) of these proteins. To confirm equal loading of proteins and normalize samples during densitometric analysis of immunoblots, Western blots were stripped and

reprobed for β -actin, a housekeeping protein. As shown in Fig. 2g, the abundance of β -actin in the three lanes of the blot was similar. These results indicate that all three DNA methyl transferases (DNMT-1, -3a and 3b) and the three methyl CpG-binding proteins (MeCP-2, MBD-2 and -3) are expressed in MEF cells and that treatment (48 h) with 200 mM ethanol results in extensive degradation of these proteins in the nucleus. In contrast, the expression/ integrity of β -actin, the housekeeping protein, remained unaffected following 48 h treatment of MEF cells with 200 mM ethanol (Fig. 2g).

3.4. Differential effect of ethanol on the expression of genes encoding DNMT and methyl CpG/CpG domain binding proteins in MEF cells

Total RNA extracted from MEF cells treated (for 48 h) with either vehicle, 25 mM ethanol, or 200 mM ethanol was analyzed by TaqMan[®] RT-PCR. Comparison of C_t values [49] for genes encoding the three DNA methyltransferases, DNMT-1, -3a and -3b as well as those encoding the methyl CpG-binding proteins, MeCP-2, MBD-2 and -3, demonstrated a divergent effect of ethanol on their mRNA expression levels. Expression of Dnmt-1 was significantly decreased (>2.0-fold) following treatment of MEF cells with 200 mM ethanol but was unchanged following treatment with 25 mM ethanol (Table 3). Expression of Dnmt-3b was significantly up-regulated (1.5-fold) following treatment with the lower concentration (25 mM) of ethanol only, while treatment of MEF cells with both 25- and 200 mM ethanol resulted in stimulation of Dnmt-3a mRNA expression (1.35- and 1.25-fold, respectively) (Table 3). Expression of the gene encoding the methyl-CpG-binding protein, MeCP-2 demonstrated 1.28- and 1.25-fold upregulation, whereas that encoding MBD-2 displayed 1.40- and 1.50-fold down-regulation subsequent to treatment of MEF cells with 25- and 200 mM ethanol, respectively (Table 3). Mbd3 expression was diminished by 1.20fold following treatment of MEF cells with 200 mM ethanol but remained unaltered when cells were exposed to 25 mM ethanol (Table 3). Mean C_t value corresponding to each gene was representative of no less than three separate assays of unique RNA extracts prepared from cultures of ethanol- or vehicle-treated MEF cells.

3.5. Ethanol reduces cellular levels of DNA methyltransferases and methyl CpG/CpG domain binding proteins in MEF cells via the proteasome pathway

Treatment of MEF cells with 200 mM ethanol resulted in the appearance of lower molecular weight proteins detected by immunoblotting for DNMT-1, DNMT-3a, MeCP-2 and MBD-3 proteins, most likely due to proteomic degradation of these proteins. Pretreatment with increasing doses of the proteasome inhibitor MG-132 (1–5 μ M) led to a dose-dependent disappearance of lower molecular weight bands in immunoblots for DNMT-1, DNMT-3a, MeCP-2 and MBD-3 (Fig. 3a, b, d and f). Treatment of MEF cells with only MG-132 (5 μ M) did not result in any degradation, or change in expression of the aforementioned proteins (data not shown).

3.6. Determination of DNMT-1 protein levels in MEF cells

Analysis of the DNMT-1 protein levels using an ELISA-based method revealed a significant reduction (>70%) following treatment of MEF cells with 200 mM ethanol (Fig. 4). Treatment of MEF cells with 25 mM EtOH did not result in any notable alteration in the

amount of DNMT-1 protein. Pre-treatment of MEF cells with 5 μ M of the proteasomal inhibitor MG-132 resulted in total prevention of ethanol-induced DNMT-1 protein degradation – further substantiating the involvement of the proteasome pathway in ethanol-induced degradation of DNA methyltransferases and methyl CpG/CpG domain binding proteins (Fig. 3).

4. Discussion

Epigenetic control of gene transcription, via dynamic modification of DNA, plays a central role in the regulation of gene expression. Such DNA modification – brought about in a tissue- and time-specific manner – appears to be critically important for normal embryonic development. Environmental factors such as exposure to alcohol, cigarette smoke, numerous drugs and chemicals, microbial infection, and lack of nutrients (*e.g.*, trace elements and folate) have been implicated in the etiology of numerous developmental anomalies [21,24,50–53]. A potential molecular mechanism underlying many of these environmental insults is aberrant methylation of susceptible genes which results in the altered expression of genes indispensable for normal embryogenesis.

The role of ethanol in the emerging field of "alcohol metabolism and epigenetic effects on *tissue*" is becoming increasingly apparent. Normal development of various embryonic tissues is adversely affected by *in utero* exposure to demethylating agents as well as by ethanol, suggesting that the developing embryo is a potential target of ethanol-mediated alterations in DNA methylation [54-56]. A number of recent studies have convincingly documented the teratogenic effect of ethanol on the *epigenome* of the developing embryo. Kaminen-Ahola et al. [21], utilizing a murine model of gestational ethanol exposure, reported changes in the expression of an epigenetically-sensitive allele, Agouti viable yellow $(A^{\nu\nu})$, in offspring, thus demonstrating that ethanol can modulate the adult phenotype by altering the epigenome of the early embryo. These authors also observed postnatal growth restriction and craniofacial dysmorphology reminiscent of fetal alcohol syndrome, in congenic a/a siblings of the A^{yy} mice. Investigating the effect of alcohol exposure during early embryonic neurulation on genome-wide DNA methylation and gene expression, Liu et al. [29] reported alterations in the methylation of imprinted genes, as well as genes governing cell cycle, growth, apoptosis, and olfaction. These authors also reported changes in the methylation of several genes (Wbscr 1, Wbscr 22, Ptpn11, Nipbl) involved in three developmental syndromes (e.g., Williams-, Noonan-, and Brachman-Delange syndrome) that share common phenotypic traits with FAS. Furthermore, MeDIP-chip analysis also identified alcohol-induced changes in methylation levels in genes associated with other developmental syndromes such as Angelmann (UBe3a), Bartter (Bsnd), Cleft palate (Pdgfra, snail), and Hurler (Idua). In addition, it was recently shown by Zhou et al. [57], that alcohol exposure retarded neurogenesis and the migration of neural stem cells (NSCs) and a genome-wide diversification of DNA methylation - resulting in hyper- and hypomethylation of many moderately methylated genes implicated in neural development, neurotransmission, and olfaction. Collectively, these studies support the notion that in utero alcohol exposure can epigenetically modify genes crucial in mediating normal ontogenesis and developmental anomalies associated with FAS and FASD.

During mammalian embryogenesis – when the developing embryo undergoes genomic reprogramming–substantial alterations in global DNA methylation levels occur. Several earlier studies documented that exposure to ethanol, a potential teratogen, can result in adverse developmental outcomes by adversely affecting the embryonic epigenome [21,29,58]. In the present study, ethanol exposure significantly altered global DNA methylation, reduced 5-methyl-cytosine immunostaining, and diminished the activity and expression of DNMT-1 both at mRNA and protein levels in MEF cells. Since epigenetic modifications, such as DNA methylation, are often used to regulate cell/tissue- and stage-specific gene expression (for a review, see [59]), unique temporospatial epigenetic signatures underlie the entirety of embryogenesis. Hence, it is somewhat difficult to unilaterally compare the epigenetic modifications resulting from alcohol exposure in different cell types. Moreover, it is not surprising that alcohol has been found to have disparate effects on global and gene specific DNA methylation in varied cells/tissues. Nevertheless, some experimental comparisons are noteworthy.

Findings in the present study are consistent with a study demonstrating that maternal ethanol consumption decreased the activity of DNMT in fetal mice resulting in DNA hypomethylation [26]. They are, however, in contrast with another study which indicated that ethanol exposure resulted in an *increased* DNMT activity as well as *hyper*methylation and decreased expression of cell cycle genes in neural stem cells (NSCs) [60]. Despite this observation, and consistent with our data, the *Dnmt-1* transcript was down-regulated by alcohol in both neural stem cells [60] and rat sperm [61]. Numerous studies have reported the effects of ethanol exposure on gene expression [29,62–69]. Intriguingly, in the present study, ethanol stimulated the expression of the genes encoding the "de novo" methyltransferases (DNMT-3a and -3b), but not the "maintenance" methyltransferase (DNMT-1). This differential effect is consistent with previous reports [27]. Ethanol has a similar differential effect on the expression of genes encoding the methyl CpG-binding proteins – upregulating Mecp2, but downregulating Mbd2 and Mbd3 in MEF cells. This represents the first report of the effect(s) of ethanol exposure on the expression (either at the level of mRNA or protein) of MeCP-2, MBD-2 and MBD-3. However, a recent study reported that alcohol exposure significantly reduced 5-MeC staining and MBD-1 expression both in the dorsal and ventral neural tube, and also led to major developmental delay [58]. The further demonstration that direct inhibition of DNA methylation by 5-azacytidine (5-AZA) resulted in similar growth retardation – reinforces the notion that alcohol can affect embryogenesis through an epigenetic pathway [58]. Collectively, these data support the notion that alcohol can impact the cellular DNA methylation machinery via modulating expression of the DNMTs and the MBDs, and that the resultant effects vary depending on its concentration and the target tissue and/or cell type.

To further investigate the underlying mechanism of ethanol-induced modulation of expression of the DNA methyltransferases (DNMT-1, -3a and -3b) and methyl CpG-binding proteins (MeCP-2, MBD-2 and -3), protein levels were determined following ethanol exposure of MEF cells. Interestingly, ethanol exposure resulted in substantial proteasome-mediated degradation of all three DNMTs and methyl CpG-binding proteins. While inconsistent with the observed down-regulation of the proteasome pathway when ethanol-

responsive KEGG pathways were examined [63], our data *are* consistent with alcoholinduced alteration of proteins with roles in the ubiquitin-proteasome pathways [70]. In our study, treatment with the proteasome inhibitor, MG-132 prevented degradation of all the DNMT and MBD proteins. This strongly suggests that toxicant (alcohol) modulation of the DNA methylation machinery (DNA methyltransferases and methyl CpG binding proteins) is mediated through the ubiquitin/proteasomal degradation pathway. Such modulation can be included in the wide range of cellular substrates and critical biological processes that are controlled by the ubiquitin proteasome system [71].

Interestingly, in the current study, ethanol *stimulated* the expression of transcripts encoding DNMT-3a, -3b and MeCP-2, but diminished their expression at the protein level. A similar contrasting effect of ethanol on the expression of Dnmt-1 mRNA and protein in NSCs and fetal brain has been reported [60]. While little is known about the interaction between ethanol exposure and proteasome activity in the embryo [70,71], several studies have documented alterations in proteasome function as one of several multifactorial and detrimental changes in hepatocellular function subsequent to ethanol exposure sufficient to result in alcoholic liver disease (ALD) [72–74]. Chronic ethanol exposure has been shown to decrease the activity of the proteasome [72-75]. Ethanol-induced alterations in proteasome activity in hepatocytes contributes to impaired detoxification activity and sensitizes the hepatocyte to necrotic and apoptotic cell death (for a review, see [76]). In the present study, however, a totally contrasting effect of ethanol on proteasome function was observed in MEF cells. As discussed in the preceding section, ethanol stimulated proteasome function in MEF cells and induced proteasomal degradation of all three DNMTs and methyl CpGbinding proteins within the nucleus. Thus, one of several potential mechanisms underlying ethanol's teratogenic effect on the embryo could be proteasome-mediated degradation of crucial effectors/regulators of DNA methylation (such as DNMT-1, -3a, -3b and MeCP-2, MBD-2 and -3). In conclusion, the present study is the first to document that ethanol reduces expression of proteins crucial for regulating DNA methylation in an ubiquitin-proteasomedependent manner. Experimental evidence from the current study elucidates a potential novel molecular mechanism underlying the pathogenesis of FAS, through which ethanol may modulate methylation of DNA via alteration of DNMTS and methyl CpG-binding proteins, within cells of the developing embryo.

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Fig. 1.

Immunostaining of methylated DNA in murine embryonic fibroblasts (MEF) cells treated with (a) vehicle (b) 200 mM ethanol and (c) 10 μ M 5-Azacytidine (positive control). MEF cells were fixed, permeabilized, and incubated with anti-5-methyl-cytosine antibody, followed by incubation with an Alexa Fluor 594-conjugated secondary antibody (lower row of panels). Upper row of panels represent brightfield images of cells, while middle row of panels depict DAPI staining of same cells. The last column of panels labeled as (d) represents a methodological "control" wherein primary antibody was omitted from the immunostaining procedure. Results from one out of three independent sets of experiments are shown in the figure.



Fig. 2.

Immunoblots demonstrating steady-state levels of DNMT-1 (a), DNMT-3a (b), DNMT-3b (c), MeCP-2 (d), MBD-2 (e) and MBD-3 (f) proteins in nuclear extracts derived from murine embryonic fibroblasts following treatment (48 h) with either 25 mM or 200 mM ethanol or vehicle control (PBS). Equal amounts of protein (15 μ g) were resolved by SDS-PAGE on 12% polyacrylamide bis–tris gels, transferred to PVDF membranes, probed with specific antibodies and immunoreactive species detected by chemiluminescence, as detailed in Section 2. Molecular weights of the marker proteins are indicated to the left of each panel. The lowermost panel (g) depicts one representative immunoblot of the normalization control, β -actin. Each immunoblot is representative of no less than three independent blots from three unique sets of extracts from control and ethanol treated MEF cells.



Fig. 3.

Immunoblots demonstrating steady-state levels of DNMT-1 (a), DNMT-3a (b), DNMT-3b (c), MeCP-2 (d), MBD-2 (e) and MBD-3 (f) proteins in nuclear extracts derived from murine embryonic fibroblasts that were pre-treated (3 h) with either DMSO (vehicle/control) or 1-, 3- or 5 μ M of the proteasomal inhibitor, MG-132, followed by a 48-h treatment with either 200 mM ethanol or vehicle control (PBS), as detailed in Section 2. Equal amounts of protein (15 µg) were resolved by SDS-PAGE on 12% polyacrylamide bis-tris gels, transferred to PVDF membranes, probed with specific antibodies and immunoreactive species detected by chemiluminescence as detailed in Section 2. Molecular weights of the marker proteins are indicated to the left of each panel. The lowermost panel (g) depicts one representative immunoblot of the normalization control, β-actin. Each immunoblot is representative of no less than three independent blots from three unique sets of extracts from control, inhibitor and ethanol treated MEF cells. C: pre-treatment with DMSO + treatment with PBS; E: pre-treatment with DMSO + treatment with 200 mM Ethanol; 1 + E: pretreatment with 1 µM MG-132 + treatment with 200 mM Ethanol; 3 + E: pre-treatment with 3 μ M MG-132 + treatment with 200 mM Ethanol; 5 + E: pre-treatment with 5 μ M MG-132 + treatment with 200 mM Ethanol.



Fig. 4.

ELISA of DNMT-1 protein levels in MEF cells. Nuclear extracts from 48-h vehicle-, and ethanol- (alone or after 3-h MG-132 pre-treatment) treated MEFs, were assayed for DNMT-1 protein using the Epiquik DNMT-1 assay kit (Epigentek). A standard curve was generated utilizing protein standards of known concentrations (2, 5, 10 and 20 ng). The amount of DNMT-1 protein was estimated as: DNMT protein (ng/ml) = (sample OD – blank OD/standard slope) × sample dilution, following the manufacturer's instructions. Treatment of MEF cells with 25 mM EtOH did not result in any notable alteration in the amount of DNMT-1 protein (*P < 0.05). Treatment of MEF cells with 200 mM ethanol revealed a significant reduction in DNMT-1 protein level (*P < 0.05, one-way analysis of variance [ANOVA]). Pre-treatment of MEF cells with 5 μ M of the proteasomal inhibitor MG-132 resulted in total prevention of ethanol-induced DNMT-1 protein degradation (*P < 0.05, one-way ANOVA).

Table 1

Effect of ethanol on global DNA methylation in MEF cells.

Sample type ^a	% global DNA methylation ^{b,c}	% change (vs. control)
Control	1.41 ± 0.13	-
25 mM EtOH	1.39 ± 0.12	1.0% decrease
200 mM EtOH	$1.33 \pm 0.12^{*}$	5.8% decrease
10 µM azacytidine	$1.10 \pm 0.11^{***}$	21.6% decrease

 a MEF cells were treated with vehicle (control) or ethanol (25 or 200 mM) for 48 h, or 10 μ M azacytidine as described in Section 2.

 b Global DNA methylation was quantified using the Methylamp Global DNA Methylation Quantification Ultra Kit as described in Section 2.

 c Data represent mean ± standard deviation, obtained from three independent experiments.

*P < 0.05.

 $^{***}_{P < 0.001.}$

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Table 2

Densitometric analysis of DNMT and methyl CpG/CpG domain binding protein immunoblots of MEF cell nuclear extracts.

Protein ^a	Treatment	Band intensities ^b	Difference in band intensities (vs. vehicle) ^{b} (95% confidence limits)
DNMT-1	Vehicle	51.95 ± 2.00	
	25 mM EtOH	80.30 ± 6.51	+28.35 (19.16, 37.54)***
	200 mM EtOH	0.00 ± 0.00	-51.95 (-61.14, -42.76)****
DNMT-3a	Vehicle	53.88 ± 0.83	
	25 mM EtOH	82.21 ± 3.71	+28.33 (22.51, 34.14)***
	200 mM EtOH	33.21 ± 2.03	-20.67 (-26.49, -14.86)****
DNMT-3b	Vehicle	67.56 ± 1.31	
	25 mM EtOH	77.54 ± 6.34	+9.97 (1.23, 18.72)*
	200 mM EtOH	9.96 ± 0.07	-57.61 (-66.35, -48.87)***
MeCP-2	Vehicle	667.33 ± 76.00	
	25 mM EtOH	675.33 ± 69.14	+8.00 (-148.46,164.46)
	200 mM EtOH	369.98 ± 53.72	-297.35 (-453.81, -140.89)**
MBD-2	Vehicle	43.44 ± 32.68	
	25 mM EtOH	78.47 ± 58.08	+35.03 (-54.95, 125.01)
	200 mM EtOH	2.64 ± 2.12	-40.80 (-130.78, 49.18)
MBD-3	Vehicle	122.38 ± 19.68	
	25 mM EtOH	100.00 ± 24.25	-22.38 (-64.55, 19.79)
	200 mM EtOH	4.73 ± 0.95	-117.66 (-159.82, -75.49)***

^aSteady state levels of DNMT-1, DNMT-3a, DNMT-3b, MeCP-2, MBD-2 and MBD-3 proteins were determined by immunoblotting (Fig. 4) of nuclear extracts of MEF cells treated (48 h) with either vehicle (PBS), 25 mM ethanol or 200 mM ethanol.

 b The relative levels of DNMT-1, DNMT-3a, DNMT-3b, MeCP-2, MBD-2 and MBD-3 on immunoblots (Fig. 4) were analyzed by densitometry using the Image J software, as described in Section 2. Densitometric analysis of protein steady state levels was conducted on no less than three independent blots of nuclear extracts of MEF cells treated with either vehicle, 25 mM ethanol or 200 mM ethanol. β -Actin was used as an internal control for sample normalization. The data are presented as the mean \pm standard deviation from three independent experiments. Differences from vehicle (+) indicates higher band intensity in ethanol treated samples, whereas (–) indicates lower band intensity in ethanol treated samples.

*P < 0.05.

 $^{**}P < 0.01.$

 $^{***}P < 0.001.$

Table 3

Effect of ethanol on the expression of genes encoding various DNMT and Methyl CpG/CpG domain binding proteins in MEF cells.

Gene	Type of culture ^a	$C_{t}^{b,c}$	Fold change ^d $(2^{-} Ct)$ (95% confidence limits)
DNMT-1	Control	10.80 ± 0.01	
	25 mM EtOH	10.84 ± 0.06	-1.03 (-1.44, 1.07)
	200 mM EtOH	11.86 ± 0.08	-2.08 (-2.27, -1.89)***
DNMT-3a	Control	14.08 ± 0.00	
	25 mM EtOH	13.65 ± 0.01	1.35 (1.32, 1.38)***
	200 mM EtOH	13.54 ± 0.02	1.45 (1.42, 1.48)***
DNMT-3b	Control	14.09 ± 0.01	
	25 mM EtOH	13.52 ± 0.02	1.48 (1.45, 1.51)****
	200 mM EtOH	13.99 ± 0.01	1.07 (1.05, 1.10)***
MeCP-2	Control	12.37 ± 0.09	
	25 mM EtOH	12.02 ± 0.06	1.27 (1.15, 1.42)**
	200 mM EtOH	12.05 ± 0.03	1.26 (1.13, 1.40)**
MBD-2	Control	10.54 ± 0.02	
	25 mM EtOH	10.99 ± 0.00	-1.37 (-1.39, -1.35)***
	200 mM EtOH	11.10 ± 0.00	-1.47 (-1.49, -1.45)***
MBD-3	Control	11.67 ± 0.04	
	25 mM EtOH	11.56 ± 0.06	1.08 (1.01, 1.15)*
	200 mM EtOH	11.93 ± 0.01	-1.20 (-1.28, -1.12)***

^acDNA samples were prepared from control, 25 mM- and 200 mM Ethanol treated MEF cells and subjected to TaqMan[®] quantitative real-time PCR (RT-PCR) for each target gene. Analyses were performed in triplicate using data from three independent experiments.

 $^{b}C_{t}$ values represent the number of cycles during the exponential phase of amplification necessary to reach a predetermined threshold level of PCR product as measured by fluorescence. The more template present at the start of a reaction, the fewer the cycles required to synthesize enough fluorescent product to be recorded as statistically above background. All data were normalized to the amplification signal from the housekeeping gene, 18S rRNA. The C_t values represent these normalized signals, $C_t = C_{tsample} - C_{t18S}$ rRNA. Data presented represent mean $C_t \pm C_{tsample} - C_{t18S}$ rRNA. standard deviation for three replicates.

^CNegative methodological control reactions, which lacked reverse transcriptase, did not amplify any detectable product.

 d Fold-change (FC) values were determined according to the relationship: FC = 2⁻ Ct, where Ct is the difference in Ct values between 25 mM and 200 mM EtOH-MEF samples vs. Control-MEF samples [49]. Statistical analysis comparing the three cultures (control, 25 mM and 200 mM EtOH) was done with one-way ANOVA of the Ct values and adjustment for multiple comparisons using Dunnett's method. 95% confidence intervals for the FC were calculating by taking the appropriate transformation of the 95% confidence limits for the estimated difference in $C_{\rm t}$ values. A negative fold-change value indicates down regulation of gene expression relative to control samples and a positive fold-change value indicates up regulation.

*P < 0.05.

**P < 0.01.

 $^{***}P < 0.001.$