

# **HHS Public Access**

Author manuscript Stat Methods Med Res. Author manuscript; available in PMC 2016 December 01.

Published in final edited form as:

Stat Methods Med Res. 2016 December ; 25(6): 2909–2924. doi:10.1177/0962280214534412.

# **Semi-Markov models for interval censored transient cognitive states with back transitions and a competing risk**

**Shaoceng Wei** and

Department of Statistics, 725 Rose Street, Lexington, KY 40536, USA

#### **Richard J. Kryscio**\*

Department of Statistics, Department of Biostatistics, Sanders-Brown Center on Aging, Room 230, 800 South Limestone Street, Lexington, KY 40536-0230, USA

# **Abstract**

Continuous-time multi-state stochastic processes are useful for modeling the flow of subjects from intact cognition to dementia with mild cognitive impairment and global impairment as intervening transient, cognitive states and death as a competing risk (Figure 1). Each subject's cognition is assessed periodically resulting in interval censoring for the cognitive states while death without dementia is not interval censored. Since back transitions among the transient states are possible, Markov chains are often applied to this type of panel data. In this manuscript we apply a Semi-Markov process in which we assume that the waiting times are Weibull distributed except for transitions from the baseline state, which are exponentially distributed and in which we assume no additional changes in cognition occur between two assessments. We implement a quasi-Monte Carlo (QMC) method to calculate the higher order integration needed for likelihood estimation. We apply our model to a real dataset, the Nun Study, a cohort of 461 participants.

# **1. INTRODUCTION**

In longitudinal analysis, the continuous-time multi-state stochastic process has a wide application in modeling the complex evolution of chronic diseases. Analysis of panel data is greatly simplified by the time homogeneous Markov assumption, especially when observations are made at some pre-specified evenly spaced time spots. Kalbfleisch and Lawless<sup>1</sup> proposed a quasi-Newton algorithm for maximum likelihood estimation that could effectively handle the case of unevenly spaced observation times.

Often it is the case that the transition intensities of the process depend on the time elapsed at the current state, which makes the process semi-Markov. There has been much literature on the application of semi-Markov models in very general statistical problems. When the exact transition times are fully observed, the likelihood function has a relatively elegant form, which also simplifies the subsequent maximization procedure.<sup>2</sup> The R package SemiMarkov

<sup>\*</sup>Address for correspondence: Richard J. Kryscio, Room 230, Sanders-Brown Center On Aging, 800 South Limestone Street Lexington, KY 40536-0230, USA. kryscio@email.uky.edu.

recently developed by Listwon and Saint-Pierre<sup>3</sup> offers a convenient tool to implement general homogenous semi-Markov models that could flexibly incorporate diagnostic covariates through parametric proportional hazards models. However, in many instances, the subjects are only periodically assessed resulting in interval censoring, with no information about the types of events between the observations and the associated transition instants. When the process only has right shift paths, namely, a subject can only visit a state at most once, and has only a small number of states, e.g., three or four, the length of all possible paths will be limited. In the parametric setting, the likelihood function will only involve integrations of low orders and therefore standard numerical methods such as Gaussian Quadrature or Monte-Carlo methods can be applied to approximate the likelihood.<sup>4,5,6,7</sup> Nonparametric estimation is also possible via self-consistent estimators in the case of a unidirectional model without covariates.<sup>8</sup> Commenges<sup>9</sup> discusses the need to develop more stable and efficient algorithms when employing nonparametric inference for multistate models subject to interval censoring. A semi-parametric based on a penalized likelihood function for a three state progressive semi-Markov model with interval censored data is presented by Joly et al.<sup>10,11</sup> Recently, Kapetanakis et al.<sup>12</sup> studied a three-state illness-death model with piecewise-constant hazards in the presence of left, right and interval censoring.

Little work has been done to handle reverse transitions (namely, a subject can visit one state multiple times) in the presence of interval censoring, apparently due to the fact that reverse transitions will potentially lead to lengthy paths and hence prohibitively complicated high order integrations in the likelihood function. An important contribution is credited to Kang and Lagakos<sup>13</sup> who introduced a multi-state semi-Markov process with at least one state that has time homogenous transition intensity, namely, the holding time at that state is exponentially distributed. In that case, they were able to divide a long trajectory into smaller fragments according to the time homogenous transition intensity state. Although their method could be extended with minimal modification to incorporate time-independent covariates, dealing with time-dependent covariates may be problematic. An alternative approach based on the use of phase type sojourn distributions and hidden Markov models is presented by Titman and Sharples<sup>14</sup>. In the Nun study, one of our primary research interests is the effect of age (calendar time, with 15 years follow up period) on the holding time, which makes the approach of Kang and Lagakos inapplicable. We implement the quasi-Monte Carlo (QMC) method<sup>15</sup> which will provide considerably better accuracy, with the expected integration error of the order of  $N^{-1}$  (N being the number of Halton sequence points from the high-dimensional integration space), to approximate the higher order integrations of the likelihood function.

A second issue in using a semi-Markov model is identifying the time origin, the exact time of entrance into the initial state (first observed state). For the semi-Markov model, the transition intensity of each state depends on the length of time at which each subject stayed at the current state. For the initial state, we do not have the exact time of entrance, which results in the left censoring for the holding time of the initial state. We identified some common strategies in the literature to deal with this problem. Kryscio and Abner<sup>16</sup> assume a unique time (age 60) as the time origin for all subjects. This works well if each subject is in the same initial state and all paths are right shift. Kapetanakis et al.<sup>12</sup> apply the EM inspired algorithm to find the unique age as the time origin. Satten and Sternberg $8$  assume that the

time elapsed before the first observation follows a given distribution and is independent of the time to the next transition from the first observation. Satten and Longini<sup>17</sup> develop a procedure to estimate Markov model parameters that conditions on the initiation time in order to remove dependence on this time. Kalbfleisch and  $Lawless<sup>1</sup>$  simply assume that the holding time of the initial state is exponentially distributed, rendering the time origin unnecessary due to the memory less property of the exponential distribution. In this manuscript, we use this strategy to simplify our model.

In this manuscript, a general approach to fitting the semi-Markov model to panel data is derived. The method, which allows for backward transition is used to model the unevenly spaced periodically observed transition data assuming no unobserved transitions. Different distributions for the holding time according to baseline state are assumed. There are two absorbing states, dementia (interval censored) and death (competing risk to dementia and with exactly observed transition time). We expect that the incorporation of the timedependent covariate (age, the calendar time) will lead to better parameter estimates. The advantage of this method is that it allows us to check which variables are related to the backwards transaction and the holding time of each state.

The remainder of the manuscript is structured as follows. Notation and likelihood of the semi-Markov is defined in Section 2. In Section 3, a simulation study is conducted to check the model robustness against certain violations of the distributional assumptions. Section 4 applies this new method to a real dataset, the Nun data. Conclusion and discussion are provided in Section 5.

# **2. METHODOLOGY**

We first introduce the notation and establish the likelihood function of the semi-Markov process where sample paths are only periodically observed.

#### **2.1 The Semi-Markov Process**

Suppose there are m subjects in the study, denoted by  $i = 1, 2, 3, \dots$ , m. Let  $SP = \{1, 2, 3, \dots\}$ S} be the finite state space representing the possible states of the evolution of a subject. For ease of exposition, the subsequent notations will be based on the Nun study data and extensions to more general semi-Markov process should be straightforward. In the Nun study, the status of a participant at each visit was recorded as being in one of the following states:  $1 =$  intact cognition,  $2 =$  mild cognitive impairments (M.C.I.),  $3 =$  global impairments (G.I.),  $4 =$  dementia,  $^{18}$  and  $5 =$  death, i.e.  $S = 5$  in this case. States 1–3 are transient while 4 and 5 are absorbing with 5 considered to be a competing risk to state 4. Transition times between the states 1, 2, 3 and 4 are not exactly known and a patient may begin his/her evolution in any of these three transient states (Figure 1). The exact occurrence time of state 5 is known. The list of follow up states of a subject is denoted by  $v_k$ , where  $k = 0, 1, 2, 3, \dots$ , n,  $v_0$  is the baseline state, n is the number of jumps for the subject and each  $v_k$  is in SP. We assume the Markov property holds for the sequence  $V = (v_0, v_1, ..., v_n)$ . In all subsequent exposition, we assume that j runs through 1 to 3, j' runs through 1 to 5 and j j'.

Let d<sub>k</sub> be the holding time in the state  $v_k$ , defined by  $d_k = t_{k+1} - t_k$ , where  $t_k$  is the calendar time of entrance into state  $v_k$ . If  $v_k$  is an absorbing state, we define  $d_k = 0$ . Let  $\mathbf{Z} = (z_1, z_2, z_1, z_2, z_2, z_3, z_4, z_5, z_6, z_7, z_8, z_9, z_1, z_2, z_4, z_6, z_7, z_8, z_9, z_1, z_2, z_3, z_4, z_6, z_7, z_8, z_9, z_1, z_2, z_3, z_4,$  $\cdots$ ,  $z_p$ )<sup>T</sup> be a vector of p fixed (e.g. baseline) covariates. Let  $w_k$  be age at time t<sub>k</sub> ( $w_0$  denotes baseline age).

The probability of one step transition from state j to j at  $k + 1$ th jump can be expressed as

$$
P_{kji'}=P(v_{k+1}=j'|v_k=j,\mathbf{Z},w_k)
$$

with the constraints  $j' jP_{kjj'} = 1$  and  $P_{kjj'}$  0.

Following Salazar et al.,  $^{19}$  a multinomial logit parameterization could be applied to link these transition probabilities in the following way:

$$
\log\left(\frac{P_{ksv}}{P_{ks5}}\right) = \alpha_{sv} + \mathbf{Z}'\boldsymbol{\beta}_{1sv} + w_k\beta_{2sv}, \quad v=1,2,3,\text{4} \text{ and } s=1,2,3. \tag{1}
$$

Here  $\alpha_{SV}$  is the intercept,  $\beta_{1SV}$  and  $\beta_{2SV}$  are the unknown regression coefficients. It follows that the transition probabilities are given by:

$$
P_{ksv} = \begin{cases} \frac{1}{1 + \sum_{h=1}^{4} \exp(\alpha_{sh} + \mathbf{Z}'\boldsymbol{\beta}_{1sh} + w_k \beta_{2sh})}, & v=5\\ \frac{\exp(\alpha_{sv} + \mathbf{Z}'\boldsymbol{\beta}_{1sv} + w_k \beta_{2sv})}{1 + \sum_{h=1}^{4} \exp(\alpha_{sh} + \mathbf{Z}'\boldsymbol{\beta}_{1sh} + w_k \beta_{2sh})}, & v<5 \end{cases} (2)
$$

We assume two types of distributions for the holding time according to the initial state, due to the left censoring of exact transition times to the initial state. Specifically,

**•** The distribution of the holding time for moving out of the initial state is exponential, with the hazard function

$$
\lambda_{0jj'}(t) = \exp(-\mathbf{Z}'\boldsymbol{\gamma}_{1jj'} - w_0\gamma_{2jj'})
$$
 (3)

**•** The distribution of the holding time for all other transitions is Weibull. The corresponding hazard function is given by

$$
\lambda_{\mathbf{k}\mathbf{j}\mathbf{j}'}(\mathbf{t}) = \alpha_{0\mathbf{j}\mathbf{j}'}(\mathbf{t}) \exp(-\mathbf{Z}' \boldsymbol{\gamma}_{3\mathbf{j}\mathbf{j}'} - w_k \gamma_{4\mathbf{j}\mathbf{j}'}), \quad (4)
$$

where  $a_{0jj'}(t) = k_{jj'} t^{k}_{jj'} - 1$  and  $k_{jj'}$  is an unknown fixed constant.

The corresponding survival function and density function are

$$
S_{kjj'}(t) = P(D_k \ge t | V_{k+1} = j', V_k = j, \mathbf{Z}, w_k) = \exp\left(-\int_t^{\infty} \lambda_{kjj'}(s) ds\right), f_{kjj'}(t) = \lambda_{kjj'}(t) \times \exp\left(-\int_t^{\infty} \lambda_{kjj'}(s) ds\right)
$$

If the last observed state is a transient state, the holding time of that state will be right censored. Moreover, we do not even know what will be the next state, so for the last state we have:

$$
S_{kj.}(t) = P(D_k \ge t | V_k = j, \mathbf{Z}, w_k)
$$
  
=  $\sum_{j' \ne j} P(V_{k+1} = j'| V_k = j, \mathbf{Z}, w_k) P(D_k \ge t | V_{k+1} = j', V_k = j, \mathbf{Z}, w_k)$   
=  $\sum_{j' \ne j} P_{kjj'} S_{kjj'}(t)$ .

#### **2.2 The Likelihood Function**

Let  $T = (t_0, t_1, ..., t_n)$  be the vector of transition instants and  $D = (d_0, d_1, ..., d_n)$  be the vector of holding times. Let u be the time of the last assessment. Note that if  $v_n \in \{1, 2, 3\}$ ,  $d_n$  is right censored in the sense that it's only known up to  $d_n$   $u - t_n$ ; if  $v_n \in \{4, 5\}$ ,  $d_n$  will not enter our likelihood function since we are not interested in the holding time of dementia or death. Then, conditional on the initial state, the contribution to the likelihood from the subject is

$$
\ell(\Theta|\mathbf{Z},\mathbf{W},\mathbf{T},\mathbf{V})=\prod_{k=1}^{n}P_{k-1,v_{k-1}v_k}\prod_{k=1}^{n}\left\{f_{k-1,v_{k-1},v_k}(t_k-t_{k-1})\right\}\times\{S_{nv_n,(u-t_n)\}^{I[v_n\leq 3]}.
$$

(5)

Here  $\Theta$  represents the set of all the unknown parameters,  $W = (w_0, w_1, \dots, w_n)$  and  $\Pi$ . denotes the indicator function.

Due to the fact that a subject is only periodically assessed, we do not fully observe **T** or **D**  and therefore the specification of  $\ell$  in (5) needs some modifications. What we observe instead, except for the state at each assessment, is a sequence of lower bounds  $\mathbf{L} = (0, 1<sub>1</sub>, ...,$  $l_n$ ) and upper bounds  $\mathbf{U} = (u_0, u_1, \dots, u_n)$  for **T** such that  $l_k$   $t_k$   $u_k$ ,  $k = 0, 1, \dots, n$ . As mentioned in subsection 2.1, we assume that the holding time of the initial state is exponentially distributed. Due to the memoryless property, we could simply treat the time of transition to the initial state as the time of the first assessment, namely the baseline age, or mathematically,  $t_0 = l_0 = u_0$ . To obtain the correct likelihood contribution, basically we could integrate out **T** in (5), where **T** falls in the domain implied by **U** and **L**. Specifically, we propose to modify the likelihood as follows:

$$
L(\Theta|\mathbf{Z}, \mathbf{W}, \mathbf{U}, \mathbf{L}, \mathbf{V}) = \int_{\mathbf{A}} \prod_{k=1}^{n} P_{k-1, v_{k-1} v_k} \prod_{k=1}^{n} \left\{ f_{k, v_{k-1}, v_k} \left( t_k - t_{k-1} \right) \right\} \times \left\{ S_{n, v_n.} \left( u - t_n \right) \right\}^{I[v_n \leq 3]} d(\mathbf{T}^*).
$$

Here  $T^* = (t_1, t_2, \dots, t_n)$ . The integration domain **A** will incorporate the lower and upper bounds of **T** to reflect the fact that we only have partial information on **T**. We have

$$
\mathbf{A} = \{ \mathbf{T}^* | l_k \le t_k \le u_k, k=1,2,\cdots,n \}.
$$

When the last observation is a death,  $t_n$  is exactly observed, and therefore the integration in (6) along the axis t<sub>n</sub> is with respect to the probability measure that puts unit mass on  $t = t_n$ . The integration in (6) can be lengthy but the idea is straightforward.

One implication of the modeling assumption (1) is that the transition probability  $P_{ksv}$  is conditioned on the value of the time-dependent covariate  $w_k$  at the time of  $t_k$ . Therefore the associated interpretation of the regression coefficient  $β<sub>2sv</sub>$  is conditioned on the unobserved random variable  $t_k$ . In order for the regression coefficient to have an interpretation that only depends on what we can actually observe, we replace  $w_k$  in (1) by its value at the upper bound  $u_k$ . This results in our ability to predict the next state of a subject given his/her information at the current assessment. Moreover, under this modification,  $P_{ksv}$  does not depend on  $t_k$ , and therefore it allows us to pull  $P_{ksv}$  outside of the integration in (6) and thus significantly reduces the computational burden.

#### **2.3 Parameter Estimation**

The multi-dimensional integration in (6) could be approximated by numerical methods, including importance sampling, quasi-Monte Carlo  $(QMC)$  approximation<sup>15</sup> and so on. In this manuscript, we use the QMC method due to the fact that the highest order of integration is eight, which is relatively high. Estimation and inference on the parameters Θ can be achieved by maximizing the likelihood function in Equation (6), where the optimization procedure could be implemented for example by PROC NLMIXED in SAS. The likelihood function takes a complicated form and is not convex in the parameters, therefore convergence of the optimization algorithm is not guaranteed for an arbitrary set of initial values. It is advisable to start with multiple sets of initial values and select the maximizers accordingly.

# **3. SIMULATION STUDY**

In this section for simplicity we only consider the effects of baseline age and age as motivated by the Nun Study example. The purpose of the simulations is to determine how well the averaged odds ratios and hazard ratios for age in Tables 6–8 will be estimated when the model assumed in Section 2.1 is correct and then when the assumption made on the distribution of the holding time for the initial state is violated. With respect to the latter a Generalized Weibull distribution  $WG(\gamma,\mu,\theta)$ , with the hazard function

 $\lambda(t) = \frac{\gamma \mu}{\theta} (1 + \mu t^{\gamma})^{\frac{1}{\theta} - 1} t^{\gamma - 1}$ , where t > 0,  $\gamma > 0$ ,  $\mu > 0$  and  $\theta > 0$ , is used to check the robustness of the maximum likelihood estimate (MLE) to the violation of the holding time assumption. If we fix θ at 1, we obtain the Weibull formulation. We set θ and γ to be constants and log( $\mu$ ) to be a linear function of age. Different options of  $\theta$  and  $\gamma$  with 1000 simulations was tested but the following tables only show the result for  $\theta = 2$  and  $\gamma = 2$ . Simulations were carried out using Intel i5-650 professor (4M Cache, 3.20 GHz). The

computational time for 1000 simulations of sample size 300 and 1000 with 500 Halton numbers are 20.43 hours and 50.61 hours respectively.

Similar results are obtained when the assumption of Weibull distribution (versus a Generalized Weibull) is violated for the holding time in the non-initial states (results not shown).

Specific steps in the simulation process follow. For each subject:

- **1.** Generate initial age  $w_0$  using a truncated normal distribution that has the same range, mean, and standard deviation as age in the real dataset and generate the initial state  $v_0$  using the probabilities 140/511, 272/511, and 99/511 for initial states 1, 2, and 3, respectively.
- **2.** Then in the order  $i = 0, 1, ...$  generate the next state  $v_{i+1}$  given  $v_i$  and  $w_i$ according to the transition probabilities in Equation (2).
- **3.** Generate holding time  $d_i$  at state  $v_i$  according to exponential  $(i = 0)$  or Weibull distribution ( $i > 0$ ). This determines  $w_i = w_{i-1} + d_i$ .

Repeat Steps 2 and 3 until either death, or dementia, or any age exceeds the largest planned observation time. Finally, record the observed states at the predetermined assessment times to define the interval censored observations (if any) for that subject.

Choice of the model parameters were made to come as close to those estimated from the real dataset of the next section without producing simulations that lead to non-estimable parameters (i.e. the likelihood function fails to converge). In the real dataset, the corresponding probabilities for the initial state are 140/461, 272/461, and 49/461 for states 1, 2, and 3. These were changed slightly in Step 1 to avoid convergence problems on too many simulations when using a smaller sample size (i.e. the simulated path of the process yields a likelihood that does not converge due to few transitions into some of the states). The selection of the regression coefficients required less trial and error. For Table 1 a hazard ratio of 0.905 was selected which is close to the average of the hazard ratios in Table 6 after log transformation (average −0.11 versus −0.10). For Tables 2 and 3 an odds ratio of 1.051 was selected which is to the average odds ratios in Tables 7 and 8 (after log transformation and after including the nonsignificant coefficients).

The bias and mean square error (MSE) of age odds ratios in Equation (2) for sample sizes 300 and 1000 are shown in Table 1. From this table, we can see the effect of age on all forward transitions and the backward transitions can be well estimated, with the maximum bias 0.0439 (4.9%). Biases and MSEs stay the same when the initial holding time assumption is violated. MSE decreases as the sample size increases but biases stay almost the same, with the maximum difference 0.0113.

Table 2 lists the bias and MSE of estimated exponential hazard ratios in Equation (3) under different sample sizes. In this table, most of the biases are negative and small. The changes in MSEs and biases are very small when the exponential assumption on the holding time for the initial state is violated.

Table 3 presents the bias and MSE of the estimated Weibull hazard ratios in Equation (4) under different sample sizes. Most of the biases are negative in this table, indicating that our proposed estimation method will slightly underestimate the effect of age. It is also clear that violations to the distributional assumptions on the holding time for the initial state lead to moderately worse biases and MSEs. Additionally, increasing sample size decreases the bias and MSEs. For examples, the bias and MSE are -0.0234 and 0.77 for model assumption with sample size 300 and 0.0230 and 0.61 with sample size 1000.

A clear pattern that is perceivable from these three tables, especially Table 1 and 2, is that the bias does not shrink to zero as the sample size increases from 300 to 1000, which suggests that our estimation method may yield slightly biased estimates. The systematic bias may have two sources. The first one is due to our data generating mechanism. Specifically, we use exponential, Weibull or generalized Weibull distribution, to generate the holding time and naturally we will occasionally encounter a transition with very short holding times, which will result in missing transitions under intermittent observation scheme. The second one relates to our treatment of  $P_{ksv}$  in (6) where we approximate the value of  $P_{ksv}$  at  $w_k$  by its value at the upper bound  $u_k$ . While this approximation greatly facilitates our computation it affects our ability to precisely estimate the parameters.

These simulation studies indicate that estimation for the effect of an important covariate in Equations (2) and (3) is robust against a violation of the exponential assumption on the holding time for the initial state provided the sample size is large enough to assure adequate observations on all transitions. This is not true for estimation in Equation (4) where the lack of robustness is likely due to the effect of interval censoring on both ends of the estimation interval for the hazard function.

## **1. APPLICATION TO THE NUN DATA**

The Nun Study began enrolment in 1991. The cohort consists of 672 members of the School Sisters of Notre Dame born before 1917 and living in retirement communities in the midwestern, eastern, and southern United States. The participants were recruited in phases and received annual cognitive assessments with brain donation at death. Analyses were based on data from up to ten unevenly spaced examinations, with time spans between two assessment ranging from 0.421 to 3.911 and mean 1.441, made in fifteen-year period. The status of a participant at each visit was recorded as being one of the states: intact cognition, mild cognitive impairments (M.C.I.), global impairments (G.I.), or dementia.18 A total of 211 subjects were excluded from the study due to: missing examinations, presence of dementia at baseline visit or missing APOE4 data. The final analytic sample consisted of 461 participants, of which 74 survived without dementia, 162 developed dementia and 225 died before converting to dementia. Among those final participants, 158 of them missed one examination and 7 of them had more than one missing examinations. The variables of interest include presence or absence of the APOE-4 allele (APOE4), education (no college, college and graduate education (reference)), and age. The transitions among the cognitive states are summarized in Figure 1.

#### **4.1 Examples of Nun's Cognitive Paths**

To better understand the data, we classified the trajectory of each Nun using three criteria. (i) Initial state: 1, 2, or 3. (ii) Final state: 1, 2, 3, 4, or 5 and (iii) Path type: non-terminal, right shift, or reversal. Non-terminal means final observed state is transient (i.e. 1, 2 or 3). Right shift means the final state is 4 or 5 and no back transition occurred. Reversal means the final state is 4 or 5 and at least one back transition occurred. The frequency of non-terminal, reversal and right shift paths, are 74 (16.1%), 131 (28.4%), and 256 (55.5%), respectively implying back transitions in these data frequently occurred. Table 4 shows some examples of these cognitive paths. The two most frequently observed paths are  $2 \rightarrow 4$  and  $2 \rightarrow 5$  with 100 out of 461 (21.7%) nuns having those trajectories. The total number of distinct paths observed in the Nun dataset is 84 but 32 of those have a frequency one (not shown in the table).

#### **4.2 Risk factors**

The main purpose of this subsection is to identify the risk factors associated with the probability and the holding time of each transition.

Table 5 shows the frequency table for the integration orders of the likelihood (6). From the table, we can see the highest order of integration is 8 and the percentage of integration order higher than 3 is 14.31%, which makes the use of the traditional GAUSS method difficult. Therefore, we implemented a quasi-random Monte Carlo  $(OMC)$  method<sup>15</sup> which will provide considerably better accuracy with much fewer draws and less computational time to estimate the likelihood function. In this manuscript, we choose 1000 draws with the average computational time about 30 minutes.

The parameters associated with transition  $1 \rightarrow 4$  are eliminated from our model since there are only 5 such transitions (Figure 1). Therefore, we have 942 transitions in the final analytic data which is a moderate number compared to the 145 potential parameters without interactions in our full model. Backward elimination with significance level to stay 0.05 was used to identify the covariates in the final reported model and only 57 remained after backward selection.

The odds ratios and 95% confidence intervals for the significant covariates affecting each transition probability are provided in Table 6 (base state: 5=death). The reversal path is more likely in younger Nuns. For example, the odds ratios for the three possible backward transitions  $(2 \rightarrow 1, 3 \rightarrow 1$  and  $(3 \rightarrow 2)$  with one year increases in age are 0.927, 0.804 and 0.900 respectively, as opposed to death. The effect of age for all the forward transitions is not significant as opposed to death except  $3 \rightarrow 4$ . Concerning the effect of APOE4 or education, the results show that the presence of APOE4 and no college education decreases the odds of the backward transition from mild impairments to intact cognition with the corresponding odds ratios being much less than 1, but the presence of APOE4 and college education increases the odds of a forward transition. The result is consistent with the historical result that the presence of APOE4 and college education promotes the probability of a right shift compared to reversal. Presence of APOE4 will promote the Nuns to dementia if the prior state is global impairment with OR=2.623 (p-value=0.0021).

The effects of covariates on the duration time for the initial state that follows an exponential distribution are also tested (see Table 7). Baseline age, APOE4 and education all have no significant influence on the holding time of transitions out of intact cognition or the global impairment. Baseline age increases the hazard ratio of transitions moving out of mild impairments to states 1, 3, and 4 with a hazard ratio 1.091, 1.101, and 1.063 respectively. Presence of APOE4 and no college education significantly promote the transition  $2 \rightarrow 3$ , by shorter the holding time with hazard ratio 2.386 and 3.191 respectively.

Table 8 lists the hazard ratio and 95% confidence interval estimate for significant effects in the non-initial transitions assuming Weibull distribution. Increasing in age increases the hazard ratio for almost all the transitions to the three transient states and death, except dementia. In other words, as the Nun gets older, the holding time at each state will be shorter on average, which makes the homogeneous semi-Markov model inappropriate. There are no differences on the holding time for transitions 2 to 3 and 2 to 5 when the Nun's gets one year older. The holding time will be shorter for transition from 1 to 5 than to 3 with the corresponding hazard ratio 1.349 versus 1.243. APOE promotes forward transitions by shorter the holding time from 1 to 2 and 1 to 3 with the corresponding hazard ratios 2.569 and 16.856 respectively. Also if nun is in state 3, APOE keeps a nun from being demented by longer the holding time. No college education has an influence on the transitions to dementia with hazard ratio 9.575 and 0.290 for prior state 2 and 3, respectively. Some of the hazard ratios are much larger than the majority of the hazard ratios partially due to the rare observations we have. For example, we only have 3 observations in the Nun's data for transition from 1 to 3 with the presence of APOE4.

The estimates, standard deviation, and p-values of the shape parameters  $(k_{jj})$  of the Weibull distributions are summarized in Table 9. The highly significance of these parameters justifies the use of Weibull distributions over exponential distributions.

# **2. DISCUSSION AND CONCLUSION**

In this manuscript we implemented a quasi-Monte Carlo (QMC) method to evaluate the likelihood function in a semi-Markov process with interval censored observations and backward transitions. To the best of our knowledge few researchers consider the case of semi-Markov processes with backward transitions in the presence of interval censored data. We showed that use of the QMC makes the computation of the likelihood function possible provided we assume that the time interval from the initial state to the first transition is exponentially distributed and that no additional transitions occur between successive observations of the process.

Application of our method to the Nun Study data showed that older age diminishes the chances that any back transition occurs while less than a college education and presence of an APOE 4 allele diminishes the chance of a back transition to the normal cognitive state from the mild cognitive impairments state. Further, if the latter transition does occur the time interval associated with this transition is significantly abbreviated by older age. The reason additional factors are not significant for back transitions likely have to do with the small frequency of some of these transitions as shown in Figure 1. The use of a semi-Markov

process in this application is motivated by up to ten serial assessments (approximately every 15 months apart) over a fifteen-year period of the cognitive status of each participant in the study. It is possible but unlikely that the cognitive status of each nun fluctuated much in the interval between cognitive assessments meeting the assumptions of our model.

Simulation studies determined how the parameters will be estimated when the assumption made on the holding time is violated. The simulation result shows that the maximum likelihood estimates in Equations (2) and (3) are not sensitive to the violation of the assumption on the holding time for the initial state. But it is sensitive to the sample size due to the chance of observing few transitions. However, the change of observing few transitions will be very rare when the sample is larger than 500. Simulation results also show there is a persistent bias in Table 1–3. This is likely due to the replacement of  $w_k$  with  $u_k$  in Equation (6) for  $P_{ksv}$ . We recalculated the MLEs for the Nun study by making  $w_k$  a function of  $t^*$  in Equation (6); the resulting MLEs were no different than reported here.

Semi-Markov model has a wide application to be more accurately describing the process of interest. However, a general problem of panel data is lack of sufficient information for the progress, such as interval censoring data or some of the important transitions between two assessments are missing. Hence, despite the advantage of the semi-Markov process, the applications to the semi-Markov are limited as compared to Markov process.

Here, we only consider the situation where there is no misclassification. However, misclassification is a problem, especially for subjects with very frequently jump between two states. Therefore a possible extension of semi-Markov model is to incorporate the information of misclassification. Another possible extension of semi-Markov model is to incorporate the information between two assessments<sup>13</sup>, especially when the time span between two assessments is long.

#### **Acknowledgments**

#### **Funding Acknowledgment**

This work was partially funded by the following grants to the University of Kentucky's Center on Aging [grant numbers R01 AG038651 and P30 AG028383] from the National Institute on Aging and a grant to the University of Kentucky's Center for Clinical and Translational Science [grant number U54 RR031263] from the National Center for Advancing Translational Science.

# **REFERENCES**

- 1. Kalbfleisch JD, Lawless JF. The analysis of panel data under a Markov assumption. Journal of the American Statistical Association. 1985; 80:863–871.
- 2. Foucher Y, Mathieu E, Saint-Pierre P, et al. Semi-Markov model based on generalized Weibull distribution with an illustration for HIV disease. Biometrical Journal. 2005 Dec; 47(6):825–833. [PubMed: 16450855]
- 3. Listwon, A.; Saint-Pierre, P.; Listwon, A. SemiMarkov: An R Package for Parametric Estimation in Multi-State Semi-Markov Models. Version 1.2. 2013. URL [http://cran.rproject.org/web/packages/](http://cran.rproject.org/web/packages/SemiMarkov/) [SemiMarkov/](http://cran.rproject.org/web/packages/SemiMarkov/)
- 4. Foucher Y, Giral M, Soulillou JP, et al. A semi-Markov model for multistate and interval-censored data with multiple terminal events. Application in renal transplantation. Statistics in Medicine. 2007; 26(30):5381–5393. [PubMed: 17987670]

- 5. Foucher Y, Giral M, Soulillou JP, et al. A flexible semi-Markov model for interval-censored data and goodness-of-fit testing. Statistical Methods in Medical Research. 2010; 19(2):127–145. [PubMed: 18765502]
- 6. Healy B, Degruttola V. Hidden Markov models for settings with interval-censored transition times and uncertain time origin: application to HIV genetic analyses. Biostatistics. 2007; 8(2):438–452. [PubMed: 16940036]
- 7. Mathieu E, Foucher Y, Dellamonica P, et al. Parametric and Non Homogeneous Semi-Markov Process for HIV Control. Methodology and Computing in Applied Probability. 2007; 9(3):389–397.
- 8. Satten G, Sternberg M. Fitting semi-Markov models to interval-censored data with unknown initiation times. Biometrics. 1999; 55(2):507–513. [PubMed: 11318207]
- 9. Commenges D. Inference for multi-state models from interval censored data. Statistical Methods in Medical Research. 2002; 11:167–182. [PubMed: 12040695]
- 10. Joly P, Commenges D. A penalized likelihood approach for a progressive three-state model with censored and truncated data: Application to AIDS. Biometrics. 1999; 55:887–890. [PubMed: 11315022]
- 11. Joly P, Commenges D, Helmer C, et al. A penalized likelihood approach for an illness–death model with interval-censored data: application to age-specific incidence of dementia. Biostatistics. 2002; 3(3):433–443. [PubMed: 12933608]
- 12. Kapetanakis V, Matthews FE, van den Hout A. A semi-Markov model for stroke with piecewiseconstant hazards in the presence of left, right and interval censoring. Statistics in Medicine. 2012; 32(4):697–713. [PubMed: 22903796]
- 13. Kang M, Lagakos SW. Statistical methods for panel data from a semi-markov process, with application to HPV. Biostatistics. 2007; 8(2):252–264. [PubMed: 16740624]
- 14. Titman AC, Sharples LD. Semi-Markov models with phase-type sojourn distributions. Biometrics. 2010; 66:742–752. [PubMed: 19912172]
- 15. Chandra RB. Quasi-random maximum simulated likelihood estimation of the mixed multinomial logit model. Transportation Research. 2001; 35B:677–693.
- 16. Kryscio RJ, Abner EL, Lin Y, et al. Adjusting for mortality when identifying risk factors for transitions to mild cognitive impairment and dementia. Journal of Alzheimer's Disease. 2013; 35(4):823–832.
- 17. Satten GA, Longini IM. Markov chains with measurement error: estimating the "true" course of a marker of the progression of human immunodeficiency virus disease. Applied Statistics. 1996; 45:275–309.
- 18. Tyas SL, Salazar JC, Snowdon DA, et al. Transitions to mild cognitive impairments, dementia, and death: finding from the Nun Study. American Journal of Epidemiology. 2007; 165(11):1231–1238. [PubMed: 17431012]
- 19. Salazar JC, Schmitt FA, Yu L, et al. Shared random effects analysis of multi-state Markov models: application to a longitudinal study of transitions to dementia. Statistics in Medicine. 2007; 26:568– 580. [PubMed: 16345024]



**Figure 1.**  Frequency of the One-step Transitions

Bias and mean square error (MSE) of the estimate of the age odds ratio,  $\exp(\beta_{\text{age}})$ , in Equation (2) for sample sizes 300 and 1000  $\beta_{\text{age}}$ ), in Equation (2) for sample sizes 300 and 1000 Bias and mean square error (MSE) of the estimate of the age odds ratio, exp(



Model: the holding time satisfied our model assumption;

Weibull: the holding time for the baseline state follows Weibull distribution; Weibull: the holding time for the baseline state follows Weibull distribution;

G Weibull: the holding time for the baseline state follows Generalized Weibull Distribution; G Weibull: the holding time for the baseline state follows Generalized Weibull Distribution; Author Manuscript

Author Manuscript

# **Table 2**

Bias and MSE of the estimate of the exponential hazard ratio, exp( $\gamma_{\rm age}$ ), in Equation(3) for sample sizes 300 and 1000  $\gamma_{\rm age}$ ), in Equation(3) for sample sizes 300 and 1000 Bias and MSE of the estimate of the exponential hazard ratio, exp(



Author Manuscript

**Author Manuscript** 

# **Table 3**

Bias and MSE of the estimate of the Weibull hazard ratio,  $exp(\gamma_{\rm age})$ , in Equation (4) for sample size 300, 1000  $\gamma_{\rm age}$ ), in Equation (4) for sample size 300, 1000 Bias and MSE of the estimate of the Weibull hazard ratio, exp(



#### **Table 4**

# Examples of Nun's Cognitive Path



#### **Table 5**

Frequency table of order of integration of the likelihood



The odds ratio and confidence interval for significant effects on each transition probability (base state: 5=Death) The odds ratio and confidence interval for significant effects on each transition probability (base state: 5=Death)



States: 1=Intact Cognition, 2=Mild Cognitive Impairment, 3=Global Impairment, 4=Dementia; States: 1=Intact Cognition, 2=Mild Cognitive Impairment, 3=Global Impairment, 4=Dementia;

Author Manuscript

**Author Manuscript** 

The hazard ratio and confidence interval for significant covariates in the exponential distribution The hazard ratio and confidence interval for significant covariates in the exponential distribution



Hazard ratio for baseline age is the hazard ratio for a one year increase in age. Hazard ratio for baseline age is the hazard ratio for a one year increase in age.

Author Manuscript

**Author Manuscript** 

The hazard ratio and confidence interval estimate for significant effects in the Weibull distribution The hazard ratio and confidence interval estimate for significant effects in the Weibull distribution



Hazard ratio in age is the hazard ratio for one year increase in age. Hazard ratio in age is the hazard ratio for one year increase in age.

#### **Table 9**

The p-values of the significant shape parameters in the Weibull distribution

