

# Dysfunctional conformational dynamics of protein kinase A induced by a lethal mutant of phospholamban hinder phosphorylation

Jonggul Kim<sup>a</sup>, Larry R. Masterson<sup>b</sup>, Alessandro Cembran<sup>a,b,1</sup>, Raffaello Verardi<sup>b</sup>, Lei Shi<sup>a</sup>, Jiali Gao<sup>a,c</sup>, Susan S. Taylor<sup>d,e,2</sup>, and Gianluigi Veglia<sup>a,b,2</sup>

Departments of <sup>a</sup>Chemistry and <sup>b</sup>Biochemistry, Molecular Biology, and Biophysics, University of Minnesota, Minneapolis, MN 55455; <sup>c</sup>Theoretical Chemistry Institute, Jilin University, Changchun 130028, People's Republic of China; and <sup>d</sup>Howard Hughes Medical Institute and <sup>e</sup>Department of Chemistry and Biochemistry, University of California, San Diego, La Jolla, CA 92093

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**The dynamic interplay between kinases and substrates is crucial for the formation of catalytically committed complexes that enable phosphoryl transfer. However, a clear understanding on how substrates modulate kinase structural dynamics to control catalytic efficiency is still missing. Here, we used solution NMR spectroscopy to study the conformational dynamics of two complexes of the catalytic subunit of the cAMP-dependent protein kinase A with WT and R14 deletion phospholamban, a lethal human mutant linked to familial dilated cardiomyopathy. Phospholamban is a central regulator of heart muscle contractility, and its phosphorylation by protein kinase A constitutes a primary response to  $\beta$ -adrenergic stimulation. We found that the single deletion of arginine in phospholamban's recognition sequence for the kinase reduces its binding affinity and dramatically reduces phosphorylation kinetics. Structurally, the mutant prevents the enzyme from adopting conformations and motions committed for catalysis, with concomitant reduction in catalytic efficiency. Overall, these results underscore the importance of a well-tuned structural and dynamic interplay between the kinase and its substrates to achieve physiological phosphorylation levels for proper  $\text{Ca}^{2+}$  signaling and normal cardiac function.**

phospholamban | phosphorylation | conformational dynamics | NMR | calcium regulation

Phosphorylation by cAMP-dependent protein kinase A (PKA) is a central signaling pathway in cardiomyocytes, where it modulates the activity of several  $\text{Ca}^{2+}$  handling proteins (1, 2). In particular, PKA targets phospholamban (PLN), a small membrane protein embedded in the sarcoplasmic reticulum that binds and regulates the activity of the sarco(endo)plasmic reticulum  $\text{Ca}^{2+}$ -ATPase (SERCA). The SERCA/PLN complex plays a critical role in cardiac contractility, because it is responsible for  $\text{Ca}^{2+}$  reuptake in the sarcoplasmic reticulum, thereby controlling muscle relaxation, or diastole (1). PLN regulation of SERCA keeps  $\text{Ca}^{2+}$  flux within a physiological window (3). Unphosphorylated PLN reduces SERCA's apparent affinity for  $\text{Ca}^{2+}$ , whereas phosphorylation at Ser16 reverses PLN's inhibitory effect, increasing  $\text{Ca}^{2+}$  flux and enhancing cardiac muscle relaxation (4). PKA phosphorylation of PLN is a primary response to  $\beta$ -adrenergic stimulation in the heart, affecting cardiac output directly (5). Altered levels of PLN phosphorylation (i.e., hypo- or hyperphosphorylation) cause SERCA's function to be outside this physiological window. Specifically, aberrant PLN phosphorylation depresses  $\text{Ca}^{2+}$  cycling, with an attenuation of  $\text{Ca}^{2+}$  transients in both amplitude and frequency, resulting in cardiac disease (6, 7). Six naturally occurring mutations of PLN have been linked to early and/or late onset dilated cardiomyopathy (DCM), a leading cause of morbidity and mortality worldwide (8, 9). First reported by Kranias et al. (10, 11), the R14del mutation of PLN (PLN<sup>R14del</sup>) was found in several DCM patients (10) and was more recently identified in 14% of a cohort of 354 patients diagnosed with either DCM or arrhythmogenic right ventricular cardiomyopathy (12). It has been

proposed that the dysfunctional effects of PLN<sup>R14del</sup> are due to chronic suppression of SERCA activity, with a synergistic inhibition by the mutant and the WT PLN (PLN<sup>WT</sup>) (10, 13). Recent studies, however, show that PLN phosphorylation by PKA-C is significantly hindered in R14del transgenic mice (~7% of WT levels), causing  $\text{Ca}^{2+}$  mishandling and progression of DCM (13). Although the phenotype and genotype of the R14 deletion have been identified, the molecular mechanisms for its aberrant phosphorylation are still unknown.

The R14 deletion is located at the recognition sequence for the catalytic subunit of PKA (PKA-C) (Fig. 1) (10). From the X-ray structure of the PKA-C/ATP $\gamma$ N/PLN<sup>WT</sup> complex [Protein Data Bank (PDB) ID code 3O7L], the PLN consensus sequence for PKA-C (R-R-X<sub>1</sub>-S-X<sub>2</sub>, where X denotes a variable amino acid) adopts an extended conformation within the binding groove (14, 15). The side chain of R14 (P-2 site) points toward the large lobe and interacts with Y204, E230, and E203, whereas the side chain of R13 (P-3 site) interacts with S51, the ribose ring, and hydroxyl group of Y330, clamping on the small lobe (Fig. 1 A and B) (14). Based on these structural features, we hypothesized that the R14 deletion disrupts intermolecular interactions between enzyme and substrate, affecting the motions responsible for opening and closing the active cleft and ultimately enzyme turnover. To test this hypothesis, we compared the kinetics of phosphorylation, thermodynamics of binding, and enzyme structural dynamics of the PKA-C/PLN<sup>R14del</sup> complex to

## Significance

**In the heart, phospholamban regulates  $\text{Ca}^{2+}$ -ATPase function, controlling cardiac output. A single deletion (R14del) in the phospholamban recognition sequence kinase A is linked to the progression of familial dilated cardiomyopathy, a leading cause of death worldwide. Here, we provide the molecular mechanism for the sluggish phosphorylation of R14del by protein kinase A. We found that the R14 deletion affects the organization of the active site, which remains partially open and quite dynamic, preventing the formation of catalytically committed complex. We conclude that well-tuned structural and dynamic interplay between kinase and substrate is crucial for efficient phosphorylation. These results provide new structural basis to understand for the reduced phosphorylation levels of the R14del phospholamban and impaired  $\text{Ca}^{2+}$  transport in heart muscle.**

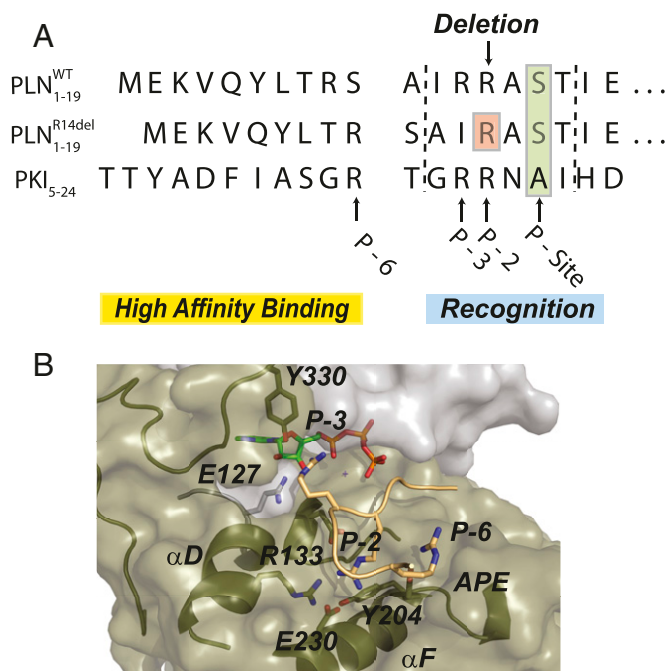
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The authors declare no conflict of interest.

<sup>1</sup>Present address: Department of Chemistry and Biochemistry, University of Minnesota, Duluth, MN 55812.

<sup>2</sup>To whom correspondence may be addressed. Email: staylor@ucsd.edu or veglii001@umn.edu.

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**Fig. 1.** Molecular interactions between PKA-C and peptide substrates or inhibitors. (A) Primary sequence of the WT and R14del peptides corresponding to the cytoplasmic region of PLN and the high affinity peptide inhibitor, PKI<sub>5-24</sub>. (B) X-ray structure of PKA-C (PDB:1ATP) with the architecture of the peptide binding site, with the electrostatic network of interactions between enzyme and substrate.

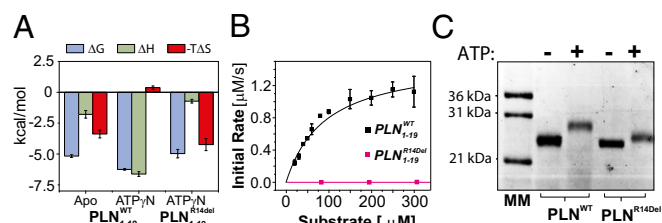
PKA-C/PLN<sup>WT</sup> using steady-state kinetic measurements, isothermal titration calorimetry (ITC), NMR spectroscopy, and molecular dynamic (MD) simulations. We found that, thermodynamically and kinetically, PLN<sup>R14del</sup> exhibits characteristics of a poor substrate compared with PLN<sup>WT</sup>. More importantly, deletion of R14 prevents the formation of a catalytically committed Michaelis complex, causing dysfunctional conformational dynamics that concur with the reduction of catalytic efficiency. These findings explain the molecular mechanisms for the sluggish phosphorylation kinetics, leading to the Ca<sup>2+</sup> mishandling associated with DCM. Overall, our study emphasizes the importance of well-tuned dynamic interplay between enzyme and substrate to achieve optimal catalysis.

## Results

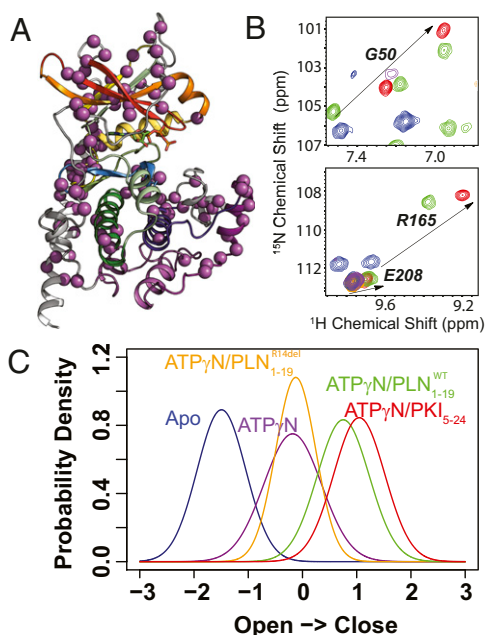
**R14del Causes a Reduction of Binding Affinity and Kinetics.** The binding thermodynamics of PLN<sup>WT</sup> and PLN<sup>R14del</sup> to the apo and nucleotide-bound protein kinase (PKA-C/ATP<sub>γ</sub>N complex) were measured using ITC with the synthetic peptides, PLN<sup>WT</sup><sub>1-19</sub> and PLN<sup>R14del</sup><sub>1-19</sub>, corresponding to the first 19 residues of the cytoplasmic domain of PLN<sup>WT</sup> and PLN<sup>R14del</sup>, respectively, which include the recognition sequence for the kinase. From the ITC measurements carried out in the presence of the nucleotide analog (ATP<sub>γ</sub>N), we derived the binding enthalpy, entropy, dissociation constants ( $K_d$ ), and substrate binding cooperativity for PLN<sup>WT</sup> (SI Appendix, Tables S1 and S3) (14, 16, 17). We found that PKA-C exhibits high substrate affinity for PLN<sup>WT</sup><sub>1-19</sub> in the presence of ATP<sub>γ</sub>N ( $K_d = 28 \mu\text{M}$ ) with a slightly unfavorable entropic contribution to binding ( $T\Delta S = -0.37 \text{ kcal/mol}$ ; Fig. 2A). In contrast, binding titrations of PLN<sup>R14del</sup><sub>1-19</sub> under identical experimental conditions resulted in a  $K_d \sim 200 \mu\text{M}$ , with the entropic change  $T\Delta S \sim 4 \text{ kcal/mol}$  as the dominating contribution to binding (Fig. 2A). Interestingly, for PLN<sup>R14del</sup><sub>1-19</sub> binding in the absence of ATP<sub>γ</sub>N, we were unable to measure the binding cooperativity observed for PLN<sup>WT</sup><sub>1-19</sub> and typical of other substrates (SI Appendix, Fig. S1A) (14, 16). These thermodynamic

measurements indicate that the affinity and the nature of the interactions are affected by the R14 deletion. To evaluate the efficiency of phosphorylation by PKA-C, we carried out steady-state phosphorylation kinetics using a coupled enzyme assay with PLN<sup>WT</sup><sub>1-19</sub> and PLN<sup>R14del</sup><sub>1-19</sub> (Fig. 2B). Kinetically, PLN<sup>WT</sup><sub>1-19</sub> behaves similarly to the standard substrate Kemptide ( $k_{\text{cat}} = 23 \pm 1 \text{ s}^{-1}$ ) (18). In contrast, we did not detect any significant phosphorylation for PLN<sup>R14del</sup><sub>1-19</sub>. On a fourfold increase in PKA-C concentration (from 64 to 256 nM total enzyme) and an increase in substrate from 100 to 900  $\mu\text{M}$ , we observed only marginal phosphorylation (SI Appendix, Fig. S1B and C). Under these experimental conditions, the  $k_{\text{cat}}$  is  $\sim 6$  times smaller and the catalytic efficiency is  $\sim 300$  times lower for PLN<sup>R14del</sup><sub>1-19</sub> than that of PLN<sup>WT</sup><sub>1-19</sub> (SI Appendix, Table S1). Moreover, we repeated phosphorylation assays using full-length PLN<sup>WT</sup> and PLN<sup>R14del</sup>. On incubation with PKA-C, we detected complete phosphorylation of PLN<sup>WT</sup> (five phosphates per pentamer; Fig. 2C). In contrast, PLN<sup>R14del</sup> was only partially phosphorylated, as shown by the slight band shift in the SDS/PAGE (Fig. 2C). These phosphorylation assays exclude any effect of the transmembrane domains and confirm the sluggish phosphorylation kinetics measured for PLN<sup>R14del</sup><sub>1-19</sub>. These data are in agreement with phosphorylation kinetics carried out with model peptides missing the P-3 site (19) and PLN (20, 21).

**NMR Mapping of Substrate Binding to PKA-C.** To analyze the structural changes that PKA-C undergoes on binding PLN<sup>WT</sup><sub>1-19</sub> and PLN<sup>R14del</sup><sub>1-19</sub>, we mapped the amide backbone fingerprint of the enzyme using [<sup>1</sup>H, <sup>15</sup>N]-TROSY-HSQC (transverse relaxation optimized spectroscopy–heteronuclear single quantum correlation spectroscopy) experiments (22). To further validate the assignment of the major conformational equilibria, we performed a full triple resonance assignment on the apo, binary, and closed states (SI Appendix, Figs. S2–S4). The combined <sup>1</sup>H and <sup>15</sup>N chemical shift perturbations ( $\Delta\delta$ ) at each amide site of PKA-C report the changes in the local chemical environment (structure, electrostatics, dynamics, etc.) on substrate binding (Fig. 3 and SI Appendix, Fig. S5). Binding of the PLN<sup>WT</sup><sub>1-19</sub> and PLN<sup>R14del</sup><sub>1-19</sub> peptides to PKA-C results in different chemical shift patterns. Binding of PLN<sup>R14del</sup><sub>1-19</sub> to the binary form of the enzyme (PKA-C/ATP<sub>γ</sub>N complex) retains significant line broadening in many resonances, similar to the nucleotide-bound enzyme (16), primarily along catalytically important motifs. In contrast, binding of PLN<sup>WT</sup><sub>1-19</sub> to the binary complex renders observable several residues that were previously broadened on nucleotide binding (Fig. 3B and SI Appendix, Fig. S6). Residues belonging to the Gly-rich loop, peptide positioning loop, the hinge region, and the DFG loop, which play critical roles in catalysis, are observed only with the WT substrate, but are absent in the complex formed with the deletion mutant. Because these spectra were compared at saturating conditions, this phenomenon indicates that the conformational dynamics of the ternary complexes are different.



**Fig. 2.** Thermodynamics and kinetics for PLN<sup>WT</sup><sub>1-19</sub> and PLN<sup>R14del</sup><sub>1-19</sub>. (A) Thermodynamics of PLN<sup>WT</sup><sub>1-19</sub> and PLN<sup>R14del</sup><sub>1-19</sub> to PKA-C without (apo) or with nucleotide (ATP<sub>γ</sub>N) present. (B) Steady-state phosphorylation kinetics of PLN<sup>WT</sup><sub>1-19</sub> and PLN<sup>R14del</sup><sub>1-19</sub>. (C) Gel shift assays with the extent of phosphorylation for pentameric PLN<sup>WT</sup> and PLN<sup>R14del</sup>. Note that PLN<sup>WT</sup> and PLN<sup>R14del</sup> oligomerize into stable homo-pentamers and run on SDS/PAGE gels with an apparent molecular weight of  $\sim 26 \text{ kDa}$  (55).



**Fig. 3.** Shift in conformational equilibria by substrate binding. (A) Colored (purple) residues that undergo concerted chemical shift changes on ligand binding from the CONCISE and CHESCA analysis. (B) Ligand binding gives linear chemical shift changes from Apo (blue), Nucleotide bound (purple), substrate bound (green) to inhibitor bound (red). (C) Probability density plot of the different conformational states obtained using the CONCISE method. Ligand binding shifts the conformation equilibrium from open to closed states.

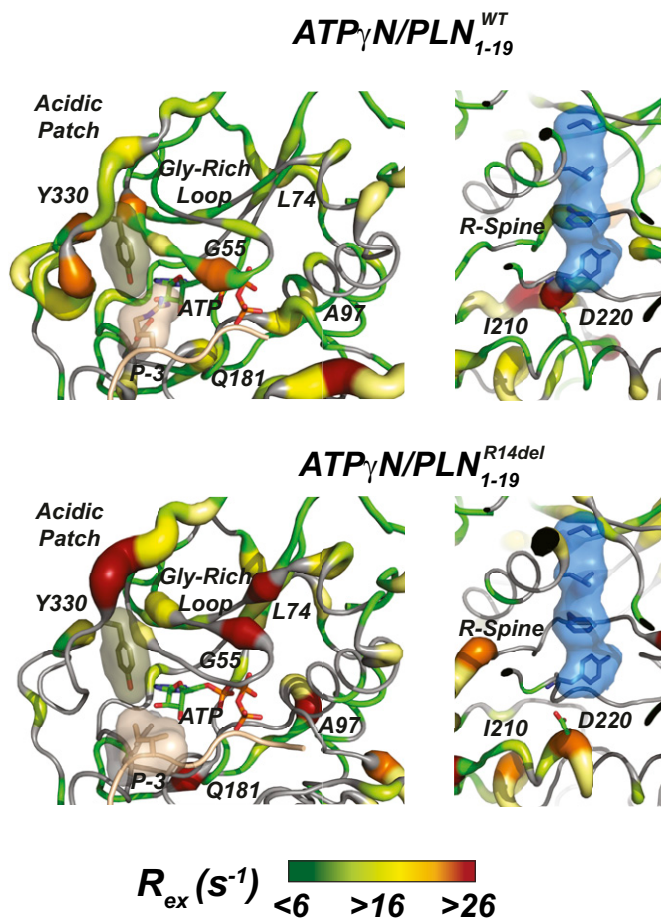
To evaluate the structural transition of PKA-C with the addition of the substrates, we used CONCISE (coordinated chemical shifts behavior) (23). This method performs a statistical analysis on linear chemical shift trajectories of each amide resonance to identify the position of each state along the conformational equilibrium. Following ligand binding (i.e., nucleotide and substrate), the PKA-C amide resonances display linear chemical shift, with the resonances corresponding to the *apo* enzyme populating one extreme and those of the closed state (ternary complex with the inhibitor, PKI<sub>5-24</sub>) populating the opposite extreme of the linear correlations (Fig. 3). This behavior exemplifies a conformational equilibrium among the three major conformational states of the kinase (open, intermediate, and closed), whose relative populations are modulated by ligand binding (14, 23, 24). The nucleotide shifts the open state population toward the intermediate state, and the substrate shifts the population toward the closed state (14, 17). We found that PLN<sup>WT</sup><sub>1-19</sub>, as well as Kempptide (SI Appendix, Fig. S7), is able to shift the conformational equilibrium of PKA-C toward a catalytically committed state, whereas PLN<sup>R14del</sup><sub>1-19</sub> is unable to cause a significant conformational change, remaining in an intermediate state (Fig. 3 and SI Appendix, Fig. S5). Dynamic light scattering experiments (SI Appendix, Fig. S8 and Tables S2 and S5) also demonstrate that the enzyme in complex with PLN<sup>WT</sup><sub>1-19</sub> exhibits a rotational correlation time shorter than the corresponding PLN<sup>R14del</sup><sub>1-19</sub> bound complex, adopting a more open conformation with PLN<sup>R14del</sup><sub>1-19</sub>. Based on this analysis, we conclude that PLN<sup>R14del</sup><sub>1-19</sub> binding shifts the population of the enzyme toward a conformation that is both structurally and dynamically different from the PKA-C/PLN<sup>WT</sup><sub>1-19</sub> complex, forming a partially closed state.

**R14del Mutant Binding Causes Dysfunctional Conformational Dynamics of PKA-C.** The crystal structure of the PKA-C/PLN<sup>WT</sup><sub>1-19</sub> complex (14) shows that the arginine residue in P-3 position of PLN forms an electrostatic network with E127, Y330, and the ribose moiety of ATP (Fig. 1B), whereas the P-2 arginine interacts with R133,

E230, and Y204. This dense network of interactions positions the substrate in a catalytically committed conformation. We reasoned that the removal of one of the two arginine residues in the recognition sequence may alter the enzyme conformation and motions. To test this hypothesis, we analyzed the conformational dynamics of the complexes using solution NMR spectroscopy. Specifically, we used the [<sup>1</sup>H, <sup>15</sup>N] heteronuclear steady-state NOE (nuclear Overhauser effect) experiment (HX-NOE) (25) as a proxy for motions on the picosecond/nanosecond (ns) timescale. The average trimmed HX-NOE values for PKA-C bound to PLN<sup>WT</sup><sub>1-19</sub> and PLN<sup>R14del</sup><sub>1-19</sub> are  $0.84 \pm 0.09$  and  $0.83 \pm 0.10$ , respectively (SI Appendix, Tables S2, S6, and S7), indicating that the overall conformational dynamics of the complexes on the fast timescale are similar. However, significant local variations of HX-NOE values were found between the two complexes. Residues neighboring the Mg<sup>2+</sup> positioning, catalytic loop, the  $\alpha$ F- $\alpha$ G loop, and the  $\alpha$ G- $\alpha$ H loop (D161, R190, V191, D241, Q242, G253, K254, and R256), linked to be involved in substrate binding and regulation (26), are more flexible when PKA-C is bound to PLN<sup>R14del</sup><sub>1-19</sub>, whereas several residues flanking the C-helix, the  $\alpha$ A- $\beta$ 1 linker, and the C terminus (S34, Q35, T37, K83, Q96, A97, F347, T348, E349, F350) appear to be more rigid. These changes in the fast dynamic timescale might be related to the changes in the overall binding entropy as measured by ITC (27).

Moreover, we investigated conformational dynamics in the microsecond/millisecond timescale by quantifying the contribution of chemical exchange to the transverse relaxation rate ( $R_{ex}$ ) using the TROSY Hahn-Echo experiment (28). We found striking differences in the  $R_{ex}$  values for the two complexes (SI Appendix, Tables S2 and S8–S10). In agreement with the previously reported data, the binary form of the enzyme with ATP $\gamma$ N experiences considerable conformational dynamics (14) (SI Appendix, Fig. S9), especially along catalytic structural elements such as the glycine rich loop, C-helix, peptide positioning loop, and DFG loop (26). When PLN<sup>WT</sup><sub>1-19</sub> is bound to PKA-C/ATP $\gamma$ N, these structural elements remain considerably dynamic; however, substrate binding decreases the  $R_{ex}$  values. Residues along catalytically important motifs such as G55 and M58 in the glycine-rich loop, D166 in the catalytic loop, R190 and V191 near the Mg<sup>2+</sup> positioning loop, and E208 belonging to the APE motif all experience a substantial decrease in  $R_{ex}$  values. These results indicate that the ternary complex with PLN<sup>WT</sup><sub>1-19</sub> is still dynamic, although the motions are attenuated with respect to the binary form (SI Appendix, Figs. S9 and S10); in contrast, the PKA-C/ATP $\gamma$ N/PLN<sup>R14del</sup><sub>1-19</sub> complex displays enhanced conformational dynamics in regions important for catalysis. For instance, residues in the glycine-rich loop (G55, M58, and L59), near the Mg<sup>2+</sup> positioning (R190 and V191), and the APE motif (such as E208) all experience  $R_{ex}$  values similar to those found in the PKA-C/ATP $\gamma$ N complex (SI Appendix, Figs. S9 and S10). In addition, we observed a substantial increase in conformational dynamics in the microsecond/millisecond timescale in several other regions. Specifically, due to the loss of the P-3 arginine, the acidic patch region positioned along the C-terminal tail (residues 330–334) is no longer electrostatically connected to the active site and experiences an increase in conformational dynamics (Fig. 4). Increased motions occur for residues around D220, which is the conduit for allosteric signaling from the F-helix to the regulatory spine (R-spine; Fig. 4) (16).

**MD Simulation of the Ternary Complexes with PLN<sup>WT</sup><sub>1-19</sub> and PLN<sup>R14del</sup><sub>1-19</sub>.** To interpret the dynamic effects of the deletion of P-3 arginine in the substrate, we performed atomistic MD simulations in explicit environments on both PKA-C/PLN<sup>WT</sup><sub>1-19</sub> and PLN<sup>R14del</sup><sub>1-19</sub> complexes. Starting from the crystal structure of PKA-C (PDB ID code 3O7L), we used the HADDOCK package (29) to dock the substrates (PLN<sup>WT</sup><sub>1-19</sub> or PLN<sup>R14del</sup><sub>1-19</sub>) to the enzyme's binding groove according to the canonical consensus sequence in the PKA-C/PKI<sub>5-24</sub> X-ray structure (26). In general, MD simulations show that the interactions in the proximity of the active site are similar to those observed in the PKA-C/PKI<sub>5-24</sub> and PKA-C/PLN<sup>WT</sup><sub>1-19</sub> crystal structures (Fig. 1B) (14, 26). In particular, the



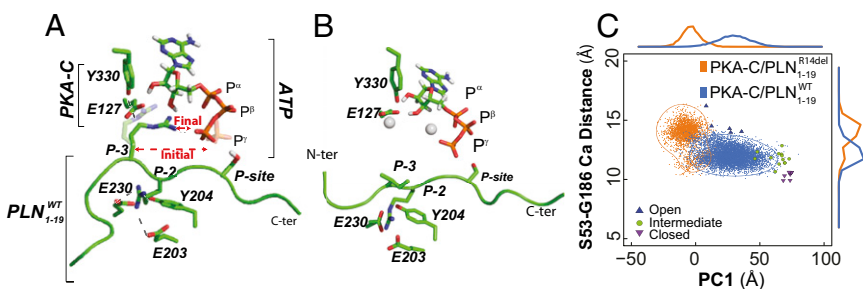
**Fig. 4.** Allosteric changes in conformational dynamics upon substrate binding. Zoom in of the slow conformational dynamics plotted on the X-ray crystal structure. The PKA-C/ATP $\gamma$ N/PLN $_{1-19}^{WT}$  complex (Upper) shows attenuated conformational dynamics with respect to the PKA-C/ATP $\gamma$ N/PLN $_{1-19}^{R14del}$  complex (Lower).

acidic cluster surrounding Y330 latches on the small lobe, clamping the glycine-rich loop down into the active site. Also, E127 in the linker region connects the small and large lobes. In contrast, the P-2 arginine points toward the large lobe, interacting with E203, Y204, and E230. These electrostatic interactions are part of an allosteric network that ensures structural and dynamic communication within the enzyme (16, 24, 30) (Fig. 5A). During  $\sim 100$  ns of MD simulations of the PKA-C/PLN $_{1-19}^{WT}$  complex, we found that the P-2 arginine residue (R14) does not change its side chain conformation, thus preserving the interresidue interactions present in the crystal structure (Fig. 5A and *SI Appendix*, Fig. S12). In contrast, the electrostatic interaction between the R13 guanidino group (P-3 site) and the hydroxyl group of Y330 breaks apart, with an  $\sim 90^\circ$  rotation of the Arg side

chain torsion angles (Fig. 5A). The latter causes the formation of new transient interactions between the guanidino group and the  $\alpha$  and  $\beta$  phosphates of ATP (17) (*SI Appendix*, Fig. S12), with the P-3 Arg (R13) acting as a three-way switch between the small lobe, large lobe, and the ATP molecule. With the PKA-C/PLN $_{1-19}^{R14del}$  complex, the transient interactions between the guanidino group, Y330, and the phosphates of ATP are lost, pushing the P-3 side chain away from the active site (Fig. 5B). The opening and closing motions of the enzyme on binding the WT and mutated substrate were analyzed using principle component analysis (PCA; Fig. 5C). The first principal component (PC1) reports on the opening and closing motion of the two lobes. When monitored with the C $^\alpha$  distance between S53 and G186 ( $d_{S53-G186}$ ), PC1 describes the open, intermediate, and closed conformational states of the kinase (17). The PKA-C/PLN $_{1-19}^{WT}$  complex samples an ensemble of conformations situated between the open and closed states. In contrast, the ensemble of conformations accessible to the PKA-C/PLN $_{1-19}^{R14del}$  complex is closer to the open/intermediate basin. The slightly more open state found with the mutated substrate is supported by both the hydrodynamic radii from dynamic light scattering, indicating a less compact conformation of the PKA-C/PLN $_{1-19}^{R14del}$  complex as well as the chemical shift trajectories (Fig. 3C). Root mean square fluctuation analysis (RMSF) was performed to see the largest change in dynamics upon R14 deletion (*SI Appendix*, Fig. S12). The analysis demonstrates that the glycine rich,  $\alpha$ F- $\alpha$ G, and the  $\alpha$ G- $\alpha$ H loops become more dynamic with the mutation, whereas the  $\alpha$ A- $\beta$  linker and the C terminus becomes more rigid. This analysis corroborates the HX-NOE data, and, taken together, these results suggest that the missing P-3 guanidino group changes the interactions in the vicinity of the active site, affecting the opening and closing of the kinase.

## Discussion

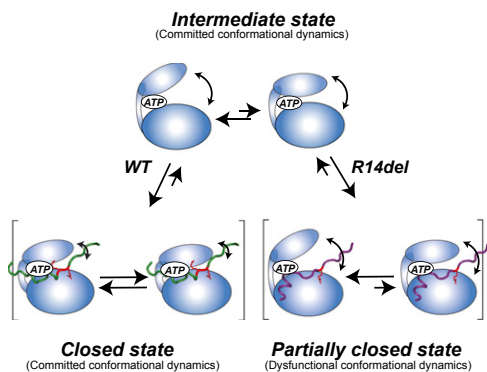
The R14 deletion mutant of PLN provides a unique opportunity to study the effects of dysfunctional substrates on kinase structural dynamics using NMR spectroscopy. In fact, structural studies on complexes between kinases and their substrates are rather sparse, because the low binding affinity prevents crystallization. As a result, most X-ray structures are obtained in the presence of small drugs or pseudosubstrate inhibitors (31). The R14 deletion is located within the kinase recognition site and eliminates the P-3 site. The P-3 site is crucial for efficient kinetics as assessed in model peptide substrates (19). In fact, the missing electrostatic interactions at the P-3 arginine changes the register of the recognition sequence, with Arg-9 shifted to the P-6 position (Fig. 1). These structural changes hinder PLN $_{1-19}^{R14del}$  binding to PKA-C. However, a reduction in affinity alone is insufficient to explain the sluggish kinetics as most kinase/substrate interactions are weak in nature (31). For instance, the standard PKA-C substrate Kempptide has a  $K_d$  of  $\sim 200$   $\mu$ M, yet it displays kinetic parameters common to other PKA-C substrates (16, 30, 32). Although the R14 does not actively participate in the phosphorylation reaction (33), the removal of R14 in PLN has a dramatic effect on the enzyme. Not only does it reduce PLN's binding affinity, it also affects the organization of the active site. In fact, in the complex with the WT, R13 and R14 act as



**Fig. 5.** MD simulations of PKA-C in complex with PLN $_{1-19}^{WT}$  and PLN $_{1-19}^{R14del}$ . (A) Snapshot of MD simulations showing key interactions between R14 (P-2) and R13 (P-3) of PLN $_{1-19}$  and the enzyme binding site. (B) Corresponding snapshot for the PKA-C/PLN $_{1-19}^{R14del}$  complex. (C) Plot of the PC1 vs.  $d_{S53-G186}$  for the two complexes.

a bridgehead between the small lobe (through R13/Y330) and large lobe (R13/E127 and R14/E203/Y204). The guanidino group of R13 interacts with the  $\gamma$ -phosphate of ATP, likely facilitating the opening and closing of the active site. Although the guanidino group of the R14 arginine residue is firmly anchored to the large lobe (Fig. 5A), the R13 arginine is more dynamic and establishes transient interactions with the acidic cluster of PKA-C (328–334), a key region for determining opening and closing of the active cleft (26). The role of these interactions in catalysis is also supported by steady-state phosphorylation kinetic measurements, which show that the PKA-C<sup>Y330F</sup> mutant decreased  $k_{\text{cat}}$  by approximately 60% and increased  $K_M$  for Kemptide approximately fivefold (34). The dramatic loss of catalytic efficiency for PLN<sup>R14del</sup><sub>1–19</sub> compared with Y330F indicates the loss of P-3 site in PLN is more disruptive than simply the loss of an electrostatic bridge. In addition to a perturbation of the structural and electrostatic preorganization at the active site, the deletion of R14 disrupts the anchoring of the substrate with the small lobe, enhancing the conformational dynamics across the enzyme backbone (Fig. 4 and *SI Appendix, Figs. S7 and S8*). With completion of the backbone resonance assignment on the three major structural forms of PKA-C (apo, binary, and closed; Fig. 4 and *SI Appendix, Fig. S3*), we were able to identify several resonances that were previously unassigned and were observable with the addition of PLN<sup>WT</sup><sub>1–19</sub>. This allowed us to identify that PKA-C bound to substrate remains dynamic, but attenuated with respect to the nucleotide bound form, reflecting an opening and closing of the enzyme (committed conformational dynamics) (14, 17). In contrast, the elimination of the interactions at the P-3 site in the PKA-C/PLN<sup>R14del</sup> complex prevents the assembly of the small and large lobes, and the complex adopts a partially closed conformation with dysfunctional dynamics (Fig. 6).

Recently, we showed that the allosteric mutant of PKA-C, Y204A (35), disrupts the hydrophobic core adjacent to the active site and removes electrostatic interactions with the P-2 arginine, desynchronizing the opening and closing motions globally. The deletion of the P-3 arginine increases the conformational dynamics extending throughout the N terminus ( $\alpha$ C- $\beta$ 1-linker), the C-terminal tail (acid patch) (26), and the F-helix, which constitute the central signaling conduit of the kinase connecting the R-spine with the F-helix (36) (Fig. 4 and *SI Appendix, Figs. S7 and S8*). Although the lack of allosteric transmission from the active site to the C-terminal tail could be anticipated by the loss of the P-3 electrostatic interaction in the active site, the behavior of the conformational dynamics displayed by the central signaling conduit was unexpected.



**Fig. 6.** Recognition model of the kinase for PLN<sup>WT</sup><sub>1–19</sub> and PLN<sup>R14del</sup><sub>1–19</sub>. On nucleotide binding, the enzyme's conformational ensemble shifts toward the intermediate conformation and with dynamics committed to catalysis. With PLN<sup>WT</sup><sub>1–19</sub>, the two arginine residues of the PKA-C recognition sequence clamp together both lobes of the enzyme to produce a catalytically committed complex, whereas the PKA-C/PLN<sup>R14del</sup> complex adopts a partially closed conformation with dysfunctional dynamics.

Therefore, this lethal mutation, along with a partial closing of the active cleft and dysfunctional motions, alters the allosteric network with concomitant decrease of the catalytic efficiency (14, 17).

Case studies on dihydrofolate reductase using artificial mutations have predicted that dysfunctional dynamics (37) or a dynamic KO (38, 39) dramatically reduce enzymatic activity and have been exemplified in other systems as well (40–45). These studies have overlooked the contribution that substrates have on promoting productive motions. The natural occurring R14 deletion in the PKA-C recognition sequence of PLN is a unique example that advocates for a central role of the substrate in the organization of the active site and to promote productive conformational fluctuations. Although these motions might not play a direct role in the chemical step (46) (i.e., phosphoryl transfer), they dictate the opening and closing of the active cleft for phosphoryl transfer and affect the overall catalytic efficiency that can lead to DCM.

Absent or reduced PLN phosphorylation levels cause SERCA to be constitutively down-regulated, leading to reduced Ca<sup>2+</sup> uptake in the SR lumen and, ultimately, heart disease (6, 7). Recent *in vitro* studies demonstrated that several hereditary mutants of PLN constitute a poor substrate for PKA-C (20, 47). Specifically, hypophosphorylation of PLN has been detected for the PLN<sup>R9C</sup> mutant, where a cysteine substitution occurs at the P-7 site (47), as well as for PLN<sup>R14del</sup>. However, the molecular etiologies for these mutants' lack of phosphorylation are dissimilar (21, 48). Although reduced phosphorylation of PLN<sup>R9C</sup> has been attributed to disulfide bond formation between adjacent monomers in the pentamers, rendering the phosphorylation site inaccessible to PKA-C (47), R14 deletion prevents the formation of the catalytically committed conformation. Nonetheless, in both cases, slow phosphorylation kinetics reduce calcium uptake with concomitant decline of cardiac output, leading to heart failure. Importantly, the fight or flight mechanism, which results in increased PKA-C activity and decreased SERCA inhibition, is severely impaired by the slow phosphorylation of PLN<sup>R14del</sup>, affecting Ca<sup>2+</sup> transients and leading to DCM (10, 13). Our findings emphasize the importance of functional dynamics between the enzyme and substrate to achieve physiological phosphorylation levels for normal cardiac function. These results elucidate a pathway by which dysfunctional conformational dynamics of proteins may result in pathological phenotypes, giving new and exciting evidence of a structural basis of DCM linked to this specific pathway.

## Materials and Methods

**Sample Preparation.** Recombinant catalytic subunit of PKA was expressed in BL21 DE3 cells by the method described by Studier at 24 °C (49), and <sup>2</sup>H/<sup>13</sup>C/<sup>15</sup>N and <sup>2</sup>H/<sup>15</sup>N PKA-C was expressed as previously described (16). Purification of PKA-C was performed as previously described using the His<sub>6</sub>-Rilα(R213K) subunit (50), and a second purification step was performed by using the HiTrap SP cation exchange column. Peptides (PLN<sup>WT</sup><sub>1–19</sub>/PLN<sup>R14del</sup><sub>1–19</sub>/PKI<sub>5–24</sub>) were synthesized using standard Fmoc chemistry on a CEM Liberty microwave synthesizer, cleaved with Reagent K [trifluoroacetic acid/thioanisole/water/phenol/2–2'-(ethylenedioxy)diethanethiol, 82.5:5:5:5:2.5 (vol/vol)] for 3 h and purified using a semipreparative Supelco C18 reverse-phase HPLC column at 3 mL/min. Molecular weight and the quantity of the peptides were verified by amino acid analysis (Texas Tech).

**ITC Measurements.** All ITC data were acquired on a VP-ITC microcalorimeter (Malvern). PKA-C, PLN<sup>WT</sup><sub>1–19</sub>, and PLN<sup>R14del</sup><sub>1–19</sub> were prepared in 20 mM MOPS, 90 mM KCl, 10 mM DTT, 10 mM MgCl<sub>2</sub>, and 1 mM Na<sub>3</sub> at pH 6.5. For nucleotide saturation, 2 mM of ATP $\gamma$ N was added. All experiments were performed in 300 K. Data were fit to the Wiseman Isotherm (51) assuming one-site binding using the NanoAnalyze (TA instruments) software. Further details are provided in *SI Appendix, SI Materials and Methods*.

**Enzyme Assays.** The steady-state activity assays of PLN<sub>1–19</sub> and R14del<sub>1–19</sub> under saturating ATP concentrations were performed spectrophotometrically at 298 K as described by Cook et al. (52). The values of  $V_{\text{max}}$  and  $K_m$  were obtained from a nonlinear fit of the initial velocities to the Michaelis-Menten equation. The extent of phosphorylation for full-length PLN analogs was monitored by gel-shift assays using 10  $\mu$ M of substrate (assessed by densitometry), 1,000 U/mg PKA-C in 0.1% octyl-glucoside, 20 mM MOPS (pH 7.25), 0.05 mM PMSF, 0.02% Na<sub>3</sub>, and 1 mM MgCl<sub>2</sub>. The reaction was initiated by adding 1 mM ATP and

was incubated for 12 h at 30 °C. The phosphorylation reaction was then stopped by addition of 1% SDS. Tris-tricine polyacrylamide gels (12%) were run with 2  $\mu$ g of PLN (~5- $\mu$ L reaction mixture) and stained with Coomassie brilliant blue.

**NMR Measurements.** Standard TROSY-select triple resonance, steady-state NOE and HSQC experiments were carried out on an 850-MHz Bruker Avance III spectrometer equipped with a TCI cryoprobe. Concentrations of samples for triple resonance experiments were ~0.4–0.7 mM, and samples for relaxation experiments were 0.25–0.4 mM; 12 mM of ATP $\gamma$ N was added for the nucleotide-bound form and 1.0–2.0 mM of peptide (PLN<sup>WT</sup>/PLN<sup>R14del</sup>) for the ternary complex. Spectra were collected at 300 K, processed using NMRPipe (53), and visualized using Sparky.  $R_{ex}$  values were measured using the TROSY Hahn-Echo pulse sequence (28) and analyzed as described previously (17, 54). Qualitative verification of  $R_{ex}$  was done by measuring inverse peak heights as previously described (54). Further details are provided in *SI Appendix, SI Materials and Methods*.

**MD Simulations.** MD simulations were set up using CHARMM36 and run with the software NAMD (nanoscale molecular dynamics) using an initial docked structure as described in *SI Appendix, SI Materials and Methods*. All structures were solvated in a TIP3 water box with K<sup>+</sup> and Cl<sup>-</sup> added as counterions to reach an ionic strength of ~150 mM. Following an initial equilibration, 80 ns of MD simulations of PKA-C/PLN<sup>R14del</sup> were performed at constant temperature and pressure. PCA and RMSF analyses were performed as previously described (17). Further details are provided in *SI Appendix, SI Materials and Methods*.

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