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# **The mitochondrial unfolded protein response - synchronizing genomes**

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## **Abstract**

Maintenance of the mitochondrial proteome is performed primarily by chaperones, which fold and assemble proteins, and by proteases, which degrade excess damaged proteins. Upon various types of mitochondrial stress, triggered genetically or pharmacologically, dysfunction of the proteome is sensed and communicated to the nucleus, where an extensive transcriptional program, aimed to repair the damage, is activated. This feedback loop, termed the mitochondrial unfolded protein response (UPR<sup>mt</sup>), synchronizes the activity of the mitochondrial and nuclear genomes and as such ensures the quality of the mitochondrial proteome. Here we review the recent advances in the UPRmt field and discuss its induction, signaling, communication with the other mitochondrial and major cellular regulatory pathways and its potential implications on health and lifespan.

#### **Keywords**

mitochondria; aging; proteostasis

# **Introduction**

Mitochondria supply cells with ATP, the cellular energy currency, and are essential for many other aspects of cellular homeostasis, thereby influencing not only cellular metabolism, but also organismal health and lifespan [1,2]. Inborn mitochondrial defects result in severe multisystem diseases and mitochondrial dysfunction also underlies several common metabolic and neurodegenerative diseases [3,4]. Mitochondrial unfolded protein response (UPRmt) is an emerging adaptive stress response pathway, which ensures optimal quality and function of the mitochondrial proteome. UPR<sup>mt</sup> internally surveys mitochondrial proteostasis and responds to stress signals by activating an intricate mitochondrial protein quality control (PQC) network [5-7]. Here we review the recent literature on mechanisms that trigger UPRmt activation, its signaling pathways, crosstalk with other mitochondrial quality control systems and interactions with the wider network of cellular responses.

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#### **Activation of UPRmt**

Mitochondria are evolutionarily derived from proteobacteria that evolved in symbiosis within eukaryotic cells [8]. Mitochondria contain multiple copies of the circular mitochondrial DNA (mtDNA), a vestige of the proteobacterial genome, which encodes 13 protein constituents of the multiprotein complexes of the electron transport chain (ETC). The remainder of the mitochondrial proteome (~1500 proteins) is transcribed from the nuclear DNA (nDNA). After translation in the cytoplasm, these nuclear encoded proteins are imported, folded and assembled within the mitochondria [9,10]. Four out of five ETC complexes contain proteins encoded in both genomes, requiring a robust synchrony between the mitochondrial and nuclear genome to warrant optimal mitochondrial function [11].

Proteostasis in the mitochondria is ensured by an elaborate protein quality control (PQC) network, composed of two main functional groups of proteins, chaperones and proteases [12,13]. Chaperones mtHsp70, Hsp60 and Hsp10 fold and assemble proteins that are imported into the mitochondria and refold damaged mitochondrial proteins. Excess proteins that are unassisted by chaperones are digested by ATP-dependent PQC proteases, specific for each mitochondrial compartment: the ClpXP and Lon proteases in the matrix, the i-AAA (Yme1L1) and m-AAA proteases (Afg3l2 and Spg7), acting in the intermembrane space (IMS) and matrix, respectively. Upon mitochondrial proteotoxic stress, these PQC chaperones and proteases are induced as a result of a retrograde mitochondria-to-nucleus signaling termed UPR<sup>mt</sup>. Using mitochondrial chaperones and proteases as UPR<sup>mt</sup> biomarkers, this PQC pathway has now been established in worms, flies, mammalian cell cultures and mice. Various conditions have been shown to trigger the UPR<sup>mt</sup>, most of which interfere with the mitochondrial proteostasis either by disturbing the PQC system or by increasing the load of damaged, unfolded or unassembled proteins (table 1).

RNAi based downregulation of components of the mitochondrial protein handling machinery, such as the import proteins TIM-17 and TIM-23 [14,15], the inner membrane protein scaffold PHB-2 [16,17], the PQC protease SPG-7 [17,18] or the chaperone mtHsp70 [19] all induce UPRmt in *C. elegans* or in mammals. Moreover, increasing the workload of PQC machinery by overexpression of aggregation-prone proteins, such as a mutant form of ornithine transcarbamylase (OTC- and EndoG, also activates UPR<sup>mt</sup> in mammalian cells [19-21] and flies [22]. On a similar note, the treatment with the reactive oxygen species (ROS) generator paraquat, which increases the amount of damaged proteins, also induces UPRmt in *C. elegans* [17,23]. Additionally, pathogenic bacteria can induce UPRmt by production of toxins, which antagonize mitochondrial proteostasis [24,25].

Another way to induce UPR<sup>mt</sup> is by manipulating ETC assembly either by the downregulation or inhibition of single (or groups of) ETC components, which are encoded by either mtDNA or nDNA [26]. This results in a mismatch between mtDNA and nDNA encoded ETC subunits, creating orphaned unassembled subunits, which stay associated with chaperones; this phenomenon is termed mitonuclear protein imbalance [26]. Thus downregulation of ETC subunits by *cco-1* (complex IV) RNAi [18,27], in *isp-1* (complex III) or *clk-1* (ubiquinone synthesis) mutant strains [27,28], or by using pharmacological ETC inhibitors, such as antimycin [23,24] and rotenone [23], activates UPR<sup>mt</sup>. Additionally,

downregulation of mitochondrial ribosomal proteins or treatment with the bacterial (also mitochondrial) translation inhibitors doxycycline or chloramphenicol [26], as well as mtDNA depletion induced by ethidium bromide [17] result in a mitonuclear protein imbalance and consequently induce UPR<sup>mt</sup>.

Similarly, the activation of mitochondrial biogenesis by resveratrol or rapamycin [26] also reduces the levels of mitochondrially encoded ETC subunits, triggering UPRmt. Boosting  $NAD<sup>+</sup>$  levels by the NAD<sup>+</sup> precursor, nicotinamide riboside (NR), or by inhibiting NAD<sup>+</sup> consumption, as seen after treatment with PARP inhibitors [29], also enhances biogenesis, but the raise in NAD<sup>+</sup> levels specifically increases the transcription and translation of mtDNA-encoded ETC subunits [30], creating also a mitonuclear imbalance, which triggers the UPRmt. In accordance with these findings related to mitochondrial biogenesis, UPRmt can be activated in worms, only if the perturbation in mitochondrial proteostasis takes place during L3/L4 transition [31], which coincides with a major burst in mitochondrial biogenesis [32], further emphasizing its role in the induction of UPR<sup>mt</sup>. The induction of UPR<sup>mt</sup> during biogenesis is in most cases mediated by actvation of sirtuins, protein deacylases, which are major regulators of metabolism and aging [33], namely Sirt1 in mouse or sir-2.1 in worms [29,30,34,35]. In addition to Sirt1, recently, Sirt7 and its downstream target transcription factor GABPβ1 were shown to control the expression of multiple mitochondrial ribosomal proteins, responsible for mitochondrial translation [36]. Although the potential role of Sirt7 in UPRmt induction has not yet been examined, given its major impact on mitochondrial ribosomal proteins [26], Sirt7 might be pivotal for mitochondrial proteostasis, while its deficiency could induce UPR<sup>mt</sup>.

#### **UPRmt signaling**

The first trigger for UPR<sup>mt</sup> in *C. elegans* is the excess of damaged and unfolded proteins, which are digested by the CLPP-1 protease into small peptides [37], and then transported outside of the mitochondria by the transporter HAF-1 [38] (figure 1). The role of these peptides is unknown yet, but presumably they contribute to weaken mitochondrial import during stress, which on its turn is important for the nuclear translocation of the main UPR<sup>mt</sup> transcriptional regulator ATFS-1 [15]. ATFS-1 is able to shuttle between mitochondria and nucleus due to presence of a mitochondrial targeting sequence (MTS) and a nuclear localization sequence (NLS). In normal conditions, ATFS-1 is imported and degraded by the Lon protease in the mitochondria, but upon mitochondrial stress ATFS-1 translocates into the nucleus [15]. Together with other transcriptional regulators UBL-5 [39] and DVE-1 [37], which also move into the nucleus in stress conditions, ATFS-1 then induces the transcription of UPRmt targets in the worm. Of note, the Ubl5 protein levels also correlate tightly with UPRmt effector chaperones and proteases in several tissues in the BXD mouse genetic reference population (GRP) and in humans, which indicates that presumably it is also involved in the initiation of the mammalian UPR<sup>mt</sup> [18]. Interestingly, ATFS-1 does not have an unambiguous sequence homolog in mammals, making it doubtful whether an ATFS-1 counterpart and its shuttling mechanism are conserved in mammalian UPR<sup>mt</sup>. ATFS-1 induces multiple genes with a pleiotropic outcome. It activates the transcription of mitochondrial chaperones and proteases, as well as that of detoxification enzymes to neutralize the generation of ROS, and of mitochondrial transporters, which presumably

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correct the import deficit after the resolution of the perturbation [15] (figure 2). ATFS-1 also induces glycolytic genes, which indicates that there is a concomitant transient shift in cellular ATP production from mitochondrial oxidative phosphorylation to cytoplasmic glycolysis during mitochondrial stress [15]. Such a metabolic shift, while maintaining cellular energy supply, avoids overtaxation of mitochondrial energy harvesting in stress situations.

How mitochondrial stress in mammals is sensed and triggers UPRmt, and whether it involves the possible generation of peptides similarly as in *C. elegans*, is still unknown. In mammalian cells transfected with OTC-, the UPR<sup>mt</sup> transcriptional response was shown to involve JNK2 phosphorylation, which triggers c-Jun to bind and activate the CHOP and C/ EBPβ promoters [20,40] (figure 1). c-Jun was shown to be also required for UPRmt induction in flies [41] and CHOP induction has been observed upon EndoG overexpression [21] or in complex IV deficient Surf−/− mice [42]. Consequently, UPR<sup>mt</sup> target gene expression is coordinated by a dimer of the transcription factors CHOP and C/EBPβ, which binds target promoters on a specific CHOP binding site flanked by two UPRmt response elements (MUREs) [43]. MUREs have been identified in the promoters of human mitochondrial PQC chaperones and proteases (HSP60, HSP10 and mtDnaJ, ClpP, YME1L1 and PMPCB), as well as in the enzymes NDUFB2, endonuclease G and thioredoxin 2 [43]. A recent transcriptomics and proteomics analysis revealed that UPR<sup>mt</sup> effector proteins Hsp60, Hsp10, mtHsp70, ClpP, Lonp1 and Ubl5 form a tight coexpression network in mice GRPs and human populations, suggestive of their transcriptional control [18]. However, the fact that stronger correlations were observed on protein than on transcript level, indicates also importance of posttranslational mechanisms in UPRmt regulation [18].

# **Evidence for conservation of UPRmt pathway in mammals**

Although the UPR<sup>mt</sup> has been intensively investigated in yeast [16], worms [15,17,27,37-39,44], flies [22,41], and mammalian cells [17,20,26,28,29,45], it is not yet defined when and where UPR<sup>mt</sup> occurs in intact mammals.

We previously demonstrated that mitonuclear protein imbalance, as seen upon reduced expression of *Mrps* and/or inhibition of mitochondrial translation, induces a robust UPR<sup>mt</sup> in the BXD mouse strains, which translated in a significant lifespan extension [26]. As further proof of concept that similar mechanisms could activate UPRmt across species, we recently showed that subtle variations in the expression of orthologs of two prototypical UPRmt components—i.e. *cco-1*, a nuclear encoded component of ETC complex IV [27] and the protease *spg-7* [17]—whose loss-of-function trigger worm UPRmt, also induce a UPRmt signature in unchallenged mice from the BXD GRPs [18]. These robust correlations on a population levels are remarkable as they indicate that UPRmt is a physiological pathway, which is not only activated by robust genetic or pharmacological perturbations, but has a role in subtle homeostatic processes [18], that can impact on lifespan [26]. The tight correlation and regulation of the UPR<sup>mt</sup> was furthermore also conserved in several different human tissues, supporting the cross-species nature of UPR<sup>mt</sup> [18].

In addition to these data coming from holistic genetic approaches, recently also single gene perturbations in mice have been linked with UPR<sup>mt</sup>. A UPR<sup>mt</sup> signature was for instance

detected in muscles of mtDNA *Deletor* and *Sco2KO/KI* mice, models of inherited mitochondrial myopathies [34,35]. Phenotypic analysis of *Surf1−/−* mice, deficient in ETC complex IV, also revealed activation of the UPRmt markers Hsp60, ClpP, Lonp and Chop [42]. Furthermore, UPR<sup>mt</sup> can also be induced pharmacologically in mice [30]. Like in worms, treatment with PARP inhibitors triggers a robust UPR<sup>mt</sup> in mice as a consequence of a mitonuclear protein imbalance caused by the enhanced translation of the 13 mtDNA encoded ETC proteins [30]. These emerging data warrant further investigation of the eventual presence of UPR<sup>mt</sup> in other mice models and in human patient biopsies.

#### **UPRmt-induced protective responses**

Under stress, several lines of defense are activated by mitochondria. First, production and import of new mitochondrial proteins is temporarily blocked. Specific kinases, GCN-2 in the worm [44] and PKR in mammals [28], phosphorylate eIF2a, which leads to attenuation of global translation (figure 2). In *C. elegans*, reduction of mitochondrial import is important to initiate the UPR<sup>mt</sup> transcriptional response [15]. Furthermore, specific reduction in mitochondrial import occurs also in mammalian cells upon UPRmt, as the Yme1l1 protease selectively degrades the translocation pore component Tim17A [14]. The reduction of mitochondrial proteins and function during stress is consistent with the reallocation of ATP production to glycolysis in the cytoplasm [15].

In addition, several parallel protective responses are activated upon UPR<sup>mt</sup>. SIR-2.1 in worms and mammalian Sirt3 were shown to regulate UPR<sup>mt</sup> in part by deacetylating DAF-16 or its mammalian homolog Foxo3a, respectively, which then activates an antioxidant response [21,29] (figure 2). Another major oxidative stress response pathway, coordinated by Nrf2 (NFE2L2), was activated in complex IV deficient *Surf1−/−* mice [42]. Interestingly, the Nrf2 pathway is coordinated by c-Jun [46], which also regulates CHOP and C/EBPβ in the context of mammalian UPRmt, as discussed above. On a similar note, in *C. elegans* treated with antimycin or *spg-7* RNAi to induce UPRmt, pathogen defense and drug detoxification are enhanced [24,25]. The activation of these protective pathways allows the worm to recognize and avoid pathogens, which target mitochondria, and can increase its resistance to a wider network of stressors. For instance, worms and mammalian cells with an active UPRmt are more resistant to ROS generator paraquat [14,29]. Additionally, worm gain-of-function mutants of ATFS-1 with constitutively activated UPR $^{mt}$ , are resistant to statin (inhibitors of HMG-CoA reductase) toxicity [47].

Recent findings suggest that mitochondrial remodeling, namely fission and fusion, as well selective removal of terminally defective mitochondria by mitophagy, take place under stress conditions. Both increased fusion [29] and fission [19,22,26] have been detected under UPRmt, which presumably depends on the type and strength of UPRmt inducer and requires further studies. Increased mitophagy has been observed in mammalian cells and flies overexpressing mutant forms of EndoG [21] or OTC- [19,22,48], as well as upon RNAi inactivation of the ETC component ND75 [41]. In these systems mitophagy is potentially regulated by Foxo3a [21], AMPK [22] and secreted Insulin antagonizing peptide ImpL2, which non-autonomously repressed insulin signaling in distant tissues [41] (figure 2). Whether mitophagy is upregulated in UPR<sup>mt</sup> inducing conditions in worms, has not been

directly investigated, but seems also likely, as autophagy genes are among the ATFS-1 targets [49]. Interestingly, mitophagy and UPR<sup>mt</sup> might share the same initial mitochondrial damage detection steps, as in worms, synthesis of ceramide, a sphingolipid which marks domains of mitochondrial dysfunction and induces mitophagy by anchoring autophagolysosomes to these domains [50], was required for UPRmt activation [24]. Mitophagy is induced by PINK1, that accumulates on the depolarized outer mitochondrial membrane, and then recruits the E3 ubiquitin ligase Parkin, targeting mitochondria to autophagosomes [51]. Mitophagy induction might be altered in UPR<sup>mt</sup> conditions, as upon OTC- expression in cells, PINK1 and Parkin accumulate on stressed, but not depolarized mitochondria [48]. This might be regulated at the level of PINK1 degradation in basal conditions, in which mitochondrial PQC proteases, namely Lonp1, seem to be also involved [52].

Both mitochondrial dynamics and mitophagy pathways contribute to reconstitution of cellular homeostasis in stress conditions, by redistribution and removal of the irreversibly damaged elements of mitochondrial network. Inability to induce sufficient levels of mitophagy, under strong mitochondrial stress and activation of UPRmt, induces apoptosis and has negative systemic effects on whole organism physiology [21,22].

# **UPRmt systemic effects on aging**

Disruption of almost any subunit of the ETC paradoxically extends lifespan in yeast, worms, flies and mice [53-55]. The lifespan extension is associated with typical phenotypes, such as delayed development, small size and reduced fertility. Interference with ETC has hormetic effects on longevity, demonstrated by RNAi dilution experiments: moderate knockdown extends lifespan, while too low and too strong knockdowns either do not have an effect or reduce lifespan, respectively [56]. Moreover, there are specific spatio-temporal restrictions, as selective interference with ETC only in neurons and intestine during larval stages increases worm longevity  $[27,31]$ . UPR<sup>mt</sup> is almost invariably present  $[57]$ , follows the same spatio-temporal specifications [27], and is required for lifespan extension in worms with ETC problems [26,27,44,58]. In flies, disruption of the complex I component ND75 in the muscle by low-levels of RNAi, for a defined time period in the adult stage, activated  $UPR<sup>mt</sup>$  and increased lifespan [41]. In line with this, the reduced expression of Mrps5, a mitochondrial ribosomal protein, which regulates the translation of mtDNA encoded ETC genes, induces a mitonuclear imbalance resulting in UPRmt, which correlates with increased lifespan in the BXD mouse GRP [26]. This effect on lifespan in the BXD strains was all the more striking as it was not linked to loss of gene function, but just due to a subtle variation in Mrps5 expression levels. The positive effects of UPRmt on lifespan are also exemplified in worms [59] and flies [41] with forced overexpression of UPRmt effector chaperones.

Despite this rather convincing evidence linking UPR<sup>mt</sup> activation and longevity obtained in several independent laboratories and across multiple species (worm, fly, mice), not all UPR<sup>mt</sup> inductions may be beneficial  $[22,60]$ . This is not too surprising given the hormetic nature of UPRmt, with a clear dose effect relationship and with well-defined spatio-temporal frames. If the level of mitochondrial stress is too high, the protective effects of UPRmt may

hence be insufficient to counteract the damage, making a beneficial adaptive response become maladaptive.

#### **Conclusions and perspectives**

First described  $\sim$ 20 years ago, the UPR<sup>mt</sup> is now emerging as an important regulator of mitochondrial health, interacting with other mitochondrial quality control systems, such as the oxidative stress response, mitochondrial biogenesis and mitophagy. Although some specific UPR<sup>mt</sup> regulators and pathways have been described in invertebrates, our knowledge of the exact molecular machinery of the UPR<sup>mt</sup> is still evolving and incomplete. Further studies defining the UPR<sup>mt</sup> sensors, signal transduction pathways and effectors, particularly in mammals are hence required. Also how the UPR<sup>mt</sup> intersects with other cellular signaling pathways, such as those controlled by sirtuins, AMPK or insulin, requires further investigation. The fact that a UPR<sup>mt</sup> signal is present in unchallenged mouse and human populations across multiple tissues [18] is an important step towards ascertaining its importance in mammals. It furthermore suggests that this pathway not only has a role in stress defense but also in homeostasis, where UPR<sup>mt</sup> could synchronize mitochondrial and nuclear genomes at the proteome level. We hope that better understanding of UPR<sup>mt</sup> may one day help translate the benefits of the UPR<sup>mt</sup> into therapies for rare inherited and common age-related related diseases with mitochondrial dysfunction.

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# **Figure 1. Scheme depicting the transcriptional regulation of the UPRmt**

Accumulating unfolded proteins, unassisted by chaperone Hsp60 in stressed mitochondria, are digested by the protease Clpp. The resulting peptides are transported through the double mitochondrial membrane into the cytosol. These peptides presumably stop mitochondrial import, which is also negatively affected by specific degradation of Tim17 component of the translocation pore by protease Yme1l1. As a result, *C. elegans* transcription factor ATFS-1, which in normal conditions is translocated to mitochondria and degraded by protease LonP, moves into the nucleus together with UBL-5 and DVE-1 to activate a reparative transcriptional program. In mammals, Jnk2 triggers c-Jun binding to AP1 sites, leading to the activation of Chop and Cebpβ transcription. Subsequently, Chop and Cebpβ dimers bind to CHOP sites flanked by MUREs and induce UPR<sup>mt</sup> target gene transcription. Proteins characterized in *C. elegans* are marked in green, fly and mammalian system proteins in red and proteins conserved in all the systems are noted in blue (mouse nomenclature is used).

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# **Figure 2. The pleiotropic effects of UPRmt**

A scheme summarizing the principle UPR<sup>mt</sup> sensor/activator signals and the downstream interacting pathways, with their respective cellular effects. Proteins characterized in the fly and/or mammalian systems are marked in red and those studied in *C. elegans* in green.

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#### **Table 1**

# UPRmt inducing manipulations

