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## Automated radiochemical synthesis and biodistribution of [11C]/a-acetylmethadol ([<sup>11</sup>C]LAAM)

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## Abstract

Long-acting opioid agonists methadone and l- $\alpha$ -acetylmethadol (LAAM) prevent withdrawal in opioid-dependent persons. Attempts to synthesize  $[^{11}C]$ -methadone for PET evaluation of brain disposition were unsuccessful. Owing, however, to structural and pharmacologic similarities, we aimed to develop  $[{}^{11}C]LAAM$  as a PET ligand to probe the brain exposure of long-lasting opioids in humans. This manuscript describes [<sup>11</sup>C]LAAM synthesis and its biodistribution in mice. The radiochemical synthetic strategy afforded high radiochemical yield, purity and specific activity, thereby making the synthesis adaptable to automated modules.

## **Keywords**

PET; *l*- $\alpha$ -acetylmethadol; LAAM; methadone; biodistribution; positron emission tomography

## Introduction

Long-acting opioids are a mainstay in the treatment of pain and opioid addiction. Methadone (Figure 1), a long-duration mu opioid receptor agonist is used to treat acute, chronic, and cancer pain and has been in clinical use for decades. (Chou et al., 2009; Kharasch, 2011; Nicholson, 2007) Methadone is also used in maintenance therapy to treat opiate addiction and prevent opiate withdrawal.(Lobmaier et al., 2010) levo-a-acetylmethadol (LAAM,

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levomethadyl acetate, (Figure 1) is another long-duration mu opioid receptor agonist, a structural analogue of methadone approved by the FDA in 1993 as an alternative to methadone for the prevention of opioid withdrawal and treatment of opiate addiction.(Kreek and Vocci, 2002; Tetrault and Fiellin, 2012) Clinical use of LAAM was low, for a variety of reasons, and the drug was withdrawn from clinical use in 2003.

Methadone disposition and clinical effects are susceptible to drug-drug interactions. For example antiretroviral drugs altered methadone plasma concentration-effect relationships (pharmacodynamics), suggesting altered methadone brain access, a potential role for drug transporters in human brain methadone disposition, and blood-brain barrier-mediated methadone-drug interactions.(Kharasch et al., 2008; Kharasch et al., 2009; Kharasch et al., 2012) Although these increased clinical effects suggested greater methadone brain concentrations, more direct evidence for increased brain concentrations was absent.

Positron emission tomography (PET) has emerged as a valuable approach for characterizing the brain pharmacokinetics of drugs in humans.(Matthews et al., 2012; Varnäs et al., 2013) More specifically, PET has been used extensively to understand the biology of opioid receptors and the pharmacology of opioids in humans.(Hammers and Lingford-Hughes, 2007; Henriksen and Willoch, 2008; Lever, 2007) Numerous radiolabelled opioids have been developed for PET imaging.(Dannals, 2013) Our initial objective was to develop a method for the synthesis of [<sup>11</sup>C]methadone, to be used in human PET studies of methadone brain exposure. The synthesis and application to PET studies of [<sup>11</sup>C]methadone had been described previously in abstract form. Ultimately, despite various synthetic approaches this proved unsuccessful. (YS Ding, 1996) Owing to the structural and pharmacologic similarity of methadone and LAAM, we therefore aimed to develop [<sup>11</sup>C]LAAM as a PET ligand to probe the brain exposure of long-lasting opioids in humans. This manuscript describes the development and validation of [<sup>11</sup>C]LAAM chemical synthesis, and [<sup>11</sup>C]LAAM biodistribution studies in mice, using micro-PET.

#### Materials and Methods

All reagents and solvents were purchased from Sigma-Aldrich Chemical Co. (St. Louis, MO) except where noted. *l-a*-acetyl-*N*-normethadol HCl (norLAAM, the precursor used for C-11 labeling) and LAAM were provided by the National Institute of Drug Abuse (Rockville, MD) and supplied by Research Triangle Institute, NC. Radioactivity measurements were made in a Capintec CRC-712MV radioisotope dose calibrator (Capintec Inc., Ramsey, NJ). Water was purified by a Milli-Q integral water purification system (Millipore, Billerica, MA). Radiochemical yields (RCY) were calculated after the HPLC purification based on the total radioactivity trapped in the reaction vessel at the start of the reaction. Specific activities, decay corrected to end of synthesis (EOS) and recorded in mCi/µmol, were determined from the carbon-11 activity in the product peak from the HPLC and the mass of compound (determined by the UV absorbance of the radioligand and the use of calibration curves of unlabeled reference compounds). Total synthesis times were calculated from end of bombardment (EOB) to end of radiotracer formulation.

## Radiochemical synthesis of [<sup>11</sup>C]LAAM

**Production of [<sup>11</sup>C]Methyliodide (MeI)**—[<sup>11</sup>C]MeI was produced in the Washington University School of Medicine Cyclotron Facility with a Japan Steel Works BC-16/8 Cyclotron. A nitrogen target containing 0.2% oxygen was irradiated for 15–30 min with 40µA beam of 16 MeV protons, to produce up to 1.4 Ci of [<sup>11</sup>C]CO<sub>2</sub>. The automated module, GE PET-trace FXM converts [<sup>11</sup>C]CO<sub>2</sub> to [<sup>11</sup>C]methane using a nickel catalyst [(Shimalite-Ni (reduced), Shimadzu, Japan P.N 221-27719)] at 360°C. [<sup>11</sup>C]Methane was reacted with gaseous iodine at 720°C to form [<sup>11</sup>C]MeI.(Larsen et al., 1997) The resultant [<sup>11</sup>C]MeI gas was shunted through a NaOH column, to scavenge free iodide or HI (hydrogen iodide) and then passed through a PEEK column packed with silvertriflate and heated to 200°C where it was converted to [<sup>11</sup>C]methyltriflate ([<sup>11</sup>C]MeOTf).(Tu et al., 2005) Approximately 12 minutes following the end-of-bombardment (EOB), several hundred millicuries of [<sup>11</sup>C]MeOTf is delivered in the gas phase to the hot cell designated for the synthesis.

[<sup>11</sup>C]LAAM synthetic procedure—A hot cell equipped with air-activated valves for remote manipulation for delivery and transfer of chemical solutions was used to carry out the radiosynthesis of [<sup>11</sup>C]LAAM. The following accessories were used with the HPLC system in the hot cell: rheodyne injector valve with sample loop (2.0 mL), Thermo Separations HPLC binary pump (P200), Spectra-Physics UV variable wavelength detector, Bioscan flow counter radioactivity detector (NaI crystal), dual-pen chart recorder, and a three-way collection valve.

The radiosynthesis of  $[^{11}C]$ LAAM is represented in scheme 1. In a cone-shaped reaction vial, 0.6–0.7 mg of norLAAM is dissolved in 250 µL anhydrous methylethylketone (MEK) or 2-butanone, 4.0 µL of 30% potassium hydroxide (KOH) solution is added to this solution 4 minutes ahead of inlet of  $[^{11}C]$ MeOTf, which is then introduced to the reaction mixture by delivery with nitrogen carrying gas with a needle under the solution surface. The sealed reaction vial was heated at 60°C for 5 min. The reaction mixture was then quenched with 1.0 mL of HPLC mobile phase (48% acetonitrile: 52% 0.1 M ammonium formate pH 4.0-5.0 buffer) via the addition loop. The radioactive reaction mixture was then injected onto a reverse-phase Agilent Zorbax C18 semi-preparative HPLC column ( $250 \times 9.6$  mm, 5  $\mu$ ) for purification. The HPLC mobile phase solution was 48% acetonitrile, 52% 0.1 M aqueous ammonium formate buffer (pH 4.5), with UV wavelength at 225 nm, at a flow rate of 3.5 mL/min. Under these conditions, [<sup>11</sup>C]LAAM was collected between 14.0–16.5 min in a vial of sterile water (50 mL). A typical HPLC trace is represented in Figure 2. The radioactive solution was then passed through a C18 SepPak cartridge (WAT020515, Waters Corp, Milford, MA), where the  $[^{11}C]$ LAAM was trapped. The radioactive product was eluted with absolute ethanol (1.0 mL) and concentrated under reduced pressure then formulated with 10% absolute ethanol in saline. The final dose was filtered using a sterile 0.22 µm pyrogen-free Millipore filter (Millipore Corp., Billerica, MA) into the dose vial for animal studies and quality control analysis.

**Quality control analysis of [<sup>11</sup>C]LAAM**—Quality control testing of [<sup>11</sup>C]**LAAM** was conducted using guidelines in the US pharmacopeia by standard tests as described earlier (Fan et al., 2011) and the specific release criteria are reported in Table 1.

The chemical and radiochemical purity of the collected radioactive aliquot was checked by performing a HPLC injection on an Agilent C18 analytical column ( $250 \times 4.6$  mm, 5 µm). The mobile phase was 45% acetonitrile and 55% 50 mM aqueous ammonium phosphate buffer (pH 2.7); the UV detection was set at 225 nm with a flow rate of 1.5 mL/min. Under these QC HPLC conditions, the single injection of [ $^{11}$ C]LAAM had a retention time of 5.28 min as represented in Figure 3. The radioactive peak was further authenticated by performing a co-injection with nonradioactive standard LAAM, which displayed a similar retention time.

#### **Biodistribution studies**

All animal experiments were conducted in compliance with the Guidelines for the Care and Use of Research Animals established by Washington University's Animal Studies Committee. For the biodistribution studies, 100–130  $\mu$ Ci of [<sup>11</sup>C]**LAAM** in 100–120  $\mu$ L of saline containing 10% ethanol was injected via the tail vein into normal Swiss-Webster male mice (25–50 g) under 2–3% isoflurane/oxygen anesthesia. Group of mice (n = 4) were used for each time point. At 5, 15, 30, 60 and 90 min post i.v. injection, the mice were anesthetized and euthanized. At these time points, samples of blood, lungs, liver, spleen, kidneys, bladder, muscle, fat, heart, brain, bone, marrow, testes, prostate, adrenals, thyroid, pancreas, stomach, small intestines, upper and lower large intestines. The 90 min group of animals was maintained in metabolic cages where urine and feces excretion were collected, weighted and counted for radioactivity in a Beckman Gamma 8000 well counter with a standard dilution of the injectate. Tissues were weighed, and the %I.D./g for each tissue was calculated.

## **Results and Discussion**

## [<sup>11</sup>C]LAAM Radiochemistry

The C-11 alkylation of nor-LAAM was investigated using different reaction conditions (Table 2). Alkylation was initially carried out with [<sup>11</sup>C]MeI and then later shifted to stronger [<sup>11</sup>C]MeOTf to facilitate alkylation towards *N*-methylation. For optimal radiochemical yields the reaction was heated to 60°C, even though usage of stronger methylating agent like MeOTf often does not require temperatures higher than 20–25°C. One explanation could be the sterically hindered structure of the nor-LAAM precursor; however, the exact cause is not evident. Several bases including 5N sodium hydroxide (NaOH) aqueous solution, 1M cesium carbonate (Cs<sub>2</sub>CO<sub>3</sub>) aqueous solution, and 30% KOH aqueous solution yielded [<sup>11</sup>C]**LAAM** in higher radiochemical yields (RCY) and purity. Among MEK and dimethylsulfoxide (DMSO), MEK was chosen as the suitable reaction solvent due to its aprotic behavior and high radioactivity trapping nature, especially with [<sup>11</sup>C]MeOTf.(Iwata et al., 2001; Nagren et al., 1995) The reaction temperatures tend to

form some undesirable radioactive side products, lowering RCY. [<sup>11</sup>C]MeOTf, MEK, 30% KOH and 60°C were found to be the ideal methylating agent, solvent, base and temperature respectively for the synthesis of [<sup>11</sup>C]**LAAM**.

The total time required for the synthesis of [<sup>11</sup>C]**LAAM**, including [<sup>11</sup>C]MeOTf production, purification and formulation was approximately 50 min. The radiochemical purity of [<sup>11</sup>C]**LAAM** was >99% and was confirmed by co-elution with non-radioactive **LAAM**. The chemical purity of [<sup>11</sup>C]**LAAM** determined by the HPLC UV mass was >99%. The calculated radiochemical yield was ~55–63% (n=12) after the HPLC purification and the final product had a specific activity of 3,000–5,200 mCi/µmol (n=12), decay-corrected to end of synthesis. The final [<sup>11</sup>C]**LAAM** dose met all the established release criteria as summarized in Table 1, thus confirming its clinical suitability in PET imaging studies.

#### **Biodistribution studies**

The radioactivity distribution of [<sup>11</sup>C]**LAAM** in normal Swiss-Webster male mice organs is summarized in Table 3. For [<sup>11</sup>C]**LAAM** biodistribution, lung had the highest amount of radioactive uptake among the tissues that were analyzed. Uptake (%I.D./g) in lung reached  $67.8 \pm 7.3$  at 5 min,  $30.1 \pm 2.8$  at 30 min and  $12.9 \pm 2.6$  at 90 min, and a 5-fold decrease in radioactivity was observed from 5 min to 90 min. The uptake in blood was low;  $1.11 \pm 0.16$ (%I.D./g) in 5 min and it remained uniform even after 90 min. Brain uptake was  $1.91\pm 0.32$ and  $1.52 \pm 0.13$  at 15 and 30 min. This was slightly less than or comparable to brain uptake of the structurally unrelated anilidopiperidine opioid [<sup>11</sup>C]carfentanil. (Jewett and Kilbourn, 2004)

## Comparative synthesis of [<sup>11</sup>C] long-acting opioids

Methadone is the primary long-acting opioid of clinical and research interest, and initial efforts were directed at the synthesis of [<sup>11</sup>C]methadone. Several efforts were made to synthesize [<sup>11</sup>C]methadone; including [<sup>11</sup>C]methylation after *N*-demethylation of methadone, and *de novo* synthesis and remethylation, however, none were successful. Direct methylation of *N*-desmethylmethadone failed under several reaction conditions, including varying reaction temperature, time, solvent and base due to the chemically unstable nature of *N*-desmethylmethadone, which is well known to rearrange and cyclize spontaneously to 2-ethylene-1,5-dimethyl-3,3-diphenylpyrrolidine. (YS Ding, 1996) Attempts to initial *N*-demethylation of the methadone followed by C11 remethylation via [<sup>11</sup>C]MeI or [<sup>11</sup>C]MeOTf yielded very less or no desired radiotracer.

In contrast to the synthesis of  $[^{11}C]$  methadone, the synthesis of  $[^{11}C]$ LAAM was easily attained and optimized for PET studies. The fundamental difference between the synthesis of the two  $[^{11}C]$ -methylated compounds was the stability of *l*-*a*-acetyl-*N*-normethadol. HCl (i.e., norLAAM, and its availability as a starting compound) compared with the instability of *N*-desmethylmethadone.

#### Conclusion

An automated chemical synthesis of [<sup>11</sup>C]**LAAM** was successfully developed and performed on a GE-FXM module and the method was validated and approved for routine

clinical production for investigational studies. The radiochemical synthetic strategy afforded high radiochemical yield, purity and specific activity which would make the synthesis easy to perform and more adaptable to any other automated modules. Initial biodistribution studies in normal Swiss-Webster mice demonstrate high radioactive uptake in target organs and optimal clearance from kidney, pancreas and liver.

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## Highlights

- Radiochemical synthesis of opioid [<sup>11</sup>C]*l*-α-acetylmethadol (LAAM) described for the first time
- High radiochemical yield, purity and specific activity
- Easily reproducible and adaptable synthesis to any C-11 automated modules
- [<sup>11</sup>C]LAAM utility as a PET radiopharmaceutical for assessing brain penetration



Figure 1.

Structures of methadone and *l-a*-acetylmethadol (LAAM).



## Figure 2.

Typical semipreparative HPLC of  $[^{11}C]$ LAAM: top window radioactivity in counts per second (CPS) and lower window UV in absorbance units (AU)



## Figure 3.

Typical analytical HPLC of [<sup>11</sup>C]**LAAM**; top window UV in milli Absorbance Units (mAU) and bottom window radioactivity in milli volts (mV)



## Scheme 1.

Reagents and conditions: (a) [<sup>11</sup>C]MeOTf, 30% KOH, MEK, 60°C, 5 min.

## Table 1

## Quality control release criteria for $[^{11}C]LAAM$

TEST	RELEASE CRITERIA
filter membrane integrity test	Should not rupture until 45 psi
visual appearance	Clear and particle-free; colorless
pН	4.5 - 8.0
strength	5.4–6.5Ci/mL
radionuclidic identity	19.37 to 21.40 minutes
radiochemical purity	90%
radiochemical identity	Radioactive peak and standard (or co-injection) mass peak retention times must agree by $\pm10\%$
chemical purity; LAAM mass	10 µg
specific activity @ EOS	2000 mCi/µmol
bacterial endotoxin	175 EU/V (where V is the maximum dose administered)
residual solvent: acetonitrile	0.41 mg/mL (4.1 mg/day max)
residual solvent: MEK	5.0 mg/mL (50 mg/day max)
ethanol	30-100 mg/mL
sterility	No visible growth
radionuclidic purity	99.5%

## Table 2

Reaction conditions and radiochemical yields for  $[^{11}C]LAAM$ 

Solvent	Methylation source / base / reaction temperature	Radiochemical yield
DMSO	[ <sup>11</sup> C]MeI / 5N NaOH/ 85°C	41%
DMSO	[ <sup>11</sup> C]MeI / 1M Cs <sub>2</sub> CO <sub>3</sub> / 85°C	25%
DMSO	[ <sup>11</sup> C]MeOTf / 5N NaOH/ 60°C	52%
MEK	[ <sup>11</sup> C]MeOTf / 5N NaOH/ 60°C	58%
MEK	[ <sup>11</sup> C]MeOTf / 30% KOH/ 60°C	63%

Table 3

Biodistribution of [<sup>11</sup>C]LAAM in male Swiss-Webster mice\*.

Organ	5 min	15 min	30 min	60 min	90 min
blood	$1.11 \pm 0.16$	$1.05\pm0.09$	$0.93\pm0.10$	$1.10\pm0.10$	$1.19\pm0.11$
lung	67.75 ± 7.28	$53.16 \pm 10.42$	$30.07\pm2.77$	$19.12 \pm 1.84$	$12.94 \pm 2.61$
liver	$8.43\pm0.96$	$8.92 \pm 1.29$	$9.73\pm1.76$	$8.55\pm1.31$	$7.38\pm1.07$
spleen	$6.43 \pm 1.06$	$9.72 \pm 2.08$	$8.88\pm0.57$	$5.75 \pm 0.69$	$4.49\pm0.69$
kidney	$21.30\pm1.26$	$16.58\pm2.82$	$12.41 \pm 1.69$	$6.78\pm0.52$	$4.59\pm0.60$
bladder	$1.92\pm0.90$	$3.23\pm0.72$	$6.38\pm3.84$	$3.20\pm1.32$	$3.57\pm1.35$
gall bladder	$2.68\pm0.47$	$3.62 \pm 1.13$	$7.28\pm3.03$	$13.16\pm6.77$	$22.18\pm5.72$
muscle	$4.22\pm0.37$	$3.07 \pm 0.65$	$1.96\pm0.24$	$1.41\pm0.12$	$1.01\pm0.21$
fat	$2.32 \pm 1.35$	$2.33\pm0.58$	$3.72\pm0.52$	$3.62 \pm 0.74$	$4.79 \pm 1.64$
Heart	$7.56 \pm 1.14$	$4.56\pm0.93$	$3.11\pm0.75$	$1.85\pm0.40$	$1.58\pm0.60$
brain	$1.81\pm0.14$	$1.91\pm0.32$	$1.52\pm0.13$	$1.07 \pm 0.09$	$0.94\pm0.15$
bone	$2.76\pm0.43$	$3.51\pm0.65$	$3.18\pm0.42$	$2.01\pm0.38$	$2.43 \pm 1.05$
marrow	$2.91 \pm 1.33$	$1.93 \pm 1.19$	$2.07\pm1.50$	$3.79 \pm 3.17$	$3.26\pm7.09$
testes	$1.32\pm0.08$	$1.80\pm0.35$	$2.06\pm0.14$	$2.60\pm0.43$	$2.42\pm0.66$
prostate	$2.12\pm0.77$	$2.82\pm0.48$	$3.27 \pm 1.65$	$2.17\pm1.17$	$2.63\pm0.97$
adrenals	$14.35\pm0.59$	$8.68\pm3.54$	$8.80\pm1.82$	$4.78\pm0.94$	$4.01\pm3.66$
thyroid	$4.90 \pm 0.31$	$3.97\pm0.33$	$3.46\pm0.58$	$2.26\pm0.40$	$3.01\pm1.82$
pancreas	$9.84\pm1.69$	$8.13\pm2.14$	$7.35\pm1.03$	$5.44\pm0.55$	$4.94\pm0.69$
thymus	$4.93\pm0.97$	$5.15\pm1.33$	$4.88\pm0.68$	$3.65\pm0.65$	$2.16\pm0.94$
stomach	$3.21\pm0.68$	$3.68\pm1.06$	$4.58\pm0.38$	$3.36\pm0.94$	$3.29\pm0.74$
small intestine	$5.74\pm0.41$	$6.76\pm0.72$	$7.97\pm0.85$	$7.05\pm1.25$	$5.89 \pm 0.89$
upper large intestine	$3.61\pm0.17$	$4.53\pm0.62$	$4.49\pm0.37$	$6.13\pm0.95$	$8.26\pm1.66$
lower large intestine	$2.19\pm0.14$	$2.30\pm0.56$	$2.56\pm0.08$	$2.22\pm0.18$	$2.16\pm0.35$
skin	$1.50\pm0.10$	$2.02\pm0.37$	$2.26\pm0.21$	$2.35\pm0.39$	$2.00\pm0.49$
* results are expressed a:	s percent injected	l dose per gram o	f tissue (%ID/g)	and are the mean	ı ± standard devi