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Urinary Organic Acids Quantitated in a Healthy North Indian Pediatric Population

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Abstract Human urine gives evidence of the metabolism in the body and contains numerous organic acids and other compounds at a variety of concentration. The concentration of organic acids in urine varies from population to population due to genotype, food habits and other epigenetic and environmental influences. Knowledge of the reference values for urinary organic acids in a healthy pediatric population is very important for critical evaluation. This study was designed to quantify 16 organic acids in a healthy north Indian pediatric population. Early morning urine samples from healthy pediatric subjects of age 1 day to 16 years who did not have symptoms of any disease were analyzed for organic acid content. The children were not on any supplemental vitamins or drugs and were on a free and unrestricted diet. The creatinine concentration of each sample was determined before organic acid analysis. Organic acids were extracted from urine with ethyl acetate, extracted residue was air dried, converted into

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trimethylsilyl derivatives and analysed by gas chromatography mass spectrometry. Here we reported the age wise mean values and standard deviations for each compound, adjusted for creatinine content (mmol/mol of creatinine). We found the concentration of most of the metabolites are higher in our population in comparison to other populations. Such data may help to provide a basis for diagnosing metabolic abnormalities in patients in a specific ethnicity.

Keywords Urinary organic acids · Gas chromatography mass spectroscopy - Healthy pediatric population

Introduction

Genetic disorders are the major cause of newborn deaths. Inborn errors of metabolism (IEM) are a group of genetic diseases in which the body is unable to metabolize proteins, fats or carbohydrates and as a result organic compounds are accumulated in the body fluids such as urine, blood and CSF. IEM are caused primarily by mutation of a single gene which results in deficiency of a specific enzyme activity that leads to disturbance of biochemical reactions. If these diseases are not diagnosed and treated prior to onset or soon after onset, these patients may die in the newborn period or may be left with neurological deficits like mental-motor retardation. It is therefore essential to detect the affected children rapidly in order to institute the treatments that are available for some of these disorders. Also detection of these disorders can facilitate prenatal diagnosis in subsequent pregnancies as most of them are inherited in an autosomal recessive manner with an incidence of \leq 1 in 1,000 [\[1](#page-7-0)]. However the actual rate may be higher, because a newborn may die before the condition is ever diagnosed.

Human urine gives evidence of the metabolism in the body and contains numerous organic acids and other chemical compounds at a variety of concentrations. Gas chromatography mass spectrometry (GC–MS) was one of the latest modern biochemical techniques for analysis of IEM. This method was first applied to diagnose IEM in 1966 by Tanaka et al. [[2\]](#page-7-0). Many IEM in which organic acids accumulate in urine, have been discovered using GC– MS. GC–MS is indispensable for both qualitative and quantitative analysis of urinary metabolites.

For making a diagnosis and interpreting test results, reference ranges for urinary organics in a healthy pediatric population are required. For diagnosing IEM it is very important to determine the normal concentration of organic acids in the urine of healthy pediatric populations. The concentration of organic acids in urine varies from population to population due to genetic factors, food habits and other influences. There are very few reports in the literature concerning reference ranges in healthy newborns [\[3–5](#page-7-0)], children [\[5–8](#page-7-0)] and adults [[9,](#page-7-0) [10](#page-7-0)] and none exist for Indian newborns and children. In the Indian context no reference range has been established for urinary organic acids. We in our lab have established and now report the means and standard deviations of 16 organic acids that are present in the urine of a healthy pediatric population.

Materials and Methods

This study was carried out at Maulana Azad Medical College and associated Lok Nayak Hospital, New Delhi, India. The study subjects were drawn from a healthy pediatric population of age 1 day to 16 years who did not have any symptoms of disease, were not on any supplemental vitamins or drugs and on a free and unrestricted diet. The children were clinically in good health. The ethical clearance certificate for the study was obtained from the Institutional ethical committee. The study participants completed questionnaires on their general background like medical and family histories during their baseline visit. These participants were also evaluated for the presence of various risk factors like behavioral problems using a standard questionnaire. The questionnaire consisted of socio-demographic factors such as name, gender and address, contact number, antenatal history, prenatal history, history of metabolic disorders, family history, socioeconomic history and questions concerning urinary symptoms.

10 ml morning urine was collected into urine culture bottles or into clean glass containers for urinary profiling. These specimens were stored frozen at -20 °C until use. The creatinine concentration of each sample was determined before organic acid analysis. The creatinine was determined by Jaffe's method.

The organic acids were quantitated as earlier described $[11]$ $[11]$ with slight modifications: In a glass tube, urine equivalent to 0.25 mg of creatinine, $40 \mu l$ of internal standard (100 μ mol/l of tropic acid in methanol) was taken and the pH was adjusted to 14 with 7.5 mol/l NaOH. After that 500 µl of 50 g/l aqueous hydroxylamine hydrochloride solution was mixed for the oximation of keto groups. The solution was incubated at 60 \degree C for 30 min in an oven. The cooled solution was adjusted to pH 1 with 6 mol/l HCl, saturated with 1 g of NaCl, vortex mixed for 2 min and extracted with 6 ml of ethyl acetate. The organic phase was transferred into a second glass tube containing sodium sulphate and further transferred into a PFTA glass vail and evaporated to dryness at 60 C. Derivatization of the organic acids was accomplished by 100 μ l of BSTFA + TMCS: pyridine (1:1 by vol.) solution. The reaction mixture was kept at 80 \degree C for 10 min. One micro liter of the derivatized organic acid extract was injected into the GC–MS manually.

GC–MS

The analyses were performed on a gas chromatograph (Agilent Technologies, 7890 GC system) coupled to a mass selective detector (Agilent Technologies, 5975C inert XL EI/CI MSD with Triple-Axis Detector) and ChemStation software (E.02.00.493, Agilent Technologies). A HP-5MS 5 % phenyl methyl silox (30 m \times 250 μ M \times 0.25 μ M) column was used as stationary phase. Helium was used as carrier gas at a linear velocity of 36.445 cm/s and the

Table 1 Organic acids with their respective retention time and specific ion masses used for their identification and quantification by GC–MS

Organic acid	Precursor ion	Product ion	Retention time (in min)		
Lactic acid	219	191	9.128		
Oxalic acid	219	190	10.295		
Pyruvic acid	247	232	10.592		
Methylmalonic acid	247	218	11.554		
Ethylmalonic acid	261	217	12.531		
2-Ketocaproic acid	274	247	13.362		
Fumaric acid	245	217	13.558		
Lactic acid dimer	291	262	14.211		
Glutaric acid	276	261	14.325		
3-Methylglutaric acid	275	247	14.573		
Succinylacetone	212	182	14.880		
Adipic acid	275	217	15.405		
Suberic acid	303	217	16.981		
Azelaic acid	317	217	17.544		
Sebacic acid	331	215	18.095		
Orotic acid	326	311	17.28		

injector split ratio was set to 1:10. The scan range was m/z 30–500, which allowed 3.09 scans/s in TIC mode. The oven program was started at 50 \degree C with initial holding for 3 min and was increased at the rate of 10 $\mathrm{C/min}$ to 140 C with a hold for 1 min, and then it was increased at the rate of 20 °C/min to 280 °C, with a final hold for 3 min. The total run time was 23 min. The temperatures of the injector port and transfer line were both 250 °C.

Standard Curve for Method Comparison

For quantitation we prepared a standard curve for 14 organic acids normally present in urine, for this we prepared stock solutions of 20 mM concentrations of each compound. The calibrators were purchased from Sigma Aldrich. Then a master mix of all 14 compounds at a final

simultaneously [\[12](#page-7-0)]. The identities of the peaks with reference spectra were confirmed by computerized comparison of the mass spectra underlying the peaks with the reference spectra of the NIST mass spectra library. The correct retention time and, for data analysis, one product ion mass were determined for each of the marker compounds and the presence of a peak

spectra in the mass range 30–500 amu were recorded

Table 2 Mean and 2SD values obtained for 16 organic acids quantitated by GC–MS in four age groups of healthy north Indian pediatric population, concentration of organic acids is given in mmol/mol of creatinine

Analyte	$1-45$ days	45 days to 1 year	$1-3$ years	$3-6$ years	$6-12$ years	$12-16$ years
	$n=10$	$n = 6$	$n = 9$	$n = 15$	$n = 48$	$n=12$
	Mean \pm 2SD	Mean \pm 2SD	Mean \pm 2SD	Mean \pm 2SD	Mean \pm 2SD	Mean \pm 2SD
	(range)	(range)	(range)	(range)	(range)	(range)
Lactate	34.9 ± 22.8	21.8 ± 13.4	22.5 ± 18	9.8 ± 3.2	14.8 ± 19.4	6.9 ± 7.8
	$(12.1 - 57.7)$	$(8.4 - 35.2)$	$(4.5 - 40.5)$	$(3.6 - 13.0)$	$(0.0 - 34.2)$	$(0.0-14.7)$
Oxalic acid	96.3 ± 85.8	160.7 ± 10.8	85.0 ± 87.4	38.4 ± 55.6	149.8 ± 180.8	69.5 ± 123.2
	$(10.5 - 182.1)$	$(149.9 - 171.5)$	$(0.0 - 172.4)$	$(0.0 - 94.0)$	$(0.0 - 330.6)$	$(0.0 - 192.2)$
Pyruvate	23.1 ± 18.8	12.3 ± 1.4	20.1 ± 25.0	12.9 ± 12.4	27.9 ± 40.4	17.2 ± 23.6
	$(4.3 - 41.9)$	$(10.9 - 13.7)$	$(0.0 - 45.1)$	$(0.5-25.3)$	$(0.0 - 68.3)$	$(0.0 - 40.8)$
Methylmalonic	23.7 ± 13.2	38.0 ± 27.2	29.1 ± 27.8	42.5 ± 67.0	21.4 ± 13.2	21.2 ± 28.4
acid	$(10.5 - 36.9)$	$(10.8 - 65.2)$	$(1.3 - 56.9)$	$(0.0 - 109.5)$	$(8.2 - 34.6)$	$(0.0 - 49.6)$
Ethylmalonic acid	31.8 ± 23.2	24.9 ± 17.4	48.1 ± 30.4	18.5 ± 21.0	27.9 ± 35.0	8.6 ± 11.6
	$(8.6 - 55.0)$	$(7.5 - 42.3)$	$(17.7 - 78.5)$	$(0.0 - 39.5)$	$(0.0 - 62.9)$	$(0.0 - 20.2)$
Fumaric acid	19.2 ± 16.8	23.3 ± 17.4	11.4 ± 8.8	10.0 ± 10.6	12.7 ± 19.0	5.6 ± 6.4
	$(2.4 - 36.0)$	$(5.9 - 40.7)$	$(2.6 - 20.2)$	$(0.0-20.6)$	$(0.0 - 31.7)$	$(0.0 - 12.0)$
Lactic acid dimer	15.6 ± 6.4	19.4 ± 10.6	16.2 ± 7.6	15.4 ± 18.2	13.1 ± 16.0	7.6 ± 9.4
	$(9.2 - 22.0)$	$(8.4 - 30.0)$	$(8.6 - 23.8)$	$(0.0 - 33.6)$	$(0.0-29.1)$	$(0.0 - 17.0)$
Glutaric acid	21.2 ± 8.6	14.4 ± 20.4	15.7 ± 13.8	5.3 ± 7.4	11.3 ± 15.8	6.1 ± 8.8
	$(12.6 - 29.8)$	$(0.0 - 34.8)$	$(1.9 - 29.5)$	$(0.0 - 12.7)$	$(0.0-27.1)$	$(0.0-14.9)$
3-Methylglutaric	18.5 ± 9.0	35.8 ± 22.2	26.1 ± 18.8	23.7 ± 28.8	19.2 ± 21.6	10.9 ± 13.6
acid	$(9.5 - 27.5)$	$(13.6 - 58.0)$	$(7.3 - 44.9)$	$(0.0 - 52.5)$	$(0.0 - 30.6)$	$(0.0-24.5)$
3-Phenylbutyric	19.9 ± 7.0	37.4 ± 19.8	21.8 ± 15.6	19.0 ± 21.6	21.5 ± 26.8	10.2 ± 12.8
acid	$(12.9 - 26.7)$	$(17.6 - 57.2)$	$(6.2 - 37.4)$	$(0.0 - 40.6)$	$(0.0 - 48.3)$	$(0.0-23.0)$
Succinylacetone	12.9 ± 6.0	10.6 ± 4.0	10.8 ± 4.2	12.7 ± 4.8	14.9 ± 13.2	11.8 ± 15.0
	$(6.9 - 18.9)$	$(6.6 - 14.6)$	$(6.6 - 15.0)$	$(7.9 - 17.5)$	$(1.7-28.1)$	$(0.0-26.8)$
Adipic acid	20.4 ± 29.4	29.0 ± 26.8	19.2 ± 21.2	11.6 ± 16.6	28.1 ± 43.4	11.6 ± 17.4
	$(0.0 - 49.8)$	$(2.2 - 55.8)$	$(0.0 - 40.4)$	$(0.0 - 28.2)$	$(0.0 - 71.5)$	$(0.0 - 29.0)$
Suberic acid	19.5 ± 15.6	12.9 ± 4.6	12.6 ± 19.8	10.6 ± 16.0	24 ± 37.2	15.4 ± 27.0
	$(3.9 - 35.1)$	$(8.3 - 17.5)$	$(0.0 - 32.4)$	$(0.0-26.6)$	$(0.0 - 61.2)$	$(0.0 - 42.4)$
Azelaic acid	5.1 ± 4.6	19.9 ± 20.0	18.0 ± 12.4	4.9 ± 10.8	18 ± 27.6	7.5 ± 13.6
	$(0.5 - 9.7)$	$(0.0 - 39.9)$	$(5.6 - 30.4)$	$(0.0 - 15.7)$	$(0.0 - 45.6)$	$(0.0 - 21.1)$
Sebacic acid	12.9 ± 13.4	21.4 ± 13.6	8.0 ± 2.9	4.6 ± 3.4	10.7 ± 16.2	4.5 ± 4.8
	$(0.0-26.3)$	$(7.8 - 35.0)$	$(2.2 - 13.8)$	$(1.2 - 8.0)$	$(0.0-26.9)$	$(0.0 - 9.3)$
Orotic acid	2.1 ± 1.2 $(0.9 - 3.3)$	2.1 ± 2.0 (0.1–4.1)	3.2 ± 4.2 $(0.0 - 7.4)$	1.3 ± 1.4 $(0.0-2.7)$	3 ± 4.8 (0.0–7.8)	2.0 ± 5.8 $(0.0 - 7.8)$

with the expected retention time was confirmed. Quantification of the organic acids was based on the specific ion masses (Table [1](#page-1-0)) those of internal standards versus m/z 118 or 280 of tropic acid, according to the ion being quantified. The ratio of response factor of the parent ion and qualifier ion for a compound was used to quantify analytes whose pure standards were available to us. The analytes for which we did not have pure standards were assigned a relative response factor that corresponded to the response factor for the internal standard. The urinary concentrations of organic acids in relation to creatinine (mmol/mol creatinine) were calculated from peak area ratios of the unknown versus the internal standard.

We analysed 100 normal urine samples from a healthy pediatric population of age group 1 day to 16 years. Out of these 100 pediatric subjects, 59 were male and 41 were female. The samples we analyzed were divided into four groups according to the age: $1-45$ days ($n = 10$, breast feeding and toddlers), 45 days to 1 year ($n = 6$), 3–6 years $(n = 15,$ children of preschool age), 6–12 years $(n = 48,$ children of school age) and 12–16 years ($n = 12$, teenagers). After eliminating outlier values from the data, the Kolmogorov–Smirnov test was used for the normality of the distribution. Most of the results were acceptable Gaussian distributions. The results that were not in Gaussian distributions were transformed to Gaussian distributions after logarithmic transformation. The results are presented as mean \pm 2SD in the units of Gaussian distribution. The normal range was calculated as the average of ratios of the area of the analyte over the area of internal standard derived from normal urines, corrected by the response factors, plus two standard deviations for each of the target compounds. We used tropic acid as internal standard and also attempted to compare the recovery of organic acids from aqueous mixture and matrix based calibrators. Six duplicate sets of calibration urine and aqueous calibration solution were analyzed in the same daily runs. Interday as well as intra-day precision was estimated for aqueous calibrator and urine calibrator over 2 months and this experiment is repeated after every 6 months. Both calibration urine and aqueous calibration solution contained the same concentrations of organic acids, after the endogenous urinary concentration were subtracted. Inter day variation and intraday variation in the recovery of organic acid was also estimated for 2 months and the variation was $\langle 10 \, \%$. For purposes of internalquality control some of these samples were run at St. Louis University USA for validation.

Results

The means and standard deviations of 16 urinary organic acids for each age group in healthy north Indian pediatric populations are listed in Table [2](#page-2-0). Many metabolites show an irregular pattern of excretion: lactate, oxalate, pyruvate, ethylmalonic acid, 3 phenylbutyric acid, and succinylacetone were in this group. Adipic acid, suberic acid and sebacic acid show a decreased excretion with age in the initial two age groups and an increase in the 3rd age group and again a decrease in older age group. Azelaic acid, 3-methylglutaric acid and glutaric acid show a similar pattern of excretion. The excretion of fumaric acid, lactic acid and orotic acid decreased with age. Methylmalonic acid showed a bimodal excretion pattern. A typical chromatogram of a normal urine sample is shown in Fig. 1. We have identified the retention time of 79 compounds which we found in normal urine sample (Table [3](#page-4-0)), 75 % of the

Table 3 Respective retention time of compounds identified in 100 normal urine sample

Table 3 continued

^a Internal standard, not found in biological samples

compounds were present in all urine samples and the rest, 25 %, were present in only some samples. The retention time of 53 compounds were identified by the computerized comparisons of mass spectra lying within the peak with the NIST mass spectra library. The library match that showed a qualitative match of more than 80 % were considered for the identification of retention times and the rest were ignored. Table [3](#page-4-0) shows the trimethylsilyl ester form of the

Fig. 2 Chromatogram of a normal urine sample spiked with 16 organic acids. 1 Lactic acid, 2 oxalic acid, 3 pyruvic acid, 4 methylmalonic acid, 5 ethylmalonic acid, 6 2-ketocaproic acid, 7 fumaric acid, 8 lactic acid dimer, 9 glutaric acid, 10 3-methylglutaric acid, 11 succinylacetone, 12 adipic acid, 13 suberic acid, 14 orotic acid, 15 azelaic acid, 16 sebacic acid

compounds identified in the NIST mass spectrum library match, the respective retention time of the compounds and their qualifier ions. Some compounds eluted out at the same retention times, like aconitic acid and orotic acid. We observed that the peak area of lactic acid dimer was directly proportional to the peak area of lactic acid in most of the urine sample. Hippuric acid was detected in all urine samples but the peak height varied greatly. Phosphate was extracted along with the organic acids in most of the urine samples but it did not interfere with the analysis. Figure 2 shows a chromatogram of a urine sample spiked with 16 organic acids. Peaks corresponding to the acids being quantitated are numbered in the order of increasing retention time. Table 4 depicts the relative recovery and precision of organic acids added in aqueous calibrator and urine calibrator.

Discussion

Major biochemical changes take place in the human body between birth and adulthood, and many of these are reflected by metabolites excreted in body fluids (blood, CSF and urine). Concentrations of metabolites that are abnormal for pediatric age group may be considered normal in adults. The most pronounced changes are seen in the

Table 4 Relative recovery and precision of organic acids added in aqueous calibrator and urine calibrator

Organic acid	Relative recovery $(\%)$		Intraday imprecision $(n = 24)$			Interday imprecision $(n = 24)$				
	Aqueous calibrator	Urine calibrator	Aqueous calibrator mean conc. (mmol/l)	CV $(\%)$	Urine calibrator mean conc. (mmol/l)	CV $(\%)$	Aqueous calibrator mean conc. (mmol/l)	CV (%)	Urine calibrator mean conc. (mmol/l)	CV $(\%)$
Lactate	72.5	72.75	9.9	1.2	9.7	0.01	9.2	0.9	9.7	3.0
Oxalic acid	104.75	113.25	13.9	0.8	15.1	4.6	14.1	1.7	15.1	4.6
Pyruvate	91.75	81.75	12.4	1.6	11	4.2	11.9	3.4	10.7	7.8
Methylmalonic acid	97.5	99	12.8	0.04	13.5	9.1	13.4	1.2	5.6	1.6
Ethylmalonic acid	83.25	83	9.9	1.2	10.4	1.4	13.5	0.9	6.4	2.9
Fumaric acid	74	75.25	9.9	0.7	10.7	3.9	9.8	0.06	7.7	1.4
Lactic acid dimer	104.5	98.5	14	0.05	12.8	1.2	13.8	0.01	3.8	$1.0\,$
Glutaric acid	119.5	118.5	15.9	1.0	15.8	1.6	16	1.0	5.8	2.5
3Methylglutaric acid	82.5	127.5	10.8	0.5	17	0.1	11.4	1.0	27.0	0.4
3Phenylbutyric acid	71.75	84.75	9.9	0.1	11.3	2.7	8.9	3.8	4.3	$3.0\,$
Succinylacetone	77	83.25	10.5	0.07	11.1	4.1	9.8	6.3	11.1	2.9
Adipic acid	109	105.75	14.5	1.3	14.1	0.9	14.6	2.7	14.1	2.3
Suberic acid	134.75	133.5	18	1.0	17.8	0.5	17.9	1.2	17.8	0.3
Azelaic acid	88.75	98.25	10.9	1.9	13.4	1.4	13.7	1.2	6.5	1.4
Sebacic acid	56.25	56	7.5	2.6	7.3	6.9	7.5	9.8	7.8	1.9
Orotic acid	66.75	67.75	8.9	5.1	9.6	5.5	8.9	4.8	4.0	6.8

newborn period and during puberty. Population specific reference ranges had been established for other populations [3, 5–8, 13]. Most pediatric reference values have been established for Caucasian population from samples collected from hospitalized infants and children who did not have primary organic aciduria. The diversity of ethnic groups needs to be included into pediatrics reference values so that it can fully reflect levels in healthy multicultural population like ours. It is clinically inappropriate to apply the reference values specific for an ethnic group to other ethnic population [14]. The concentrations of organic acids varies from population to population due to genotype, food habits and other epigenetic and environmental influences. Reference ranges for urinary organic acids in a healthy pediatric population are indispensible for critical evaluation. Quantitative data for 16 organic acids in four age groups of healthy north Indian pediatrics population have been presented in Table [2.](#page-2-0) The concentration of urinary organic acids were given in a ratio to urinary creatinine concentration because the creatinine excretion rate is relatively constant for metabolic body size. The age groups were selected on the basis of changes in feeding and physical activity. Due to food preferences and metabolic differences significant variation in acid excretion is apparent in each age group. The excretion of metabolites were higher in younger age groups decreased at an intermediate age and then increased in older age groups. There was a significant difference found in the excretion of methylmalonic acid in our study in comparison with other studies concerned $[5, 13]$. The higher reference range of this metabolite may be due to dietary deficiency; moreover amino acid breakdown may play a role, protein intake being insufficient in our pediatric population [15]. Also we found higher concentrations of urinary succinylacetone is higher in our study as compared to other studies, The possible reason for this could be the extraction procedure that we follow. The oximation is done on urine samples at 60 °C for 30 min. At high temperature and low pH (≤ 3) in the presence of hydroxylamine hydrochloric acid, succinylacetoacetic acid get converted into succinylacetone thus increasing its concentration. Another reason could be the presence of 3-methyl-4-propyl-5-isoxazol methyl trimethylsilyl ester whose m/z ratio (ions-212,170,142) are same as succinylacetone and its retention time is also near to succinylacetone thus increasing the concentration in a fallacious manner. A GC–MS/MS is likely to identify better these co-eluting peaks. This is probably a limitation of our procedure.

We found that the concentration of organic acids quantitated were different in a North Indian pediatric population compared to other populations [5–7, 9, 13]. In our case almost all values were higher: this may be due to a low creatinine concentration in our population [\[16](#page-8-0), [17\]](#page-8-0). A

significant gap exists between the urinary organic acid concentrations in developed and developing countries. Area specific reference values are needed to improve the health care of the pediatric population. Such data may help to produce a basis for diagnosing metabolic abnormalities in patients in a specific ethnicity.

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Conflict of interests None.

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