# Multiparametric and Longitudinal MRI Characterization of Mild Traumatic Brain Injury in Rats

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## Abstract

This study reports  $T_2$  and diffusion-tensor magnetic resonance imaging (MRI) studies of a mild open-skull, controlled cortical impact injury in rats (n=6) from 3 h to up to 14 d after traumatic brain injury (TBI). Comparison was made with longitudinal behavioral measurements and end-point histology. The impact was applied over the left primary forelimb somatosensory cortex (S1FL). The major findings were: 1) In the S1FL,  $T_2$  increased and fractional anisotropy (FA) decreased at 3 h after TBI and gradually returned toward normal by Day 14; 2) in the S1FL, the apparent diffusion coefficient (ADC) increased at 3 h, peaked on Day 2, and gradually returned to normal at Day 14; 3) in the corpus callosum underneath the S1FL, FA decreased at 3 h to Day 2 but returned to normal at Day 7 and 14, whereas  $T_2$  and ADC were normal throughout; 4) heterogeneous hyperintense and hypointense  $T_2$  map intensities likely indicated the presence of hemorrhage but were not independently verified; 5) lesion volumes defined by abnormal  $T_2$ , ADC, and FA showed similar temporal patterns, peaking around Day 2 and returning toward normal on Day 14; 6) the temporal profiles of lesion volumes were consistent with behavioral scores assessed by forelimb placement and forelimb foot fault tests; and 7) at 14 d post-TBI, there was substantial tissue recovery by MRI, which could either reflect true tissue recovery or reabsorption of edema. Histology performed 14 d post-TBI, however, showed a small cavitation and significant neuronal degeneration surrounding the cavitation in S1FL. Thus, the observed improvement of behavioral scores likely involves both functional recovery and functional compensation.

**Key words:** behavioral assessments; controlled cortical impact; diffusion tensor imaging; immunohistochemistry; quantitative magnetic resonance imaging; TBI

#### Introduction

**T**RAUMATIC BRAIN INJURY (TBI) is a leading cause of death and disability, affecting 3.5 million American civilians, with an annual cost exceeding \$60 billion.<sup>1</sup> In addition, more than 270,000 U.S. Service Members have been diagnosed with TBI since the beginning of the global war on terrorism (http://dvbic .dcoe.mil). Following the primary physical impact, progressive secondary injuries occur, including cytotoxic and vasogenic edema, microstructural changes, and diffuse axonal injury.<sup>2,3</sup> Improved characterization of the spatial temporal dynamics of these secondary injuries is important because it could improve diagnosis, staging of injury, and evaluation of novel treatments.

Magnetic resonance imaging (MRI) offers the means to noninvasively probe many of these secondary injuries. MRI has been used to image anatomical, physiological, and functional changes associated with TBI in a longitudinal manner.<sup>4,5</sup> T<sub>1</sub> and T<sub>2</sub> anatomical MRI allows for visualization of gross structural damage, possible hemorrhage, and vasogenic edema in TBI.<sup>6,7</sup> Diffusion weighted imaging,<sup>8</sup> in which contrast is based on the apparent diffusion coefficient (ADC) of water, can detect ischemic brain injury within minutes. ADC reduction is often attributed to cyto-toxic edema, a common feature of TBI.<sup>9–11</sup> Diffusion tensor imaging (DTI) provides both magnitude and directional information about water diffusion and thus has been used to detect changes in fiber tracts following TBI.<sup>12</sup> Fractional anisotropy (FA), an index of anisotropy of water motion from DTI measurements, is sensitive to white-matter injury and microstructural changes<sup>13,14</sup> and diffuse axonal injury<sup>14–18</sup> in TBI.

Rodent models have been widely utilized to study TBI and they include the controlled cortical impact (CCI), fluid percussion, acceleration-impact or weight drop, Marmarou, Feeney, and blast injury models.<sup>19,20</sup> The common areas of impact included somatosensory/motor, auditory, parietal, and visual cortices. Outcomes and lesion sizes are highly variable due to the use of different experimental models, each with different injury parameters.<sup>19,20</sup> Surprisingly, there have only been a few quantitative multimodal MRI studies of animal models of TBI with behavioral and histological correlation.

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Quantitative multimodal MRI has been used to study the fluid percussion injury model<sup>21</sup> but not the CCI model,<sup>16</sup> with the latter being considered more reproducible and with lower rates of morbidity.

The goal of this study was to apply multi-parametric quantitative MRI to systemically characterize the spatiotemporal dynamics of  $T_2$ , ADC, FA, and lesion volume, in the gray and white matter following an open-skull CCI model of mild TBI in rats. The impact was applied over the left primary forelimb somatosensory cortex (S1FL). MRI measurements were made longitudinally from 3 h to up to 14 d post-TBI. Comparisons were made with longitudinal behavioral assessments (foot fault and forelimb asymmetry test)<sup>22–24</sup> and end-point histology (Nissl staining).

#### Methods

#### Animal preparations

All animal procedures were approved by the Institutional Animal Care and Use Committee of the University of Texas Health Science Center San Antonio. The induction of TBI was done as previously described.<sup>25</sup> Briefly, male Sprague Dawley rats (250-350 g; n=6) were anesthetized initially with 5% isoflurane mixed with room air and maintained at 1.2% isoflurane throughout all surgical and imaging procedures. The animal was secured in a stereotaxic frame and an incision was made at the level of the cerebellum as posterior from the impact site as possible to prevent artifacts during MRI acquisition, and the periosteum was removed over the impact site. A Ø5mm craniotomy was created over the left S1FL (+0.25mm anterior and 3.5 mm lateral to bregma), exposing the dura matter. The intact dura matter was impacted using a pneumatic-controlled cortical impactor (Precision Systems and Instrumentation, LLC, Fairfax Station, VA) fitted with a Ø3mm tip  $(5.0 \text{ m/s}, 250 \mu \text{s} \text{ dwell time}, 1 \text{ mm depth})$  to mimic a mild focal TBI. Following the impact, the cranial opening was sealed with bone wax, the scalp sutured closed, and antibiotic ointment applied. Saline was injected under the skin to facilitate the removal of air pockets between the scalp and the skull to minimize artifacts during MRI acquisition. Buprenex (0.05 mg/kg) was given subcutaneously every 12 h for 3 d for pain.

MRI was acquired on the day of the TBI procedure (1–3 h post-TBI), and again on Days 1, 2, 7, and 14 after TBI onset. Behavioral assessments were made 1–3 d prior to TBI and again 1, 2, 7, and 14 d post-TBI prior to the MRI experiments in the same animals. Behavioral tests were not performed on the day of TBI induction due to incomplete recovery from anesthetic. Immunohistology was done after MRI on Day 14 post-TBI. The 14 d endpoint was selected based on a subset of studies in which no apparent difference was observed in lesion volumes between 14 and 28 d post-TBI.

#### MRI

MRI was performed on a rodent Bruker 7-Tesla Pharmascan Scanner with 16-cm clear bore diameter under 1.5% isoflurane. The animal was secured in a custom-built MRI-compatible rat head stereotaxic holder with ear and tooth bars.

Diffusion tensor-weighted MRI (3.5 mins). DTIs were obtained with a single low b-value (10 sec/mm<sup>2</sup>) in 30 directions with a 1200 sec/mm<sup>2</sup> b<sub>max</sub>-value. Echo planar imaging (EPI) scans with partial Fourier (5/8) also were acquired using the following settings: seven 1.0-mm coronal images, field of view (FOV)= $2.56 \times 2.56$  cm, matrix 96×96 and reconstructed to  $128 \times 128$ , single shot, repetition time (TR)=3 sec, echo time (TE)=32 msec,  $\Delta = 14$  ms,  $\delta = 5$  msec, and 2 transients for signal averaging.<sup>26–28</sup>

 $T_2$  map (9.5 mins).  $T_2$ -weighted images were acquired using a fast spin-echo sequence with  $TR = 3 \sec (90^{\circ} \text{ flip angle})$ , effective

TE = 18, 54, 90 and 126 msec, 4 echo train lengths, where the center of the echo train was taken as the effective TE for T<sub>2</sub> calculation. The other parameters were: seven 1.0-mm coronal images, FOV =  $2.56 \times 2.56$  cm, matrix 96 × 96 and reconstructed to  $128 \times 128$ , and 8 transients for signal averaging. The contralateral hemisphere T<sub>2</sub> was used as the internal control (note that although there are changes in the molecular or cellular levels in the contralateral hemisphere, these changes did not alter T<sub>2</sub> values).

# Image analysis

ADC, FA, and T<sub>2</sub> maps were calculated as previously described.<sup>26,29,30</sup> Image maps of individual subjects were co-registered across time points via the application of a transformation matrix generated by QuickVol and MRIAnalysisPak software.<sup>31,40</sup> Regions of interest (ROIs) were defined by pixels that had T<sub>2</sub> values higher than the mean plus 2 standard deviations of the value in the homologous contralesional region. The ROIs used to determine T<sub>2</sub> lesion volumes were also used to tabulate the T<sub>2</sub>, ADC, and FA values across all time points using Stimulate software (University of Minnesota).

## Functional assessment

Sensorimotor function was assessed using the asymmetry forelimb placement (cylinder) test and foot-fault test.<sup>25</sup> Previous behavioral studies have demonstrated that these functional tests have the appropriate sensitivity for this injury models.<sup>22–24</sup> Testing was conducted 1–3 d prior to TBI and again 1, 2, 7, and 14 d post-TBI.

The forelimb asymmetry placement test was performed with videotaping to assess the use of forelimbs during exploration of the cylinder. The rat was placed in a transparent cylinder (20 cm diameter, 30 cm height) for 5 min or until 30 placements were made. A mirror was positioned under the cylinder to enable the video recorder to see directly into the cylinder. Behavior was scored by counting the number of left or right individual forelimb placements, and the number of simultaneous right and left (both) forelimb placements onto the wall of the cylinder during rearing. The forelimb asymmetry index was calculated as (the number of forelimb placements for each individual limb) + 0.5 (number of both placements) divided by the total number of placements.

The forelimb foot fault test was performed with videotaping to assess forelimb misplacement during locomotion. The rat was placed on an elevated grid floor (size,  $18 \times 11$  inches with grid openings of  $1.56 \times 1.00$  inches) for 5 min or until 50 steps were taken with one (non-affected) forelimb. The rat was allowed to move freely on the grid and the total number of steps and the number of times each limb fell below the grid opening were counted. The percentage of foot faults for each limb was calculated as the number of right or left forelimb foot faults divided by the total number of steps taken.

#### Nissl staining

Nissl staining was used to measure morphological changes within and around the impact following TBI as described in Watts and colleagues.<sup>25</sup> Briefly, anesthetized rats were perfused on Day 14 post-TBI with ice-cold heparinized phosphate buffered saline, followed by ice-cold 4% buffered paraformaldehyde (PFA). Brains were removed and post-fixed with 4% PFA and subsequently cryopreserved (30% sucrose) for 48 hours at 4°C. Coronal section measuring 25- $\mu$ m were affixed to gelatin coated slides and dried overnight at 37°C. Slides were hydrated through a series of graded alcohols to distilled water, followed by 0.1% cresyl violet acetate for 7 min. Brain sections were then dehydrated, cleared in Histoclear, and coverslipped with Permount mounting medium.

Images were acquired on an Olympus BX60F microscope equipped with an Olympus DP70 camera. A  $5 \times$  objective was utilized to acquire images for mosaic full brain images assimilated

using Microsoft ICE software. Intact neurons were defined as nonbasophilic neurons with pale nuclei and discrete nucleoli and that had an intact neuronal body. Dark stained neurons were defined as neurons with abnormal morphology, such as hyperbasophilic neurons and those with shrunken morphology.



For quantitative analysis, four brain slices from each animal were obtained to carefully represent the T<sub>2</sub> MRI that showed the lesion. Histological slices were carefully co-located with the MRI slices based on anatomical features present in both. Ten regions from each slice located under the impact zone were imaged at  $60 \times (175 \,\mu\text{m} \times 175 \,\mu\text{m})$  by sampling beginning directly under the impact zone 3.5 mm from the median plane and 1.5 mm from the edge of the cortex, and on either side of and below this area in two rows spaced 250  $\mu$ m apart (see Fig. 8A for representative imaging locations). For each slice, 10 corresponding regions on the contralateral side also were imaged for comparison. The numbers of dark stained cells were counted and averaged per field. Results were expressed as the number of Nissl dark-stained cells per field.

# Fluro-Jade B staining

Fluro-Jade B was used to stain degenerating neurons.<sup>32,33</sup> Frozen sections measuring  $30 \,\mu$ m were incubated in a solution of 1%NaOH in 80% ethanol for 5 min followed by hydration in graded ethanols (75%, 50%, and 25%) to distilled water. The sections were then incubated for 10 min in 0.06% potassium permanganate, rinsed with distilled water, and incubated in 0.004% Fluro-Jade B (Hist-Chem Inc, Jefferson, AR) for 20 min. Sections were rinsed with distilled water three times for two min each. The slides were dried on a slide warmer for 10 min, cleared with Histoclear and coverslipped with DPX (Fluka). Images were acquired on a Nikon C1si microscope using a  $60 \times$  water immersion objective. Image analysis was done as described for Nissl staining, counting Fluro-Jade–positive cells per field.

# Statistical analysis

Paired t-tests were used to compare T<sub>2</sub>, ADC, and FA abnormality between the ipsilesional and contralesional sides. Values are presented as mean  $\pm$  standard error of the mean (SEM). Statistical significance was set at *p* <0.05. Multiple regression analysis was performed to determine the correlation between T<sub>2</sub>, ADC, and FA abnormality and asymmetry scores or foot fault scores. The differences in the number of dark-stained Nissl neurons and Fluro-Jade B–positive cells between ipsilesional and contralesional animals were assessed using unpaired two-tailed *t*-tests.

# Results

# T<sub>2</sub> lesion values

Figure 1A shows representative multi-slice  $T_2$  maps from a single animal at 3 h and at 1, 2, 7, and 14 d post-TBI.  $T_2$  MRI at 3 h after TBI showed apparent changes. The  $T_2$  map below the impacted area (S1FL cortex) showed heterogeneous contrast across different time points, with hyperintensity indicating vasogenic edema and hypointensity indicating possible hemorrhage.

For quantitative analysis,  $T_2$  values were tabulated using the same threshold-based ROIs for all time points (Fig. 1B). In the

**FIG. 1.** T2 magnetic resonance imaging. (A) Representative T2 maps are shown for subjects at 3 h and at 1, 2, 7, and 14 d post-traumatic brain injury. (B) The bar graph shows the temporal progression of T2 values for the ipsilesional and contralesional cortices. The inset shows the typical regions of interest (ROIs) derived from threshold method used to tabulate T2 in the primary forelimb somatosensory cortex. Homologous contralateral ROIs were used for comparison. (C) The typical ROI used to tabulate T2 in the corpus callosum. The bar graph shows the temporal progression of T2 values for the ipsilesional and contralesional corpus callosum (mean ± standard error of the mean; n=6; \*p < 0.05 between ipsilesional and contralesional sides).

ipsilesional S1FL cortex, T<sub>2</sub> MRI values were elevated at 3 h, remained elevated on Days 1 and 2, and returned toward (but did not reach) normal values at Days 7 and 14. In the contralesional S1FL cortex, by contrast, T<sub>2</sub> values did not change substantially across all time points studied ( $55\pm2$  msec). In the corpus callosum, the ipsilesional T<sub>2</sub> values were not significantly different from contralesional values at all time-points studied (Fig. 1C).

#### ADC lesion values

Figure 2A shows representative multi-slice ADC maps from a single animal at 3 h and at 1, 2, 7, and 14 d. The ADC maps below the impacted area (S1FL cortex) showed heterogeneous contrast (i.e., 3 h and 1 d), with hyperintensity indicating vasogenic edema and hypointensity indicating possible cellular or cytotoxic edema. The ROIs used to determine ADC values were the same as those used to obtain  $T_2$  values. In the S1FL ipsilesional S1FL cortex, ADC was significantly elevated at 3 h, peaked on Day 2, and returned toward (but did not reach) normal values on Day 14 (Fig. 2B). In the contralesional S1FL cortex, by contrast, ADC values did not change substantially across any time point studied. In the corpus callosum, ipsilesional ADC values were not significantly different from contralesional values except at the 3 h time point, in contrast to the S1FL cortex (Fig. 2C).

#### FA lesion values

Figure 3A shows representative multi-slice FA maps from a single animal at 3 h, and at 1, 2, 7 and 14 d. Abnormal FA was apparent within 3 h of the impact. In the S1FL ipsilesional cortex, FA was significantly reduced at 3 h, remained reduced on Days 1, 2, and 7 but returned toward normal values on Day 14 (Fig. 3B). In the contralesional S1FL cortex, by contrast, FA values did not change substantially at any time point studied. In the corpus callosum, ipsilesional FA values were significantly different from contralesional FA values at 3 h and Days 1 and 2, but not on Days 7 and 14 (Fig. 3C).

#### Lesion volumes

Figure 4 depicts the averaged temporal progression of lesion volumes defined by abnormal  $T_2$ , ADC, and FA following TBI.  $T_2$ , ADC and FA lesion volumes consistently peaked on Day 2 and were markedly reduced by Day 14.

#### Correlation with behavioral outcomes

The mean scores for the behavioral tests (foot fault and forelimb asymmetry) are shown in Figure 5A and 5B. Pre-TBI foot fault scores were  $5.13\pm0.64\%$ . Following TBI, foot fault scores were the worst in the affected forelimb on Day 1 ( $17.1\pm3.2\%$ ), improved slightly on Days 2 and 7 post-TBI, and returned toward the pre-TBI value on Day 14 ( $9.5\pm2.5\%$ ). Pre-TBI forelimb asymmetry was  $52\pm2\%$ , indicating symmetrical use of both forelimbs. The asymmetry score was the worst on Days 1 and 2 post-TBI ( $65\%\pm5\%$  and  $63\%\pm2\%$ , respectively), indicating increased utilization of the unaffected forelimb.

Correlation of foot fault scores with  $T_2$  yielded an  $R^2$  value of 0.474 (p=0.014; Fig. 6A), with ADC yielded an  $R^2$  value of 0.498 (p=0.009; Fig. 6B), and with FA yielded an  $R^2$  value of 0.489 (p=0.011; Fig. 6C).

Correlation of forelimb asymmetry with T<sub>2</sub> yielded an R<sup>2</sup> value of 0.512 (p=0.007; Fig. 7A), with ADC yielded an R<sup>2</sup> value of 0.605 (p=0.001; Fig. 7B), and with FA yielded an R<sup>2</sup> value of 0.547 (p=0.004; Fig. 7C).



**FIG. 2.** (A) Representative apparent diffusion coefficient (ADC) maps are shown for subjects at 3 h, and at 1, 2, 7, and 14 d post-TBI. (B) Bar graph showing the temporal progression of ADC values for the ipsilesional and contralesional cortices. (C) Bar graph indicating the temporal progression of ADC values for the ipsilesional and contralesional cortal error of the mean; n=6; \*p < 0.05 between ipsilesional and contralesional sides).

# Immunohistology

Nissl and Fluro-Jade B staining was analyzed for the ipsilesional and contralesional primary somatosensory cortex below the impact zone on Day 14 after TBI (Fig. 8). There was some tissue cavitation or tissue loss in the impact region (red arrows) and on the surface



**FIG. 3.** (A) Representative fractional anisotropy (FA) maps are shown for subjects at 3 h and at 1, 2, 7, and 14 d post–traumatic brain injury. (B) Bar graph showing the temporal progression of FA values for the ipsilesional and contralesional cortices. (C) Bar graph indicating the temporal progression of FA values for the ipsilesional and contralesional cortalesional and contralesional error of the mean; n=6; \*p<0.05 between ipsilesional and contralesional sides).

lateral to the impact region (white arrows) detectable by Nissl stain. The abnormality on  $T_2$  MRI also was evident albeit less apparent. The expanded region of the Nissl stain showed abnormally appearing cells with dark-stained and irregular morphology (red arrows) in the ipsilesional ROI, compared with the contralesional ROI.

The group-averaged number of Nissl dark-stained cells in the ipsilesional S1 cortex ( $57\pm2$  cells/field) was significantly different from that in the contralesional S1 cortex ( $38\pm4$  cells/field, mean ± SEM; n=6; \*\*\*p<0.001; Fig. 8D). Note that Figure 8D underestimated the extent of overall damage because of the cavitation. Similarly, group-averaged number of Fluro-Jade–positive cells detected a significant increase in the ipsilesional S1 cortex ( $305\pm39$  cells/field) compared to the contralesional S1 cortex ( $158\pm14$  cells/field; mean ± SEM; n=6; \*\*\*p<0.001; Fig. 8F).

# Discussion

Quantitative multi-parametric MRI was used to systematically characterize the spatiotemporal evolution of TBI in an open-skull CCI model in rats. The major findings are: 1) in the S1FL, increased T<sub>2</sub> and decreased fractional anisotropy (FA) were apparent 3 h after TBI and gradually returned toward normal by Day 14; 2) in the S1FL, increased ADC was observed at 3 h, peaked on Day 2, and gradually returned toward normal at Day 14; 3) in the corpus callosum underneath the S1FL, FA was abnormal at 3 h to Day 2 and returned to normal at Days 7 and 14, whereas T<sub>2</sub> and ADC were normal throughout; 4) heterogeneous hyperintense and hypointense T<sub>2</sub> map intensities likely indicated the presence of hemorrhage but were not independently verified; 5) lesion volumes defined by abnormal T<sub>2</sub>, ADC, and FA showed similar temporal patterns, peaking around Day 2 and returning toward normal on Day 14; 6) lesion volumes were temporally correlated with behavioral scores by forelimb placement and forelimb foot fault tests; and 7) at 14 d post-TBI, there was substantial tissue recovery by MRI, which could either reflect true recovery or reabsorption of edema. Histology at 14 d post-TBI, however, showed a small cavitation and significant neuronal degeneration surrounding the cavitation in S1FL. Thus, the observed improvement of behavioral scores likely involved both functional recovery and functional compensation.

# Minimize susceptibility artifacts

EPI is often used for DTI acquisition due to its high speed of image acquisition. The surgical disruption of the scalp and cranial opening were found to alter magnetic field homogeneity, resulting in signal drop off and image distortion. Thus, the procedure for craniotomy was modified to minimize signal drop off and image distortion. First, the skin was cut at the level of the cerebellum, away from the S1FL region. After the impact, blood emanating from the dura was gently dried with a sterile swab. Bone wax was used to close the hole in the skull. Saline was infused into the undermined space between the soft tissue and the skull. Next, the skin was smoothed to force excess saline and air from the undermined space. Then the skin incision was neatly sutured close to minimize physical disruption of the scalp.

#### Cortical changes

In the hyper-acute phase (3 h) of TBI, the heterogeneous ADC decreases and increases around the impacted area indicated a combination of cytotoxic and vasogenic edema, respectively. Heterogeneous  $T_2$  decreases and increases around the impact areas reflected possible hemorrhage and vasogenic edema, respectively. FA decreases also were observed in the hyper-acute phase, suggesting there were microstructural disruptions. One day after TBI, ADC and  $T_2$  increased above normal, suggesting vasogenic edema dominated the lesion site following TBI. Cytotoxic edema (which would have caused reduced ADC, per se) might be present but was



**FIG. 4.** Line graph of lesion volumes defined by T2, apparent diffusion coefficient (ADC), and FA changes at 3 h and at 1, 2, 7, and 14 d post-TBI (mean  $\pm$  standard error of the mean; n=6 each group). Lesion volumes were determined as pixels that had T2, ADC, or fractional anisotropy (FA) values higher than the mean plus 2 standard deviations of the value in the homologous contralesional region.



**FIG. 5.** Bar graphs of the (**A**) foot fault and (**B**) asymmetry tests for subjects at pre-traumatic brain injury (TBI) and at 1, 2, 7, and 14 d post-TBI (mean  $\pm$  standard error of the mean; n = 6 each group).

masked by the effects of vasogenic edema. FA remained below normal, suggesting perturbed microstructural integrity. ADC,  $T_2$ , and FA slowly returned toward normal values by Day 14. The lesion volumes were markedly reduced by Day 14. Behavioral outcome strongly correlated with lesion volumes, supporting functional improvement by Day 14. Histological analysis of impact area showed some residual cell death. Although ADC,  $T_2$  and FA were mostly normal by Day 14, these parameters might have pseudo-normalized.

Surprisingly, there have been only a few quantitative multimodal MRI studies of animal models of TBI with behavioral and histological correlation, and most of these studies used the fluid percussion injury model<sup>21</sup> and some used the CCI model.<sup>16</sup> Barzo and colleagues<sup>10</sup> observed a transient increase in brain water content and ADC during the first 60 min following experimental impactacceleration induced closed head injury (450 g brass weight released at a height of 2 m). This transient increase in ADC, however, was followed by a gradual decrease in ADC reaching a minimum value on Days 7 to 14. The brain water content continued to stay elevated through Days 7 and 14. The authors suggested that the decrease in ADC, in conjunction with increased brain water content, is indicative of cytotoxic edema and is considered the main contributing factors in the post-traumatic swelling following diffuse closed head injury. The delayed ADC decrease is in contrast to our data. This is likely a characteristic of the differences between the two experimental TBI models.

Xu and colleagues<sup>34</sup> found FA increased and ADC decreased in the ipsilesional cortex at 2h and 4h using an open-skull CCI rat model (5 m/sec, 1 mm depth, and 50 msec dwell time). Their finding of ADC decreases following TBI is in contrast to our data. This could be because of the differences in TBI model or severity of injury. The extent of cytotoxic and vasogenic edema could be dependent on the TBI model and injury severity reported across different laboratories.

Pasco and colleagues<sup>35</sup> observed massive and rapid edema formation in a model of moderate fluid percussion lateral brain injury over the left auditory cortex  $(2.0 \pm 1 \text{ atmospheres})$ . This included a decrease in ADC at 1–2 h post-TBI followed by a gradual increase in ADC starting at 24 h post-TBI until normalization by 72 h post-TBI. At one week post-TBI, a significantly increased ADC was detected. This increase was much less subtle in our CCI experimental model of mild TBI, which could be due to a difference in injury location or perhaps a fundamental difference between moderate fluid percussion and CCI experimental TBI models.

Lescot and colleagues<sup>36</sup> studied an experimental moderate fluid percussion TBI model (1.6–1.8 bar) induced lateral to the parietal cortex using T<sub>2</sub>-weighted and DWI 24 h, 48 h, and 7 d post-TBI. They found that T<sub>2</sub> increases and ADC decreases in the ipsilesional cortex at 24 and 48 h post-TBI. At 7 d post-TBI, ADC was slightly elevated but not statistically significant from the contralesional side. This drop in ADC during the first 48 hours post-TBI appears to be characteristic of experimental lateral fluid percussion models and not indicative of CCI TBI models.

Immonen and colleagues<sup>21</sup> measured T<sub>2</sub>, T<sub>1</sub>, average ADC, lesion hyperintensity, and intracerebral hemorrhages at 3 h, 3 d, 9 d, and 23 d post-TBI, and found that these MRI parameters could predict functional (Morris water maze) and histopathological outcomes six to 12 months following severe fluid percussion injury (2.6–3.3 atm). Additionally, early quantitative MRI predicted final lesion volume and the amount of intracerebral hemorrhage correlated with the amount of final cortical tissue cavitation.



**FIG. 6.** Multiple regression correlation of forelimb asymmetry values versus (**A**) T2, (**B**) apparent diffusion coefficient (ADC), and (**C**) fractional anisotropy (FA). Different symbols indicate data at 3 h and at, 1, 2, 7, and 14 d post-TBI.

In sum, our findings showed some similarities and differences with published experimental models of TBI, underscoring the variability among different experimental TBI models. These differences further demonstrate the need for multiple methods of analysis within the same animal to gain increased insight into the progression of a TBI.



**FIG. 7.** Multiple regression correlation of foot fault values versus (**A**) T2, (**B**) apparent diffusion coefficient (ADC), and (**C**) fractional anisotropy (FA). Different symbols indicate data at 3 h and at 1, 2, 7, and 14 d post- traumatic brain injury (TBI).

# White matter changes

We found decreased FA in corpus callosum underneath the impact area in the hours and days following injury. The physical impact likely caused disruption of the corpus callosum. ADC and  $T_2$ , however, were not sensitive to changes within the corpus callosum over the time frame studied, which is not unexpected.



**FIG. 8.** Histological staining 14 d post- traumatic brain injury (TBI). (A) Mosaic Nissl image of a TBI animal. The smaller black boxes indicate the location of the magnified images shown in 8C. The larger black boxes indicate the area used for quantitative analysis in 8D. (B) Representative T2 image from the corresponding slice of the same animal shown in A at 14 d post-TBI. (C) Magnified images from the contralesional and ipsilesional cortex of a TBI animal were obtained using a  $60 \times \text{objective}$ . The red arrows indicate atypical dark-stained neurons. (D) Bar graph of the number of dark-stained Nissl bodies counted per field from the ipsilesional and contralesional cortices for TBI animals (mean ± standard error of the mean; n=6 each group; \*\*\*p < 0.001). (E) Magnified images from the contralesional and ipsilesional cortex of a TBI animal were obtained using a  $60 \times \text{objective}$ . The red arrows indicate a Fluro-Jade–positive neuron. (F) Bar graph of the number of Fluro-Jade–positive cells counted per field from the ipsilesional and contralesional cortices for TBI animals (mean ± standard error of the mean; n=6 each group; \*\*\*p < 0.001). Color image is available online at www liebertpub.com/neu

Relative anisotropy (RA) and axial diffusivity (AD) have been found to decrease in experimental animal models, reflecting axonal damage within the first few hours after experimental TBI. Following Marmarou acceleration impact in rats, FA and AD were significantly reduced in different regions after trauma, correlating with immune-histochemical findings at 3, 12, 24, and 72 h.<sup>37</sup>

MacDonald and colleagues<sup>16</sup> made DTI measurements at 4–6 h, 24 h, 4 d, one week, or one month following CCI (5 m/sec, 2.5mm depth, and 100 msec dwell time) in the exposed left parietal cortex (3.0 mm anterior to lambda and 2.7 mm lateral to midline) of mice and compared the values with histological and electron microscopic characteristics of peri-contusional traumatic axonal injury. Both RA and AD decreased in the white matter 6 h to 4 d following TBI. One to four weeks after trauma, RA remained decreased, whereas AD returned to near normal values and radial diffusivity increased. The authors suggested that DTI changes could be used clinically to predict the relative time following a TBI during the acute phase. In our study, we found that in the white matter un-

derneath the S1FL, FA was abnormal from 3 h to Day 2 but returned to normal at Days 7 and 14, whereas  $T_2$  and ADC were normal throughout. The differences in white matter disruption duration between our study and the MacDonald's study is likely due to the more severe injury in the MacDonald study.

# Correlation with behavioral and immunohistological analyses

Forelimb asymmetry and forelimb foot fault behavioral tests are appropriate for evaluating functional outcome of this TBI model.<sup>24,25</sup> We found that the ADC, FA and  $T_2$  changes generally correlated well with functional outcomes. However, there were subtle differences. For example, abnormal  $T_2$  defined lesions were still present on Days 7 and 14 but forelimb asymmetry scores returned to near normal values. These results imply that there may be functional compensations at these time points in the injury model. Foot fault scores stayed considerably below baseline values on Day 7 but returned closer to normal values on Day 14. The differences between the two behavioral tests suggest that the foot fault test might be more sensitive to mild TBI than the asymmetry test. The foot fault test requires proper limb placement and sensory feedback, whereas the asymmetry test assesses the rodent's voluntary use of the forelimbs during upright exploration.<sup>23</sup> Both behavioral tests showed different but complementary sensitivities to TBI injury. Future studies will utilize more sensitive tests as such Vermicelli handling test to further define behavioral outcomes.<sup>38</sup>

It is challenging to quantitatively compare histology and MRI data because of their grossly different spatial resolutions. Moreover, they also measured different aspects of injury. Nonetheless, qualitative comparison with Nissl and Fluro-Jade was helpful. Nissl staining showed significant tissue cavitation at the site of impact, whereas the cavitation revealed by  $T_{\rm 2}$  and ADC MRI were smaller in volume at Day 14. Nissl staining showed substantial abnormal cells (neuronal degeneration) surrounding the cavitation whereas T<sub>2</sub> and ADC MRI largely appeared normal at Day 14. This is likely because T<sub>2</sub> and ADC pseudo-normalized. Quantitatively, there were more Nissl dark-stained cells in the ipsilesional side than in the contralesional side (Fig. 8D). However, the Nissl dark-stained cell counts underestimated the extent of damage because of the cavitation. Further, Fluro-Jade, a more sensitive measure of neurodegeneration, detected increased numbers of degenerating neurons in the ipsilesional S1 cortex, compared with the contralesional cortex. Taken together, we concluded that there was substantial recovery following mild TBI as detected by MRI. However, such recovery is overestimated because there was some T<sub>2</sub> and ADC pseudo-normalization. Histology showed that there was significant substantial cell death. Thus, the recovery in behavior scores was in part the result of functional compensation.

#### Comparison with stroke

The temporal dynamics of  $T_2$ , ADC, and FA are in marked contrast to those of ischemic stroke. In ischemic stroke, ADC decreases are apparent within a few minutes, whereas  $T_2$  increases are not apparent for several hours to a day after stroke in rats.  $T_2$ hyperintensity in ischemic stroke also usually indicates irreversible injury.<sup>26,30,39</sup> In our TBI model,  $T_2$  increases were apparent by 3 h post-TBI and likely earlier.  $T_2$  abnormality reversed after Day 2 and mostly returned toward normal by Day 14, suggesting that the initial presence of vasogenic edema following TBI is mostly reversible. Nissl staining indicated that most tissue did not become infarct, although there were indications of scattered cell death.

# Conclusion

Multiparametric MRI provides valuable spatiotemporal information on the progression of structural integrity, cytotoxic and vasogenic edema in mild TBI.  $T_2$  and diffusion MRI parameters are sensitive to hyper-acute and subacute changes in TBI. There was substantial recovery 14 d in our mild TBI model as detected by MRI but it was confounded by some  $T_2$  and ADC pseudo-normalization. There was significant substantial cell death. Thus, the substantial recovery in behavior scores was in part the result of functional compensation. Serial multi-parametric MRI may prove useful for monitoring the spatiotemporal progression of TBI and novel therapeutic interventions. Future studies will investigate impacts to different brain regions (i.e., the hippocampus) and repeated close skull TBI. In addition, future studies will focus on improvement of MRI sensitivity to subtle injury and will incorporate blood flow MRI, blood volume MRI, evoked fMRI, rsfMRI, and additional behavioral measures (i.e., memory function) to further characterize TBI.

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#### **Author Disclosure Statement**

No competing financial interests exist.

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