Situational aldehyde dehydrogenase expression by regulatory T cells may explain the contextual duality of cyclophosphamide as both a pro-inflammatory and tolerogenic agent

Christopher G Kanakry, Sudipto Ganguly, and Leo Luznik*

Sidney Kimmel Comprehensive Cancer Center; The Johns Hopkins University School of Medicine; Baltimore, MD USA

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In two recent publications, we demonstrated that after allogeneic stimulation, regulatory T cells (T_{regs}) increase expression of aldehyde dehydrogenase (ALDH), the major *in vivo* mechanism of cyclophosphamide detoxification, thereby becoming cyclophosphamide resistant. Differential ALDH expression may explain why cyclophosphamide has pro- and anti-inflammatory effects that are temporally and contextually dependent.

The impact of cyclophosphamide on immunologic tolerance has been studied for over 50 years. In 1963, building on several similar studies performed earlier that year, Berenbaum and Brown reported the use of a single high-dose of cyclophosphamide (200 mg/kg) to promote skin allograft survival in mice.1 Allograft survival was prolonged only when cyclophosphamide was administered during a narrow post-transplant window; it was ineffective when given either before allograft placement or after day $+4.^{1}$ Despite this tolerogenic activity of cyclophosphamide, subsequent studies showed that in different situations cyclophosphamide could exert inflammatory effects. Polak and Turk found that high-dose cyclophosphamide (250 mg/kg), when administered to guinea pigs 3 d prior to sensitization to dinitrophenyl compounds, reversed tolerance through inhibition of suppressor cell activity.² A plethora of ensuing studies have reaffirmed this immunologic duality of cyclophosphamide wherein cyclophosphamide can function either as a proinflammatory or pro-tolerogenic agent in different circumstances.

The effects of cyclophosphamide in either promoting or breaking tolerance

were found to involve T_{regs}. On one hand, T_{regs} could be depleted by treatment with high-dose cyclophosphamide (100 mg/kg) prior to adoptive cell transfer, thus promoting anti-tumor activity of the adoptively transferred T cells.³ Similarly, T_{reg} depletion induced by high-dose cyclophosphamide (200 mg/kg) resulted in autoimmunity.⁴ By contrast, T_{regs} were found to be essential for maintaining allograft skin tolerance in mice induced by treatment high-dose cyclophosphamide with (200 mg/kg) 2 d after priming with spleen and bone marrow cells.⁵ Given clinically at 50 mg/kg/day on days +3 and +4 after allogeneic bone marrow transplantation (alloBMT), post-transplantation cyclophosphamide (PTCy) has proven successful not only in preventing acute graftversus-host disease (GVHD), but more importantly in inducing post-transplant immunologic tolerance, manifested by quite low rates of chronic GVHD.⁶ These effects have been shown in human leukocyte antigen (HLA)-matched and HLAmismatched alloBMT at multiple centers worldwide.⁶ In light of these clinical findings and discrepant pre-clinical data regarding cyclophosphamide's impact on T_{regs} and tolerance, our two recent

scientific publications focused on understanding 1) the effect of PTCy on T_{regs} and 2) the role that T_{regs} play in PTCy-mediated tolerance induction.^{7,8}

In order to better understand the impact of PTCy on human Trees, we began by immunophenotyping peripheral blood samples from patients treated with PTCy after HLA-matched alloBMT.7 Despite expected, marked post-transplant CD4⁺ lymphopenia, effector T_{regs} recovered to donor and pretransplant levels by 30 d post-transplant. Human mixed lymphocyte reactions (MLRs) showed that T_{regs} were substantially more resistant to mafosfamide, an in vivo active form of cyclophosphamide, than were conventional $CD4^+$ T cells (T_{cons}).⁷ Mafosfamidetreated T_{regs} maintained suppressive activity and the characteristically demethylated pattern within the T_{reg}-specific demethylation region.^{7,8} The mechanism of T_{reg} resistance to mafosfamide appeared to be via upregulation of ALDH,^{7,8} the major *in* vivo mechanism of cyclophosphamide detoxification. At baseline, human Tregs had minimal ALDH functional activity and undetectable ALDH RNA by PCR.⁷ However, after allogeneic stimulation in MLR for 3 d, human T_{regs} markedly

^{*}Correspondence to: Leo Luznik; Email: luznile@jhmi.edu

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Figure 1. Model for how relative aldehyde dehydrogenase (ALDH) expression and the activation/proliferation state of the cell may interact to determine CD4⁺ T cell sensitivity to cyclophosphamide (Cy). (**A**) At baseline, CD4⁺ T cells have little ALDH expression and regulatory T cells (T_{regs}) are the most proliferative CD4⁺ subset, potentially explaining why T_{regs} can be selectively depleted by Cy in this context. However, with allogeneic stimulation, the ALDH expression and activation/proliferation states of both T_{regs} and conventional T cells (T_{cons}) change, overall favoring the survival of T_{regs} over T_{cons} when Cy is administered on day 3 of allogeneic stimulation. The narrow window to induce tolerance that is lost after day 4 of allogeneic stimulation, as previously demonstrated in murine studies, may be explained by the further dynamic changes in ALDH expression and proliferation with continued allogeneic stimulation that no longer confer a survival advantage to T_{regs} . As there is variability in both parameters among cells within each group (T_{regs} or T_{cons}), the general population changes are shown. (**B**) Whether an individual CD4⁺ T cell survives cyclophosphamide exposure is likely determined by a complex balance of a number of factors with ALDH expression and the cell activation/proliferation state being dominant mechanisms. Other factors such as relative expression of particular ATP-binding cassette (ABC) transporters, which can efflux cyclophosphamide from the cell, and the relative dose of cyclophosphamide likely have some impact. The mechanisms of ALDH upregulation after allogeneic stimulation require further investigation.

upregulated ALDH isoforms to levels 10-fold higher than those found within T_{cons} , thus becoming relatively mafosfamide resistant ⁷ Similar findings were seen in our second publication in which ALDH expression by murine T_{regs} was increased after allogeneic stimulation *in vitro* and conferred heightened T_{reg} resistance to mafosfamide-induced cytotoxicity.⁸

In both publications, T_{regs} were found to be necessary for PTCy-mediated GVHD prevention.7,8 Xenogeneic experiments showed that PTCy's GVHD protective effects were lost when T_{regs} were flow cytometrically depleted from human peripheral blood mononuclear cells allografts prior to transplantation into NOD/ Lt-scid/IL- $2r\gamma^{null}$ mice.⁷ Using major histocompatibility antigen-matched, minor histocompatibility antigen-mismatched alloBMT murine models, removal of T_{regs} by flow cytometric sorting or selective in vivo depletion resulted in lethal GVHD.8 Furthermore, mice which had been treated with PTCy and then Treg depleted were rescued from lethal GVHD by the adoptive transfer of thymically derived T_{regs} (tT_{regs}) from PTCy-treated mice.⁸ PTCy promoted both persistence of tTregs and peripheral induction of T_{regs} from T_{cons}, although tT_{regs} constituted the more functionally active. dominant T_{reg} population.8

The mechanistic insights provided by these two papers may help resolve the apparent paradoxical duality of cyclophosphamide as relates to T_{regs} and tolerance induction (Fig. 1). At baseline, effector T_{regs} are the most proliferative $CD4^+$ T cell subset.⁹ Thus, having low ALDH expression in the steady-state autologous setting but a relatively high proliferative rate,^{7,8} it is not surprising that Tregs may be highly susceptible to an alkylating agent like cyclophosphamide. However, after allogeneic or likely other types of stimulation in a lymphopenic environment, T_{regs} increase ALDH expression more so than CD4⁺ T_{cons}, which themselves have become more proliferative; thus Tregs become more resistant than their CD4 T_{con} counterparts.^{7,8} The dose of cyclophosphamide may accentuate this effect as the relative importance of ALDH in cyclophosphamide clearance is heightened with higher doses of cyclophosphamide.¹⁰ These changes in the relative resistance of

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T_{regs} and T_{cons} to cyclophosphamide may explain the importance of context and timing as to whether cyclophosphamide exerts a pro- or ant-inflammatory net effect (Fig. 1). Indeed, in both of our studies, differential ALDH expression was most pronounced in T_{regs} at MLR day 3 with more equivalent expression between T_{regs} and T_{cons} by MLR day 7,^{7,8} likely explaining why the window for PTCy to induce tolerance only exists within the first few days after allogeneic stimulation.^{1,5,6} Further work will be needed to define which clinical contexts are most conducive to T_{reg} depletion and which to Treg preservation in order to

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fully exploit this delicate balance toward a clinical advantage.

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