

Characterizing the PK/PD relationship for inhibition of capsaicin-induced dermal vasodilatation by MK-3207, an oral calcitonin gene related peptide receptor antagonist

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WHAT IS ALREADY KNOWN ABOUT THIS SUBJECT

- A previous study with telcagepant suggested that a capsaicin-induced dermal vasodilatation model might provide useful target-engagement information in healthy volunteers for calcitonin gene related peptide (CGRP) receptor antagonists intended to be investigated in the clinic for the treatment of migraine pain.

WHAT THIS STUDY ADDS

- This study confirmed the utility of the capsaicin-induced dermal vasodilatation model for dose selection and interpretation of the efficacy results from a phase 2 trial of the CGRP receptor antagonist MK-3207.
- The model provides early stage pharmacological and quantitative insights into dose–response to aid in future development of CGRP receptor antagonists.

AIMS

Calcitonin gene related peptide (CGRP) receptor antagonists are effective acute migraine treatments. A capsaicin-induced dermal vasodilatation (CIDV) model has been developed to provide target-engagement information in healthy volunteers. In the model, CGRP release is provoked after dermal capsaicin application, by activating transient receptor potential vanilloid-type-1 (TRPV1) receptors at peripheral sensory nerves. Laser Doppler imaging is used to quantify CIDV and subsequent inhibition by CGRP receptor antagonists. We sought to evaluate a CGRP receptor antagonist, MK-3207, in the biomarker model and to assess the predictability of the CIDV response to migraine clinical efficacy.

METHODS

An integrated population pharmacokinetic/pharmacodynamic (PK/PD) model was developed to describe the exposure–response relationship for CIDV inhibition by CGRP and TRPV1 receptor antagonists. MK-3207 dose–response predictions were made based on estimated potency from the PK/PD model and mean plasma concentrations observed at the doses investigated.

RESULTS

The results suggested that a 20 mg dose of MK-3207 (EC_{50} of 1.59 nM) would be required to attain the peripheral CIDV response at a target level that was shown previously to correlate with 2 h clinical efficacy based on phase 3 telcagepant clinical data, and that a plateau of the dose–response would be reached around 40–100 mg. These predictions provided a quantitative rationale for dose selection in a phase 2 clinical trial of MK-3207 and helped with interpretation of the efficacy results from the trial.

CONCLUSIONS

The integrated CIDV PK/PD model provides a useful platform for characterization of PK/PD relationships and predictions of dose–response relationships to aid in future development of CGRP and TRPV1 receptor antagonists.

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Introduction

Calcitonin gene related peptide (CGRP) is a potent vasodilator and neurotransmitter involved in migraine pathophysiology and is a pharmacological target for the treatment of migraine headache [1, 2]. Blocking CGRP receptors results in effective migraine treatment, as confirmed in clinical trials with the CGRP receptor antagonists, olcegepant and telcagepant (MK-0974) [3, 4]. Current triptan treatments have direct vasoconstrictor activity through 5-HT_{1B} receptor activation and therefore their use is contra-indicated in patients with cardiovascular disease [5, 6]. As CGRP receptor antagonists lack direct vasoconstrictor activity, they have the potential to become the next generation of specific antimigraine drugs without the cardiovascular risk of the triptans [6].

In order to facilitate the development of CGRP receptor antagonists, a human pharmacodynamic model for the non-invasive *in vivo* assessment of CGRP receptor antagonist activity was developed. This capsaicin-induced dermal vasodilatation (CIDV) model was first established and validated in the rhesus monkey [7, 8]. Subsequently it was translated into humans [9] and proved to be a reproducible pharmacodynamic assay which could easily be incorporated in early phase clinical drug development studies in healthy subjects. The CIDV model is a useful target engagement biomarker for CGRP receptor antagonists and can be used to predict dose–response and support dose selection in early clinical trials for acute treatment of migraine. In the CIDV model, capsaicin is applied topically onto the skin and activates transient receptor potential vanilloid type 1 (TRPV1) receptors at peripheral sensory nerves [10]. This activation results in the local release of vasoactive mediators which initiate a process of neurogenic inflammation characterized by local vasodilation. The accompanied increase in dermal blood flow (DBF), which can be measured using laser Doppler imaging, is largely mediated by CGRP and can be almost completely blocked by CGRP receptor antagonists [11, 12].

MK-3207 is a structurally novel, potent, highly selective and orally bioavailable CGRP receptor antagonist which has shown clinical efficacy for acute migraine in a phase 2 trial [8, 13]. In healthy humans, MK-3207 is rapidly absorbed (median t_{max} 1–2 h) and exhibits a biexponential decay post- C_{max} , with an apparent half-life of about 3–6 h for the α phase, and 9–18 h for the β phase. The primary objective of the present study was to evaluate the effect of MK-3207 on CIDV in healthy subjects in order to better understand the pharmacokinetic/pharmacodynamic (PK/PD) relationship and further validate the CIDV model. The secondary objective was to predict the MK-3207 dose–response relationship for CIDV inhibition and compare with clinical efficacy in order to establish a biomarker-efficacy correlation for future development of compounds targeting the CGRP pathway. Although MK-3207 is no longer in clinical development due to the

finding that some subjects experienced liver test abnormalities [13], the methodological approach and results are potentially useful for those developing other treatments targeting CGRP such as CGRP antibodies [14].

Methods

Ethics

The protocol for the MK-3207 CIDV study (Merck Protocol 002) was reviewed and approved by the Independent Ethics Committee of the University Hospitals of Leuven, Belgium. Before enrolment, all participants gave informed consent in writing after a full verbal and written explanation of the study. The study was conducted in accordance with local law, the ethical principles of the Declaration of Helsinki and Good Clinical Practice guidelines.

Design of MK-3207 CIDV study

Two groups (part I and part II), consisting of 16 healthy male subjects each, with an age range of 18–42 years, participated in a randomized, double-blind, placebo-controlled, four-period, crossover study to evaluate the effects of orally administered MK-3207 on dermal vasodilatation induced by topical capsaicin.

As part of the screening, subjects underwent a baseline laser Doppler scan to measure baseline dermal blood flow. Subsequently, a topical dose of 1000 μg 20 μl^{-1} capsaicin solution was applied within a 10 mm rubber ‘O’ ring placed on the volar surface of one forearm. Thirty minutes post-capsaicin application, subjects underwent a second laser Doppler scan at the site of interest to measure CIDV. Subjects were considered eligible for participation in the study if they demonstrated an increase of at least 100% in dermal flow 30 min after capsaicin application (two subjects did not show a response and were excluded). The details of the laser Doppler skin perfusion measurement methodology have been previously reported [9, 15].

In part I of the study, periods 1 to 4, 16 subjects received single oral doses of 100, 40 or 20 mg of MK-3207 or matching placebo. Based on the results from part I, three additional dose levels were selected to be tested in part II to enable adequate characterization of the dose–response curve for inhibition of CIDV. In part II, periods 1 to 4, 16 subjects received single oral doses of 20, 2 or 0.25 mg MK-3207 or matching placebo.

In both part I and part II, the sequence in which these treatments was administered over the course of four periods was randomly allocated. There was at least a 7 day washout between each treatment period for all subjects. After dosing with MK-3207 or matching placebo, subjects received two single topical doses (300 μg 20 μl^{-1} and 1000 μg 20 μl^{-1}) of capsaicin solution (in ethanol: polysorbate 20 : water [3:3:4]) at two time points in 10 mm rubber ‘O’ rings on the volar surface of each forearm (a total of four capsaicin applications). Capsaicin applications

were randomized by arm and timed so that the blood flow response (i.e. 30 min post-capsaicin application) could be evaluated over the time interval relevant to anticipated migraine analgesic activity (0–4 h) and the t_{\max} (1–2 h) of MK-3207. Capsaicin was applied at 0.5 and 3.5 h post-MK-3207/matching placebo intake. For each evaluation of capsaicin-induced vasodilatation, a baseline laser Doppler scan was performed pre-dose MK-3207/matching placebo administration and just prior to each capsaicin application. Laser Doppler scans were then performed again post-capsaicin application at 1 and 4 h post-MK-3207/matching placebo intake.

For all treatment periods in part I and part II, blood was collected for pharmacokinetic evaluation at pre-dose, and at 0.5, 1, 1.5, 2 and 4 h post-dose.

Population PK/PD CIDV modelling and predictions

An integrated population PK/PD model for CIDV was built based on data from the MK-3207 CIDV study as well as three additional studies: (1) a pilot study assessing CIDV [9], (2) a CIDV study with the TRPV1 receptor antagonist MK-2295 [16] and (3) a CIDV study with the CGRP receptor antagonist telcagepant (MK-0974) [12]. The base model structure is described by equation 1. Blood flow is described as a baseline blood flow plus an incremental blood flow as a result of CIDV. The incremental blood flow is described by a competitive E_{\max} model (between capsaicin and MK-2295) which is inhibited by CGRP receptor antagonists (MK-3207 or MK-0974) by an E_{\max} model.

$$F = E_0 + \frac{E_{\max, \text{caps}} \times D_{\text{caps}}}{D_{\text{caps}} + ED_{50, \text{caps}} + \frac{ED_{50, \text{caps}}}{EC_{50, \text{MK-2295}}} C_{\text{MK-2295}}} \left(1 - E_{\max, \text{CGRP}} \times \left(\frac{C_{\text{MK-3207}}}{C_{\text{MK-3207}} + EC_{50, \text{MK-3207}}} + \frac{C_{\text{MK-0974}}}{C_{\text{MK-0974}} + EC_{50, \text{MK-0974}}} \right) \right) \quad \text{Equation 1.}$$

F: flow (arbitrary units); E_0 : baseline flow; $E_{\max, \text{caps}}$: maximum flow, incremental blood flow from baseline due to capsaicin; $E_{\max, \text{CGRP}}$: maximum inhibition of capsaicin induced flow by a CGRP receptor antagonist; D_{caps} : capsaicin dose applied ($\mu\text{g } 20 \mu\text{l}^{-1}$); $ED_{50, \text{caps}}$: capsaicin dose to achieve 50% vasodilation ($\mu\text{g } \mu\text{l}^{-1}$); $EC_{50, \text{MK-2295}}$: MK-2295 concentration required to inhibit 50% of the capsaicin effect; $EC_{50, \text{MK-3207}}$: MK-3207 concentration required for 50% of maximum CGRP effect; $EC_{50, \text{MK-0974}}$: MK-0974 concentration required for 50% of maximum CGRP effect; $C_{\text{MK-2295}}$: observed concentration of MK-2295 (nM); $C_{\text{MK-3207}}$: observed concentration of MK-3207 (nM); $C_{\text{MK-0974}}$: observed concentration of MK-0974 (nM). MK-3207 and MK-0974 (telcagepant) are CGRP receptor antagonists. MK-2295 is a TRPV1 receptor antagonist.

Inter-individual variability (IIV) terms (η) were selected using forward substitution/backward elimination with

significance levels of 0.05 and 0.001, respectively. Covariate assessments focused on study-to-study differences in the PK/PD parameters. The model was fitted using NONMEM® VI (ICON Development Solutions, Dublin, Ireland) using a first order conditional model with interaction.

The population mean estimates of $EC_{50, \text{MK-3207}}$ and $E_{\max, \text{CGRP}}$ from the PK/PD model were used to simulate the exposure–response curve of MK-3207 for % inhibition of CIDV. The geometric mean values of observed plasma concentrations of MK-3207 at 2 h post-dose were used as input of the population PK/PD model in order to predict mean response of MK-3207 for inhibition of CIDV at clinically relevant time points of 2 h post-dose (the primary time point used to assess acute efficacy in many migraine trials). The prediction was conducted at five dose levels (0.25, 2, 20, 40 and 100 mg) evaluated in the present study in order to construct the dose–response relationship.

Results

Population PK/PD CIDV modelling

The final parameter estimates of the PK/PD model and associated standard errors are summarized in Table 1. Inter-individual variability terms were included in the final model for E_0 , $E_{\max, \text{caps}}$, $ED_{50, \text{caps}}$ and $E_{\max, \text{CGRP}}$ assuming log normal distributions. Two additive covariates of the pilot study were found to be significant on the baseline blood flow (E_0) and maximum blood flow ($E_{\max, \text{caps}}$). The estimated EC_{50} and EC_{90} values for MK-3207 for inhibition of CIDV were ~1.6 nM and ~14 nM, respectively. The E_{\max} for inhibition of CIDV by CGRP receptor antagonists was 92.4% though notably not 100%.

Figure 1 shows the observed blood flow (mean perfusion values) measured by laser Doppler imaging and the predicted blood flow at different plasma concentrations of MK-3207 30 min after administration of 300 and 1000 $\mu\text{g } 20 \mu\text{l}^{-1}$ of capsaicin. The model describes the observed data reasonably well. The data display a clear exposure–response relationship and the intrinsic variability associated with capsaicin response. Diagnostic plots for goodness of model fit are shown in Figure S1. The ratios between model predicted values and observed values generally centre around the unity line. There are no systematic biases between weighted residual errors across a range of blood flow values and subjects, suggesting adequate model fit.

Prediction of dose–response of MK-3207 for inhibition of CIDV

Figure 2 shows the simulated mean % CIDV inhibition vs. plasma concentration of MK-3207 based on the estimated $EC_{50, \text{MK-3207}}$ and $E_{\max, \text{CGRP}}$ from the population PK/PD model. Results suggest that MK-3207 is a potent compound (EC_{50} of ~1.6 nM) and that the majority of the exposure–response relationship occurs at low nM

Table 1

Parameter estimates for the final PK/PD model for blockade of CIDV response

Parameters	Parameter estimate	RSE† for parameter	ω estimate‡	% RSE for ω estimate
E_0 (arb)	0.388	3.89%	0.0755	17.20%
$E_{max,caps}$ (arb)	1.88	12.00%	0.533	23.10%
$ED_{50,caps}$ ($\mu\text{g } 20 \mu\text{l}^{-1}$)	363	18.50%	5.45	32.80%
$EC_{50,MK-3207}$ (nM)	1.59	31.40%	NA	NA
$E_{max,CGRP}$ (fractional)	0.924	1.59%	0.00489	40.10%
$EC_{50,MK-2295}$ (nM)	49.7	19.30%	NA	NA
$EC_{50,MK-0974}$ (nM)	102	38.00%	NA	NA
$\Delta E_{0,pilot \text{ study}}$ (arb)	0.565	7.29%	–	–
$\Delta E_{max,pilot \text{ study}}$ (arb)	1.07	40.50%	–	–
Proportional residual error	0.0692	9.83%	–	–

†%RSE is percent relative standard error ($100\% \times SE/EST$). ‡ ω is the log scale variance of the inter-individual variability. arb, arbitrary units; caps, capsaicin; E_0 , baseline flow; $E_{max,caps}$, maximum flow, incremental blood flow from baseline due to capsaicin; $E_{max,CGRP}$, maximum inhibition of capsaicin induced flow by a CGRP receptor antagonist; $EC_{50,MK-2295}$, MK-2295 concentration required to inhibit 50% of the capsaicin effect; $EC_{50,MK-3207}$, MK-3207 concentration required for 50% of maximum CGRP effect; $EC_{50,MK-0974}$, MK-0974 concentration required for 50% of maximum CGRP effect; $\Delta E_{0,pilot \text{ study}}$, additive covariate of the pilot study on the baseline blood flow; $\Delta E_{max,pilot \text{ study}}$, additive covariate of the pilot study on the maximum flow induced by capsaicin. MK-3207 and MK-0974 (telcagepant) are CGRP receptor antagonists. MK-2295 is a TRPV1 receptor antagonist.

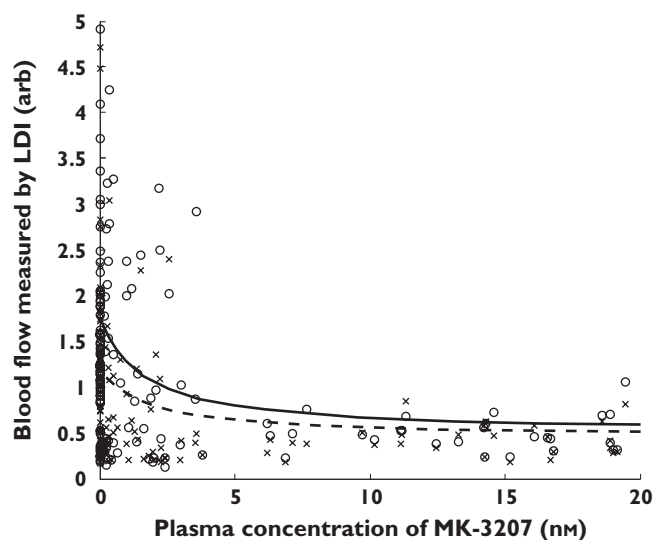


Figure 1

Model predicted vs. observed blood flow by MK-3207 plasma concentration at two capsaicin doses (300 and 1000 μg). Note: Data at MK-3207 concentrations of zero are from subjects who received placebo (instead of MK-3207). x, observed flow at 300 $\mu\text{g } 20 \mu\text{l}^{-1}$ capsaicin; - - -, population predicted flow at 300 $\mu\text{g } 20 \mu\text{l}^{-1}$ capsaicin; o, observed flow at 1000 $\mu\text{g } 20 \mu\text{l}^{-1}$ capsaicin; —, population predicted flow at 1000 $\mu\text{g } 20 \mu\text{l}^{-1}$ capsaicin

concentration range and starts to trend toward a plateau around the estimated EC_{90} (14 nM) of MK-3207. Table 2 summarizes the geometric mean (geometric %CV) of plasma concentrations of MK-3207 and associated prediction of CIDV response following single oral administrations of 0.25, 2, 20, 40 and 100 mg of MK-3207 at 2 h post-dose. MK-3207 concentration increases more than dose proportionally in this dose range, which is possibly associated with saturation of first pass metabolism by CYP3A4 and

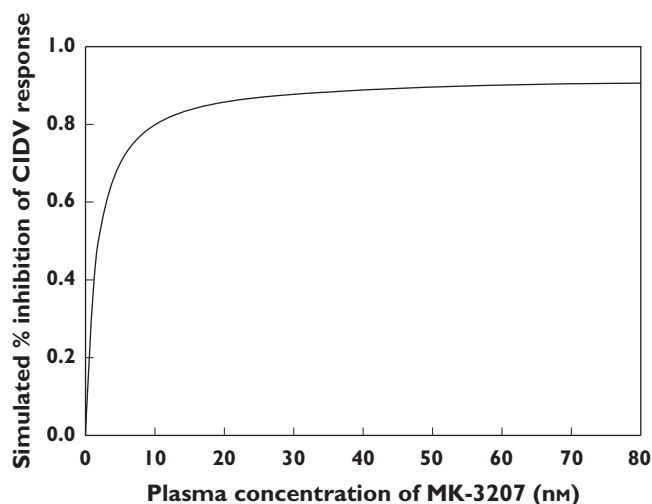


Figure 2

Simulated mean response of inhibition (%) of capsaicin-induced dermal vasodilatation (CIDV) by MK-3207 vs. plasma concentrations of MK-3207

P-gp efflux transport with increasing doses. A 20 mg dose is associated with geometric mean plasma concentration of ~ 40 nM at 2 h post-dose, and is expected to result in 2 h plasma concentrations above the EC_{90} (14 nM) level for the majority of subjects. Further increase in dose beyond 20 mg appears to provide limited increase in inhibition of peripheral CIDV response and a plateau appears to be reached between 40 to 100 mg. It is postulated that maintaining EC_{90} level target engagement during the first 2 h after dosing can be a meaningful metric corresponding to primary clinical efficacy end points (2 h pain relief and 2 h pain freedom) of CGRP receptor antagonists for acute treatment of migraine. A similar correlation was established based on clinical CIDV and clinical efficacy data of

Table 2

Geometric mean (Geometric %CV) of 2 h plasma concentrations of MK-3207 and model predicted percentage of maximum response for inhibition of capsaicin-induced dermal vasodilatation (CIDV) by CGRP receptor antagonists following single oral administrations of MK-3207

Dose (mg)	n	Geometric mean of C _{2h} † (nM)	Geometric %CV	CIDV inhibition (%)§	% of maximum response¶
0.25	16†	0.243	75.8	12	13
2	16	2.90	52.0	60	65
20	32	39.5	44.4	89	96
40	16	78.0	72.1	91	98
100	16	277	57.0	92	99

†Four plasma concentration values were below the assay limit of quantification (LOQ is 0.18 nM). These values were imputed as 1/2 of the assay LOQ. ‡Observed plasma concentration of MK-3207 at 2 h post-dose. §Predicted mean %CIDV response based on population PK/PD model. ¶Percentage of predicted maximum blockade of CIDV response by CGRP receptor antagonists.

telcagepant at a 300 mg dose, which was shown in phase 3 studies to be clinically efficacious for acute treatment of migraine.

Discussion

CGRP receptor antagonists have been shown to be clinically efficacious for acute treatment of migraine [3, 4, 13]. In this study, the pharmacodynamic response to a CGRP receptor antagonist, MK-3207, was assessed using the CIDV model as a biomarker for target engagement of receptor antagonism through peripheral mechanisms. By applying topical capsaicin onto the skin, TRPV1 activation leads to dermal vasodilation, which is almost exclusively CGRP dependent. Van der Schueren *et al.* showed that neither substance P, nitric oxide nor prostaglandins are involved in this vasodilatory response [11]. Population PK/PD CIDV modelling in the present study showed that the E_{max} for inhibition of CIDV by CGRP antagonists is ~92.4%. This suggests that CGRP is the primary, but perhaps not the only, contributor to CIDV. The other possible and minor mediators of the response are unknown at present. Based on the EC_{50} values (~1.6 nM) estimated from the clinical biomarker study, MK-3207 is expected to be ~63-fold more potent than MK-0974 (EC_{50} ~100 nM). This agrees with the *in vitro* results where MK-3207 is ~40-fold more potent than MK-0974 (telcagepant) based on inhibition of CGRP binding to human CGRP receptors (K_i = 0.02 and 0.8 nM for MK-3207 and MK-0974, respectively) [8].

The study results suggest efficacious CGRP receptor antagonism by MK-3207 in an exposure-dependent manner. The PK/PD model predicts that a dose of 20 mg would be required to attain 90% of maximal peripheral CIDV response for 0–2 h post-dose for the majority of the subjects and further increase in dose beyond 20 mg pro-

vides minimal gain, with a response plateau reached between 40 and 100 mg. Even though clinical efficacy was demonstrated in the MK-3207 phase 2 clinical trial, there was lack of clarity on the shape of the dose–response relationship due to the high variability of the primary efficacy end point (2 h pain freedom) [13]. This was an adaptive design study with a total of seven doses (2.5, 5, 10, 20, 50, 100 and 200 mg) evaluated in migraine patients. Among the tested doses, the pairwise difference vs. placebo for 2 h pain freedom was significant for 200 mg ($P < 0.001$) and nominally significant for 10 mg and 100 mg ($P < 0.05$). For 2 h pain relief, the pairwise comparisons vs. placebo were significant for all doses above 10 mg. While there may be an advantage of the 200 mg dose based on a composite measure of efficacy over 24 h, the confidence intervals for efficacy measures for each dose were overlapping, and it is not possible to conclude definitively that the 200 mg dose was more effective than other doses from 10 mg and up. The CIDV predictions of pharmacological dose–response provide a plausible way of interpreting the observed dose–response in the phase 2 trial, in suggesting that MK-3207 may be clinically efficacious at doses of 20 mg or higher, and that a plateau for 2 h efficacy may be achieved around 40–100 mg, based on peripheral blockade. If the phase 2 finding of increased efficacy at the 200 mg dose is valid then it is possible that additional central blockade of CGRP receptors may be a factor in determining efficacy.

The pathophysiology of migraine and the exact site of action of CGRP receptor antagonists, central or peripheral, remain incompletely understood. Migraine is currently conceptualized as a neurovascular headache in which sensitization and activation of the trigeminovascular system results in perivascular release of neuropeptides such as CGRP [17, 18]. Upon release of CGRP by centrally projecting pain transmission fibres, second order neurons are activated in the brain stem and central pain transmission occurs. Additionally, perivascular release of vasoactive neuropeptides promotes neurogenic inflammation [19] and is thought to cause CGRP mediated vasodilatation of intracranial extracerebral arteries [20]. The CGRP receptor is expressed both in the central nervous system and on vascular smooth muscle cells and it remains unclear whether central or peripheral mechanisms are more important determinants of the actions of CGRP receptor antagonists [21, 22]. Recent PET studies in healthy subjects and migraine patients suggest limited central receptor occupancy of the CGRP receptor antagonist telcagepant at clinically efficacious dose levels, which supports the importance of peripheral mechanisms in the clinical efficacy of CGRP receptor antagonists [22, 23]. While these findings suggest that central CGRP receptor occupancy is not 'required' for clinically meaningful efficacy, they do not exclude the possibility that centrally acting CGRP receptor antagonists might show enhanced efficacy. Phase 2 clinical efficacy results with the CGRP

antibody LY2951742 also indicate that a peripheral approach in migraine treatment may be sufficient as antibodies may not easily penetrate the blood–brain barrier [24, 25]. In the CIDV model, peripheral vasodilation is the primary parameter evaluated and predictions from the CIDV PK/PD analysis suggest a reasonable correlation with clinical efficacy for both telcagepant [12] and MK-3207 (present study).

In conclusion, our study demonstrates that the integrated CIDV PK/PD model provides a useful platform for characterization of PK/PD relationships that can be applied to early predictions of the clinical dose to aid in efficient study design and formulation strategy in early clinical development. In addition, given the generally high variability associated with migraine efficacy end points within and between clinical trials, the model predictions can be leveraged to understand the dose–response relationships, which oftentimes can be difficult to extract based on results from phase 2 dose ranging trials alone, given the limited sample sizes. This platform provides early stage pharmacological and quantitative insights into dose-response and can be a useful tool for development of future CGRP/TRPV1-based therapies, such as CGRP antibodies [14], for migraine and other diseases.

Competing Interests

All authors have completed the Unified Competing Interest form at http://www.icmje.org/coi_disclosure.pdf (available on request from the corresponding author) and declare this study was funded by Merck & Co., Inc. C.-C. Li, W.S. Denney, W.P. Kennedy, J. Palcza, A. Gipson, T. H. Han, R. Blanchard, I. De Lepeleire, G. Murphy and K. Van Dyck are current or former employees of Merck & Co., Inc., Whitehouse Station, NJ, or MSD Europe, and own or owned stock/stock options in Merck. S. Vermeersch, M. Depré, and J.N. de Hoon have received research funding from Merck.

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Supporting Information

Additional Supporting Information may be found in the online version of this article at the publisher's web-site:

Figure S1

Diagnostic plots for goodness of fit for the population PK/PD CIDV model for MK-3207