

Additional disulfide bonds in insulin: Prediction, recombinant expression, receptor binding affinity, and stability

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Abstract: The structure of insulin, a glucose homeostasis-controlling hormone, is highly conserved in all vertebrates and stabilized by three disulfide bonds. Recently, we designed a novel insulin analogue containing a fourth disulfide bond located between positions A10-B4. The N-terminus of insulin's B-chain is flexible and can adapt multiple conformations. We examined how well disulfide bond predictions algorithms could identify disulfide bonds in this region of insulin. In order to identify stable insulin analogues with additional disulfide bonds, which could be expressed, the C_{R} cutoff distance had to be increased in many instances and single X-ray structures as well as structures from MD simulations had to be used. The analogues that were identified by the algorithm without extensive adjustments of the prediction parameters were more thermally stable as assessed by DSC and CD and expressed in higher yields in comparison to analogues with additional disulfide bonds that were more difficult to predict. In contrast, addition of the fourth disulfide bond rendered all analogues resistant to fibrillation under stress conditions and all stable analogues bound to the insulin receptor with picomolar affinities. Thus activity and fibrillation propensity did not correlate with the results from the prediction algorithm.

Keywords: disulfide; prediction; insulin; protein design; stability

Statement: A fourth disulfide bond has recently been introduced into insulin, a small two-chain protein containing three native disulfide bonds. Here we show that a prediction algorithm predicts four additional four disulfide insulin analogues which could be expressed. Although the location of the additional disulfide bonds is only slightly shifted, this shift impacts both stability and activity of the resulting insulin analogues.

Introduction

Insulin is a key hormone regulating glucose homeostasis and an important drug for treatment of diabetes, a disease affecting more than 350 million people world wide.1 Diabetes has evolved into an epidemic and especially in the developing countries, where lack of cooling facilities poses an additional problem, the numbers of patients are increasing with a tremendous speed.^{1,2} The stability of insulin at elevated temperatures is therefore important for its shelf-life and the safety of the patients. Furthermore the use of continuous pumps as an alternative to multiple daily injections increases the necessity for high physical stability of insulin. Insulin is subjected to shear forces in the pumps and is

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known to readily form fibrils under such physical stress.^{3,4}

The insulin molecule consists of two peptide chains, the A-chain and the B-chain, linked by two disulfide bonds. In addition the A-chain also contains an intramolecular disulfide bond. The A-chain consists of 21 amino acids containing two α -helices in A1-A8 and A12-A20 connected by a loop, whereas the B-chain consist of 30 amino acids containing a central α -helix in position B9-B19 flanked by two turns and flexible regions in both termini.^{5,6} Insulin forms higher oligomeric states, dimers at micromolar concentration and hexamers at millimolar concentration with addition of zinc. Binding of small aromatic alcohols, like phenol and m-cresol in the hexameric form, facilitates a conformational change of the Nterminal end of the B-chain extending the central helix to include positions $B1-B8$ ⁷⁻⁹ The oligomeric states of insulin stabilize the molecule^{3,10,11} but it is the monomeric state of insulin which facilitates its binding to the insulin receptor. 12

The three native disulfide bonds have been conserved in the insulin structure for more than half a billion years and are of major importance for the stability of the molecule. $13-16$ Recently, we introduced an insulin analogue containing a fourth disulfide bond between position A10 in the A-chain and B4 in the B-chain, (A10C-B4C)** which was not only more stable but also showed indications of being more potent than human insulin.¹⁷ Here we describe three additional insulin analogues where the position of one of the cysteine residues in the fourth disulfide bond is altered. The analogues were engineered using prediction tools and knowledge about the structure. Furthermore, we compared the binding affinity and stability of these new analogues with the published results for the A10C-B4C 4SSinsulin† analogue. We also discuss the use of disulfide bond prediction tools and the different factors effecting successful prediction of stable disulfide bonds.

Results

Engineering and expression

We have previously shown that an analogue containing an additional disulfide between position A10 in the A-chain and B4 in the B-chain could successfully be expressed, folded, and secreted from the yeast, Saccharomyces cerevisiae expression system. We therefore tested the ability of disulfide bond prediction algorithms to predict the locations of disulfide

Table I. Identification of Disulfide Bonds in Human Insulin

	C_{β} - C_{β} distance cut-off (\AA)	Disulfide bond	Weighted score
Based on one structure	15	$A10-B1$	
	10	$A10-B2$	10,436
	5	$A10-B3$	442
	7	$A10-B4$	10,483
	6	$A10-B5$	471
	9	$A10-B6$	10,504
Based on trajectory	8	$A10-B1$	10,490
	8	$A10-B2$	10,545
	7	$A10-B3$	10,418
	8	$A10-B4$	498
	7	$A10-B5$	412
	8	$A10-B6$	518

bonds in the 4SS-insulin analogue already constructed and also in adjacent positions. The Schrödinger software BioLuminate was used to identify new potential disulfide bonds in a crystal structure of human insulin (Protein data base (PDB) ID: $1MSO^{18}$ $1MSO^{18}$).^{19–22} In order to investigate if the natural occurring disulfide bonds could be predicted, all three disulfide bonds in the crystal structure of human insulin were broken and the cysteins were substituted with alanine. The cysteine mutation method was applied on this structure with a 5 \AA C_B- C_{β} cut-off distance. All three native disulfide bonds were identified as potential disulfide bonds. A weighted score for each of the bonds were calculated in the software where the lower the score the better the prediction. The weighted scores were 456 (A7C-B7C), 466 (A11C-A6C), and 348 (A20C-B19C) for the native disulfide bonds illustrating the scores found for highly plausible disulfide bonds. After protein preparation the cysteine mutation method was then applied on the crystal structure of human insulin ([1MSO](info:x-wiley/pdb/1MSO)). We chose to focus mainly on the N-terminal part of insulin as this area does not contribute important receptor binding positions, $23-26$ thus giving higher possibilities of producing active analogues. Also as this area is highly flexible, restraining it by an additional disulfide bond could have a higher impact on stability.²⁷ Different potential disulfide bonds were identified based on varying the cut-off values for the C_{β} -C_{β} distance (Table I). A10C-B3C was identified with default cut-off value $(5 A)$ while the cut-off values had to be increased in order to identify A10C-B2C, A10C-B4C, A10C-B5C, and A10C-B6C. A10C-B1C was not identified as a potential disulfide bond up to the maximal evaluated cut-off value (15 Å) . The weighted scores were calculated after refinement and A10C-B3C and A10C-B5C had scores comparable to the scores obtained for the naturally occurring disulfide bonds.

^{**}The analogues will be named by the location of the 4th disulfide bond e.g. A10C-B4C for a disulfide bond between position ten in the A-chain and four in the B-chain for the rest of the article.

[†] An insulin analogue with four disulfide bonds will be abbreviated an 4SS-insulin analogue.

Figure 1. B-factors for insulin structure. Insulin structure (PDB code: [1MSO](info:x-wiley/pdb/1MSO); one dimer from the hexameric form), seen in two different orientation and visualize by PyMOL. The B-factor increases from blue going to red as illustrated by color bar in the left site.

As the X-ray crystal structures do not picture the full flexibility of the protein, it could be plausible to introduce a fourth disulfide bond in such an area of the molecule even though the distance, as determined from the X-ray structure, is not optimal for disulfide bond formation and therefore not predicted by the prediction tools in the initial screening method. The N-terminal end of the B-chain is very flexible as evident by the B-factors in the [1MSO](info:x-wiley/pdb/1MSO) structure (Fig. 1). This flexibility was also observed for the A10C-B4C insulin analogue where a small

bend was formed in order to facilitate the formation of the fourth disulfide bond, [Fig. 2(B)].

To account for the flexibility, another strategy was employed. Sampling of different structures was performed by making a molecular dynamics simulations.28,29 The cysteine mutation method was applied on the trajectory from the simulation. With a cut-off distance of 8 Å between C_{β} -C_{β} all six disulfide bonds were identified as potential disulfide bonds. The weighted scores were calculated after refinement and A10C-B4C, A10C-B5C, and A10C-B6C had scores comparable to the scores obtained when the naturally occurring disulfide bonds were predicted (Table I).

Based on the positions identified by the BioLuminate the following analogues were constructed and investigated for expression in the yeast expression system: A10C-B1C, A10C-B2C, A10C-B3C, A10C-B5C, and A10C-B6C [Fig. 2(A)]. The analogues were expressed as insulin precursors (see Methods). The expression yield of the five analogue precursors were analyzed by RP-HPLC with human insulin (HI) as an external standard (Table II).

The precursor (i.e. single chain insulin with a mini C-peptide and an N-terminal spacer peptide) with a proposed fourth disulfide between A10C-B6C was expressed with a minute expression yield, only identified by MALDI-MS and no corresponding peak was detected by HPLC. The precursor with a disulfide bond between A10C-B5C was expressed with yield <10% relative to the HI precursor. During conversion to the mature analogue which occurs at pH \sim 9, this analogue was unstable and lost during the process (likely due to disulfide scrambling). The analogue A10C-B3C, which had been predicted with a

Figure 2. Selecting positions for the fourth disulfide bond. (A) Highlight of the side chains used in the 4SS-inslin analogue design and (B) how the disulfide bond is formed in the A10C-B4C analogue, PDB code [4EFX](info:x-wiley/pdb/4EFX).¹⁷

Table II. Data on Selected Position for Introduction of Addition Disulfide Bond

Disulfide bond	Distance $C\beta$ -C β (A) ^a	Expression yield precursor $(\%)$	Receptor binding ^b $(\%)$	Metabolic response ^b $(\%)$	Melting temperature $(^{\circ}C)$	
					$T_{\rm m1}$	$T_{\rm m2}$
HI		100	100	100	64.2	NA
$A10C-B1C$	12.0	$\sim\!\!20$	40 ± 1	31.8	59.8	87.8
$A10C-B2C$	9.2	\sim 40	70 ± 10	65	68.4	87.4
$A10C-B3C$	4.4	~ 80	38 ± 1	22.5	97.4	NA
$A10C-B4C$	6.4	$\sim70^{\circ}$	$156 \pm 16^{\circ}$	132	$98.8^{\frac{1}{4}}$	NA
$A10C-B5C$	5.3	${<}10$	NA	NA	NA	NA
$A10C-B6C$	8.4	${<}1$	NA	NA	NA	NA

^a PDB [1MSO](info:x-wiley/pdb/1MSO) chain A and B.

^b Relative to HI, \pm STD, $n = 3$. ^c Ref. 17.

low score based on the prepared crystal structure was expressed with the highest yield, ${\sim}80\%$ relative to the HI precursor, which was higher than observed for the previous A10C-B4C 4SS-insulin analogue. The A10C-B2C precursor was expressed with a yield of ${\sim}40\%$ relative to the HI precursor and the A10C-B1C precursor with a yield of ${\sim}20\%$ relative to the HI precursor. The three precursors (A10C-B1C, A10C-B2C, and A10C-B3C), which were expressed and stable during enzymatic conversion to mature insulin analogues, were purified as previously described.¹⁷ The precursors were converted to desB30 insulin analogues (analogues lacking the threonine in position 30 in the B-chain) using lysine specific Achromobacter lyticus protease.

Receptor binding

Receptor binding affinities for the three purified analogues were measured using the A isoform of the receptor in a scintillation proximity assay (SPA) as previously described. 23 The binding receptor affinities were determined by competition of the 4SSinsulin analogue and [125I]TyrA14-labeled insulin (Novo Nordisk A/S) in the SPA assay. The results were analyzed according to a four-parameter logistic model and the affinities were expressed relative to

Figure 3. Representative insulin receptor binding curves for human insulin and the 4SS-insulin analogues. Each point on the graph represents the mean \pm SD, $n = 4$ within one assay.

the HI standard $[IC50(insulin)/IC50(analogue) \times$ 100%], see Table II. Representative binding curves are shown in Figures 3.

All three analogues bound to the insulin receptor with high affinities; A10C-B1C and A10C-B3C both bound close to 50% relative to HI whereas A10C-B2C bound slightly better at 70%. Their ability not only to bind but also to activate the receptor and elicit a metabolic response was confirmed in a lipogenesis assay. The results reflected the receptor binding affinities with a tendency of A10C-B3C having a lower response compared with its receptor binding affinity (Table II).

Stability

Amyloid fibril formation

The propensity of the three analogues to form amyloid fibrils was tested in a thioflavin T (ThT) assay. Fibrillation was observed within the first few hours of incubation for HI (Fig. 4). Addition of Zn and phenol to HI known to induce the formation of R6-hexamers,⁹ increased the lag time before fibril formation to ${\sim}5$ h. The 4SS-insulin analogues were

Figure 4. Thioflavin-T (ThT) assay. Time course of ThT fluorescence is shown for human insulin, human insulin with 3Zn/ hexamer and 30 mM phenol, and 4SS-insulin analogues during 45 h shaking (960 rpm) at 37 \degree C. SD is indicated for each point, $n = 4$.

Figure 5. Differential scanning calorimetry (DSC) Thermographs for human insulin and 4SS-insulin analogues recorded from 10 to 110 \degree C with a scan rate of 1 \degree C/min are shown. Insulin analogues (0.2 mM) were formulated in a 0.2 mM phosphate buffer pH 7.5 which was also used as reference buffer.

tested without addition of Zn and phenol and no signs of fibril formation were observed after vigorous shaking for 45 h at 37 $\,^{\circ}$ C.

Thermal stability

The thermal stabilities of the analogues were assessed by differential scanning calorimetry (DSC) (Fig. 5) and circular dichroism (CD) (Fig. 6). The melting temperatures (T_m) for the three analogues were determined by DSC as the maximum of the endothermic peak, see Table I. Unfortunately, as the endothermic unfolding transition had not been completed for any of the 4SS-insulin analogues, before a sharp exotherm occurred due to precipitation/aggregation at \sim 100 °C, the unfolding of the analogues was irreversible and it was therefore not possible to calculate thermodynamic parameters.

The thermograph for A10C-B3C looked very similar to previously reported thermograph for A10C-B4C analogue. This was also reflected in the melting temperature which was only \sim 1 °C lower. The thermographs for A10C-B1C and A10C-B2C also resembled each other but were different from the thermographs for A10C-B3C and A10C-B4C as both contained two peaks with the first melting temperature close to that of HI and the second \sim 10 °C lower than that observed for the A10C-B3C and A10C-B4C analogues.

The temperature effect on secondary structure of the three new 4SS-insulin analogues together with the A10C-B4C analogue was analyzed by circular dichroism (CD). Two different spectral regions were analyzed; 222 nm, [Fig. 6(A)], characteristic for α -helix content and 276nm, [Fig. 6(B)], showing Tyr exposure to the solvent, i.e. side-chain exposure by either changed self-association state or side-chain unfolding.

The fourth disulfide bonds did not have a large effect on unfolding of the backbone helixes. A10C-

B1C and A10C-B2C were close to identical and were very similar to HI. A10C-B3C and A10C-B4C were also very similar to each other. Most noticeably, they diverged from HI and the other two 4SS-insulin analogues after \sim 50/60 °C, where they appeared to maintain the helix up to around 85° C after which they again merged with HI and the two other 4SSinsulin analogues. The spectra at 276 nm showed that the A10C-B1C and A10C-B2C analogues were again very similar to that of HI. There was a tendency that the side chains were generally slightly more exposed for A10C-B1C and for the A10C-B2C slightly less exposed compared with HI. In contrast, a divergence between the HI curve and the curves for A10C-B3C and A10C-B4C was seen. For A10C-B3C, there was the same tendency of divergence from the HI curve observed also at this wavelength suggesting lower solvent exposure relative to HI until \sim 85 °C. This again indicated the higher stability of this analogue assuming the same oligomerization state as HI. In contrast, the curve for the A10C-B4C analogue had a unique profile with a decrease in exposure from 5 to \sim 40 °C with a slight increase up to \sim 85 °C following by a steep increase with the curve ending close to the others. This was a strong indication of a change in oligomerization state in the

Figure 6. CD measurement of thermal unfolding. (A) Far-UV spectra at 222 nm. (B) Near-UV spectra at 276 nm.

initial phase combined with unfolding occurring at elevated temperature.

Discussion

Introduction of an additional disulfide bond (both inter- or intramolecular) to stabilize a protein has been investigated for many different proteins.³⁰⁻³⁸ The difficult aspect of disulfide bond engineering is selecting the best positions for introduction of the cysteine residues involved in formation of the new disulfide bond. It is important that the new disulfide bond does not hinder access and flexibility of the areas essential for protein's function and does not interfere with folding of the protein by disulfide scrambling or interference with hydrophobic core formation. It is also important that the positions of the two cysteine residues favor the formation of a disulfide bond. Several different algorithms were developed to predict possible positions of new disulfide bonds in proteins^{29,39,40} based on distances and angles between atoms of the disulfide bond identified from the known structures in the PDB database. Additional factors such as flexibility and solvent accessibility have also been incorporated in the upgraded versions of the softwares^{19,22,27,29,39,41} to achieve higher prediction success rates.

In the area of interest new four disulfide bonds containing insulin analogues were discovered by using the disulfide bond prediction tool in the Schrödinger BioLuminate software. In order to identify new possible disulfide bonds in the expressed insulin precursors, changes to the structure (allowing flexibility) and bond criteria (changing default settings) had to be allowed. The usefulness of the prediction tools is illustrated as some correlation is seen between the extent of changes that had to be made for the predicted disulfide bonds and the expression yields of the precursor. It was not possible to express all of the predicted precursors, as the A10C-B6C was not expressed in a measurable yield. This disulfide was identified using the X-ray structure method by increasing the cut-off for the C_{β} -C_B distance to 9 Å and resulted in a high weighted score. It was also identified in the trajectory method with a score comparable to the naturally occurring disulfide positions. This illustrates that using the trajectory method could lead to false positives. The precursors for A10C-B3C and A10C-B4C were expressed with the highest yield. According to the melting temperatures, these were also the most stable insulin analogues tested. A10C-B3C was identified using the crystal structure with default cut-off settings and had a weighted score comparable to the values obtained for the naturally occurring disulfide bonds. In order to identify A10C-B4C, the prediction using the trajectory method had to be used with an increased cut-off value for the $C_\beta - C_\beta$ distance but resulting in a low weighted score. In this case the

trajectory method reveals one of the two analogues achieving the highest stability, which has not been identified as a good candidate when using only the crystal structure method. In order to identify A10C-B2C, the cut-off value had to be increased and the weighted scores were high using both the crystal structure and the trajectory methods. The disulfide bond in the expressed precursor A10C-B1C could not be identified when the crystal structure method was used. Based on the trajectory method with increased cut-off for the C_{β} -C_{β} distance, it was identified but with a high weighted score. The A10C-B5C bond was identified from the crystal structure using an increased cut-off value for the C_8-C_8 distance with weighted score comparable to the naturally occurring disulfide bonds. Compared with the A10C-B4C disulfide bond, the A10C-B5C precursor had a much lower yield and was shown to be unstable presumably due to disulfide bond scrambling.

Explanations of protein stabilization by disulfide bonds have generally been attributed to both entropic and enthalpic effects. One theory claims that a decrease in entropy of the unfolded state causing destabilization of this state compared with the folded state.⁴² Another theory claims it is a result of an increase in enthalpy for the folded state compared with the unfolded state as a result of burial of non-polar groups.⁴³ No clear evidence of either of the theories has been found and the answer to the question is more likely a combination of the two depending on each protein sequence.^{44,45} Prior attempts to stabilize proteins have indicated that the highest degree of stabilization is achieved when disulfide bonds were introduced in regions with high flexibility.²⁷ For all four 4SS-insulin analogues restriction of the otherwise very flexible N-terminal end of the B-chain was achieved. The degree of structural flexibility is increasing from the B4 to the B1 position in native HI so the degree of constrains introduced is increasing in the same order. It could therefore be speculated that the analogue with the highest stability was A10C-B1C. As evident by both DSC and CD this is not the case as stabilization appears to be going in the opposite direction increasing from B1 to B4. It could be speculated that formation of the disulfide bonds in A10C-B1C and A10C-B2C resulted in greater strain on the structure, as it had to be arranged in a dis-favorable conformation in order to facilitate bond formation thereby reducing the stability of the molecules. The identification of the A10C-B2C disulfide bond was only made after using a cut-off value of the C_{β} -C_{β} distance that were much higher than the optimal 5 Å and the A10-B1 disulfide bond was only identified when the trajectory method was used. In all cases the weighted scores for the prediction were high indicating that this position is not optimal. Our results contradict the theories that the highest stability is gained

when the disulfide bond is introduced in the most flexible area indicating that this rule is proteindependent.26

Insulin amyloid fibril formation has been thought to occur through an unfolding step of the two flexible terminals of the B-chain with emphasis on the C-terminus.⁴ Already with the first 4SSinsulin analogue we showed that reducing the flexibility of the N-terminus completely hindered fibril formation and these results were further supported by our current results as none of the 4SS-insulin analogues formed fibrils when vigorously shaken for 45 h.

In general the N-terminal part of the B-chain is not believed to be important for receptor binding as illustrated with desB1, desB1-2, and desB1-3 analogues (analogues lacking one, two or three amino acids in the B-chain N-terminus) retaining 89%, 86%, and 68% biological activity, respectively.⁴⁶ It has been speculated that a conformational change from T- to R-state occurs upon binding. 47 The three new 4SS-insulin analogues still retain between 38 and 70% of receptor binding affinity, i.e. picomolar affinity. This reduced binding is likely a result of the restricted flexibility and not their inability to form the R-state. 17 The restriction of flexibility and changes in structure compared with HI is not equal for all four analogues even though their positions are located in close proximity to each other. Thus, albeit the new disulfide bonds are located away from positions known to be involved in receptor binding, the changes in structure can still affect the activity, which, in this case, result in lower binding affinities of the three new analogues compared with the first A10C-B4C analogue. This also provides evidence of the strong effect of the location of the bond not only on stability but also on activity.

The two methods, one predicting possible positions for introduction of disulfide bonds directly from the crystal structure and the other taking flexibility into account using a trajectory from MD simulations gave varying results. Based on these results, we propose the following strategy for disulfide bond prediction: (1) the method based on available crystal structures should indicate the best possible positions that are independent of flexibility in the local area of the protein structure. In our case this was the A10C-B3C analogue, which was identified with a low score and gave the highest yield and best stability. In this case A10C-B5C was also identified but appeared to have problems with disulfide scrambling possibly due to the proximity of the native disulfide bond in position A7-B7. These kinds of problems are not taken into account in the prediction tools; (2) the method based on MD simulations could be an advantage for disulfide bonds located in a flexible areas. The disulfide bond discovered before this work, A10C-B4C, was not found by the first method

indicating that it was not a good position. It was clear from the crystal structure of this analogue that flexibility around the B4 position was necessary for its formation. Using the MD simulation this is taken into account and the A10C-B4C analogue got a good weighted score. This method also indicates that A10C-B6C disulfide bond should be formed, however, this analogue was not expressed. Thus introducing the flexibility could also give rise to false positives. A10C-B1C and A10C-B2C were expressed even though both were only predicted with high weighted scores despite changing default setting for distances and using the MD simulation. However, it was clear that these disulfide bonds did not result in the same high stabilization of the molecule as was seen for the other expressed and purified analogues. This is possibly due to a high amount of strain needed to form these disulfide bonds and also indicates that not all disulfide bonds lead to structure stabilization even if predicted by the algorithms. At last the prediction tool does not take activity into account which was also evident with the 4SS-insulin analogue and here it is necessary to utilize prior knowledge about function and activity when choosing position for disulfide bond formation.

Introduction of disulfide bonds into proteins with the goal of obtaining stabilized active analogues of a protein of interest is not straightforward. Small changes in location may result in large effect on both stability and activity as illustrated with the 4SS-insulin analogues. Although algorithms helping in selecting the best positions for novel disulfide bonds exist, in-depth knowledge about the molecule is essential for obtaining the best functional version of the protein.

Materials and Methods

Modeling

Protein preparation was done with the Protein Preparation Wizard in Maestro version 9.7 and $10.0^{21,22}$ and disulfide predictions were carried out using the cysteine mutation panel within BioLuminate version 1.4 and 1.7^{32} In order to identify possible disulfide bonds, different distance cut-off values between the beta carbons was used $(5-15 \text{ Å})$. The selected mutants were refined with gas phase minimization. In order to identify possible disulfide bonds, both the crystal structure of human insulin [\(1MSO](info:x-wiley/pdb/1MSO)) and the trajectory from the molecular dynamics simulation were used. In the Protein Preparation Wizard the bond orders were assigned, hydrogen atoms added, disulfide bonds created, protonation state assigned with PROPKA at pH 7.0 and finally a restrained minimization was performed. If not stated otherwise the default cut-off of $C_{\beta}-C_{\beta}$ distance was used. The molecular dynamics simulations were performed with Desmond version 4.0 and with OPLS2005 force field.22,28 The simulations were performed with the protein in a water box of 10 \AA as buffer and sodium ions in order to neutralize the system. The simulations were performed at constant temperature (300 K) and pressure (1 bar) . The thermostat method used was Nose-Hoover chain and the barostat method used was Martyna-Tobias-Klein. The cut-off for Coulombic interactions was 9.0 Å. The far time step size was 0.006 ps. The simulation was run for 100 ns.

Plasmids construction and expression

Material, vectors, strains, and construction were as previously described. $24,48,49$ Shortly, the two cysteine residues were introduced in selected positions in the coding sequence by overlapping PCRs. The insulin analogues were expressed as precursors in Saccharomyces cerevisiae consisting of a spacer GluGluAla-GluAlaGluAlaProLys (EEAEAEAPK) peptide followed by the B-chain (B1-B29), a mini C-peptide Ala Ala Lys (AAK) and lastly the A-chain (A1-A21). The expression yields of the insulin precursors were determined by reversed-phase HPLC (RP-HPLC) based on peak area with human insulin as external standard. The mass determined by MALDI as previous described.⁵⁰

Purification

The precursors were fermented in continuous fermenters. The cells were removed from the culture supernatant by centrifugation and were then acidified. The precursor was partially purified and concentrated by cation exchange chromatography. The precursors were converted to mature insulin analogues lacking the B30 threonine by treatment with A. lyticus protease (Novo Nordisk A/S) as previously described.¹⁷ The analogues were further purified by RP-HPLC using a formic acid buffer system and lyophilised.

Circular dichroism spectroscopy

Far-UV and Near-UV CD spectra were recorded with a Jasco J-715 spectropolarimeter (Jasco Scandinavia AB) calibrated with (1S)-(p)-camphor-10-sulfonic acid.

All samples were prepared in a concentration of 50 μ M in a 10 mM phosphate buffer, pH 7.6. The samples were measured in the near-UV range (245– 350 nm) using a 10 mm light path and in the far-UV range (200–260 nm) using a 1 mm light path. The samples were analyzed with a spectra recorded every 5 min starting with a temperature of 5° C and increasing the temperature $1 °C$ per minute until 95 $\rm ^{\circ}C.$

Receptor binding assay

Receptor binding was measured on the A isoform of the receptor in a scintillation proximity assay (SPA)

as previously described.²³ Briefly, the binding receptor affinities were determined by competition of the 4SS-insulin analogue and [125I]TyrA14-labelled insulin (Novo Nordisk A/S) in the SPA assay. The 4SS-insulin analogue (n=4) was tested together with a human standard $(n = 4)$ in one plate. The data was analyzed according to a four-parameter logistic \mathbf{model}^{51} and the affinities were expressed relative to the human insulin standard [IC50(insulin)/IC50(analogue) \times 100%].

Metabolic potency determination

The metabolic potency determinations were done by lipogenesis essentially as described before.¹² Shortly, primary rat adipocytes from SPRD rats were isolated and placed in a degradation buffer containing Hepes buffer, Krebs buffer, 0.1% HSA, collagenase, and glucose. The cells were shaken vigorously for 1 h at 37 \degree C and the cell suspensions were filtered, washed twice and resuspended in incubation buffer containing Hepes buffer, Krebs buffer and 0.1% HSA. $100 \mu L$ aliquots were distributed in 96-well PicoPlates and incubated 2 h at $37 °C$ with gentle shaking together with $10 \mu L$ glucose solution containing D-[3-3H]glucose and glucose and of increasing concentration of 10 μ L insulin analogue. The incubation was stopped by adding 100 µL MicroScint E (Packard) and the plates were counted in a Top-Count NXT (PerkinElmer Life Science). The data were analyzed according to a four-parameter logistic model⁴⁵ and the metabolic potency were expressed relative to a HI standard [EC50(insulin)/EC50(analogue) \times 100%].

Differential scanning calorimetry

The differential scanning calorimetry (DSC) measurements were performed essentially as described before.¹¹ The insulin analogues were formulated at 0.2 mM in a 0.2 mM phosphate buffer pH 7.5 which were also used as reference buffer. The samples were heated from 10 $\mathrm{^{\circ}C}$ to 110 $\mathrm{^{\circ}C}$ with a scan rate of $60 °C$ per hour.

Thioflavin T fibrillation assay

The Thioflavin T (ThT) assay was performed as previously described.¹² Briefly, the samples were prepared freshly. The experiment was performed at 37 C and the plate with the samples was incubated for 10 min before the first measurement and then measured every 20 min for up to 45 h. Between each measurement, the plate was continuously shaken (960 rpm) and heated. Each shown time point is the mean of the four replicas with standard deviation error bars.

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