Polymerization of Sickle Cell Hemoglobin at Arterial Oxygen Saturation Impairs Erythrocyte Deformability

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Abstract

We have examined the filterability of sickle erythrocytes, using an initial-flow-rate method, to determine whether sufficient hemoglobin S polymer forms at arterial oxygen saturation to adversely affect erythrocyte deformability. The amount of intracellular polymer was calculated as a function of oxygen saturation to estimate the polymerization tendency for each of eight patients with sickle cell anemia (SCA). Progressive reduction of oxygen tension within the arterial range caused a sudden loss of filterability of SCA erythrocytes through 5-µmdiam pores at a critical PO₂ between 110 and 190 mmHg. This loss of filterability occurred at a higher PO2 than did morphological sickling, and the critical PO₂ correlated significantly (r = 0.844 - 0.881, P < 0.01) with the polymerization tendency for each patient. Study of density-gradient fractionated cells from four SCA patients indicated that the critical PO2 of dense cells was reached when only a small amount of polymer had formed, indicating the influence of this subpopulation on the results obtained for unfractionated cells. Impairment of erythrocyte filterability at high oxygen saturation (> 90%) suggests that small changes in oxygen saturation within the arterial circulation cause rheological impairment of sickle cells.

Introduction

Polymerization of hemoglobin S within the erythrocytes of patients with homozygous sickle cell anemia $(SCA)^1$ is the primary factor in loss of erythrocyte deformability and morphological sickling (1, 2). Additional factors that contribute to the loss of deformability include erythrocyte dehydration, which causes an increase in mean cell hemoglobin concentration (MCHC) and therefore in cytoplasmic viscosity (3, 4), and membrane damage resulting from repeated cycles of sickling (5). The main determinant of polymer formation and hence abnormal rheology in sickle erythrocytes is oxygen saturation (6, 7). It was formerly considered that substantial deoxygena-

J. Clin. Invest. © The American Society for Clinical Investigation, Inc. 0021-9738/88/06/1669/06 \$2.00 Volume 81, June 1988, 1669–1674 tion was required to form polymer and compromise the rheology of sickle cells, but, using ¹³C-nuclear magnetic resonance, intracellular polymer has been detected at very high oxygen saturation levels (8). It is unknown, however, whether sufficient polymer forms at an oxygen saturation equivalent to the arterial side of the microcirculation to adversely affect sickle cell deformability.

As oxygen saturation decreases, the tendency of hemoglobin S to polymerize increases and the deformability of sickle erythrocytes is reduced. Polymerization in sickle erythrocytes is very sensitive to intraerythrocytic hemoglobin concentration (9) and composition. Based on studies of hemoglobin S polymerization in solution and ¹³C-nuclear magnetic resonance measurements of polymer formation within intact sickle erythrocytes, the extent of polymerization can be calculated for any hemoglobin composition and concentration (10). Such calculations have been used to demonstrate that polymer formation could account for at least 80% of the variation in hemolytic rate and clinical severity among 12 different sickle syndromes (11). Rheological methods used previously for the study of sickle cells have included viscosity measurements on whole blood or washed erythrocytes (6), measurement of erythrocyte elongation by laser diffractometry (12), micropipette determination of membrane viscoelasticity (13), and the gravity filtration of erythrocytes through 5-µm-diam pores (14). The last technique is sensitive to factors that alter cytoplasmic viscosity, including an increase in MCHC (15), and should therefore be sensitive to the rheological effects of both hemoglobin S polymerization and cytoplasmic dehydration in sickle erythrocytes.

To investigate the relationship between the rheology of sickle cells and hemoglobin S polymerization at high oxygen saturation, we have studied the filterability of erythrocytes from eight patients with homozygous SCA and have determined the minimum degree of oxygen desaturation required to compromise erythrocyte deformability. We correlated this degree of oxygen desaturation with the polymerization tendency of these cells.

Methods

Venous blood samples anticoagulated with dry lithium heparin from eight patients with homozygous SCA and tested within 6 h were prefiltered through cotton wool (Imugard IG 500; Terumo Corp., Tokyo, Japan) to reduce contaminating leukocytes to $< 0.025 \times 10^9/I$ (16). Twice-washed erythrocytes were resuspended at a packed cell volume (PCV) of ~ 0.05 (5%) in 20 mmol/liter Hepes-buffered saline (HBS) at pH 7.4 measured at 37°C and 290 mmol/liter osmolality. 20 ml of this suspension was deoxygenated by gently bubbling with moist 95% N₂/5% CO₂ at 37°C for 1 h, and another 20 ml was kept on a roller mixer at atmospheric oxygen at 37°C for 1 h. A 2-ml aliquot of each suspension and 6 ml HBS buffer were then equilibrated with one of

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Received for publication 29 October 1986 and in revised form 23 October 1987.

^{1.} *Abbreviations used in this paper*: HBS, Hepes-puffered saline; IF, index of filtration; MCHC, mean cell hemoglobin concentration; PCV, packed cell volume; SCA, sickle cell anemia.



Figure 1. Cross-section of Hemorheometre to show vertical capillary tube (height, 6 cm; internal diameter, 2.5 mm) containing erythrocyte suspension held by positive back-pressure above 5- μ m pore filter membrane. Release of pressure allows flow of test fluid under gravity, and the optical level detectors measure flow rate of the initial 60 μ l.

eight gas mixtures of 95, 25, 20, 17, 14, 12, 10, and 8% O₂ and balance N₂ with 5% CO₂ (gas mixing pump; H. Wösthoff, Bochum, Germany) using miniature tonometers modified from 30-ml Universal plastic containers (Sterilin Ltd., Feltham, Middlesex, England), which were fitted with gas-tight nozzles. The gas mixture was bubbled through the tonometer for 2.5 min and the contents mixed on a roller mixer at 37° C for 1 h. The final pH of 7.0 was maintained throughout this period.

Erythrocyte filterability was measured at 37° C using a Hemorheometre (Mk I; IMH, St. Witz, France) (Fig. 1) as an initial-flow-rate index of filtration (IF) corrected for PCV as described by Hanss (17). Filter membranes of 5-µm pore diameter (batch 54H3C30; Nuclepore Corp., Pleasanton, CA) were cleaned by ultrasonication and reused (18). HBS equilibrated with the appropriate gas mixture was used to determine the buffer flow time through the membrane (t_b). The Hemorheometre capillary tube and filter chamber were then flushed with 10 ml of gas from a tonometer containing gas at the appropriate percentage oxygen before measurement of the flow time of the erythrocyte suspension through the membrane (t_e). The position of the two optical detectors (Fig. 1) ensures that only the initial-flow-rate (60 µl) is measured, thereby reducing the influence of pore clogging by erythrocyte subpopulations. The IF was calculated as: ($t_e - t_b$)/ $t_b \times 100/PCV$ (%). PO₂ was measured using an acid base analyzer with attached oxygen electrode (PHM 71 Mark 2; Radiometer, Copenhagen, Denmark). Erythrocyte indices were determined from the microhematocrit centrifuged PCV (13,000 g for 15 min) of oxygenated sickle cells and the Coulter counter (S Plus IV; Coulter Electronics, Luton, England) erythrocyte count and hemoglobin concentration (Table I). Percentage hemoglobin S was measured using a Paragon hemoglobin electrophoresis kit at pH 8.6 (Beckman Instruments Inc., Fullerton, CA) and fetal hemoglobin by alkali denaturation (19). Oxygen saturation curves on erythrocytes in HBS (PCV ~ 0.35 ; 35%) were determined as association curves at 37°C using an Aminco oxygen dissociation analyzer (Hem-O-Scan; American Instrument Co., Silver Spring, MD). Erythrocyte morphology was assessed by interference microscopy by fixing one drop of erythrocyte suspension in 1 ml of 0.025% vol/vol glutaraldehyde in HBS equilibrated with the appropriate gas mixture. A total of 200 cells was examined by one operator using interference microscopy and classified according to Bessis (20).

Polymer formation at different oxygen saturations for each sample was calculated using the MCHC and proportions of S and non-S hemoglobins. The method for determining hemoglobin S polymerization included the effects of protein and water nonideality (10). To calculate polymer formation at nonzero oxygen saturations, the following assumptions were made: the partition of various hemoglobin species (such as hemoglobins S, F, or the S-F hybrid hemoglobin) follows a binomial distribution, the oxygen affinity of all hemoglobin species is similar, and hemoglobin species containing gamma or delta globin chains (hemoglobins F or A_2 or the corresponding hybrid hemoglobins) do not copolymerize with hemoglobin S. These calculations together provide a lower limit for the amount of polymer formed, as most deviations from these assumptions would tend to increase the actual amount of polymer at any oxygen saturations.

A typical plot of predicted polymer fraction, for erythrocytes of average density, is shown as a function of oxygen saturation for one of the patients (C.D.) in Fig. 2. The relevant parameters used in the comparison with erythrocyte filterability are the polymer fraction at 0% saturation (most precise calculation) and at 70% oxygen saturation (of greater physiological relevance).

To isolate subpopulations of sickle erythrocytes, washed cells, after filtration through Imugard IG 500 cotton wool, were separated using a modified Percoll-Stractan continuous density gradient (21) that was centrifuged at 30,000 g for 20–30 min at 15°C. Fractions 1, 2, 3, and 4 (in increasing order of density) were isolated by sequential aspiration from the top of the gradient. Density marker beads were used to determine the density throughout the gradient. Oxygen saturation curves were measured as before and filtration was performed at 25°C. Erythrocyte indices of the fractionated samples were determined by the Coulter S Plus IV counter (Coulter Electronics).

Patient	МСНС	HbS	P ₅₀ *	Critical PO ₂ [‡] (oxygenated)	Critical PO ₂ ^{\$} (deoxygenated)	Satcrit	N Polymer fraction predicted	
	g/dl	%	mmHg	mmHg	mmHg	%	0% sat	70% sat
C.D.	34.5	92.8	46	165	165	99	0.61	0.15
L.S.	33.2	89.6	54	133	127	97	0.55	0.11
N.S.	34.0	85.4	46	140	112	97 1	0.52	0.11
J.S.	33.6	76.3	46	113	110	93	0.41	0.08
H.F.	33.0	87.8	45	136	137	95	0.53	0.10
Y.C.	34.8	87.8	38	165	175	99	0.56	0.14
K.S.	34.5	90.0	51	185	190	99	0.58	0.14
A.C.	33.1	94.3	49	175	170	99	0.60	0.12

Table I. Filtration Measurements and Polymer Formation for Unfractionated SCA Erythrocytes

* Oxygen tension at which hemoglobin was 50% saturated. \ddagger Critical PO₂ determined for cells preincubated with atmospheric oxygen. \ddagger Critical PO₂ determined for cells first deoxygenated with 95% N₂/5% CO₂. \parallel Sat_{crit} is the percent oxygenated hemoglobin corresponding to the critical PO₂ (oxygenated values equal deoxygenated values). \ddagger Sat_{crit} oxygenated value; deoxygenated value is 95%.



Figure 2. Calculated Hb S polymer fraction as a function of oxygen saturation. The MCHC and proportions of S and non-S hemoglobin for patient C.D. are used.

Results

As sickle erythrocytes were deoxygenated, a sudden loss of filterability (as shown by an increase in IF) was observed at a critical PO₂ (Fig. 3) in the region 110 to 185 mmHg (Table I). Critical PO₂ was determined by extrapolating the vertical part of the deoxygenation curve toward an IF of zero and the horizontal part of the curve toward a PO₂ of zero; the point of intersection of the two lines was taken as the critical PO₂. When 10 replicate measurements of the critical PO₂ were made on blood from one SCA patient, the coefficient of variation was 4.0%. This included the errors in measuring IF and interpreting the 10 deoxygenation curves. A critical PO₂, characterizing an abrupt change in filterability behavior, was also observed when sickle erythrocytes were first deoxygenated and then equilibrated with the gas mixture (Fig. 3). The value for the critical PO₂ obtained during the deoxygenation cycle was similar to that obtained during the reoxygenation cycle (Table I). The critical PO_2 was equivalent to an oxygen saturation > 90%, as measured by the Hem-O-Scan, for the eight patients (Table I). Filterability continued to decrease (the IF continued to increase) with decreasing PO₂. In four samples with very high IF values, there was a secondary fall in IF on further deoxygenation (< 100 mmHg) after a peak had been reached (Fig. 3), presumably due to further increase in polymer formation and loss of filterability of individual sickle erythrocytes, allowing buffer to flow through partially blocked filter pores and triggering the optical sensors to give a falsely short flow time (22). The 8% O₂ gas mixture gave PO₂ values ranging from 73 to 90 mmHg. There was no significant increase in percentage of sickled cells, or other morphological change, in any erythrocyte samples corresponding to the ascending arm

of each IF graph (Fig. 3). When a secondary fall in IF did occur, most of the cells had become spiculated in appearance. Throughout the PO_2 range examined and for all samples, erythrocytes that had first been deoxygenated for 1 h at 37°C showed a higher peak IF than erythrocytes that were preequilibrated with atmospheric oxygen for 1 h at 37°C (Fig. 3).

The mean polymer fraction in sickle erythrocytes as a function of oxygen saturation was determined for each patient from the MCHC and the proportions of hemoglobin S and non-S hemoglobins using computer estimates (Table I). The polymer fraction present at oxygen saturations of 0 and 70% were selected as an indicator of polymerization tendency that showed a significant linear relationship (r = 0.844 and 0.881, respectively, P < 0.01) with the critical PO₂ at which IF suddenly increased (Fig. 4).

A pilot study was performed to determine whether the loss of filterability was the result of rheological change in all erythrocytes or in a subpopulation of cells that selectively obstructed membrane pores. Sickle erythrocytes from four patients with homozygous SCA were separated using a modified Percoll-Stractan continuous density gradient (21). More than 90% of the cells were recovered in fractions 2, 3, and 4, the dense fraction 4 cells constituting 21% of the total. Erythrocyte filtration was measured as a function of oxygen tension for fractions 2, 3, and 4, and the critical PO₂ was determined. We observed (Table II) for each set of data that while fractions 2 and 3 (low and intermediate density) exhibited lower critical PO₂ values than that for the unfractionated sample, fraction 4 (high density) exhibited a critical PO₂ value higher than the unfractionated sample.

The polymer fraction for each sample was calculated from the MCHC. For the unfractionated samples with a heterogeneous distribution in corpuscular hemoglobin concentration, the calculated polymer fraction corresponding to the critical PO_2 was low (0–0.08). These calculations based on mean red cell indices underestimate the amount of polymer at high oxygen saturations when cell heterogeneity is not explicitly considered. For the fractionated subpopulations, which had a more homogeneous corpuscular hemoglobin concentration, polymer fraction at the critical PO_2 is a more meaningful number and ranged from 0.05 to 0.26 (Table II). Specifically, the mean values (SD) for the four patients were 0.17 (0.06), 0.10 (0.07), and 0.11 (0.06) for fractions 2, 3, and 4, respectively.



Figure 3. Effect of increasing deoxygenation (fall in Po₂) on the filterability (IF) of SCA erythrocytes from patient C.D. showing rapid increase in IF at a critical Po₂. (o, sample preincubated with atmospheric oxygen for 1 h at 37°C; \blacksquare , sample predeoxygenated for 1 h at 37°C; 1 KP_a = 7.5 mmHe.)



Figure 4. Critical PO₂ (mmHg) vs. polymerization tendency. The critical PO₂ at which the abrupt change in the index of filtration occurs is plotted against the polymer fraction calculated for 0% oxygen saturation (top) and 70% oxygen saturation (bottom). The critical PO₂ (oxygenated) (see Table I) is used. Note that the polymer fraction is for the same oxygen saturation, not oxygen tension.

Patient	Fraction	MCHC	HbF	Critical PO ₂ (oxygenated)	Sat _{crit} ‡	Polymer fraction at critical PO ₂	
		g/dl	%	mmHg	%	%	
A.C.	UF*	33.9	3.6	81	82	§	
	2	32.6	3.3	55	55	0.18	
	3	33.1	4.9	69	65	0.12	
	4	38.1	2.1	108	77	0.11	
C.D.	UF*	34.3	7.4	72	78	_	
	2	33.6	5.8	50	65	0.13	
	3	33.5	6.9	60	65	0.09	
	4	38.8	3.4	89	74	0.16	
H.F.	UF*	33.2	7.6	81	87	_	
	2	32.4	6.4	55	65	0.11	
	3	30.8	11.6	58	62	0.05	
	4	35.5	6.7	97	76	0.06	
C.C.	UF*	35.4	4.0	74	77	_	
	2	34.3	6.1	51	57	0.26	
	3	34.0	7.8	60	65	0.13	
	4	38.3	2.3	105	79	0.10	

Table II. Filtration Measurements and Polymer Formation for Density-fractionated SCA Erythrocytes

* UF represents the unfractionated cell population. [‡] Sat_{crit} is the percent oxygenated hemoglobin corresponding to the critical Po₂. [§] Calculated polymer fraction from mean indices is an underestimate due to cell heterogeneity and is not included in the table.

Discussion

Patients with SCA suffer acute episodes of tissue ischemia (painful or vasoocclusive crises) as a consequence of abnormal intravascular erythrocyte rheology. It is uncertain whether the initiating event occurs in the arteriolar, capillary, or venular areas of the microcirculation. Although the potential importance of intracellular hemoglobin S polymer formation in the arterial circulation was realized when polymer was demonstrated at high oxygen saturation (8), the rheological significance of this finding was uncertain. By demonstrating loss of erythrocyte filterability (deformability) at high oxygen saturation, and also a correlation between the critical PO_2 and the polymerization tendency, this study underlines the rheological importance of polymer formation in the arterial (including arteriolar) circulation.

Filtration of erythrocytes through pores 5 μ m in diameter and 10-11 μ m long is a technically simple and inexpensive method for studying erythrocyte rheology in SCA. Gravity filtration of erythrocytes through 5-µm pores is relatively independent of cell size but is sensitive to factors that increase cytoplasmic viscosity, such as an increase in MCHC (15) or in hemoglobin polymerization, making this technique particularly suited to the rheological study of sickle cells. Technical measures used in this study to increase the specificity of the method included removal of contaminating leukocytes, platelets, and plasma proteins so that a pure erythrocyte suspension could be filtered. Test sensitivity was increased by ultrasonic cleaning of the membrane filters so that a small number with similar flow times could be used. We also selected a gravity filtration instrument that generates a relatively low wall shear stress (~ 56 P_a) within the membrane pores and operates with a coefficient of variation of < 3% (23).

Other rheological methods, such as micropipette aspiration, which tests mechanical properties of the erythrocyte membrane (13), and ektacytometry, which monitors cell deformability in a laser diffraction couette viscometer (24), require a greater degree of deoxygenation (sufficient to cause morphological sickling) before they show a rheological change in sickle cells. Erythrocyte filterability through 5- μ m pores is also more sensitive than viscometry in detecting the reduced deformability of oxygenated (25) or slightly deoxygenated (6) sickle cells. Previous workers have shown a loss of filterability without morphological sickling at high oxygen tension (6, 26), but have not attempted to correlate these changes with polymer formation. Our demonstration of the sensitivity of the filtration technique to small differences in polymerization tendency at high oxygen saturation illustrates the potential value of this rheological method for studying the action of antisickling compounds, both in vitro and in clinical trials (27), and for investigating the pathogenesis of vasoocclusion in sickle cell crisis.

In our filtration model, erythrocytes that had been initially deoxygenated for 1 h consistently showed a higher peak IF (greater loss of filterability) than erythrocytes that had been preequilibrated with atmospheric oxygen for 1 h, for any given PO2. A difference in polymer domain between samples may explain the phenomenon as rapid deoxygenation (occurring in samples subjected to prior deoxygenation for 1 h) would be expected to result in the formation of a large number of smaller polymer domains, whereas slow deoxygenation would be expected to give rise to fewer, but large, domains (28). The extent of rheological abnormality may depend on the size, distribution, and number of the domains, even though the total amount of polymer may be identical. Note, however, that despite the increase in the magnitude of IF during the reoxygenation cycle (initially deoxygenated samples) compared with the deoxygenation cycle (samples preequilibrated with atmospheric oxygen), the critical PO₂ associated with the abrupt change in IF at high oxygen saturation (> 100 mmHg) remains almost unchanged (Table I). Unlike the hysteresis sometimes observed in oxygen binding curves for sickle erythrocytes, no such hysteresis behavior was observed in the IF measurements, indicating that the system was close to equilibrium.

This study indicates that sickle erythrocytes may be rheologically abnormal even as they exit from the lungs and that a progressive reduction in oxygen saturation toward venous values will further impair erythrocyte deformability. The 5- μ m pore filtration technique was originally designed to mimic erythrocyte flow in the microcirculation. The abrupt loss of filtration (Fig. 3) that occurs in the filter pores at a wall shear stress of ~ 56 P_a as polymer increases illustrates the potential for vascular occlusion in vivo at the lower wall shear stresses (estimated maximum 15 P_a) of the microcirculation.

Sickle erythrocytes are not homogeneous, but form a continuous spectrum of cells that can be separated according to density (9). The filtration technique is particularly sensitive to the more dense sickle cells, which after separation on a modified Percoll-Stractan continuous density gradient, were found to lose filterability at a higher oxygen tension than either unfractionated cells or cells of lower density, as previously reported (14). Our pilot study on fractionated cells from four homozygous SCA patients (Table II) gave a calculated polymer fraction at the critical PO₂ that was higher for the lighter fraction 2 (0.17) than for the denser fraction 4 (0.11). Initialflow-rate filtration through $5-\mu$ m-diam pores is dependent on the cytoplasmic viscosity and MCHC of the filtered cells (15, 29). It is likely that dense sickle cells (fraction 4) in this system lose filterability at a relatively high critical PO₂ owing to the combination of their high MCHC (mean of 37.7 g/dl for the four patients) and the formation of a small amount of polymer (0.11). Lighter cells (fraction 2) have a lower MCHC (mean of 33.2 g/dl) and therefore required the formation of a larger amount of polymer (0.17) to impair their filterability. The relative contribution of MCHC and polymer fraction to cytoplasmic viscosity and loss of filterability thus differs between the subpopulations.

In our study of unfractionated sickle cells, the relatively high critical PO₂ may have resulted from a disproportionate effect of dense cells, because their preexisting high MCHC and cytoplasmic viscosity would have predisposed them to occlude 5- μ m pores when only a small amount of polymer had formed. The critical PO₂ of unfractionated cells was, however, less than that of dense cells alone, reflecting the presence of lighter cells with a low critical PO₂. These lighter cells, while requiring a higher polymer content to impair filterability, may also have made some contribution to the overall correlation (r = 0.844– 0.881) between polymerization tendency and critical PO₂ of the unfractionated sample.

The filterability of unfractionated sickle cells was sensitive to oxygen content even at high oxygen saturation and appeared to reflect small changes in polymerization tendency. If these results can be extrapolated to blood flow in vivo, then rheological changes at high oxygen saturation may cause sickle erythrocytes to occlude at the level of precapillary arterioles and sphincters (1).

Acknowledgments

We thank Dr. Alan Schechter for helpful discussion regarding the manuscript.

We are indebted to the Endowment Fund of the Central Birmingham Health Authority for a research grant, to the Medical Research Council for an intercalated B.Sc. studentship for Dr. Green, and to Action Research For The Crippled Child for financial support to Dr. Keidan.

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