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# **Comparison of 1H BOLD and 19F MRI to investigate tumor oxygenation**

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#### **Abstract**

<sup>19</sup>F MRI oximetry and <sup>1</sup>H blood oxygen level dependent (BOLD) MRI were used to investigate tumor oxygenation in rat breast 13762NF carcinomas and correlations between the techniques were examined. A range of tissue  $pO<sub>2</sub>$  values was found in the nine tumors while the anesthetized rats breathed air with individual tumor  $pO<sub>2</sub>$  ranging from a mean of 1 to 36 torr and hypoxic fraction HF<sub>10</sub> (<10 torr) ranging from 0 to 75% indicating a large intra- and inter-tumor heterogeneity. Breathing oxygen produced significant increase in tumor  $pO_2$  (mean  $pO_2 = 50$ torr) and decrease in  $HF_{10}$  (p<0.01). <sup>1</sup>H BOLD MRI observed using a spin echo planar imaging (EPI) sequence revealed a heterogeneous response and significant increase in mean tumor signal intensity ( $\text{SI} = 7\%, \text{p} < 0.01$ ). R<sub>2</sub>\* measured by multi-gradient echo (MGRE) MRI decreased significantly in response to oxygen (mean  $R_2^* = -4 s^{-1}$ ; p<0.05). A significant correlation was found between changes in mean tumor  $pO<sub>2</sub>$  and mean EPI BOLD SI accompanying oxygen breathing  $(r^2 > 0.7, p < 0.001)$ . Our results suggest that BOLD MRI provides information about tumor oxygenation and may be useful to predict  $pO<sub>2</sub>$  changes accompanying interventions. Significantly, the magnitude of the BOLD response appears to be predictive for residual tumor hypoxic fractions.

#### **Keywords**

tumor oxygenation; BOLD; <sup>19</sup>F MRI; transverse relaxation rate  $R_2^*$ ; oxygen; hexafluorobenzene

# **Introduction**

Tumor oxygenation has been widely recognized as a potent factor influencing tumor response to various therapies, especially radiotherapy and hypoxia appears to promote tumor malignant progression and metastasis (1). Given the importance of tumor oxygenation, many measurement techniques have been developed (1,2). While each method has specific attributes, many are highly invasive or cannot be applied to longitudinal studies of oxygen dynamics.

BOLD (blood oxygen level dependent) MRI, extensively used in studying brain function, is increasingly being applied to assess blood oxygenation and vascular function in tumors non-

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invasively (3–12). The underlying rationale is that the paramagnetic deoxyhemoglobin creates microscopic field gradients, which enhance the transverse relaxation rate,  $R_2^*$ , of water protons in blood and in the tissue adjacent to blood vessels. Decrease in deoxyhemoglobin concentration leads to a decreased  $R_2^*$ , and thus, to an increased signal intensity in  $T_2^*$ -weighted MRI (13,14). Gradient-recalled echo (GRE) or spin echo planar imaging (EPI) is sensitive to changes in  $R_2^*$ . However, BOLD contrast is also influenced by other factors such as blood flow, blood volume and vascular architecture (3,15). Several recent studies have attempted to correlate BOLD MRI with tissue  $pO<sub>2</sub>$  measured by various techniques, notably, oxygen electrodes, oxygen sensitive fiber optic probes, ESR and  $^{19}F$ MRI (4,11,16,17). Some of these studies have indicated a strong quantitative correlation with tissue  $pO_2$  (11), some found a qualitative relationship (16,17), while others suggested a lack of direct correlation, yet consistent temporal trends (4).

We have developed a method for measuring tumor oxygenation and dynamics based on  $^{19}F$ NMR EPI following direct intratumoral injection of the reporter molecule hexafluorobenzene (HFB): FREDOM (Fluorocarbon Relaxometry using Echo planar imaging for Dynamic Oxygen Mapping) (2). This technique provides quantitative  $pO<sub>2</sub>$ measurements at multiple specific locations simultaneously within a tumor, and reveals acute dynamic changes at individual locations with respect to interventions, such as hyperoxic gas breathing and vascular modifiers. The aim of this study was to compare <sup>19</sup>F oximetry (FREDOM) with  ${}^{1}H$  BOLD MRI in evaluating tumor oxygenation in response to hyperoxic gas (100% oxygen) challenge.

# **Materials and Methods**

#### **Tumor Model**

Rat mammary carcinoma 13762NF (originally obtained from the Division of Cancer Treatment, NCI) was implanted syngeneically in a skin pedicle surgically created on the foreback of Fisher 344 adult female rats  $(-150 \text{ g}, n = 9, \text{Harlan})$ , as described in detail previously (18). Tumors were allowed to grow and were investigated when tumor volume was 0.2 to 2.1 cm<sup>3</sup> (mean volume = 1 cm<sup>3</sup>). Investigations were approved by the Institutional Animal Care and Use Committee.

#### **MRI experiments**

MRI was performed using a 4.7 T horizontal bore magnet with a Varian Unity Inova system. Each rat was given ketamine hydrochloride (120 µl; 100 mg/ml, Aveco, Fort Dodge, IA) as a relaxant (i.p.) and maintained under general anesthesia (air and 1% isoflurane (Baxter International Inc., Deerfield, IL)). The oxygen reporter molecule hexafluorobenzene (HFB, 50 µl, Lancaster, Gainesville, FL) was injected directly into the tumor along two or three tracks in a single central plane of the tumor, coronal to the rat's body using a Hamilton syringe (Reno, NV) with a custom-made fine sharp needle (32G), as described in detail previously (2). A tunable  $({}^{1}H/{}^{19}F)$  volume RF coil was placed around the tumor-bearing pedicle. Each animal was placed on its side in the magnet with no change in position during the whole study. A thermal blanket was used to maintain body temperature. A single 2 mm slice coronal to the rat body containing the strongest fluorine signal was chosen for both <sup>19</sup>F

 $pO<sub>2</sub>$  and <sup>1</sup>H BOLD studies. <sup>1</sup>H and <sup>19</sup>F MR images were acquired using a spin-echo sequence. Overlaying the <sup>19</sup>F MR image on the corresponding <sup>1</sup>H image revealed the distribution of HFB.

# **<sup>1</sup>H BOLD**

**Echo-planar imaging BOLD—**A spin echo planar imaging sequence with pulse burst saturation recovery (PBSR) signal preparation was applied, as described previously (8). The initial saturation was designed to minimize in-flow effects. A series of 55 images including 5 baseline with air breathing (images 1–5) and 50 with oxygen breathing (images 6–55) was acquired on the 2 mm coronal section at 5 s intervals using MR parameters:  $\tau = 500$  ms ( $\equiv$ TR), TE = 53.7 ms, field of view (FOV) =  $40 \times 40$  mm, matrix =  $32 \times 32$ .

**GRE R2\*—**Multi-gradient echo (MGRE) images with 8 echoes were acquired on the same 2 mm slice during air breathing (baseline) and repeated immediately after the EPI BOLD sequence ( $\sim$  5 min after start of O<sub>2</sub> breathing) for 8 of 9 tumors. Acquisition parameters were: repetition time (TR) =195 ms, initial echo time (TE) = 7 ms, echo spacing = 6 ms, flip angle =  $45^{\circ}$ , FOV =  $40 \times 40$  mm, matrix =  $128 \times 128$ , 2 averages, acquisition time = 6 min 40 s.

#### **<sup>19</sup>F Tumor tissue oximetry - FREDOM**

Following a re-equilibration period of air breathing  $(> 15 \text{ min})$ , tumor oxygenation was estimated on the basis of  $^{19}F$  pulse burst saturation recovery (PBSR) EPI relaxometry of the HFB, as described previously (2). This approach provided  $pO<sub>2</sub>$  maps with 1.25 mm in plane resolution and ~3 µl voxel size (FOV =  $40 \times 40$  mm, matrix =  $32 \times 32$ , 2 mm thick) in 6.5 minutes. The spin-lattice relaxation rate  $[R_1 (s^{-1}) = 1/T_1]$  was estimated on a voxel-by-voxel basis using a three-parameter monoexponential function, and  $pO<sub>2</sub>$  was estimated using the relationship  $pO_2$  (torr) =  $(R_1 - 0.0835)/0.001876$  (2). Seven consecutive  $pO_2$  measurements including two baseline and five oxygen breathing were acquired on the same 2 mm section as used for <sup>1</sup>H BOLD studies.

#### **Data Analysis**

Data were processed using IDL 5.3/5.4 (Research Systems, Boulder, CO). Signal intensity (SI) in the EPI BOLD study was assessed on a voxel-by-voxel basis and averaged at every time point for the whole tumor section. The signal intensity change (SI) of each tumor was normalized to the mean baseline value expressed as a percentage change using the equation:

$$
(\Delta SI) = (SI_M - SI_b)/SI_b \cdot 100\%,
$$

where  $SI_M$  and  $SI_b$  refer to maximum mean SI and mean baseline SI, respectively.

 $R_2^*$  maps were generated using all eight images with variable echo time by fitting an exponential model on a voxel-by-voxel basis. Mean  $R_2^*$  of the whole section was determined for baseline air and oxygen intervention.  $R_2^*$  maps were obtained by subtracting  $R_2$ <sup>\*</sup> oxygen map -  $R_2$ <sup>\*</sup> baseline map.

For the *FREDOM* data, typically 40–100 voxels provided an  $R_1$  fit, and potential  $pO_2$  value. Since noise may give an apparent relaxation curve  $(R_1)$  fit, data were selected by applying thresholds of T<sub>1</sub> error < 2.5 s and ratio  $T_{1}$  error  $T_1$  < 50%. The two criteria are used since T<sub>1</sub> can have a very large range from 1.5 to 12 s and thus the absolute error is particularly important for long  $T_1$ s and the ratio for short  $T_1$ s. While these criteria appear quite lax, only those voxels, which provided consistently reliable data throughout the whole time course of seven measurements, were included for further analysis.

Statistical significance was assessed using an Analysis of Variance (ANOVA) on the basis of Fisher's Protected Least Significant Difference (PLSD; Statview, SAS Inst. Inc., Cary, NC) or paired Student's t-tests. ANOVA was applied for comparison of multiple repeat measurements and the PLSD examines the importance of individual measurements on the overall population. The assumption is that inhaled gas at various time points is the independent variable, while  $pO_2$ ,  $R_2$ <sup>\*</sup> and BOLD signal changes are dependant variables. Paired Student t-tests were used to compare individual pairs of data such as  $pO<sub>2</sub>$  in a specific tumor during air or oxygen breathing.

# **Results**

Overlay of  $^{19}F$  on the corresponding  $^{1}H$  MR image confirmed that HFB was distributed in both peripheral and central regions of a 2 mm thick section, located in the central plane of a representative tumor (Figure 1). The following EPI BOLD, GRE  $R_2^*$  and <sup>19</sup>F oximetry measurements all interrogated this thin slice.

#### **<sup>1</sup>H BOLD**

**Echo-planar imaging—**Normalized SI maps at different time points after switching to oxygen breathing showed heterogeneous response (Figure 2). Significant mean signal enhancement during oxygen inhalation was observed in all nine tumors with a mean  $SI =$  $6.7 \pm 1.4\%$  (range from 1% to 12%; Table 1). However, individual voxel data showed some regions with negative response (Figure 2). The percentage of voxels with negative response ranged from 12% to 38% in the nine tumors. Baseline signal was quite stable, but there was a rapid response within about 25 s of switching the inhaled gas to oxygen. Some tumors showed a continual increase, which was usually biphasic and approached a stable plateau after about 3 mins. In other cases there was a transient maximum followed by a stable lower value, just marginally above baseline.

**GRE R<sub>2</sub><sup>\*</sup>—Baseline maps revealed distinct heterogeneity with**  $R_2$ **<sup>\*</sup> ranging from 6 to 450**  $s^{-1}$  (T<sub>2</sub>\*: 2 – 166 ms, Figure 3). In response to oxygen challenge, a small, but significant decrease in  $R_2^*$  was seen predominately in the tumor periphery ( $p < 0.001$ ; Figure 3). There was no correlation between baseline  $R_2^*$  and  $R_2^*$  on a voxel-by-voxel basis ( $r^2 = 0.1$ ; Figure 3B). For the group of eight tumors, a significant decrease in mean  $R_2^*$  (suggesting increased oxyhemoglobin level) was found (mean  $R_2^* = -4 \pm 2$ , p < 0.05, Table 1). One tumor (no. 5; Table 1) showed contrary behavior with increased mean  $R_2^*$  with oxygen breathing. A very close correlation was observed between the mean  $R_2^*$  values during air versus oxygen breathing (Figure 3C). A general trend was observed when the mean BOLD response for individual tumors was compared with  $R_2^*$  (Figure 3D). In essence large  $R_2^*$ 

was associated with large  $\mathrm{SI}$ , and an increase in R<sub>2</sub>\* coincided with a small signal change. However, most tumors showed a  $R_2$ <sup>\*</sup> of −4 ms and this was associated with a large range in BOLD signal change.

#### **<sup>19</sup>F Tumor tissue oximetry – FREDOM**

 $pO<sub>2</sub>$  maps showed a range of baseline  $pO<sub>2</sub>$  values and a heterogeneous response to oxygen breathing (Figure 4, Table 1). Oxygenation appeared clustered with higher  $pO<sub>2</sub>$  regions appearing close to the periphery when overlaid on the anatomical  ${}^{1}H$  MR images of the corresponding tumor slices. Time course of  $pO<sub>2</sub>$  dynamics showed differential response in both rate and magnitude (Figure 4B). For the group of 9 tumors, baseline  $pO<sub>2</sub>$  varied from essentially hypoxic (0.3 torr) to well oxygenated (36 torr; Table 1). With respect to oxygen challenge, mean pO<sub>2</sub> increased significantly in all the tumors ( $pO_2 = 50$  torr; Table 1) and hypoxic fractions (< 10 torr) decreased significantly, from a mean tumor baseline 31% to 8% (p<0.05). In most tumors (7 of 9) the  $HF_{10}$  was essentially eliminated (<5% residual), but in two tumors a substantial hypoxic fraction remained albeit considerably diminished compared with baseline. Histograms for the pooled individual voxels  $(n= 265)$  from the nine tumors in response to oxygen challenge revealed significant increase in  $pO<sub>2</sub>$  to a mean (75  $\pm$ 4 torr) and median (63 torr) (p < 0.001) (Figure 5A, B). Hypoxic fractions HF<sub>5</sub> (<5 torr) and  $HF<sub>10</sub>$  (<10 torr) decreased significantly from baseline values of 18% and 34% to 8% and 10%, respectively  $(p < 0.01)$ . In common with previous observations in this tumor line baseline pO<sub>2</sub> tended to decrease with tumor volume ( $r^2 > 0.52$ ) and as a corollary HF<sub>10</sub> increased with tumor volume  $(r^2>0.49)$  (19,20). A strong inverse correlation was found between tumor mean  $pO_2$  and HF<sub>10</sub> (Figure 5C). The change in  $pO_2$  ( $pO_2$ ) tended to increase for tumors with higher baseline  $pO_2$  ( $r^2$ >0.4), but the relationship was much stronger when comparing  $pO_2$  during oxygen breathing versus baseline  $pO_2$  (r<sup>2</sup>>0.6; Figure 5D).

#### **Correlation of pO2 with 1H BOLD**

For the group of nine tumors, a significant linear correlation was found between mean  $pO<sub>2</sub>$ and SI, detected by <sup>19</sup>F oximetry and <sup>1</sup>H EPI BOLD ( $r^2 > 0.7$ ,  $p < 0.001$ ; Figure 6). However, there was a weak correlation between baseline  $pO_2$  and  $\sigma SI$  ( $r^2 = 0.3$ , data not shown). Likewise comparison of  $R_2^*$  with baseline pO<sub>2</sub>, maximum pO<sub>2</sub> during oxygen breathing or  $pO_2$  indicated no correlations (r<sup>2</sup><0.01). Every tumor exhibiting a large BOLD response ( $SL>3\%$ ) had a negligible residual hypoxic fraction (HF<sub>10</sub><5%) during oxygen breathing. In two of three tumors showing a small BOLD response a large  $HF_{10}$  remained (Figure 7).

#### **Discussion**

Oxygenation in 13762NF rat breast tumors was found to cover a considerable range with both intra- and inter-tumor heterogeneity, but a tendency towards lower  $pO<sub>2</sub>$  and greater hypoxia in larger tumors, as also reported previously by us (19,20). Likewise tumor response to modulation by hyperoxic gas breathing, which resulted in increased  $pO<sub>2</sub>$  and reduced residual hypoxic fraction was in line with previous observations (19–21). Here, we have undertaken consecutive <sup>1</sup>H MRI BOLD and <sup>19</sup>F MRI oximetry investigations to

examine potential correlations. A strong correlation was found between mean BOLD signal response ( $\overline{SI}$ ) and change in mean pO<sub>2</sub> (Figure 6) supporting previous observations in various tumor types reported by others (4,11,17). More significantly, a small BOLD response usually indicates a substantial residual hypoxic fraction, while a large BOLD response to breathing oxygen indicates that the tumor is well oxygenated or becomes well oxygenated (Figure 7).

Quantitative oximetry (absolute  $pO<sub>2</sub>$  values) has been shown to predict for local recurrence and disease free survival in several human cancers (notably, cervical and head and neck (22,23)). To date, electrodes have provided the only quantitative clinical  $pO<sub>2</sub>$  measurements in tumors, and electrodes are not only invasive, but the Eppendorf Histograph cannot easily show changes in  $pO_2$  with respect to interventions. Furthermore, the Histograph is no longer commercially available. 19F MRI based on perfluorocarbon reporters has been used to measure  $pO<sub>2</sub>$  in the human eye (24), but it remains generally restricted to pre-clinical animal studies (2) for two fundamental reasons: lack of access to clinical 19F MRI capabilities and lack of FDA approval for human use of PFCs. ESR can also measure  $pO<sub>2</sub>$  distributions in rodent tumors (16,25,26), but while it has been used to measure oxygenation in humans based on India ink tattoos, it is also handicapped by lack of clinical instrumentation.

BOLD contrast MRI is an attractive surrogate for clinical  $pO<sub>2</sub>$  measurements, since endogenous hemoglobin itself serves as the reporter molecule. A few studies of human tumor BOLD have been presented (5,27–29), but further validation relative to other techniques is of the utmost importance. Fundamental reports from Thulborn (30) and Wright (31) together with applications of fMRI in the brain lay a strong foundation for vascular oxygen measurements. Several groups (3,4,6,8,10–14,16,17,26,32) have explored BOLD responses in diverse tumor types with respect to varying oxygen concentrations and carbogen. There is considerable evidence that signal changes in  $T_2^*$ -weighted images reflect changes in pO<sub>2</sub>. However, some investigations have shown a lack of direct correlation, *e.g.*, Baudelet and Gallez (4) reported that a 10% change in signal could correspond to a small (< 25 torr) or large (approaching 100 torr) change in  $pO<sub>2</sub>$  in syngeneic FSA mouse tumors. Importantly, both represent large changes in pO<sub>2</sub> by radiobiological standards. Elas *et al.* (16) showed correlation between EPRI based on vascular trityl spin probe and sequential BOLD measurements in FSA tumors in mice. As with our study their two measurements were sequential rather than concomitant and they had the added complexity of coregistering images from separate modalities.

Fan *et al* (17) previously compared <sup>19</sup>F MR oximetry with BOLD response on a voxel-byvoxel basis in R3230AC rat breast tumors. In common with many experiments they infused perfluorocarbon emulsion, which progressively sequestered in the tumor tissue, while clearing from the vasculature. They reported that <sup>19</sup>F and <sup>1</sup>H measurement agreed in 65% of pixels, *viz*. when <sup>19</sup>F MR showed increased pO<sub>2</sub>, then <sup>1</sup>H MR linewidth decreased reflecting less deoxyhemoglobin, as assessed using HiSS (High Spatial/Spectral resolution  $T_2^*$ sensitive) measurements. Correlations were even stronger for subsets of pixels selected as showing no  $pO_2$  change or a BOLD change. Overall they concluded that regions identified as hypoxic tended to show a small BOLD response to carbogen inhalation in the R3230AC rat breast tumors and <sup>1</sup>H MRI gave very few "false positives" (17). Our results are in accord

with these previous observations. Tumors exhibiting a large BOLD response also showed a greater mean  $pO<sub>2</sub>$  response (Figure 6). Most significantly, tumors exhibiting a large BOLD response (here, defined as  $> 4\%$ ) showed essentially no residual hypoxic fraction (HF<sub>10</sub> $\le$ 5%; Figure 7). We found no false positives and only one false negative. While breathing air 7 of 9 tumors had  $HF_{10} > 20\%$  (Table 1). In all but two cases this fell below 5% with oxygen breathing, essentiality eliminating the hypoxic fraction. These remaining two tumors showed a particularly small BOLD effect ( $\text{SI} < 2.5\%$ ). Meanwhile six of seven responsive tumors exhibited a large BOLD effect (>4%). We do note that the 13762NF tumors show relatively low hypoxic fractions  $(HF_{10})$  compared with many reports for tumors implanted in rodents. However, the values are closely in line with measurements reported using the Eppendorf Histograph in breast tumors in patients (33)

We should note differences between Karczmar's team's approach and ours. The use of systemically delivered PFC emulsions as reporter molecules tends to provide signal from well perfused tumor regions only. Indeed. Fan et al. (17) predominantly detected <sup>19</sup>F signal from the tumor periphery, as also noted by others (34). While our current approach allowed interrogation of central tumor regions, as well as periphery, it required direct injection of HFB into the tumor, which is invasive and samples limited regions only. Thus, it is particularly reassuring that the two approaches provide commensurate results.

BOLD changes reflect vascular oxygenation, whereas FREDOM measures tissue  $pO<sub>2</sub>$ . As expected, the BOLD changes occurred much more rapidly (seconds, Figure 2) than the  $pO<sub>2</sub>$ changes (minutes, Figure 4). In the future it will be interesting to examine  ${}^{1}H$  T<sub>1</sub>-weighted tissue water response or so-called TOLD (Tissue Oxygen Level Dependant) response, as reported by Matsumoto *et al*. (35), since then both vascular and tissue changes can be assessed by 1H MRI. Matsumoto *et al*. (35) examined response to hyperbaric oxygen breathing, but others have reported  $T_1$  changes associated with hyperoxic gas in normal tissues (36) and tumors (3,10). The kinetic response of the mean BOLD signal was consistent with previous global near infrared observations in this tumor type (20,37). Changes in deoxyhemoglobin concentration generally followed a biphasic time course as also seen in the BOLD response (Figure 2B). This probably represents rapid arteriolar oxygenation followed by more sluggish response in the distant parts of the vascular tree. Meanwhile  $pO<sub>2</sub>$  response was more sluggish with continued increase over 30 mins (Figure 4B) for a responsive tumor. These observations are in line with previous observations based on oxygen sensitive fiber optic probes and polarographic electrodes in this tumor type (38).

BOLD MRI or susceptibility-weighted  $R_2^*$  measurement based on the intrinsic paramagnetic properties of deoxyhemoglobin have been increasingly applied to assess tumor vasculature (7,9). An increase in BOLD SI or a decrease in  $R_2^*$  may be related to decreased blood deoxyhemoglobin. However, BOLD SI change is also related to several other factors, *e.g.*, changes in tumor blood flow, volume, hematocrit and the ability of red blood cells to traverse tumor capillaries (3). Here, we applied a presaturation sequence across the whole tumor to minimize flow effects. It has been shown that BOLD MRI is probably less sensitive to changes in tumor oxygenation in regions containing very sparse vasculature, and hence, little deoxyhemoglobin (9). There may be concern that poorly vascularized tumors cannot show a measurable BOLD effect, due to lack of deoxyhemoglobin (9,14). As a

corollary, we propose that poorly vascularized tumors will also be hypoxic. Thus, a small or absent BOLD effect will be indicative of hypoxia. Indeed, Rodrigues *et al*. (12) showed that well vascularized GH3 prolactinomas tended to have a much higher  $R_2^*$  than sparsely vascularized Radiation-induced fibrosarcomas (RIF-1). GH3 tumors showed a large  $R_2^*$  in response to carbogen breathing, whereas the RIF-1 tumors showed essentially no change. Breathing carbogen enhanced the response of GH3 tumors to a single high dose of radiation (15 Gy), whereas there was no effect on RIF-1 tumors. Our range of  $R_2^*$  values (54 – 116)  $s^{-1}$ ) is commensurate with previous reports for animal tumors at 4.7 T (12). In terms of potential clinical applications the ability to stratify patients based on oxic or oxygenatable tumors versus hypoxic (and resistant to modulation) could be significant.

BOLD contrast is related to changes in local deoxyhemoglobin concentration. However, baseline  $R_2^*$  reflects not only blood deoxyhemoglobin level, vascular blood flow and volume, but also local tissue architecture, *i.e.*, cell density, edema, necrosis. Thus, the baseline  $R_2^*$  and change in  $R_2^*$  ( $R_2^*$ ) likely depends on tumor type. Recently, Robinson *et al.* (9) showed heterogeneous inter-tumoral  $R_2^*$  among a variety of tumors, in which the GH3 prolactinoma had the highest mean  $R_2^* = 89 s^{-1}$  and RIF-1 had the lowest value of 58 s<sup>-1</sup>. In response to carbogen breathing, a significant decrease in R<sub>2</sub><sup>\*</sup> (−23 s<sup>-1</sup>) was found in the GH3 prolactinoma, whereas the RIF-1 fibrosarcomas showed a little increase in  $R_2^*$  (1  $s^{-1}$ ). In the current study, seven out of eight tumors had a modest decrease in R<sub>2</sub><sup>\*</sup> (mean =  $-4 s^{-1}$ ), while R<sub>2</sub>\* increased in one tumor (# 5) in response to oxygen breathing. As expected, the largest SI in response to oxygen breathing coincided with a large decrease in  $R_2^*$  and the one tumor with increased  $R_2^*$  showed small SI. However, most tumors had similar  $R_2^*$  (about 4 s<sup>-1</sup>) yet a large range of SIs (Figure 3D). Generally, there was no significant correlation between baseline  $R_2^*$  values and  $R_2^*$  (Figure 3B, Table. 1). There was a strong correlation between mean  $R_2^*$  measured during air or oxygen breathing (Figure 3C).

In the past, we had used a thick section (essentially projection) for  $^{19}$ F MR oximetry (FREDOM) studies (2). The 2 mm thick slice used here allowed more satisfactory spatial correlation between  $^{19}$ F oximetry and  $^{1}$ H BOLD contrast. The success of FREDOM depends largely on the signal-to-noise ratio (SNR) of the acquired images. No obvious decrease in SNR due to reduced slice thickness was seen in the current study, which we attribute to greater emphasis on injecting the HFB in a narrow plane and the ability to image oblique angles in the upgraded Varian Inova system. On average, 29 voxels (range 10 to 43) provided reliable pO<sub>2</sub> readings which were traceable throughout the oxygen challenge in each tumor.

We had hoped to correlate individual voxels in both <sup>19</sup>F and <sup>1</sup>H EPI (FREDOM vs. BOLD). However, the directly corresponding voxels did not allow meaningful correlation. Signal voids were observed, which had only 10 to 25% as much  ${}^{1}H$  signal as surrounding tumor (Figure 1A). Overlaying <sup>19</sup>F on <sup>1</sup>H images showed that the low <sup>1</sup>H signal intensity regions corresponded with <sup>19</sup>F signal (Figure 1B). In addition the  $R_2^*$  values were typically an order of magnitude smaller (14 to 37 s<sup>-1</sup>, as opposed to 100 s<sup>-1</sup>) with smaller and sometimes opposite changes in  $R_2^*$  compared with surrounding voxels in response to breathing oxygen. We have previously observed such signal voids in  ${}^{1}H$  images of tumors with HFB (19) and

the new alternative  ${}^{1}H$  MRI pO<sub>2</sub> reporter under development hexamethyldisiloxane (39). While  ${}^{1}H$  and  ${}^{19}F$  voxels did not allow direct correlation, we believe that the judicious placement of reporter molecule in central and peripheral locations can provide a representation of the whole tumor, and thus, correlation with non-labeled regions is reasonable. Importantly,  $pO<sub>2</sub>$  values and dynamics observed using FREDOM are highly consistent with other oximetry methods in rat breast and prostate tumors, such as electrodes (38,40), fiber optic probes (37,41) and immuno histochemistry (42).

Oxygen breathing produced a significant increase in <sup>19</sup>F measured pO<sub>2</sub>, EPI BOLD SI and decrease in GRE  $R_2^*$  on the same section of tumor. Data indicated a strong correlation between %  $SI$  and  $pO_2$  (Figure 6). Although a significant increase in global mean SI was found in all tumors by BOLD in the current study, voxel-by-voxel data analysis showed oxygen breathing induced signal loss in many voxels for each tumor, averaged as 20% of the total voxels. Similar findings have been observed in other tumor types by others and us (6,8,10,14). Indeed, Fan *et al.* (17) previously remarked that correlates between mean BOLD and  $pO<sub>2</sub>$  were stronger when the whole tumor was considered, as opposed to individual regions. In a slightly different context Baudelet *et al* (43) reported a better correlation between mean tumor BOLD signal response and vascular kep than for individual voxels.

The ability to identify hypoxia could have far-reaching implications for radiotherapy. We have previously shown correlations between tumor  $pO<sub>2</sub>$  measured by <sup>19</sup>F MRI (FREDOM) and response to single high dose irradiation in Dunning prostate R3327-HI and AT1 tumors (44,45). Furthermore, we could correctly assess the ability to alter  $pO<sub>2</sub>$  and modulate response to irradiation. Karczmar's team also demonstrated the ability of BOLD (*viz*. HiSS) to predict the relative efficacy of tumor oxygenating agents  $(46)$ . <sup>1</sup>H MRI BOLD assessment would be far more practical in the clinic and we believe our results together with the previous report from Fan *et al*. (17) provide strong impetus for translation.

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# **Figure 1. Distribution of oxygen reporter probe**

**A.** <sup>1</sup>H T<sub>1</sub>-weighted MR image of 2 mm slice through tumor showing signal voids corresponding to presence of HFB reporter molecule.

**B.** Overlay of <sup>19</sup>F signal intensity on <sup>1</sup>H image showing distribution of oxygen reporter probe hexafluorobenzene (HFB) in both central and peripheral tumor regions (#2 in Table 1). Bar =  $0.5$  cm.



**Figure 2. Variations in T2\* weighted images with oxygen challenge (BOLD)**

**A.** Normalized spin echo planar images of two tumors acquired at several time points after switching to oxygen breathing. In response to oxygen breathing the two tumors (upper, #2 0.4 cm<sup>3</sup>; lower, #6 1.4 cm<sup>3</sup>) showed heterogeneous signal enhancement. Regions of decreased signal intensity were also observed (dark regions).

**B.** Variations of normalized signal intensity change ( $\overline{S}$ I) versus time for these tumors with respect to oxygen challenge. Both tumors showed an initial rapid response. For tumor #2 (C) this became biphasic reaching a plateau with 9% increase after about 200 s of oxygen

breathing. The second tumor (#6,  $\blacksquare$ ) rapidly reached a peak value of  $SI = 1.4\%$  after 35 s, then gradually decreased to a plateau at about 0.5% increase. Data points are mean values  $\pm$ standard error.



#### **Figure 3. Response of R2\* to oxygen breathing**

**A.**  $R_2^*$  maps showed heterogeneous baseline  $R_2^*$  values for tumor #2. Top left:  $R_2^*$  while breathing air; Center  $R_2^*$  after 5 min breathing oxygen; right difference map obtained by subtracting the oxygen map from the air map (mean  $R_2^* = -2.6 s^{-1}$ ).

**B.** A voxel-voxel comparison ( $n = 2056$ ) between baseline  $R_2^*$  and  $R_2^*$  showed a poor correlation ( $r^2 = 0.1$ ).

**C**. Comparison of mean tumor  $R_2^*$  measured while rat breathed oxygen versus air showed a strong correlation  $(r^2>0.96)$ .

**D.** Comparison of mean signal change in  $T_2^*$ -weighted image versus change in mean  $R_2^*$  in tumors accompanying change in gas from air to oxygen breathing. No linear correlation was observed, but greater change in  $R_2^*$  was accompanied by changes in signal intensity.

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#### **Figure 4. Variation of pO2 with oxygen challenge**

**A.**  $pO_2$  maps obtained at successive times overlaid on  $T_1$ -weighted <sup>1</sup>H images of two tumors (#2 and #6). A range of  $pO<sub>2</sub>$  values was observed in both tumors under baseline conditions. In response to breathing oxygen, all the individual locations (34 voxels) in tumor # 2 (upper row) responded significantly and became well oxygenated. By contrast, some of initially hypoxic regions in tumor #6 (lower row) remained hypoxic, while others became well oxygenated.

**B.** Variation in mean  $pO_2$  of each tumor. Tumor #2 ( $\bigcirc$ ; mean baseline = 17 torr) showed significantly increased  $pO<sub>2</sub>$  within 7 min of oxygen breathing, and continued to increase reaching 76 torr during the final measurement (49 min). Tumor #6 ( $\blacksquare$ , mean baseline pO<sub>2</sub> = 13 torr) reached a peak value (26 torr) after 14 min, but the settled back to a lower level. \* p  $< 0.05$ ; \*\* p  $< 0.001$ .

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#### **Figure 5. Tumor oxygen tension distribution**

A. Pooled pO<sub>2</sub> values for individual regions (265) from the nine tumors showed a range of baseline pO<sub>2</sub> values from hypoxia (<5 torr) to 55 torr, with a mean (x) =  $15 \pm 1$  torr and median (m) = 13.1 torr, while rats breathed air. Binning is based on ranges, *e.g*., 10 refers to 5  $pO_2$ <10 torr.

**B.** Oxygen breathing produced a significant increase in  $pO<sub>2</sub>$  with mean (75  $\pm$  4 torr) and median (63 torr) (p < 0.001). Hypoxic fractions HF<sub>5</sub> (<5 torr) and HF<sub>10</sub> (<10 torr) decreased significantly from baseline values of 18% and 34% to 8% and 10%, respectively  $(p < 0.01)$ . **C.** Correlation between mean baseline  $pO_2$  and hypoxic fraction showed inverse relationship  $(r^2 > 0.87)$ .

**D.** Dependence of pO<sub>2</sub> achieved with oxygen breathing on baseline pO<sub>2</sub> ( $r^2 > 0.6$ )

 $\Delta$  pO<sub>2</sub> (turr)



#### **Figure 6. Correlation of pO2 and BOLD responses to oxygen challenge**

A significant linear correlation was found between mean increase in tissue  $pO_2$  ( $pO_2$ ) and mean spin echo planar BOLD signal increase in the nine tumors with respect to oxygen intervention ( $r^2 > 0.7$ ; p < 0.001).



# **Figure 7. Assessment of residual hypoxic fraction**

Comparison of the final hypoxic fraction  $(HF_{10})$  with oxygen breathing as a function of BOLD signal response (SI) suggests strong predictive value. For most tumors (6 of 9) a large BOLD response coincided with low residual  $HF<sub>10</sub>$ . A small BOLD response indicated a large residual hypoxic fraction in 2 of 3 tumors.

**Table 1**

Comparison of  $pO_2$ , BOLD and  $R_2^*$  in individual tumors Comparison of  $pO_2$ , BOLD and  $R_2^*$  in individual tumors



NA: not measured; NA: not measured;

*\** $p < 0.05$ , \*\*<br> $p < 0.001$  from baseline (21% O<sub>2</sub>).  $p < 0.001$  from baseline (21% O2).

 $\alpha_{\rm Mean}$  pO2 over all voxels in the two repeated baseline measurements. Mean pO<sub>2</sub> over all voxels in the two repeated baseline measurements.

 $\beta$  mean highest pO<sub>2</sub> observed in all voxels during 5 oxygen breathing measurements.  $β$  mean highest pO2 observed in all voxels during 5 oxygen breathing measurements.