

# The alanine-serine-cysteine-1 (Asc-1) transporter controls glycine levels in the brain and is required for glycinergic inhibitory transmission

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# Abstract

Asc-1 (SLC7A10) is an amino acid transporter whose deletion causes neurological abnormalities and early postnatal death in mice. Using metabolomics and behavioral and electrophysiological methods, we demonstrate that Asc-1 knockout mice display a marked decrease in glycine levels in the brain and spinal cord along with impairment of glycinergic inhibitory transmission, and a hyperekplexia-like phenotype that is rescued by replenishing brain glycine. Asc-1 works as a glycine and L-serine transporter, and its transport activity is required for the subsequent conversion of L-serine into glycine in vivo. Asc-1 is a novel regulator of glycine metabolism and a candidate for hyperekplexia disorders.

Keywords glycine receptor; GlyT2; hyperekplexia; non-ketotic hyperglycinemia; D-serine

Subject Categories Neuroscience; Metabolism; Membrane & Intracellular Transport

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# Introduction

Glycine is a classic inhibitory neurotransmitter acting on glycine receptors (GlyRs), which are highly expressed in the spinal cord and pons-medulla [1]. Accumulation of glycine in neurons requires the activity of the glycine transporter GlyT2 [2]. Patients with mutations in GlvR subunit  $\alpha 1$  (GLRA1) [3] or  $\beta$  (GLRB) [4], as well as GlvT2 (SLC6A5) [5,6] display hyperekplexia (OMIM 149400) characterized by pronounced startle responses and stiffness. Although mutations in GLRA1 account for most cases of hyperekplexia, some patients apparently do not display mutations in known target genes [7]. Spontaneous mutations in GLRA1 or GLRB in mice cause glycinergic transmission impairment and a hyperekplexia-like phenotype that includes exaggerated startle responses, tremors, and impairment of righting reflex [7–9]. Likewise, impairment of glycine transport by deletion of the pre-synaptic GlyT2 leads to glycinergic dysfunction [2]. Recently, pre-synaptic GlyRs were shown to contribute to the hyperekplexia-like phenotype, demonstrating another pre-synaptic mechanism that affects glycinergic transmission [10].

Asc-1 (SLC7A10) is a plasma membrane antiporter present in neurons that has high affinity for small neutral amino acids, such as glycine, L-serine, D-serine, alanine, and cysteine [11, 12]. Asc-1 knockout mice exhibit long-lasting tremors and convulsions that start in the second postnatal week and are associated with a shorter life span [13]. Since Asc1 has broad substrate specificity, it has been unclear how deletion of this transporter causes the neurological phenotype and how it affects amino acid and neurotransmitter metabolism.

We now investigate the role of Asc-1 in neurotransmitter metabolism by studying Asc-1 knockout (KO) mice. Using metabolomics and electrophysiological and behavioral methods, we show that Asc-1-KO mice exhibit a selective decrease in brain glycine levels, impaired glycinergic inhibitory transmission, and a hyperekplexialike phenotype that is reversed by replenishing brain glycine. Our data indicate that Asc-1 is a previously undescribed regulator of glycine metabolism and a novel candidate for hyperekplexia.

# **Results and Discussion**

In order to study the role of Asc-1 in brain metabolism, we carried out metabolomics analysis of homozygote Asc-1-KO and WT littermate mice at postnatal day 7 (P7), prior to the appearance of neurological alterations. Changes in metabolites were analyzed using a dual selection criteria (P < 0.050 and  $\pm$  1.2-fold change). Strikingly,

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among 268 metabolites, glycine is the sole metabolite that is significantly lower in the brains of Asc-1-KO mice (50% decrease, P = 0.00002 and false discovery rate-adjusted P = 0.0036) (Fig 1A and Supplementary Table S1). Only cysteine-glutathione disulfide (CSSG), a glutathione derivative, appears to increase in Asc-1-KO brains (threefold increase, P = 0.037) (Supplementary Table S1). However, when corrected for multiple comparisons, possible changes in CSSG exhibited an adjusted *P*-value of 0.75 (Supplementary Table S1). Since other metabolites in the glutathione pathway (GSH and GSSG) are unchanged in the Asc-1-KO mice (Supplementary Table S1), and CSSG appears to be a spurious *in vitro* oxidation product of GSH and cysteine [14], we did not investigate further possible changes in CSSG.

To ascertain possible regional changes in glycine, we analyzed different brain areas of WT and homozygote Asc-1-KO mice at P17–20, when neurological abnormalities are most evident. We found a 50–60% decrease in glycine levels in all tested brain areas and spinal cord of Asc-1-KO mice, confirming a global dysregulation of brain glycine metabolism (Fig 1B).

Glycine is known to be mostly synthesized *de novo* in the brain, rather than taken up via the blood–brain barrier [15]. In agreement, the lower levels of glycine in Asc-1-KO mice brains are not caused by lower glycine availability from the periphery, since serum glycine levels are unchanged in these mice (Fig 1C).

Since metabolomics does not distinguish between L- and D-amino acids, and D-serine accounts for up to 30% of brain serine, we investigated whether serine enantiomers are altered in Asc-1-KO mice using HPLC. We detected a 30% decrease in L-serine levels in several areas of the brain and spinal cord of Asc-1-KO mice (Fig 1D), whereas serum levels of L-serine are not altered (Fig 1E). Brain D-serine levels were little or not affected in Asc-1-KO mice (Fig 1F).

Asc-1-KO mice exhibit lower weight, long-lasting tremors, convulsions that start at about P10-12, and the vast majority die within 3 weeks [13]. This phenotype, however, was not previously thought to involve changes in glycine metabolism or glycinergic transmission. We found that Asc-1-KO mice display a hyperekplexia-like phenotype due to impairment of inhibitory glycinergic transmission, resembling some GlyR mutant mice, especially the oscillator, cincinnati, and Nmf11 types, as well as knockout of GlyT2 (Supplementary Table S2).

While WT mice open their hind legs when suspended by their tails (Fig 2A), Asc-1-KO mice display hind-feet clasping (Fig 2B), typical of some GlyR mutant mice (Supplementary Table S2). Because Asc-1-KO mice display lower levels of brain glycine, we attempted to reverse the phenotype by replenishing glycine. Administration of glycine (28 mmol/kg, i.p.) to Asc-1-KO mice completely reverses the hind-feet clasping when compared with saline (compare Fig 2E and F). This was due to glycine action at strychnine-sensitive receptors, since administration of strychnine at a sub-convulsive dose (1 mg/kg, i.p.) [10] prevented the reversal of the hind-feet clasping by glycine (Supplementary Fig S1). Administration of the glycine precursor L-serine (28 mmol/kg, i.p.) reverses the hind-feet clasping as well (Fig 2G), but injection of D-serine, another Asc-1 substrate, and a NMDA receptor co-agonist [11,16,17] does not improve the phenotype (Fig 2H).

We found that Asc-1-KO mice exhibit impaired righting response when placed on their backs (compare Fig 2C and D; Supplementary Movie S1). Righting latency times in Asc-1-KO mice exceed 2 min in most cases as compared to less than a second in WT mice (Fig 2I). Glycine or L-serine administration (28 mmol/kg, i.p.) promotes nearly complete normalization of the righting times measured 2–3 h after the injection (Fig 2I). Additionally, tremors are significantly higher in Asc-1-KO mice when compared to WT littermates (Fig 2J) and were triggered or exacerbated by handling (Supplementary Movie S1). This was associated with an extremely low level of locomotor activity in the open field displayed by Asc-1-KO mice when compared to WT (Fig 2K). Glycine replenishment rescues the tremors (Fig 2J) and improves the locomotor activity of Asc-1-KO mice to levels indistinguishable from WT littermates for several hours (Fig 2K). Asc-1-KO mice also display intense myoclonic episodes that are prevented by glycine, but not by D-serine administration (Supplementary Movie S2).

Different from most GlyR mice mutants (Supplementary Table S2), we found that Asc-1-KO mice exhibit normal baseline acoustic startle responses at P17–19 (Fig 2L). Interestingly, glycine replenishment promotes a significant decrease in the startle responses of the Asc-1-KO mice for several hours, but has no effect on WT littermates (Fig 2L). The sensitivity of Asc-1-KO mice to glycine administration is in agreement with their hypoglycinergic phenotype, but their normal baseline acoustic startle reflex points to compensatory effects not observed in GlyR mutant mice (Supplementary Table S2). Furthermore, since glycine also stimulates NMDA receptors, its deficiency may not cause the same abnormalities observed in GlvR mutant mice. For instance, NMDA receptors are involved in complex modulation of startle responses [18]. In addition to affect the pre-pulse inhibition of the startle response, administration of the NMDAR antagonist MK-801 has a biphasic effect on the acoustic startle reactivity, in which low doses increase and high doses decrease it [18].

As control, we found that glycine or L-serine at doses that rescued the Asc-1-KO phenotype effectively increases glycine levels both in the cortex and in brainstem of Asc-1-KO mice (Supplementary Fig S2). Brain L-serine also increases following glycine or L-serine injection because of metabolic interconversion (Supplementary Fig S2). Levels of GABA and glutamate are unchanged by glycine or L-serine treatments, except for a small increase in glutamate at the pons-medulla upon L-serine injection (Supplementary Fig S2). In agreement with its inability to improve Asc-1-KO phenotype, D-serine administration to Asc-1-KO mice (9 mmol/kg, i.p.) fails to increase brain glycine levels, while increasing several fold the levels of D-serine itself (Supplementary Fig S2).

The rescue of the phenotype by glycine administration was not due to non-specific sedative effects, which are typically observed at a higher dose [19] and are transient [20]. We found that glycine restoration of Asc-1-KO hind-feet posture is preventable by subconvulsive doses of strychnine, indicating a specific effect on GlyRs (Supplementary Fig S1). Glycine also completely normalizes the locomotor activity and tremors of Asc-1-KO mice to WT levels for at least 6 h (Fig 2J and K). Furthermore, the lack of effect of glycine on the acoustic startle reflex in WT mice indicates that glycine effects are not due to sedation, since startle responses are known to be attenuated by sedatives [21].

In order to directly evaluate the glycinergic inhibitory neurotransmission in Asc-1-KO mice, we monitored glycinergic spontaneous inhibitory post-synaptic currents (sIPSCs) in hypoglossal motoneurons from brainstem slices [2, 22]. We found that Asc-1-KO mice display a strong 90% decrease in the frequency of sIPSCs



#### Figure 1. Asc-1-KO mice exhibit lower levels of glycine in the nervous system.

- A Metabolomics of selected brain metabolites show a decrease in glycine levels in the brains of Asc-1-KO mice (P7). The values are expressed as Asc-1-KO/WT ratio. B Glycine levels in different brain areas of WT (open bars) and Asc-1-KO mice (filled bars) at P17–20.
- C Glycine levels in the serum of WT and Asc-1-KO mice (P17–20).
- C Glycine levels in the serum of WT and Asc-1-KO mice (P.
- D As in (B), but with L-serine determination.E As in (C), but with L-serine determination.
- E As in (C), but with D series determination.
- F As in (B), but with D-serine determination.

Data information: The data represent the average  $\pm$  SEM obtained from 8 (A) or 4 mice (B–F) in each group. \*P < 0.05, \*\*P < 0.01, \*\*\*P < 0.001, \*\*\*\*P < 0.001, compared to WT (two-tailed unpaired *t*-test with Welch's correction). Ctx, cerebral cortex; Hip, hippocampus; Cb, cerebellum; P-M, pons–medulla; Sp, spinal cord. Source data are available online for this article.



#### Figure 2. Asc-1-KO mice exhibit phenotypic abnormalities that are rescued by glycine and L-serine.

- A WT mice spread their hind legs when suspended by the tail.
- B Typical hind-feet clasping in Asc-1-KO mice.
- C WT mice quickly right themselves after they are placed on their backs.
- D Asc-1-KO mice display impaired righting response.
- E Hind-feet clasping in Asc-1-KO mice 3 h after i.p. injection of saline.
- F Reversal of hind-feet clasping in Asc-1-KO mice 3 h after i.p. injection of glycine.
- G Reversal of hind-feet clasping in Asc-1-KO mice 2 h after i.p. injection of L-serine.
- H Lack of effect of D-serine injection in Asc-1-KO mice hind-feet posture.
- 1 WT mice display righting latency times less than a second. Most saline-treated Asc-1-KO mice exhibit righting times longer than 120 s, which are restored to near normal values after administration of glycine or L-serine.
- J Asc-1-KO mice display tremors that are restored to WT levels at 3 and 6 h after i.p. injection of glycine.
- K Open-field activity is reduced in Asc-1-KO mice and is restored by i.p. injection of glycine.
- $L_{\rm -}$  Acoustic startle response in WT and Asc-1-KO mice at baseline, 3 and 6 h after i.p. injection of glycine.

Data information: Mice ages were P14 (A–D), P17–20 (E–H), P15 (I), and P17–19 (J–L). The results are average  $\pm$  SEM of 9 WT and 7 Asc-1-KO mice (J–L). \*P < 0.05, \*\*P < 0.01, compared to control (two-way ANOVA with *post hoc t*-test).

Source data are available online for this article.

compared to age-matched WT mice (WT:  $3.04 \pm 0.86$  vs Asc-1-KO:  $0.32 \pm 0.18$  Hz, P = 0.0043) (Fig 3A and B). Although the average amplitude of the sIPSCs in Asc-1-KO mice was not different from WT mice (WT:  $34.5 \pm 1.4$  vs Asc-1-KO:  $30.1 \pm 5.7$  pA, n.s.) (Fig 3C), analysis of the cumulative distribution of the sIPSCs amplitudes and areas demonstrate a slight but significant increase in the occurrence of smaller IPSCs in Asc-1-KO when compared to WT mice (Fig 3D and E, P = 0.006 and 0.005, Kolmogorov–Smirnov test). Altogether, the data demonstrate impairment of glycinergic inhibitory neurotransmission in Asc-1-KO mice as indicated by a striking lower sIPSC frequency, which is in agreement with their hypoglycinergic phenotype.

The phenotype of Asc-1-KO is not caused by changes in the expression of other components of the glycinergic inhibitory transmission. We found no changes in the expression levels of GLRA1 and GLRB, plasma membrane, and vesicular glycine transporters or the GlyR scaffolding protein gephyrin (Supplementary Fig S3). Likewise, no changes were detectable in the expression of key metabolic enzymes for glycine or L-serine, such as the glycine cleavage system H and aminomethyltransferase proteins, serine hydroxymethyl transferase isoforms 1 and 2 (SHMT 1 and 2), and D-3 phosphoglycerate dehydrogenase (Supplementary Fig S3).

It is conceivable that changes in glycine and L-serine homeostasis underlie the glycine deficiency in Asc-1-KO mice. Accordingly, we detected a significant 50% decrease in the uptake of [<sup>3</sup>H]Gly in cortical synaptosomes from Asc-1-KO mice when compared to WT littermates (Fig 4A). We also investigated the effect of D-isoleucine (D-Ile), which is a selective artificial substrate of Asc-1 that competes with endogenous substrates [16]. We found that D-Ile inhibits by 50% the uptake of [<sup>3</sup>H]Gly in cortical synaptosomes of WT mice, but has no effect on synaptosomes from Asc-1-KO mice (Fig 4A). The data indicate that Asc-1 is a major transporter for glycine in the cerebral cortex and also confirms the selectivity of D-Ile for this transporter.

Surprisingly, we found that the rates of glycine transport in synaptosomal preparations from the pons-medulla of WT and Asc-1-KO mice are approximately the same (Fig 4B), which may be due to compensatory mechanisms in glycine transport as a result of the non-conditional deletion of Asc-1 gene during development. To overcome this limitation, we used D-Ile as a tool to selectively inhibit Asc-1 and found that it decreases the uptake of [<sup>3</sup>H]Gly into WT synaptosomes by 35%, but has no effect on Asc-1-KO preparations (Fig 4B). This observation indicates that Asc-1 is required for glycine transport in the pons-medulla as well.

We found that Asc-1 also transports L-serine in the cortex and pons-medulla. The use of an Asc-1 inhibitor to overcome compensatory changes in Asc-1-KO mice was a key to reveal Asc-1 as an L-serine transporter. D-Ile inhibits the L-[<sup>3</sup>H]Ser uptake in WT cortical synaptosomes by 30%, but has no effect on Asc-1-KO preparations (Fig 4C). Remarkably, D-Ile inhibits by 70% the uptake of L-[<sup>3</sup>H]Ser in pons-medulla synaptosomes from WT, without any effect on Asc-1-KO mice (Fig 4D). Likewise, we found that D-Ala, another transportable inhibitor of Asc-1 [23], promotes a 70% inhibition of L-serine uptake in the pons-medulla of WT mice, with little or no effect on Asc-1-KO mice (Supplementary Fig S4). Altogether, the data indicate that Asc-1 is a major transporter for L-serine in addition to glycine, but Asc-1-KO synaptosomal preparations display adaptive increases in L-serine transport.

Conceivably, transport of L-serine by Asc-1 is required for the subsequent synthesis of glycine by SHMT, the main pathway for glycine production in the nervous system [15]. To evaluate this possibility, we injected WT and Asc-1-KO mice with L-[<sup>14</sup>C]serine and monitored the synthesis of [<sup>14</sup>C]glycine by analyzing the ratio of radioactive serine to newly synthesized glycine in the brain using HPLC analysis. We found a significant decrease in the synthesis of [<sup>14</sup>C]glycine both in the cortex and in the pons–medulla of Asc-1-KO mice (Fig 4E), indicating that Asc-1 is critical for the synthesis of glycine *in vivo*.

Although other L-serine transport pathways are observed in synaptosomes of Asc-1-KO mice (Fig 4C and D), they are not enough to compensate for the deficient glycine synthesis in these mice (Fig 4E). The preparation of purified synaptosomes contains a mixture of nerve terminals from different neuronal types as well as contaminant glial particles [24]. Therefore, it is possible that other L-serine transporters present in Asc-1-KO mice are not expressed in the same cells or cellular locations that normally contain Asc-1. Our data imply that these putative compensatory L-serine transporter mechanisms are not directly coupled to glycine synthesis process.

It is unlikely that Asc-1 mediates vesicular transport of glycine or L-serine. L-Serine is not transported into synaptic vesicles and does not compete with glycine uptake into synaptic vesicles [25], indicating that the vesicular glycine transporter is distinct from Asc-1.

Our data indicate that Asc-1 may regulate glycine homeostasis by two mechanisms (see scheme in Fig 4F). First, Asc-1 may be directly involved in glycine accumulation by glycinergic neurons along with GlyT2. This is supported by our observation that Asc-1 works as a glycine transporter in synaptosomes (Fig 4A and B). Furthermore, Asc-1 is expressed by neurons at pre-synaptic areas [12] and has a high affinity for glycine ( $K_m = 8 \mu M$ ) [11]. The second mechanism encompasses the transport of L-serine into neurons for the subsequent synthesis of glycine by SHMT, an enzyme highly expressed in neurons [26] (Fig 4F). L-Serine is known to shuttle from astrocytes to neurons, but the identity of neuronal L-serine transporter has been elusive [27]. Our data indicate that Asc-1 might be crucial for Lserine import into neurons, and this is supported by our experiments showing that Asc-1 is a major L-serine transporter in synaptosomes (Fig 4C and D). Most importantly, we found that deletion of Asc-1 decreases the synthesis of glycine from L-serine in vivo both in the cortex and in pons-medulla (Fig 4E). Thus, disruption of L-serine transport and diminished conversion of L-serine into glycine are likely to contribute to the global reduction in glycine we observed in Asc-1-KO mice. However, the participation of some glial populations expressing Asc-1 cannot be completely discarded, since Asc-1 RNA has been described in brainstem astrocytes [28]. Furthermore, our data do not exclude other roles for Asc-1, such as regulation of NMDA receptor function via release of D-serine [12].

In summary, our observations indicate that Asc-1 is essential for glycine metabolism and is required for glycinergic inhibitory transmission. Asc-1 is a novel candidate for hyperekplexia in patients where mutations in the primary genes (GLRA1, GLRB, and SLC6A5) have not been detected [7].

On the other hand, mutations in the glycine cleavage system cause non-ketotic hyperglycinemia (OMIM 605899), characterized by massive accumulation of glycine in the CNS, intractable seizures, mental retardation, hypotonia, and frequently neonatal death [29]. So far, no effective treatments can prevent the severe neurological



Figure 3. Impairment of glycinergic inhibitory neurotransmission in Asc-1-KO mice.

A Example glycinergic sIPSCs recorded in whole-cell voltage clamp mode from hypoglossal neurons in brainstem slices of WT (black) and Asc-1-KO (red) mice at postnatal day 11.

B The frequency of glycinergic sIPSCs is decreased in hypoglossal motoneurons of Asc-1-KO mice.

C Average amplitudes of siPSCs in WT and Asc-1-KO mice.

D, E Cumulative distribution of sIPSC amplitudes (D) and areas (E) in WT and Asc-1-KO mice.

Data information: The results are average  $\pm$  SEM of 6 (WT) and 5 (Asc-1-KO) slices obtained from 3 mice each (ages P8–14). The cumulative distribution of sIPSC amplitude and area was calculated from 4,281 (WT) and 474 sIPSC (Asc-1-KO) mice. \*\*P = 0.0043, compared to WT mice (Mann–Whitney test). Source data are available online for this article.

impairment in this disease. Selective Asc-1 inhibitors can potentially decrease glycine accumulation in the CNS of patients with non-ketotic hyperglycinemia.

## Materials and Methods

#### Mice breeding and genotyping

Non-conditional heterozygote Asc-1 (Slc7a10)-KO mice were generated by Deltagen Inc. (San Mateo, CA) and maintained in C57Bl/6J 129sv mixed background by back-crossing with C57Bl/6 for 5 generations. The mice were genotyped from tail biopsies using primers to detect WT and Asc-1-KO alleles as previously described [17]. All the procedures used in this study were approved by the Committee of Animal Experimentation of the Technion, Israel Institute of Technology.

#### Metabolic profiling and HPLC analysis

Homozygote Asc-1-KO and WT littermates (eight P7 mice in each group) were anesthetized with isoflurane and decapitated. Their brains were dissected, frozen on dry ice, and shipped to Metabolon Inc. (North Carolina) for metabolic profiling. The samples were

Behavioral analysisre gener-Acoustic startle reflex was evaluated as previously described [32],C57Bl/6Jusing a sound proof and ventilated chamber (Kinder Scientific, CA,C5 gener-USA). The values were corrected for the mice weights (WT,g primers7.4 g  $\pm$  0.9 vs Asc-1-KO, 5.9  $\pm$  0.4) and expressed as Newtons/g.[17]. AllIn order to evaluate tremors, activity from the sensor was recorded

previously described [16].

#### Pharmacological treatments

for 5 min as described [33].

All compounds used for i.p. injections were dissolved in 0.9% NaCl. To determine brain amino acids, mice were anesthetized with isoflurane, cardiacally perfused for 2 min with ice-cold PBS to remove the blood, and the tissues were subsequently processed for HPLC analysis [16].

without the auditory stimuli. Activity in the open field was analyzed

analyzed using LC/MS and GC/MS techniques as previously

described [30]. Statistical analysis was carried out with Student's

*t*-test and Welch correction. To adjust for multiple comparisons, the *P*-values were corrected for the false discovery rate, as described previously [31]. HPLC analysis for amino acids was carried out as



Figure 4. Asc-1 transports both glycine and L-serine and is required for the subsequent conversion of L-serine into glycine in vivo.

- A, B Glycine uptake by purified synaptosomes from cerebral cortex (A) and the pons-medulla (P-M) (B) of WT and Asc-1-KO mice, either in the absence or in the presence of 1 mM D-Ile.
- C, D L-serine uptake in cortical synaptosomes (C) and P-M synaptosomes (D) of WT and Asc-1-KO mice.
- E Impaired synthesis of glycine from L-serine in Asc-1-KO mice *in vivo*. Synthesis of [<sup>14</sup>C]glycine in the cortex and P-M is expressed as the ratio of the recovered radioactivity in [<sup>14</sup>C]Gly to L-[<sup>14</sup>C]Ser.
- F Schematic model of the dual action of Asc-1 on glycine homeostasis. Direct transport of glycine by Asc-1 may contribute to glycine accumulation in concert with GlyT2 at the spinal cord and brainstem. Asc-1 also appears to transport L-serine that is subsequently converted into glycine by SHMT, providing a source of glycine. Disruption of the later process seems to underlie the global decrease in the levels of glycine in the nervous system of Asc-1-KO mice.

Data information: (A–D) The results are average  $\pm$  SEM of 5 (A, B) or 4 (C, D) independent experiments with different preparations of P14–18 mice. (E) The data are average  $\pm$  SEM of 4 (cortex) and 5 (P-M) mice at P14 (cortex) or P11, P14, and P20 (P-M). \*P < 0.05, \*\*P < 0.01, \*\*\*P < 0.001; repeated-measures ANOVA and Bonferroni's *post hoc* test (A–D) or two-tailed unpaired Student's *t*-test (E). Source data are available online for this article.

#### Ex vivo electrophysiology

Mice were decapitated after isoflurane anesthesia, and the brainstem was dissected. Transversal slices containing the hypoglossal nucleus (280  $\mu$ m) were cut with a vibrating microtome 7000 (Campden Instruments). Then, the slices were equilibrated for 30 min in oxygenated aCSF consisting of (in mM) 125 NaCl, 25 NaHCO<sub>3</sub>, 25 glucose, 3 KCl, 1.25 NaH<sub>2</sub>PO<sub>4</sub>, 2 CaCl<sub>2</sub>, and 1 MgCl<sub>2</sub>, pH 7.4 (at room temperature). Whole-cell patch-clamp recordings of glycinergic spontaneous inhibitory post-synaptic currents (sIPSCs) were monitored in voltage clamp mode essentially as described [2,22]. Briefly, for the isolation of glycinergic sIPSCs, the aCSF was

supplemented with 20 µM 6-cyano-7-nitroquinoxaline-2,3-dione (CNOX, Sigma), 50 uM 2-amino-5-phosphopentanoate (D-AP5, Sigma), and 20 µM bicuculline methobromide (Sigma). Slices were transferred to a recording chamber equipped with an upright BX61WI Olympus microscope and a 60× infrared-differential interference contrast optics, and perfused with oxygenated aCSF at 28°C. After the identification of hypoglossal neurons by their size, shape, and location, whole-cell patch-clamp recordings were obtained using Multi-Clamp 700A (Molecular Devices, Union City, CA). The recording patch electrodes were filled with an intracellular solution consisting of (in mM) 110 CsCl, 30 TEA-Cl, 1 CaCl<sub>2</sub>, 2 MgCl<sub>2</sub>, 4 Na<sub>2</sub>ATP, 10 Hepes, 10 EGTA (adjusted to pH 7.2 with KOH), and 5 5-lidocaine-N-ethyl bromide, giving a resistance of 3–6 M $\Omega$ . The hypoglossal neurons were voltage-clamped at -70 mV. Series resistance ranged from 8 to 25 M $\Omega$ . Signals were sampled at 5-10 kHz, and the data were analyzed using Clampfit-10.3 (Molecular Devices).

#### Amino acid uptake

Purified synaptosomes [24] were incubated at 30°C for 1–3 min in the presence of HBSS supplemented with 5  $\mu$ M of either [<sup>3</sup>H]glycine or L-[<sup>3</sup>H]serine in HBSS buffer, in the presence or in the absence of an Asc-1 inhibitor. The uptake was terminated by filtration through 0.45- $\mu$ m nitrocellulose filters (Millipore) in a filtration apparatus, followed by 4 quick washes with 9 ml of ice-cold HBSS. Blanks were performed by incubating the synaptosomes on ice. The radioactivity retained in the filters was monitored by scintillation counting.

#### In vivo synthesis of glycine

Aliquots of L-[U-<sup>14</sup>C]serine (8  $\mu$ Ci/mice) were dried in a speed vacuum, dissolved in 0.9% NaCl, and injected i.p. into Asc-1-KO and WT littermates. Thirty minutes after injection, the mice were anesthetized with isoflurane, perfused with ice-cold PBS to remove blood, and the different brain areas were dissected on ice and frozen in dry ice. To monitor glycine synthesis, the regions of interest were homogenized in 4 volumes of trichloroacetic acid (TCA) 5% and the samples were subjected to HPLC analysis as previously described [16]. The peaks corresponding to serine and glycine were collected, and the radioactivity was monitored by scintillation counting. The results were expressed as the ratio of [<sup>14</sup>C]glycine to L-[<sup>14</sup>C]serine in the different brain regions.

Supplementary information for this article is available online: http://embor.embopress.org

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#### Author contributions

HS measured amino acid contents by HPLC, and HS and HW did transport assays and *in vivo* glycine synthesis assays. SZ, HS, and SN did behavioral tests.

HS, SN, and IR carried out Western blot quantification. YS did electrophysiology and analyzed the data. DR and HS prepared the samples for metabolomics. AA supervised the behavioral tests and their statistical analysis. SE analyzed the biochemical data. SH and JS supervised and analyzed the electrophysiology data. HW is responsible for the execution of the project, data analysis, and manuscript preparation.

#### Conflict of interest

The authors declare that they have no conflict of interest.

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