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L-Cysteine ethyl ester reverses the deleterious effects of morphine on arterial blood-gas chemistry in tracheotomized rats

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Summary

This study determined whether the membrane-permeable ventilatory stimulant, L-cysteine ethylester (L-CYSee), reversed the deleterious actions of morphine on arterial blood-gas chemistry in isoflurane-anesthetized rats. Morphine (2 mg/kg, i.v.) elicited sustained decreases in arterial blood pH, pO₂ and sO₂, and increases in pCO₂ (all responses indicative of hypoventilation) and Alveolar-arterial gradient (indicative of ventilation-perfusion mismatch). Injections of L-CYSee (100 μmol/kg, i.v.) reversed the effects of morphine in tracheotomized rats but were minimally active in non-tracheotomized rats. L-cysteine or L-serine ethylester (100 μmol/kg, i.v.) were without effect. It is evident that L-CYSee can reverse the negative effects of morphine on arterial blood-gas chemistry and Alveolar-arterial gradient but that this positive activity is negated by increases in upper-airway resistance. Since L-cysteine and L-serine ethylester were ineffective, it is evident that cell penetrability and the sulfur moiety of L-CYSee are essential for activity. Due to its ready penetrability into the lungs, chest wall muscle and brain, the effects of L-CYSee on morphine-induced changes in arterial blood-gas chemistry are likely to involve both central and peripheral sites of action.

Keywords

morphine; L-cysteine ethylester; arterial blood-gas chemistry; halothane-anesthetized rats

1. Introduction

Systemically-administered opioids disturb arterial blood-gas chemistry in humans by direct suppression of minute ventilation (Cepeda et al., 2003; Cashman and Dolan, 2004; Taylor et

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al., 2005; Lötsch et al., 2006) and by negative affects on ventilation-perfusion in the lungs (Rybro et al., 1982; Chow et al., 2003; Wang et al., 2005). Systemic opioids also depress ventilation in animals by mechanisms, including central- (Campbell et al., 1995) and vagal afferent-mediated (Kaczyska and Szereda-Przestaszewska, 2005) depression of ventilatory drive; skeletal muscle rigidity in the chest-wall and abdomen (Seamman, 1983; Niedhart et al., 1989; Bowdle, 1998); increases in pulmonary airway resistance (Willette et al., 1983); and increases in upper airway resistance via closure of the larynx (Willette et al., 1982, 1987; Bennett et al., 1997). Moreover, agonist-induced activation of central and peripheral opioid receptors blunt the hypoxic ventilatory response (see Zhang et al., 2009), and opioids such morphine and fentanyl inhibit carotid body chemoafferent activity and depress the responses of these afferents to hypoxic and hypercapnic challenges (McQueen and Rubeiro, 1980, 1981; Zimpfer et al., 1983; Kirby and McQueen, 1986; Mayer et al., 1989). Opioids including morphine also negatively affect ventilation-perfusion in the lungs of rabbits (Shafford and Schadt, 2008), pigs (Hannon and Bossone, 1991), dogs (Copland et al., 1987) and rats (Ling et al., 1985; Szikszay et al., 1986).

Although there are new therapeutics with the potential to prevent opioid-induced depression of breathing without affecting opioid-induced analgesia, none to date have been tested or proven reliably effective in human trials (Dahan et al., 2010). We have found that systemic injections of L-cysteine ethyl ester (L-CYSee) elicit dose-dependent increases in minute ventilation in rats (unpublished observations). L-CYSee is membrane-permeable (Fukui et al., 1994; Clancy et al., 2001), readily enters peripheral tissues and the brain (Servin et al., 1988), and increases intracellular pools of cysteine in these tissues (Hobbs et al., 1993; Deneke, 2000) via a membrane-associated carboxylesterase (Butterworth et al., 1993). The increased availability of cysteine directly alters the redox status of cells (Métayer et al., 2008; Winterbourn et al., 2008) and enhances glutathione production (Kimura and Kimura, 2004; Kimura, 2010), which exerts redox-dependent (reductive) effects and S-glutathiolation of proteins (Hill and Bhatnagar, 2007), and hydrogen sulfide (Kimura, 2010), which also activates redox processes and increases minute ventilation via actions in the carotid bodies (Peng et al., 2010). The enhanced bioavailability of L-cysteine and L-glutathione would also promote the direct formation of the S-nitrosothiols, L-S-nitrosocysteine and L-S-nitrosoglutathione and the overall S-nitrosylation status of functional proteins in cells (Gow et al., 1991; Kharitonov et al., 1995; Keszler et al., 2010; Hu and Ho, 2011). S-nitrosothiols have diverse activities via S-nitrosylation of functional proteins (Lipton et al., 1993; Foster et al., 2003) and it is known that S-nitrosothiols within the brainstem (Lipton et al., 2001) and peripheral structures (Gaston et al., 1994, 2006; Stoyanovsky et al., 1997) exert positive effects on ventilatory function and pulmonary gas-exchange mechanisms.

It has been established that morphine alters the redox status of cells to a less reductive, more oxidative state (Polanco et al., 2009) and reduces intracellular glutathione levels (Macchia et al., 1999). Accordingly, we reasoned that the ability of L-CYSee to enhance the reductive capacity of cells both directly and via enhancement of glutathione levels may modulate the negative effects of morphine on ventilation. Moreover, L-CYSee or its free radical cation (Osburn et al., 2011) may reverse the deleterious effects of morphine by down-regulating opioid receptors (Cox et al., 1980) or by direct effects on membrane-associated proteins (Laragione et al., 2006) that regulate opioid receptor function. The initial aim of this study

was to determine whether intravenous injections of the L-CYSee in isoflurane-anesthetized rats could reverse the deleterious effects of morphine on arterial blood-gas chemistry, and Alveolar-arterial O₂ (A-a) gradient, an index of ventilation-perfusion status in the lung (Torda, 1981). We found that L-CYSee elicited relatively minor effects on the morphine-induced responses. In further exploring the potential reasons for the minimal effects of L-CYSee, we then performed studies in rats with a tracheotomy to test the hypothesis that L-CYSee may exacerbate morphine-induced increases in upper airway resistance. Indeed, we found that L-CYSee reversed the negative effects of morphine in rats with a tracheotomy. Taken together, it is apparent that L-CYSee can reverse the negative effects of morphine on ventilation but that its ability to increase upper airway resistance compromises gas-exchange in these rats.

2. Methods

2.1. Rats and surgeries

All studies were carried out in accordance with the National Institutes of Health Guide for the Care and Use of Laboratory Animals (NIH Publication No. 80-23) revised in 1996. The protocols were approved by the Animal Care and Use Committee of the University of Virginia. Adult male Sprague-Dawley rats (n=25; Harlan, Madison, WI) were anesthetized with 2% isoflurane delivered in room air. The rats were transferred to the surgical table and anesthesia maintained by delivery of 2% isoflurane in room-air via a face mask. Rat body temperature was maintained at $37.2 \pm 0.2^{\circ}\text{C}$ via a rectal thermometer connected to a temperature-controlled heating pad. Femoral artery and vein catheters were then inserted as described previously (Lewis et al., 2006). In one set of rats, the trachea was exposed via mid-line incision and a tube inserted to by-pass the upper airway. Isoflurane was delivered via the tracheal tube from then on. In another set of rats, the trachea was exposed but not cannulated and isoflurane delivery was maintained via face-mask. After surgery, all wounds were sutured closed and the rats were maintained on 1.25% isoflurane in room-air

2.2. Blood gas measurements and determination of A-a gradient

Arterial blood samples (120 μL) were taken from rats at key time-points during the protocols. The pH, pCO₂, pO₂ and sO₂ of these samples were measured via a blood-gas analyzer (ABL800 FLEX, Radiometer, Denmark). The calculated A-a gradient, measures the difference between alveolar and arterial blood concentrations of O₂ (Torda, 1981; Story, 1996). A-a gradient = PAO₂ - PaO₂, where PAO₂ is the partial pressure of alveolar O₂, and PaO₂ is the measured partial pressure of O₂ in arterial blood. $\text{PAO}_2 = [(\text{FiO}_2 \times (\text{P}_{\text{atm}} - \text{P}_{\text{H}_2\text{O}})) - (\text{PaCO}_2 / \text{respiratory quotient})]$, where FiO₂ is the fraction of O₂ in inspired air; P_{atm} is atmospheric pressure; P_{H₂O} is the partial pressure of water in inspired air; PaCO₂ is the partial pressure of CO₂ measured in the arterial blood, and respiratory quotient (RQ) is equal to CO₂ eliminated by cells/O₂ consumed by cells. In our calculations, we took FiO₂ of room air to be 21% = 0.21; RQ to be 0.8; P_{atm} to be 760 mmHg; and P_{H₂O} to be 47 mmHg (Crapo et al., 1999).

2.3. Protocols

Study 1 – L-CYSee studies. Tracheotomized rats ($n=5$, 317 ± 3 g) and non-tracheotomized rats ($n=5$, 321 ± 3 g), received an injection of morphine (2 mg/kg, i.v.) and a blood-gas sample was taken after 5, 15 and 30 min to ensure that the effects of morphine on arterial blood-gas chemistry and A-a gradient had reached plateau levels. At 35 min, the rats received an i.v. injection of vehicle (saline, pH 4.0) or L-CYSee (100 $\mu\text{mol/kg}$) and a blood-gas sample was taken 5 min later (i.e., 40 min post-morphine). The rats received a second injection of vehicle or L-CYSee (100 $\mu\text{mol/kg}$) 5 min later (i.e., 45 min post-morphine) and a blood-gas sample was taken 5 min later (i.e., 50 min post-morphine). As such, the injections of vehicle or L-CYSee were given at 35 and 45 min post-morphine and blood gas samples taken at 40 and 50 min post-morphine. **Study 2 – L-cysteine study.** Tracheotomized rats ($n=5$, 317 ± 3 g) received L-cysteine (100 $\mu\text{mol/kg}$) rather than L-CYSee in the above protocol. **Study 3 – L-serine ethylester study.** Tracheotomized rats ($n=5$, 319 ± 3 g) received L-serine ethyl ester (100 $\mu\text{mol/kg}$) rather than L-CYSee in the above protocol.

2.4. Statistics

The data are presented as mean \pm SEM and were analyzed by one- or two-way ANOVA followed by Student's modified *t* test with Bonferroni corrections for multiple comparisons between means (Wallenstein et al., 1980). A value of $P < 0.05$ denoted statistical significance.

3. Results

3.1. Effects of morphine in rats with and without tracheostomy

Resting parameters prior to injection of morphine were similar in the four groups of rats (Figs. 1 and 2; $P > 0.05$, for all comparisons between the four groups). Morphine elicited sustained (i.e., present 35 min post-injection) decreases in pH, $p\text{O}_2$ and $s\text{O}_2$ that were accompanied by sustained increases in $p\text{CO}_2$ and A-a gradient (Fig. 1). These responses were of similar magnitude in the four groups of rats ($P > 0.05$, for all comparisons).

3.2. Effects of L-CYSee, L-Cysteine and L-serine ethylester in rats with and without tracheostomy

The two injections of vehicle elicited minor changes from the morphine-induced baselines in both the non-tracheotomized (Fig. 1.) and tracheotomized (Fig. 2) rats (see columns denoted "dose 1" and "dose 2", $P > 0.05$, for all comparisons). In non-tracheotomized rats, the first injection of L-CYSee did not affect the morphine-induced decreases in pH, $p\text{O}_2$ and $s\text{O}_2$ or the increases in $p\text{CO}_2$ and A-a gradient ($P > 0.05$, for all comparisons). The second injection of L-CYSee elicited relatively minor increases in pH and $p\text{O}_2$, a substantial decrease in $p\text{CO}_2$ ($P < 0.05$, for all comparisons to vehicle responses), but no effects on $s\text{O}_2$ or A-a gradient ($P < 0.05$, for all comparisons to vehicle responses). In contrast, the injections of L-CYSee elicited a relatively dramatic reversal of the effects of morphine in tracheotomized rats (Fig. 2). The first injection of L-CYSee elicited increases in pH, $p\text{O}_2$ and $s\text{O}_2$ and decreases in $p\text{CO}_2$ and A-a gradient ($P > 0.05$, for all comparisons) whereas the second injection elicited full recovery from the effects of morphine. In contrast to L-CYSee, the

injections of L-cysteine or L-serine ethylester did not modify any of the effects of morphine on arterial blood-gas chemistry or A-a gradient (Table 1).

4. Discussion

The novel finding of this study is that L-CYSee elicited relatively minor effects on morphine-induced changes in arterial blood-gas chemistry and A-a gradients in rats without a tracheotomy whereas it reversed the effects of morphine in rats with a tracheotomy. Taken together, it is evident that L-CYSee is capable of antagonizing the negative effects of morphine on arterial blood-gas chemistry but that its ability to increase upper airway resistance compromises gas-exchange in morphine-treated rats. As will be discussed below, the ability of L-CYSee to enhance ventilation and elicit upper airway obstruction in non-tracheotomized rats may result in markedly negative intrathoracic pressures, which will directly gas exchange in the lungs.

4.1. Effects of morphine on arterial blood-gas chemistry and A-a gradient

Morphine elicited a sustained depression of arterial blood-gas chemistry in our isoflurane-anesthetized rats. Specifically, morphine elicited decreases in pH, pO_2 and sO_2 levels that were accompanied by an increase in pCO_2 levels. These changes in arterial blood-gas chemistry are consistent with the known ability of morphine to suppress minute ventilation (Trescot et al., 2008; Dahan et al., 2010). The finding that baseline arterial blood-gas chemistry values and the responses elicited by morphine were similar in non-tracheotomized and tracheotomized rats suggests that the non-tracheotomized rats were adequately ventilated before injection of the opioid. Morphine also elicited a substantial increase in A-a gradient, indicative of an abnormally lower pO_2 in lung blood compared to alveoli (Torda, 1981; Story, 1996). A decrease in PaO_2 , without a change in A-a gradient would be caused purely by hypoventilation. However, since the morphine-induced decreases in pO_2 were accompanied by an increase in A-a gradient, it appears that morphine induced a ventilation-perfusion (V/Q) mismatch or shunting. As such, morphine may have directly increased pulmonary vascular resistance and/or exacerbated the hypoxic pulmonary vasoconstriction resulting from morphine-induced decrease in minute ventilation and concomitant decreases in arterial pO_2 . Whatever the mechanism, it appears that diminished arterial blood flow to alveoli is a major mechanism by which morphine reduced arterial pO_2 in our isoflurane-anesthetized rats. These findings are consistent with evidence that morphine and other opioids increase pulmonary vascular resistance in humans (Popio et al., 1978; Mitaka et al., 1985) and animals (Schurig et al., 1978; Zola and McLeod, 1983; Copland et al., 1987; Hakim et al., 1992).

Our findings that morphine increased A-a gradient agree with evidence that opioids negatively affect ventilation-perfusion in humans and animals (Ling et al., 1985; Szikszay et al., 1986; Copland et al., 1987; Hannon and Bossone, 1991; Shafford and Schadt, 2008). However, the potential ability of morphine to affect RQ (CO_2 eliminated by cells/ O_2 consumed by cells) would have important effects on A-a gradients and the interpretation of the ability of morphine to negatively affect gas exchange in the lungs. In our calculations of A-a gradient, we took RQ to be 0.8, which assumes that morphine did not have direct effects on this parameter. Although there are reports that morphine has minimal effects on

carbohydrate or lipid metabolism (Allan et al., 1983; Hauner et al., 1988), there is evidence that morphine enhances carbohydrate metabolism (Lelevich, 2011), and that morphine either increases (Nencini and Paroli, 1981) or decreases (Sablé-Amplis et al., 1975) lipid metabolism). Morphine-induced enhancement carbohydrate metabolism (Lelevich, 2011) or decrease in fat metabolism (Sablé-Amplis et al., 1975), would shift RQ to a value greater than 0.8, which would increase the calculated A-a gradient. As such, an RQ of 0.8, would underestimate the negative effects of morphine on gas exchange in the lungs. In contrast, an increase in fat metabolism (Nencini and Paroli, 1981) would shift RQ from 0.8 toward 0.66 and decrease the calculated A-a gradient. Therefore, a RQ of 0.8 would overestimate the effects of morphine on A-a gradient and gas exchange. Although our findings suggest that morphine directly (negatively) affected gas-exchange in the lungs, we cannot definitively state the exact effects of morphine on A-a gradient and gas exchange without direct measurement of RQ.

4.2. Effects of L-CYSee on the morphine-induced responses

The intravenous injection of ^{35}S -labelled L-CYSee elicits a rapid rise (within 5 min) in ^{35}S -L-CYSee and ^{35}S -L-cysteine levels in the brain, lungs and chest-wall muscle of rats (Servin et al., 1988). Our key finding was that L-CYSee reversed the deleterious effects of morphine on arterial blood-gas chemistry and A-a gradient in tracheotomized rats but exerted much lesser effects in non-tracheotomized rats. It is therefore evident that the ability of L-CYSee to increase upper airway (e.g., laryngeal) resistance limits the effectiveness of L-CYSee in morphine-treated rats. Tracheostomy aids patients with marginal respiratory mechanics primarily by decreasing airway resistance (Heffner, 2001; Pierson, 2005). Accordingly, tracheostomy improves ventilatory parameters, gas exchange, pulmonary hemodynamics (Benini et al., 2002; Ferraro et al., 2004) and the mechanics of breathing (Heffner, 2001; Pierson, 2005) in patients including those on normal tidal ventilation (Namdar et al., 2010; Sofi et al., 2010; Bellani et al., 2013).

The ability of L-CYSee to improve arterial blood-gas chemistry in morphine-treated tracheotomized but not in non-tracheotomized rats is consistent with the possibility that L-CYSee increases both inspiratory effort and upper airways resistance. Non-cardiogenic pulmonary edema in children and adults occurs following various forms of upper airway obstruction (Oswalt et al., 1977; Jackson et al., 1980; Tami et al., 1986; Lang et al., 1990) and in patients with obstructive sleep apnea (Chaudhary et al., 1984). Moreover, upper airway obstruction with marked inspiratory efforts generates excessively negative intrathoracic pressures in humans (Schwartz et al., 1999) and animals (Lloyd et al., 1986; Chonan et al., 1991). These abnormally negative pressures lead to an increase in transmural capillary pressure, which causes a transudation of fluid from the pulmonary capillaries into the interstitial space (Schwartz et al., 1999; da Silva et al., 2005). The lack of airflow and alveolar oxygenation during acute upper airway obstruction results in hypoxemia, which leads to a hypoxia-mediated pulmonary vasoconstriction, which also promotes pulmonary edema (Schwartz et al., 1999). The occurrence of pulmonary hemorrhage during negative pressure pulmonary edema (Muller and Miller, 1991; Schwartz et al., 1999; da Silva et al., 2005) involves stress failure of the alveolar-capillary membrane caused by the marked elevation of pulmonary capillary wall tension (Schwartz et al., 1999). Decreases in the

pericapillary interstitial pressure might lead to this stress failure of the membrane (Schwartz et al., 1999). Extreme transmural pressure changes break the alveolar-capillary membrane, allowing red cell leakage into the alveoli, leading to hemorrhage (Broccard et al., 2000). Whether this L-CYSee-induced increase in upper airway resistance is due to the direct effects on the neuromuscular components of the upper airway or to actions in the brain promoting enhanced neurogenic drive, remains to be determined. Since L-CYSee reversed the effects of morphine on arterial blood-gas chemistry in tracheotomized rats, it would appear that L-CYSee does not have deleterious effects on the muscle components of the lower airway and especially those within terminal bronchioles, or negative effects on alveolar function (e.g., disturbance of surface tension which would tend to cause collapse), despite its presence in lung tissue (Butterworth et al., 1993; Hobbs et al., 1993) and bronchio-alveolar lining fluid (Lailey and Upshall, 1994) after peripheral administration. Moreover, the ability of L-CYSee to improve A-a gradient in the tracheotomized rats clearly suggests that L-CYSee can overcome the direct and/or hypoxia-induced increase in pulmonary vascular resistance. In rats without a tracheal tube, changing RQ from 0.8 to 0.66 or to 1.00 confirmed that L-CYSee would have minimal effects on A-a gradient at all RQ values. Importantly, changing RQ values from 0.8 to 0.66 or to 1.00 confirmed that L-CYSee had similar profound beneficial effects on A-a gradient at all RQ values. The lack of effect of L-CYSee on A-gradients in rats without tracheal catheters clearly suggests that L-CYSee has minimal overall effects on RQ. As such, it is tempting to assume that L-CYSee improved A-a gradient in rats with tracheal catheters by directly improving gas-exchange in the lungs, perhaps decreasing hypoxic pulmonary vasoconstriction. Although we cannot find relevant data concerning the effects of L-cysteine on RQ, there is evidence that (1) N-acetylcysteine (which increases intracellular cysteine levels) has minimal effects on lipid or carbohydrate metabolism in control rats (Novelli et al., 2009; Seiva et al., 2009), whereas it normalizes disturbances in these metabolic pathways in high-sucrose diet-induced obese rats (Novelli et al., 2009) and in rats subjected to alcohol ingestion (Seiva et al., 2009). Evidence was provided in the above studies that the therapeutic effects of N-acetylcysteine involved anti-oxidant mechanisms (Novelli et al., 2009; Seiva et al., 2009). It should be noted that morphine generates reactive oxygen species (Young et al., 2013) that are capable of altering carbohydrate and lipid metabolism (Novelli et al., 2009; Seiva et al., 2009). Accordingly, it is possible that L-CYSee overcomes the negative effects of morphine on metabolism within cells thereby tending to keep RQ at or near its normal value of 0.8.

4.3. Effects of L-cysteine and L-serine ethylester on the morphine-induced responses

As with ^{35}S -L-CYSee, the injection of ^{35}S -L-cysteine elicited a rapid rise in ^{35}S -L-cysteine levels in the lungs but unlike ^{35}S -L-CYSee, ^{35}S -L-cysteine did not accumulate in the chest-wall muscle or brain (Servin et al., 1988). The lack of tissue penetration in these vital organs may explain why L-cysteine did not reverse the deleterious effects of morphine in tracheotomized rats. Moreover, the lack of effect of L-serine ethylester suggests that the sulfur moiety is vital to the actions of L-CYSee and the ethyl ester moiety of L-CYSee in itself did not confer activity other than allowing for plasma membrane and/or intracellular delivery. As such, it appears that the ability of L-CYSee to reverse the actions of morphine depend upon its delivery of L-cysteine into the plasma membranes and/or cytoplasm of cells within the periphery (e.g., lungs and ventilatory muscles) and/or the brain including those

protected by a blood-brain-barrier (e.g., brainstem), and those including the area postrema, that are not (Johnson and Gross, 1993). The possibility that L-CYSee accumulates and exerts effects within other key structures such as the primary glomus cells and chemosensory nerves in the carotid bodies remains to be determined.

4.4. Potential mechanisms by which L-CYSee reverses the morphine-induced responses

It is unlikely that L-CYSee interacts (e.g., chelates) with morphine in vivo since L-cysteine and morphine do not interact when added together (Nagamatsu et al., 1982). However, in vitro studies have demonstrated that whereas 1 mM concentrations of cysteine, glutathione and dithiothreitol do not affect opioid receptor binding, high concentrations of these thiols (20 mM) induce a rapid loss of opiate receptor binding (Cox et al., 1980). Based on the assumption that our rats (≈ 0.3 kg) have about 20 ml of circulating blood (Ringler and Dabich, 1979), the first injection of L-CYSee (100 $\mu\text{mol}/\text{kg}$) would at the instant of injection, result in a blood level of 1.5 mM (i.e., each rat received ≈ 30 μmol of L-CYSee resulting in levels of $30 \mu\text{mol}/20 \text{ ml} = 1.5 \text{ mM}$). Assuming no degradation or tissue distribution of L-CYSee, the second injection would have elevated plasma levels to 3.0 mM. Taken with the lack of effects of L-cysteine, it is unlikely that L-CYSee, at the total dose used in this study, reversed the effects of morphine via direct actions on membrane proteins (Laragione et al., 2006) and especially opiate receptors (Cox et al., 1980). Considering the known sites of action of morphine (see Introduction), it is feasible that L-CYSee acted in the carotid bodies to reverse the negative effects of morphine on primary glomus cells/chemoafferents and the responses of the carotid body to hypoxia and hypercapnia. Consistent with a putative increase in laryngeal muscle activity, L-CYSee may increase the activity of respiratory muscles within the chest and diaphragm via direct actions or via actions within the brain. Finally, the beneficial effects of L-CYSee on A-a gradient in the tracheotomized rats raises the possibility that L-CYSee diminished the direct and/or hypoxia-driven increase in pulmonary vascular resistance.

Morphine alters the redox status of neuroblastoma x glioma hybrid cells to a less reductive, more oxidative state in an opioid receptor antagonist-sensitive manner (Polanco et al., 2009) and decreases the levels of reduced glutathione in cultured epithelial cells (Macchia et al., 1999). As such, L-CYSee may overcome the actions of morphine by enhancing intracellular levels of cysteine (Butterworth et al., 1993; Hobbs et al., 1993; Deneke, 2000), glutathione (Kimura and Kimura, 2004; Kimura, 2010), and hydrogen sulfide (Kimura, 2010). Cysteine (Deneke, 2000; Métayer et al., 2008; Winterbourn et al., 2008), glutathione (Hill and Bhatnagar, 2007) and hydrogen sulfide (Peng et al., 2010) exert redox-dependent effects in cells and hydrogen sulfide promotes minute ventilation via actions in the carotid bodies (Peng et al., 2010). Finally, the generation of intracellular S-nitrosothiols such as L-S-nitrosoglutathione and an increase overall S-nitrosylation status of proteins in cells (Gow et al., 1991; Kharitonov et al., 1995; Keszler et al., 2010; Hu and Ho, 2011) may contribute to the ventilatory excitant effects of L-CYSee in morphine-treated rats. This especially is because (1) microinjections of S-nitrosothiols into the nucleus tractus solitarii of conscious rats cause pronounced increases minute ventilation (Lipton et al., 2001), (2) S-nitrosothiols promote skeletal muscle activity via activation of ryanodine receptors (Stoyanovsky et al., 1997), and (3) S-nitrosothiols exert positive effects on ventilatory function and pulmonary

gas-exchange mechanisms (Gaston et al., 1994, 2006; Lipton et al., 2001). The overriding question is whether L-CYSee and down-stream products directly reverse the processes by which morphine suppresses ventilatory function or actively overrides these processes via mechanisms that are independent of the morphine-sensitive processes (e.g., direct increase in carotid body activity).

4.5. Summary

The study shows that L-CYSee reverses the effects of morphine on arterial blood-gas chemistry and A-a gradient in isoflurane-anesthetized rats but that this positive effect is negated by its ability to close the upper airway. Whether the effects of L-CYSee on upper airway tone points to a role of L-cysteine/down-stream products in the physiological/pathophysiological regulation of upper airway smooth muscle remains to be determined. It is feasible that L-CYSee may be used to overcome morphine-induced depression of ventilatory function in intubated patients undergoing surgery or in the post-operative setting (Taylor et al., 2005). We are currently determining whether analogues of L-CYSee such as D-CYSee retain the positive but not the negative aspects of L-CYSee.

Acknowledgments

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Highlights

L-cysteine ethylester (L-CYSee) reversed the negative actions of morphine on arterial blood-gas (ABG) chemistry in tracheotomized rats.

L-CYSee exerted minimal effects on the negative actions of morphine in non-tracheotomized rats.

L-cysteine or L-serine ethylester (L-SERee) did not affect the negative actions of morphine on ABG chemistry in tracheotomized rats.

L-CYSee reverses the effects of morphine on ABG chemistry but this positive activity is negated by increases in upper-airway resistance.

Since L-cysteine and L-SERee were ineffective, it is evident that cell penetrability and the sulfur moiety of L-CYSee are essential for activity.

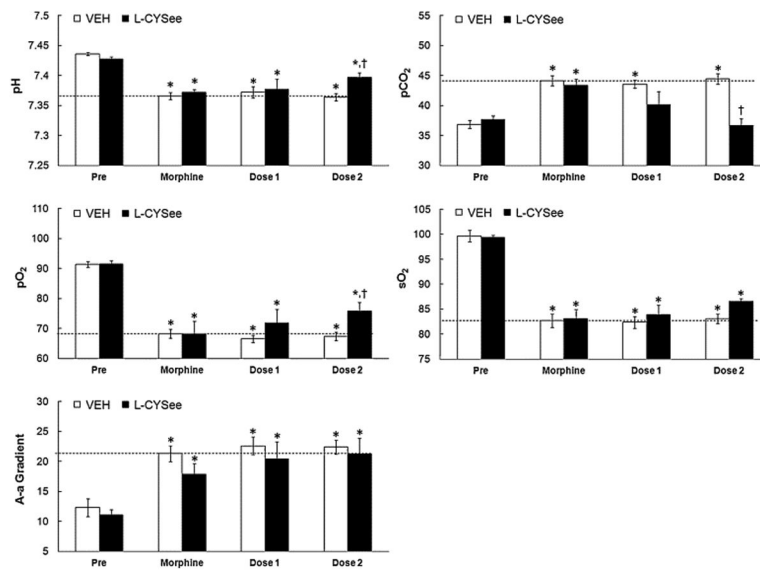


Fig. 1. Arterial blood-gas chemistry and Alveolar-arterial (A-a) gradient values prior to administration of morphine, 30 min after injection of morphine (2 mg/kg, i.v.) and 5 min after each injection of vehicle or L-cysteine ethylester (L-CYSee, 100 μ mol/kg, i.v.) in *non-tracheotomized* rats. The data are presented as mean \pm SEM. There were 5 rats in each group. * P < significant effect of morphine. † P < 0.05, L-CYSee values *versus* saline values.

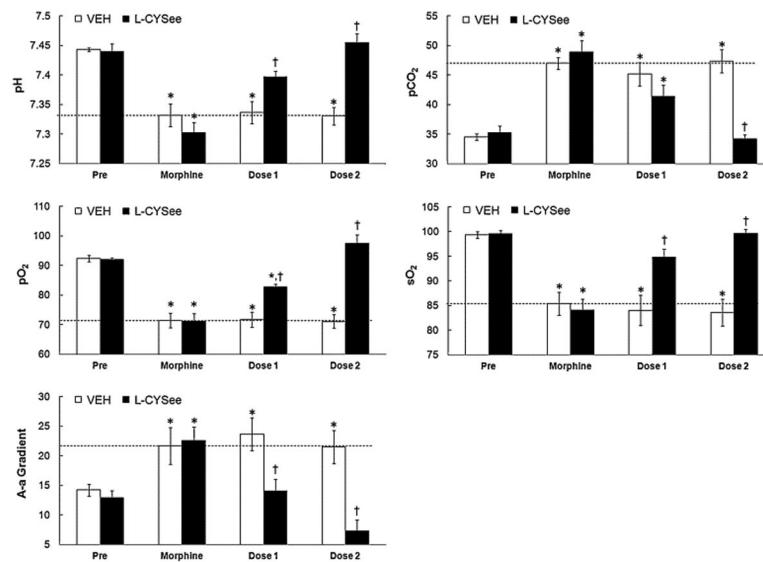


Fig. 2. Arterial blood-gas chemistry and Alveolar-arterial (A-a) gradient values prior to administration of morphine, 30 min after injection of morphine (2 mg/kg, i.v.) and 5 min after each injection of vehicle or L-cysteine ethylester (L-CYSee, 100 μ mol/kg, i.v.) in *tracheotomized* rats. The data are presented as mean \pm SEM. There were 5 rats in each group. * P < significant effect of morphine. † P < 0.05, L-CYSee values *versus* saline values.

Table 1
Arterial blood-gas chemistry and Alveolar-arterial gradients in tracheotomized rats

Parameter	Treatment	Sampling Periods			
		Pre	Morphine	Dose 1	Dose 2
pH	Vehicle	7.447 ± 0.006	7.332 ± 0.033*	7.337 ± 0.032*	7.330 ± 0.031*
	L-cysteine	7.445 ± 0.004	7.328 ± 0.11*	7.315 ± 0.008*	7.332 ± 0.17*
	L-SERee	7.440 ± 0.003	7.327 ± 0.018*	7.306 ± 0.021*	7.321 ± 0.019*
pCO₂	Vehicle	34.6 ± 0.5	47.0 ± 1.0*	45.1 ± 2.0*	47.3 ± 1.9*
	L-cysteine	34.4 ± 0.5	47.5 ± 1.5*	46.9 ± 1.8*	47.1 ± 1.4*
	L-SERee	34.0 ± 0.7	47.9 ± 1.2*	47.6 ± 1.6*	46.3 ± 0.7*
pO₂	Vehicle	92.3 ± 1.1	71.4 ± 2.4*	71.7 ± 2.6*	71.1 ± 2.3*
	L-cysteine	92.1 ± 1.0	69.5 ± 0.8*	69.3 ± 1.3*	70.1 ± 0.3*
	L-SERee	91.7 ± 0.06	70.8 ± 0.7*	69.8 ± 2.9*	68.7 ± 1.1*
sO₂	Vehicle	99.3 ± 0.07	85.4 ± 2.3*	84.0 ± 4.1*	83.6 ± 3.7*
	L-cysteine	98.8 ± 0.7	83.2 ± 1.7*	84.3 ± 2.0*	83.3 ± 1.5*
	L-SERee	98.8 ± 0.7	83.2 ± 1.7*	84.3 ± 2.0*	83.3 ± 1.5*
A-a	Vehicle	14.2 ± 1.0	19.6 ± 3.1*	21.6 ± 2.8*	19.5 ± 2.8*
	L-cysteine	14.6 ± 1.6	20.8 ± 1.9*	21.8 ± 2.2*	20.7 ± 2.1*
	L-SERee	14.5 ± 1.0	19.1 ± 1.5*	20.5 ± 2.2*	23.2 ± 1.3*

The data are presented as mean ± SEM. There were 5 rats in each group.

* $P < 0.05$ significant effect of morphine. A-a, Alveolar-arterial gradient. Note that neither L-cysteine nor L-serine ethylester (L-SERee) affected any of the morphine-induced responses ($P > 0.05$ for all comparisons).