

# Human Trachealis and Main Bronchi Smooth Muscle Are Normoresponsive in Asthma

Gijs Ijpmma<sup>1</sup>, Linda Kachmar<sup>1</sup>, Oleg S. Matusovsky<sup>1</sup>, Jason H. T. Bates<sup>2</sup>, Andrea Benedetti<sup>3,4,5</sup>, James G. Martin<sup>1</sup>, and Anne-Marie Lauzon<sup>1</sup>

<sup>1</sup>Meakins-Christie Laboratories, <sup>3</sup>Department of Epidemiology, Biostatistics and Occupational Health, and <sup>4</sup>Department of Medicine, McGill University, Montreal, Quebec, Canada; <sup>2</sup>Department of Medicine, University of Vermont, Burlington, Vermont; and <sup>5</sup>Respiratory Epidemiology and Clinical Research Unit, McGill University Health Centre, Montreal, Quebec, Canada

## Abstract

**Rationale:** Airway smooth muscle (ASM) plays a key role in airway hyperresponsiveness (AHR) but it is unclear whether its contractility is intrinsically changed in asthma.

**Objectives:** To investigate whether key parameters of ASM contractility are altered in subjects with asthma.

**Methods:** Human trachea and main bronchi were dissected free of epithelium and connective tissues and suspended in a force-length measurement set-up. After equilibration each tissue underwent a series of protocols to assess its methacholine dose-response relationship, shortening velocity, and response to length oscillations equivalent to tidal breathing and deep inspirations.

**Measurements and Main Results:** Main bronchi and tracheal ASM were significantly hyposensitive in subjects with asthma compared with control subjects. Trachea and main bronchi did not show significant differences in reactivity to methacholine and unloaded tissue shortening velocity ( $V_{max}$ ) compared with control subjects. There were no significant differences in responses to deep inspiration, with or without superimposed tidal breathing oscillations. No significant correlations were found between age, body mass index, or sex and sensitivity, reactivity, or  $V_{max}$ .

**Conclusions:** Our data show that, in contrast to some animal models of AHR, human tracheal and main bronchial smooth muscle contractility is not increased in asthma. Specifically, our results indicate that it is highly unlikely that ASM half-maximum effective concentration ( $EC_{50}$ ) or  $V_{max}$  contribute to AHR in asthma, but, because of high variability, we cannot conclude whether or not asthmatic ASM is hyperreactive.

**Keywords:** airway smooth muscle mechanics; airway hyperresponsiveness; shortening velocity; asthma; smooth muscle

## At a Glance Commentary

**Scientific Knowledge on the Subject:** Contraction of airway smooth muscle is directly responsible for acute airway constriction in asthmatic attacks. However, evidence on whether airway smooth muscle contractility is altered in asthma is contradictory, incomplete, and often derived from problematic tissue sources.

**What This Study Adds to the Field:** We have measured a range of parameters of airway smooth muscle contractility that have never been tested on reliable human airway smooth muscle tissues. Our study found, at least in trachea and main bronchi, no changes in contractility that could contribute to airway hyperresponsiveness in subjects with asthma.

It is well established that airway smooth muscle (ASM) contraction leads to the airway constriction typical of airway

hyperresponsiveness (AHR) in asthma. Nonetheless, it is unclear whether AHR is the result of altered ASM contractility, or

even whether altered ASM function is required at all for AHR. For example, the inflammatory mediators typically present in

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Correspondence and requests for reprints should be addressed to Anne-Marie Lauzon, Ph.D., Meakins-Christie Laboratories, McGill University, 3626 St-Urbain Street, Montreal, PQ, H2X 2P2 Canada. E-mail: anne-marie.lauzon@mcgill.ca

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asthma could be responsible for triggering abnormal airway narrowing even when the ASM itself is entirely normal. However, maximal concentrations of histamine in healthy subjects do not reduce FEV<sub>1</sub> to asthmatic levels (1), so an excess of other contractile agonists is unlikely to cause excessive ASM contraction either. It thus remains a plausible hypothesis that ASM contractility is intrinsically altered in asthma. Nevertheless, the veracity of this seemingly straightforward idea has so far proved very difficult to establish or refute.

In the 1980s and early 1990s many studies were conducted on human ASM tissue (2–7), including some that compared asthmatic with control ASM. These studies were mainly focused on the isometric active tension generated in response to a variety of agonists (2, 3, 5, 7) with mixed results. Some studies found asthmatic ASM to be hyperresponsive (3), but most found either no change or that the asthmatic ASM was actually hyporesponsive (3, 5, 7). Nevertheless, these studies all had a major drawback in that they studied tissues procured either from patients with lung cancer (4, 6), many of whom were current smokers, or from cadavers many hours post-mortem (2, 3, 5, 7). It is likely that the different tissue conditions used in these studies, none of which were representative of typical asthma, contributed at least in part to the disagreement between results.

Recently, lungs donated for transplantation that, for one reason or another, do not meet transplantation criteria have become available for use in medical research. These organs are shipped according to stringent transplantation protocols that minimize decline in function, so one would expect them to provide more valid data about the properties of ASM in either people with asthma or healthy individuals compared with ASM from surgically resected lungs that are usually severely diseased. To date, however, the only published study comparing asthmatic and control ASM from this tissue source is that of Chin and colleagues (8). Those investigators found that human trachealis exhibited no difference in either tension or shortening velocity between control subjects and subjects with asthma in response to electrical field stimulation (EFS). They did find small differences in force recovery following 30 seconds of large-amplitude oscillations and in length-tension relationships, but the study did not

address ASM sensitivity to agonists or EFS. Also, some of the results may have been affected by the large difference in average age of the subjects between the asthmatic and control groups (15.0 ± 5.9 vs. 31.7 ± 17.5, respectively), because shortening velocity has been shown in animal models to decrease with age (9), and the shortening velocity data themselves were highly variable.

There thus remains much that can be learned about the nature of ASM in asthma from further study of tissue from lungs originally destined for transplantation. This applies particularly to the question of whether intrinsic ASM contractility is altered in asthma. Accordingly, addressing this question was the goal of the present study. We expanded on the work of Chin and colleagues (8) by assessing ASM responsiveness to methacholine (MCh), the response to a large stretch equivalent to a single deep inspiration (DI) and unloaded tissue shortening velocity, while using more stringent subject selection criteria and a higher-resolution force-length apparatus. Most importantly, we made these measurements not only in the trachealis but also in ASM from the main bronchi to establish whether our findings may be generalized to more than a single generation of the airway tree.

Some of the results of these studies have been previously reported in the form of an abstract (10).

## Methods

### Procurement and Dissection

Asthmatic and control transplant-grade lungs were procured by the International Institute for the Advancement of Medicine. The demographics and clinical details of the donors are shown in Table 1. The tissues were stored in Custodial histidine-tryptophan-ketoglutarate (HTK) or University of Wisconsin (UW) solution during shipment, with trachea and main bronchi separately packed from the lungs, which were used for a different study. On arrival the trachea and main bronchi were placed in oxygenated Hanks' balanced salt solution (composition in mM: 5.3 KCl, 0.44 KH<sub>2</sub>PO<sub>4</sub>, 137.9 NaCl, 0.336 Na<sub>2</sub>PO<sub>4</sub>, 2.33 CaCl<sub>2</sub>, 0.79 MgSO<sub>4</sub>, 10 glucose, 10 HEPES buffer, pH adjusted to 7.4 with NaOH) at 4°C and used within 12 hours. Smooth muscle (SM) bundles were dissected from epithelium and connective tissue in

calcium-free Krebs solution (composition in mM: 110 NaCl, 0.82 MgSO<sub>4</sub>, 1.2 KH<sub>2</sub>PO<sub>4</sub>, 3.4 KCl, 25.7 NaHCO<sub>3</sub>, 5.6 glucose, pH at 7.4, bubbled with 95/5% O<sub>2</sub>/CO<sub>2</sub> gas mixture) on ice and aluminum foil clips were attached on either end of the tissue.

### Tissue Mechanics

**Equilibration.** The tissue was attached horizontally with foil clips to a length controller (model 322C-I; Aurora Scientific, Aurora, ON, Canada) and a force transducer (model 400A; Aurora Scientific) controlled by Aurora Scientific 600A software at a reference length equal to the *in situ* length in a relaxed state (intact trachea or main bronchi ring in calcium-free Krebs). The tissue was continuously flushed with Krebs solution (as previously with 2.4 mM CaCl<sub>2</sub>) at a rate of approximately 1 ml/min in a 1-ml tissue bath. The tissue was equilibrated for at least 30 minutes with EFS (10-s duration 25 V/cm, 50 Hz, 2-ms pulse width) every 5 minutes, followed by at least five contractions with MCh 10<sup>-6</sup> M. These EFS settings were used in all protocols. Both equilibration protocols were continued until a stable baseline (without spontaneous contractions) and contractile force were achieved.

**Dose response.** The tissue was exposed to increasing concentrations of MCh every minute, from a concentration of 10<sup>-7</sup> M up to 10<sup>-4</sup> M (Figure 1A). The peak force reached (relative to baseline force and corrected for measurement noise) after each administered dose was used as the force representative of that dose. Maximum stress was calculated from the maximum force, extrapolated from the dose-response curve fit divided by the SM cross-sectional area. To determine the SM cross-sectional area, the tissues were fixed in 10% formalin for 12–24 hours, and embedded in paraffin for histology. Five-micrometer-thick slices were stained with Masson's trichrome, which provided the best contrast between nonmuscle and SM tissue. The average ratio of SM to total tissue area for each tissue was calculated (average for all tissues, 0.49 ± 0.02) and multiplied by the tissue cross-sectional area (average for all tissues, 0.166 ± 0.005 mm<sup>2</sup>).

**EFS force-velocity.** The tissue was contracted using EFS for 10 seconds every 5 minutes immediately followed by a measurement of the force (F<sub>ref</sub>) and a rapid force clamp of 5, 10, 20, 40, or 80%

**Table 1.** Subject Medical and Demographic Data

Subject	Sex	Age	Body Mass Index	Ethnicity	Cause of Death	Asthma History	Other	Medication(s)	Medication in Hospital
Subjects with asthma									
1	M	72	44.2	W	CVA secondary to ICH	Age of diagnosis unknown	Smoking 16 pack-years, quit 50 YA	Unknown	Unknown
2	F	34	31.93	W	Anoxia secondary to drug intoxication	Diagnosed 20 YA, hospitalized twice with exacerbations		Inhaler–prednisone	Solu-Medrol, Levophed
3	M	29	30.8	W	Anoxia secondary to cardiovascular	Diagnosed 7 YA	Chewing tobacco for 1 yr	Albuterol inhaler	Esmolol, Levophed
4	F	60	25.59	W	HT secondary to blunt injury	Diagnosed 10 YA	Complete hysterectomy 40 YA, hypertension	Infrequent inhaler use, hypertension medication	Levophed, Solu-Medrol, phentolamine
5	M	38	29.49	W	CVA secondary to ICH	Diagnosed at 4 mo		Allergy medications	Norepinephrine, Levophed, phenylephrine, dobutamine
6	M	35	29.4	W	Anoxia (asthma) secondary to cardiovascular	Asthma since childhood		Albuterol, Pulmicort	Levophed, Solu-Medrol, albuterol
7	M	40	26.95	A	Anoxia secondary to cardiovascular	Asthma diagnosed 5 YA		Dulera	Levophed, Solu-Medrol
8	F	38	35.78	W	Anoxia secondary to cardiovascular	Asthma diagnosed at 8		Singulair	Levophed, epinephrine, dopamine
Control subjects									
9	M	22	23	W	HT secondary to SIGSW	Asthma as child, not taken medication in 7 yr	Smoked hookah past year	Albuterol as child and Pepcid	Levophed, Neo-Synephrine, Atrovent, albuterol, Solu-Medrol
10	F	61	35.1	H	CVA secondary to ICH		Tobacco product 20 YA, diabetes, hypertension		Levophed, albuterol-ipratropium
11	M	47	26.2	W	CVA secondary to ICH				Neosynephrine
12	F	55	26	W	CVA secondary to ICH		Alcohol abuse, marijuana and cocaine use		Neosynephrine, dopamine, Levophed, Solu-Medrol, dobutamine
13	F	35	21.87	W	Anoxia secondary to ICH		Teenage marijuana use		Levophed
14	M	30	21.85	W	Anoxia secondary to asphyxiation		Marijuana, cocaine use		Solu-Medrol
15	F	54	36.13	W	CVA secondary to ICH		Smoking 10 pack-years, quit 8 YA		Epinephrine
16	F	62	30.86	W	CVA secondary to natural causes		Hypertension, basal cell carcinoma in nose 3 YA		Dopamine
17	M	55	26.79	W	HT secondary to blunt injury		Marijuana occasionally, alcohol abuse		Neosynephrine, Solu-Medrol
18	F	58	33.87	W	CVA secondary to ICH				Neosynephrine, Solu-Medrol
19	F	54	24.97	W	HT secondary to blunt injury		Smoking 30 pack-years, quit 16 YA, hypertension		Levophed, albuterol

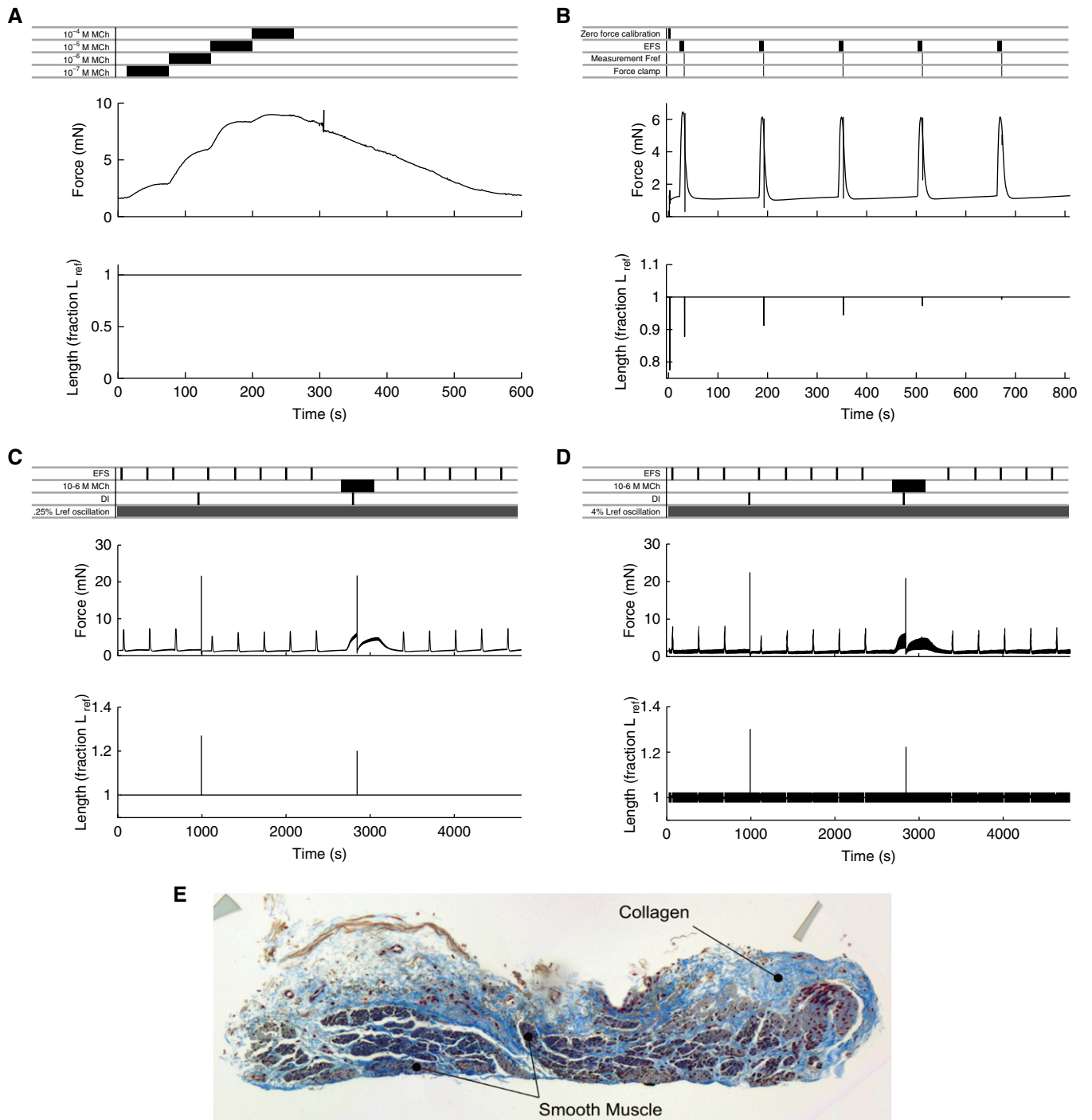
*Definition of abbreviations:* A = African American; CVA = cerebrovascular accident; H = Hispanic; HT = head trauma; ICH = intracerebral hemorrhage; SIGSW = self-inflicted gunshot wound; W = white; YA = years ago.

of  $F_{ref}$  for 120 milliseconds (Figure 1B). The shortening velocity was determined from the rate of length change during the last 60 milliseconds of the force clamp, when the force had stabilized. The data were rejected if any of the force clamps had not stabilized before this 60-millisecond period. To compensate for force transducer drift, true zero force was measured at the start of the protocol by rapidly shortening the muscle to 75% of  $L_0$  followed by relengthening.

Unloaded tissue shortening velocity ( $V_{max}$ ) was calculated by extrapolation using a perpendicular least-squares fitting method to a classic Hill curve of the form  $V = b(F_0 - F)/(a + F)$ . For details, see Reference 11.

**Deep inspiration.** Two protocols for measuring DI effects were performed (Figures 1C and 1D). For each protocol the tissue was first exposed to three consecutive EFS contractions 5 minutes apart to

establish a stable reference contractile force. Subsequently, a length change equivalent to a DI was applied to the tissue (half sinusoidal wave, 0.2 Hz, 0.3  $L_{ref}$  amplitude) followed by five EFS contractions, 5 minutes apart. The tissue was then contracted with  $10^{-6}$  M MCh and after 2 minutes the tissue was again exposed to a DI equivalent length change (half sinusoidal wave, 0.2 Hz, 0.2  $L_{ref}$  amplitude) to adjust for increased stiffness of the



**Figure 1.** Traces from all airway smooth muscle tissue mechanics experiments, and a histology sample. Traces are the average of all tissues from subjects with asthma. (A) Trace of methacholine (MCh) dose–response protocol. (B) Trace of force–velocity protocol. (C and D) Traces of deep inspiration (DI) protocols. (E) Sample of a histology image of smooth muscle cross-section with Masson’s trichrome staining. EFS = electrical field stimulation.

tissue), followed by flushing with Krebs solution for 5 minutes and five EFS contractions, each 5 minutes apart. In both protocols a continuous sinusoidal length oscillation was superimposed, with

the only difference being the amplitude and frequency of this oscillation. One protocol had a 30-Hz  $0.0125 L_{ref}$  oscillation applied to measure stiffness throughout the protocol; the other had

a 0.2-Hz  $0.04 L_{ref}$  oscillation applied to simulate the effect of continuous breathing oscillations. The order of the two protocols was randomized for each tissue.

## Rejection Criteria

Tissues were rejected if control EFS and MCh  $10^{-6}$  M contractions did not achieve a maximal force level within 30% of the reference contractions at the end of the equilibration phase. Tissues were also rejected if they failed to relax fully after a contraction with either EFS or MCh  $10^{-6}$  M or if spontaneous contractions failed to subside before the end of the equilibration phase. Rejection rates were similar between subjects with asthma (10%) and control subjects (15%).

## Data Analysis and Statistics

Linear mixed models were used to estimate the expected difference in maximum contractile force ( $F_{max}$ ), the half-maximum

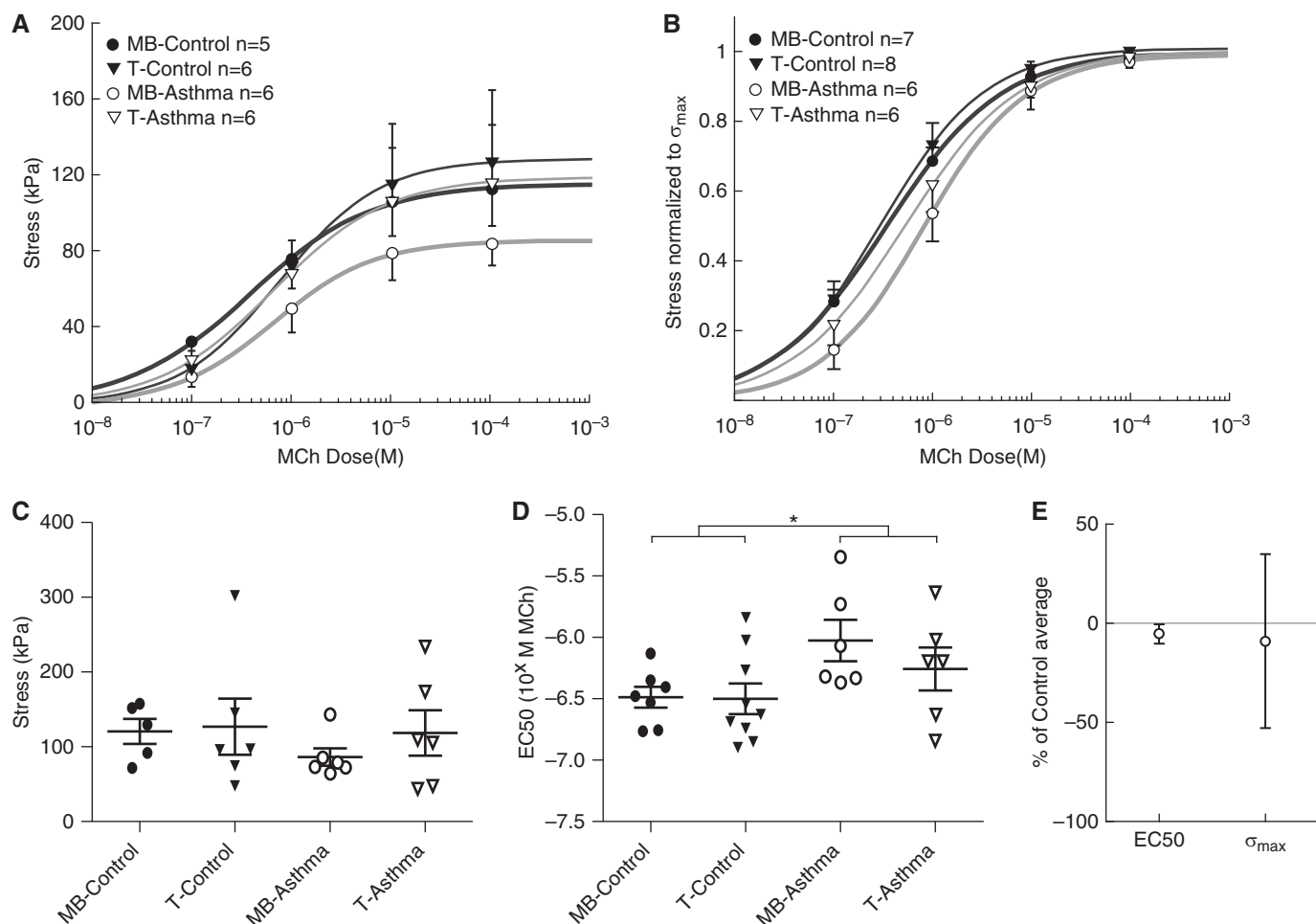
effective concentration ( $EC_{50}$ ), and  $V_{max}$  between subjects with asthma and control subjects, and site, adjusted for one another. We included a random intercept to account for correlation between measures on the same subject. Two-way repeated measures analysis of variance was used for the DI protocols. Error bars are standard errors. All protocols have been applied to tissues from all the lungs described in Table 1. For each trachea and main bronchi (unless they were not provided, damaged, or rejected) two tissues were tested and the results averaged ( $n$  = number of subjects). The 95% confidence intervals of the difference of the mean of the control subjects compared with the subjects with asthma was calculated by

averaging all available tissues for each subject. The confidence intervals were expressed as a percentage of the mean of the control subjects.

## Results

### Dose-Response Curves

Dose-response curves are shown in Figure 2 as absolute stress (Figure 2A) and stress normalized to maximum contractile stress (Figure 2B). Absolute stress was not significantly different with location ( $P = 0.60$ ) or disease ( $P = 0.66$ ) (Figures 2A and 2C).  $EC_{50}$ , the dose at which 50% of the maximum stress is generated, was



**Figure 2.** Methacholine (MCh) dose-response curves. *Triangles* represent trachea and *circles* main bronchi tissues; *solid symbols* are control subjects and *open symbols* are subjects with asthma. (A) Absolute stress dose-response of main bronchi (MB) and trachea (T) in subjects with asthma and control subjects. (B) Dose-response curves normalized to maximum stress ( $\sigma_{max}$ ). (C)  $\sigma_{max}$  derived from curve fits of the dose response. No significant differences were found. (D)  $EC_{50}$  derived from dose-response curves.  $EC_{50}$  showed significant differences with disease state ( $*P = 0.05$ ) but not location. (E) Confidence interval of the difference of the means of pooled trachea and main bronchi data for  $EC_{50}$  and  $\sigma_{max}$  in control subjects versus subjects with asthma.  $EC_{50}$  = half-maximum effective concentration.

significantly reduced (hyposensitive) in subjects with asthma ( $P = 0.050$ ), with no significant difference with location ( $P = 0.1718$ ) (Figures 2B and 2D). The confidence interval of the difference of the means of subjects with asthma versus control subjects (Figure 2E) shows the large variability in the absolute stress and a less than 2.5% chance that asthmatic ASM ( $n = 8$ ) is hypersensitive to MCh compared with control subjects ( $n = 11$ ).

### Shortening Velocity

To assess whether  $V_{max}$  is changed in subjects with asthma, it was calculated from force–velocity curves of five force clamps during five separate, consecutive EFS contractions. Figure 3 shows the average data for the individual force clamps as well as the Hill-curve–extrapolated  $V_{max}$ .

No significant difference was found with disease state ( $P = 0.38$ ) or location ( $P = 0.42$ ). The 95% confidence interval of the difference of the means (Figure 3C) showed a less than 2.5% chance that the  $V_{max}$  is more than 9.8% increased in subjects with asthma ( $n = 8$ ) compared with control subjects ( $n = 11$ ).

### Deep Inspiration

The effect of DI on the contractile force in successive contractions is shown in Figure 4. Because no significant differences between main bronchi and trachea were found, only the pooled data for all tissues per subject are shown. No significant differences were found between subjects with asthma and control subjects. The force of the first contraction after a DI in relaxed muscle was less than the force in all subsequent

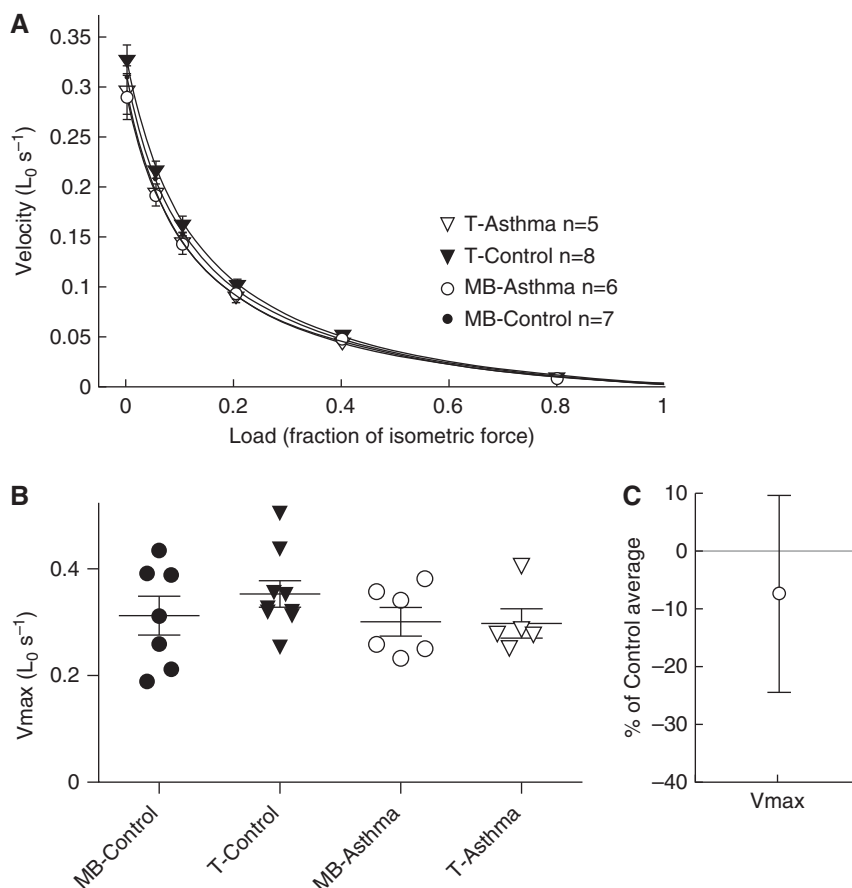
contractions for control subjects and subjects with asthma both with and without superimposed breathing oscillations, but not when the DI was applied to contracted muscle. Furthermore, a significant difference was found between the force prior to DI and the second and third contraction in subjects with asthma and the second contraction only in control subjects and subjects with asthma after a DI in both relaxed and contracted ASM when breathing oscillations were superimposed. Although subjects with asthma showed a trend toward less contractile force after a DI, particularly in the first contraction after the DI in relaxed muscle, none of the differences between subjects with asthma and control subjects were statistically significant. The superimposed breathing oscillation did not have a significant effect on the response to DIs.

### Body Mass Index, Age, and Sex Effects

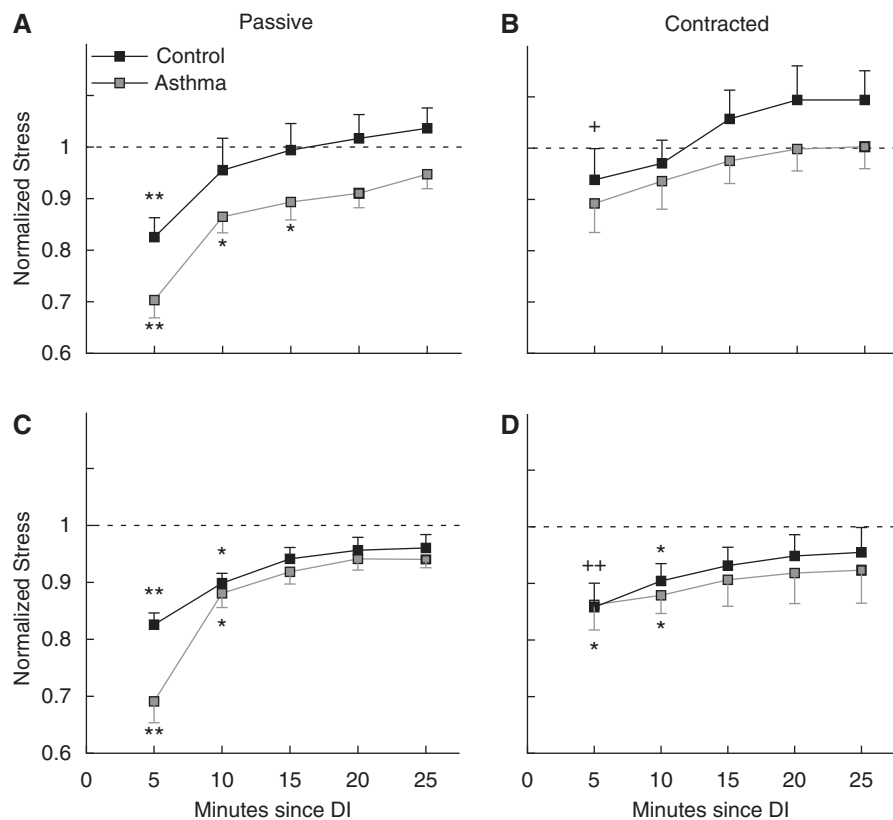
The asthmatic and control groups were not significantly different in age ( $43.3 \pm 2.2$  vs.  $48.5 \pm 4.0$ ) and body mass index (BMI) ( $31.8 \pm 1.0$  vs.  $27.9 \pm 1.6$ ), with a small difference in sex distribution (62% male vs. 36% male). Three main parameters from the protocols ( $EC_{50}$  and maximal stress from the MCh dose–response and  $V_{max}$ ) were tested for correlation with age, sex, and BMI (Figure 5). Only the pooled data for all tissues per subject are shown. None of the parameters showed any significant correlation.

### Discussion

We examined several key indicators of human ASM contractility in subjects with asthma and control subjects at two sites in the bronchial tree. We found strong evidence that contractility as expressed by  $EC_{50}$  and  $V_{max}$  is unlikely to be altered to favor AHR in asthma. Furthermore, no differences in reactivity or DI response were found. Although peripheral ASM may show increased contractility in asthma, our results indicate that such differences are not intrinsic to ASM. In addition, our study did not find any evidence of age, sex, or BMI effects on tracheal and main bronchial ASM contractility.



**Figure 3.** (A) Electrical field stimulation force–velocity curves. Shortening velocity was measured at five force clamps, and  $V_{max}$  was calculated using extrapolation of a Hill-curve curve fit. (B)  $V_{max}$  for main bronchi (MB) and trachea (T) in asthma and control. Triangles represent trachea and circles main bronchi tissues; solid symbols are control subjects and open symbols are subjects with asthma. No significant differences were found. (C) Confidence interval of the difference of the means of pooled trachea and main bronchi data of control subjects versus subjects with asthma



**Figure 4.** Deep inspiration (DI) response. All stresses are normalized to the average contractile stress over three electrical field stimulation (EFS) contractions prior to the first DI. (A and C) EFS contractile stress after a DI in passive, relaxed airway smooth muscle. (B and D) EFS contractile stress after a DI in methacholine  $10^{-6}$  M contracted airway smooth muscle. C and D follow the same protocol as A and B but with a continuous superimposed length oscillation equivalent in amplitude and frequency to tidal breathing. Black squares are control subjects ( $n = 6$ ) and gray squares subjects with asthma ( $n = 6$ ). Two-way repeated measures analysis of variance showed statistically significant differences within the same group of subjects, but not between subjects with asthma and control subjects. Markers indicate significant differences: \*different from force prior to DI; \*\*same as \* but also different from all subsequent EFS contractions; +different from force at 20 and 25 minutes; ++different from force at 25 minutes.

### Asthmatic ASM Is neither Intrinsically Hyperreactive nor Hypersensitive

We studied tissues from both main bronchi and trachea, because previous animal studies have shown that ASM contractility is not uniform throughout the lung (12), which may be more so in subjects with asthma. Our MCh dose–response data indicate that tracheal and bronchial ASM are not intrinsically hyperresponsive in asthma. In fact, our data show that ASM  $EC_{50}$  is slightly, but significantly, hyposensitive. Large variability in our maximal stress data leaves some uncertainty to the contribution of ASM reactivity to AHR. Furthermore, we cannot exclude the possibility that ASM is hyperresponsive in the asthmatic

intrapulmonary airways. However, studies on human intrapulmonary bronchial SM from cadavers with fatal asthma mostly showed hyposensitivity to a range of agonists (2, 5, 7). One of those studies showed hyperresponsiveness to histamine, but hyporesponsiveness to acetylcholine and in the EFS frequency response (2). However, in these studies the connective tissue and epithelium were not removed (usual practice for the spiral strip dissection technique) and the tissues were dissected up to 14 hours post-mortem. Also, forces were normalized by tissue weight.

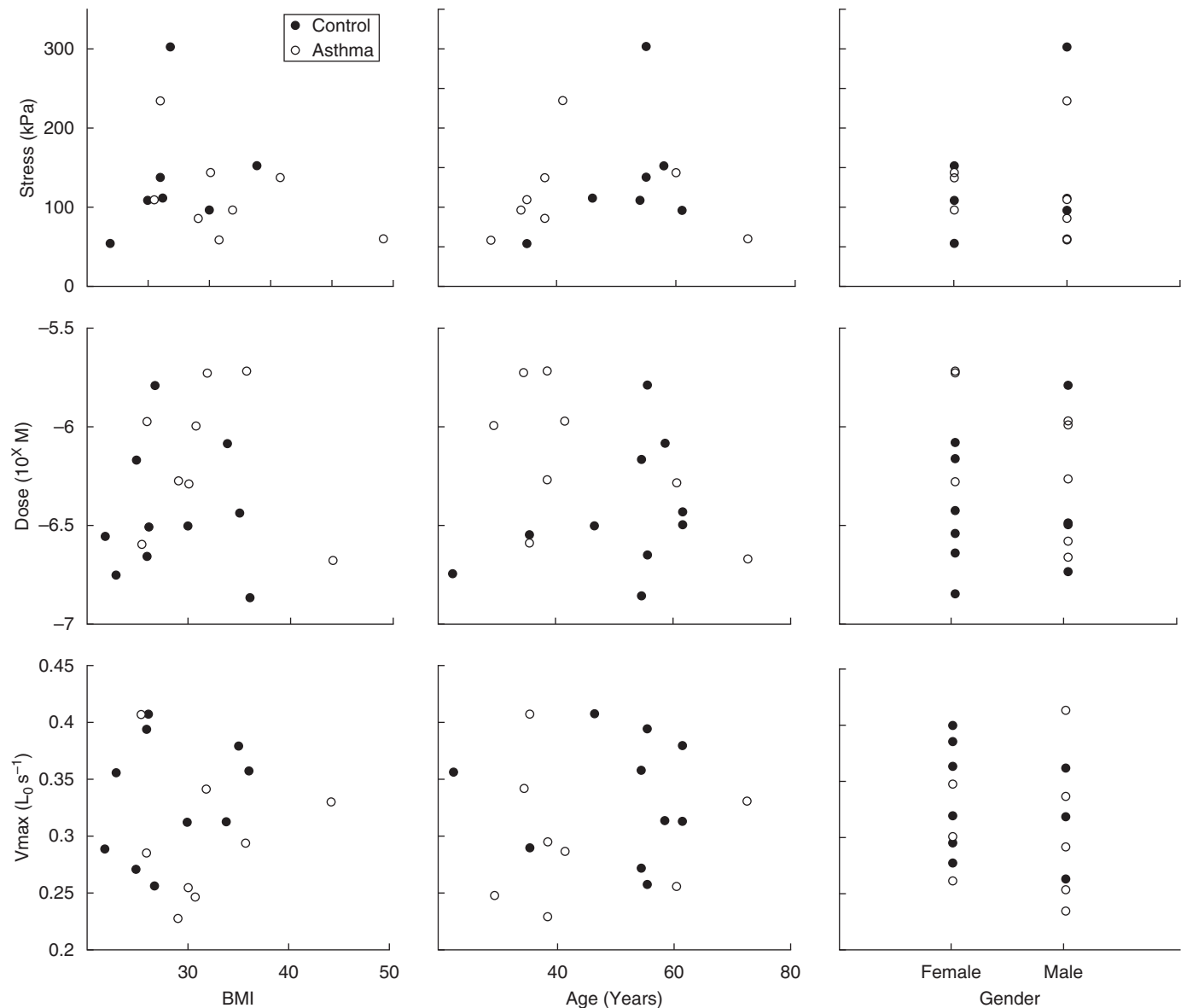
Because the remodeling in the airway wall may have changed the quantity of ASM relative to that of the connective tissues and epithelium, the results on reactivity may

have been misinterpreted (13). Whole-airway comparisons in MCh dose–response between control subjects and subjects with asthma have also been done recently, and showed a clear decrease in airway diameter at every dose in subjects with asthma, but no changes in sensitivity of the airways to MCh (14). However, it is unknown to what extent those dose–responses were affected by the epithelium and other airway wall tissues. Consequently, our data should be more representative of the actual intrinsic ASM contractility.

The hyposensitivity observed in our data may be the result of desensitization from prolonged agonist exposure, which would be expected to occur in asthma. This has previously been shown in cultured vascular SM cells (15) and more recently in rabbit tracheal SM cells (16). Furthermore, the increase in ASM mass found in asthma is caused by hypertrophy and hyperplasia, and both have been shown to reduce the contractility of ASM. Our laboratory has shown that rat tracheal ASM responds to repeated allergen challenge with a reduced contractility of SM cells and a commensurate increase in SM cell number (17). Hypertrophy of ASM has also been shown to result in reduced contractility in some studies (18), although not consistently (19). Although detailed medication intake of the donors in the last weeks of life is difficult to get, it is possible that end-of-life drugs or asthma medication, particularly long-acting  $\beta$ -agonists, may have reduced contractility. However, it is unlikely that pharmaceutical agents remain in effective concentrations after dissection and equilibration protocols, and prolonged exposure to  $\beta$ -agonists has been shown to lead to aggravated AHR (20, 21).

### Shortening Velocity

The force–velocity data shown in Figure 3 directly contradict a range of findings in both human and animal studies. Several animal models of AHR have shown an increase in  $V_{max}$  in MCh contracted trachea (22–24). In humans, asthmatic bronchial ASM cells harvested by endobronchial biopsies were shown to have an increased  $V_{max}$  and total shortening when exposed to contractile agonists compared with control subjects (25). Our laboratory has also shown in a mathematical model that an increase in shortening velocity could, in principle,



**Figure 5.** Body mass index (BMI), age, and sex correlations for three contractility parameters. None of the parameters showed a significant correlation with BMI, age, or sex.

account for the differential response to DI in subjects with asthma because increased shortening velocity may lead to a faster return to a prestretch length (26). Furthermore, Jackson and colleagues (27) showed that immediately after a DI the rate of increase of airway resistance is much higher in subjects with asthma compared with control subjects, which may indeed be caused by an increase in shortening velocity.

Nonetheless our current study showed no change in  $V_{max}$ , with high confidence that  $V_{max}$  in subjects with asthma is not

considerably increased compared with control subjects. One possible explanation may be that, because  $V_{max}$  is not uniform throughout the lung (12), ASM shortening velocity may also not be changed uniformly throughout the lung in asthma. Trachea and main bronchi are likely exposed to a different inflammatory and mechanical environment than peripheral bronchi and consequently the trend of decreased  $V_{max}$  in asthmatic main bronchi may not extend into the periphery. The only other study of EFS shortening velocity in human trachealis SM also found no differences

between subjects with asthma and control subjects (8), in agreement with our data.

### DI Response

A defining feature of asthma is the lack of response to DIs, whereas in healthy subjects DI bronchodilating and bronchoprotective abilities surpass any currently available medication (28, 29). Several studies have shown that DIs can reduce subsequent contractile force generation in animal ASM and this effect has been hypothesized to be reduced in asthma (30, 31). Our results do indicate that the contractile force is reduced



after a DI, but subjects with asthma only show a nonsignificantly greater force reduction following a DI in relaxed muscle compared with control subjects. Even length oscillations equivalent to continuous breathing did not have much effect on the contractile force in subjects with asthma or control subjects. The subject with severe asthma showed contractile force potentiation after a DI in contracted muscle, but this was not seen in any of the other subjects with asthma, including the subject with fatal asthma.

The DI response in relaxed muscle in subjects with asthma versus control subjects has previously been assessed by Chin and colleagues (8), showing a reduced effect on subsequent EFS contractions in subjects with asthma. However, their protocol used 10-minute 30%  $L_{ref}$  length oscillations, whereas we simulated a physiologic single DI with a single half-sinusoidal stretch of 30% of  $L_{ref}$  in relaxed muscle and a similar 20%  $L_{ref}$  stretch in  $10^{-6}$  M MCh contracted muscle. Although there are some differences in the type of subjects (age and asthma severity), the difference likely lies in the applied protocols. Perhaps stretch-activated mechanisms in ASM respond differently to a single stretch than to a long

duration of repeated stretches. Another study, on whole airway segments taken from lung resections of control subjects and mild to moderate subjects with asthma, showed an immediate effect of DI similar to ours on the dose–response to MCh in control subjects and subjects with asthma, but over time, they observed a greater narrowing in the subjects with asthma (31). While this narrowing did not surpass the narrowing prior to the DI, these results were different from ours, which showed no significant difference between the equilibrium contractile force after the DI and the contractile force prior to the DI.

### Age, Sex, and BMI Effects

Age effects on ASM response have been found in animal studies (9) and both weight (32) and sex (33) have been implicated in human asthma. Although not enough subjects could be tested for conclusive answers regarding correlations, no obvious trends were apparent for any of the three tested parameters. The lack of sex effects may be attributed to age, because sex effects are more obvious in teenagers (33). Alternatively, any short-term hormonal effects may not be present

because the hormones would be washed out during equilibration or degraded during transport. Maturation studies in sheep (34) and guinea pigs (9) show changes in both contractile force (increase with age) and shortening velocity (strong decrease with age). However, these studies focused on very young animals and little is known about changes in adulthood.

### Conclusions

Our data suggest that, in contrast to many animal models of AHR, human tracheal and main bronchi SM does not contribute to AHR through persistent changes in contractile properties. Our results indicate that it is highly unlikely that ASM  $EC_{50}$  or  $V_{max}$  contribute to AHR in asthma, but, because of high variability, we cannot conclude whether asthmatic ASM is hyperreactive. We conclude that ASM is probably not intrinsically and homogeneously altered in asthma. Further research will have to address whether transient or more peripheral ASM changes do occur. ■

**Author disclosures** are available with the text of this article at [www.atsjournals.org](http://www.atsjournals.org).

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