

## Original Article

# Associations of deregulation of mir-365 and its target mRNA TTF-1 and survival in patients with NSCLC

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**Abstract:** microRNA (mir)-365 exerts tumor suppressor function by targeting thyroid transcription factor-1 (TTF-1) in lung cancer cells. The purpose of the present study was to assess mir-365 and its target mRNA TTF-1 in lung cancer and their correlations with patients' survival. Quantitative real-time PCR was used to examine the expression levels of mir-365 and TTF-1 in tumor tissue and its adjacent noncancerous tissue of 126 patients with non-small cell lung cancer (NSCLC). Our results showed that mir-365 was significantly decreased in tumor tissue than that in normal tissue ( $P=0.006$ ), however, TTF-1 was significantly increased in tumor tissue than in normal tissue ( $P<0.001$ ). Besides, significant correlations between decreased mir-365 and advanced tumor-node-metastasis (TNM) stage ( $P=0.001$ ) and regional lymph node involvement ( $P=0.037$ ) was observed. The similar result was also found between increased TTF-1 and TNM stage ( $P=0.003$ ). Furthermore, mir-365 downregulation or TTF-1 upregulation were associated with poor outcome of patients than mir-365 upregulation or TTF-1 downregulation (for mir-365:  $P<0.001$ ; for TTF-1:  $P=0.002$ ). Of note, combination of decreased mir-365 and increased TTF-1 had worst overall survival ( $P<0.001$ ). In conclusion, aberrant expression of mir-365/TTF-1 may be involved in the tumor development in patients with NSCLC. Moreover, mir-365 and TTF-1 could jointly predict the prognosis of patients and their combination may serve as a biomarker to predict risk of poor survival in NSCLC patients. Mir-365/TTF-1 might serve as a potential therapeutic target for clinical treatment of NSCLC.

**Keywords:** microRNA-365, NKX2-1, non-small cell lung cancer, prognostic, outcome

## Introduction

Lung cancer is the leading cause of death worldwide in spite of therapeutic advances. Non-small cell lung cancer (NSCLC), as the most frequent type of lung cancer, consists of squamous cell carcinoma, large cell carcinomas and adenocarcinoma, accounts for over 80% of lung cancer cases [1]. Despite advances in early detection and personalized treatment, the 5-year overall survival rate is still low [2]. Additional prognostic assessments of patients are needed in order to choose appropriate therapeutic strategies for specific patients. The discovery of new robust predictive markers may help detect and select patients who will benefit most from treatment regimens [3].

MicroRNAs (miRNAs) are a large family of evolutionarily conserved small (~22 bp in length) endogenous, single-stranded noncoding RNAs. They regulate gene expression through pairing with the 3'-UTR of the target messenger RNAs, leading to translational suppression or degradation [4]. Growing evidence demonstrated that miRNAs regulate various cellular functions and play crucial roles in many biologic processes, including cell growth, proliferation, differentiation, cell metabolism, apoptosis and transformation [5]. The miRNAs are frequently located in cancer-associated genes or fragile sites, thus, deregulation of miRNAs may be implicated into carcinogenesis and cancer progression [6]. The miRNAs may exert functions as oncogenes or tumor suppressors by negatively modulate its targeted genes which are complemen-

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**Table 1.** Table 1 list of primers used in the present work

Name	Primers	Sequences
mir-365	Stem-loop RT primer	5'-GTCGTATCCAGTGCAGGGTCCGAGGTATTTCGCACTGGATACGACATAAGG-3'
	Forward	5'-CGTAATGCCCTAAAAAT-3'
	Reverse	5'-GTGCAGGGTCCGAGGT-3'
U6	Stem-loop RT primer	5'-CGCTTCACGAATTTGCGTGCAT-3'
	Forward	5'-GCTTCGGCAGCACATATACTAAAAT-3'
	Reverse	5'-CGCTTCACGAATTTGCGTGCAT-3'
TTF-1	Forward	5'-CGTTCTCAGTGTCTGACATCTTGA-3'
	Reverse	5'-CCTCCATGCCCACTTTCTTG-3'
GAPDH	Forward	5'-GGAGTCAACGGATTGGTCGTA-3'
	Reverse	5'-GGCAACAATATCCACTTTACCAGAGT-3'

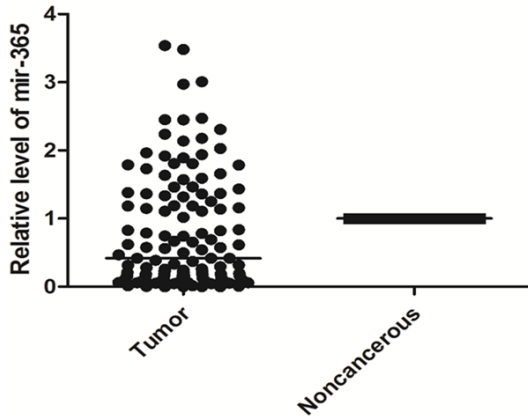
**Table 2.** The main clinical characteristics of the patients according to mir-365 and TTF-1 expression levels

Characteristic	No.	mir-365		P value	TTF-1		P value
		High (n, %)	Low (n, %)		High (n, %)	Low (n, %)	
Age (range), y							
≤60	58 (46.0)	21 (47.7)	37 (45.1)	0.852	37 (48.1)	21 (42.9)	0.568
>60	68 (54.0)	23 (52.3)	45 (54.9)		40 (52.0)	28 (57.1)	
Gender							
Male	92 (73.1)	32 (72.7)	60 (73.2)	0.957	58 (75.3)	34 (69.4)	0.464
Female	34 (26.9)	12 (27.3)	22 (26.8)		19 (24.7)	15 (30.6)	
Smoking status							
Never	52 (41.3)	18 (40.9)	34 (41.5)	0.952	29 (37.7)	23 (46.9)	0.303
Current or ever	74 (58.7)	26 (59.1)	48 (58.5)		48 (62.3)	26 (53.1)	
Pathological type							
Squamous cell carcinoma	50 (39.7)	17 (38.6)	33 (40.2)	0.86	31 (40.3)	19 (38.8)	0.868
Adenocarcinoma	76 (60.3)	27 (61.4)	49 (59.8)		46 (60.0)	30 (61.2)	
Tumor differentiation							
Well	11 (8.7)	6 (13.6)	5 (6.1)	0.224	6 (7.8)	5 (10.2)	0.795
Moderate	53 (42.1)	20 (45.5)	33 (40.2)		34 (44.2)	19 (38.8)	
Poor	62 (49.2)	18 (40.9)	44 (53.7)		37 (48.1)	25 (51.0)	
Stage							
I	24 (19.0)	14 (31.8)	10 (12.2)	0.001	9 (11.7)	15 (30.6)	0.003
II	30 (23.8)	15 (34.1)	15 (18.3)		15 (19.5)	15 (30.6)	
III	72 (57.1)	15 (34.1)	57 (69.5)		53 (68.8)	19 (38.8)	
Node							
Negative	76 (60.3)	32 (72.7)	44 (53.7)	0.037	45 (58.4)	31 (63.3)	0.590
Positive	50 (39.7)	12 (27.3)	38 (46.3)		32 (41.6)	18 (36.7)	

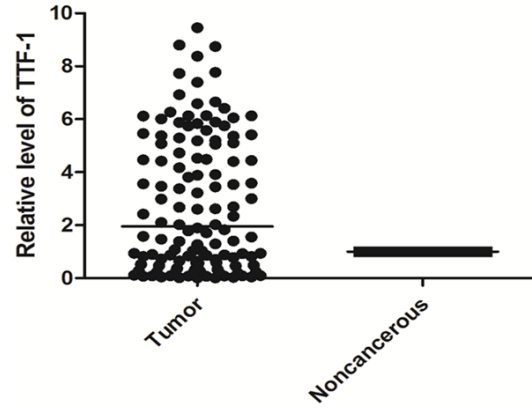
tary to the miRNAs [7, 8]. Since expression profiling of many miRNAs in various types of cancer have unique expression patterns, some of these miRNAs have been demonstrated as potential biomarkers for diagnosis, prognosis, and therapy in human cancers [9-11].

It has been demonstrated that mir-365 is implicated in cell proliferation, differentiation and

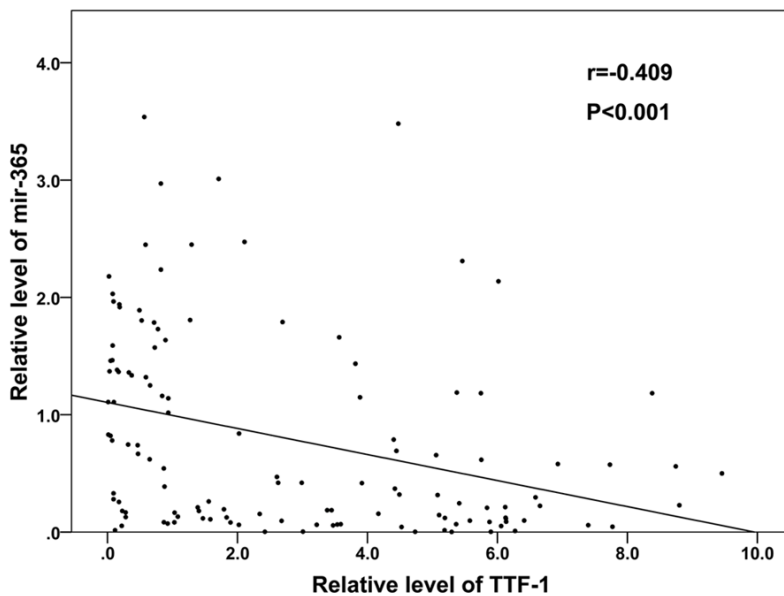
apoptosis in colon cancer cells [12], lung cancer cells [13], breast cancer [14], vascular smooth muscle cells (VSMCs) [15] and endothelial cells [16]. Meanwhile, it has been indicated that mir-365 modulates thyroid transcription factor-1 (TTF-1) by interacting with its 3'-untranslated region, and the expression levels of mir-365 and TTF-1 were in an inverse correlation in human lung cancer [13]. In addition,



**Figure 1.** Relative expression level of mir-365 in formalin-fixed paraffin-embedded samples of NSCLC patients.



**Figure 2.** Relative expression level of TTF-1 in formalin-fixed paraffin-embedded samples of NSCLC patients.



**Figure 3.** Spearman correlation between mir-365 and TTF-1 mRNA expression levels in NSCLC patients.

TTF-1 overexpression could significantly increase cell proliferation by overcoming the inhibition effect of mir-365 [17]. TTF-1, also known as (NK2 homeobox 1), NKX2-1, is a 38-kDa homeobox-containing transcription factor. It is mainly expressed in adult thyroid and lung tissue. Several studies have investigated the association between TTF-1 expression and NSCLC prognosis with conflicting results [18, 19]. All of the above evidence implies that mir-365/TTF-1 play the critical roles in NSCLC. However, the clinical significance of mir-365 in NSCLC remains to be elucidated. The aim of this study was to investigate: (1) the expression pattern of

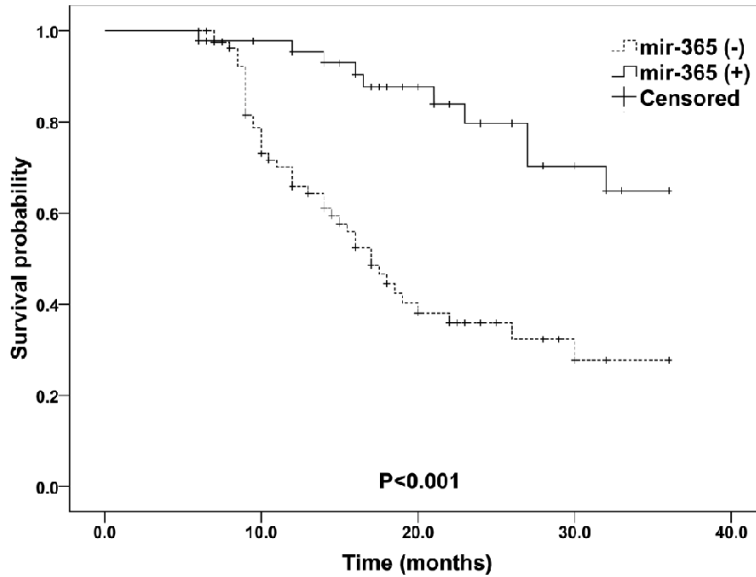
mir-365 in tumor tissue, (2) the association of mir-365 with clinical characteristics and survival of the patients, (3) whether mir-365 can be treated as a potential prognosis marker and therapeutic target in patients with NSCLC. These findings may provide a new interpretation of the functional and clinical application of mir-365/TTF-1 in NSCLC.

#### Materials and methods

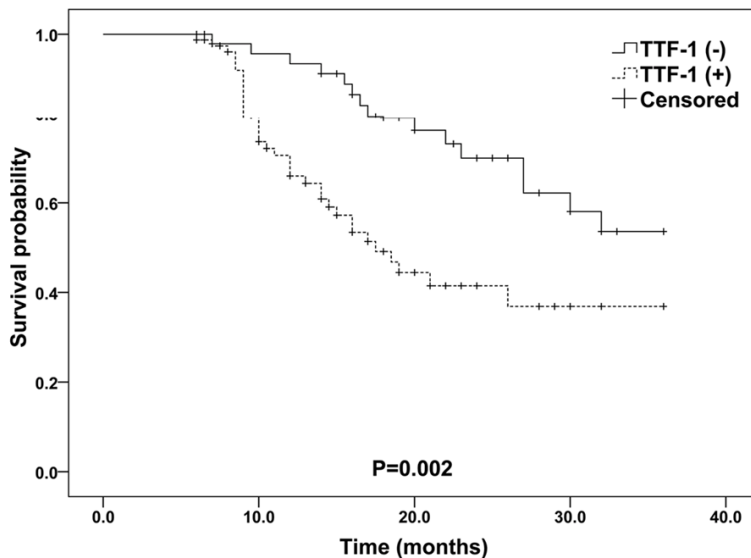
##### *Patients and tissue samples*

This study was approved by the ethics committee of Xi'an Jiaotong University & Shaanxi Province Tumor Hospital, and the written informed consent was obtained from patients whose specimens were collected.

In the present study, 126 paired NSCLC and adjacent non-tumor tissues were obtained during surgery from Shaanxi Province Tumor Hospital. All the fresh tissues were then made as formalin-fixed, paraffin-embedded (FFPE) specimens by the department of pathology of Shaanxi Province Tumor Hospital. There were 92 (73.1%) male and 34 (26.9%) female patients with a median age of 61 years, range 34-86 years. None of the enrolled patients had



**Figure 4.** Kaplan-Meier curves for overall survival according to mir-365 expression levels in patients with NSCLC.



**Figure 5.** Kaplan-Meier curves for overall survival according to TTF-1 mRNA expression levels in patients with NSCLC.

received any preoperative chemotherapy or radiotherapy. All cases were diagnosed as NSCLC by two independent pathologists. Tumor stage and histological grade were evaluated based on TNM staging classification system and World Health Organization, respectively.

We collected all the clinical follow-up information on NSCLC patients from medical history and phone interview either by the patient or

with a relative. Patients were followed-up from surgery through January 2010 for clinical outcome. The time of follow-up was calculated until death or last contact in June 2014. The median follow-up time for overall survival was 16.0 months (range 6.0-36.0 months) for patients who were survived until June 2014.

*Quantitative real-time PCR (qRT-PCR) assay*

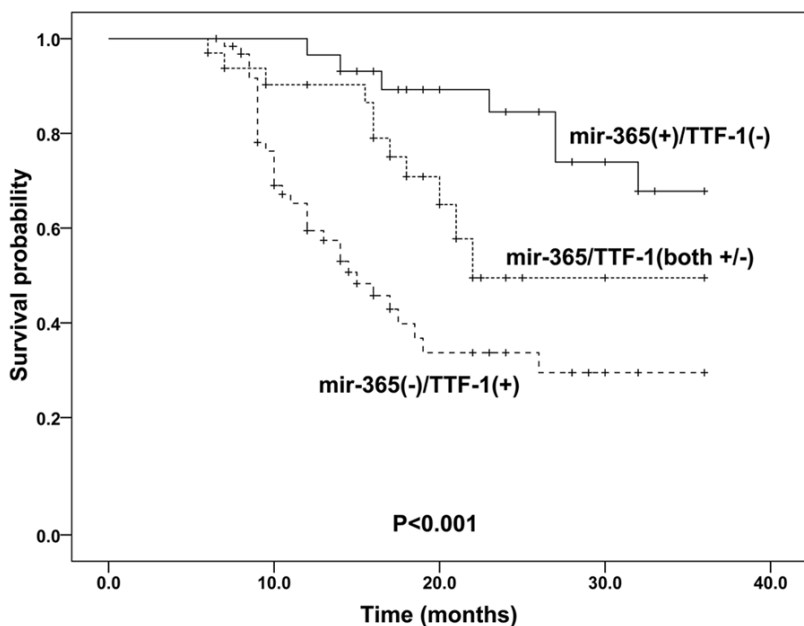
Total RNA was isolated from FFPE tissues using E.Z.N.A FFPE RNA kit (Omega). RNA concentration and purity were measured by NanoDrop 1000 (Thermo Fisher Scientific, Waltham, MA, USA). The reverse transcription reaction was performed using a PrimeScript™ RT reagent Kit (TaKaRa) based on the manufacturer's instruction. The cDNA specimens were amplified by quantitative real time PCR using SYBR Premix Ex Taq™ II (TaKaRa). The specific primers of mir-365, TTF-1, U6 and GAPDH (used as internal standard for normalization, respectively), are shown in **Table 1** [12, 20]. PCR amplification was carried out on the BIO-RAD IQ5 Optical System real-time PCR machine. All the experiments were conducted in triplicate. The comparative cycle threshold (Ct) method was calculated to determine the relative expression levels of mir-365 to U6

and TTF-1 mRNA to GAPDH mRNA using the  $2^{-\Delta\Delta Ct}$ .

*Statistical analysis*

All tests were performed using the software of SPSS version 17.0 for Windows (SPSS Inc, IL, USA). Data were expressed as mean  $\pm$  standard deviation (SD). The associations between mir-365 and TTF-1 and the clinical features of

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**Figure 6.** Kaplan-Meier curves for overall survival according to mir-365 and TTF-1 mRNA expression levels in patients with NSCLC.

the patients were determined by Chi-square test and Fishers exact test. The comparison of the different expression levels of mir-365 and TTF-1 between tumor tissues and adjacent normal tissues was conducted using paired sample T-test. The correlation between mir-365 and TTF-1 mRNA expression was assessed using Spearman's test. The survival probabilities were estimated by log-rank test, and the survival curves were plotted based on Kaplan-Meier. All statistical tests were two-sided,  $P < 0.05$  was considered statistically significant.

### Results

#### *Clinical and pathological features of all the patients*

In total, 24 (19.0%) patients with stage I, 30 (23.8%) patients with stage II and 72 (57.1%) patients with stage III were enrolled in the present study. Among them, 52 (41.3%) patients were never smokers and 74 (58.7%) patients were current or ever smokers. 33 (26.2%) patients were both high or low expression of mir-365 and TTF-1, 30 (23.8%) patients were mir-365 high and TTF-1-low expression, and 63 (50.0%) patients were mir-365-low and TTF-1-high expression. Their clinical and pathological data are shown in **Table 2**.

*mir-365 downregulation and TTF-1 upregulation in tumor tissue versus adjacent nontumorous tissue*

The expression levels of mir-365 and TTF-1 in pairs of NSCLC and paracancerous tissues were investigated by qRT-PCR. As shown in **Figure 1**, mir-365 expression level was significantly decreased in NSCLC tissues than that in normal adjacent tissues ( $P = 0.006$ ), while TTF-1 mRNA expression level was significantly increased in NSCLC tissues compared to the corresponding non-cancerous lung tissues ( $P < 0.001$ , **Figure 2**). Of note, the relative expression levels of mir-365 in

tumor tissue were negatively correlated with those of TTF-1 mRNA (Spearman correlation coefficient  $r = -0.409$ ,  $P < 0.001$ , **Figure 3**).

#### *Associations between mir-365 downregulation and TTF-1 upregulation with clinical characteristics of NSCLC*

We next investigated associations between the altered mir-365 and TTF-1 expression levels with the clinicopathological characteristics of human NSCLC (**Table 2**). There were strong correlations between mir-365 downregulation and advanced TNM stage ( $P = 0.001$ ) and regional lymph node involvement ( $P = 0.037$ ). A similar association between TTF-1 upregulation and advanced TNM stage was also observed ( $P = 0.003$ ). No other significant associations between mir-365 or TTF-1 expression and clinicopathological features including age, gender, histological type, smoking history was observed ( $P > 0.05$ , **Table 2**).

#### *Association of mir-365 and TTF-1 mRNA expression with overall survival in NSCLC patients*

Because the expression levels of mir-365 and TTF-1 were altered in NSCLC tissue and non-cancerous tissue, we further assessed whether their alteration could predict prognosis in NSCLC patients. The median survival time of

the patients was 16.0 months. During the follow-up period, 52 (41.3%) of the 126 patients died of disease progression. The Kaplan-Meier plot showed that NSCLC patients with decreased mir-365 or increased TTF-1 mRNA expression was obviously associated with worse overall survival than those with increased mir-365 expression or decreased TTF-1 mRNA expression (for mir-365:  $P < 0.001$ ; for TTF-1:  $P = 0.002$ . **Figures 4 and 5**). More importantly, there was a trend toward the worst overall survival in the patient group with combined low mir-365 expression and high TTF-1 expression ( $P < 0.001$ , **Figure 6**).

### Discussion

Biological prognostic factors are very helpful to guide decision-making and personalized treatment for NSCLC patients. Although some serologic biomarkers such as carcino-embryonic antigen (CEA), alpha fetoprotein (AFP), CA125 could provide some clinical instructions for physicians. Effective tissue-based biomarkers which is more intuitive to reflect the real condition in vivo is more appealing. The identification of biomarkers which is involved in the initiation and progression of NSCLC is very important to improve the outcome of the patients. The aim of the present study was to clarify the clinical significance of mir-365 and its target gene TTF-1. Our results showed there was a close correlation between the ectopic expressions of mir-365 and TTF-1 and TNM stage and lymph node metastasis. Moreover, aberrant expression levels of mir-365 and TTF-1 may be predictive markers for NSCLC survival. In detail, downregulation of mir-365 and or upregulation of TTF-1 may be used as prognosis factors which promote cancer progression. Our current study is the first study to explore the predictive role of mir-365 and TTF-1 in NSCLC patients.

Mir-365 is broadly conserved among vertebrates. It modulates several biological processes, such as cell proliferation, differentiation, cell cycle and apoptosis. The role of mir-365 in the tumor progression is debating. Mir-365 exerts oncogenic functions in some cancers such as cutaneous squamous cell carcinoma (CSCC) [21], pancreatic cancer [22] and breast cancer. However, mir-365 considered as a tumor suppressor in some other cancers. In both colon and gastric cancers, decreased mir-365 could prohibit cell cycle progression and

induce apoptosis by target Cyclin D1 and Bcl-2 [12, 23]. In lung cancer cells, it was demonstrated that mir-365 was decreased while TTF-1 was increased, it was showed that mir-365 expression could downregulate TTF-1 [13, 17]. These findings suggest that deregulation of mir-365, which is involved in tumor's progression and apoptosis, may play a role in cancer cell growth and affect patients' survival. In our current study, mir-365 was observed to be decreased in tumor tissue and was significantly correlated with poor survival in NSCLC patients.

Thyroid transcription factor 1 (TTF-1), encoded by NKX2 homeobox 1 (NKX2-1) gene which is located on chromosome 14q13. TTF-1, belongs to the NKX2 family, is a 38 kDa nuclear protein with 371 amino acids [24]. TTF-1 has a unique expression pattern, which is specifically restricted to the thyroid and lung tissue during embryogenesis. TTF-1 activates the promoters of the lung-specific gene which encode for surfactant and Clara cell secretory proteins, thus plays a crucial role in modulating lung development, surfactant homeostasis and morphogenesis [25]. TTF-1 could modulate the activity of the proliferating cells and formation of new vessels, and enhance the proliferation rate, therefore, it was considered to be involved in lung cancerization and progression. Till now, most findings supported the oncogenic role of TTF-1, however, some findings showed that TTF-1 also exerted biological and clinical functions as a tumor suppressor. Several studies have evaluated TTF-1 as a potential predictive marker in NSCLC with contradictory. Our present study showed that TTF-1 overexpression in mRNA level was significantly associated with an unfavorable prognostic factor for survival in patients with lung cancer.

Previous studies by Qi and Kang demonstrated that TTF-1 is a direct target gene of mir-365 in lung cancer cells and the expression levels of mir-365 and TTF-1 were in a negative correlation in human lung cancer [13, 17]. Moreover, aberrant mir-365 expression suppressed NKX2-1 expression and the inhibitory effect of mir-365 on cell proliferation could be significantly reversed by overexpression of TTF-1 in lung cancer cells. Based on the above findings, we made a hypothesis that mir-365 and TTF-1 may be associated with the progression of lung cancer, and the predictive value of combination of mir-365 and TTF-1 (mir-365/TTF-1) would be

better than mir-365 or TTF-1 alone. The aim of the present study was to validate the hypothesis, associations between expression levels of mir-365/TTF-1 combination, mir-365 and TTF-1 and clinical parameters and survival of patients with NSCLC were investigated. Expression patterns of mir-365/TTF-1 combination, mir-365 and TTF-1 were strong prognostic indicators for NSCLC patients. Of note, it seemed that down-regulation of mir-365 and upregulation of TTF-1 might be a strongest prognostic marker in NSCLC patients, which indicated that comprehensive assessment of both mir-365 and TTF-1 should be applied in personalized treatment decision. Additional studies are required to verify our current findings in a large-scale and independent cohort. Besides, the functions and roles of mir-365/TTF-1 in the progression of NSCLC are needed to further studied.

Taken together, our data suggests the aberrant expression of mir-365/TTF-1 may be involved in the tumor development and associated with survival in patients with NSCLC. Moreover, mir-365 and TTF-1 could synergistically predict the prognosis of patients and their combination may serve as a biomarker to predict risk of poor survival in NSCLC patients. Mir-365/TTF-1 might serve as a promising therapeutic target for clinical treatment of NSCLC.

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#### Disclosure of conflict of interest

None.

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