

In Vitro Antimicrobial Susceptibility of Anaerobic Bacteria Isolated from Clinical Specimens¹

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The minimal inhibitory concentrations of 601 clinical isolates of anaerobic bacteria to 10 different antimicrobial agents were determined by an agar-dilution technique. Nearly all strains were resistant to kanamycin and gentamicin, although moderate activity to both drugs was noted with *Fusobacterium* sp., anaerobic cocci, some strains of *Bacteroides melaninogenicus*, and nonsporeforming gram-positive bacilli. Chloramphenicol at 12.5 µg/ml inhibited all but three of the strains tested. Tetracycline at 6.25 µg/ml had high activity against all groups tested, with the exception that only 39% of strains of *Bacteroides fragilis* were inhibited at this concentration. Excluding certain species of *Bacteroides*, the majority of anaerobes were inhibited by penicillin at 3.1 µg/ml or less and by cephalothin at 12.5 µg/ml or less. Lincomycin at 6.2 µg/ml or less was active against nearly all strains. Erythromycin at a concentration of 3.1 µg/ml was active against *B. fragilis*; however, erythromycin was less active against the other groups. Most of the minimal inhibitory concentrations of lincomycin exceeded those of clindamycin by fourfold. Rifampin inhibited virtually all strains at 3.1 µg/ml.

The increasing recognition of the role of anaerobic bacteria in infections has made it necessary for the clinician to become familiar with the classification and nomenclature of this large group of organisms. In contrast to the clinically significant aerobic and facultatively anaerobic bacteria, the fastidious nature of the anaerobic bacteria precludes the prompt performance of antimicrobial susceptibility tests. Therefore, appropriate antimicrobial therapy is contingent on awareness of the possibility of infection by anaerobic bacteria and familiarity with susceptibility patterns of these bacteria.

This report presents the minimal inhibitory concentrations (MIC) of 601 clinical isolates of anaerobic bacteria to 10 different antimicrobial agents. In addition, the minimal bactericidal concentrations (MBC) of several antibiotics against 25 isolates of *Bacteroides fragilis* from blood will be presented.

MATERIALS AND METHODS

All anaerobic bacteria tested represented isolates from clinical material submitted to the Section of Clinical Microbiology during portions of an 8-month period beginning in November 1970 [for the total experience during this period, with classification by specimen source and species isolated, see report by Martin (16)]. Subcultures of anaerobic bacteria were made at the time of initial isolation and stored at

-42 C according to the methods described by Dowell and Hawkins (2). The 601 strains examined in this study were selected primarily on the basis of source and frequency of isolation. In this laboratory, all specimens, other than those from the throat, sputum, vagina, stomach, urine, and stool, are examined routinely for the presence of anaerobes; anaerobic cultures are performed on other specimens only by special request.

Antimicrobial susceptibility testing was performed, with certain modifications, by the method of Finegold et al. (5), by using the agar-dilution technique and the inocula-replicator device of Steers et al. (18). Isolates were incubated anaerobically for 48 hr in thioglycolate medium (135-C, BBL) enriched with sterile rabbit serum and, when necessary, with menadione. The broth culture was diluted to provide an inoculum of 10⁸ to 10⁶ colony-forming units on the surface of the agar. Serial twofold dilutions of antibiotics were incorporated in brain-heart infusion (BHI) agar (BBL) with 5% sheep blood so as to yield final concentrations ranging from 0.1 to 25 µg/ml. These plates were prepared on the day before the test and stored overnight at room temperature, rather than at 4 C, to prevent the increased oxygen absorption which occurs at refrigerator temperatures. After inoculation, all plates were incubated, including controls with known MIC values, in an anaerobic incubator (National Appliance Co., Portland, Ore.) at 37 C using the GasPak (BBL) modification described by Gardner and Martin (8). The MIC, which was determined after 48 hr of incubation, was defined as the lowest concentration permitting no growth, a barely visible fine haze, or not more than one discrete colony (3).

The MBC of six antibiotics against 25 strains of *B.*

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TABLE 2. Susceptibility of anaerobic bacteria to cephalothin

| Organism | Strains tested | Cumulative percentages at various concentrations ($\mu\text{g/ml}$) | | | | | | | | |
|---|----------------|---|-----|-----|-----|-----|-----|-----|------|-----|
| | | 0.1 | 0.2 | 0.4 | 0.8 | 1.6 | 3.1 | 6.2 | 12.5 | 25 |
| <i>Bacteroides fragilis</i> | 195 | 1 | | | | | 2 | | 4 | 9 |
| <i>B. incommunis</i> | 10 | 10 | | | | 40 | | | | 60 |
| <i>B. variabilis</i> | 5 | | | | | 40 | | | | |
| <i>B. oralis</i> | 2 | 100 | | | | | | | | |
| <i>B. terebrans</i> | 5 | | | | | | 20 | | | 40 |
| <i>B. melaninogenicus</i> | 29 | 55 | 62 | 65 | 69 | | | 79 | 93 | 100 |
| <i>Bacteroides</i> F1, F2, F3 | 11 | 18 | 27 | 45 | | 63 | | 82 | | 100 |
| <i>Fusobacterium fusiforme</i> | 18 | 44 | 50 | 56 | | 72 | | 78 | | |
| <i>Fusobacterium</i> sp. | 2 | | | | 50 | | | | 100 | |
| <i>Clostridium perfringens</i> | 34 | 8 | 17 | 70 | 96 | 100 | | | | |
| <i>Clostridium</i> sp. | 17 | 23 | 35 | 88 | 100 | | | | | |
| <i>Peptococcus</i> sp. | 145 | 22 | 38 | 56 | 78 | 88 | 89 | 97 | 98 | 99 |
| <i>Peptostreptococcus</i> sp. | 72 | 40 | 57 | 70 | 78 | 96 | | 99 | | 100 |
| <i>Veillonella</i> sp. | 13 | 23 | 69 | | 84 | 100 | | | | |
| <i>Propionibacterium acnes</i> | 16 | 69 | 88 | | 94 | 100 | | | | |
| <i>Eubacterium lentum</i> | 14 | 7 | | 28 | | | 43 | | 64 | 85 |
| <i>E. alactolyticum</i> | 2 | 50 | | | | | | 100 | | |
| <i>Eubacterium</i> sp. | 5 | | | | 20 | 40 | | 60 | 100 | |
| <i>Bifidobacterium</i> sp. | 5 | | | | 20 | | 40 | | 80 | 100 |
| <i>Catenabacterium filamentosum</i> | 3 | | | | | 33 | | 100 | | |
| <i>Catenabacterium</i> sp. | 2 | 50 | | | 100 | | | | | |

TABLE 3. Susceptibility of anaerobic bacteria to tetracycline

| Organism | Strains tested | Cumulative percentages at various concentrations ($\mu\text{g/ml}$) | | | | | | | | |
|---|----------------|---|-----|-----|-----|-----|-----|-----|------|-----|
| | | 0.1 | 0.2 | 0.4 | 0.8 | 1.6 | 3.1 | 6.2 | 12.5 | 25 |
| <i>Bacteroides fragilis</i> | 195 | 1 | 4 | 18 | 32 | 34 | 36 | 39 | 48 | 90 |
| <i>B. incommunis</i> | 10 | 10 | | 30 | 70 | | | 80 | | 90 |
| <i>B. variabilis</i> | 5 | | | 40 | 60 | | | | | 100 |
| <i>B. oralis</i> | 2 | | | 50 | | | | 100 | | |
| <i>B. terebrans</i> | 5 | | | | | | 20 | | | 100 |
| <i>B. melaninogenicus</i> | 29 | 24 | 31 | 38 | 62 | 76 | 79 | 83 | 93 | 100 |
| <i>Bacteroides</i> F1, F2, F3 | 11 | 18 | 27 | 45 | 54 | | | | 63 | 91 |
| <i>Fusobacterium fusiforme</i> | 18 | 22 | 33 | 39 | 78 | 83 | | 89 | | 100 |
| <i>Fusobacterium</i> sp. | 2 | 50 | | | | 100 | | | | |
| <i>Clostridium perfringens</i> | 34 | 50 | 56 | 70 | | 76 | 82 | 85 | 94 | |
| <i>Clostridium</i> sp. | 17 | 59 | 65 | 88 | | | 94 | 100 | | |
| <i>Peptococcus</i> sp. | 145 | 12 | 15 | 29 | 52 | 56 | 59 | 62 | 74 | 89 |
| <i>Peptostreptococcus</i> sp. | 72 | 18 | 26 | 44 | 55 | 65 | 73 | 77 | 83 | 96 |
| <i>Veillonella</i> sp. | 13 | 23 | | 31 | 69 | 76 | 85 | | | 100 |
| <i>Propionibacterium acnes</i> | 16 | 6 | | 19 | 75 | 100 | | | | |
| <i>Eubacterium lentum</i> | 14 | 7 | 21 | 57 | 64 | | 71 | 85 | | 100 |
| <i>E. alactolyticum</i> | 2 | | | | | | | 50 | 100 | |
| <i>Eubacterium</i> sp. | 5 | | | | | | | 20 | 40 | 60 |
| <i>Bifidobacterium</i> sp. | 5 | | | | | 40 | | 60 | 80 | 100 |
| <i>Catenabacterium filamentosum</i> | 3 | | | | 33 | 100 | | | | |
| <i>Catenabacterium</i> sp. | 2 | | | | 50 | | 100 | | | |

TABLE 8. Susceptibility of anaerobic bacteria to kanamycin

| Organism | Strains tested | Cumulative percentages at various concentrations ($\mu\text{g/ml}$) | | | | | | | | |
|---|----------------|---|-----|-----|-----|-----|-----|-----|------|----|
| | | 0.1 | 0.2 | 0.4 | 0.8 | 1.6 | 3.1 | 6.2 | 12.5 | 25 |
| <i>Bacteroides fragilis</i> | 195 | | | | | | | | | |
| <i>B. incommunis</i> | 10 | | | | | | | | | 10 |
| <i>B. variabilis</i> | 5 | | | | | | | | | |
| <i>B. oralis</i> | 2 | | | | | | | | | |
| <i>B. terebrans</i> | 5 | | | | | | | | | 20 |
| <i>B. melaninogenicus</i> | 29 | 24 | 27 | 34 | | | | | | 41 |
| <i>Bacteroides</i> F1, F2, F3..... | 11 | | 9 | | 18 | | | | | |
| <i>Fusobacterium fusiforme</i> | 18 | 17 | | | | | | | 27 | 50 |
| <i>Fusobacterium</i> sp..... | 2 | | | | | | | | | 50 |
| <i>Clostridium perfringens</i> | 34 | | | | | | | | | 6 |
| <i>Clostridium</i> sp..... | 17 | 6 | | | | | | | | |
| <i>Peptococcus</i> sp..... | 145 | 1 | | | | 2 | | 4 | 13 | 44 |
| <i>Peptostreptococcus</i> sp..... | 72 | | | | 1 | 5 | 11 | 12 | 23 | 44 |
| <i>Veillonella</i> sp..... | 13 | 8 | | | | | | 23 | 38 | 61 |
| <i>Propionibacterium acnes</i> | 16 | | | | | 6 | | | 19 | 56 |
| <i>Eubacterium lentum</i> | 14 | | | | 14 | 28 | 35 | | 64 | 78 |
| <i>E. alactolyticum</i> | 2 | | 50 | | | | | | | |
| <i>Eubacterium</i> sp..... | 5 | 20 | | | | | | | | 60 |
| <i>Bifidobacterium</i> sp..... | 5 | | | | | | | | | 20 |
| <i>Catenabacterium filamentosum</i> | 3 | | | | | | | | | |
| <i>Catenabacterium</i> sp..... | 2 | | | 50 | | | | | | |

TABLE 9. Susceptibility of anaerobic bacteria to gentamicin

| Organism | Strains tested | Cumulative percentages at various concentrations ($\mu\text{g/ml}$) | | | | | | | | | |
|---|----------------|---|-----|-----|-----|-----|-----|-----|------|----|-----|
| | | 0.1 | 0.2 | 0.4 | 0.8 | 1.6 | 3.1 | 6.2 | 12.5 | 25 | |
| <i>Bacteroides fragilis</i> | 195 | | | | | | | | | 1 | 6 |
| <i>B. incommunis</i> | 10 | | | | | | | | | 10 | 40 |
| <i>B. variabilis</i> | 5 | | | | | | | | | | 60 |
| <i>B. oralis</i> | 2 | | | | | | | 50 | 100 | | |
| <i>B. terebrans</i> | 5 | | | | | | | | 60 | | |
| <i>B. melaninogenicus</i> | 29 | 24 | | 40 | | | | | 59 | | 76 |
| <i>Bacteroides</i> F1, F2, F3..... | 11 | 27 | 36 | 31 | | 34 | | 45 | 45 | | 73 |
| <i>Fusobacterium fusiforme</i> | 18 | | | | | | 5 | | 11 | | 56 |
| <i>Fusobacterium</i> sp..... | 2 | | | | | | | | | | 50 |
| <i>Clostridium perfringens</i> | 34 | | | | | | | | | | 6 |
| <i>Clostridium</i> sp..... | 17 | 6 | | | | | | | | | 18 |
| <i>Peptococcus</i> sp..... | 145 | 2 | 3 | | 5 | 7 | 11 | 30 | 62 | | 95 |
| <i>Peptostreptococcus</i> sp..... | 72 | 1 | 2 | 9 | 13 | 18 | 20 | 33 | 58 | | 78 |
| <i>Veillonella</i> sp..... | 13 | | | | | 8 | | 31 | 46 | | 85 |
| <i>Propionibacterium acnes</i> | 16 | | | | | | 25 | 56 | 75 | | 81 |
| <i>Eubacterium lentum</i> | 14 | | 7 | 43 | 57 | 71 | | 85 | 93 | | 100 |
| <i>E. alactolyticum</i> | 2 | 50 | | | | | | | | | |
| <i>Eubacterium</i> sp..... | 5 | 20 | | | | | | 40 | | | |
| <i>Bifidobacterium</i> sp..... | 5 | | | | 20 | | | 60 | 80 | | 100 |
| <i>Catenabacterium filamentosum</i> | 3 | | | | | | | | | | 66 |
| <i>Catenabacterium</i> sp..... | 2 | | | 50 | | | | | 100 | | |

TABLE 10. Susceptibility of anaerobic bacteria to rifampin

| Organism | Strains tested | Cumulative percentages at various concentrations ($\mu\text{g/ml}$) | | | | | | | | |
|---|----------------|---|-----|-----|-----|-----|-----|-----|------|----|
| | | 0.1 | 0.2 | 0.4 | 0.8 | 1.6 | 3.1 | 6.2 | 12.5 | 25 |
| <i>Bacteroides fragilis</i> | 195 | 19 | 45 | 86 | 97 | 100 | | | | |
| <i>B. incommunis</i> | 10 | 20 | 30 | 70 | 100 | | | | | |
| <i>B. variabilis</i> | 5 | 20 | 40 | 60 | 100 | | | | | |
| <i>B. oralis</i> | 2 | 50 | 100 | | | | | | | |
| <i>B. terebrans</i> | 5 | 60 | 80 | | | | | | | |
| <i>B. melaninogenicus</i> | 29 | 86 | 93 | 96 | | | | | | |
| <i>Bacteroides</i> F1, F2, F3 | 11 | 73 | 82 | 91 | | 100 | | | | |
| <i>Fusobacterium fusiforme</i> | 18 | 27 | 56 | 67 | 78 | 89 | 100 | | | |
| <i>Fusobacterium</i> sp. | 2 | | | | | | | | | |
| <i>Clostridium perfringens</i> | 34 | 97 | | | 100 | | | | | |
| <i>Clostridium</i> sp. | 17 | 82 | | | 88 | 100 | | | | |
| <i>Peptococcus</i> sp. | 145 | 47 | 50 | 62 | 76 | 96 | 98 | 99 | | |
| <i>Peptostreptococcus</i> sp. | 72 | 68 | | | 72 | 94 | | 96 | | |
| <i>Veillonella</i> sp. | 13 | 23 | | | 31 | 100 | | | | |
| <i>Propionibacterium acnes</i> | 16 | 94 | | | | 100 | | | | |
| <i>Eubacterium lentum</i> | 14 | 78 | 85 | 93 | | | | | | |
| <i>E. alactolyticum</i> | 2 | 50 | | | | | | | | |
| <i>Eubacterium</i> sp. | 5 | 40 | | | | 60 | | | | |
| <i>Bifidobacterium</i> sp. | 5 | 60 | | 80 | | 100 | | | | |
| <i>Catenabacterium filamentosum</i> | 3 | | | | | 100 | | | | |
| <i>Catenabacterium</i> sp. | 2 | 100 | | | | | | | | |

C. filamentosum were not inhibited by as much as 25 $\mu\text{g/ml}$.

In most instances, the results obtained with lincomycin resembled those obtained with erythromycin (Table 6). Clindamycin, on the other hand, exhibited a high degree of activity against all anaerobes at 1.6 $\mu\text{g/ml}$ or less (Table 7). In general, the MIC of lincomycin exceeded those of clindamycin by fourfold.

Nearly all strains in this study were resistant to kanamycin and gentamicin, although both of these drugs showed some activity against the anaerobic cocci, the nonsporeforming gram-positive bacilli, and strains of *B. melaninogenicus* and *Fusobacterium fusiforme* (Tables 8 and 9).

With rifampin, virtually all strains were inhibited at 3.1 $\mu\text{g/ml}$ or less, with the exception of some strains in the genus *Eubacterium* (Table 10).

The MBC of penicillin G (Table 11) and tetracycline (Table 12) against 25 strains of *B. fragilis* isolated from blood were generally four to eight times the MIC. The bactericidal concentration of chloramphenicol (Table 13) was eight or more times the bacteriostatic concentration, whereas with lincomycin (Table 14), clindamycin (Table 15), and erythromycin (Table 16), the MBC generally exceeded the MIC by at least 16-fold.

DISCUSSION

In contrast to the voluminous literature on in vitro susceptibility testing of clinically significant aerobic and facultatively anaerobic bacteria, only a few references exist with regard to the anaerobes, and most of these are concerned primarily with the nonsporeforming gram-negative bacilli (1, 9, 10, 14). In these studies involving anaerobic bacteria, several different techniques were used, thereby making comparisons difficult. Moreover, only a few antibiotics were studied. In some of these studies, species differences were not taken into account. Recently, in vitro studies by Finegold and colleagues (4-7, 17; Finegold et al., *Bacteriol. Proc.* 1965, p. 64; 1967, p. 96), Thornton and Cramer (19), and Ingham and associates (12, 13), among others, have developed meaningful data without the aforementioned shortcomings.

With few exceptions, the data reported here agree closely with those reported by these authors. Indeed, the MIC in this study for many of the nonsporeforming gram-negative bacilli, the *Peptostreptococcus* sp., and the *Bifidobacterium* sp. agreed well with those published by Finegold and associates (4, 6, 17; Finegold et al., *Bacteriol. Proc.* 1965, p. 64; 1967, p. 96). Moreover, the MIC of cephalothin against *Clostridium perfringens* showed excellent agreement with those recently reported by Traub (20). One particularly

TABLE 11. Minimal bactericidal concentrations (MBC) against *Bacteroides fragilis*: penicillin G

| MIC ($\mu\text{g/ml}$) | MBC, $\mu\text{g/ml}$ (no. of strains) ^a | | | | | | | | | | | |
|-----------------------------|---|-----|----|----|------|-----|-----|-----|-----|-----|-----|-----|
| | >100 | 100 | 50 | 25 | 12.5 | 6.2 | 3.1 | 1.6 | 0.8 | 0.4 | 0.2 | 0.1 |
| 100 | 1 | | | | | | | | | | | |
| 50 | 4 | 2 | 2 | | | | | | | | | |
| 25 | 5 | | | 1 | | | | | | | | |
| 12.5 | | | | | | | | | | | | |
| 6.2 | | | | | | | | | | | | |
| 3.1 | 1 | 1 | | 1 | | 1 | 2 | | | | | |
| 1.6 | | | 1 | | | | | 1 | | | | |
| 0.8 | | | | | | | | 1 | | | | |
| 0.4 | | | | | | | | | | | | |
| 0.2 | | | | | 1 | | | | | | | |
| 0.1 | | | | | | | | | | | | |

^a >100, Not bactericidal at 100 $\mu\text{g/ml}$ or less; no concentrations greater than 100 $\mu\text{g/ml}$ were tested.

TABLE 12. Minimal bactericidal concentrations (MBC) against *Bacteroides fragilis*: tetracycline

| MIC ($\mu\text{g/ml}$) | MBC, $\mu\text{g/ml}$ (no. of strains) ^a | | | | | | | | | | | |
|-----------------------------|---|-----|----|----|------|-----|-----|-----|-----|-----|-----|-----|
| | >100 | 100 | 50 | 25 | 12.5 | 6.2 | 3.1 | 1.6 | 0.8 | 0.4 | 0.2 | 0.1 |
| 100 | | | | | | | | | | | | |
| 50 | 1 | | 2 | | | | | | | | | |
| 25 | 3 | | 2 | 2 | | | | | | | | |
| 12.5 | 3 | | 1 | 1 | | | | | | | | |
| 6.2 | 2 | | | | | 1 | | | | | | |
| 3.1 | | | | | | | | | | | | |
| 1.6 | | | | | | | 1 | | | | | |
| 0.8 | | | | | | | | | | | | |
| 0.4 | | | | | | | | | | | | |
| 0.2 | 1 | | | | | | | | | | | |
| 0.1 | 2 | 1 | 1 | | | | | | | | | 1 |

^a >100, Not bactericidal at 100 $\mu\text{g/ml}$ or less; no concentrations greater than 100 $\mu\text{g/ml}$ were tested.

TABLE 13. Minimal bactericidal concentrations (MBC) against *Bacteroides fragilis*: chloramphenicol

| MIC ($\mu\text{g/ml}$) | MBC, $\mu\text{g/ml}$ (no. of strains) ^a | | | | | | | | | | | |
|-----------------------------|---|-----|----|----|------|-----|-----|-----|-----|-----|-----|-----|
| | >100 | 100 | 50 | 25 | 12.5 | 6.2 | 3.1 | 1.6 | 0.8 | 0.4 | 0.2 | 0.1 |
| 100 | 1 | | | | | | | | | | | |
| 50 | | | | | | | | | | | | |
| 25 | | | | | | | | | | | | |
| 12.5 | 5 | | | | | | | | | | | |
| 6.2 | 7 | | | 1 | 1 | | | | | | | |
| 3.1 | 3 | 1 | | | | | | | | | | |
| 1.6 | 1 | | 1 | | | | 2 | | | | | |
| 0.8 | 1 | | | | | | | | | | | |
| 0.4 | | | | | | | | | | | | |
| 0.2 | | | 1 | | | | | | | | | |
| 0.1 | | | | | | | | | | | | |

^a >100, Not bactericidal at 100 $\mu\text{g/ml}$ or less; no concentrations greater than 100 $\mu\text{g/ml}$ were tested.

TABLE 14. Minimal bactericidal concentrations (MBC) against *Bacteroides fragilis*: lincomycin

| MIC ($\mu\text{g/ml}$) | MBC, $\mu\text{g/ml}$ (no. of strains) ^a | | | | | | | | | | | |
|--------------------------|---|-----|----|----|------|-----|-----|-----|-----|-----|-----|-----|
| | >100 | 100 | 50 | 25 | 12.5 | 6.2 | 3.1 | 1.6 | 0.8 | 0.4 | 0.2 | 0.1 |
| 100 | | | | | | | | | | | | |
| 50 | | | | | | | | | | | | |
| 25 | | | | | | | | | | | | |
| 12.5 | | | | | | | | | | | | |
| 6.2 | | | 1 | | | | | | | | | |
| 3.1 | | 1 | 1 | 2 | | | 4 | | | | | |
| 1.6 | 4 | | | | 1 | | | | | | | |
| 0.8 | 2 | | | | | | | | 1 | | | |
| 0.4 | 4 | | | 1 | | | | | | | | |
| 0.2 | | | | | | | | | 1 | | | |
| 0.1 | | | | | | 1 | | | | | 1 | |

^a >100, Not bactericidal at 100 $\mu\text{g/ml}$ or less; no concentrations greater than 100 $\mu\text{g/ml}$ were tested.

TABLE 15. Minimal bactericidal concentrations (MBC) against *Bacteroides fragilis*: clindamycin

| MIC ($\mu\text{g/ml}$) | MBC, $\mu\text{g/ml}$ (no. of strains) ^a | | | | | | | | | | | |
|--------------------------|---|-----|----|----|------|-----|-----|-----|-----|-----|-----|-----|
| | >100 | 100 | 50 | 25 | 12.5 | 6.2 | 3.1 | 1.6 | 0.8 | 0.4 | 0.2 | 0.1 |
| 100 | | | | | | | | | | | | |
| 50 | | | | | | | | | | | | |
| 25 | | | | | | | | | | | | |
| 12.5 | | | | | | | | | | | | |
| 6.2 | | | | | | | | | | | | |
| 3.1 | | | | | | 1 | | | | | | |
| 1.6 | | | | | 1 | | | | | | | |
| 0.8 | | | | | | 1 | | 1 | | | | |
| 0.4 | | | | | | | | | 1 | | | |
| 0.2 | | | | | | | | | | | 1 | |
| 0.1 | 6 | 1 | 1 | 3 | 1 | | 1 | 1 | | 1 | 1 | 3 |

^a >100, Not bactericidal at 100 $\mu\text{g/ml}$ or less; no concentrations greater than 100 $\mu\text{g/ml}$ were tested.

TABLE 16. Minimal bactericidal concentrations (MBC) against *Bacteroides fragilis*: erythromycin

| MIC ($\mu\text{g/ml}$) | MBC, $\mu\text{g/ml}$ (no. of strains) ^a | | | | | | | | | | | |
|--------------------------|---|-----|----|----|------|-----|-----|-----|-----|-----|-----|-----|
| | >100 | 100 | 50 | 25 | 12.5 | 6.2 | 3.1 | 1.6 | 0.8 | 0.4 | 0.2 | 0.1 |
| 100 | 1 | | | | | | | | | | | |
| 50 | | | | | | | | | | | | |
| 25 | | | | | | | | | | | | |
| 12.5 | | | | | | | | | | | | |
| 6.2 | 1 | | | | | 1 | | | | | | |
| 3.1 | 1 | | | | | | | | | | | |
| 1.6 | 3 | | | | | | 1 | 1 | | | | |
| 0.8 | 5 | | 1 | 1 | | | | | | | | |
| 0.4 | 4 | | | | | 1 | | | | | | |
| 0.2 | 2 | | | 1 | | | | | 1 | | | |
| 0.1 | | | | | | | | | | | | |

^a >100, Not bactericidal at 100 $\mu\text{g/ml}$ or less; no concentrations greater than 100 $\mu\text{g/ml}$ were tested.

noteworthy area of disagreement in this study is the activity of tetracycline against *B. fragilis*. Several of the aforementioned investigators reported that *B. fragilis* was sensitive to tetracycline. For example, with the agar-dilution technique, Ingham et al. (12) found that all 17 strains tested were inhibited at 0.82 $\mu\text{g/ml}$ or less, whereas Finegold and Hewitt (7) found that 90% of their strains of *B. fragilis* were sensitive to tetracycline at concentrations of 1.56 $\mu\text{g/ml}$ or less. In our study, this drug inhibited only 39% of strains of *B. fragilis* at 6.2 $\mu\text{g/ml}$ or less. Some of the differences can be attributed to differences in procedure; however, it is conceivable that *B. fragilis* is becoming more resistant to tetracycline. Recent in vitro studies by Finegold and associates (*personal communication*), as well as by others (1, 14, 19), suggest that many of their recent isolates are noted to be resistant to this drug.

The MIC of penicillin G against the 29 strains of *B. melaninogenicus* in this study are of interest in that 83% of these were inhibited at concentrations of 3.1 $\mu\text{g/ml}$ or less. Finegold et al. (6) reported in 1967 that all 19 of their strains were completely inhibited at concentrations of 0.8 $\mu\text{g/ml}$ or less. It is difficult to reconcile this fourfold difference, since the data on the MIC of lincomycin and erythromycin against this species appear to be in close agreement. Our data showing the antibacterial effect of both clindamycin and rifampin against strains of *B. fragilis* are in good agreement with the MIC reported by Ingham et al. (13).

The effect of CO_2 on the susceptibility of 10 strains of *B. fragilis* to four antibiotics in vitro was recently reported by Ingham et al. (13). They found that the MIC of erythromycin and lincomycin were 4 to 32 times higher when grown in hydrogen plus 10% CO_2 than when grown in pure hydrogen. Clindamycin and rifampin, to which their strains of *B. fragilis* were uniformly sensitive, were not affected by additional CO_2 . Although none of our strains were incubated in pure hydrogen, the activities of erythromycin and lincomycin against our strains of *B. fragilis* were in general agreement with those in antimicrobial susceptibility tests performed with incubation in an environment containing 5 to 10% CO_2 (6, 9-11). This observation is not surprising since the GasPak (BBL) system used in this study for anaerobic incubation (8) provides an atmosphere containing 8 to 10% CO_2 (the remainder being hydrogen gas) once the generator envelope is activated by the addition of water (D. A. Power, BBL, *personal communication*). The efficacy of both lincomycin and erythromycin in the treatment of infections caused by *Bacteroides* sp.,

despite the CO_2 present in the body, has been reported (13).

More than half of the 25 strains of *B. fragilis* tested failed to be killed at concentrations of each of six antibiotics attainable in serum at their normally recommended dosages. Bactericidal activity of these antibiotics tended to be inconsistent. These results are in disagreement with those obtained by Ingham et al. (12) using a replica-plating technique with velvet pads; however, it is likely that Ingham et al. used a smaller inoculum of bacteria in the inhibitory phase of their test than we did. Moreover, their definition of significant growth was 20 or more colonies in subcultures of plates with no growth or with growth of not more than 19 colonies. Our MBC was defined by the absence of any growth on subculture of broth containing no or barely visible growth. These differences in results emphasize the desirability of standardization of the techniques and interpretations of bactericidal tests.

Although tetracycline has been considered to be the agent of choice in the treatment of infections due to penicillin-resistant strains of *Bacteroides* (4, 11, 13), our data and those of others (1, 14, 19) demonstrating substantial resistance of these organisms to this antibiotic and its inconsistent bactericidal activity raise serious questions about this recommendation. The efficacy of chloramphenicol in the treatment of *Bacteroides* sepsis, however, has also been questioned recently by Kagnoff and Armstrong (15). The need for a well-controlled prospective clinical study of antibiotic efficacy in bacteremia due to anaerobic bacteria is clear.

The antimicrobial susceptibility data accumulated from these 601 clinical isolates of anaerobic bacteria indicate certain definite patterns that should be helpful in the selection of appropriate antibacterial therapy. With the possible exception of blood culture isolates, we do not think at this time that routine antibiotic susceptibility testing can be performed with the same facility and frequency as can be performed on the aerobic bacteria. Periodic testing, however, probably should be carried out to detect any significant changes in patterns of resistance that may develop. Data correlating results of disc-diffusion susceptibility testing with MIC would be helpful in simplifying the routine susceptibility testing of anaerobic bacteria.

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