

Activity-dependent, homeostatic regulation of neurotransmitter release from auditory nerve fibers

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Information processing in the brain requires reliable synaptic transmission. High reliability at specialized auditory nerve synapses in the cochlear nucleus results from many release sites (N), high probability of neurotransmitter release (P_r), and large quantal size (Q). However, high P_r also causes auditory nerve synapses to depress strongly when activated at normal rates for a prolonged period, which reduces fidelity. We studied how synapses are influenced by prolonged activity by exposing mice to constant, non-damaging noise and found that auditory nerve synapses changed to facilitating, reflecting low P_r . For mice returned to quiet, synapses recovered to normal depression, suggesting that these changes are a homeostatic response to activity. Two additional properties, Q and average excitatory postsynaptic current (EPSC) amplitude, were unaffected by noise rearing, suggesting that the number of release sites (N) must increase to compensate for decreased P_r . These changes in N and P_r were confirmed physiologically using the integration method. Furthermore, consistent with increased N , endbulbs in noise-reared animals had larger VGlut1-positive puncta, larger profiles in electron micrographs, and more release sites per profile. In current-clamp recordings, noise-reared BCs had greater spike fidelity even during high rates of synaptic activity. Thus, auditory nerve synapses regulate excitability through an activity-dependent, homeostatic mechanism, which could have major effects on all downstream processing. Our results also suggest that noise-exposed bushy cells would remain hyperexcitable for a period after returning to normal quiet conditions, which could have perceptual consequences.

homeostasis | release probability | cochlear nucleus

Synapses must be able to transmit information reliably over a range of activity levels. A critical factor in regulating this fidelity is the probability of neurotransmitter release (P_r). If P_r is too high, synapses may have high fidelity at low rates of activity, but they would strongly depress at high rates, which could reduce postsynaptic spiking. If P_r is too low, failure to release neurotransmitter could reduce fidelity.

Activity can influence synaptic properties through multiple mechanisms. One mechanism, homeostatic synaptic scaling, is an activity-dependent regulation of quantal size (Q) (1–3), which has recently been reported to occur in vivo (4, 5). One limitation is that changes in Q do not change the degree of synaptic depression. Furthermore, increases in Q could be limited by receptor number or density. In dissociated hippocampal cell cultures, activity-dependent changes in P_r have been observed (6–8). However, it is not known whether such changes in P_r occur in vivo in the intact brain. In addition, it is not clear how modulation of P_r could prevent depression without also causing large changes in the magnitude of the excitatory postsynaptic current (EPSC).

Fidelity is critical for auditory nerve (AN) synapses onto bushy cells (BCs) in the anteroventral cochlear nucleus (AVCN). AN fibers fire at rates up to 100 Hz spontaneously, and as high as 300 Hz when driven by sound (9–12). At these rates, AN synapses (called endbulbs of Held) show significant depression, which can lead to loss of spiking in BCs (13–18). It is therefore a question

how endbulbs transmit information when activity levels are high for extended periods, such as in noisy environments, or in AN fibers with high sensitivity, and whether there are activity-dependent processes that offset depression. Changes in the AVCN and its avian homolog nucleus magnocellularis are observed after such manipulations as extremely intense noise and cochlear or genetic ablation (19–25). However, these manipulations or their effects seem irreversible so it is difficult to assess whether the changes are homeostatic responses to low activity levels.

Here, we show that sound-driven activity regulates P_r in vivo in the auditory pathway at endbulbs. Endbulbs from animals reared in constant noise exhibited less depression and even facilitation. P_r recovered back to high after returning animals to normal sound conditions. We observed no change in Q , but rather a compensatory increase in the number of release sites, N . Furthermore, BCs from noise-reared animals had higher firing probability during high rates of fiber stimulation. Thus, activity seems to drive homeostatic changes in P_r and N at the first stage of the auditory pathway.

Results

Changes in P_r . To assess P_r , we recorded from BCs in whole-cell voltage clamp, isolated individual presynaptic AN fibers, and delivered pairs of stimuli with various intervals. A representative recording is shown in Fig. 1*A*, *Left*, with the endbulb showing typically strong depression at intervals up to 20 ms, reflecting high P_r . From these data, we calculated the paired-pulse ratio (PPR) by normalizing the amplitude of the second EPSC to the first (PPR = EPSC₂/EPSC₁) (Fig. 1*B*). PPR was below 1 at all interpulse intervals (Δt) (Fig. 1*B*, open circles). Similar results

Significance

Synapses with high probability of neurotransmitter release (P_r) depress during prolonged activity, which reduces the faithful transfer of information. Auditory nerve synapses onto bushy cells show particularly strong depression at physiologically relevant rates of activity, which raises the question of how bushy cells transmit information when sound levels are high for a prolonged period. After rearing mice in constant, non-damaging noise, auditory nerve synapses changed from high to low P_r , with a corresponding increase in the number of release sites, which increased spike fidelity during high activity. Neither quantal size nor average excitatory postsynaptic current changed. After returning to control conditions, P_r recovered to high. These changes seem to reflect a homeostatic response to enhance fidelity.

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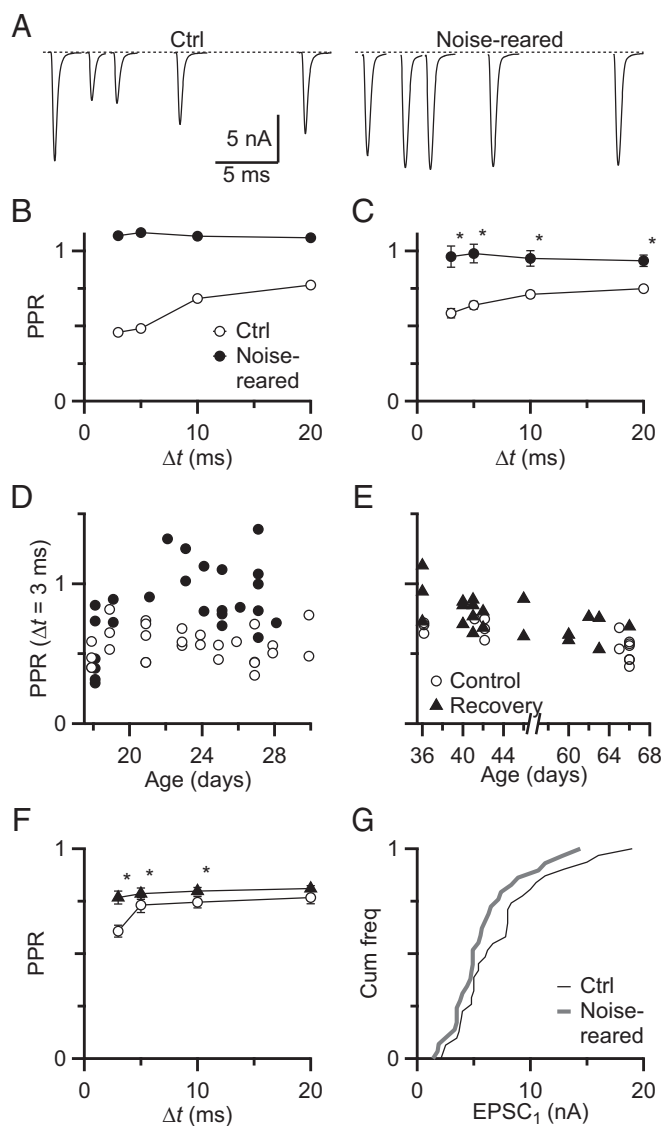


Fig. 1. Noise exposure lowers P_r at the endbulb of Held. AN fibers were stimulated with pairs of pulses of different inter-pulse intervals, $\Delta t = 3$ –20 ms. (A) Representative traces recorded from P26 BCs from control and noise-reared animals. In control conditions (Left), EPSCs show depression at all intervals whereas, after noise rearing (Right), EPSCs show no depression, but rather facilitation. (B) Paired-pulse ratio (PPR) for the representative experiments in A. (C) Average PPR for control ($n = 17$) and noise-reared ($n = 22$) in animals P21 or older. PPR differed significantly ($P < 0.005$) at all intervals whereas, after noise rearing (Right), EPSCs show no depression, but rather facilitation. (D) PPR for control ($n = 28$) and noise-reared ($n = 26$) at $\Delta t = 3$ ms as a function of age. Noise rearing commenced at P12. (E) PPR at $\Delta t = 3$ ms for control (open circles) and recovery (closed triangles) BCs. (F) Average PPR is slightly elevated over control after recovery (control $n = 15$; recovery $n = 20$, $P < 0.05$ for each interval). (G) Cumulative frequency of EPSC₁ amplitudes in BCs from control ($n = 34$) and noise-reared animals ($n = 22$). The amplitudes do not differ significantly ($P > 0.5$, Kolmogorov–Smirnov test). Averages in C and F and in subsequent figures are represented by the mean \pm the SEM.

were found in 28 cells in this study (Fig. 1C) and are consistent with previous recordings from BCs confirmed by cell filling (14).

We tested the impact of activity on P_r by exposing mice to constant noise beginning at postnatal day 12 (P12) and assessing P_r beginning at P18. The example endbulb in Fig. 1A, Right and B showed no depression, but rather facilitation for inter-pulse intervals from 3 to 20 ms. This PPR is well above the range observed under normal conditions. Recordings from a number of

BCs showed significant increases in PPR after noise rearing. We confirmed the cell identity using neurobiotin in the intracellular solution in some experiments (control $n = 12$, noise-reared $n = 13$) (Fig. S1), and cell structure seemed normal (26–32). PPR for $\Delta t = 3$ ms was 0.61 ± 0.04 in control ($n = 17$) whereas, after noise rearing, PPR was 0.93 ± 0.06 ($n = 22$), which is significantly higher ($P = 0.005$, Student's unpaired t test). PPRs at all intervals up to 20 ms were significantly higher ($P < 0.05$) (Fig. 1B and C). The increase in PPR was first observed around P22, during which time PPR is relatively stable in control synapses (Fig. 1D). An increase in PPR results from a decrease in P_r so these results suggest that activity plays an important role in setting P_r .

We next tested whether synapses were permanently altered by exposing mice to noise until P26, then allowing recovery in normal sound conditions for at least 2 wk. After restoration of a normal sound environment, the PPR eventually recovered to near normal levels (Fig. 1E) although it remained significantly higher than control at all intervals. For $\Delta t = 3$ ms, PPR after recovery was 0.767 ± 0.031 ($n = 20$), which was significantly higher than control BCs (PPR = 0.606 ± 0.028 , $n = 15$, $P < 0.05$, t test) (Fig. 1F). Thus, P_r decreased in noise and increased back near normal levels when normal sound conditions were restored, suggesting that changes in P_r are adaptive and depend on sensory experience.

We tested the effects of noise rearing on general auditory function using auditory brainstem responses (ABRs). There were no significant changes in either threshold or amplitudes of the individual ABR components (Fig. S2). We also assessed hair cell synapses onto auditory nerve afferents by counting CtBP2-immunopositive synaptic ribbons. There was no significant change after noise rearing in the number of ribbons per inner hair cell in base, middle, or apical regions of the basilar membrane (Fig. S3). There were also no noticeable changes in the positions of the synaptic ribbons. Thus, the levels of noise we used for these experiments did not cause any visible, permanent hearing loss or damage to the cochlea.

We also assessed how noise rearing affected the first EPSC (EPSC₁) in each pair. There were no significant changes in half-width (control, 0.43 ± 0.01 ms, $n = 34$; noise-reared, 0.42 ± 0.01 ms, $n = 22$, $P > 0.5$) or in decay τ (control, 0.186 ± 0.006 ms, $n = 34$; noise-reared, 0.174 ± 0.007 ms, $n = 22$, $P > 0.2$). These values fit well within the range that we have observed before (14). In addition, the distribution of EPSC₁ amplitudes was not significantly changed by noise rearing [$P > 0.5$, Kolmogorov–Smirnov (K–S) test] (Fig. 1G). This lack of change in EPSC₁ is surprising because, all else being equal, a decrease in P_r should cause a decrease in EPSC₁ amplitude. Therefore, it appears that other factors compensate for the decrease in P_r .

We first considered the quantal size (Q) because it can change homeostatically with activity (1). We recorded miniature EPSCs (mEPSCs) from BCs of control and noise-reared mice. The representative cells in Fig. 2A had similar mEPSC frequency (control = 6.4 events per s; noise-reared = 5.3 events per s), similar average mEPSC amplitude (control, 80 pA; noise-reared, 96 pA), and similar distributions of mEPSC amplitude (Fig. 2B). On average, noise-reared BCs were not significantly different from control in average mEPSC amplitude (control, 89 ± 5 pA, $n = 19$; noise-reared, 96 ± 6 pA, $n = 12$, $P = 0.30$, K–S test) (Fig. 2C) or frequency (control, 3.5 ± 0.32 /s, $n = 19$; noise-reared, 4.8 ± 0.75 /s, $n = 12$, $P = 0.37$, K–S test) (Fig. 2D). Thus, AN synapses did not show obvious homeostatic changes in Q with activity, indicating that another factor must compensate for the decrease in P_r , most likely the number of release sites, N .

To verify quantitative changes in P_r and N , we used the integration method (20, 33–35). Single AN inputs were stimulated with a long train (45 pulses, 100 Hz) (Fig. 2E) in the presence of 1 mM kynurenic acid to prevent AMPA receptor saturation and desensitization. The peak amplitudes of the evoked EPSCs were

$2.37 \pm 0.25 \mu\text{m}^2$, $n = 15$; $P < 0.05$, t test) (Fig. 3C). This increase in synaptic area is consistent with an increase in the number of release sites.

To gain a better understanding of the ultrastructural changes underlying the larger area in VGLUT-1 puncta, we examined electron micrographs. AN synapses from control animals resembled those described previously for the CBA/CaJ strain (30). Each section through an endbulb (a “profile”) displayed clusters of mitochondria, numerous large round synaptic vesicles, and curved, asymmetric postsynaptic densities (Fig. 3D and E). Extended extracellular spaces, mitochondrion adherens complexes, and puncta adherentia were sometimes observed in profiles. Glial sheaths surrounded the synaptic terminals. AN profiles from noise-reared animals seemed generally similar to control.

We quantified differences between quiet- and noise-reared mice ($n = 22$ profiles from control mice, and $n = 33$ profiles from noise-reared mice). Noise-reared mice had more postsynaptic densities (PSDs) per profile ($P < 0.05$, Fisher exact test) (Fig. 3F), larger profile cross-sectional areas (control, $1.23 \pm 0.14 \mu\text{m}^2$ vs. noise-reared, $2.59 \pm 0.32 \mu\text{m}^2$, $P < 0.001$, t test) (Fig. 3G), and larger form factors (area/perimeter, control, $0.19 \pm 0.01 \mu\text{m}$ vs. noise-reared, $0.27 \pm 0.02 \mu\text{m}$, t test, $P < 0.001$) (Fig. 3H). Thus, noise-reared endbulbs show clear changes in structure that are consistent with an increase in release site density.

Postsynaptic Effects. Sound-driven activity can influence postsynaptic excitability in other parts of the auditory pathway, such as the medial nucleus of the trapezoid body (41). We examined how noise rearing might influence the intrinsic properties of BCs in the AVCN. Representative responses to depolarizing current injection for control and noise-reared BCs are shown in Fig. 4. Spikes maintained the undershooting amplitude characteristic of BCs (Fig. 4A). There were small, but significant, shifts in peak of AP (control, -18.10 ± 2.06 mV, $n = 30$, vs. noise-reared, -22.61 ± 1.38 mV, $n = 32$, $P = 0.03$, t test) and threshold voltage (control, -42.49 ± 0.79 mV vs. noise-reared, -45.3 ± 0.77 mV, $P < 0.005$, t test) (Fig. 4B). Spikes in BCs from noise-reared animals had shorter half-width than control BCs (control, 0.76 ± 0.08 ms, $n = 15$ vs. noise-reared, 0.54 ± 0.05 ms, $n = 26$, $P = 0.03$). We saw no significant difference in the resting membrane potential (control, -56 ± 1 mV; noise-reared, -57 ± 0.5 mV, $P > 0.05$) between control and noise-reared BCs. We also saw no significant change in the input resistance (Fig. S4). The decrease in spike threshold, together with the speeding of the action potential and the decreased synaptic depression, might enhance the likelihood of BCs to respond more reliably during high rates of synaptic activity.

We tested these possibilities directly by doing fiber stimulation in current-clamp recordings. We activated AN fibers using trains of stimuli at different frequencies (100, 200, and 333 Hz). In control conditions, BCs fired reliably early in the trains of stimuli but failed to fire at later pulses, especially for the 333 Hz stimulation rate (Fig. 4C, Left), presumably because of synaptic depression. However, in noise-reared BCs, spiking was much more reliable for those later pulses (Fig. 4C, Right). When we quantified spike probability for pulses 11–20, it was much higher for noise-reared BCs at all frequencies tested (K–S test, $P < 0.05$) (Fig. 4D). We also quantified spike latency and jitter, but neither was affected significantly by noise rearing ($P > 0.1$) (Fig. S4). Thus, spike reliability increased greatly after noise rearing.

Discussion

We have found that sound-driven activity regulates the endbulb of Held by causing a decrease in P_r and an increase in N . These changes in P_r and N seem to be homeostatic, adaptive responses to noise exposure. The decrease in P_r reduces vesicle depletion during high rates of activity, and N increases to compensate, so that the initial EPSC remains of similar amplitude. We saw no changes in quantal size that would have been consistent with

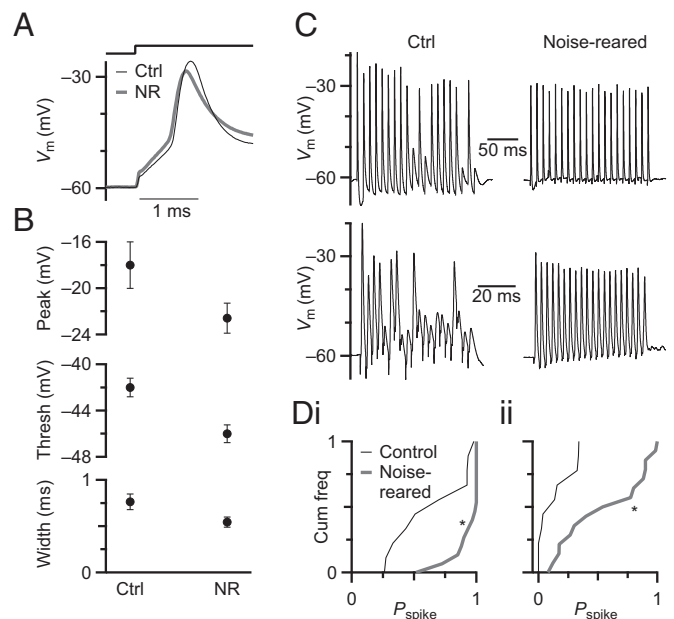


Fig. 4. Effects of noise rearing on spike generation and fidelity of BC spiking. (A) Representative current-clamp recordings in response to current pulses of 0.6 nA in control and noise-reared BCs. (B) Average measurements of 30 BCs from control and 32 BCs from noise-reared mice, showing significant decreases in action potential peak voltage (Top, $P = 0.03$), threshold voltage (Middle, $P < 0.005$), and spike half-width (Bottom, $P < 0.05$). (C) Representative traces showing responses to fiber stimulation at 100 (Top) and 333 Hz (Bottom) in BCs from control (Left) and noise-reared (Right) mice. (D) Cumulative frequency histogram of spike probability (P_{spike}) over the second half of the stimulation train (pulses 11–20), for experiments similar to C. P_{spike} increased significantly after noise rearing ($P < 0.05$, asterisks) for both 100 (i) and 333 (ii) Hz.

synaptic scaling. Recovery experiments suggest that endbulbs adapt their P_r and N to different sound conditions for at least several weeks after the onset of hearing. These changes seem functionally relevant because noise exposure increased the spiking probability in BCs even during high levels of activity. There could be consequences for auditory processing because the endbulb of Held is a critical gateway for auditory activity entering the brain.

Activity can influence a number of synaptic factors homeostatically. Changes in quantal size, Q , were identified in cultured cells (42, 43) and more recently in vivo (4, 5). In the auditory system, deafferentation or mutations that compromise hearing have been linked to changes in synaptic transmission and postsynaptic excitability (19, 21, 22, 25). In mutants of the synaptic protein Bassoon, auditory nerve activity decreased, endbulb Q and P_r both increased, and N decreased (25). In dn/dn mutants, which are deaf because of mutations in TMC1 (44), P_r increased, but neither Q nor N changed (21). These results seem largely to complement our observation that increased auditory activity led to decreased P_r and increased N although we observed no evidence of changes in Q , indicating that synaptic scaling may not be a universal mechanism. It is unclear why these changes differ in their details, but one possibility is that genetic manipulation had additional consequences. Excitability can also change through channel expression, phosphorylation, or localization (22, 41, 45). Similar changes likely also take place in BCs in response to noise exposure and could underlie the changes we saw in action potential duration and threshold. Activity in cultured hippocampal cells can also influence P_r (6) although the timescale of this phenomenon seems much faster than that in endbulbs, which retain the decrease in P_r over the course of many hours associated with slice preparation and recording. Furthermore, our findings indicated that

the change in P_r in endbulbs was accompanied by a compensatory change in N , and these changes can be recruited in vivo.

It is striking that the average initial EPSC did not change in amplitude even though P_r decreased considerably, indicating not only that N increased to compensate, but also that N increased by just the right amount. Similarly, the average mEPSC rate did not change. This rate is a function of both the number of release sites (i.e., N) and the tendency of each to release, which has been linked to P_r . Thus, these two aspects of synaptic transmission seem to be linked, despite their independent physiological basis. Further experiments will be required to determine whether they are regulated in tandem, or whether changes in one trigger changes in the other through a separate mechanism.

Our experiments reinforce the idea that P_r is not an inconsequential characteristic of synapses. On the contrary, it is tightly regulated so that different synapses show different levels of P_r , even for synapses formed by the same axon (46). Our results further indicate that P_r is regulated depending on the activity level. Even so, P_r can show considerable variability within a single population of synapses, including among auditory nerve fibers (47). The mechanism we have found may help to account for this natural variability: AN fibers with higher activity levels would have lower P_r than those with lower activity. Activity levels in different AN fibers are also highly variable, which correlates with sensitivity to sound (9, 48). We predict that these different classes of AN fiber also have different P_r in the AVCN. Indeed, AN fibers with similar activity levels (i.e., similar intensity sensitivity) seem to converge on the same BC (49). We showed previously that endbulbs that converge on the same BC have similar P_r (50), suggesting that ANs sort onto BCs in a very precise way, presumably to analyze different characteristics of sounds.

The functional consequences of the changes that we observed are dramatic. BCs from noise-reared animals had much higher spiking probability even during high rates of activation. It is interesting to consider possible changes in perception. Decreased P_r could permit sound-driven activity to survive depression at the endbulb, improving perception of sounds even in loud environments. However, when animals return to quiet conditions, activity levels that normally trigger depression and spike failure in quiet-reared animals would cause spikes after noise rearing. Similar increases in excitability have been associated with tinnitus (51–53), and hyperactivity has been seen in inferior colliculus (54), but the cellular origin of this hyperactivity is not clear. Similarly, auditory experience can influence response properties in primary

auditory cortex (55–58). Our results indicate that changes as early as the cochlear nucleus also happen and could contribute to the changes seen at higher levels.

It is unlikely that cochlear damage from noise exposure could account for our results. Cochlear damage may not affect ABR threshold, yet can be detected as changes in individual ABR peak amplitudes (59). We saw no changes in ABR threshold, individual ABR peaks, number of ribbons per hair cell, or synaptic ultrastructure after noise treatment. Furthermore, we saw recovery to normal levels of P_r after removing animals from noise. Thus, changes in P_r seem to be specific, adaptive changes in synaptic function in response to elevated levels of activity. Interestingly, we also found that noise exposure increased the spiking probability in BCs even during high levels of activity, which could have strong functional consequences for auditory perception when animals return to quiet conditions.

Materials and Methods

All procedures were approved by the University at Buffalo's Institutional Animal Care and Use Committee. Experiments used CBA/CAJ mice (The Jackson Laboratory) of either sex. Noise exposure was started at P12 (1.6–39 kHz frequency range, 90–94 dB) using a white noise generator (ACO Pacific 3025). Slices of AVCN were prepared at P18–P62, using methods described previously (60). Electrophysiological recordings were made at 34 °C. BCs were identified in voltage clamp by EPSCs with rapid decay kinetics ($\tau < 0.2$ ms) and half-width ≤ 0.5 ms (14), and in current clamp by their undershooting spikes (61). Individual AN fibers were stimulated using a microelectrode placed 30–50 μm away from the soma (A365, WPI). For VGLUT-1 immunohistochemistry, slices containing the AVCN were incubated with primary anti-VGLUT-1 antibodies (1:500; Invitrogen), followed by Texas-red-conjugated goat anti-rabbit secondary (1:200; Jackson ImmunoResearch Laboratories). For electron microscopy, thin sections were cut at 75–100 nm. AN synapses were recognized by characteristic large, round synaptic vesicles, clear cytoplasm, and identifiable postsynaptic densities. Ultrastructural features were measured using ImageJ. See *SI Materials and Methods* for more details.

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