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## **Protein phosphatase 1 regulatory subunit 12A and catalytic subunit** δ**, new members in the phosphatidylinositide 3 kinase insulin-signaling pathway**

**Thangiah Geetha**1,†, **Paul Langlais**1, **Michael Caruso**2, and **Zhengping Yi**1,2

<sup>1</sup>Center for Metabolic and Vascular Biology, Arizona State University, Tempe, Arizona 85287, USA

<sup>2</sup>Department of Pharmaceutical Sciences, Room 3146, Eugene Applebaum College of Pharmacy/ Health Sciences, Wayne State University, 259 Mack Avenue, Detroit, Michigan 48201, USA

## **Abstract**

Skeletal muscle insulin resistance is an early abnormality in individuals with metabolic syndrome and type 2 diabetes (T2D). Insulin receptor substrate-1 (IRS1) plays a key role in insulin signaling, the function of which is regulated by both phosphorylation and dephosphorylation of tyrosine and serine/threonine residues. Numerous studies have focused on kinases in IRS1 phosphorylation and insulin resistance; however, the mechanism for serine/threonine phosphatase action in insulin signaling is largely unknown. Recently, we identified protein phosphatase 1 (PP1) regulatory subunit 12A (PPP1R12A) as a novel endogenous insulin-stimulated interaction partner of IRS1 in L6 myotubes. The current study was undertaken to better understand PPP1R12A's role in insulin signaling. Insulin stimulation promoted an interaction between the IRS1/p85 complex and PPP1R12A; however, p85 and PPP1R12A did not interact independent of IRS1. Moreover, kinase inhibition experiments indicated that insulin-induced interaction between IRS1 and PPP1R12A was reduced by treatment with inhibitors of phosphatidylinositide 3 kinase, PDK1, Akt, and mTOR/raptor but not MAPK. Furthermore, a novel insulin-stimulated IRS1 interaction partner, PP1 catalytic subunit ( $PP1c\delta$ ), was identified, and its interaction with IRS1 was also disrupted by inhibitors of Akt and mTOR/raptor. These results indicate that PPP1R12A and PP1cδ are new members of the insulin-stimulated IRS1 signaling complex, and the interaction of PPP1R12A and PP1cδ with IRS1 is dependent on Akt and mTOR/raptor activation. These findings provide evidence for the involvement of a particular PP1 complex, PPP1R12A/PP1cδ, in insulin signaling and may lead to a better understanding of dysregulated IRS1 phosphorylation in insulin resistance and T2D.

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Correspondence should be addressed to: Z Yi at Department of Pharmaceutical Sciences, Wayne State University;

zhengping.yi@wayne.edu. †T Geetha is now at Department of Nutrition, Dietetics and Hospitality Management, Auburn University, Auburn, Alabama, USA **Declaration of interest**

The authors declare that there is no conflict of interest that could be perceived as prejudicing the impartiality of the research reported.

## **Introduction**

Insulin regulates a wide variety of biological processes, and defects in insulin signaling in skeletal muscle are considered to be one of the main causes for a large number of disease conditions, such as insulin resistance, metabolic syndrome, type 2 diabetes (T2D), cardiovascular diseases, and cancer (Bouzakri *et al*. 2005, Abdul-Ghani & DeFronzo 2010). The intracellular actions of insulin are mediated by posttranslational modifications of regulatory proteins (e.g. kinases and phosphatases), such as phosphorylation and dephosphorylation, through controlled protein–protein interactions. Two putative insulinsignaling pathways have emerged, the phosphatidylinositide 3 kinase (PI3K) and the MAPK-signaling pathways (Siddle 2011). Insulin receptor substrate-1 (IRS1) is a keystone mediator bridging insulin receptor (IR) activation to both the PI3K and MAPK insulinstimulated pathways (Valverde *et al*. 2001, Siddle 2011). IR-induced tyrosine phosphorylated IRS1 recruits p85 subunit of PI3K and leads to downstream activation of phosphoinositide-dependent kinase 1 (PDK1) and Akt. Activated Akt promotes GLUT4 translocation/glucose uptake through AS160, increases glycogen synthesis, and enhances protein synthesis through mammalian target of rapamycin (mTOR) bound to its regulatory protein, raptor (Siddle 2011). Moreover, IRS1 interacts with growth factor receptor binding protein 2 (GRB2), leading to MAPK activation and subsequent promotion of cell survival and mitogenesis (Valverde *et al*. 2001). A number of the downstream serine/threonine kinases, such as Akt, mTOR/raptor, ribosomal protein S6 kinase beta-1 (S6K1), glycogen synthase kinase 3 (GSK3), and MAPK, have been shown to phosphorylate IRS1 on serine/ threonine residues (Gual *et al*. 2005, Sun & Liu 2009, Siddle 2011). The majority of these phosphorylation events have been shown to act as negative feedback signals to attenuate insulin signaling; consequently, elevated serine/threonine phosphorylation (pS/T) of IRS1 is considered to be one of the main causes for insulin resistance and T2D (Gual *et al*. 2005, Sun & Liu 2009, Siddle 2011). Recently, we provided a relative global assessment of IRS1 phosphorylation *in vivo* in humans (Langlais *et al*. 2011): basal IRS1 Ser303 and Ser323 phosphorylation was increased in muscle biopsies from T2D patients, while Thr495 phosphorylation was decreased in T2D. Moreover, insulin increased IRS1 phosphorylation at Ser527, Ser531, Ser636, and Ser1101 while suppressed Ser348 and Thr446 phosphorylation in both insulin-sensitive and -resistant human participants. These results show that insulin can both stimulate and suppress IRS1  $pS/pT$  at specific sites in healthy humans and diabetic patients, suggesting that the activation of both kinases and phosphatases on IRS1 is needed for proper insulin signaling. However, the majority of research has been focused on IRS1 pS/pT kinases, and little is known about how serine/ threonine phosphatases act on IRS1.

In our previous work, we identified protein phosphatase 1 (PP1) regulatory subunit 12A (PPP1R12A) as a novel endogenous insulin-stimulated interaction partner of IRS1 in L6 myotubes (Geetha *et al*. 2011), an established insulin-responsive cell model. PPP1R12A, also known as myosin phosphatase target subunit 1 (MYPT1 or MBS), can bind to the catalytic subunit of PP1, PP1cδ, to modulate the specificity and activity of PP1cδ against its substrates (Matsumura & Hartshorne 2008, Grassie *et al*. 2011). PPP1R12A is widely expressed in many cell types and is highly expressed in smooth muscle cells (Matsumura &

Hartshorne 2008) as well as in mouse extensor digitorum longus muscle (EDL) and soleus muscles (Ryder *et al*. 2007). One function of PPP1R12A is to form a myosin phosphatase holoenzyme with  $PP1c\delta$  in smooth muscle cells, thus modulating the specificity and activity of PP1cδ against phosphorylated myosin, which regulates subsequent muscle contraction and cell migration (Ito *et al*. 2004, Okamoto *et al*. 2006, Matsumura & Hartshorne 2008, Grassie *et al*. 2011). In addition, several other proteins involved in different biological processes have been shown to interact with PPP1R12A, such as polo-like kinase 1, interleukin-16, and telokin, suggesting that PPP1R12A may be involved in various additional cell functions (Ito *et al*. 2004, Matsumura & Hartshorne 2008, Grassie *et al*. 2011).

In this study, we first immunoprecipitated PPP1R12A and western blotted for IRS1 to confirm the interaction between endogenous PPP1R12A and IRS1 in L6 myotubes. Then we employed kinase inhibitor experiments to assess whether PPP1R12A is involved in the PI3K or MAPK insulin signaling pathway.

## **Materials and Methods**

## **Antibodies and reagents**

Anti-PPP1R12A, anti-PP1c, and anti-p-ERK/MAPK were purchased from Santa Cruz Biotechnology; anti-IRS1 from Millipore, Temecula, CA, USA; and anti-p85 was obtained from Upstate, Temecula, CA, USA. Anti-pSer473 for Akt, anti-Akt, anti-p-Thr378 for p70S6K, anti-p70S6K, and anti-p44/42 MAPK antibodies were purchased from Cell Signaling Technologies, Beverly, MA, USA. Wortmannin, PD98059, and rapamycin were purchased from Sigma; OSU03012 from Cayman Chemical, Ann Arbor, MI, USA; and Akt inhibitor (Akti-1/2) from Calbiochem (Billerica, MA, USA). Anti-rabbit IgG and anti-mouse IgG-HRP-linked secondary antibody were ordered from GE Healthcare UK Ltd. (Chalfont St Giles, Buckinghamshire, UK) and ECL from PerkinElmer, Shelton, CT, USA. DMEM medium was purchased from Invitrogen. Bradford reagent and nitrocellulose membranes were ordered from Bio-Rad. Protein A sepharose beads and all other reagents were obtained from Sigma.

## **Cell culture**

The parental L6 cells were maintained in DMEM medium supplemented with 10% fetal bovine serum and penicillin/streptomycin in a humidified atmosphere containing  $5\%$   $CO<sub>2</sub>$ and 95% air at 37 °C. Cells were subcultured by trypsinization of subconfluent cultures using 0.25% trypsin. L6 myoblasts were seeded at a density of  $8 \times 10^5$  cells per 10 cm dish. For differentiation into myotubes, myoblasts were replaced with medium containing 2% fetal bovine serum and penicillin/streptomycin every 24 h for 7 days. The cells were deprived of serum in culture medium for 4 h at 37 °C before cell lysis.

#### **Immunoprecipitation and western blotting analysis**

L6 myotubes were stimulated with or without insulin (100 nM) for 15 min at 37 °C. The cells were lysed with 1 ml lysis buffer (50 mM HEPES (pH 7·6), 150 mM NaCl, 20 mM sodium pyrophosphate, 10 mM NaF, 20 mM beta-glycerophosphate, 1% Triton, 1 mM

Na3VO4, 1 mM phenylmethylsulfonyl fluoride, and 10 μg/ml leupeptin and aprotinin). Protein was estimated by Bradford procedure. Cell lysates (1 mg) were diluted in lysis buffer and incubated with 4 μg primary antibody. The immunoprecipitates were collected with protein A agarose beads overnight at 4 °C and then were washed three times with PBS. Samples were boiled in SDS–PAGE buffer and resolved on 7·5–10% SDS–PAGE, transferred onto nitrocellulose membranes, analyzed by western blotting with the appropriate antibodies, and the immune complex was detected by chemiluminescence.

## **Results**

#### **Insulin induces the interaction of IRS1 and p85 with PPP1R12A**

We previously reported that IRS1 interacts with PPP1R12A upon insulin stimulation by HPLC-ESI-MS/MS and confirmed the interaction by immunoprecipitating IRS1 and western blotting for PPP1R12A (Geetha *et al*. 2011). In the present work, we further confirmed the interaction by immunoprecipitating PPP1R12A and western blotting for IRS1. L6 myotubes were stimulated with or without 100 nM insulin for 15 min and immunoprecipitated with anti-PPP1R12A antibody followed by immunoblotting with antibodies specific to IRS1, PPP1R12A, and p85. The results indicate that the signal for interaction of IRS1 and p85 was enhanced upon insulin stimulation in the PPP1R12A immunoprecipitates (Fig. 1A) and clearly confirmed the insulin-stimulated association of PPP1R12A, IRS1, and p85. As it is well known that p85 is an insulin-stimulated IRS1 interaction partner, p85 might not bind to PPP1R12A directly and instead is co-immunoprecipitating with IRS1.

#### **p85 and PPP1R12A do not interact independent of IRS1**

The results from Fig. 1A suggest that insulin stimulates the formation of a complex between PPP1R12A, IRS1, and p85. To test whether p85 interacts with PPP1R12A directly, we used supernatants that were immunoprecipitated twice with anti-IRS1 antibody to deplete IRS1 from the sample. We then performed immunoprecipitation with the supernatants with either IRS1, PPP1R12A, or p85 antibody as indicated in Fig. 1B. As expected, IRS1 was substantially reduced in supernatants that were immunoprecipitated twice with anti-IRS1 (Fig. 1B, lanes 3–8). The interaction between PPP1R2A and p85 was abolished in the absence of IRS1 (Fig. 1B, lanes 5–8). Altogether, these findings reveal that IRS1, PPP1R12A, and p85 form a complex upon insulin stimulation, and p85 does not associate with PPP1R12A independent of IRS1.

#### **The interaction between PPP1R12A and IRS1 is dependent on PI3K activity**

As PI3K and MAPK are two major pathways in insulin signaling, we next wanted to explore whether PI3K or MAPK activity is required for the insulin-stimulated interaction of PPP1R12A with IRS1. L6 myotubes were pretreated with either 50 nM wortmannin, a PI3K inhibitor (Castillo *et al*. 2006, Codina *et al*. 2008), or 50 μM PD98059, a MAPK inhibitor (Coogan *et al*. 1999), for 1 h followed by insulin stimulation (100 nM) for 15 min. The interaction between PPP1R12A and IRS1 was examined by immunoprecipitating the lysates with an IRS1 antibody and western blotting with anti-IRS1, PPP1R12A, and p85 (Fig. 2A). Wortmannin disrupted the interaction between PPP1R12A and IRS1 whereas PD98059 treatment did not affect the PPP1R12A/IRS1 interaction. These results imply that activation

of PI3K, but not MAPK, is required for the insulin-induced interaction of PPP1R12A with IRS1. To ensure efficient insulin stimulation and either wortmannin or PD98059 inhibition of the PI3K and MAPK pathways, respectively, the whole cell lysates were probed for the phosphorylation of either Akt or MAPK (Fig. 2B). Treatment of either wortmannin or PD98059 attenuated but did not abolish insulin-stimulated phosphorylation of Akt and MAPK phosphorylation respectively.

#### **The activity of PDK1 is required for the interaction of PPP1R12A with IRS1**

As the interaction between PPP1R12A and IRS1 is dependent on PI3K activity, and the kinase PDK1 is downstream of PI3K, the next step was to analyze whether PDK1 activation is required for the PPP1R12A/IRS1 interaction. L6 myotubes were pretreated with a PDK1 inhibitor (10 μM of OSU03012) (Porchia *et al*. 2007) for 4 h after serum starvation followed by insulin stimulation. Cells were lysed and the PPP1R12A/IRS1 interaction was analyzed by immunoprecipitation with IRS1 antibody and western blotting with IRS1, PPP1R12A, or p85 antibody (Fig. 2C). The PDK1 inhibitor reduced the interaction between PPP1R12A and IRS1, indicating that PDK1 activation is required for the interaction between PPP1R12A and IRS1. In addition, the lysates were blotted for phosphor-Akt and Akt antibody to confirm the inhibitory effect of the PDK1 inhibitor, which attenuated the Akt phosphorylation at phospho-Ser473 (pS473) on insulin stimulation compared with the control lysates (Fig. 2D). It is noted that we did not perform the experiments regarding phospho-Thr308 (pT308), a well-known PDK1 phosphorylation site; however, based on the literature, it is most likely that Thr308 would show similar inhibition of phosphorylation as pS473 upon the treatment of OSU03012 (Lee *et al*. 2009). It has been shown that OSU03012 treatment decreased both pS473 and pT308 of Akt in human malignant schwannoma HMS-97 cells and primary human vestibular schwannoma cells (Lee *et al*. 2009).

## **Activation of Akt and mTOR/raptor is required for the insulin-stimulated interaction of PPP1R12A and PP1c**δ **with IRS1**

As described earlier, Akt is downstream of PDK1, and mTOR/raptor is downstream of Akt in the insulin signaling pathway. To identify whether the activation of Akt or mTOR/raptor is necessary for the insulin-stimulated interaction of PPP1R12A with IRS1, L6 myotubes were treated with 500 nM Akt inhibitor, Akti (Fazakerley *et al*. 2010), for 1 h or 50 nM mTOR inhibitor, rapamycin (Haruta *et al*. 2000), for 30 min, followed by insulin stimulation. IRS1 was immunoprecipitated followed by western blotting with anti-IRS1, PPP1R12A, and p85 (Fig. 3A). The interaction of PPP1R12A and IRS1 was blocked by both the Akt inhibitor and rapamycin, suggesting that Akt and mTOR/raptor activity is necessary for the interaction. To verify Akti and rapamycin inhibition of Akt and mTOR activity, the lysates were probed for the phosphorylation of Akt and the mTOR substrate p70S6K respectively (Fig. 3B). Phosphorylation of both Akt and p70S6K was diminished following inhibition compared with control. Akti has been shown to block both basal and insulinstimulated phosphorylation and activation of Akt in L6 myotubes (Fazakerley *et al*. 2010). Furthermore, we also western blotted for PP1cδ in the IRS1 immunoprecipitates and found that PP1cδ has an increased binding to IRS1 upon insulin stimulation (Fig. 3A). It is well known that PPP1R12A can bind to PP1cδ; therefore, it is likely that PP1cδ interact with

IRS1 indirectly through PPP1R12A. Nonetheless, this result provided Co-IP evidence that a catalytic subunit of a serine/threonine phosphatase may interact with IRS1.

## **Discussion**

Posttranslational modifications of proteins such as phosphorylation and dephosphorylation are known mechanisms that operate as a 'molecular switch' to either promote or diminish insulin signaling. Once the IR is activated and appropriate tyrosine residues of IRS1 are phosphorylated (Venable *et al*. 2000), IRS1 interacts with p85 and Grb2, which are affiliated with the PI3K and MAPK pathways, respectively, leading to the activation of a number of downstream kinases, such as Akt/PKB, mTOR, S6K1, GSK3, and MAPK. These downstream kinases can phosphorylate site-specific serine/threonine residues of IRS1, in which most of these phosphorylation events result in reduced insulin action (Gual *et al*. 2005, Sun & Liu 2009, Siddle 2011). Surprisingly, little is known about the role of serine/ threonine phosphatases in IRS1 phosphorylation and insulin-signaling transduction.

In the current study, we demonstrate a regulatory subunit and a catalytic subunit of a serine/ threonine phosphatase, PPP1R12A and PP1cδ, as new members of the insulin-signaling pathway in L6 myotubes. Insulin stimulation promotes an interaction between the IRS1/p85 complex and PPP1R12A; however, p85 and PPP1R12A do not interact independent of IRS1 (Fig. 1). Kinase inhibitor experiments suggest that insulin-stimulated interaction between PPP1R12A and IRS1 is contingent on the activation of PI3K, PDK1, Akt/PKB, and mTOR/ raptor (mTORC1) but not MAPK (Figs 2 and 3). In addition, insulin-stimulated interaction between PP1cδ and IRS1 is contingent on the activation of Akt/PKB and mTORC1 (Fig. 3). Whether the insulin-stimulated interaction between PPP1R12A/PP1cδ and IRS1 is mediated directly by mTORC1 and/or other downstream signaling molecules (e.g. S6K1) remains undetermined. The activation of mTORC1 for PPP1R12A and PP1cδ association with IRS1 suggests a positive regulatory feedback role involving mTOR's actions: protein synthesis, cell survival, cell differentiation, and increased transcription (Proud 2011). However, mTOR-dependent insulin-stimulated PPP1R12A/IRS1 interaction might extend to positive feedback for downstream molecules of IRS1, which may affect mitogenic and metabolic processes including glucose uptake and glycogen synthesis. It is possible that activated mTOR/raptor upon insulin stimulation activates PPP1R12A, enabling PPP1R12A to anchor PP1cδ to dephosphorylate IRS1. As discussed before, insulin may activate a number of serine/threonine kinases to phosphorylate IRS1, leading to reduced insulin action through IRS1. The main purpose of activation of the PPP1R12A/PP1cδ complex to dephosphorylate IRS1 may be to counterbalance the effect of insulin-activated serine/threonine kinases, resulting in balanced IRS1 pS/pT and proper insulin action through IRS1.

It is noted that even though the inhibitors of PI3K and PDK1 (wortmannin and OSU03012) did not completely abolish the phosphorylation of Akt (S473), it completely inhibited the association of PPP1R12A with IRS1. This indicates that the interaction between IRS1 and PPP1R12A is very sensitive to PI3K and PDK1 inhibition, and full activity of PI3K and PDK1 may be required for this interaction to occur. In addition, even though kinase inhibitors, such as wortmannin, have been used widely in studies of insulin signaling, they are problematic with regard to their specificity. Using only one kinase inhibitor might not be

sufficient to define the pathway dependency of PPP1R12A. Therefore, we performed inhibitor experiments following the classic PI3K pathway, namely PI3K, PDK1, Akt, and mTOR/raptor, and each inhibition disrupted the interaction between IRS1 and PPP1R12A, thus providing supporting evidence for each other.

On the other hand, these disruptions had little effect on the association of IRS1 with p85. One of the possible explanations is that wortmannin or OSU03012 inhibition will result in the inactivation of downstream serine/threonine kinases, such as Akt/PKB, mTOR, S6K1, GSK3, etc. As we discussed earlier, these kinases have been shown to be able to phosphorylate IRS1 on serine/threonine, which may lead to diminished IRS1/p85 association and reduced insulin signaling. Based on the results from the current study, we hypothesized that PPP1R12A might play a positive role in insulin signaling by anchoring PP1cδ to dephosphorylate IRS1 and counterbalance the effect of these serine/threonine kinases on IRS1. After wortmannin or OSU03012 inhibition, these downstream serine/ threonine kinases of PI3K and PDK1 may lose their negative effect on IRS1/p85 association, while PPP1R12A may lose its positive effect on IRS1/p85 association, resulting in little effect of wortmannin/OSU03012 inhibition on IRS1/p85 association. In addition, PPP1R12A might affect the activity or subcellular localization of the IRS1/PI3K complex or regulate other interacting proteins involved in the formation of this important insulinsensitive protein complex. We are currently in the process of performing experiments to test these hypotheses, such as lentiviral shRNA-mediated PPP1R12A knockdown in L6 myotubes that may provide additional evidence on whether PPP1R12A regulates the interaction between IRS1 and p85. Recently, we have reported that multiple phosphorylation sites in PPP1R12A were either stimulated or suppressed by insulin (Chao *et al*. 2012). The findings that insulin regulates both PPP1R12A phosphorylation and the interaction of PPP1R12A with IRS1 strongly implicate a role for PPP1R12A in insulin action.

Previous reports have shown that treatment of fat cells or 3T3-L1 adipocytes with okadaic acid increases serine phosphorylation of IRS1 and results in reduced insulin-stimulated IRS1 tyrosine phosphorylation (Tanti *et al*. 1994, Mothe & Van Obberghen 1996). However, it was not clear whether PP1 is the phosphatase acting on IRS1, as okadaic acid inhibits both PP1 and the protein phosphatase 2A (PP2A). Furthermore, four mammalian PP1 catalytic subunits PP1cα, PP1cβ (also called PP1cδ), PP1cγ1, and PP1cγ2, with more than 100 PP1 regulatory subunits (PP1R), have been identified (Virshup & Shenolikar 2009, Bollen *et al*. 2010). The interactions between PP1c and PP1R lead to the formation of numerous PP1 complexes with unique substrate specificity, distinct subcellular localization, and various regulatory mechanisms. The present work provides evidence for the involvement of a particular PP1 complex, PPP1R12A/PP1cδ, in the insulin-stimulated IRS1 signaling complex. These findings may lead to a better understanding of serine/threonine phosphatase regulation of IRS1 pS/pT and downstream insulin signaling.

To summarize the results from this study, we propose a model (Fig. 4) illustrating the presence of PPP1R12A/PP1cδ in the insulin-signaling pathway. Insulin stimulation leads to the activation of PI3K, PDK1, Akt, and mTOR/raptor. Meanwhile, insulin stimulation promotes an interaction between the IRS1/p85 complex and PPP1R12A (Fig. 1). In addition, inhibition of PI3K and PDK1 activity by wortmannin and OSU03012, respectively,

abolished the insulin-stimulated interaction between PPP1R12A and IRS1 (Fig. 2). Moreover, as shown in Fig. 3, pretreatment of the cells with Akti and rapamycin to deactivate Akt and mTOR/raptor resulted in diminished insulin-stimulated interaction between PPP1R12A/PP1cδ and IRS1. One possible purpose of the PPP1R12A/PP1cδ complex interaction with IRS1 is to dephosphorylate IRS1 and to counterbalance the effect of insulin-activated serine/threonine kinases, resulting in balanced IRS1 pS/pT and proper insulin action through IRS1. Dysfunctional PPP1R12A/PP1cδ complex may contribute to the development of insulin resistance and T2D. Future experiments will concentrate on the interaction between PPP1R12A/PP1cδ and IRS1 in both animal and human models, while protein overexpression and/or siRNA-mediated protein knockdown will be employed to assess PPP1R12A/PP1cδ in IRS1 dephosphorylation and insulin signaling within *in vitro*  insulin-signaling models, such as L6 myotubes. Elucidating the function of PPP1R12A/ PP1cδ in insulin action may provide novel insights into serine/threonine phosphatase regulation of IRS1 and downstream insulin signaling, facilitating the understanding of the role of phosphatases in insulin action in health and disease.

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#### **Figure 1.**

IRS1 and p85 regulatory subunit of PI3K interacts with PPP1R12A upon insulin stimulation. (A) L6 myotubes were serum starved for 4 h and stimulated with or without insulin (100 nM) for 15 min at 37 °C. The cells were lysed and 1 mg lysates was immunoprecipitated (IP) with normal IgG or PPP1R12A antibody and western blotted (WB) with IRS1, PPP1R12A, and p85. (B) The supernatant, after immunoprecipitating twice with IRS1 antibody, was further IP with antibodies specific to IRS1, PPP1R12A, or p85 subunit as indicated. The immunoprecipitates were WB with IRS1/PPP1R12A double antibody and p85. Lanes 1 and 2 were whole-cell lysates IP with anti-IRS1 as positive control. All experiments are representative of three separate experiments.



#### **Figure 2.**

The insulin-stimulated interaction of PPP1R12A and IRS1 was disrupted upon inhibition of PI3K and PDK1 activity. (A) L6 myotubes were pretreated with the PI3K inhibitor (50 nM wortmannin for 1 h) or MAPK inhibitor (50 μM PD98059 for 1 h) followed by insulin stimulation (100 nM) for 15 min. Co-interaction was examined by immunoprecipitating (IP) the lysates with IRS1 antibody and western blotting (WB) with anti-IRS1, PPP1R12A, and p85; (B) equivalent protein from cell lysates  $(30 \mu g)$  from the above was immunoblotted (WB) with phosphor-Akt antibody that recognizes the phosphorylation at serine 473, Akt, phosphor-MAPK, and MAPK antibody; (C) myotubes were treated with 10 μM OSU03012, a PDK1 inhibitor, for 4 h after serum starvation followed by 100 nM insulin stimulation for 15 min. Cells were lysed and immunoprecipitated with IRS1 antibody and immunoblotted with IRS1, PPP1R12A, and p85 antibody; (D) the cell lysates were western blotted (WB) with phosphor-Akt and Akt antibody. All experiments are representative of three separate experiments.



#### **Figure 3.**

Activity of Akt and mTOR/raptor is required for the insulin-stimulated interaction of PPP1R12A and PP1c $\delta$  with IRS1. (A) 500 nM of the Akt inhibitor, Akti, was added to the L6 myotubes for 1 h or 50 nM of the mTOR inhibitor, rapamycin, was added to the L6 myotubes for 30 min and followed by 100 nM insulin stimulation for 15 min. IRS1 was immunoprecipitated (IP) followed by western blotting (WB) with anti IRS1, PPP1R12A, and p85; (B) equal protein from cell lysates was immunoblotted with anti-phosphor-Akt, Akt, phosphor, and non-phospho-p70. All experiments are representative of three separate experiments.



#### **Figure 4.**

A model depicting PPP1R12A/PP1cδ in the insulin signaling pathway. Insulin stimulation leads to the activation of PI3K, PDK1, Akt, and mTOR/Raptor, as well as PPP1R12A. This leads to increased interaction between IRS-1 and PPP1R12A/PP1cδ and the ability of the PPP1R12A/PP1cδ complex to dephosphorylate IRS-1. The main purpose of activation of the PPP1R12A/PP1cδ complex to dephosphorylate IRS1 may be to counterbalance the effect of insulin-activated serine/threonine kinases, resulting in balanced IRS1 pS/pT and proper insulin action through IRS1.