Complement activation and expression during chronic relapsing experimental autoimmune encephalomyelitis in the Biozzi ABH mouse

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Summary

Chronic relapsing experimental autoimmune encephalomyelitis (crEAE) in mice recapitulates many of the clinical and histopathological features of human multiple sclerosis (MS), making it a preferred model for the disease. In both, adaptive immunity and anti-myelin T cells responses are thought to be important, while in MS a role for innate immunity and complement has emerged. Here we sought to test whether complement is activated in crEAE and important for disease. Disease was induced in Biozzi ABH mice that were terminated at different stages of the disease to assess complement activation and local complement expression in the central nervous system. Complement activation products were abundant in all spinal cord areas examined in acute disease during relapse and in the progressive phase, but were absent in early disease remission, despite significant residual clinical disease. Local expression of C1q and C3 was increased at all stages of disease, while C9 expression was increased only in acute disease; expression of the complement regulators CD55, complement receptor 1-related gene/protein y (Crry) and CD59a was reduced at all stages of the disease compared to naive controls. These data show that complement is activated in the central nervous system in the model and suggest that it is a suitable candidate for exploring whether anti-complement agents might be of benefit in MS.

Keywords: chronic relapsing, complement, experimental autoimmune encephalomyelitis (EAE), multiple sclerosis

Introduction

Multiple sclerosis (MS) is a chronic inflammatory disease of the central nervous system (CNS) characterized by demyelination, neurodegeneration and axonal loss, causing severe and progressive disability [1]. Although MS can manifest in a number of clinical forms, more than 80% of patients develop relapsing-remitting disease usually followed by a chronic progressive phase [2]. Current antiinflammatory or immunomodulatory treatments, while partially protective in the relapsing-remitting stage of the disease, have a limited or no effect on the development of neurodegeneration and disability [3-7]. Therefore, it is apparent that a successful treatment must target the inflammatory and neurodegenerative component of the disease. The complement system is a key component of innate immunity [8] and has been implicated in the pathogenesis of inflammatory [9-11] and neurodegenerative diseases

[12–16], indicating that complement may be a good target to slow, halt or reverse both processes. Notably, a role for complement in MS has been suggested based upon evidence that complement is activated and deposited in the MS brain [17–23], and it is a critical effector in the acute experimental autoimmune encephalomyelitis model of the disease [24–27]. However, the extent and nature of complement activation and its contribution to the progressive phase of the disease remain controversial and difficult to investigate in acute models that do not replicate the natural course of the human disease.

The chronic relapsing experimental autoimmune encephalomyelitis (crEAE) model in Biozzi ABH mice, induced by immunization with myelin proteins or syngeneic spinal cord homogenate, reproduces many of the clinical and pathological hallmarks of MS, including relapsing–remitting episodes with inflammatory-mediated demyelination and progressive disease with axonal and neuronal loss [28,29]. Roles of complement in this model have not been explored previously, limiting its usefulness in testing potential therapeutic approaches targeting complement. To address this gap we have explored roles of complement in the model. We first assessed whether Biozzi ABH mice have an intact and functional complement system, an important first step given the frequency of complement deficiency in inbred mouse strains [30,31]. We then performed a regional and temporal analysis of complement synthesis, deposition and activation in crEAE. Finally, we tested the effect of inhibition of classical pathway-driven complement activation on complement deposition and clinical disease in the acute phase. We found that complement activation and deposition of C3 fragments and membrane attack complex (MAC) occurred in the model and reflected the clinical course of the disease, absent in remission. Complement protein expression was generally up-regulated, while complement regulator expression was decreased in disease compared to naive controls. The data demonstrate that complement is activated in the acute, relapse and progressive phases and suggest that crEAE is a suitable model to test potential anti-complement approaches of relevance to MS.

Materials and methods

Mice

Biozzi ABH and C57BL/6 mice were bred in-house and kept in groups of four to six in cages at a temperature of 20°C on a 12 : 12-h light : dark cycle. They were allowed free access to food and water for the entire duration of the study and provided with wetted mash as necessary. Animals were monitored for microbiological status according to the Federation of European Laboratory Animal Science Associations (FELASA) recommendations. Experimental protocols relating to animal studies that conform with the Animal Research: Reporting of In Vivo Experiments (ARRIVE) guidelines have been reported previously [32], and complied with national and local guidelines for the care of experimental animals.

Haemolytic assay

Blood samples were collected from tail veins of five male and five female C57BL/6 and five male and five female Biozzi ABH mice and transferred immediately on ice. Serum was separated and stored at -80° C. Complement (C) haemolytic activity was assayed by standard haemolytic assays utilizing antibody-sensitized rabbit erythrocytes, as described previously [33]. The absorbance of supernatants was measured at 415 nm and percentage haemolysis calculated by standard methods [34].

Induction and scoring of crEAE

Disease was induced in 8-12-week-old female Biozzi ABH mice by subcutaneous injection into the flank of syngeneic spinal cord homogenate emulsified in complete Freund's adjuvant (Sigma-Aldrich, St Loius, MO, USA) on days 0 and 7, as described previously [28,32]. Each animal received 1 mg of spinal cord homogenate and 60 mg mycobacteria [Mycobacterium tuberculosis H37Ra, M. butyricum (4 : 1); Difco, BD Biosciences, San Jose, CA, USA] per injection. Body weight and clinical signs were assessed daily, as described previously [33,34], using the following scoring system: 0, normal; 1, loss of tail tone; 2, impaired righting reflex; 3, partial hind limb paralysis, with 1 limb affected; 4, complete hind limb paralysis, with both limbs affected; and 5, moribund. Remission from the active phase of disease was defined as the resolution of clinical paralysis, weight gain and stabilization of the neurological deficit [35-37]. Relapse was defined as an increase in clinical score of at least 1 point, together with development of paresis (typically score 3 or above) associated with weight loss [33]. Results are shown as the mean daily clinical scores ± standard error of the mean (s.e.m.) and mean maximum clinical scores; in some instances average scores were calculated for a given disease period, resulting in a measure of the length of time an animal had spent with active clinical disease.

Experimental groups and tissue processing

Spinal cords from naive control Biozzi ABH mice (n=7) and mice immunized with spinal cord homogenate were harvested at various times post-immunization (p.i.); 19 days p.i. (n = 9) corresponding to the initial acute paralytic attack; 28 days p.i. (n = 7) during the first remission; 35 days p.i. (n = 6) corresponding to the first relapse; and 75 days p.i. (n = 7) at the start of the progressive phase [32]. Mice were deeply anaesthetized then killed by transcardiac perfusion with phosphatebuffered saline (PBS); the spinal columns were excised and dissected into cervical, thoracic and lumbar regions, separately embedded in octreotide (OCT) on dry ice and stored at -80 °C for further immunohistological analysis. Four naive and four mice at acute disease stage were deeply anaesthetized then killed by transcardiac perfusion with PBS followed by perfusion with 4% paraformaldehyde; the spinal columns were excised and dissected into cervical, thoracic and lumbar regions, processed for embedding into paraffin for further in-situ hybridization analysis.

In-situ hybridization

Seven micron paraffin sections of naive (n=4) and acute crEAE (n=4) mouse spinal cords were mounted on Superfrost Plus glass slides (Knittel Glass,

Braunschweig, Germany). In-situ hybridization for C3 was performed using 5'fluorescein-labelled 19-mer antisense oligonucleotide containing locked nucleic acid (LNA) and 2'OME RNA moieties (C3: 5'-TucTccAccAcc-GuuTccC-3'); capitals indicate LNA, lower case indicates 2'OME RNA. The oligonucleotide was synthesized by Ribotask ApS (Odense, Denmark). Oligonucleotide [1 µM in hybridization mix; 4 M urea, 600 mM NaCl, 10 mM HEPES buffer, pH 7.5, 1 mM ethylenediamine tetracetic acid (EDTA), ×5 Denhardt's reagent] was incubated on 7 µm sections of paraffin-embedded materials at 55 °C for 60 min. After hybridization, tissue sections were washed consecutively for 5 min each with $\times 2$ saline sodium citrate (SSC), $\times 0.5$ SSC and ×0.2 SSC at 55 °C. The probes were detected using anti-fluorescein-Fab fragments coupled to alkaline phosphatase (1: 1000; Roche, Basel, Switzerland) for 1 h. The signal was visualized using the Vector blue AP substrate kit (Vector Laboratories, Burlingame, CA, USA). Mismatch anti-sense probes were used as negative controls. Tissue was photographed using a light microscope (Olympus BX41TF, Zoeterwoude, the Netherlands) and images processed with Cell D software (Olympus, Zoeterwoude, the Netherlands).

Immunohistochemistry

Transverse sections of frozen OCT-embedded spinal cords of 7 µm thickness were cut and fixed in cold acetone for 10 min. Endogenous peroxidases were blocked in 0.03% H₂O₂ in PBS, and non-specific binding sites were blocked with 10% normal goat serum (NGS) in PBS. Slides were then incubated with either 2 µg/ml monoclonal rat antimouse C3/C3b/iC3b/C3d (clone 11H9; Hycult Biotechnology, Uden, the Netherlands) or 2 µg/ml affinity purified polyclonal rabbit anti-rat C9/MAC (made in-house using standard immunization procedures) diluted in PBS containing 1% bovine serum albumin (BSA). Slides were washed, then incubated with the appropriate secondary (goat anti-rat or goat anti-rabbit biotinylated antibody; VectorLabs, Peterborough, UK) diluted 1: 200 in PBS/1% BSA, washed again and incubated with peroxidaselabelled polystreptavidin (Sigma-Aldrich, St Louis, MO, USA; 1: 400 in PBS/1% BSA). Sections incubated with secondary conjugate or isotype alone were included as negative controls. To visualize peroxidase activity, the slides were incubated in 3,3-diaminobenzidine tetrahydrochloride (DAB) (DAB Peroxidase Substrate Kit; Vector-Labs) followed by counterstaining with haematoxylin. Slides were dehydrated in a series of ascending concentrations of ethanol and mounted in Pertex (Histolab, Gothenburg, Sweden). Images were captured with a light microscope (Olympus BX41TF) and percentage of the area stained positive measured using the Cell D software (Olympus).

RNA isolation and quantitative polymerase chain reaction (PCR)

Total RNA was extracted from spinal cord using the GeneElute Mammalian Total RNA Miniprep kit (Sigma-Aldrich). cDNAs were synthesized using TaqMan reverse transcription reagents (Applied Biosystems, Warrington, UK). To quantify copies of the gene of interest, purified RNAs were reverse-transcribed and labelled with iQ SYBR Green Supermix (Bio-Rad, Hemel Hempstead, UK), then analysed on the Mini Opticon Taqman (Bio-Rad) using optimized primer pairs. To analyse the data, the comparative Ct method ($\Delta\Delta$ Ct) was used [38]. All PCR data were normalized to the expression of the housekeeping gene beta (β)-actin. At least two independent experiments were carried out in triplicate for each cDNA analysed.

Statistical analysis

Two-way analysis of variance (ANOVA) with Bonferroni correction was performed for the haemolytic assay. One-way ANOVA with Bonferroni correction was performed for quantification of the immunohistochemistry and for the quantitative PCR (qPCR) analysis of complement components and regulators. EAE scores were assessed using Mann–Whitney *U*-test statistics. Data were considered statistically significant when P < 0.05 at 95% confidence level.

Results

ABH mice have a functional C system

There were no data in the literature assessing complement activity in Biozzi ABH mice; given the known frequency of complement deficits in inbred mouse strains [30,31], it was considered critical to test the mice first. Male and female mice were assessed separately because complement levels in females are low compared to males in several mouse strains. In male mice, serum haemolytic activity in Biozzi ABH was identical to that in C57BL/6 mice, known to have robust complement activity (Fig. 1a); in female mice, haemolytic activity in Biozzi ABH serum showed lytic activity but at levels around 50% of C57BL/ 6 serum (Fig. 1b). Despite this reduced level of haemolytic complement, female mice were chosen for testing in the model because of better disease reproducibility in published studies.

ABH mice develop relapsing-remitting progressive disease

Female Biozzi ABH mice immunized with spinal cord homogenate showed a clinical course similar to that reported previously [39] (Fig. 2). The first clinical signs of disease were seen on day 12 post-immunization (p.i.).



Fig. 1. Complement haemolytic activity. Serum complement haemolytic activity in male (a) and female (b) Biozzi ABH mice. Antibodysensitized rabbit erythrocytes were incubated with dilutions of serum from Biozzi ABH (squares) or C57/Bl6 (round) mice (n = 5 per group) and haemolytic activity was measured. Classical pathway activity was reduced to about 40–60% in females Biozzi ABH serum compared to female C57/Bl6 serum, whereas the serum complement haemolytic activity of Biozzi ABH male mice did not differ from that of C57/Bl6 males. The asterisks (*) indicate statistically significant differences determined by two-way analysis of variance (ANOVA).

By day 13, disease had reached an average clinical score of 3 (partial hind limb paralysis), plateaued with scores above 3 until day 19, then recovered rapidly with clinical score reaching close to 1 by day 24 and remaining in remission up to day 32. Relapse was rapid, with the average score exceeding 3.5 on day 33 and peaking close to 4 on day 35. Disease then settled into a progressive picture with an average score of around 3 for the remainder of the experiment. Weight loss mirrored clinical disease, dropping to around 83% of initial weight at day 15 in the acute phase, then slowly recovering, only to fall again at the onset of relapse (Fig. 2).

C is activated during acute, relapsing and progressive phases of crEAE

C3 fragment deposition was absent or trace in naive Biozzi ABH mice and during disease remission but was strong in all cord areas sampled at the acute, relapsing and progressive disease stages (Fig. 3). C3 fragment staining was present in similar amounts within white and grey matter at all stages. Staining for MAC deposition as a measure of terminal pathway complement activation was completely absent in naive mice and in disease remission, but was detected in all spinal cord regions in acute disease (white matter



Fig. 2. Clinical course of relapsing–progressive experimental autoimmune encephalomyelitis (EAE). The relapsing–progressive EAE course in Biozzi ABH mice is illustrated by the average clinical disease scores (black line, left axis). There is near-complete recovery (remission) from clinical signs after the acute stage. Following an induced relapse, animals enter a chronic plateau disease phase (progressive) from which recovery from paralysis (clinical score of 3 or higher) does not occur. Weight loss is observed at the beginning of the acute phase and at the stage of induced relapse in this model (grey bars, right axis).



Fig. 3. C3 deposition in relapsing–progressive experimental autoimmune encephalomyelitis (EAE). (a–i) Representative immunohistochemical stainings in spinal cord sections from naive and chronic relapsing experimental autoimmune encephalomyelitis (crEAE) mice, showing C3 staining in meninges, white matter (e,f) and grey matter (h,i) during acute and disease progressive disease. Spinal cords from naive mice were negative for C3 (a,d,g). (j) Quantification of C3 (clone 11H9) immunostaining in cross-sections of cervical, thoracic and lumbar spinal cord regions from naive mice and during acute, remitting, relapsing and progressive disease stages of crEAE. Values are expressed as mean \pm standard deviation. The asterisks (*) indicate statistically significant differences determined by one-way analysis of variance (ANOVA) ($P \le 0.05$).



Fig. 4. Membrane attack complex (MAC) deposition in relapsing–progressive experimental autoimmune encephalomyelitis (EAE). (a–i) Representative immunohistochemical stainings in spinal cord sections from naive and chronic relapsing experimental autoimmune encephalomyelitis (crEAE) mice, showing MAC staining in meninges and white matter during acute disease (e), whereas abundant MAC staining localizes in grey matter (i) during progressive disease. Spinal cords from naive mice were negative for MAC (a,d,g). (j) Quantification of MAC immunostaining in cross-sections of cervical, thoracic and lumbar spinal cord regions from naive mice and during acute, remitting, relapsing and progressive disease stages of crEAE. Values are expressed as mean \pm standard deviation. The asterisks (*) indicate statistically significant differences determined by one-way analysis of variance (ANOVA) ($P \le 0.05$).

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Fig. 5. Complement expression in relapsing–progressive experimental autoimmune encephalomyelitis (EAE). Relative mRNA expression of C components C1q (a), C3 (b) and C9 (c) and regulators decay-accelerating factor (DAF) (d), complement receptor 1-related gene/protein y (Crry) (e) and CD59 (f) in spinal cord of naive Biozzi ABH mice and during the acute, remitting, relapsing and progressive phases of chronic relapsing experimental autoimmune encephalomyelitis (crEAE). Values are normalized to the expression of β -actin and given as percentage (means \pm standard deviation) of naive control levels. The asterisks (*) indicate statistically significant differences determined by one-way analysis of variance (ANOVA).



Fig. 6. C3 is produced locally by neurones in chronic relapsing experimental autoimmune encephalomyelitis (crEAE). *In-situ* hybridization for C3 mRNA on spinal cords from naive mice (a, representative of four mice) and crEAE mice at acute stage of disease (b, representative of four mice), showing the C3 mRNA signal (in blue) in neurones (arrows and zoom), as inferred by the morphology and large nuclei. Note the light blue staining in neurones of naive mouse spinal cord (zoom A), whereas a strong blue staining is detected in the cytoplasm of neurones in the spinal cord of crEAE mice at acute stage of disease (zoom B). Images are taken at equivalent spinal cord locations of naive and crEAE mice. The central canal is indicated by the asterisk (*). Scale bar A and B, 200 µm; zoom A and B, 50 µm.

predominant), progressive disease (grey matter predominant) and relapse (equally distributed in white and grey matter) (Fig. 4).

Altered expression of C components and regulators during crEAE

Expression of C components C1q, C3 and C9, and C regulators decay-accelerating factor (DAF), complement receptor 1-related gene/protein y (Crry) and CD59 were assessed by quantitative PCR in RNA from spinal cords sampled at all disease stages (Fig. 5). C1q and C3 expression was elevated significantly at all disease stages compared to naive controls, while C9 expression was elevated in acute disease but reduced significantly at all other disease stages compared to controls (Fig. 5 a–c). Expression of DAF was reduced significantly compared to controls at all disease stages (Fig. 5d); Crry expression was reduced significantly at all stages of disease, except in acute disease (Fig. 5e); CD59 expression was reduced significantly at all disease stages in relapsing and progressive stages (Fig. 5f).

To test which cells produce the C components which were found to be up-regulated in the mouse spinal cord by quantitative PCR, we performed *in-situ* hybridization for C3 mRNA, the key central component of the C system (Fig. 6). C3 message was up-regulated in neurones in the spinal cords of mice in the acute stage of crEAE compared to naive controls, proving evidence for local synthesis of C3 by neurones during disease.

Discussion

Chronic relapsing EAE is considered to be a T cell-driven disease that mirrors many of the clinical and pathological

features of MS [40]. However, it is now clear that multiple immune effectors, including complement and other innate systems, play important roles in the propagation of disease in MS and represent a potential target for therapy [41]. To understand the relevance of crEAE to MS it is therefore necessary to explore the contribution of complement activation to disease in the model. Disease was induced using established protocols and reproduced the temporal evolution of early clinical relapses into a progressive disease stage, mimicking key clinical features of MS, as reported previously [29,39,42]. Complement activation and expression assessed in spinal cord at different stages in its course showed that complement activation, demonstrated by staining for C3 activation products and the MAC, occurs in all cord regions during acute, relapse and progressive disease but is virtually absent in the brief remission phase. The lack of evidence of ongoing complement activation in remission despite residual clinical disease was remarkable; indeed, in other models and MS tissues it has been suggested that complement activation products, particularly C3 fragments, remain detectable long after the clinical disease has resolved [19,20]. These data suggest, first, that complement activation is diminished markedly in remission, and secondly, that complement activation products are cleared rapidly from the CNS. Reduced complement activation could be caused by removal of the initiating trigger, decreased availability of complement proteins or increased availability of complement regulatory components; to test the latter two possibilities, expression of complement components C1q, C3 and C9 as well as regulators of the C3 convertase (DAF, Crry) and the MAC (CD59a) in spinal cord at different disease stages was measured. Expression of C1q and C3 was increased at all stages of disease, including during remission, while C9 expression was

elevated in acute disease but reduced significantly at all other disease stages; in-situ hybridization showed that for the most abundant component, C3, essential for all complement pathways, increased C3 mRNA expression at the acute stage of crEAE was localized in neurones, proving evidence of an intrinsic immune response within the CNS compartment. In addition, expression of DAF, Crry and CD59a was decreased in remission and generally at all stages of disease; these data make it unlikely that decreased availability of components or increased availability of complement regulators was responsible for the observed decrease in complement deposition in remission. The precise drivers of complement activation in crEAE are unclear; anti-myelin autoantibodies have been described in the model, although their pathological relevance was questioned [43]. We have detected anti-myelin protein antibodies as early as day 10 post-disease initiation (data not shown) and in preliminary experiments have tested whether the regulator of the antibody-triggered classical pathway impacts upon disease in the model; initial results suggest little impact in acute disease. Regardless of the mode of activation, complement C3 fragment and MAC deposition was seen. Clearance of C3 fragments and MAC involves a combination of complement regulators, receptors and phagocytic cells. Microglia are present and activated in acute and chronic stages of crEAE and are known to express C3 fragment receptors that can drive opsonic clearance; it is possible that efficient removal of complement deposits contributes to the development of remission.

Our data demonstrate that complement is activated abundantly and through to completion in the crEAE model at key stages of the disease. There is an urgent need to further explore pathways to complement activation and test the effects of inhibition using different agents. The initial phase of EAE is typically inflammatory, driven by T cell activity and induces limited destruction of myelin and nerves [28,36]. Once antibody responses are formed they can contribute to damage via complement-mediated mechanisms [44]. Therefore it will also be important to assess the role of complement at different disease stages in order to fully ascertain the value of this model as a test bed for anti-complement approaches to therapy of MS.

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Disclosures

The authors have no competing interests to declare.

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