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# BRACHYTHERAPY DOSIMETRY SPECIAL FEATURE: REVIEW ARTICLE

# In vivo dosimetry: trends and prospects for brachytherapy

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# ABSTRACT

The error types during brachytherapy (BT) treatments and their occurrence rates are not well known. The limited knowledge is partly attributed to the lack of independent verification systems of the treatment progression in the clinical workflow routine. Within the field of in vivo dosimetry (IVD), it is established that real-time IVD can provide efficient error detection and treatment verification. However, it is also recognized that widespread implementations are hampered by the lack of available high-accuracy IVD systems that are straightforward for the clinical staff to use. This article highlights the capabilities of the state-of-the-art IVD technology in the context of error detection and quality assurance (QA) and discusses related prospects of the latest developments within the field. The article emphasizes the main challenges responsible for the limited practice of IVD and provides descriptions on how they can be overcome. Finally, the article suggests a framework for collaborations between BT clinics that implemented IVD on a routine basis and postulates that such collaborations could improve BT QA measures and the knowledge about BT error types and their occurrence rates.

Modern brachytherapy (BT) is increasingly based on remote afterloading [for high-dose-rate (HDR) BT], the use of three-dimensional (3D) imaging and treatment planning systems (TPSs). These developments have reduced manual procedures, which are well known to be the most frequent source of errors in radiotherapy  $(RT)$ .<sup>1-[4](#page-12-0)</sup> However, BT still typically involves more manual procedures during catheter/ applicator insertion, treatment planning and treatment delivery than does external beam RT (EBRT). Also, treatment delivery verification is less advanced in BT than in EBRT. Therefore, BT may be more prone to errors than is EBRT.

The implementation of 3D imaging in BT has moved the field into an era of improved implant geometry and more frequent use of individualized adaptive approaches via dose optimization. With increased conformality of dose to target, the reliability and precision of dose delivery has become even more important. Furthermore, the availability of 3D dose distributions has substantially improved the understanding of the relation between dose and clinical effects, which allows for improved possibilities to navigate treatments according to certain dose constraints in the balancing and prioritization between the target and organ-at-risk (OAR) doses. As a result,

the accuracy of delivered dose is becoming increasingly important for optimal employments of target dose escalation and OAR dose minimization protocols. In particular, for patients with target and/or OAR doses close to constraint values, the clinical consequences of dose uncertainties are more pronounced, hence it is crucial to be able to control the accuracy of dose delivery.<sup>[5](#page-12-0)</sup> Future treatment delivery verification should therefore address detection of both errors and variations with the aim to improve the overall accuracy of treatment delivery. This needs to be put in context of high dose gradients present in BT treatments that make accurate dose measurements and treatment deliveries challenging, since even small geometric uncertainties or errors may result in large dose discrepancies from the original treatment plan. Such discrepancies may lead to insufficient dose delivered to the target and/or increased OAR doses.

Treatment errors in  $BT^{1-3}$  are categorized into human errors (e.g. incorrectly specified source strength, erroneously connected source transfer guide tubes and gross applicator reconstruction errors) or malfunctions of the equipment (e.g. defective afterloader stepping motor and

flaws in the control software). The types of errors during BT treatments and their occurrence rates are not well known. Existing channels of information regarding errors during RT include dedicated databases<sup>[6](#page-12-0)–[9](#page-12-0)</sup> and published reports.<sup>1–[3,10](#page-12-0)</sup> However, since RT clinics are not necessarily subject to policies that require public reporting in case of detected treatment errors, it is likely that a substantial portion of occurred incidences are left unknown to the RT community. Furthermore, it is common that BT treatments are not monitored with control methods that are independent from the treatment delivery systems, hence it is possible that errors remain undetected during the entire multifraction treatment course.

The recent Vision 20/20 article regarding in vivo dosimetry  $(IVD)$ ,<sup>[11](#page-12-0)</sup> argues that IVD provides an effective method of independent treatment verification that leads to an improved patient safety during BT. The article discusses limitations of existing safety and quality assurance (QA) measures and outlines ways in which real-time IVD can aid error detection and QA. The article also establishes that state-of-the-art IVD technology offers various possibilities for high-precision real-time dose rate monitoring during BT treatments and furthermore describes existing error detection methods and their potential role in the clinical workflow.

Despite several advantages, widespread use of the state-of-the-art IVD during BT treatments is limited. IVD is used mostly in research and development of new technologies. Occasional IVD feasibility studies have also been conducted in some clinics.<sup>[12](#page-12-0)–[24](#page-12-0)</sup> However, routine implementations of IVD for error detection monitoring and QA of the BT treatments is yet to come. One reason for this may be that the cost vs benefit relation of IVD is not established and that robust IVD systems that do not leave a significant footprint on the treatment workflow are not commercially available. As a consequence, the occurrence rates and dosimetric impact of different treatment errors are largely unknown and so is the extent of effectiveness of existing safety and QA measures.

The aim of this article is to highlight the capabilities of the stateof-the-art IVD technology and describe how they can be implemented in the clinic. The main limitations of current IVD systems and potential solutions are discussed. This article also suggests the role that IVD systems may play in safety and QA procedures, in order to obtain improved knowledge about different sources of uncertainty during BT treatments, treatment error types and their occurrence rates. The focus of this article is on real-time dosimetry, given the capacity for online monitoring of BT treatments and the superior error detection efficiency compared with passive dosimetry.<sup>[14,17](#page-12-0),[22,25](#page-12-0)</sup>

# UNCERTAINTIES, ERRORS AND THE NEED FOR IN VIVO DOSIMETRY

## Uncertainties during brachytherapy

Uncertainty analyses occupy a substantial portion of the literature and cover various aspects of BT treatment workflow. Uncertainties related to treatment planning arise partly from source calibration uncertainties $^{26}$  $^{26}$  $^{26}$  and imperfections of the dose calculation protocols. Present TPSs incorporate the American Association of Physicists in Medicine Task Group (TG)-43 dose calculation protocol, $27$  which assumes that a patient is made of water and disregards tissue heterogeneities and intersource dose attenuation. In addition, present TPSs are subject to uncertainties related to source parameters and the implementation of dose calculation protocols. $26,27$  $26,27$  $26,27$  Treatment planning uncertainties are further enhanced by interobserver variability in the volumetric delineation of clinical targets and OARs $^{28-30}$  $^{28-30}$  $^{28-30}$  and by systematic effects of source positioning and applicator reconstructions. $31-37$  $31-37$ Shortcomings of the TG-43 dose calculation protocol<sup>27</sup> are targeted by developments of model-based dose calculation methods, which is in contrast to the TG-43 account for tissue heterogeneities and individualized patient anatomy.<sup>38,39</sup>

Although dosimetric uncertainties in BT have been well described, there has been a limited overview of how the impact of clinical uncertainties related to, for example, contouring, treatment planning and organ movements affect the treatment outcome. However, recently, a number of investigations have been published, which improve the possibilities to describe BT uncertainty budgets that encompass the entire treatment workflow from source cali-bration to treatment delivery.<sup>5[,40](#page-13-0)</sup> These investigations point towards the importance of geometric variations induced by organ and applicator movements, $41$  which complicate and potentially compromise accumulated dose calculations in the organs. Interand intrafraction deformations of prostate, bladder and rectum have been studied, $42-46$  $42-46$  and the dosimetric impact owing to more general anatomical variations has been evaluated in a multicentre comparison of cervix BT.<sup>[41](#page-13-0)</sup> Organ-applicator movements occurring between patient imaging and treatment delivery stages have been identified as a major source of uncertainty $33,47-53$  $33,47-53$  and their impact further analysed.<sup>54-[57](#page-13-0)</sup> In cervical cancer BT, inter- and intrafraction uncertainties owing to organ movements and deformations account for 20–25% of the  $D_{2cm3}$  parameter (minimum dose to the most irradiated  $2 \text{ cm}^3$ ) per fraction and is the most essential component in the uncertainty budget for OARs.<sup>5</sup>

#### Errors during brachytherapy

The knowledge about BT treatment errors comes from published reports<sup>1-[3,10](#page-12-0)</sup> and databases, such as  $ROSIS<sub>7</sub><sup>7</sup> SAFRON<sup>8,9</sup>$  $ROSIS<sub>7</sub><sup>7</sup> SAFRON<sup>8,9</sup>$  $ROSIS<sub>7</sub><sup>7</sup> SAFRON<sup>8,9</sup>$  and  $ACCIRAD$ , and is limited to the information that clinics are willing and able to share. As demonstrated through phantom and computer-simulated error scenarios, $14,17,21,25$  several of the reported BT error types could have been detected with real-time IVD, for example, for the reported case of an HDR unit malfunction, where the BT source had broken loose from the guide wire and remained inside the patient.<sup>[10](#page-12-0)</sup> If real-time IVD was more frequently implemented in the clinical workflow routine, in addition to consensus recommendations for image-guided  $BT_3^{36,37,58,59}$  $BT_3^{36,37,58,59}$  $BT_3^{36,37,58,59}$  $BT_3^{36,37,58,59}$  $BT_3^{36,37,58,59}$  $BT_3^{36,37,58,59}$  $BT_3^{36,37,58,59}$  our knowledge about BT errors and their occurrence rates could improve, provided the reporting is open and honest.

# REAL-TIME IN VIVO DOSIMETRY TODAY AND CURRENT CHALLENGES

#### Dosimetry technology

Summaries of dosimetry technology that have been used for BT during *in vivo* and phantom measurements are provided by Tanderup et al,<sup>[11](#page-12-0)</sup> Cygler et al<sup>[60](#page-14-0)</sup> and Baltas et al.<sup>[61](#page-14-0)</sup> This section introduces dosimetry technology that is suitable for real-time IVD in BT and is incorporated in recent developments (see Prospects for *in vivo* dosimetry section).

#### Semiconductor dosimetry

Semiconductor dosimetry in BT, as in EBRT, is based on diodes and metal-oxide-semiconductor-field-effect-transistor (MOS-FET) detectors. Diodes have been incorporated for IVD during  $BT<sub>12,13,62-64</sub>$  $BT<sub>12,13,62-64</sub>$  $BT<sub>12,13,62-64</sub>$  $BT<sub>12,13,62-64</sub>$  $BT<sub>12,13,62-64</sub>$  $BT<sub>12,13,62-64</sub>$  in the bladder (3-mm outer probe diameter) and/ or rectum (7-mm outer probe diameter) manufactured by PTW Fruiberg, Freiberg, Germany. Compared with diode-based dosemeters, the MOSFET detector is a relatively new dosemeter technology in RT. MOSFET detectors are based on miniature n- or ptype silicon devices with small dosimetric sensitive volumes, of submicron thickness. The small sensitive volume allows for dosimetry in steep dose gradients as well as cases of electronic disequilibrium, which are common conditions in BT. It also allows for the construction of small dosemeter probes with approximately 1.3-mm outer diameters that can fit inside small catheters in or near the tumour region, and therefore facilitates IVD inside ure-thral catheters<sup>[15](#page-12-0),[46](#page-13-0)[,65](#page-14-0)–[67](#page-14-0)</sup> and inside nasopharyngeal applicators.<sup>[68](#page-14-0)</sup>

Common disadvantages of semiconductor dosemeters are temperature and energy dependences in radiation fields. Diodes are also subject to a significant directional dependence and MOS-FETs to a rather limited lifetime.

The temperature dependence of diodes has been reported to range between  $0\% K^{-1}$  and  $0.6\% K^{-1}$ . [12](#page-12-0),[69](#page-14-0),[70](#page-14-0) Temperature instability in MOSFETs can be compensated electronically by using a readout current corresponding to the thermostable point<sup>71</sup> or a dual-MOSFET-dual-bias device, as realized in the Best Medical Canada (Ottawa, Ontario) commercial MOSFET.<sup>[72](#page-14-0)</sup> However, some MOSFET arrays may still exhibit temperature dependence as was reported by Bloemen-van Gurp et al<sup>65</sup> who observed an increase of 0.6%  $K^{-1}$  for temperatures between 20 and 37 °C.

Energy dependence in semiconductor devices can be minimized by calibration of the detectors in a reference radiation field of a similar energy as used in patient measurements. Comparisons between MOSFET responses and reference dose rates obtained with Monte Carlo simulations were made for <sup>192</sup>Ir source irradiation in water at various angles and radial distances from the point of interest.<sup>[73](#page-14-0)</sup> If an energy correction coefficient was applied, the results agreed within 5%, which corresponded to experimental uncertainties. Reniers et  $al<sup>22</sup>$  measured the variation of the MOSFET response with distance and used a linear fit through the measurements as an energy correction factor.

#### Fibre-coupled dosimetry

Fibre-coupled dosemeter probes are composed of a detector that is coupled to a fibre optic cable. The detector emits light in proportion to the absorbed dose in the detector volume. Fibrecoupled dosimetry for BT sources has been performed with detectors composed of organic scintillation materials,<sup>17,19[,74](#page-14-0)</sup> aluminium oxide crystals  $(Al_2O_3:C)^{14,75}$  $(Al_2O_3:C)^{14,75}$  $(Al_2O_3:C)^{14,75}$  $(Al_2O_3:C)^{14,75}$  $(Al_2O_3:C)^{14,75}$  and  $Ce^{3+}$  doped  $SiO_2$ .<sup>[76](#page-14-0)</sup> The small (1 mm) outer diameter of the dosemeter probes and their flexibility allows for IVD, e.g. in urethra<sup>19</sup> and BT needles.<sup>14</sup>

The main disadvantages of fibre-coupled dosemeters are temperature dependence and the stem signal. The stem signal corresponds to irradiation-induced emission of fluorescence and Cerenkov light in the fibre optic cable and is a significant source of background when the source irradiates near the fibre optic cable and relatively far from the detector. The stem signal can be suppressed efficiently using a chromatic removal technique, originally developed for fibre-coupled scintillator dosimetry for EBRT by Fontbonne et al, $^{77}$  $^{77}$  $^{77}$  which has been adapted for BT with scintillator<sup>78</sup> and Al<sub>2</sub>O<sub>3</sub>:C dosimetry.<sup>[79](#page-14-0)</sup>

Recently, Beddar<sup>[80](#page-14-0)</sup> pointed to new evidence for temperature dependence of plastic scintillator sensitivity. The results were confirmed in two other studies,  $81,82$  which demonstrated that the response decreases linearly with increasing temperatures. The studies revealed that the responses of blue BCF-12 and green BCF-60 scintillators from Saint Gobain, Paris France, decreased with temperature by  $0.05\%$  K<sup>-1</sup> or  $0.09\%$  K<sup>-1</sup> and 0.55%  $K^{-1}$  or 0.50%  $K^{-1}$ , respectively. The studies also showed that the stem signal was not significantly temperature dependent. Edmund and Andersen $83$  showed that the Al<sub>2</sub>O<sub>3</sub>:C radioluminescence response decreases by 0.2% $K^{-1}$ , and by contrast, Carrara et al<sup>[76](#page-14-0)</sup> showed that the Ce<sup>3+</sup> doped SiO<sub>2</sub> response increases by  $0.2\%$  K<sup>-1</sup>.

Whereas scintillation and  $Ce^{3+}$  doped  $SiO<sub>2</sub>$  detectors do not exhibit energy dependence for high-energy BT sources,  $Al_2O_3$ :C dosemeter probes have shown some energy-response artefacts.<sup>[75](#page-14-0)</sup> Monte Carlo simulations performed by Andersen et  $al^{75}$  $al^{75}$  $al^{75}$  demonstrated that a dosemeter probe placed inside a stainless steel BT needle would over-respond with respect to water with magnitudes depending on the source-to-detector distance at an approximately constant rate.

## Important challenges for in vivo dosimetry

Widespread implementation of high-precision IVD systems in the clinical routine is limited by the potential introduction of added risks and discomfort to the patient as well as the extra workload and potential interference with the existing clinical workflow. The extra workload is linked to dosemeter calibration, reconstruction of dosemeter position in patient images, and placement and securing of dosemeter probe etc. The accepted extra workload depends on the user. One clinic may consider a daily 20-min dosemeter calibration routine acceptable, whereas another would require a maximum 5-min investment for all IVD-related stages. Also, BT clinics would most likely require that the implementation of the IVD system did not reduce or disturb the focus on patient care.

A common problem in IVD is the poor knowledge of the exact dosemeter position. For instance, discrepancies  $>$  30% between measured and expected dose rates have been observed during  $\text{IND}^{14,19,21,62,63}$  $\text{IND}^{14,19,21,62,63}$  $\text{IND}^{14,19,21,62,63}$  $\text{IND}^{14,19,21,62,63}$  $\text{IND}^{14,19,21,62,63}$  $\text{IND}^{14,19,21,62,63}$  $\text{IND}^{14,19,21,62,63}$  and have been attributed to poor correspondence between the dosemeter position during the patient image acquisition and that during the treatment delivery owing to patient movements during the transfer between imaging and treatment locations.<sup>[19](#page-12-0),[21](#page-12-0)[,63](#page-14-0)</sup> Since BT dose distributions are characterized by steep gradients, the uncertainties in the detector position may generate substantial dose uncertainties. Positional uncertainties  $\leq 1.5$  mm for the dosemeter and individual source positions are required in order to be able to detect source dis-placement errors of 5 mm.<sup>[25](#page-12-0)</sup> However, with some substandard image quality and potential geometric variations in the anatomy,

it is not trivial to achieve positional uncertainties better than 1.5 mm during IVD measurements. As a result, IVD implementations must incorporate unrestrictive error criteria in order to avoid false alarms, which in turn allows only for the detection of gross errors of  $>50\%$  and can lead to situations where smaller errors are undetected and may cause harm to the patient.

Compromised dosemeter positions, where the position during the treatment delivery did not correspond to that acquired from patient images, have been indicated during IVD in the ure-thra,<sup>[12,19](#page-12-0)</sup> the rectum,<sup>[12](#page-12-0),[13](#page-12-0)[,62](#page-14-0),[63,84](#page-14-0)</sup> and source applicators.<sup>[14,21](#page-12-0)</sup> Compromised dosemeter positions may be caused by erroneous reconstructions owing to poor image quality and/or by dosemeter shifts from their initial placement with respect to the adjacent tissue, for example, owing to patient movements during transport between locations. Such dosemeter shifts are difficult to model and can result in too optimistic uncertainty budgets. In addition, compromised dosemeter positions make it difficult, if not impossible, to relate measured dose rates with planned dose rate calculations. As a result, false error alarms may be generated if comparisons between measured and planned dose rates rely on a static a priori reconstruction of the dosemeter position. IVD would therefore provide only limited warranty for a treatment termination unless risks of such false errors are eliminated.

The extra workload and potential interference with the clinical workflow are linked to manual procedures of the IVD implementation and the lack of automated dosimetry procedures. For instance, most in vivo measurements require a manual insertion of the dosemeter probe into source applicators or catheters placed in OARs. Although the dosemeter placement procedures may be straightforward, they may require preparations by the doctor in the operating theatre,  $14,21$  $14,21$  $14,21$  and thus reduce the dissemination of IVD in BT.

In order to learn more about errors that occur during BT treatments and their rates, IVD systems must be implemented more commonly in the clinical routine, and they must be able to provide highly accurate comparisons between measured and expected dose rates to improve their sensitivity to smaller errors. The main challenge is therefore to develop IVD systems that are both accurate and leave a negligible footprint in the clinical workflow. Such IVD systems should also provide well-known energy responses if the dosemeter is placed near a boundary of heterogeneity in the medium or if the dose field is perturbed significantly by medium heterogeneities.

## ERROR DETECTION CRITERIA

Errors during BT result in discrepancies between the planned and delivered treatments. The errors may occur when source positions and/or dwell times deviate from those in the treatment plan and result in erroneous dose rate distributions in the target and OARs. Although patient images can be used to detect independent movements between target/OARs and source appli-cators,<sup>[51](#page-13-0)</sup> further source position error types, in addition to dwell time errors, may be detected with real-time dosimetry, as will be described in the Future directions section. This section will therefore discuss error detection mainly by means of time resolved dosimetry.

Real-time dosemeters can translate measured dose rates into source-to-detector distances (see Source localization and realtime applicator reconstruction section), hence real-time IVD may monitor treatment parameters that can be derived from timeresolved dose rates and source positioning, e.g. source dwell times, source coordinates and dose rates at the dosemeter position.

Furthermore, positioning technology (see Detector positioning technology section) provides time-resolved spatial coordinates of the dosemeter probe, which allows for real-time monitoring of geometric changes in the anatomy during the treatment delivery.

The BT source coordinates and dwell times defined in the treatment plan and the coordinates of the dosemeter probe can be used to calculate expected dose rates and derived treatment parameter values. Measured parameter values may be treated as surrogates for the treatment delivery, hence the integrity of the planned treatment may be evaluated based on comparisons between the expected and measured parameter values. Therefore, discrepancies between measured and expected treatment parameters may serve as a surrogate for discrepancies between the planned and delivered treatments.

An error criterion for BT defines the level of discrepancy between measured and expected treatment parameters that is required in order to declare a treatment error. This section discusses different error criteria that could be adapted for IVD during BT.

# Fixed discrepancy criterion

Errors may be declared if monitored treatment parameters, for example, measured dose rates or source positions, differ from expected values by a pre-defined fixed discrepancy level. Such fixed discrepancy criteria have been implemented during patient measurements and phantom experiments.<sup>[12](#page-12-0),[17](#page-12-0)</sup> Waldhäusl et al<sup>12</sup> performed IVD in the rectum and bladder during intracavitary BT and compared measured and expected doses calculated based on image reconstructed distances between the source applicators and dosemeter probe positions and the dwell times defined in the treatment plan. The BT treatments were investigated in detail if measured and expected doses differed by  $>10\%$ . Therriault-Proulx et al<sup>[17](#page-12-0)</sup> simulated real-time IVD in the rectal wall and urethra during phantom experiments of HDR BT treatment plans where positioning errors were imposed. The numbers of true and false errors detected were investigated for individual source dwell positions for fixed discrepancy criteria between 3% and 20%.

## Statistical discrepancy criterion

For statistically based discrepancy criteria, the discrepancy between measured and expected treatment parameter values is expressed in terms of all known sources of uncertainty, for example, the number of measured and calculated standard uncertainties added in quadrature. The dominating source of uncertainty in BT is the positional uncertainty,  $\frac{14,25}{14,25}$  $\frac{14,25}{14,25}$  $\frac{14,25}{14,25}$  $\frac{14,25}{14,25}$  $\frac{14,25}{14,25}$  which depends on the source-todetector distance, and should therefore not be excluded from the uncertainty budget.

Andersen et al $^{14}$  $^{14}$  $^{14}$  performed real-time IVD in the tumour region during interstitial pulsed dose rate (PDR) BT for cervical cancer

and compared measured dose rates with calculations based on the treatment plan. The comparison was based on the statistical discrepancy criterion, which declared a treatment error if the dose rate difference was  $>$  2.58 standard deviations, which corresponded to a p-value of 0.01. Similar concepts have been implemented during phantom measurements.<sup>[14](#page-12-0),[18,22](#page-12-0),[25](#page-12-0)[,85](#page-14-0)</sup> Nakano et al<sup>[86](#page-14-0)</sup> adapted statistically based discrepancy criteria during phantom experiments using HDR BT sources, where the discrepancy was based on measured and expected source coordinates rather than on dose rates.

## Treatment progression snapshots

The integrity of the planned treatment could be assessed after an initial portion of the treatment progression by comparing the level of agreement between monitored and planned treatment parameter values.

This error detection technique was proposed by Sheikh-Bagheri and Munro $87$  who monitored the BT source position during HDR treatments using X-ray fluoroscopy with a C-arm. A treatment error would be declared if the source position in the fluoroscopy image snapshot would not agree with the treatment plan. The same error detection principle for source localization has also been suggested for a pinhole camera, [88](#page-14-0) an array of fibre-coupled scintillators<sup>[20](#page-12-0)</sup> and imaging with  $^{192}$ Ir photons.<sup>[89](#page-14-0)</sup>

## Optimal error detection criterion

In BT, the relative magnitudes of measurement and positional uncertainties depend on the source-to-detector distance.<sup>[14](#page-12-0)</sup> For instance, dose rate uncertainties for individual source dwell positions may range between 3% and 26% in a single treatment plan owing to the impact of the positional uncertainties for the source and dosemeter probe.<sup>[25](#page-12-0)</sup> Fixed discrepancy criteria would declare an error whenever the discrepancy between measured and expected treatment parameter values exceed the pre-defined limit, *e.g.* 10%. As stated, $^{25}$  $^{25}$  $^{25}$  such an error criterion is more susceptible to false-positive error declarations when the sourceto-detector distance is small and where the uncertainties are potentially  $>10\%$  and to false-negative error declarations when the distance is large and the uncertainties are potentially  $<$ 10%. As a result, statistical discrepancy criteria provide more confidence in the error declaration for IVD during BT than do fixed discrepancy criteria.

Error criteria based on treatment progression snapshots would be able to detect potential treatment errors that have occurred up to the instance of monitoring and would not be sensitive to errors that could occur at a later stage during treatment. Realtime IVD can monitor the agreement between measured and planned parameter values, hence statistical discrepancy criteria would be more suitable for BT than would treatment progression snapshots.

Treatment errors could be declared if too large doses were measured at International Commision on Radiation Units and Measurements (ICRU) reporting rectal and bladder points. $90,91$ For instance, a statistical discrepancy criterion could be defined in order to monitor the dose at reporting points. However, dose estimates at ICRU reporting points have been shown to be

unreliable given practical difficulties to position the dosemeter probe accurately in the steep dose gradient regions.<sup>[12,](#page-12-0)[92,93](#page-15-0)</sup> A further argument against error criteria based on dose rates at ICRU reporting points is that modern BT is adapting volumetric dosimetry during treatment planning.<sup>[94](#page-15-0),[95](#page-15-0)</sup>

# PROSPECTS FOR IN VIVO DOSIMETRY

Recent developments have improved the precision and capabilities of dosimetry technology (see Novel dosimetry technology section) and also provided partial solutions to the main challenges in IVD (see Some solutions to main challenges section). They also provide important contributions to the efforts in bringing accurate and user friendly IVD systems to the clinic, with the aim towards widespread IVD implementations and a better knowledge about error types and their rates in BT.

### Novel dosimetry technology Multipoint dosemeters

State-of-the-art single-point real-time dosemeters are abundant and play an important role for IVD during BT given their favourable characteristics, including small diameters and small detector volumes.<sup>[11](#page-12-0)</sup> However, dosemeter probes with several point detectors arranged in a line or surface arrays are becoming more common. One advantage with detector arrays is that one dosemeter probe alone allows for simultaneous dose rate measurements at several spatial points. Additionally, dose rate measurements at several points allow for real-time source localization (see Source localization and real-time applicator reconstruction section).

Recently developed linear arrays of MOSFET and plastic scintillator detectors with small outer diameters (approximately 1 mm) are an improvement on the former diode arrays, for example, by PTW Freiburg, which has a 7-mm diameter that limits the possible dosimetery sites to large cavities, e.g. rectum.

The extension of plastic scintillation dosimetry from one to multiple scintillating elements per optical probe was made possible with a mathematical formalism introduced by Archambault et al,  $\frac{96}{9}$  $\frac{96}{9}$  $\frac{96}{9}$  which allows for optical separation of the different light emitting elements that compose the total optical signal. A multipoint plastic scintillation detector (mPSD) using three scintillator elements [\(Figure 1\)](#page-5-0) measures dose rates in water with high accuracies, as demonstrated by Therriault-Proulx et al<sup>[97](#page-15-0)</sup> for a 6-MV external photon beam and for a  $^{192}$ Ir HDR BT source. $^{18}$  A weighting function that accounts for the difference in signal-to-noise ratio between multiple measurement points was tested for BT source irradiations at source-todetector radial distances  $(r)$  from 1 to 5 cm and for a range over 10 cm along the longitudinal axis  $(z)$ . The measurements demonstrated a reliable way to improve the error detection capacity of the mPSD.

A line array, including five microMOSFET detectors [\(Figure 2\)](#page-5-0) has recently been realized for the radiation positioning system (RADPOS), in order to allow for simultaneous real-time do-simetry at five spatial points.<sup>[46,](#page-13-0)[98](#page-15-0)</sup> The RADPOS probe is 1.3 mm in diameter and can fit inside a Foley catheter or in an

<span id="page-5-0"></span>Figure 1. Illustration of a multipoint plastic scintillation detector system composed of three different types of scintillators (Scint) that were used for phantom experiments with a <sup>192</sup>Ir high-dose-rate brachytherapy source.<sup>[18](#page-12-0)</sup> Reproduced from Therriault-Proulx et al<sup>[18](#page-12-0)</sup> with permission from the American Association of Physicists in Medicine.



interstitial catheter. The probe incorporates a positioning sensor (see Detector positioning technology section) and a radio-opaque marker, both of which are visible on radiographs and aid probe localization procedures based on patient images. The probe has been used *in vivo* during permanent prostate implant BT by Cherpak et al.<sup>[46](#page-13-0)</sup> Next improvements to the RADPOS should address further miniaturization of the RADPOS probe.

Cartwright et al<sup>20</sup> developed a plastic endorectal applicator made of 16 individual plastic scintillator BrachyFOD™ detectors forming a two-dimensional array along the surface of the applicator. The applicator also incorporated radio-opaque markers to facilitate dosemeter reconstruction based on radiographs.

This kind of rigid applicator provides a displacement between the rectum and target regions and allows for simultaneous real-time dosimetry at 16 measurement points located at a submillimetre distance from the rectal wall. In-phantom measurements demonstrated accurate dose rate mapping along the rectal wall for a moving 192Ir HDR BT source.

#### Detector positioning technology

Real-time dosimetry combined with time-resolved monitoring of the dosemeter probe position is possible with the RADPOS dosemeter (Figure 2).<sup>[46,](#page-13-0)[98](#page-15-0)</sup> The computer-controlled system combines multipoint real-time dosimetry with an electromagnetic positioning device and includes a software program that allows sampling of position and dose rates either manually or automatically in user-defined time intervals. The position coordinates of the detector are determined by monitoring the response of the motion sensor to a pulsed 3D magnetic field generated by a 3D-Guidance™ DC magnetic field transmitter (Ascension Technology Corporation; Burlington, VT). The transmitted magnetic field is measured by the detector located in the RADPOS probe with a frequency of up to 20 Hz. A specially developed algorithm converts the measurements into  $x$ ,  $y$  and  $z$ coordinates of the detector as well as the azimuth, elevation and roll angles of rotation. Numerical data as well as graphical

display are available with the software and can be viewed on the host computer.

## Source localization and real-time applicator reconstruction

Time-resolved source localization methods have been developed for the localization of moving sources and BT seeds by means of real-time dosimetry technology,<sup>[13,18,20](#page-12-0)[,86](#page-14-0),[99](#page-15-0)</sup> spectroscopy,<sup>[24](#page-12-0)</sup> electronic portal imaging devices, $\frac{100}{100}$  $\frac{100}{100}$  $\frac{100}{100}$  2D diode arrays<sup>101</sup> and pinhole cameras[.88](#page-14-0)[,102](#page-15-0)–[104](#page-15-0) These methods are mainly used for BT QA protocols, although some of them have also been implemented for real-time IVD probes during phantom experiments.

Source localization algorithms adapted for BT have been based on triangulation,<sup>[101](#page-15-0)</sup> multiparametric fit techniques,<sup>[105](#page-15-0)</sup> least square fitting,<sup>[13](#page-12-0),[24](#page-12-0)[,99](#page-15-0)</sup> weighted dosemeter outputs,<sup>18</sup> iterative techniques,<sup>[20](#page-12-0)</sup> fitted functions of the detector reading with re-spect to the source-to-detector distance,<sup>[86](#page-14-0)</sup> fitting of Lorentz class functions to measured dose profiles<sup>100</sup> and specific image re-construction techniques for pinhole cameras.<sup>[88](#page-14-0)</sup> Nakano et al,<sup>[99](#page-15-0)</sup> demonstrated that the redundancy of dosimetry points increases the source localization accuracy.

3D localization of a moving <sup>192</sup>Ir HDR BT source was performed in a water phantom by Therriault-Proulx et  $al^{18}$  with single-fibre three-point mPSD (see Novel dosimetry technology section) and an algorithm based on the weighted dosemeter light outputs of the individual scintillator elements. The parallel dosemeter probe and source catheters were positioned from 1 to 5 cm in the radial direction, and the source dwelled at positions along the longitudinal detector axis. The source localization accuracy was better than 1 and 2 mm for 69% and 87% of the dwell positions, respectively. Furthermore, the mPSD measured the uncertainty of the source position in the longitudinal direction

Figure 2. Radiation positioning system detector composed of five micrometal-oxide-semiconductor-field-effect-transistor (MOSFET) radiation detectors, one electromagnetic positioning sensor and a radio-opaque marker that has been used in vivo during permanent prostate implant brachytherapy.<sup>[46](#page-13-0)</sup> Reproduced from Cherpak et al<sup>46</sup> with permission from Elsevier.



to be  $0.32 \pm 0.06$  mm in the fixed water phantom geometry, leading to the conclusion that 0.5-mm lower limit of source localization accuracy should be expected when using this technique in vivo.

Source localization techniques have been employed mainly for BT QA protocols; $24,88,101-104$  $24,88,101-104$  $24,88,101-104$  $24,88,101-104$  $24,88,101-104$  however, they have an interesting potential for IVD implementations in BT with the state-of-theart dosimetry technology and should therefore be further investigated. For instance, Nakano et  $al^{86,99}$  $al^{86,99}$  $al^{86,99}$  have suggested methods for backscatter and tissue heterogeneity corrections using multiple dosemeter points, which could be relevant if the dosemeter probe had been calibrated under irradiation conditions significantly different from the in vivo scenario.

Palvolgy $i^{106,107}$  $i^{106,107}$  $i^{106,107}$  used multiparametric fit techniques<sup>[105](#page-15-0)</sup> to develop methods to reconstruct intracavitary and interstitial applicators. The techniques were based on pre-determined applicator template files and specific reference points of the applicators (e.g. tandem tip and needle base) identified with C-arm radiographs. The same techniques could be employed for source applicator reconstructions if source localization coordinates in individual applicators acquired with real-time IVD were used as applicator reference points. Therefore, IVD could potentially provide an independent verification of target–applicator reconstruction uncertainties in the treatment planning.

## Some solutions to main challenges

Developments of tools and methods that increase the possibilities to perform routine and precise IVD have been sparsely represented in the literature and do not cover all aspects of the clinical workflow. Some solutions to important challenges (see Important challenges for in vivo dosimetry section) are described in this section and suggestions for further developments are provided.

## Dosemeter placement tools

Independent dosemeter shifts with respect to the organ within which it was initially positioned may be avoided with proper implementation tools that stabilize the dosemeter position and assure that it remains unchanged with respect to the closest tissue in spite of patient transfers between locations, $108,109$  vaginal packing and/or source applicator clamping devices,<sup>47–[49](#page-13-0),[52](#page-13-0)</sup> potential patient posture changes<sup>[108](#page-15-0)</sup> and OAR deformations.<sup>[42,43,49](#page-13-0)</sup> If the tools assure a stable dosemeter position, further patient images and dosemeter reconstructions are not required, hence a less resourcedemanding implementation of IVD can be provided.

One solution is to embed single-point dosemeters at the surface of endorectal balloons (Figure 3) [Rosenfeld A, University of Wollongong, 2014, personal communication<sup>[[110,111](#page-15-0)</sup>] The balloons both immobilize the prostate during the treatment and allow for real-time IVD at well-defined points near the rectal wall. The dose rate to the rectal wall can be monitored in real time and compared with the expected dose rates from the TPS based on CT image data sets.

Hardcastle et  $al<sup>110</sup>$  performed real-time rectal wall dosimetry during hypothetical prostate intensity-modulated radiotherapy

Figure 3. Top: RadiaDyne rectal balloon with dual-MOSkin™ detectors embedded on the top and bottom of the balloon. Bottom: slice of the CT scan showing needles in prostate and rectum with a rectal balloon with a posterior dual-MOSkin visible on a CT scan (white dot indicated with the arrow). The anterior dual-MOSkin is not visible in that 0.8-mm CT slice.



(IMRT) treatments in a phantom using dual face-to-face MOSkins™ (Centre of Medical Radiation Physics, Wollongong, NSW) embedded within the lining of RadiaDyne (RadiaDyne, Houston, TX) endorectal balloon. The measurements revealed that anterior rectal wall doses were 2.6% and 3.2% lower than calculations for 3D conformed radiotherapy and IMRT plans, respectively, which was attributed to limitations of the TPS. Encouraged by the successful application for EBRT, the same dual MOSkin device [Rosenfeld A, University of Wollongong, 2014, personal communication] (Figure 3) was used for prostate immobilization and real-time IVD of the rectal wall for HDR BT patients. The measured anterior rectal wall doses were 13–43% lower than those of the planned ones, whereas the measured posterior rectal wall doses were 1–30% above the planned values. The planned doses were calculated based on reconstructions of the dual-MOSFET positions from 0.8-mm slice CT images. The very large discrepancies originated from patient movements that generated mismatches between the dosemeter positions reconstructed from the CT images and those several hours later during the treatment delivery, as well as from the varying rectal filling status, which could shift the balloon. The problem with a moving dosemeter position may be targeted with alternative endorectal balloon designs or implementation procedures and/ or with dosemeter positioning methods presented in the Knowledge of dosimeter position section.

An alternative to dosemeters embedded in endorectal balloons has been presented by Cartwright et  $al^{20}$  $al^{20}$  $al^{20}$  (see Multipoint dosimeters section), which incorporates 16 PSDs near the surface of a rectal probe. The performance of the rectal probe has been published for controlled phantom experiments, and its stability with respect to adjacent anatomy would be revealed in clinical implementations.

Inflatable balloons attached to intracavitary applicators have been used during BT in order to increase the distance between the source positions and the bladder and/or rectum. $112-114$  $112-114$  $112-114$ Similar to the abovementioned application for rectal wall dosimetry, real-time vaginal wall dosimetry at a well-defined point could be facilitated if IVD probes were embedded in the surface of the intracavitary inflatable balloons.

IVD in urethra has been performed with dosemeter probes positioned inside standard urethral catheters.[15,19](#page-12-0)[,46](#page-13-0) In such IVD procedures, the dosemeter probe is in contact with liquids from the patient, hence substantial sterilization is required to prevent infection. As discussed, $11$  specially designed urethral catheters with a closed-end lumen dedicated for housing a dosemeter probe would reduce time and resources necessary for proper sterilization of the dosemeter and eliminate the risk of infection. Inspired by IVD probes embedded in endorectal balloons [Rosenfeld A, University of Wollongong, 2014, personal communication], $110,111$  a dosemeter probe could be moulded within a specially designed urethral catheter in order to allow for IVD in the urethra or at the bladder neck. It should be emphasized that a small outer diameter of the dosemeter probe and a small detector volume are required in order to allow for IVD at the surface of the catheter into which the probe is incorporated. For this reason, several kinds of MOSFETs $46,67$  $46,67$  and fibre-coupled dosemeters<sup>[18,19](#page-12-0),[75](#page-14-0),[76](#page-14-0)</sup> are ideal, in contrast to most commercial diodes that have bulky packaging and thus do not facilitate a dosimetry point near the surface of the OAR. The MOSkin detector recently introduced by the Centre for Medical Radiation Physics, University of Wollongong, Wollongong, NSW, Australia, is particularly suitable in this case, given its 0.07-mm water equivalent depth of sensitive volume.

Since the endorectal balloons incorporated by Hardcastle et  $al<sup>110</sup>$  $al<sup>110</sup>$  $al<sup>110</sup>$ and Rosenfeld [Rosenfeld A, University of Wollongong, 2014, personal communication] were air filled, the MOSkin detectors were placed near the boundary of heterogeneity in the medium. The phantom results by Hardcastle et  $al<sup>110</sup>$  revealed that the measured doses were lower than the TPS calculations, as expected, given that the TPS did not take the heterogeneity into account. The results therefore indicated that it is feasible to perform dosimetry in conditions with strong electronic disequilibrium. However, the dosimetric accuracy of IVD systems at non-equilibrium conditions should be further studied for BT. Alternatively for rectal wall dosimetry, the inflatable balloons discussed in this section could be filled with water, rather than air, in order to avoid non-equilibrium conditions, as was done for the endorectal balloon by Wootton et al. $^{111}$  $^{111}$  $^{111}$ 

It is important to note that the positions of IVD probes inserted into BT source applicators, or embedded in the surface of

inflatable balloons attached to intracavitary applicators, are correlated with the applicator positions, hence most dosemeters (with the exception of RADPOS) would not be able to reveal inter- or intrafraction organ–applicator movements, for example, caused by perineal oedema,<sup>51</sup> vaginal packing and/or source applicator clamping effects $47-49,52$  $47-49,52$  $47-49,52$  or varying filling status of the rectum and/or bladder. $42,43,49$  $42,43,49$  $42,43,49$  On the other hand, dosemeters inserted into catheters positioned in OARs are minimally correlated with source applicator movements, hence they could allow for the detection of organ–applicator movements. Examples are rectal dosemeter probes or dosemeters embedded in the surface of endorectal balloons or urethral catheters. Furthermore, since IVD in OARs directly monitors the dose to such organs, it provides greater confidence in meeting their dose constraints.

### Knowledge of dosemeter position

Any *a priori* reconstruction method is subject to the risk of compromising effects that invalidate the original dosemeter position. For instance, gas filling in the rectum may shift the position of the endorectal balloon with an embedded dosemeter, [Rosenfeld A, University of Wollongong, 2014, personal communication] and sudden patient movements during treatment delivery may shift the position of the endorectal dosemeter probe.<sup>[20](#page-12-0)</sup> Updated information about the dosemeter position with respect to the original reconstruction would therefore be helpful in order to eliminate errors in expected dose calculations owing to the shifted dosemeter positions.

One way to update the dosemeter position is to exploit real-time treatment planning equipment during treatment delivery. For phantom experiments of HDR BT, Tenconi et  $al<sup>23</sup>$  $al<sup>23</sup>$  $al<sup>23</sup>$  attached MOSkin detectors to a transrectal ultrasound (TRUS) probe, which was used for treatment planning and dosemeter position reconstruction and remained in place throughout the treatment delivery. With this implementation, sudden positional shifts of the TRUS probe with respect to the patient's anatomy, for example, owing to unexpected changes in posture, could be monitored online during the treatment. If shifts were observed, the MOSkin detector coordinates could be redefined and new reference dose rates calculated.

Recently, Cherpak et al<sup>[46](#page-13-0)</sup> performed multipoint IVD combined with time-resolved dosemeter positioning inside the urethra during permanent prostate implant BT for 16 patients, using the RADPOS probe (see Detector positioning technology section). The RADPOS was able to indentify prostate movements caused by needle insertion and prostate dosimetry effects caused by the TRUS probe removal. Positional changes of the RADPOS sensor ranging from 1.4 to 9.7 mm were measured owing to removal of the TRUS probe. The maximum integral dose in the prostatic urethra ranged from 89 to 195 Gy, and the measured dose before and after TRUS removal differed from  $-66%$  to 36%. The authors concluded that changes in the position of the urethra, including those owing to the removal of the TRUS probe, can be significant, as shown in [Figure 4,](#page-8-0) and should be quantified to evaluate the influence on dose distributions. The in vivo study demonstrated that detector positioning technology allows for real-time dosemeter localization during BT treatments, hence

<span id="page-8-0"></span>Figure 4. The radiation positioning system (RADPOS) position measurements for one patient in the study by Cherpak et al<sup>[46](#page-13-0)</sup> taken after completed implantation. Black squares represent the time of the initial and final metal-oxide-semiconductorfield-effect-transistor readings taken for the first measurement period [with transrectal ultrasound (TRUS) probe in place] and the second measurement period (after the TRUS probe was removed). The change in position from the removal of the probe can be seen in all coordinates at approximately  $t = 4100$  s. Reproduced from Cherpak et al<sup>46</sup> with permission from Elsevier.



eliminating the reliance on a priori dosemeter reconstructions and drastically reduceing the risk of compromised a priori expected dose rate calculations, for example, owing to unexpected dosemeter shifts.

Kertzscher et al<sup>21</sup> performed real-time IVD with fibre-coupled Al<sub>2</sub>O<sub>3</sub>:C single point dosimetry<sup>[79](#page-14-0)</sup> during PDR BT of locally advanced cervical cancer that included tandem-ring and needle applicators. Comparisons between measured and planned dose rates revealed large discrepancies, which indicated that the a priori dosemeter position reconstruction had been compromised. The dosemeter shifts generated false alarms when an error detection algorithm was used that relied on a priori reconstructions,  $14,25$  referred to as a static error detection algorithm (SEDA). The problem was solved with an adaptive error detection algorithm (AEDA). Rather than relying on a priori reconstructions, the AEDA determined the dosemeter position in a data-driven approach, in which the level of correspondence between dose rate distributions of the measurement and calculations of simulated alternative dosemeter positions were quantified. The alternative position that yielded the highest correspondence provided the most likely dosemeter position. The AEDA yielded the most accurate dosemeter coordinates, which were then used for the reference calculations in order to evaluate the treatment. The *in vivo* implementation demonstrated that the AEDA correctly declared false errors generated when the dosemeter probe had been misreconstructed, whereas the SEDA erroneously declared true errors. Computer-simulated true error scenarios corresponding to guide tube swap errors and individual needle shifts demonstrated that the AEDA had high error detection efficiency and in contrast to the SEDA, eliminated all simulated false errors represented by mispositioned dosemeters (Figure 5). Furthermore, the AEDA provided geometrical feedback, which indicated potential small systematic reconstruction variations in the treatment plan. In summary, the AEDA offers improved guidance in decisionmaking in the event of potential errors detected with IVD, since it is independent from potential systematic errors of detector positioning technology and it eliminates false errors related to inaccurate a priori dosemeter reconstructions, for example, owing to poor image quality or dosemeter shifts caused by patient movements during transfer between various locations in the hospital.

#### Automation

The automation of manual IVD procedures could substantially reduce the extra workload and potential interference with the clinical workflow. For instance, resources required by the clinical staff could be minimized if a dosemeter probe was already embedded in the BT source applicator or even eliminated if the

Figure 5. Example of adaptive error detection algorithm (AEDA) and static error detection algorithm (SEDA) responses to a simulated false error treatment case, where the dosemeter was shifted by 5 mm. The top plot shows the accurate geometric feedback of the most viable accurate dosemeter position provided by the AEDA, the AEDA distance shift. The bottom plot shows that the maximum residual from the AEDA response does not break the statistical error criterion, whereas that from the SEDA does. The maximum residual is expressed in units of one standard deviation of the total uncertainty budget. Reproduced from Kertzscher et al<sup>[21](#page-12-0)</sup> with permission from American Association of Physicists in Medicine.



afterloader incorporated a thin dosemeter probe in a dedicated stepping motor such that the probe could be inserted into source catheters in an automated procedure during the treatment.

Further IVD developments and in vivo feasibility studies could be encouraged if a direct communication with the afterloader control system was provided. Such a communication would send an indication signal for the start time of each dwell position in order to assure that the measured and planned dose rates were in phase, and thus would not require visual inspections of the control plots. That way, the indication signal would allow for straightforward developments of fully automated IVD software that were robust against treatment interruptions. Furthermore, if the digital imaging and communications in medicine (DICOM) files from the TPS were exported independently to the afterloader and the IVD data acquisition system, a communication line would also allow for an assessment of the treatment plans prior to treatment delivery. If a discrepancy was noticed, it meant that a wrong or defective treatment plan had been exported to the afterloader or the IVD system.

### Sensitivity and specificity

The confidence levels of the treatment status messages provided by the error detection system can be expressed in terms of the sensitivity and specificity. These statistical measures provide the proportions of correctly identified positives (sensitivity) and correctly identified negatives (specificity). Ideally, an error detection system would be able to identify all errors (100% sensitivity) and not generate any false errors (100% specificity). However, as found by Therriault-Proulx et al, $^{17}$  $^{17}$  $^{17}$  the numbers of false errors increased when the fixed discrepancy criterion decreased from 20% to 3% (see Fixed discrepancy criterion section), that is, when the sensitivity increased. The results demonstrate the relation of sensitivity and specificity with Type I and Type II errors, which quantify the false alarm rate and the inability to detect errors, respectively. Similar results have been obtained by Reniers et al.<sup>[22](#page-12-0)</sup> A thorough assessment of the sensitivity and specificity measures for the error detection system implemented for IVD would raise the confidence in the decisionmaking in the clinic. Such assessments would also allow for an improved understanding of the error detection system and the error criteria implemented (see Error detection criteria section) and facilitate comparisons between IVD systems.

#### Future directions

Widespread IVD implementation is hampered partially owing to the resources required in order to operate current dosimetry systems and the related training of clinical personnel. Furthermore, since the nature of BT treatment errors and their occurrence rates are not well known, BT practitioners are not necessarily convinced that treatment incidents may occur in their clinics. Wider acceptance for IVD among BT practitioners could be obtained if straightforward state-of-the-art IVD technology (see Novel dosimetry technology section) was more available and if solutions to current challenges for IVD (see Some solutions to main challenges section) were fully incorporated.

[Table 1](#page-10-0) provides the important aspects for IVD and several of the advantages that the state-of-the-art systems can provide

for BT. Although each aspect could be further developed, the major challenge for IVD is to combine them into a packaged solution. The goal with a packaged solution would be to provide QA for the BT treatment and the capability to detect as many treatment error types as possible. A comprehensive list of the role of IVD for QA and error detection is provided in [Table 1](#page-10-0) by Tanderup et al. $^{11}$  $^{11}$  $^{11}$  As a complement, [Table 2](#page-11-0) lists the role for QA and error detection of IVD and imaging, summarizes known levels of uncertainty and provides likelihood estimates of the error types and their related effects. Since there is no systematic overview of the incidence and effects of different BT errors, the scoring of the BT errors have been made according to the authors' best estimate. Current QA strategies for treatment error prevention and uncertainty limitation include manual checklists, and in some advanced settings, real-time or near-real-time imaging, which can result in online treatment modifications, such as catheter repositioning or treatment plan modifications. Real-time imaging has the advantage of addressing intra- and interfraction uncertainties, which is the major uncertainty component in BT, while it in general is challenging to use IVD to comprehensively measure the dose to an entire organ or tumour. However, as indicated in [Table 2](#page-11-0), real-time imaging is not capable of detecting a range of error scenarios. Since several error scenarios can be detected with IVD, real-time imaging and IVD represent complementary strategies for quality control in BT, and both have strong potentials for future developments. The combined use of real-time imaging and IVD in large patient studies could therefore potentially help in minimizing BT treatment uncertainty levels and allow for systematic overviews of the probabilities and effects of error scenarios (see further discussion below).

Several important issues could be targeted if more BT clinics implemented IVD in their treatment workflow on a routine basis:

- 1. the capacity of the state-of-the-art dosimetry systems in the in vivo environment in terms of error detection and online in vivo QA
- 2. potential limitations of IVD systems and necessary areas of improvements in terms of technological developments, accuracy, practicality, performance of algorithms, implementation tools and methodologies and user friendly software
- 3. improved knowledge about BT treatment errors and their occurrence rates
- 4. the highlighting of potential changes or improvements necessary to the clinical infrastructure and treatment procedures, for example, via incidence learning database structures,  $116$  which would reduce uncertainties and systematic variability in BT
- 5. increased reporting of treatment errors and uncertainties for the BT community.

A comprehensive cost–benefit study is required to provide a clear assessment of the necessity of IVD for BT. Conducting such a study requires collaborations between multiple clinics, which implemented routine IVD and targeted the abovementioned issues. Such a multicentre study would likely have a large impact on the industry, since it relies on adaptation of the state-of-the-art technology (see Novel dosimetry technology



<span id="page-10-0"></span>

OAR, organ at risk: QA, quality assurance.

Existing developments provided in this article are mentioned, and suggestions for further developments provided.

section) into commercial products (see Some solutions to main challenges section).

One potential and useful tool for a detailed analysis of the data collected in a cost–benefit study is the adaptation of failure modes and effects analysis (FMEA). Swamidas et  $al<sup>117</sup>$  $al<sup>117</sup>$  $al<sup>117</sup>$  and Wilkinson and Kolar $118$  have suggested the introduction of FMEA into BT. FMEA is a quality management and risk assessment tool that identifies the steps in a system process, for example, treatment planning procedure, that have the highest likelihood for failure or injury.<sup>[119](#page-15-0)</sup> Wilkinson and Kolar<sup>[118](#page-15-0)</sup> performed FMEA for treatment planning of HDR BT and quantified the likelihood for failure or injury within the following categories: imaging/registration, catheter reconstruction, dwell position activity, dose points/normalization, optimization/ dose and evaluation. The study resulted in some discrepancies between the FMEA results and nationally reported failures, which indicated that failure reporting was insufficient.

Since current real-time IVD is capable of online verification of the agreement between planned and delivered treatments and the monitoring of BT treatment parameters, such as OAR doses, IVD could provide with input parameters into an

FMEA study. Provided an open and honest reporting of treatment outcomes, IVD can play an important role in a systematic approach to quantify the risks related to several aspects of BT treatments. Detailed risk evaluations with FMEA could ultimately guide the focus for improvement of various aspects of BT treatments, for example, by comparing clinical workflow routines and identifying aspects that pose higher risks than others. Furthermore, a quantification of risks and failure modes based on abundant IVD data could potentially improve the understanding of effects seen in retrospective BT studies that are currently not well understood.

## CONCLUSIONS

The past decade has witnessed significant progress with regard to IVD detectors and demonstration that real-time dosimetry is possible. However, these new developments have not yet translated into improved clinical routine, and there is currently considerable potential to make progress with regard to increased utilization of IVD for error detection. The prerequisite for broad dissemination of routine IVD is that the error detection sensitivity and specificity is significantly <span id="page-11-0"></span>Table 2. Error detection capacities (detectability) of real-time in vivo dosimetry (IVD) and real-time imaging, uncertainty levels of each error scenario (quality item), and the probabilities and effects of the error scenarios



The table is a complement to [Table 1](#page-10-0) by Tanderup et al.<sup>[11](#page-12-0)</sup> The uncertainty levels are taken from Tanderup et al<sup>[5](#page-12-0)</sup> and Kirisits et al.<sup>[40](#page-13-0)</sup> The probabilities and effects were estimated by the authors.

<sup>e</sup>Refers to the potential effect on dose administration.

 $\degree$ If the dosemeter calibration is independent from the actual source.

c Quality item that corresponds to an uncertainty in the treatment, which is always present and therefore does not have an occurrence likelihood, rather than an error.

"Quality items for which detectability strongly would benefit from two or more point detectors, as stated or indicated in Andersen et al,<sup>[14](#page-12-0)</sup> Therriault-Proulx et al,<sup>[17,18](#page-12-0)</sup> Cartwright et al,<sup>20</sup> Kertzscher et al,<sup>21</sup> Reniers et al,<sup>22</sup> Kertzscher et al,<sup>25</sup> Cherpak et al<sup>46</sup> and Nakano et al.<sup>96</sup>

e Wrong patient identification could be detected, for example, by comparing the patient's anatomy acquired during the treatment with the anatomy from the treatment plan.

f If digital imaging and communications in medicine (DICOM) was exported independently to the afterloader and the IVD data acquisition system (see second paragraph in the Automation section.).

g If IVD dosemeter probe is not attached to source applicator (see last paragraph in the Dosemeter placement tools section).

h May be detected with source localization and applicator reconstruction (see Source localization and real-time applicator reconstruction section), dedicated algorithms for real-time IVD (see fourth paragraph in the Knowledge of dosemeter position section) and positioning technology (see third paragraph in the Knowledge of dosemeter position section).

i May be detected by means of comparisons between measured and expected dose rates or source positions.

j Relevant if treatment planning system dose calculations are inaccurate, for example, if significant tissue heterogeneity and/or dose field perturbation effects are insufficiently accounted for by TPS (see seventh paragraph in Dosimeter placement tools section).

improved while the workload is kept at a level that makes IVD cost effective. In this context, the major issues to address are: control of detector positioning, development of error detection algorithms and improved and automated workflow. The perspective of addressing these challenges is to make independent treatment monitoring possible in a large number of patients.

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