

# Laser printing hierarchical structures with the aid of controlled capillary-driven self-assembly

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Capillary force is often regarded as detrimental because it may cause undesired distortion or even destruction to micro/nanostructures during a fabrication process, and thus many efforts have been made to eliminate its negative effects. From a different perspective, capillary force can be artfully used to construct specific complex architectures. Here, we propose a laser printing capillary-assisted self-assembly strategy for fabricating regular periodic structures. Microscale pillars are first produced by localized femtosecond laser polymerization and are subsequently assembled into periodic hierarchical architectures with the assistance of controlled capillary forces in an evaporating liquid. Spatial arrangements, pillar heights, and evaporation processes are readily tuned to achieve designable ordered assemblies with various geometries. Reversibility of the assembly is also revealed by breaking the balance between the intermolecular force and the elastic standing force. We further demonstrate the functionality of the hierarchical structures as a nontrivial tool for the selective trapping and releasing of microparticles, opening up a potential for the development of in situ transportation systems for microobjects.

laser printing | capillary force | self-assembly | hierarchical structures | microobject trapping

People learn from daily life experience that individual filaments can coalesce, as with wet hairs or paintbrushes pulling out of paint. Analogs of this elastocapillary coalescence exist and are often amplified in micro/nanoelectromechanical system manufacturing processes because the capillary force tends to dominate over the standing force that needs to be overcome for coalescence when the scale is reduced (1, 2). When one aims to create slender structures, the dominant capillary force drives them to collapse, cluster, or be completely destroyed. Some efforts such as adopting a supercritical-point dryer (3, 4) have been made to eliminate these unwanted behaviors when fabricating high-aspect-ratio structures. However, from another point of view, the capillary-driven bottom-up self-assembly can be exploited as a valuable tool to construct complex architectures. Compared with other driving forces for self-assembly such as magnetism (5), electrostatic force (6), and gravity (7), capillary force self-assembly features the advantage of simplicity, low cost, scalability, and tunability.

The desire for scalable and cost-effective self-assembly schemes comes from observations of the natural world, where self-assembled filamentous structures with mechanical compliance at the microscopic and mesoscopic scale are ubiquitous and include, to name a few, actin bundles (8), gecko feet hairs (9), and *Salvinia* leaf (10). These structures give rise to diverse functions ranging from mechanical strengthening (11) and directional adhesion (12, 13) to superhydrophobicity (14) and structural colors (15), thus inspiring researchers to devote their efforts to mimic these multifunctional structures for decades. Many top-down fabrication approaches such as photolithography together with deep dry etching (16), replica molding (14, 17), multibeam laser interference

lithography (18, 19), and electron-beam lithography (20) have been used in combination with capillary force self-assembly to produce hierarchical structures. However, these methods are either high-cost because of the expensive facilities or labor-intensive and time-consuming owing to the multistep patterning and etching procedure.

One approach that overcomes these limitations in producing microfilament structures is the laser printing technique, owing to its speed, simplicity, and inherent flexibility. Particularly, laser printing based on femtosecond laser-induced physicochemical reactions can confine the fabrication to the nanometer domain beyond the light-diffraction limit owing to the two-photon absorption process (21–23), making it a promising tool for fabricating nanobristles. To our knowledge, laser printing has not yet been used together with elastocapillary interaction for producing designable fibrillar assemblies.

Here, we develop a laser printing capillary-assisted self-assembly (LPCS) strategy to realize designable hierarchical functional structures. Intentional asymmetric spatial arrangement and controllable height design are introduced to direct the self-assembly process to generate diverse architectures. A gravity-governed evaporation front approach is also used to form anisotropic assemblies. This strategy exhibits great flexibility and high reliability because the prepared assemblies possess controllable shapes and stable configurations. Moreover, as a proof-of-concept demonstration, the assemblies are used as a versatile tool for the selective trapping and releasing of microparticles, suggesting their further applications in the fields of microobject manipulation, filtration, and transportation.

## Laser Printing Micropillar Arrays

Micropillars can be readily fabricated by focusing a femtosecond laser beam into a photosensitive polymer using an objective lens,

### Significance

We propose a strategy to realize designable hierarchical functional structures via laser printing capillary-assisted self-assembly (LPCS). Ultrafast laser printing is applied for building unit blocks and capillary force is finely tuned as driving force. Diverse structures are successfully fabricated by controlling the spatial arrangements, heights, diameters of pillars, and the evaporation process. The ability of these LPCS structures to selectively trap and release microobjects suggests enormous potential applications in the fields of chemistry, biomedicine, and microfluidic engineering.

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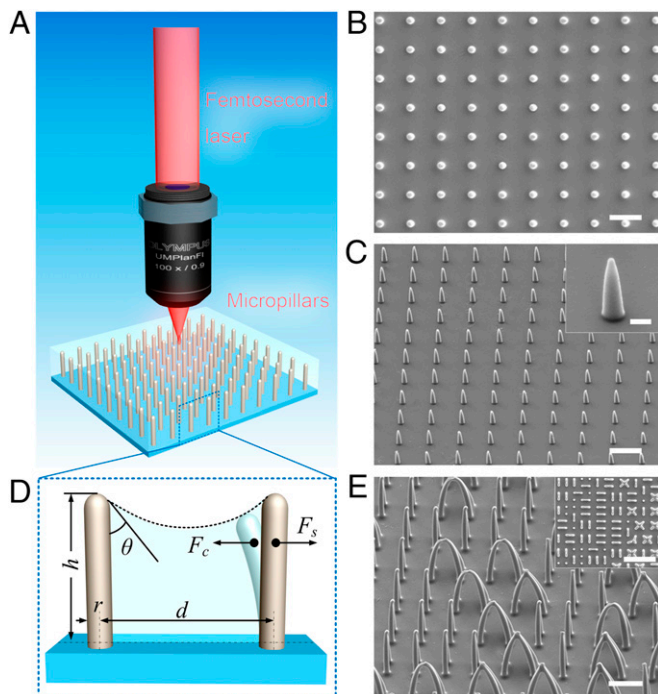
This article contains supporting information online at [www.pnas.org/lookup/suppl/doi:10.1073/pnas.1503861112/-DCSupplemental](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1503861112/-DCSupplemental).

as schematically shown in Fig. 1A. The photopolymer is mounted on a 3D nanotranslation stage to determine the pillars location and height. Fig. 1B and C show SEM images of a standing micropillar array with equal spacing (5  $\mu\text{m}$ ) between them. The diameter of each pillar is 760 nm at the bottom and the height is 2.5  $\mu\text{m}$ . The tip of each pillar is found to have a radius of 100 nm (Fig. 1C, *Inset*).

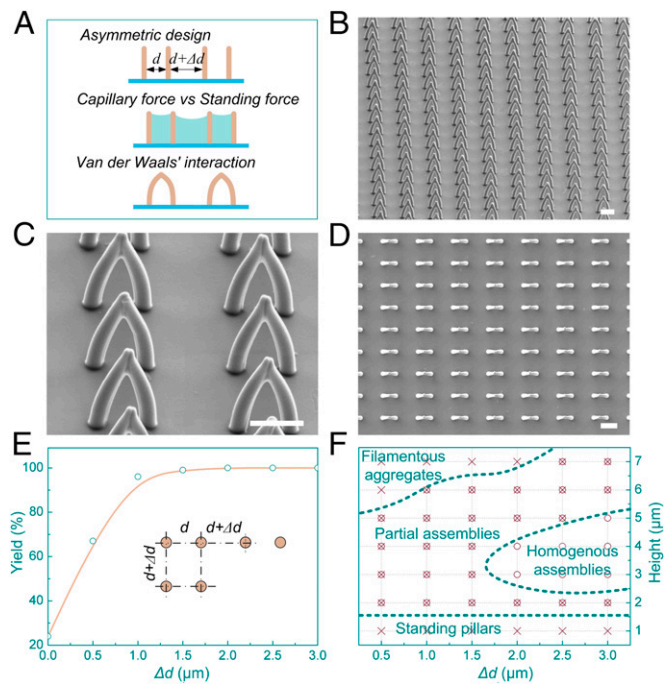
### Dynamics of the Capillary Force-Induced Self-Assembly

The height of pillars and distance between them can be conveniently controlled by moving the nanotranslation stage in the vertical and horizontal directions during photopolymerization. As the pillar height is increased, individual pillars are found to be bent and stuck to each other at their top ends, as shown in Fig. 1E. The joining is due to the evaporation-induced capillary force present during the subsequent developing process needed to wash away the polymer that was not exposed to the laser (the details of micropillar fabrication and sample development are presented in *Materials and Methods* and *Supporting Information, section S1* and Fig. S1. All characterization methods are described in *Supporting Information, section S2*).

As the developer evaporates to the level of the freestanding tips, a meniscus is formed between neighboring pillars, yielding a capillary force (24),  $F_C \sim \gamma r^2 \cos^2 \theta / d$ , which is proportional to the interfacial tension  $\gamma$  of the solvent, the square of the radius  $r$  of the pillars, and the squared cosine of contact angle  $\theta$  and inversely proportional to the spacing  $d$  between adjacent pillars, as shown in Fig. 1D. Resistance to the capillary force is the bending ability of pillars, giving rise to an elastic restoring force upon contact just at their tips,  $F_S \sim Er^4 d / h^3$ , where  $E$  is Young's modulus and  $h$  is the height of the pillars. A quantitative discussion on the capillary force and the standing force is given in *Supporting*



**Fig. 1.** Laser printing of uniformly distributed micropillar arrays. (A) Schematic illustration of the laser printing of a micropillar array. (B and C) Top and tilted SEM views of the as-prepared micropillar arrays, with a height of 2.5  $\mu\text{m}$ . (Scale bars, 5  $\mu\text{m}$ .) Inset of C is a magnified view of an individual pillar. (Scale bar, 700 nm.) (D) Illustration of the forces interacting on the pillars during the liquid evaporation. (E) Capillary force-induced random self-assembly of micropillars by increasing their heights. (Scale bar, 5  $\mu\text{m}$ .) (*Inset*) Top view of the self-assembled structures. (Scale bar, 20  $\mu\text{m}$ .)



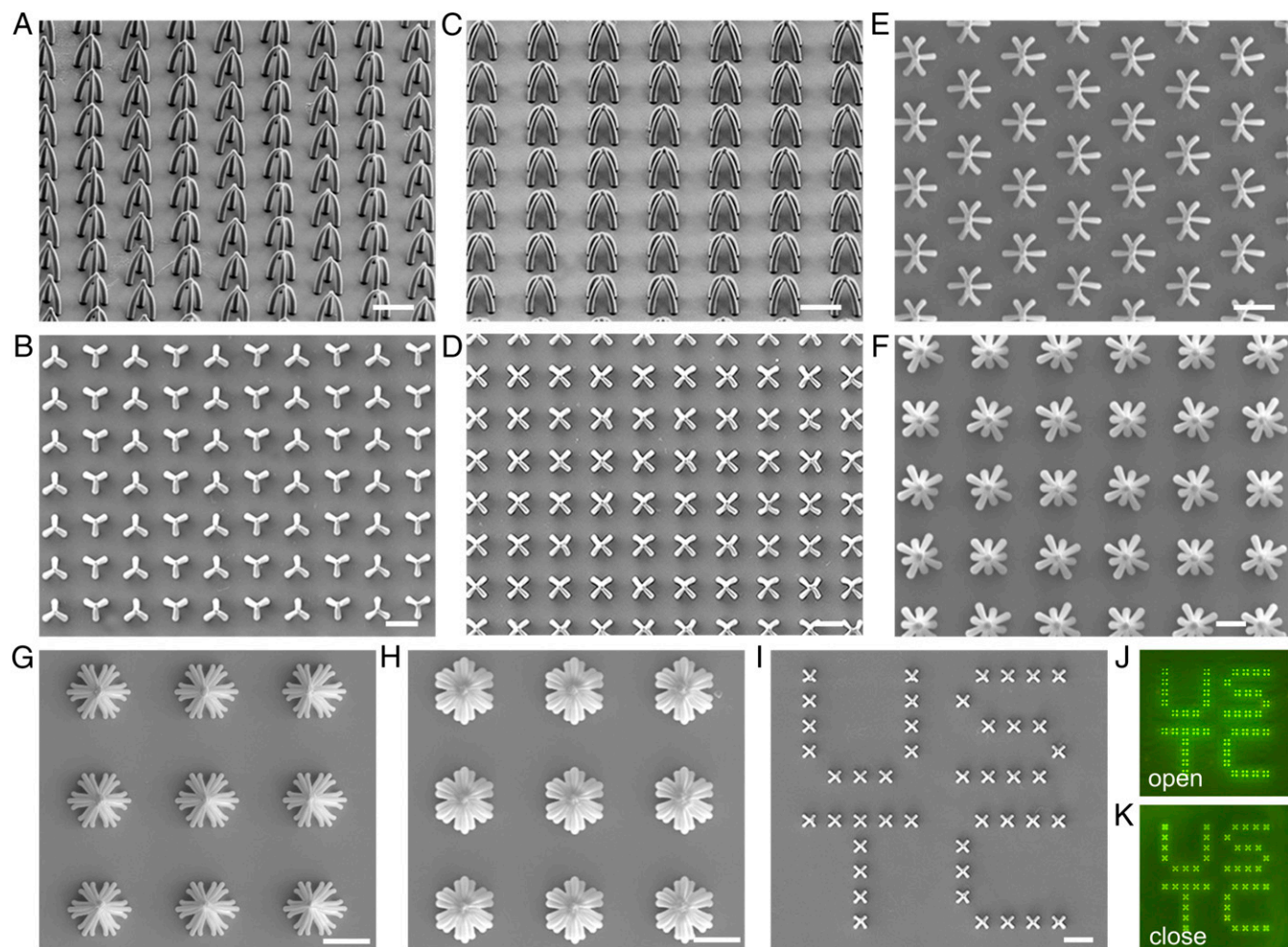
**Fig. 2.** Controllable LPCS process. (A) Schematic diagram showing the method of tuning capillary force by controlling the spacing distribution of pillars. (B and C) Angled view and magnified view of two-pillar assemblies. (Scale bars, 5  $\mu\text{m}$  and 3  $\mu\text{m}$ , respectively.) (D) Top view of the assembled two-pillar cells. (Scale bar, 5  $\mu\text{m}$ .) (E) Quantitative study on the yield as a function of  $\Delta d$ . The distance variations exist in both horizontal and vertical directions, as shown in the inset illustration. (F) Dependence of different types of assemblies on  $\Delta d$  and  $h$  (plotted from Table S1).

*Information, section S3*. A balance between the capillary force and the standing force reaches a critical distance  $d_c$ , below which neighboring pillars can be assembled together, or otherwise remain upright. For a given pillar height  $h$ , two neighboring pillars can remain contacting when  $d < d_c$  by either capillary forces  $F_C$  during liquid drying or the short-range van der Waals forces  $F_V$  in air. In the case of more than two pillars, the critical assembly condition can be expected to retain the same scaling form (24). For the assembly of an arbitrarily arranged pillar forest, the system can be also explored by a global energy minimization theory, which posits that the final equilibrium state tends to reach a minimum energy state under the action of various forces (25).

From the formula of the elastic standing force we can see that  $F_S$  is inversely proportional to the cube of height  $h$ . Hence, the short pillar array in Fig. 1B and C survives in the drying process whereas most of the longer pillars shown in Fig. 1E adhere to one or more of their neighbors. It is important to note that for an isolated pillar in the center of an equally spaced square lattice the capillary forces from each direction are identical and finely balanced. However, random imperfections in pillar structures or instabilities in the evaporating process can break the weak balance and induce uncontrolled bending. Therefore, the assembled pattern of the symmetric square array is random and individual standing pillars and two-, three-, or four-pillar cells are likely to be formed without distinct regularity (Fig. 1E, *Inset*).

### Controlled LPCS Process

To reduce the formation of these unwanted irregular structures and to provide a level of control over the self-assembly process, it is necessary to finely tune the relationship between the capillary and elastic forces to direct the self-assembly as desired. One possible method is to locally vary the strength of the capillary



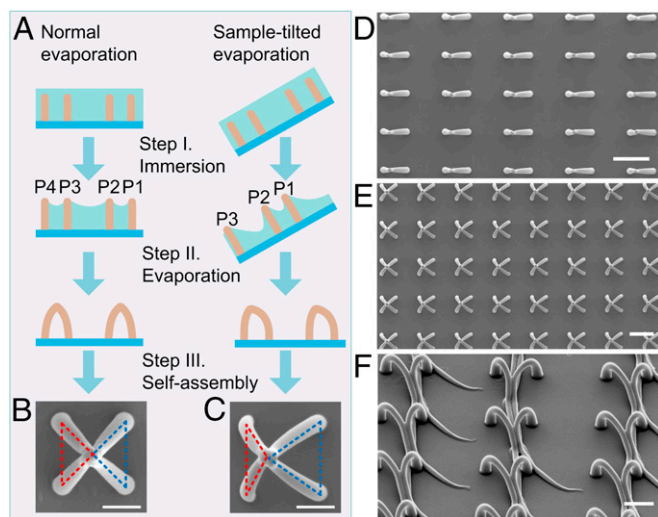
**Fig. 3.** Examples of the diverse ordered structures prepared by the LPCS approach. (A and B) Angled and top views of three-pillar cells. (C and D) Angled and top views of four-pillar cells. (E) Six-pillar cells with hexagonal arrangement. (F) Nine-pillar cells with three different rotations: 0°, 30° and 60°, respectively. (G and H) Daisy-like structures consisting of 25 pillars in each cell. Different exposure powers, 75 mW and 85 mW, are used for G and H, respectively. (I) Four-pillar cells are assembled along a specific route and a “USTC” pattern is formed. (Scale bars, 10  $\mu\text{m}$ .) (J and K) Fluorescence microscopic images of I during liquid drying, indicating the open and closed states respectively.

force by introducing an asymmetric arrangement design, such as by maintaining a constant distance  $d$  between pillars destined for self-assembly, and introducing an additional spacing,  $\Delta d$ , between separate self-assembled sets. Schematically, this is depicted in the one-dimensional case in Fig. 2A, where the interpillar spacing is tailored and hence the pillars bend along a defined direction under an unbalanced capillary force. Uniform pre-designed periodic two-pillar structures for the case of  $h = 4 \mu\text{m}$ ,  $d = 3 \mu\text{m}$ , and  $\Delta d = 2 \mu\text{m}$  are shown in Fig. 2B and D. From the magnified SEM image in Fig. 2C, we can see that the two tips of pillars adhere steadily to each other after liquid evaporation, implying the short-range van der Waals force is strong enough to accommodate the elasticity and thus retain a stable bent configuration (i.e.,  $F_v > F_s$ ).

To systematically study the engineered LPCS process, we further perform a yield test by printing a series of pillar arrays with different intercell spacing variations  $\Delta d$  and heights  $h$ . First, considering the pillar arrays with a constant height of 4  $\mu\text{m}$  and intracell pitch of 3  $\mu\text{m}$  (shown in Fig. 2E), the pillars bend randomly and only  $\sim 24\%$  of them assemble into two-pillar cells when there is no spacing variation ( $\Delta d = 0$ ). As  $\Delta d$  increases, the yield rate of the expected two-pillar cells rises sharply, reaching 98% at  $\Delta d = 1 \mu\text{m}$  and 100% at  $\Delta d = 2 \mu\text{m}$ . Repeated

experiments are carried out to verify the reliability. In the case of  $\Delta d = 2 \mu\text{m}$ , all pillars without exception assemble into the intended two-pillar cells, indicating the method is feasible to produce robust, uniform, and ordered assemblies.

In addition to controlling the capillary force by varying the interpillar distance, according to the elasticity equation, controlling the height of pillars provides another means to tune the elastic force for designable LPCS. When the pillars are too short (1  $\mu\text{m}$ ), they can stand vertical to the substrate regardless of the intercell spacing. When the pillars are too high (e.g.,  $>6 \mu\text{m}$ ), filamentous aggregates with various nucleated centers may be generated (Fig. S2). Only in the case of suitable combinations of heights and intercell spaces (for example when  $h$  are between 3  $\mu\text{m}$  and 4  $\mu\text{m}$ , and  $\Delta d$  is larger than 2  $\mu\text{m}$ ) can large-area homogenous ordered assemblies be formed. For most of the parameter space in Fig. 2F, only part of pillars make up designed assemblies whereas the others remain straight or form filamentous aggregates. Therefore, four independent regions can be classified to differentiate LPCS configurations, providing us a quantitative reference for developing uniform hierarchical structures. It is worth mentioning that the fabrication time for one pillar is only 0.2 s, and the total time for fabricating a 200- $\mu\text{m} \times 200\text{-}\mu\text{m}$  area is less than 10 min.



**Fig. 4.** Evaporation front-directed LPCS method for obtaining anisotropic assemblies. (A–C) Schematic diagram for the comparison between normal evaporation and sample-tilted evaporation and corresponding assembled results. (Scale bars, 2  $\mu\text{m}$ .) (D–F) SEM images of the anisotropic assemblies with different cells: two-pillar, four-pillar and ultra-long two-pillar (12  $\mu\text{m}$ ). (Scale bars: D and E, 5  $\mu\text{m}$ ; F, 2  $\mu\text{m}$ .)

### Preparation of Diverse Hierarchical Architectures

Owing to the high flexibility of the laser printing technique, more complex hierarchical assemblies can be achieved based on the asymmetric capillary force. Fig. 3 shows a series of assemblies with multielement cells. The tilted views of the SEM images of three- and four-pillar assemblies (Fig. 3 A and C) show fine replication results of the laser printing and high uniformity of the 3D self-assembled structures. A six-pillar cell array with hexagonal arrangement and nine-pillar cell arrays with different sizes and rotational angles are also designed and shown in Fig. 3 E and F and Fig. S3. In some LPCS configurations, the boundary pillars in a square array tend to assemble into cells with a higher number of pillars owing to relatively larger capillary force (Fig. S2).

Assemblies with a large number of pillars are also possible via LPCS. Daisy-like structures with 25 pillars arranged in the sixfold symmetry geometry are successfully formed, as shown in Fig. 3 G and H. Similar to electron beam lithography (20), the exposure dose can also be controlled to obtain structures with tunable diameter and elasticity, contributing to different assembly configurations. The self-assembled pillar cells can be further arranged in arbitrary patterns (Fig. 3 I and Fig. S3), exhibiting the great flexibility of the LPCS method. Furthermore, because the assemblies are retained by the van der Waals force in air, it is possible to break the balance between the short-range intermolecular force and the elastic standing force to return the assemblies to their initial state. A simple method of reversal involves the immersion of the structures in a liquid such that the van der Waals force between pillars decreases sharply and instead a new van der Waals force between pillars and liquid arises. Note that the pillar–liquid intermolecular van der Waals force exists in all directions around the pillar and ultimately they cancel each other out. Under these circumstances the pillars recover under their own elastic standing force. The reversible opening and closing of the assemblies is shown in Fig. 3 J and K, taken by a fluorescence microscope, and can also be observed via an optical microscope (Movie S1).

### Anisotropic LPCS Structures

Hierarchical structures with controlled anisotropy or chirality are highly desired in biological and photonic applications (26, 27). Chiral assemblies have been prepared and studied by

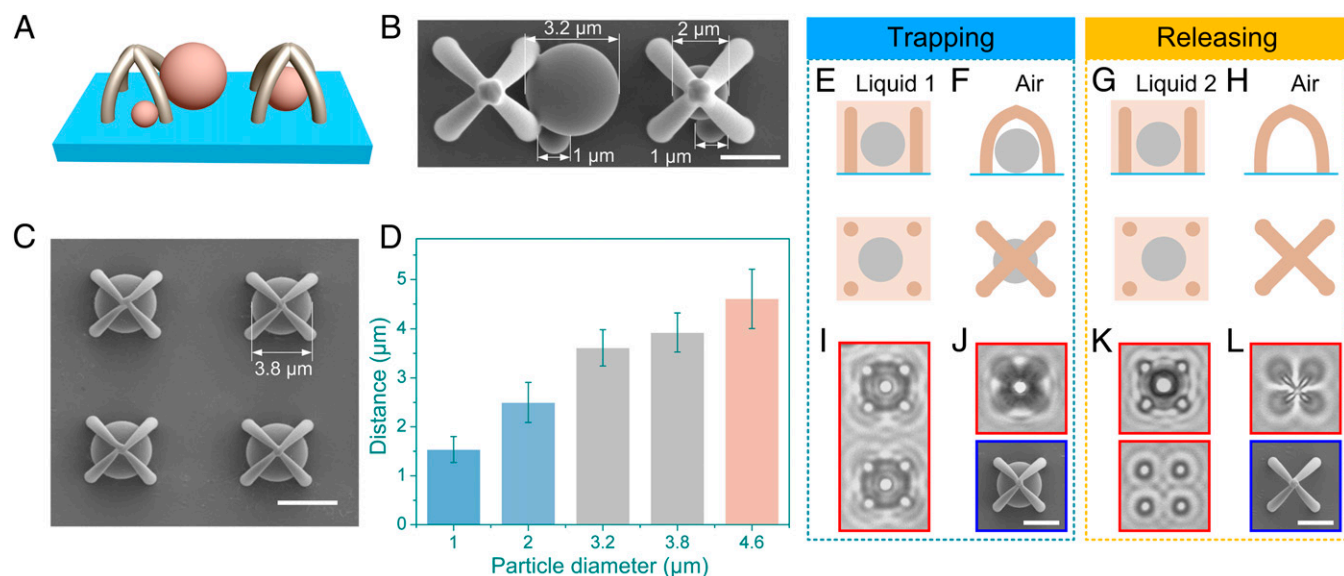
Aizenberg and coworkers (16) and also observed in our experiments when the micropillars are of sufficient height (Fig. S4). Here we focused on the anisotropy control of the assemblies. To obtain anisotropic assembled cells, an evaporation front-directed method can be applied during the sample development. The operation is as simple as tilting the substrate when the development is just about to be finished, as depicted in Fig. 4A. One end of the sample is immersed in the developing solvent and the other end is exposed to the air so that the evaporation front is directed to move from one side to the other, parallel to the substrate surface. Owing to the gravity-governed capillary force difference, anisotropic assemblies are obtained over the entire pillar array, as shown in Fig. 4 D–F.

### Selective Trapping and Releasing of Microobjects

So far, we have shown that our LPCS method is capable of producing highly repeatable and large-scale hierarchical structures. One possible application of these structures is in micro-object trap-release systems, which are intensively demanded in the fields of chemical analysis and biomedical devices and have drawn considerable attention from researchers. Some studies have revealed that the fibrillar structures exhibit wondrous adhesive or trapping properties in biological systems such as those of the beetle (28) and gecko (29, 30). These kinds of bioinspired adhesive filaments can be developed in various technical applications. As an example, the capillary force-assembled flexible nanofingers can be creatively used to form hot spots for molecule detection and identification based on surface-enhanced Raman spectroscopy (31, 32). Although optical tweezers are able to manipulate small objects with different sizes ranging from tens of nanometers to micrometers, a substantial mechanical gripper is still desired in the absence of an energy beam and free of possible harm to living samples or influences to chemical reactions. Examples include miniaturized self-folding grippers that are actuated by differential residual stress (33), magnetic force (34), temperature (35, 36), and chemicals (37, 38). We show here our LPCS artificial fibrillar structures are capable of capturing microparticles with excellent selectivity. The particles can be trapped inside the “cage-like” spaces constructed from four bent pillars by capillary force. Furthermore, the size of the particles to be captured can be controlled by adjusting the intracell pitch of the assemblies.

The concept of selective trapping is sketched in Fig. 5A. Only those particles of suitable size can be effectively caught owing to the space limitation of the microgripper. Particles too large in size are unable to enter the intracell space and can be blocked from trapping. Small particles can move freely in and out the structures without being trapped. An experimental demonstration is shown in Fig. 5B, from which we can see that the particle with diameter of 2  $\mu\text{m}$  is trapped by the four-claw mechanical gripper, and the other particles with diameters too large (3.2  $\mu\text{m}$ ) or too small (1  $\mu\text{m}$ ) are not trapped. For practical filtration applications, the unwanted particles outside the LPCS structures can be cleaned out by external force (e.g., blown away by compressed air). Owing to the design flexibility of our LPCS technique, the intracell pitch between adjacent pillars can be easily changed to trap specific particles. For example, assembled cells with pitch of 3.9  $\mu\text{m}$  can be used to efficiently trap 3.8- $\mu\text{m}$  microparticles, as shown in Fig. 5C. To further investigate the trapping ability of the artificial microgripper, we prepared a series of assemblies to trap various particles, from 1  $\mu\text{m}$  to 4.6  $\mu\text{m}$ . As shown in Fig. 5D, microparticles with different sizes can be trapped by tuning the intracell pitches accordingly. To ensure efficient trapping, the required intracell distance must approximately equal to the particle size.

Apart from the size selectivity, the trapping efficiency is an important factor to evaluate the trapping performance. Here we define the trapping efficiency as the ratio of the assembled cells that trap particles with success to the total number of cells.



**Fig. 5.** Demonstration of the selective microparticle trapping, releasing, and transportation ability of the LPCS microstructures. (A) Illustration of the concept of microobject selective trapping. (B) Experimental demonstration of selective trapping of microparticles. (Scale bar, 2 μm.) (C) Trapping of 3.8-μm particles by tuning the size of the LPCS mechanical gripper. (Scale bar, 4 μm.) (D) Relationship between the particle diameter and the intracell distance of the microstructures that can trap the corresponding particles effectively. (E–H) Schematics of particle transportation using the LPCS structures. (I–L) Microscope images of microstructures and microparticles corresponding to different stages of transportation. Red frames indicate optical images and blue ones indicate SEM images. (Scale bars, 3 μm.)

According to our experiments, the trapping efficiency is ~35% and can be further improved by increasing the microparticle concentration. It is interesting that the presence of particles also affects the elastocapillary interaction, which further benefits the trapping efficiency because the new capillary force inside the cell makes the particle much easier to trap (*Supporting Information, section S4* and *Fig. S5*).

Microobject controllable releasing is another desirable function for chemical and cell biological applications. As mentioned above, the capillary-driven self-assembly is reversible, and when the assemblies are put into liquid again the bent pillars can return to their original standing state, causing the grippers to open. The trapped microparticles can thus escape and be released, as sketched in *Fig. 5 E–H*. It is worth mentioning that the as-prepared grippers can be reused and exhibit no obvious functional degradation after over a dozen repetitions. The selective trapping and releasing process is also applicable for microobjects with arbitrary shapes and surface properties.

As a proof-of-concept demonstration, we fabricate a micropillar array with an intracell pitch of 3.9 μm and then put it into a solvent (1-propanol) consisting of three different particles of sizes 2, 3.8, and 4.6 μm. After withdrawal from the solvent and the drying procedure, only the 3.8-μm particles are captured by the capillary-driven grippers (*Fig. 5 I* and *J*). Then we move the pillar assemblies together with the selected particles into another solvent (e.g., acetone). The grippers open and the selected particles are released into the new solvent (*Fig. 5 K* and *L*). This ability of microobject selective transportation may find wide applications owing to its scalability, designability, and reproducibility.

In summary, we have demonstrated an LPCS method for realizing hierarchical periodic microstructures. Various microarchitectures are designed and constructed by tuning the capillary force and elastic standing force through spatial arrangements and pillar heights, respectively. Complicated assemblies can be achieved owing to the high flexibility of the LPCS method. Anisotropic assemblies can also be obtained by the evaporation front-directed method. This top-down/bottom-up hybrid strategy for preparing hierarchical structures features simplicity, scalability, and high flexibility in comparison with other state-of-the-art

approaches such as photolithography (39), electron-beam lithography (20, 40), and template replicating (4, 16). Moreover, the assembled cells can be used as automatic microgrippers for selective trapping and controllable releasing of microobjects, suggesting numerous potential applications in the fields of chemistry, biomedicine, and microfluidic engineering.

## Materials and Methods

Additional details can be found in *Supporting Information, section S1*.

**LPCS Fabrication of Micropillar Arrays.** A typical femtosecond laser direct writing system is used for producing micropillar arrays, in which a Ti:sapphire laser oscillator (Chameleon vision-S; Coherent) is used as the light source, operating at a central wavelength of 800 nm, with a repetition rate of 80 MHz and a pulse duration of 75 fs. A 100× objective (Olympus) with N.A. 0.9 is used to focus the laser beam inside the photosensitive material. A commercially available zirconium-silicon hybrid sol-gel material is used for photopolymerization (SZ2080; provided by IESL-FORTH). The detailed synthesis process is described elsewhere (41, 42). The principal advantage of this material in comparison with other photoresists is the negligible shrinkage during structuring. After polymerization, the sample is developed in 1-propanol for 20 min until all of the unpolymerized parts are washed away. After withdrawal from 1-propanol, the liquid layer on the sample surface evaporates and induces the micropillar array to assemble into highly ordered structures with the aid of accompanying capillary force.

**Microparticle Trapping and Releasing.** Polystyrene microspheres with diameters of 1, 2, 3.2, 4.6, and 5.8 μm were synthesized by Wakely Scientific Corp. Inc. and used as received. For microparticle trapping, the sample with LPCS arrays is put into the solvent (1-propanol) containing microspheres and then withdrawn after a while. After solvent evaporation, only the suitable microparticles were trapped by adjacent pillars due to the capillary force. Relatively large assembled cells may cause the trapping of multiple particles and long filamentous assemblies can trap particles without selectivity (*Fig. S6*). Although high microsphere concentration benefits the trapping efficiency, too high a concentration (>10<sup>-3</sup> g/mL) may result in particle aggregation, as shown in *Fig. S7*.

For the controlled releasing of microparticles, the sample is placed inside liquid and a slight vibration is applied to speed up the opening of the microassemblies and release of the microparticles.

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