

## Disease Focus

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# Disease Mechanisms and Therapeutic Approaches in Spinal Muscular Atrophy

Sarah Tisdale<sup>1,2</sup> and Livio Pellizzoni<sup>1,2</sup>

<sup>1</sup>Center for Motor Neuron Biology and Disease and <sup>2</sup>Department of Pathology and Cell Biology, Columbia University, New York, New York 10032

Motor neuron diseases are neurological disorders characterized primarily by the degeneration of spinal motor neurons, skeletal muscle atrophy, and debilitating and often fatal motor dysfunction. Spinal muscular atrophy (SMA) is an autosomal-recessive motor neuron disease of high incidence and severity and the most common genetic cause of infant mortality. SMA is caused by homozygous mutations in the *survival motor neuron 1 (SMN1)* gene and retention of at least one copy of the hypomorphic gene paralog *SMN2*. Early studies established a loss-of-function disease mechanism involving ubiquitous SMN deficiency and suggested SMN upregulation as a possible therapeutic approach. In recent years, greater knowledge of the central role of SMN in RNA processing combined with deep characterization of animal models of SMA has significantly advanced our understanding of the cellular and molecular basis of the disease. SMA is emerging as an RNA disease not limited to motor neurons, but one that involves dysfunction of motor circuits that comprise multiple neuronal subpopulations and possibly other cell types. Advances in SMA research have also led to the development of several potential therapeutics shown to be effective in animal models of SMA that are now in clinical trials. These agents offer unprecedented promise for the treatment of this still incurable neurodegenerative disease.

## Introduction

Essential human behaviors such as swallowing, breathing, and locomotion depend on precise motor control. The coordinated activity of motor neurons within complex neuronal networks is critical for motor system function. Disruption of this network leads to fatal human disorders such as spinal muscular atrophy (SMA) and amyotrophic lateral sclerosis (ALS), the two most common motor neuron diseases of infancy and adulthood, respectively. Increasing evidence links these diseases to mutations in ubiquitously expressed genes implicated in RNA processing, but this has not yet led to an effective

treatment for SMA or ALS. The multidisciplinary efforts of both academic and industry researchers supported by public and private foundations and patient advocacy groups have led to tremendous scientific progress in the SMA field. Here, we discuss advances in our understanding of the molecular and cellular basis of SMA and the development of candidate therapeutics that promise to mitigate the burden of this devastating motor disorder in the near future.

## Clinical features of SMA

SMA is an inherited neuromuscular disease primarily affecting children. It is the leading genetic cause of infant death and the second most common autosomal-recessive genetic disorder after cystic fibrosis (Lunn and Wang, 2008). The disease affects 1 of every 6000 to 10,000 newborns and ~1 in 50 people are carriers. SMA causes degeneration and loss of  $\alpha$  motor neurons in the anterior horn of the spinal cord, leading to progressive

muscle weakness and, in severe cases, respiratory failure and death (Crawford and Pardo, 1996). Proximal muscles are preferentially affected in the disease, as are lower more than upper extremities. The differential vulnerability of distinct motor neuron pools in SMA is also demonstrated by the marked involvement of intercostal and axial muscles and the relative sparing of the diaphragm, which results in the characteristic bell-shaped chest and paradoxical breathing.

SMA presents across a broad clinical spectrum in terms of age of onset and severity of disease and is classified into several different types based on onset and highest motor function milestones achieved (Munsat and Davies, 1992). Patients with the severe type I form of SMA, which is also the most common form, show signs of the disease soon after birth (<6 months of age), never gain the ability to sit, and typically do not survive past 2 years of age. Patients with the intermediate form of the disease (type II) are affected before 18

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Correspondence should be addressed to Livio Pellizzoni, Center for Motor Neuron Biology and Disease, Department of Pathology and Cell Biology, Columbia University, Physicians and Surgeons Building, Room 5-421, 630 West 168th Street, New York, NY 10032. E-mail: lp2284@cumc.columbia.edu.

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months of age and are able to sit upright, but never gain the ability to stand without support. A milder form of the disease (type III) begins after 2 years of age and patients maintain the ability to stand on their own and live a normal lifespan. Additional forms of SMA have been identified at both ends of the severity spectrum: type 0 SMA is a prenatal form of the disease that is uniformly fatal *in utero* or a few months after birth (MacLeod et al., 1999) and type IV SMA presents as an adult-onset form of the disease with mild proximal muscle weakness and normal life expectancy (Lunn and Wang, 2008). In all SMA patients, clinical and electrophysiological findings are consistent with a neurogenic disorder in which loss of motor units and rapid functional decline occur soon after the onset of symptoms, usually followed by a long plateau phase during which muscle strength remains relatively stable (Crawford and Pardo, 1996; Ianaccone et al., 2000; Swoboda et al., 2005). In milder, but not severe, forms of SMA, some preservation of muscle power is associated with collateral axonal sprouting and myofiber reinnervation, evidenced by the presence of large motor units and fiber type grouping (Crawford and Pardo, 1996). Treatment of SMA remains limited to symptomatic and supportive care.

### Molecular genetics of SMA

Although no effective therapies are yet available to SMA patients, the molecular genetics underlying the disease has been well characterized in the two decades since it was discovered that SMA is caused by homozygous deletion or mutation of the *survival motor neuron 1 (SMN1)*, a gene that encodes the SMN protein (Lefebvre et al., 1995). Due to a large inverted duplication located at chromosome 5q, the human genome contains two SMN-coding genes, *SMN1* and *SMN2*. Although the two genes are nearly identical, a single C to T transition in exon 7 of *SMN2* disrupts an exon splicing enhancer and concomitantly creates an exon splicing silencer element (Cartegni and Krainer, 2002; Kashima and Manley, 2003). As a result, this single base change potentially redirects alternative splicing so that exon 7 is excluded from the majority of *SMN2*-derived mRNA transcripts (Lorson et al., 1999; Monani et al., 1999). The exon 7-excluded mRNA (*SMN $\Delta$ 7*) encodes a truncated SMN protein that is rapidly degraded (Lorson and Androphy, 2000; Cho and Dreyfuss, 2010). However, a small proportion of transcripts derived from *SMN2* includes exon 7 and encodes full-

length, functional SMN that—in the context of SMA, in which *SMN1* is mutated or deleted—provides a sufficient amount of SMN to prevent lethality yet not enough to fully compensate for the loss of *SMN1*, resulting in motor neuron disease. Importantly, due to the intrinsic instability of the 5q chromosomal duplication, multiple copies of *SMN2* can be present in the human genome and a higher *SMN2* copy number correlates inversely with disease severity (McAndrew et al., 1997; Wirth et al., 2006). In an extreme example of the disease-modifying capacity of *SMN2*, individuals with homozygous *SMN1* deletions have been identified who lack SMA symptoms due to the presence of five copies of *SMN2* (Prior et al., 2004). Furthermore, variants of *SMN2* containing single nucleotide changes that increase the efficiency of exon 7 inclusion have been identified in SMA patients with a milder phenotype despite carrying only two copies of *SMN2* (Prior et al., 2009; Vezain et al., 2010). Therefore, SMA is the result of a deficiency—but not a complete absence—of functional SMN protein and *SMN2* is the most potent genetic modifier of the disease.

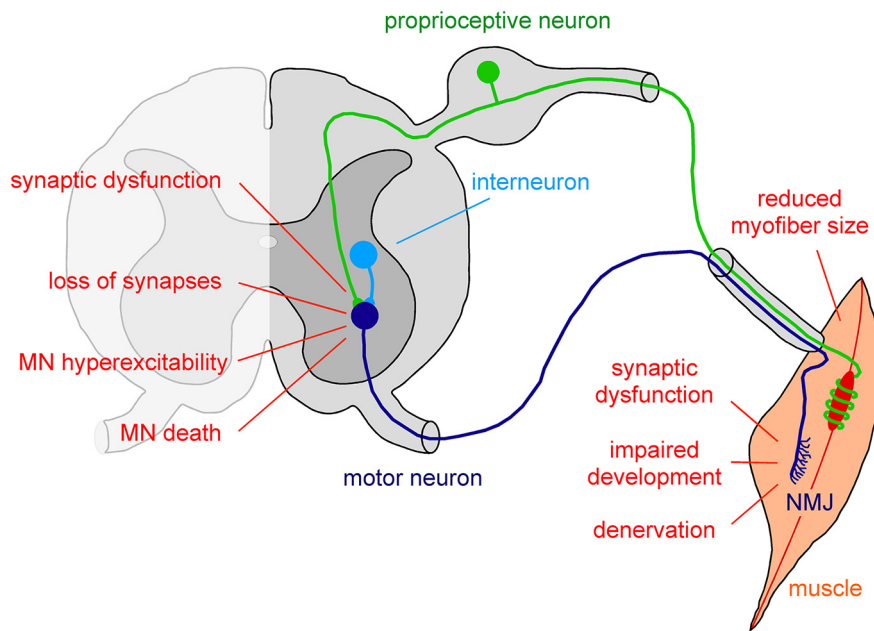
### Cellular basis of motor system dysfunction in SMA

Motor dysfunction associated with motor neuron loss and skeletal muscle atrophy is a defining clinical feature of SMA across the disease spectrum. The development of various animal models of SMA has been key to defining the cellular and molecular basis of the disease (Schmid and DiDonato, 2007; Burghes and Beattie, 2009). Complete absence of SMN in model organisms, all of which have only a single *Smn* gene that is equivalent to *SMN1*, is lethal as it likely is in humans, in whom the absence of both *SMN1* and *SMN2* has never been found. In contrast, ubiquitous SMN reduction to levels found in severe SMA patients appears to be relatively well tolerated by most tissues, but not in the nervous system (Burghes and Beattie, 2009). Thus far, the genetic and phenotypic hallmarks of the human disease have been most faithfully reproduced in the mouse, which has proven to be the most powerful platform for elucidating pathological mechanisms in SMA (Burghes and Beattie, 2009; Sleight et al., 2011). Through similar design, the first mouse models of SMA were engineered to express low levels of SMN by harboring two copies of the human *SMN2* transgene with concomitant knock-out of the single mouse *Smn* gene (Hsieh-Li et al., 2000; Monani et al.,

2000). These SMA mice are born phenotypically normal but begin to display severe motor deficits, muscle weakness, and reduced weight gain early after birth and die at ~1 week of age (Hsieh-Li et al., 2000; Monani et al., 2000). Addition of the *SMN $\Delta$ 7* cDNA transgene to this genetic background was found to extend survival of *SMN $\Delta$ 7* SMA mice to ~2 weeks of age (Le et al., 2005), yielding one of the most widely studied SMA models to date. Confirming the disease-modifying role of *SMN2*, *Smn* knock-out mice with eight or more copies of *SMN2* are phenotypically normal (Monani et al., 2000).

Examination of cellular pathology reveals selective loss of motor neurons in the spinal cord of SMA mice (Hsieh-Li et al., 2000; Monani et al., 2000; Le et al., 2005; Mentis et al., 2011; Fig. 1). Interestingly, SMA motor neurons display differential, segment-specific vulnerabilities along the rostrocaudal axis (Mentis et al., 2011): those residing in lumbar level L1 that innervate axial and proximal muscles are affected earlier and more profoundly than those in the L5 region, which innervate distal hindlimb muscles. Moreover, motor neurons in the medial motor column that innervate axial muscles are more affected than those in the lateral motor column that innervate distal muscles, consistent with findings in SMA patients (Mentis et al., 2011). The realization that some motor neuron pools are spared both in the human disease and in mouse models offers unique opportunities to identify candidate vulnerability or resistance factors through differential screening approaches similar to those used successfully in ALS (Kaplan et al., 2014).

Beyond death of spinal motor neurons, SMA pathology is characterized by additional defects that occur both centrally, at synapses impinging on somata and dendrites of motor neurons, and distally, at the neuromuscular junction (NMJ) (Fig. 1). The NMJ defects include presynaptic neurofilament accumulation, reduced vesicle content, and impaired synaptic transmission, as well as defective postsynaptic acetylcholine receptor clustering and motor endplate development (Kariya et al., 2008; Murray et al., 2008; Kong et al., 2009; Ling et al., 2010; Ruiz et al., 2010; Lee et al., 2011). Furthermore, alterations in intracellular calcium homeostasis and defective clustering of Cav2.2 channels have been found in SMA motor neuron terminals both *in vivo* and *in vitro* (Jablonka et al., 2007; Ruiz et al., 2010). These morphological and functional abnormalities of the NMJ are associated



**Figure 1.** Schematic representation of the key morphological and functional abnormalities induced by SMN deficiency in the motor system of SMA mouse models. Multiple aspects of the motor system are disrupted in SMA. For simplicity, only the excitatory premotor neurons of the motor circuit affected by the disease are depicted. Motor neurons (dark blue) in the ventral horn of the spinal cord receive excitatory synaptic inputs from proprioceptive neurons residing in the dorsal root ganglion (green) and local interneurons (light blue). Upon sufficient excitatory drive to generate action potentials, motor neurons innervating skeletal muscle induce muscle contraction through cholinergic neurotransmission at the NMJ. The specific deficits within the SMA motor system are indicated and are described in detail in the text.

with delayed development, decreased myofiber size, and muscle denervation, all of which are well documented and particularly pronounced for select vulnerable muscles (Kariya et al., 2008; Murray et al., 2008; Kong et al., 2009; Ling et al., 2012).

In addition to proper connectivity between motor neuron and muscle, accurate wiring of motor neurons with other neurons into functional circuits is essential for motor behavior, and abnormalities in neural networks likely contribute to SMA. In support of this, SMA motor neurons receive fewer glutamatergic synaptic inputs from proprioceptive sensory neurons and local spinal interneurons (Ling et al., 2010; Mentis et al., 2011; Fig. 1). Furthermore, severe impairment of sensory-motor neurotransmission associated with strong dysfunction of proprioceptive synapses has been demonstrated in SMA mice (Mentis et al., 2011). Intriguingly, SMA motor neurons have increased intrinsic excitability and altered firing properties (Mentis et al., 2011), possibly reflecting a homeostatic response to reduced excitatory drive from SMN-deficient premotor neurons. Altogether, these data suggest that the severe motor dysfunction associated with SMA pathology is in part due to synaptic abnormalities induced by SMN deficiency in the sensory-motor system. The observation

that structural and functional alterations of sensory-motor connectivity precede motor neuron loss further supports the idea that these early events contribute to motor neuron dysfunction and death in SMA. It will be important to determine whether hyperexcitability and death of SMA motor neurons are linked events.

In sum, SMA is emerging as a disease characterized by dysfunction of multiple components of the motor system and not motor neurons alone. In addition, defects in tissues outside of the nervous system, such as heart, pancreas, and liver, have been documented in severe SMA mice (Bevan et al., 2010; Heier et al., 2010; Shababi et al., 2010; Hua et al., 2011; Bowerman et al., 2012b), although the role of peripheral tissue dysfunction in human SMA pathology remains to be established. These defects have been covered in several excellent reviews (Hamilton and Gillingwater, 2013; Shababi et al., 2014) and thus will not be discussed further here.

### Temporal and spatial requirement of SMN

The preferential motor system pathology caused by deficiency of a ubiquitously expressed protein raises key questions about the temporal and spatial requirement of SMN *in vivo*. This has begun to be addressed using animal models in which

SMN is conditionally restored or depleted in a tissue- and time-dependent manner. These studies showed that a ubiquitous postnatal increase of SMN rescues the phenotype in severe SMA mice even after disease onset (Le et al., 2011; Lutz et al., 2011). Importantly, SMN restoration after the first postnatal week is ineffective, demonstrating that this increase must occur early during postnatal development (Le et al., 2011; Lutz et al., 2011). It was also found that early postnatal SMN depletion rapidly elicited a motor phenotype and death, whereas SMN reduction after the second postnatal week did not lead to an overt SMA phenotype in mice (Le et al., 2011; Kariya et al., 2014). Therefore, a high level of SMN is required during the embryonic and early postnatal phase of mouse development, which coincides with maturation of the motor system.

In addition to the temporal requirement for SMN, several observations suggest that SMA is a disease affecting motor system development. Although embryonic specification and patterning of motor neurons appear normal (McGovern et al., 2008; Murray et al., 2010), several synaptic abnormalities appear early during postnatal development and increase over the disease course in SMA mice. First, NMJs display signs of delayed maturation, as indicated by a failure to develop properly into the highly perforated, rosette-like, complex structures characteristic of mature neuromuscular synapses (Kariya et al., 2008; Kong et al., 2009). Second, the developmental increase in the number of proprioceptive synapses on motor neuron dendrites is halted (Mentis et al., 2011). Last, the physiological switch in gene expression from embryonic to adult forms of myosin heavy chains and acetylcholine receptors is impaired in SMA skeletal muscle (Avila et al., 2007; Kong et al., 2009).

Is motor system pathology in SMA the result of cell autonomous defects solely in motor neurons? Establishing the spatial requirement of SMN is key, not only to distinguishing primary cellular deficits from secondary effects, but also to identifying the cellular targets for therapy. Early work showed that pan-neuronal SMN expression was able to fully rescue the disease phenotype in SMA mice, whereas SMN restoration in muscle had no effect (Gavrilina et al., 2008). Although intrinsic muscle deficits were later found to contribute to muscle hypotrophy (Martinez et al., 2012), these findings indicated a key role for neuronal dysfunction in SMA pathology. Surprisingly, selective depletion

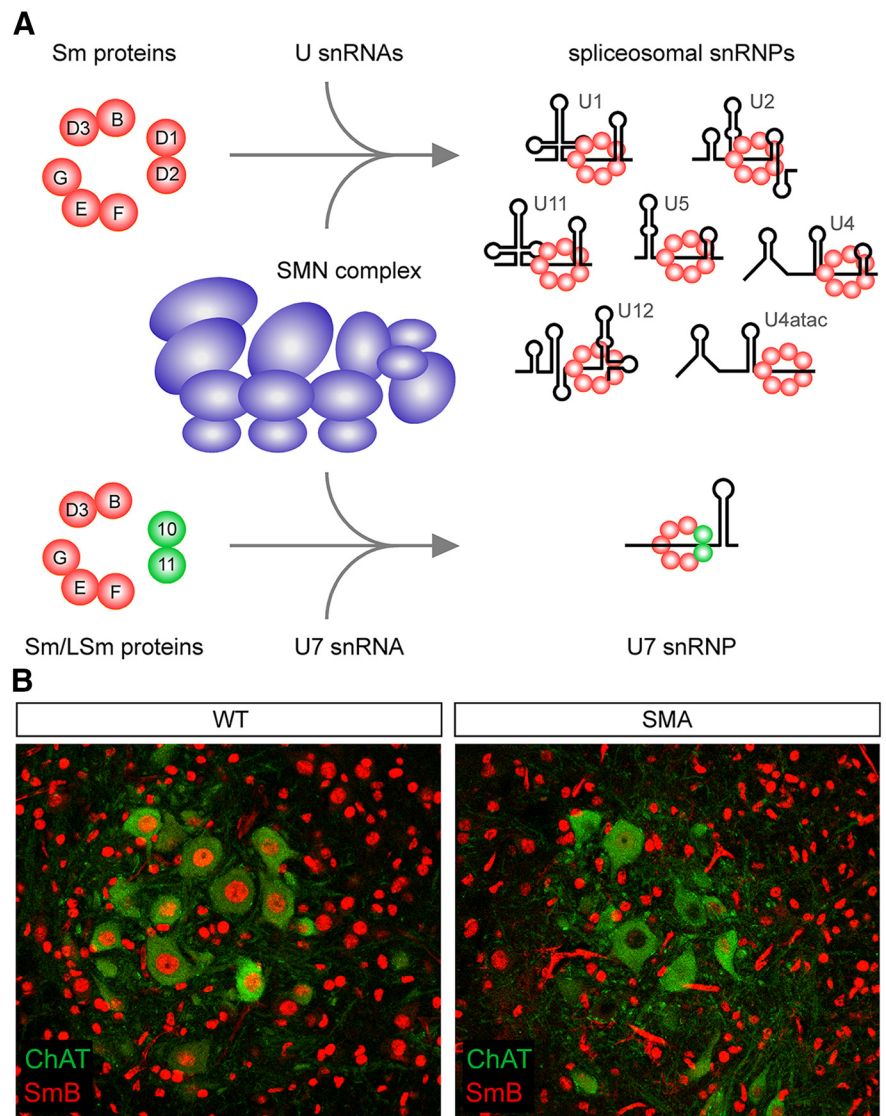


of SMN in motor neuron progenitors caused motor neuron death, but only a mild SMA phenotype (Park et al., 2010). Furthermore, motor-neuron-specific SMN restoration improved motor neuron loss, but had little benefit in terms of survival of SMA mice (Gogliotti et al., 2012; Martinez et al., 2012). Therefore, although motor neuron death appears to be a cell autonomous event, SMN deficiency must induce defects elsewhere that also contribute to motor system pathology in animal models of SMA. This scenario is supported by a recent study using a *Drosophila* model of SMA in which reduced muscle growth and defective locomotion induced by SMN deficiency were accompanied by aberrant motor neuron output and increased NMJ neurotransmission (Imlach et al., 2012). Remarkably, whereas restoration of SMN in either muscles or motor neurons did not alter these phenotypes, selective expression of SMN in proprioceptive neurons and interneurons of the motor circuit was sufficient to correct defects in motor neurons and muscles (Imlach et al., 2012), revealing the non-cell-autonomous origin of these abnormalities in this model system. To date, evidence for dysfunction of proprioceptive neurons and excitatory spinal interneurons has accumulated in mouse models of SMA (Ling et al., 2010; Mentis et al., 2011), but the effect of selective SMN restoration in these premotor neurons on motor neuron function and the disease phenotype has yet to be evaluated.

Collectively, these findings highlight motor system disruption as a prominent feature of SMA pathology in which dysfunction of neuronal networks has a key role. In the future, identification of the specific neurons within the motor circuit in which SMN is essential and of the molecular pathways and cellular activities that are disrupted by SMN deficiency will be critical for understanding the underlying mechanisms of motor system dysfunction in SMA and the development of effective therapeutics.

### Molecular mechanisms of SMA: dysregulation of RNA processing

After the identification of SMN as the disease-causing gene product of SMA, several studies established the basic biological function of SMN and began to provide insight into how a deficiency in SMN could elicit motor neuron disease. SMN is an evolutionarily conserved and ubiquitously expressed protein that localizes to both the cytoplasm and the nucleus of all eukaryotic cells (Liu and Dreyfuss, 1996;



**Figure 2.** The biogenesis of snRNPs requires SMN and is disrupted in SMA motor neurons. **A**, Schematic representation of the only molecularly established RNP assembly functions of SMN. The multisubunit SMN complex (Pellizzoni, 2007) binds to seven Sm proteins (B, D1, D2, D3, E, F, G) or a subset of Sm proteins and LSm10/11 to mediate their respective assembly onto specific snRNAs, yielding spliceosomal snRNPs that function in pre-mRNA splicing or U7 snRNP that functions in histone mRNA processing. **B**, SMN deficiency causes a more prominent reduction of snRNPs in the nucleus of SMA motor neurons than other spinal ventral horn cells. Double-label immunohistochemistry and confocal microscopy analysis of lumbar L1 spinal cord sections from wild-type (WT) or SMN $\Delta$ 7 SMA mice (Le et al., 2005) at postnatal day 10 was performed using antibodies against SmB (Carissimi et al., 2006) to label snRNPs and the motor-neuron-specific marker ChAT, as described previously (Ruggiu et al., 2012).

Burghes and Beattie, 2009). A series of biochemical studies firmly established that SMN, along with eight core protein components (Gemins2–8 and unrip), constitutes a large, multiprotein complex (Pellizzoni, 2007). The best-characterized function of the SMN complex is in the assembly of small nuclear ribonucleoproteins (snRNPs) of the major (U2-dependent) and minor (U12-dependent) spliceosomes (Fischer et al., 2011; Li et al., 2014). Specifically, SMN is essential for the assembly of a heteroheptameric ring of Sm proteins on snRNAs (Meister et al., 2001; Pellizzoni et al., 2002; Fig. 2A), which is an

obligate step in the biogenesis pathway of these essential RNP components of the RNA splicing machinery. In addition to spliceosomal snRNPs, the SMN complex also mediates the assembly of a variant core comprising Sm and Sm-like (LSm10 and LSm11) proteins on the U7 snRNA (Pillai et al., 2003; Tisdale et al., 2013; Fig. 2A). U7 snRNP functions, not in splicing, but in the unique 3'-end processing of replication-dependent histone mRNAs that comprise the most abundant class of intronless and non-polyadenylated transcripts in metazoans (Marzluff et al., 2008). Accordingly, SMN deficiency im-

pairs U7 biogenesis, leading to histone mRNA processing deficits in SMA (Tisdale et al., 2013). Therefore, generation of both intron-containing mRNAs and replication-dependent histone transcripts depend on SMN activity for their proper processing and expression. SMN has also been implicated in the formation of many other cellular RNPs containing both coding and noncoding RNAs (Fallini et al., 2012; Li et al., 2014), with the most prominent of these putative functions relating to the axonal transport and local translation of mRNAs at the distal end of developing neurons (Rossoll et al., 2003; Fallini et al., 2011). Although these additional activities have not yet been well defined mechanistically, SMN undoubtedly plays multiple key roles in the posttranscriptional regulation of gene expression.

Despite increased knowledge of SMN's functions in RNA regulation, how a deficiency in a ubiquitous protein with housekeeping roles in gene expression elicits selective motor dysfunction in SMA is poorly understood. Because pathology is not restricted to motor neurons, but also involves impairment of the entire sensory-motor system, SMA is likely not caused by disruption of a single SMN-dependent RNA pathway in motor neurons, but rather by disruption of multiple pathways across the entire motor circuit. Defining the specific pathways and associated downstream events disrupted by SMN deficiency that elicit disease relevant effects is one of the most challenging tasks in understanding molecular mechanisms of SMA.

To date, multiple lines of evidence point to a role for spliceosomal snRNP dysfunction in SMA. Defects in snRNP assembly correlate with disease severity and lead to a reduction in the steady-state levels of snRNPs in mouse models of SMA (Gabanella et al., 2007; Zhang et al., 2008). These changes are both tissue specific and not uniform across all snRNPs: those of the minor spliceosome that carry out U12-dependent splicing are more strongly affected than those of the major spliceosome. Moreover, SMN deficiency induces a particularly prominent snRNP reduction in motor neurons compared with other neurons and non-neuronal cells in the spinal cord of SMA mice (Ruggiu et al., 2012; Fig. 2B). This has been attributed to both the especially low degree of exon 7 inclusion in SMN2 transcripts within normal motor neurons and the activation of a negative feedback loop in which reduced snRNPs further decrease exon 7 splicing in SMA (Jodelka et al., 2010; Ruggiu et al.,

2012), exacerbating dysfunction of SMN-dependent pathways and contributing to the selective vulnerability of SMA motor neurons. Therefore, ubiquitous SMN deficiency has remarkably selective consequences on the snRNP content of SMA cells. Differential changes—both qualitative and quantitative—in snRNP content across tissues induced by SMN deficiency could provide an explanation for how SMN-dependent snRNP reduction selectively affects the motor system. Consistent with snRNP involvement in the disease process, restoration of snRNP levels coincides with phenotypic correction in animal models (Winkler et al., 2005; Workman et al., 2009).

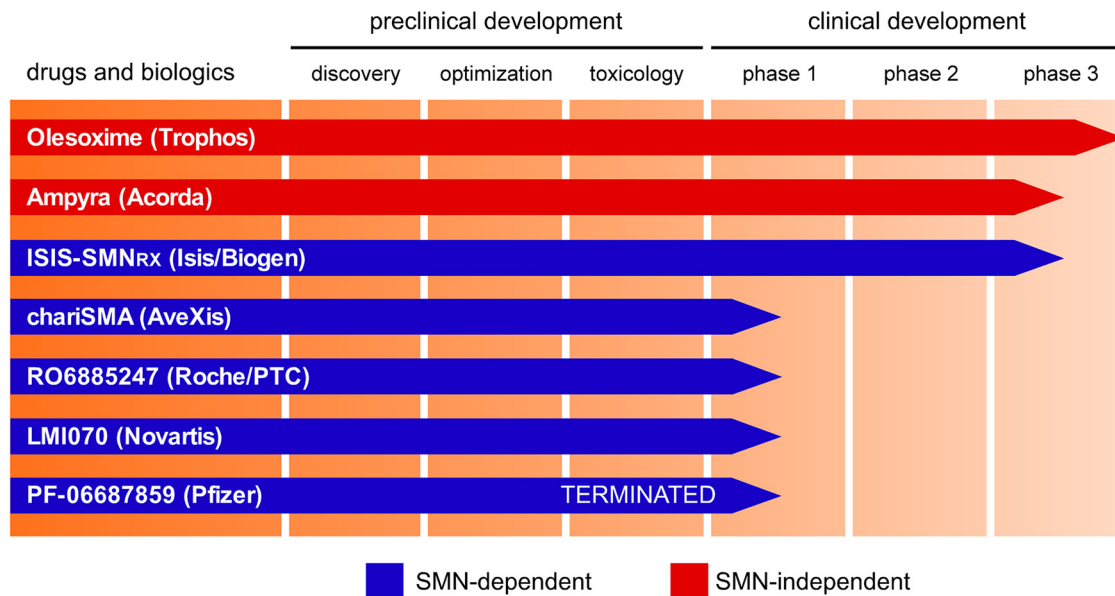
One of the greatest challenges in SMA research is to identify specific SMN-dependent RNA-processing events that contribute to neuronal dysfunction and ultimately to the disease. Toward this end, a recent study identified *Stasimon* as a gene essential for the normal synaptic transmission in *Drosophila* motor neurons whose function is disrupted by SMN deficiency due to defective splicing of a U12 intron within the gene (Lotti et al., 2012). Importantly, *Stasimon* restoration rescued select aspects of motor neuron pathology in animal models of SMA, including NMJ neurotransmission and muscle size defects in *Drosophila* and motor axon outgrowth in zebrafish (Lotti et al., 2012). Therefore, this study linked neuronal circuit perturbations that are important determinants of SMA pathogenesis directly to disruption of an SMN-dependent RNA splicing event in animal models. Dysregulation of additional RNA processing events downstream of SMN function in splicing (See et al., 2014; Wishart et al., 2014) and other less-defined SMN activities (Akten et al., 2011; Kye et al., 2014; Sleight et al., 2014) have been shown to contribute to SMA phenotypes in animal models. Collectively, these findings suggest that SMA pathology may result from a combination of specific functional deficits in distinct cell types, each triggered by select gene expression changes among many transcriptome alterations. This scenario is not unprecedented in human disease because it bears conceptual and mechanistic similarities with other RNA disorders of the motor system such as myotonic dystrophy (Udd and Krahe, 2012) and a paraneoplastic neurologic syndrome linked to the neuronal splicing factor Nova (Darnell and Posner, 2006; Ruggiu et al., 2009).

Future studies aiming to identify the full complement of RNA-processing defects that contribute to SMA pathology will help to build a comprehensive molecular view of SMN-dependent RNA regulation in motor circuit function and disease. The individual contribution of each RNA pathway regulated by SMN to the disease phenotype in mouse models will require the development of multipronged approaches for selectively enhancing RNP biogenesis, restoring downstream targets with altered expression, or reducing RNP turnover to compensate for the imbalance induced by defects in biogenesis.

### Insights into SMA pathogenesis from disease modifiers

Identifying specific cellular activities disrupted in SMA is a key, logical complement to the molecular dissection of SMN-dependent RNA pathways and downstream targets. Studies of chemical and genetic modifiers of SMA phenotypes have helped to identify cellular events disrupted in the disease (Wirth et al., 2013), allowing for a better understanding of the disease process.

A prominent example is the emerging role of disrupted actin regulation and cytoskeletal dynamics at SMA synapses. A study in human patients identified increased expression of the F-actin-bundling protein Plastin 3 as a protective modifier in asymptomatic patients who carried *SMN1* deletions with identical *SMN2* copy number as their SMA-affected siblings (Oprea et al., 2008). Although higher Plastin 3 levels can also be observed in female SMA patients relative to unaffected siblings (Bernal et al., 2011), Plastin 3 has been found to be a modifier of neuromuscular phenotypes induced by SMN deficiency in both invertebrate and vertebrate models of SMA (Dimitriadi et al., 2010; Hao le et al., 2012; Ackermann et al., 2013). In SMA mice, overexpression of human Plastin 3 increased proprioceptive inputs onto motor neurons and both acetylcholine receptor clustering and endplate size at the NMJ (Ackermann et al., 2013). The stabilizing effect of Plastin 3 on synapses was linked to higher presynaptic levels of F-actin and resulted in partial improvement of NMJ neurotransmission and muscle fiber size, yet had little effect on motor function and survival of SMA mice (Ackermann et al., 2013). Consistent with these observations, another study revealed that SMN deficiency induces activation of RhoA, a regulator of actin dynamics, in an intermediate SMA mouse model (Bowerman et al., 2010). Interestingly, pharmacological inhibition of the



**Figure 3.** Candidate SMA therapeutics and their progress through the clinical development pipeline. The chart summarizes the current status of the most advanced programs in SMA therapeutic development based on publicly available information. Small molecules and biologics listed with blue bars aim to increase the functional levels of SMN, and those denoted with red bars act by improving motor system function through SMN-independent mechanisms.

RhoA/ROCK pathway was found to improve NMJ development and myofiber size, but not motor neuron loss, and to extend survival in SMA mice (Bowerman et al., 2010; Bowerman et al., 2012a). Collectively, these findings implicate dysregulation of presynaptic actin dynamics in SMA pathology, although the mechanisms underlying this defect remain elusive. Reduced synthesis of  $\beta$ -actin at motor neuron terminals resulting from disruption of the proposed function of SMN in axonal mRNA transport could affect the actin cytoskeleton in SMA (Rosoll et al., 2003); however, genetic ablation of  $\beta$ -actin in mouse motor neurons has no phenotypic effects on the neuromuscular system (Cheever et al., 2011).

Efforts aimed at the discovery and characterization of modifiers of SMN biology and SMA pathology will provide invaluable insights to help link disruption of SMN-dependent RNA processing events and the downstream functional deficits induced by SMN deficiency in the motor system. They may also point to novel therapeutic approaches that are complementary to SMN upregulation.

#### Advances toward SMA therapy

Based on our understanding of SMA etiology, restoration of SMN expression is the most promising strategy to treat the disease. Because all SMA patients carry at least one copy of *SMN2*, the most attractive approach to treat SMA is to manipulate *SMN2* to produce higher amounts of

functional SMN protein. This can be accomplished in several ways, including enhancing *SMN2* promoter activation, increasing exon 7 inclusion in *SMN2* transcripts, and promoting stabilization of SMN mRNA and protein. In addition, SMN expression could be increased by gene therapy. Basic research and preclinical studies in animal models have demonstrated the validity of these approaches, leading to several ongoing clinical trials (Fig. 3). For brevity, only the most advanced candidate treatments that have been tested successfully in animal models and have moved to clinical development are discussed below. For additional information and updates on the clinical trials, we refer the reader to [www.clinicaltrials.gov](http://www.clinicaltrials.gov) and websites of the individual biotechnology companies involved in these drug development programs.

#### Gene therapy

Viral-mediated SMN gene delivery has been remarkably successful in preclinical studies. Both systemic and intracerebroventricular injection of self-complementary adeno-associated viral vectors (scAAV) expressing SMN showed efficient transduction of motor neurons in both mice and non-human primates, as well as nearly complete correction of the SMA phenotype in mice (Foust et al., 2010; Passini et al., 2010; Valori et al., 2010; Dominguez et al., 2011). Recently, proof of principle for phenotypic correction of SMA-like phenotypes induced by SMN

knock-down in a large animal model has also been obtained using AAV-SMN gene delivery (Duque et al., 2014). AveXis is conducting the first gene therapy phase 1 clinical trial to assess the safety of multi-dose intravenous delivery of scAAV9-SMN in type I SMA infants and is also planning an additional trial of scAAV9-SMN by intrathecal delivery in milder SMA patients. In addition to safety and efficacy, a potential hurdle of SMN gene therapy may be the production of enough AAV vector for large-scale administration to SMA patients.

#### Antisense oligonucleotides

Alternative splicing of exon 7 is subject to an intricate regulatory network comprising multiple *cis*-acting elements and *trans*-acting factors (Singh and Singh, 2011). Antisense oligonucleotides (ASOs) that specifically target and inactivate a splicing silencer motif within intron 7 of *SMN2* bound by hnRNP1 (Singh et al., 2006; Hua et al., 2008) have been characterized extensively. These ASOs are highly effective at promoting inclusion of exon 7 in *SMN2* transcripts and at increasing SMN protein levels both *in vitro* and *in vivo*. Importantly, in addition to being highly stable for months within the CNS and showing little to no toxicity, a single administration of ASO splicing modifiers either systemically or in the CNS of severe SMA mice rescues the disease phenotype (Hua et al., 2011; Porensky et al., 2012). To date, ISIS-SMN<sub>RX</sub>, a 2'-O-methoxyethyl



modified ASO developed by Isis Pharmaceuticals/Biogen to correct *SMN2* splicing, has shown good safety and tolerability profiles in open-label phase 2 clinical trials after intrathecal delivery in type I SMA infants and types II and III SMA children. The drug displayed wide CNS distribution, target engagement as indicated by higher SMN levels, and concentrations in a range associated with phenotypic correction in mouse models. Preliminary but encouraging evidence for efficacy is further suggested by dose-dependent increases in the scores of motor function scales observed in treated patients relative to measures from natural history studies. ISIS-SMN<sub>Rx</sub> is currently undergoing phase 3 clinical trials.

### Small molecules

The development of orally bioavailable, brain-penetrable small molecules that upregulate SMN expression is particularly advantageous in treating SMA due to the ease of delivery and ability to target both peripheral and CNS-specific aspects of the disease. Early studies investigated the therapeutic potential of histone deacetylase inhibitors and demonstrated their ability to increase *SMN2* transcription through modification of chromatin structure and to generate some phenotypic benefit in SMA mice; however, these agents were mostly ineffective in the clinical setting (Mohseni et al., 2013).

Cell-based high-throughput screens were performed to identify small molecules that increase SMN expression and their therapeutic potential was investigated in SMA mice (Jarecki et al., 2005; Cherry et al., 2013; Naryshkin et al., 2014). Quinazoline derivatives, a group of compounds that inhibit the RNA decapping scavenger enzyme DcpS (Singh et al., 2008), were the first compounds to be identified in high-throughput drug screens as candidate activators of *SMN2* expression (Jarecki et al., 2005). After extensive chemical improvement, treatment of SMA mice with orally bioavailable and CNS-penetrant DcpS inhibitors—including the most optimized RG3039 compound—showed only moderate effects on SMN upregulation and motor function and survival (Butchbach et al., 2010; Gogliotti et al., 2013; Van Meerbeke et al., 2013). Interestingly, the drug exerts effects beyond motor neurons because the degree of phenotypic improvement in SMA mice of combining RG3039 treatment with selective, genetic restoration of SMN in motor neurons exceeds that observed for each condition separately (Van

Meerbeke et al., 2013). RG3039 (PF-06687859) was found to be safe and well tolerated in a phase 1 study in healthy volunteers, but Pfizer recently terminated further clinical development of this compound in partnership with Repligen for undisclosed reasons.

Small-molecule compounds that are orally available and potently correct *SMN2* splicing have been developed by a consortium including Roche, PTC Therapeutics, and the SMA Foundation. These compounds have shown remarkable results in preclinical studies in SMA mice, where they induced strong splicing correction and SMN upregulation, resulting in a very robust rescue of both motor function and survival (Naryshkin et al., 2014). Despite the unclear nature of the mechanism of action of the compounds, whole-genome analysis has generated considerable enthusiasm for their therapeutic relevance by suggesting that they are highly specific to SMN with negligible effects on other mRNA targets. Investigation of the mechanism of action of these compounds is bound to yield interesting insight into the basic biology of splicing regulation. In human trials, a clinical candidate compound developed by Roche (RO06885247) was well tolerated in healthy individuals and the profile of safety and tolerability in SMA patients is currently being evaluated, together with efficacy measures on motor function as secondary endpoints. A phase 1 study of an orally available *SMN2*-splicing modulator developed by Novartis (LMI070) is also about to begin in type I SMA infants.

### SMN-independent therapeutics

Restoration of SMN levels through any mechanism will likely only be effective if intervention occurs early in the disease. This is supported by work in mouse models that has demonstrated a critical window early in disease progression in which SMN upregulation has meaningful phenotypic benefit (Foust et al., 2010; Le et al., 2011; Lutz et al., 2011). Beyond this point, it will be especially important to target the molecular pathways and cellular activities that are disrupted downstream of SMN. Therefore, precise characterization of SMN-dependent pathways that are both affected and relevant to the disease remains a critical aspect of therapeutic development for SMA. In addition to SMN upregulation, other possibly viable approaches to SMA treatment are emerging from studies using agents that improve motor circuit function in an SMN-independent manner.

Olesoxime is a cholesterol-like neuroprotective compound developed by the pharmaceutical company Trophos that may act by preserving the integrity of mitochondria in neurons under conditions of cellular stress. Originally identified as a protective agent against motor neuron death induced by withdrawal of neurotrophic factors, olesoxime was found to be beneficial in an ALS mouse model (Bordet et al., 2007), but not in ALS clinical trials (Lenglet et al., 2014). In a phase 2 clinical trial in type II and non-ambulatory type III SMA patients, however, olesoxime was shown to maintain motor function and to reduce disease-related adverse events. Based on these results, the compound has been granted orphan drug designation for SMA treatment by US and EU regulatory authorities.

Knowledge of disease mechanisms will undoubtedly yield alternative therapeutic targets and approaches in SMA. One notable example comes from a recent study in which the motor circuit dysfunction induced by SMN deficiency in a *Drosophila* model of SMA was partially corrected by pharmacological treatment with 4-aminopyridine (4-AP) (Imlach et al., 2012). Inhibiting K<sup>+</sup> channels by treatment with 4-AP likely provides phenotypic benefit in the fly model of SMA by increasing the excitability of SMA motor circuits. 4-AP (Ampyra) is a FDA-approved drug developed by Acorda Therapeutics for the treatment of fatigue in multiple sclerosis. Although not yet tested in SMA mice, the clinical efficacy of the drug in type III SMA patients is being assessed in an ongoing trial led by investigators at Columbia University.

As a complement to SMN-restoring strategies, agents that promote motor neuron survival and neural circuit function—and possibly muscle-enhancing approaches as well—deserve consideration as important therapeutic avenues for SMA. In the future, the combination of SMN-dependent and SMN-independent treatment approaches hold the greatest promise in the fight against SMA.

### Conclusions

SMA is mechanistically well defined compared with many other neurodegenerative diseases and has an advanced therapeutic pipeline in place. However, SMA continues to be a fertile research area with many important questions yet to be addressed for both basic and clinical studies. Of particular importance will be to elucidate the full spectrum of SMN functions in post-transcriptional gene regulation and to

further define the SMN-dependent RNA-processing events and downstream cellular activities that contribute to the motor system dysfunction seen in SMA. As these efforts increase our knowledge of disease mechanisms, they might also help to optimize current treatments and lead to the development of novel therapeutic approaches to treat SMA.

On the clinical front, SMA is one of the few neurological diseases for which an effective treatment seems possible in the foreseeable future. Clinical development of current candidate SMA therapeutics still has to face a variety of challenges related to safety, efficacy, and route of delivery in patients before a treatment is established conclusively. Further efforts are also needed in the area of outcome measures to identify reliable disease biomarkers and improved functional tests for scoring motor performance milestones in SMA patients. Nevertheless, results from ongoing clinical trials are eagerly awaited and evidence of therapeutic benefit would favor the implementation of universal newborn screening, in turn allowing both earlier diagnosis and therapeutic intervention and possibly improved clinical outcome. It is anticipated that continuing progress in SMA research will strongly affect, not only this devastating disease of childhood, but also other neurodegenerative conditions of the motor system.

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