

# Testosterone Regulates Tight Junction Proteins and Influences Prostatic Autoimmune Responses

Jing Meng · Elahe A. Mostaghel · Funda Vakar-Lopez · Bruce Montgomery · Larry True · Peter S. Nelson

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**Abstract** Testosterone and inflammation have been linked to the development of common age-associated diseases affecting the prostate gland including prostate cancer, prostatitis, and benign prostatic hypertrophy. We hypothesized that testosterone regulates components of prostate tight junctions which serve as a barrier to inflammation, thus providing a connection between age- and treatment-associated testosterone declines and prostatic pathology. We examined the expression and distribution of tight junction proteins in prostate biospecimens from mouse models and a clinical study of chemical castration, using transcript profiling, immunohistochemistry, and electron microscopy. We determined that low serum testosterone is associated with reduced transcript and protein levels of Claudin 4 and Claudin 8, resulting in defective tight junction ultrastructure in benign prostate glands. Expression of Claudin 4 and Claudin 8 was negatively correlated with the mononuclear inflammatory infiltrate caused by testosterone deprivation. Testosterone

suppression also induced an autoimmune humoral response directed toward prostatic proteins. Testosterone supplementation in castrate mice resulted in re-expression of tight junction components in prostate epithelium and significantly reduced prostate inflammatory cell numbers. These data demonstrate that tight junction architecture in the prostate is related to changes in serum testosterone levels, and identify an androgen-regulated mechanism that potentially contributes to the development of prostate inflammation and consequent pathology.

**Keywords** Testosterone supplementation · Inflammation · Tight junction · Claudin

## Introduction

The androgen receptor (AR), and androgenic hormones including testosterone (T) and its primary intraprostatic metabolite, dihydrotestosterone (DHT), direct the normal development and function of the prostate gland [1]. Ligand–AR complexes regulate a broad range of physiological events in the prostate that include cellular differentiation, proliferation, metabolism, and secretory function [1, 2]. These processes are regulated through a complicated cross-talk of cellular interactions that involve reciprocal paracrine signals between distinct epithelial and mesenchymal cell types [3]. Androgens and the AR also modulate pathological processes that affect the prostate gland including the aging-related diseases of prostate carcinoma and benign prostatic hypertrophy (BPH) [4]. Pharmacological interventions designed to treat these diseases have focused on suppressing the prostatic AR axis [5–7]. Paradoxically, as men age from the fourth to eighth decades, the time period associated with increased incidence rates of BPH and

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J. Meng · E. A. Mostaghel · P. S. Nelson (✉)  
Divisions of Human Biology and Clinical Research,  
Fred Hutchinson Cancer Research Center,  
D4-100, 1100 Fairview Ave. N,  
Seattle, WA 98109-1024, USA  
e-mail: pnelson@fhcrc.org

E. A. Mostaghel · B. Montgomery · P. S. Nelson  
Department of Oncology, University of Washington,  
Seattle, WA, USA

F. Vakar-Lopez · L. True · P. S. Nelson  
Department of Pathology, University of Washington,  
Seattle, WA, USA

prostate cancer, serum testosterone levels gradually decrease at a relatively constant rate [8, 9]. The relationships between declining androgens and prostate pathology remain poorly understood.

Increasingly, androgens are recognized to influence other diseases, such as the metabolic syndrome, a condition associated with low serum testosterone and a generalized elevation in systemic markers of inflammation [10–13]. Some degree of inflammation has been identified in the majority of prostate biopsies acquired from hypogonadal men, and infiltrates are frequently detected in and around foci of atrophy that are characterized by an increased epithelial proliferation index [14, 15]. Inflammation disrupts the integrity of prostate epithelium leading to elevated serum prostate specific antigen (PSA) levels [14, 16] and is hypothesized to provide a favorable environment for cancer development, and induce a precursor lesion long before the formation of a tumor [17]. Inflammation has also been associated with lower urinary tract symptoms (LUTS) that include pelvic pain and voiding symptoms [18].

To date, the etiology and pathogenesis of inflammation in the relatively sterile environment of the prostate remains unclear. Previous studies point to a role for androgens as modulators of systemic immune and inflammatory responses [19–21]. Androgens are critical for maintaining the immune privilege status of organs such as the testes where they regulate the permeability of the blood–testis barrier through the tight junction protein Claudin 3 (Cldn3) [22]. Claudins, occludins, and junction adhesion molecules (JAMs) are the three major constituents of tight junctions. Claudins are small 20–27-kDa proteins that comprise four cell membrane-spanning regions with additional components serving as interaction sites for PDZ domains of scaffold proteins. To date, 24 human Claudin genes have been described. Claudins are the most important component of tight junctions and serve to tightly seal two adjacent cells and form barriers to the passage of cells, molecules, and ions. Similar to the blood–testis barrier that influences immune system access, tight junctions are also present between basal cells residing adjacent to the prostatic acinar basement membrane, and between columnar epithelial cells [23, 24]. The possibility that the prostate is normally an immune privileged organ is supported by the fact that allogeneic tissue grafts can survive in the gland for extended time periods without immunologic eradication [25]. The blood–prostate barrier restricts molecules from passing from the interstitial compartments into the tubular compartments, in a fashion similar to that of the blood–testis barrier [26]. Although it has been reported that several claudin proteins are expressed in the prostate [27], little is known concerning the regulation of prostatic tight junctions and their potential role(s) in association with prostatic inflammation and pathology.

In this study, we sought to provide evidence supporting the hypothesis that tight junctions in the prostate gland are maintained by androgens, and this blood–prostate barrier serves to indirectly suppress inflammatory responses by restricting access to prostatic epithelial antigens. We evaluated the expression of tight junction proteins and quantitated inflammatory infiltrates in the prostates of castrated mice and humans. Low androgen concentrations correlated with decreased expression of tight junction components and with elevated numbers of intraprostatic inflammatory cells. A systemic immune response to prostatic proteins in conjunction with testosterone suppression also occurred. Repletion of testosterone restored tight junction protein expression and was associated with a dramatic reduction in the numbers of intraprostatic inflammatory cells. These findings have implications for studies of aging-associated pathology, testosterone replacement in the aging population, and immune-based therapeutics targeting prostate cancer.

## Methods

**Animal Studies** Animal studies were approved by the Fred Hutchinson Cancer Research Center's IACUC. Male C57BL6J mice at 12 weeks of age were purchased from The Jackson Laboratory. Mice were castrated using standard methods and sacrificed for serum and prostate tissue examination at 2, 4, and 8 weeks. At 2 weeks post-castration, a group of animals were implanted with either testosterone (T) (5.0 mg/pellet; 21-day release) or placebo pellets subcutaneously, and then sacrificed at 2 or 3 weeks after T treatment. At least three animals were used for each time point of the experiment.

**Clinical Specimens** Clinical studies were approved by the University of Washington Institutional Review Board and all patients signed written informed consent. Prostate tissue was obtained at prostatectomy from patients with clinically localized prostate cancer enrolled in a neoadjuvant study evaluating the effects of luproin or estradiol on prostate gene expression. All patients underwent a prostatectomy after 3 weeks of treatment, and tissues were snap frozen for subsequent gene expression and immunohistochemical studies. Human prostates from age-matched eugonadal patients with low-grade prostate cancers without hormone manipulation were used for the control group.

**Laser Capture Microdissection and RNA Amplification** Prostate epithelial cells were microdissected from OCT embedded mouse and human prostate tissues using an Arcturus Veritas Laser Capture Microdissection System

(Mountain View, CA, USA). Approximately 3,000 cells were captured from each sample, and RNA was isolated using PicoPure RNA isolation Kit (Arcturus Inc.). RNA was amplified with message Amp<sup>TM</sup> II aRNA kit from Applied Biosystems, and the amplified RNA was quantified using a NanoDrop 1000 UV–Vis Spectrophotometer (NanoDrop Technologies).

**Quantitative RT–PCR Analysis** Amplified RNA (1.5 µg) of each sample was used to generate cDNA by oligodT primed reverse transcription reactions. Quantitative PCR reactions were performed in triplicates using an Applied Biosystems 7900 sequence detector (Foster City, CA, USA) with master mix containing 5 ng of cDNA from each sample, 1 µM of each primer pair, and SYBR Green PCR from Applied Biosystems. The sequences of primers for mouse cDNA were as follows: *Cldn4*, 5-gccttctctgtggtttctgtt-3' and 5-gcagtgccattattgtagaaa-3'; *Cldn8*, 5'-aggtccaatgaaatgtgtttgtt-3 and 5'-tcatttcagcactgcttttagtc-3'. The sequences of primers for human cDNA were as follows: *CLDN4*, 5'-cccctccaaggacac-taatga-3' and gaagagggaaaaccccaggact; *CLDN8*, 5'-tcctcttctcccagagctttt-3' and ccttgaaaagcagtttgaatg-3'.

**Immunoblotting** Sera from mice were screened for the presence of autoantibodies by Western blotting. Prostate proteins were separated by SDS–PAGE, transferred to membranes, and incubated with 1:200 diluted sera from castrated mice or normal mice overnight at 4°C. Primary antibody was detected with a HRP-conjugated goat anti-mouse secondary antibody (Bio-Rad) and the ECL Western blotting detection system (Amersham Pharmacia).

**Immunoprecipitation** Whole mouse prostate tissues were homogenized in RIPA buffer. Protein lysate was precleared by adding 75 µl protein A/G Agarose beads (Thermo Scientific, Waltham, MA, USA) and incubated at 4°C for 2 h. After centrifugation, beads were discarded and supernatants were added to mouse sera from either castrated mice or intact mice, and incubated at room temperature for 2 h. Immune complexes were precipitated with 50 µl of protein A/G Agarose beads 4°C for 1 h. After three washes in cold RIPA buffer, beads were boiled in 60 µl 4× sample buffer for 5 min. After centrifugation, the supernatant was subjected to SDS–PAGE.

**Mass Spectrometry** From the Coomassie stained gels, three protein bands—one above 49 kDa, one above 62 kDa, and the third one above 98 kDa—were excised, minced, washed with water, 50 mM ammonium bicarbonate, and 50% acetonitrile, followed by dehydration in a vacuum centrifugation. After in-gel digestion with trypsin, the products were desalted using Ziptips (Millipore, Billerica, MA,

USA) per the manufacturer's instructions and dried by vacuum centrifugation. The peptide samples were resuspended in 7 µl of 0.1% formic acid and 5 µl was analyzed by LC/ESI MS/MS with a 2D Nano-HPLC (Eksigent, Dublin, CA, USA) coupled to a hybrid LTQ–Orbitrap (Thermo Scientific) mass spectrometer. A 90-min non-linear gradient was used starting at 5% acetonitrile with 0.1% formic acid. The LTQ–Orbitrap instrument was operated in the data-dependent mode, switching automatically between MS survey scans in the Orbitrap (AGC target value 1,000,000, resolution 60,000, and injection time 1.5 s) with MS/MS spectra acquisition in the linear ion trap (AGC target value of 10,000 and injection time 1 s). The five most intense ions from the Fourier-transform full scan were selected for fragmentation in the linear ion trap by collision-induced dissociation with a normalized collision energy of 30%. Selected ions were dynamically excluded for 45 s.

The protein database search algorithm X!Tandem was used to identify peptides from the mouse IPI protein database (version 3.65). Peptide false discovery rates were measured using Peptide Prophet and results were stored and analyzed in the Computational Proteomics Analysis System. Peptides were filtered with minimum Peptide Prophet probabilities that produced a false discovery rate of approximately 5% and the resulting peptides were grouped into proteins.

**Immunohistochemistry** Mouse prostates from castrated and control mice were prepared as described previously [28]. For *Cldn4* and *Cldn8* staining, paraffin sections were incubated overnight with 1:200 diluted rabbit anti-*Cldn4* antibody and rabbit anti-*Cldn8* (Zymed Laboratories). A goat anti-rabbit antibody conjugated to Alexa Fluor 568 (Molecular Probes) was used at dilution of 1:1,000. For *CLDN4*, cytokeratin, and DNA triple staining, human prostate sections were incubated with mouse anti-*CLDN4* antibody (Zymed Laboratories) and rabbit anti-cytokeratin antibody (DAKO Cytomation) overnight at 4°C. Goat anti-mouse antibody conjugated to Alexa Fluor 568 (Molecular Probes) and goat anti-rabbit antibody conjugated to Alexa Fluor 488 (Molecular Probes) were used at 1:1,000 dilution for 30 min at 25°C, washed with PBS, then mounted in Vectashield mounting medium with DAPI.

CD3 antigen retrieval was performed in a Black and Decker steamer for 20 min in preheated Trilogy buffer (Cell Marque, Hot Springs, AZ, USA) and cooled for 20 min. F4/80 and CD68 slides were steamed for 20 min in preheated Target Retrieval solution (pH 6; Dako) and cooled for 20 min. Slides were rinsed three times in wash buffer and all subsequent staining steps were performed at room temperature using the Dako Autos-

tainer. Endogenous peroxide activity was blocked using 3% H<sub>2</sub>O<sub>2</sub> for 8 min followed by protein blocking. Slides were blocked in 15% goat serum and 5% mouse serum in Tris-buffered saline containing 1% BSA for 10 min. All antibodies were incubated on the tissue for 30 min and then washed. CD3 (MCA1477; Serotec) was used at 10 µg/ml, F4/80 (MCA497; Serotec) was used at 20 µg/ml, and CD68 PG-M1 (M0876; Dako) was used at 1.9 µg/ml. Antibodies were detected using biotinylated goat anti-rat antibody (112-065-167; Jackson ImmunoResearch Laboratory) or biotinylated goat anti-mouse antibody (115-066-062; Jackson ImmunoResearch) at 1:200 for 30 min followed by chromogenic detection using Vector Elite ABC reagents. The staining for all slides was visualized with 3,3'-diaminobenzidine (Dako) for 7 min, and the sections were counter-stained with hematoxylin (Dako) for 2 min. Concentration-matched isotype control slides were run for each tissue sample (Jackson ImmunoResearch).

**Radioimmunoassay (RIA)** Serum testosterone was assayed by double antibody RIA using an assay from Diagnostic Systems Laboratories, Inc. (catalog number DSL-4100, Webster, TX, USA). All samples were assayed at one time. Minimum limit of detection for this assay is 0.05 ng/ml and intra-assay coefficient of variation is 5.7%.

**Quantification of Inflammatory Cells and Claudin Expression** After immunohistochemical staining, 10 random microscopic fields from the peripheral zone (human) or lobe (mouse) from each sample were photographed, and the inflammatory cells were independently counted by two researchers (FVL and JM). The mean number of inflammatory cells in each treated prostate sample was compared to that of control groups.

Images from the claudin-stained human prostates were also scored by two independent researchers (JM and FVL) based on the following scale: 4=strong membranous staining in epithelial cells; 3=strong membranous staining in majority of epithelial cells, but not in every cell; 2=faint membranous staining, but visible; 1=membranous staining barely detectable; and 0=membranous staining barely detectable, with irregular cytoplasmic clumps. Average scores were compared to control groups.

**Statistical Analysis** All data are expressed as mean±SE (standard error). Statistical comparisons between groups were performed using GraphPad Prism 4.0b software. Unpaired *t* tests were used for comparing treatment and control groups. The association between claudin expression and inflammatory cells were analyzed with Pearson's correlation. *P* values <0.05 were considered significant for all the analysis.

## Results

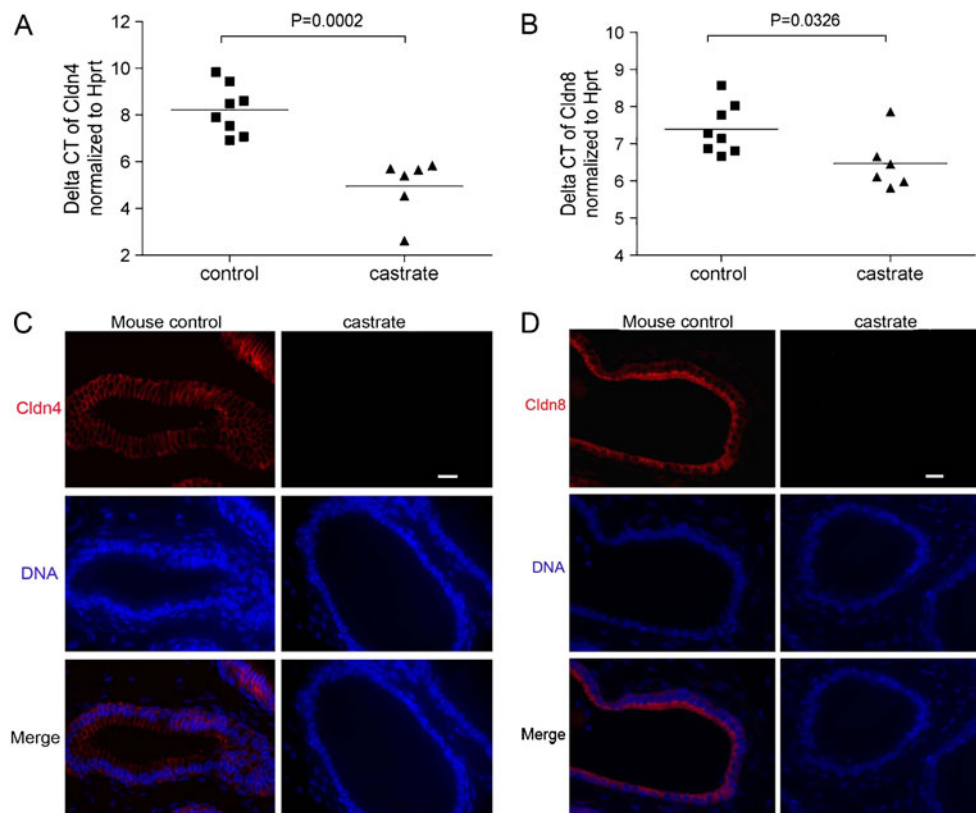
### Serum Testosterone Suppression Results in the Loss of Tight Junction Protein Expression in the Mouse Prostate

To examine the role of androgens on the regulation of cellular tight junctions in the prostate, we castrated a group of adult mice and quantitated transcripts encoding tight junction proteins at time points of 2, 4, and 8 weeks. We specifically acquired prostate epithelial cells by laser capture microdissection, amplified the RNA, and performed quantitative RT-PCR for members of the *Claudin* gene family (Supplemental Figure 1). We determined that *Cldn4*, *Cldn7*, and *Cldn8* were the most abundantly expressed Claudin transcripts in prostate epithelium, and found that *Cldn4* (mean difference of the cycle threshold numbers is 3.266±0.6151; *P*<0.01) and *Cldn8* (mean difference of the Ct numbers is 0.9158±0.3793; *P*<0.033) transcripts were significantly decreased following castration (Fig. 1).

To confirm and extend these results, we determined the distribution of *Cldn4* and *Cldn8* proteins in the prostates of eugonadal and castrated mice using immunofluorescence microscopy (Fig. 1). In eugonadal mice, both *Cldn4* and *Cldn8* proteins were localized to intercellular tight junction sites within the epithelium, although some *Cldn8* protein was localized at the apical-most regions of luminal cell plasma membranes. In castrated mice, the expression of both *Cldn4* and *Cldn8* proteins became progressively uneven and eventually undetectable by 4 weeks after castration (Fig. 1).

To determine the impact of the androgen suppression and loss of *Cldn4* and *Cldn8* expression on tight junction architecture, we examined the ultrastructure of the prostate epithelium from normal and castrated mice using electron microscopy (Fig. 2). Cellular tight junctions contain a series of kissing points (arrows) that bring the lipid bilayers on opposing epithelial cells into intimate contact (Fig. 2). In castrated mice, the tight junctions in the prostate epithelium lack obvious kissing points, and intercellular membranous contacts are diminished.

To determine if the administration of testosterone would promote the re-expression of tight junction proteins in the prostate, we performed immunofluorescence microscopy to evaluate the expression of *Cldn4* and *Cldn8*. We found that *Cldn4* expression was restored at sites of tight junctions in previously castrated mice after 2 weeks of testosterone treatment (Supplemental Figure 2). *Cldn8* became detectable at tight junction regions of basal epithelium and was strongly expressed at the apical surface of luminal epithelial cells (Supplemental Figure 2). In contrast, *Cldn4* and *Cldn8* remained undetectable in the prostates of castrated mice that



**Fig. 1** Testosterone suppression is associated with the loss of *Claudin 4* and *Claudin 8* expression in prostate epithelium. Quantitative RT–PCR analysis of *Cldn4* expression (**a**) and *Cldn8* expression (**b**) in the prostate epithelium of castrated and control mice. The relative abundance of *Cldn4* and *Cldn8* normalized to *Hprt* was significantly reduced compared to normal controls, representing as mean $\pm$ SE (mean difference of the cycle threshold numbers is  $3.266\pm 0.6151$ ,  $P=0.0002$  for *Cldn4* and mean difference of the Ct numbers is  $0.9158\pm 0.3793$ ,  $P=0.0326$  for *Cldn8*). **c** Immunofluorescence detection of

*Cldn4* on prostate sections from control and castrated mice. *Cldn4* proteins were distributed within the epithelium of the mouse prostates, and expression was substantially decreased in the prostates of castrated mice. **d** Immunofluorescence detection of *Cldn8* on prostate sections from control and castrated mice. *Cldn8* proteins were localized at the intercellular sites in the epithelium of control mouse prostates; some of the proteins concentrated at the edge of the luminal compartment. *Cldn8* became undetectable in the prostates of 4-week post-castrated mice. Scale bar=20  $\mu$ m, applied to all images

received placebo or no treatment (Supplemental Figure 2). These data indicate that testosterone replacement can re-establish the expression of tight junction components that were diminished by androgen suppression.

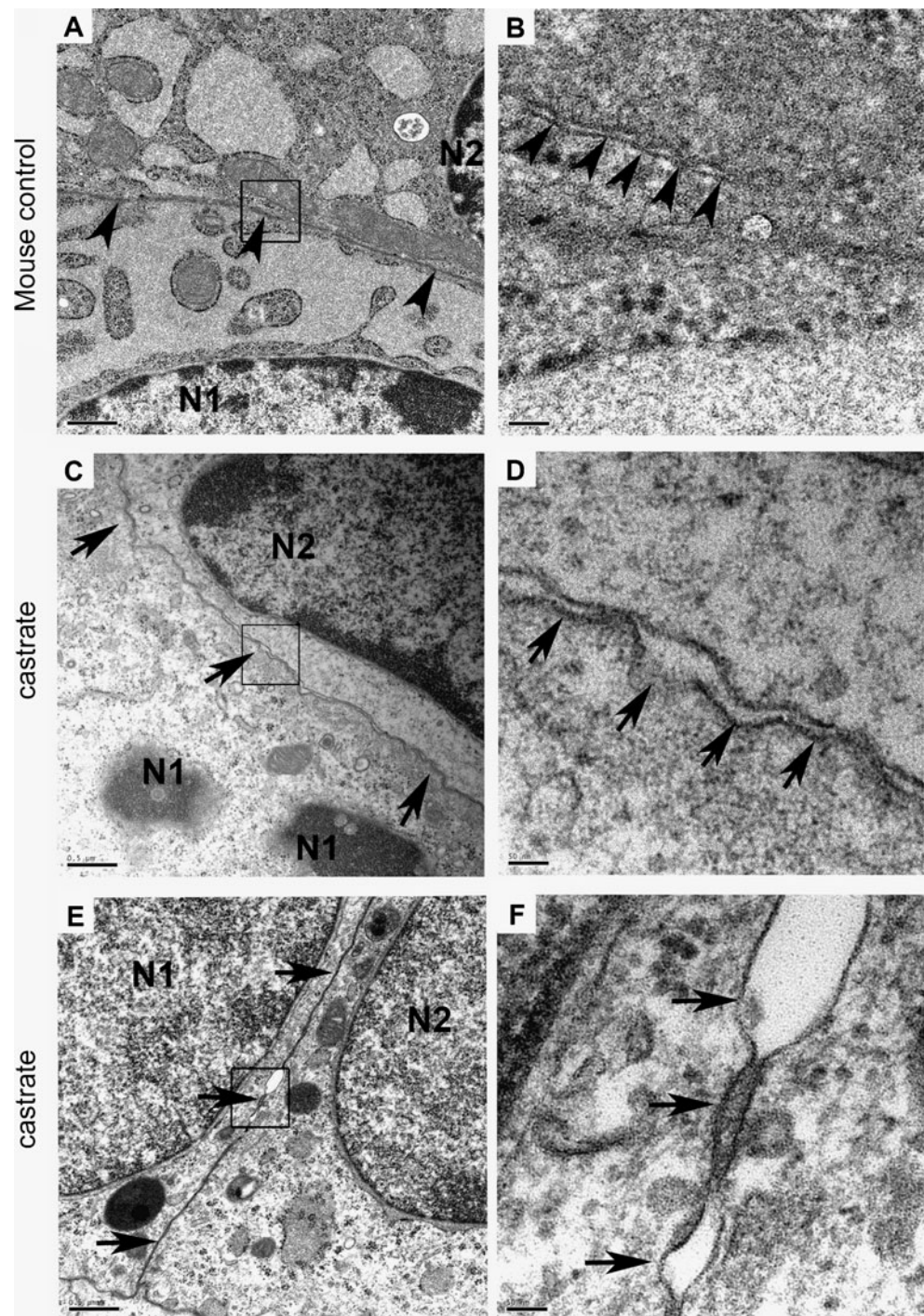
#### Testosterone Suppression Reduces the Expression of Tight Junction Proteins CLDN4 and CLDN8 in Human Prostate Epithelium

To determine the role of androgens on tight junction regulation in the human prostate, we examined prostate tissues acquired from patients who received 3 weeks of treatment that produced castrate levels of serum testosterone, and age-matched eugonadal control patients. We specifically acquired benign prostate epithelial cells by laser capture microdissection, amplified the RNA, and performed quantitative RT–PCR for Claudin gene family members (Supplemental Figure 3). We determined that

CLDN1, CLDN3, CLDN4, CLDN7, and CLDN8 were abundantly expressed in normal prostate epithelium, and determined that CLDN4 (mean difference of Ct numbers is  $3.603\pm 0.6654$ ;  $P<0.001$ ) and CLDN8 (mean difference of Ct number is  $6.532\pm 1.492$ ;  $P<0.001$ ) were significantly decreased following castration (Fig. 3a, b).

Similar to the findings in mouse prostate, CLDN4 and CLDN8 proteins are generally evenly distributed at intercellular tight junction sites, with relatively more concentrated CLDN8 expression located toward the apical regions of the luminal cell plasma membranes (Fig. 3c, d). Both CLDN4 and CLDN8 protein levels were detectable at substantially lower levels in the prostates of men treated with either luproin or estradiol (Fig. 3c, d): the difference of mean IHC scores for CLDN4 expression between the controls versus treated patients is  $2.830\pm 0.4101$  ( $P<0.001$ ) and for CLDN8 is  $2.698\pm 0.6413$  ( $P<0.01$ ) (Fig. 3e, f).

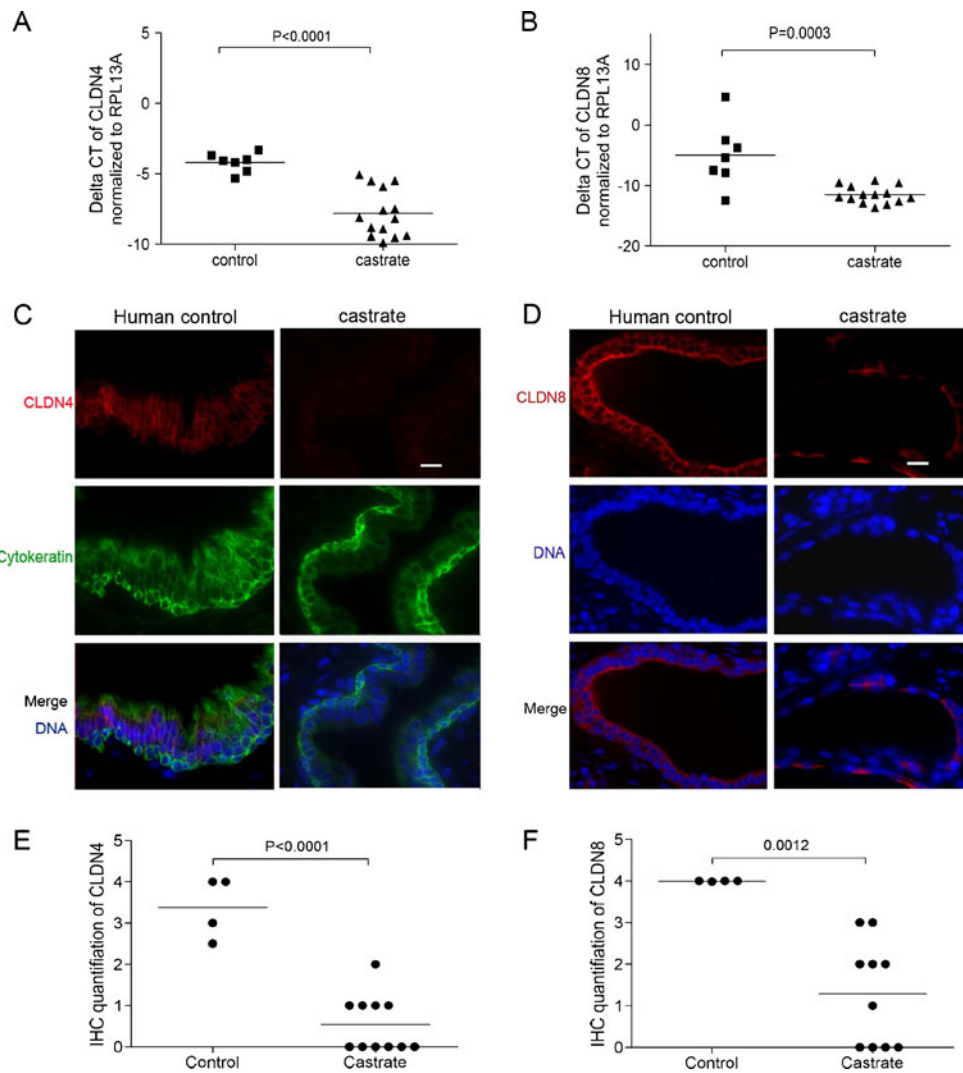
**Fig. 2** Ultrastructure of prostate epithelium in normal and castrated mice. Normal epithelial tight junctions comprise a series of kissing points (**a, b**) (arrows) that juxtapose the lipid bilayers on opposing epithelial cells into intimate contact. In castrated mice, the tight junctions in the prostate epithelium lack obvious contact points (**c, d, e, f**), and the intercellular membranous contact regions are separated (arrows)



### Testosterone Suppression is Associated with Prostate Inflammation

The loss of tight junctions in organs such as the testis has been shown to compromise the blood–testis barrier [22], and loss of this barrier can lead to loss of immune privilege and autoimmune responses [29]. To evaluate the effects of extreme androgen deficiency on prostatic inflammation, we stained sections of mouse prostate adjacent to those we

used for evaluating tight junction proteins with antibodies directed toward the lymphocyte antigen CD3 and macrophage antigen F4/80. The location of these cell types in stroma and within the glands and acinar structures was evaluated. Overall, the prostates obtained from intact control animals contained very few lymphocytes ( $1.340 \pm 0.1122/\text{field}$ ,  $n=5$ ) or macrophages ( $16.74 \pm 1.950/\text{field}$ ,  $n=5$ ) (Fig. 4a, b, c). Following castration, significant increases in both lymphocytes ( $33.16 \pm 6.599/\text{field}$ ,  $n=5$ ,  $P=0.0013$ )



**Fig. 3** Androgen suppression decreases the expression of CLDN4 and CLDN8 in the human prostate. Transcript levels of CLDN4 (mean difference of Ct numbers is  $3.603 \pm 0.6654$ ;  $P < 0.0001$ ) (a) and CLDN8 (mean difference of Ct number is  $6.532 \pm 1.492$ ;  $P = 0.0003$ ) (b) were significantly decreased in prostate epithelium following testosterone suppression. c Immunofluorescence detection of CLDN4 on prostate sections from normal control and castrated men. CLDN4 proteins are localized at the intercellular tight junction sites within the epithelium of eugonadal prostates, but only detectable at very low levels in the prostates from castrated men. Cytokeratin was stained as a marker for epithelial cells. d Immunofluorescence detection of

CLDN8 on prostate sections from normal control and castrated men. Within the epithelium of eugonadal prostates, CLDN8 proteins are localized at the intercellular tight junction sites of the basal compartment, and strong signals of CLDN8 staining were detected along the edge of luminal compartment of the epithelium. CLDN8 staining was decreased in the prostates from castrated men. Scale bar = 20  $\mu\text{m}$ , applied to all images. The mean scores of claudin protein expression levels from prostates following androgen suppression were significantly lower than the control group [the difference of mean scores for CLDN4 is  $2.830 \pm 0.4101$ ,  $P < 0.0001$  (e); the difference of mean scores for CLDN8 is  $2.698 \pm 0.6413$ ,  $P = 0.0012$  (f)]

and macrophages ( $104.1 \pm 9.811/\text{field}$ ,  $n = 5$ ,  $P < 0.0001$ ) were quantified in the stroma, along the basal membrane of the epithelium, and within the prostate epithelial layer (Fig. 4a, b, c), consistent with previous observation in human studies.

To determine if testosterone supplementation could reverse the inflammation associated with androgen deprivation, we embedded testosterone and placebo pellets subcutaneously in castrated mice, and sacrificed cohorts after 2 and 3 weeks. Sera from these mice were obtained weekly and used for quantitating testosterone levels by RIA

to confirm adequate replacement (Supplemental Figure 4). After 2 weeks of testosterone treatment to castrated animals, the number of intraprostatic inflammatory cells was dramatically decreased compared to measurements prior to testosterone replacement (Fig. 4a): lymphocytes decreased from 2 to  $0.8400 \pm 0.2249/\text{field}$  ( $n = 5$ ,  $P = 0.0012$ ) and macrophages decreased from 20 to  $15.42 \pm 0.4224/\text{field}$  ( $n = 5$ ,  $P < 0.0001$ ) (Fig. 4b, c). No difference in lymphocyte or macrophage numbers was observed between normal control mice and castrated mice that also received testos-

terone supplements ( $P=0.6$  and  $P=0.17$ , respectively). These data suggest that androgen treatment can reverse the inflammation associated with low serum androgens.

Consistent with previously published human data [30, 31], as well as observations in the murine prostate, we similarly observed moderate to severe inflammatory cell infiltrates in the prostate of men with suppressed serum testosterone (Fig. 4d). In eugonadal patients, prostatic lymphocytes numbered  $6.158 \pm 1.226$  per field ( $n=5$ ), whereas following androgen suppression the lymphocytes numbered  $25.72 \pm 5.600$  per field ( $n=11$ ) ( $P=0.0373$ ). Similarly, macrophages numbered  $7.614 \pm 2.545$  per field in eugonadal patients and  $24.22 \pm 4.99$  per field in the setting of castrate testosterone levels ( $P=0.049$ ) (Fig. 4d).

As testosterone suppression resulted in overall down-regulation of prostatic tight junction proteins and increased numbers of inflammatory cells, we sought to determine how these observations were correlated within individual patients. We determined that CLDN4 levels are negatively correlated with the number of intraprostatic lymphocytes ( $r=-0.5178$ ,  $P=0.048$ ) and macrophages ( $r=-0.5899$ ,  $P=0.0206$ ). CLDN8 levels are also negatively correlated with the number of lymphocytes ( $r=-0.5702$ ,  $P=0.0333$ ) and macrophages ( $r=-0.588$ ,  $P=0.027$ ).

#### Testosterone Suppression Results in an Autoimmune Response to Prostate Antigens

To test the hypothesis that a defective blood–prostate barrier in those individuals with low androgen levels might compromise prostate immune privilege and induce an autoimmune response, we sought to determine if the serum of castrate mice contains autoantibodies against prostatic proteins. Western blots of prostatic protein extracts from 3-month-old wild-type mice were probed with sera obtained from castrate and normal control mice. Compared to sera from eugonadal mice, distinct protein bands representing polypeptides of different molecular weights were detected using anti-sera from animals castrated for 4 weeks and 12 weeks.

To determine the localization of the autoantigens, we performed immunofluorescence microscopy on prostate glands from eugonadal mice (Fig. 5). Using normal mouse serum as the primary antibody, no prostatic reactivity was detected. In contrast, we observed staining of luminal prostate epithelial cells when using sera from 4-week castrated mice, and the staining intensity increased when sera from 12-week castrated mice was used (Fig. 5).

To identify the prostatic antigens recognized by the anti-sera from castrate mice, we used these sera to immunoprecipitate proteins from lysates of prostate glands from untreated mice. Bound proteins were separated through SDS gels. Those bands visualized by Coomassie blue staining which were unique to

**Fig. 4** Testosterone suppression is associated with enhanced prostate inflammation. A substantial CD3 positive lymphocyte infiltrate (brown immunoreactivity) was detected in the prostate glands of castrated mice compared to controls (a). Two weeks after testosterone supplementation, the T-cell numbers were substantially reduced relative to castrated mice before testosterone treatment (10 random fields under  $\times 20$  lens were examined for each animal, five animals in each treatment group; Student  $t$  test  $P=0.0005$ ) (b). Significantly more F4/80 positive macrophages (brown immunoreactivity) were detected in the prostates of castrated mice relative to normal controls. After testosterone replacement treatment, the number of macrophages was significantly reduced in the castrated mice (10 random fields under  $\times 20$  lens were examined for each animal, five animals in each treatment group; Student  $t$  test  $P=0.0068$ ) (c). A CD3 positive lymphocyte cell infiltrate and CD68 positive macrophage infiltrate (d) were detectable in the prostates of castrated men compared to eugonadal controls. Ten random fields under the  $\times 20$  lens were examined for each patient. Lymphocyte numbers increased from  $6.158 \pm 1.226$ /field,  $n=5$  in non-treated patients to  $25.72 \pm 5.600$ /field,  $n=11$  in men with suppressed testosterone ( $P=0.0373$ ), and macrophage numbers increased from  $7.614 \pm 2.545$ /field,  $n=5$  in non-treated patients to  $24.22 \pm 4.990$ /field,  $n=11$  in men with suppressed testosterone ( $P=0.0494$ ). Scale bar=50  $\mu\text{m}$ , applied to all images

castrated mice were excised and subjected to mass spectrometry (Fig. 5b). Proteins identified with high confidence included Svs2/Semg1, seminogelin 1 (IPI no. 00331164, with 31.7% sequence coverage of the protein), a prostatic secretory protein that has been shown to contribute to autoimmune prostatitis in mice and chronic prostatitis in humans [32], Eapa1, Experimental autoimmune prostatitis antigen1 (IPI no. 00322595, with 34.8% sequence coverage of the protein), and Eapa2, Experimental autoimmune prostatitis antigen2 (IPI no. 00408706, with 29.4% sequence coverage of the protein). These prostatic secretory proteins were previously defined as autoantigens in the context of prostate autoimmunity [33, 34].

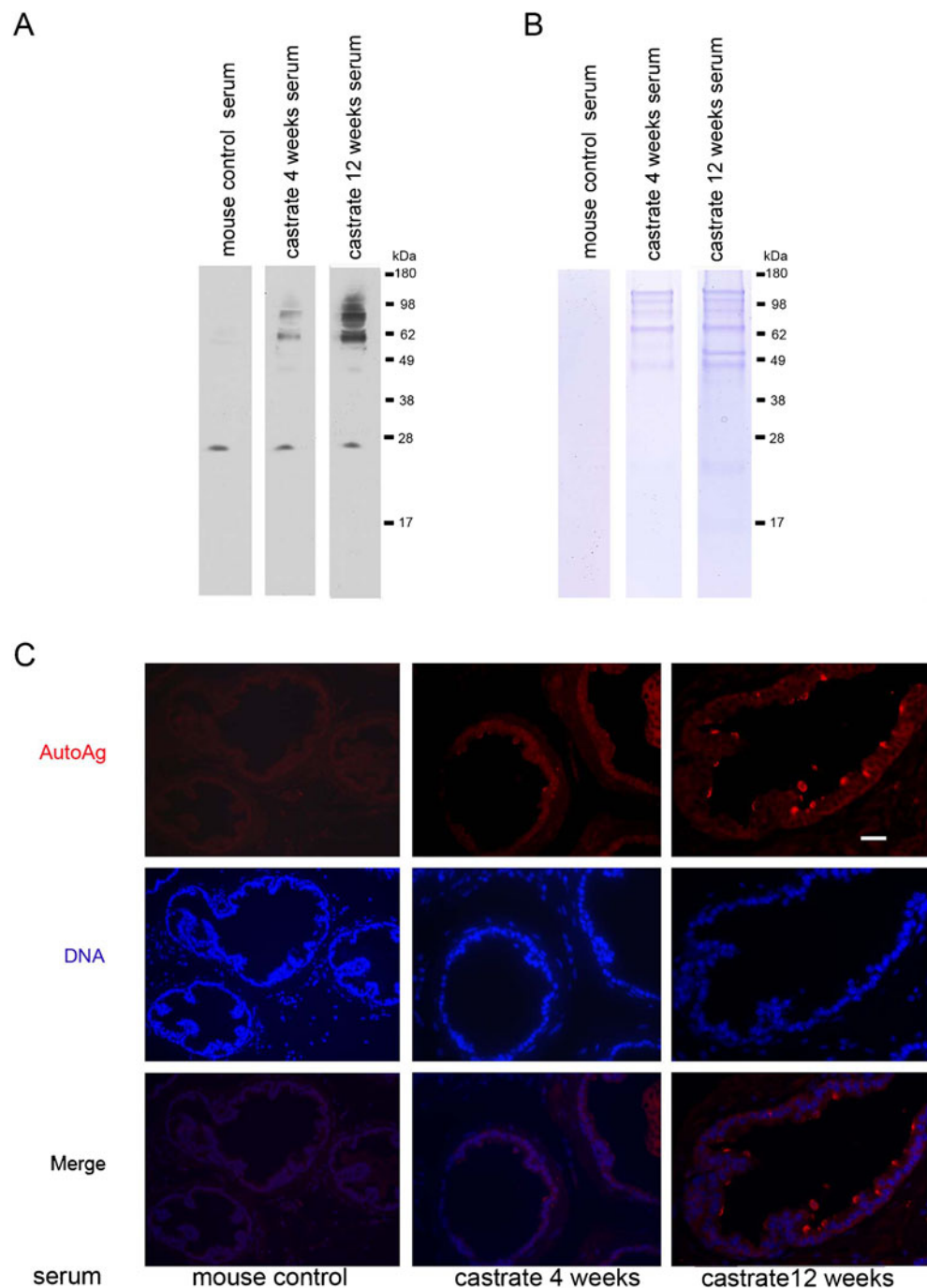
#### Discussion

Cross-sectional and longitudinal studies have consistently determined that normal male aging is associated with gradual and progressive declines in the concentration of testosterone in the blood [9, 35, 36]. Paralleling the age-related decreases in androgens are substantial increases in the incidence of prostate cancer and BPH, diseases with pathogenesis clearly linked to androgenic hormones [37, 38]. The treatments of both prostate cancer and BPH often involve pharmacological agents designed to block the influence of androgens in the prostate epithelium and stroma [6, 39, 40]. In addition to effects on resident cells of the prostate, androgen depletion has been shown to increase T-cell infiltrates [30, 31], though the mechanism(s) underlying this event is not known. The results in the present study support a hypothesis linking low testosterone with the deterioration of cellular tight junctions that reduce





**Fig. 5** Testosterone suppression induces autoimmune responses in the prostate. **a** Detection of prostatic proteins with anti-sera from intact or castrate mice. Autoantigens are evident as distinct bands using sera from 4-week and 12-week castrated mice. **b** Immunoprecipitation shows autoantigens as distinct bands using sera from 4-week and 12-week castrated mice. Gel bands (above 49, 63, and 98 kDa) stained by Coomassie were excised and analyzed by mass spectrometry. **c** Immunofluorescence staining shows the autoantigens were distributed at the luminal epithelium of the prostate. *Scale bar*=20  $\mu$ m, applied to all images



barriers to immune recognition of prostatic proteins, and the consequent generation of an inflammatory response that may contribute to the development and/or progression of neoplasia and other prostate pathology.

Inflammation has been linked to the incidence of a wide range of human cancers that include carcinoma of the liver, stomach, large intestine, and bladder reviewed in [41]. While specific infectious organisms or environmental exposures have been shown to directly induce several types of neoplasms, chronic inflammation also serves to cooperate with

environmental exposures, such as dietary carcinogens, to further enhance mechanisms contributing to tumorigenesis. Recent evidence from analyses of model organisms and epidemiological, molecular, and histological studies indicate that inflammation also contributes to the etiology of prostate cancer [41]. For example, a lesion termed proliferative inflammatory atrophy (PIA) has been suggested to reflect a “field effect” of epithelium disposed to neoplastic transformation [42]. Transitions between PIA and prostate intraepithelial neoplasia and adenocarcinoma have been documented to

occur frequently [42, 43]. Many hypotheses have been put forth to define the inciting events leading to prostatic inflammation that include sexually transmitted infections, urine reflux, physical trauma, dietary agents such as heterocyclic amines, and estrogens [44]. However, none of these mechanisms appear to occur at a frequency sufficient to account for rates at which inflammation and neoplasia occur in the prostate. One concept that has been proposed to account for the high incidence of inflammation involves the generation of a self-perpetuating autoimmune reaction directed toward prostatic autoantigens [45]. Several proteins exclusive to the prostate are not expressed until androgen-stimulated development of the prostate at puberty, and thus may not be recognized as a self-antigen for the acquisition of immune tolerance. Prostate injury induced by any of the previously described inciting events could expose prostatic antigens to immune recognition leading to sustained immune activity.

One mechanism by which organs such as the testis and brain protect constituent cells from immune attack involves the development of tight cellular junctions that physically restrict the movement and access of immune cells and macromolecules such as antibodies [46]. In the brain, tight junctions are formed between endothelial cells and astrocytes, and in the testis tight connections are formed between sertoli cells of the seminiferous tubules. Maintenance of tight junctions in the testis is regulated by testosterone and the androgen receptor through the expression of members of the claudin protein family [22]. In the present study, we determined that testosterone regulates two proteins, CLDN4 and CLDN8, which comprise the tight junctions of epithelial cells in the prostate. Both genes have consensus androgen response elements in the upstream promoter regions, suggesting that they are directly regulated by the androgen receptor. Further, we found that very low serum testosterone concentrations in men were associated with loss of CLDN4 and CLDN8 protein expression and a marked prostatic inflammatory infiltrate comprised of T cells and macrophages. Restoration of CLDN expression following androgen supplementation was associated with a subsidence of inflammatory cell infiltrates in the mouse prostate. Studies using model systems capable of selectively and temporally altering the expression or function of claudin proteins will clarify the precise relationships between androgens, tight junctions, and inflammatory responses.

Though our data do not yet prove causal mechanisms directly linking testosterone, tight junction regulation, inflammation, and prostate pathology, the results do provide a plausible explanation for the juxtaposition of rising rates of BPH, LUTS, and cancer in aging men, with falling testosterone concentrations. Despite a dramatic rise in the use of testosterone replacement therapy in the last decade [47], the incidence of prostate cancer in the USA

has not risen substantially [48]. It is possible that potential detrimental effects of testosterone acting directly on prostate epithelium that involve proliferative and anti-apoptotic signals are tempered by reductions in deleterious inflammatory responses. Of interest, two small recent clinical studies demonstrated that the administration of testosterone to men with both age-related testosterone deficiency and LUTS produced significant improvements in lower urinary tract symptoms as measured by International Prostate Symptoms Score [49, 50]. Planned randomized efficacy studies of testosterone supplementation in men with age-associated hypogonadism may provide further information concerning the beneficial and detrimental effects of androgens on the prostate (ClinicalTrials.gov identifier NCT00799617).

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