

# Quantitative and Qualitative Antibody Responses to Immunization With the Pneumococcal Polysaccharide Vaccine in HIV-Infected Patients After Initiation of Antiretroviral Treatment: Results From a Randomized Clinical Trial

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**Background.** Pneumococcal vaccination is recommended for human immunodeficiency virus-infected (HIV+) persons; the best timing for immunization with respect to initiation of antiretroviral therapy (ART) is unknown.

**Methods.** Double-blind, placebo-controlled trial in HIV+ with CD4<sup>+</sup> T cells/ $\mu$ L (CD4)  $\geq$  200 randomized to receive the 23-valent pneumococcal polysaccharide vaccine (PPV23) or placebo at enrollment, followed by placebo or PPV23, respectively, 9–12 months later (after  $\geq$ 6 months of ART). Capsular polysaccharide-specific immunoglobulin (Ig) G and IgM levels to serotypes 1, 3, 4, 6B, and 23F, and opsonophagocytic killing activity (OPA) to serotypes 6B and 23F were evaluated 1 month postvaccination.

**Results.** One hundred seven subjects were enrolled, 72 (67.3%) were evaluable (36/group). Both groups had significant increases in pre- to 1-month postvaccination IgG levels, but negligible to IgM, and significant increases in OPA titers to serotype 6B but not to 23F. There were no significant differences between groups in serotype-specific IgM or IgG levels or OPA titers. For the combined groups, there was a significant correlation between serotype-specific IgG and OPA titers to 23F but not to 6B. There was no correlation between CD4, viral load and IgG responses.

**Conclusions.** In HIV+ with CD4  $\geq$  200, delaying PPV23 until  $\geq$ 6 months of ART does not improve responses and may lead to missed opportunities for immunization.

**Keywords.** antibody; HIV; pneumococcal vaccine; pneumococcal capsular polysaccharides; antiretroviral treatment.

*Streptococcus pneumoniae* is the worldwide leading cause of bacterial pneumonia in human immuno-

deficiency virus (HIV)-infected adults [1]. Availability of antiretroviral treatment (ART) has more than halved the incidence of this entity; however, the residual disease burden remains more than 35-fold higher than that in age-matched HIV-uninfected people [2].

Vaccination against *S. pneumoniae* and influenza, use of ART, and smoking cessation are recommended for prevention of bacterial pneumonia [3]. Two types of pneumococcal vaccines are Food and Drug Administration–approved in the United States: the 23-valent pneumococcal polysaccharide vaccine (PPV23) and the 13-valent pneumococcal conjugate vaccine (PCV13). Recently, the Advisory Committee on Immunization Practices (ACIP) recommended that vaccine-naïve

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adults with immune-compromising conditions receive an initial dose of PCV13 followed  $\geq 8$  weeks later by administration of PPV23 [4]. The ACIP also recommends that HIV-infected persons be immunized as close to HIV diagnosis as possible [5]. For HIV-infected subjects, both the type of pneumococcal vaccine and the timing of immunization may influence the effectiveness of the vaccine. Guidelines for the Prevention and Treatment of Opportunistic Infections in HIV-infected adults and adolescents incorporate a CD4<sup>+</sup> T-cell (CD4) count and/or treatment criteria to be taken into consideration for pneumococcal immunization [3]. Furthermore, these guidelines include the ACIP recommendations but make it optional to offer PPV23 after PCV13 to those with CD4 count  $< 200/\mu\text{L}$  and suggest initiation of ART prior to immunization. Only observational studies support this latter recommendation [3].

The inability of HIV-infected persons to respond to T-cell-independent Type 2 antigens has been recognized since early in the HIV epidemic and this defect is considered to underlie their impaired pneumococcal capsular polysaccharide responses [6]. In recent years, defects in B-cell numbers, function, and subpopulation distributions have been well described [7]; and it has been recognized that B cells can be reconstituted with control of viremia [8]. Notably, evidence to suggest that T-cell-independent responses are restored as a function of CD4-cell reconstitution is scant [9, 10], whereas ample data show that ART use has led to a decrease in HIV-associated invasive pneumococcal disease [11, 12]. The latter makes it difficult to separate the effect of ART on disease pathogenesis from improved vaccine efficacy in HIV-infected persons on treatment. In addition, pneumococcal capsular polysaccharides have been shown to induce antibody responses that are highly restricted to the use of variable region heavy chain genes ( $V_H$ ) from the  $V_{H3}$  family [13–15]. Some studies indicate that the expression of  $V_{H3}$  family genes is decreased among HIV-infected persons [13] and one showed that ART could partially restore the  $V_{H3}$  response to PPV23 in HIV-infected persons [16].

It is logical to hypothesize that ART might lead to improved pneumococcal capsular polysaccharide antibody responses in HIV-infected persons. Timing of vaccine then becomes critical. Though immunizing HIV-infected patients early in the course of their disease can offer early protection, delay until viral replication is suppressed by ART might reverse the HIV-induced B-cell dysfunction [8, 17, 18]. Controlled viremia has been associated with improved antibody responses to hepatitis B [19] and influenza [20] vaccines; however, it has not yet been prospectively shown to increase responses to pneumococcal vaccines. In the present study, we compared antibody responses to pneumococcal capsular polysaccharides in HIV-infected subjects who received PPV23 prior to initiation of ART to those who received it after  $\geq 6$  months of ART.

## METHODS

### Study Design

This is a randomized, double blind, placebo-controlled clinical trial carried out at the Michael E. DeBakey Veterans Affairs Medical Center (MEDVAMC) and Thomas Street Health Center (Harris Health System) in Houston, Texas, between January 2009 and December 2012. About 800 and 4000 HIV-infected patients, respectively, were followed at each of these clinics during the study period. The study was approved by the Institutional Review Board at Baylor College of Medicine, the Research and Development Committee at the MEDVAMC, and the Harris Health System. This study was monitored by a Veterans Affairs Merit Review Data Monitoring Committee.

HIV-infected patients who met the following criteria were eligible: CD4  $\geq 200/\mu\text{L}$ , no prior AIDS diagnosis (including no prior CD4  $< 200/\mu\text{L}$ ), no pneumococcal immunization in the prior 3 years, treatment-naïve or treatment-experienced with no ART within the last year, and ready to start/restart ART. These patients were randomized in a 1:1.5 ratio to the immediate and delayed vaccinations groups (Immediate group and Delayed group, respectively) by a computer-generated random list produced by the MEDVAMC research pharmacist. The 1:1.5 ratio was chosen to account for the likelihood for increased rate of lost to follow-up in the Delayed group. Those in the Immediate group received PPV23 at the time of enrollment and placebo 9–12 months later. The Delayed group received placebo at the time of enrollment and PPV23 9–12 months post-enrollment (after  $\geq 6$  months of ART). All participants were followed up 1 month (4–6 weeks), 6 months ( $\pm 1$ ), and 12 months ( $\pm 3$ ) after each intervention.

### Data Collection

Demographic and clinical data were collected from the patient records at each visit. Adherence to ART was examined by patients' self-report and by review of pharmacy records. Patients were questioned about any febrile or respiratory illness and hospitalization; records were examined for clinic visits, emergency department visits, or hospitalizations for syndromes consistent with pneumococcal infection.

### Laboratory

Blood samples were obtained at each visit. Serum samples were used to measure antibodies against 5 pneumococcal capsular polysaccharides included in PPV23 (1, 3, 4, 6B, and 23F). These serotypes were included because they have been consistently included in prior studies from our laboratory [21, 22]; serotype 1 was tested because it was to be included in the 13-valent conjugate vaccine. Immunoglobulin (Ig) G and IgM enzyme-linked immunosorbent assay (ELISA) was performed as previously described [23] using the 89SF reference serum as the standard. Opsonophagocytic killing activity (OPA) was

evaluated for 6B and 23F. These serotypes were chosen because we have consistently found them to be intermediate to good immunogens in HIV-infected adults [24], and had a qualified OPA assay in our laboratory. OPA titers were defined as the reciprocal of the dilution of serum that killed 50% of the target bacteria (compared to the control) during 1 hour of incubation at 37°C [22]. Total IgG and IgM (in mg/dL) were measured using an endpoint radial immunodiffusion test [Radial Immunodiffusion plates, Kent Laboratories, Bellingham, Washington].

### Sample Size

It was calculated based on the hypothesis that among patients with CD4  $\geq 200$  and initiating ART, delaying immunization until after  $\geq 6$  months of ART enhances antibody responses to pneumococcal capsular polysaccharides. The variable used for sample size was defined as the average difference (post- to pre-vaccine titers) of the natural logarithms of the 5 serotypes studied: [log post – log pre] (Delayed group) – [log post – log pre] (Immediate group)  $> 0.405$ . Sample size calculations were based on a 2-tailed, 2-sample Student *t* test with a type 1 error of 0.05. The standard deviation for each group was assumed to be 0.6 on the basis of previous data [21]. The power was set at 80% and the hypothesized difference is 0.405. With these parameter values, the required sample size in each group was 36 subjects [23]. Enrollment targets were set up at 43 and 64 for Immediate- and Delayed group, respectively, to account for the increased risk of loss to follow-up and protocol violations in the Delayed group (given the longer follow-up required prior to vaccination).

### Statistical Analysis

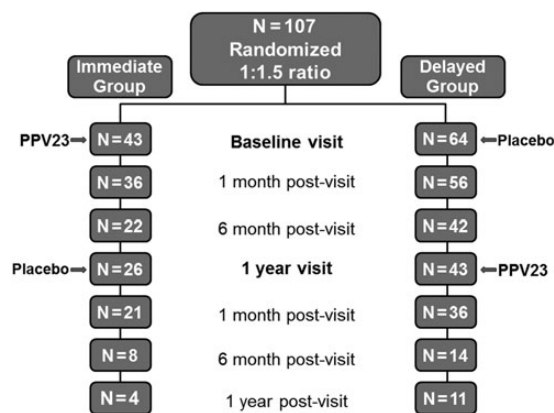
Subjects' characteristics data are presented as N (percentage) for categorical values and median (interquartile range) for numerical values. Total IgG and IgM values are presented as geometric mean (95% confidence interval [CI]). Specific anti-PS IgG and IgM were determined in all samples at the specified time periods. Results are reported as IgG ( $\mu\text{g/mL}$ ) and IgM ( $\mu\text{g/mL}$ ) geometric mean (95% CI) and in OPA titers geometric mean (95% CI). IgG and IgM concentrations and OPA titers were natural log-transformed prior to statistical analysis. IgG and IgM antibody responses were defined as  $\geq 2$ -fold increase and postvaccine levels of  $\geq 1 \mu\text{g/mL}$ , definition that has been previously used by our laboratory and others [21, 25]. OPA responses were defined as  $\geq 4$ -fold increase in the postvaccine titer. The Student *t* test was used to compare continuous variables between patient groups. The paired Student *t* test was used to compare pre- and postvaccine values. The percentages of responders from each group were evaluated by the Fisher exact test. Correlations between serotype-specific IgG and OPA, and between CD4 count, viral load, and total IgG and IgM levels at the time of vaccination, and 1-month postvaccine serotype-specific IgG or OPA were determined by the Pearson's correlation

coefficients. Correlations with *P* values  $< .05$  were considered significant.

## RESULTS

### Subjects

A total of 107 subjects were enrolled (Figure 1). The observed high rate of participants' attrition at 1 month and 1 year post-enrollment was inherent to these clinics' patient population (high rate of missed clinic appointments) and specific efforts were made to achieve the required sample size, especially for the Delayed group. Only patients who completed the 1-month post-PPV23 visit (as per protocol) were included in the analysis (36 subjects in each group; 84% and 56% from the Immediate- and Delayed group, respectively). Both study groups had similar characteristics at enrollment (Table 1), and were not different from that of subjects lost to follow-up (data not shown). At enrollment, there were no statistically significant differences between the groups in the median CD4 count or median viral load (Table 1). Total IgG and IgM levels, markers of humoral immune activation by HIV infection, were also measured and were not significantly different between the groups. However, as expected, on the day of PPV23 administration, the Delayed group demonstrated a significant increase in the median CD4 count (from 352 to 470 cells/ $\mu\text{L}$ ), and a significant decrease in the median viral load, from 19 795 to 48 RNA copies/mL, with 60% of subjects achieving a viral load  $< 50$  copies/mL. In addition, total IgG and total IgM geometric means (our biomarkers of B-cell immune activation) demonstrated significant decreases in the Delayed group when compared to enrollment values ( $P \leq .01$  for both comparisons) (Table 1).



**Figure 1.** Randomization and subjects' follow-up. A total of 107 subjects were enrolled in the study and were randomized to receive 23-valent pneumococcal polysaccharide vaccine (PPV23) at baseline visit (Immediate group) or 1 year later\*, and after at least 6 months of antiretroviral treatment (Delayed group). Only subjects that completed the 1 month post-PPV23 visit were included in the analytical group (n = 36 in each group). \*1 year visits had a window of 9–12 months.

**Table 1. Characteristics of HIV-Infected Subjects in the Immediate- and Delayed Groups**

Category	Immediate Group (N = 36)	Delayed Group (N = 36)
Age <sup>a</sup> (years)	44 (29–55)	45 (38–50)
Male (%)	32 (88.9)	29 (80.6)
Race (%)		
Black	22 (68.8)	18 (62.1)
Hispanic	8 (25.0)	7 (24.1)
White	2 (6.3)	4 (13.8)
Female (%)	4 (11.1)	7 (19.4)
Race (%)		
Black	2 (50.0)	6 (85.8)
Hispanic	1 (25.0)	0 (0)
White	1 (25.0)	1 (14.3)
Previous PPV23 (%)	8 (22.2)	7 (19.4)
3–5 y	3 (8)	4 (11)
>5 y	5 (14)	3 (8)
Underlying conditions (%)		
Chronic liver disease	2 (5.6)	0 (0)
Hepatitis C	6 (16.7)	6 (16.7)
COPD	3 (8.3)	2 (5.6)
Diabetes	7 (19.4)	2 (5.6)
Renal insufficiency	2 (5.6)	2 (5.6)
Coronary artery disease	3 (8.3)	0 (0)
Heart failure (%)	2 (5.6)	0 (0)
Intravenous drug use (%)	5 (13.9)	4 (11.1)
Alcohol abuse (%)	7 (19.4)	10 (27.7)
Tobacco abuse (%)	21 (58.3)	21 (58.3)
Current	6 (16.7)	8 (22.2)
Past	9 (25.0)	7 (19.4)
Laboratory data at enrollment		
CD4 <sup>+</sup> T-cell count (cells/ $\mu$ L) <sup>a</sup>	303 (238–356)	352 (298–462)
Viral load (HIV-1 RNA copies/mL) <sup>a</sup>	28 400 (10 375–94 967)	19 795 (4403–55 164)
Total IgM (mg/dL) <sup>b</sup>	139 (114–170)	155 (123–194)
Total IgG (mg/dL) <sup>b</sup>	1796 (1480–2179)	2095 (1865–2354)
Laboratory data at 1 y visit (vaccination date for Delayed group)		
CD4 <sup>+</sup> T-cell count (cells/ $\mu$ L) <sup>a</sup>	N/A	470 (325–556)*. **
Viral load (HIV-1 RNA copies/mL) <sup>a</sup>	N/A	48 (48–368)*. **
Total IgM (mg/dL) <sup>b</sup>	N/A	112 (89–141)*
Total IgG (mg/dL) <sup>b</sup>	N/A	1665 (1471–1885)*

Immediate group and Delayed group, received PPV23 prior to starting and at least 6 months after starting antiretroviral treatment, respectively. Baseline data (at enrollment) unless otherwise specified.

Abbreviations: COPD, chronic obstructive pulmonary disease; HIV, human immunodeficiency virus; IgG, immunoglobulin G; IgM, immunoglobulin M; PPV23, 23-valent pneumococcal polysaccharide vaccine.

<sup>a</sup> Data reported as median (interquartile range).

<sup>b</sup> Data reported as geometric mean (95% confidence interval).

\* Significantly different from same group baseline values.

\*\* Significantly different from Immediate group baseline.

During the study period, 7 patients were hospitalized with a diagnosis of pneumonia. One case was confirmed as pneumococcal pneumonia (a patient randomized to the Delayed group and prior to PPV23 administration). One patient in each group had a confirmed or probable diagnosis of *Pneumocystis jiroveci* pneumonia. The other 4 cases (2 in each group) had no microbiologic diagnosis.

#### Antibody Levels to Serotypes 1, 3, 4, 6, and 23F

There were no significant differences between the groups in IgG or IgM baseline levels to the 5 serotypes tested ( $P > .05$  for all serotypes; Tables 2 and 3). There were no significant changes in IgG or IgM levels after placebo administration (data not shown). IgG and IgM levels 1-month post-PPV23 were not

**Table 2. Geometric Mean Concentrations and 95% Confidence Intervals (CIs) of IgG ( $\mu\text{g/mL}$ ) to Indicated Serotypes in HIV-Infected Subjects That Completed the 1-Month Post-PPV23 Visit**

	Serotype 1 Geometric Mean (95% CI)	Serotype 3 Geometric Mean (95% CI)	Serotype 4 Geometric Mean (95% CI)	Serotype 6B Geometric Mean (95% CI)	Serotype 23F Geometric Mean (95% CI)
<b>Immediate group</b>					
Prevaccine (n = 36)	1.6 (1.22–2.09)	1.16 (.91–1.48)	0.89 (.71–1.12)	5.12 (3.92–6.7)	1.80 (1.39–2.33)
1-mo post-PPV23 (n = 36)	2.45 (1.84–3.27)*	1.59 (1.19–2.13)*	1.28 (1.02–1.61)*	7.85 (6.25–9.86)*	2.50 (1.9–3.27)*
<b>Delayed group</b>					
Prevaccine (n = 36)	1.54 (1.12–2.13)	1.17 (.91–1.5)	1 (.81–1.23)	5.17 (4.1–6.52)	1.83 (1.56–2.16)
1-mo post-PPV23 (n = 36)	2.21 (1.55–3.14)*	1.41 (1.08–1.84)*	1.3 (.99–1.72)*	5.79 (4.66–7.2)	2.42 (1.99–2.92)*

Immediate group and Delayed group received PPV23 prior to starting and at least 6 months after starting antiretroviral treatment, respectively.

Abbreviations: HIV, human immunodeficiency virus; IgG, immunoglobulin G; PPV23, 23-valent pneumococcal polysaccharide vaccine.

\*  $P < .05$  compared to prevaccine level.

significantly different between the groups. IgG levels 1-month post-PPV23 compared to prevaccine levels were significantly higher for all 5 serotypes studied in the Immediate group, and for 4 in the Delayed group (Table 2). Pre- to 1-month post-PPV23 changes in IgM levels were minimal, with significant increases to only 2 (3 and 6B) and 1 (6B) of the serotypes studied in the Immediate- and the Delayed group, respectively (Table 3). IgG levels returned to baseline values among the subjects that completed the 1-year post-PPV23 evaluation (Figure 2). The percentage of subjects that responded to any serotype (response defined as  $\geq 2$ -fold increase and  $\geq 1$   $\mu\text{g/mL}$  in IgG or IgM level) was low and similar between both groups (Table 4). Excluding from the analysis those that had received prior immunization (8 in the Immediate group and 7 in the Delayed group) did not affect the IgG results, but the  $P$  value became nonsignificant for 1 serotype in the Delayed group, likely due to decreased sample size.

### OPA Responses to Serotypes 6B and 23F

All subjects in the Delayed group and 23 in the Immediate group had serum samples available for this analysis. Significant increases in OPA titers were observed for both groups against 6B

(Immediate group,  $P = .0002$ ; Delayed group,  $P = .02$ ), but not against 23F (Immediate group,  $P = .09$ ; Delayed group,  $P = .56$ ) (Table 5). One-month post-PPV23, OPA titers were not significantly different between the groups. Furthermore, there were no significant differences in the percentage of responders (defined as 4-fold increases) to 6B:13/23 (56.5%) in the Immediate group, and 15/36 (41.7%) in the Delayed group ( $P = .3$ ) or in the percentage of responders to serotype 23F: 6/23 (26.1%) in the Immediate group, and 5/36 (13.9%) in the Delayed group ( $P = .31$ ). It is worth noting that in both groups and for both serotypes, we observed OPA responses in some subjects who did not show IgG responses. For the combined groups, there was a significant correlation between 1-month postvaccine serotype-specific IgG levels and OPA titers to serotype 23F ( $r = 0.3$ ,  $P = .01$ ); but not for serotype 6B ( $r = 0.2$ ,  $P = .07$ ).

### Correlation Between Total IgG and IgM, CD4 Cell Count and HIV-1 Viral Load at Vaccination and IgG Antibody Responses

When the 72 patients from the 2 groups were combined, there were no correlations between HIV-1 viral load at time of PPV23 administration and 1-month postvaccine antisero-specific

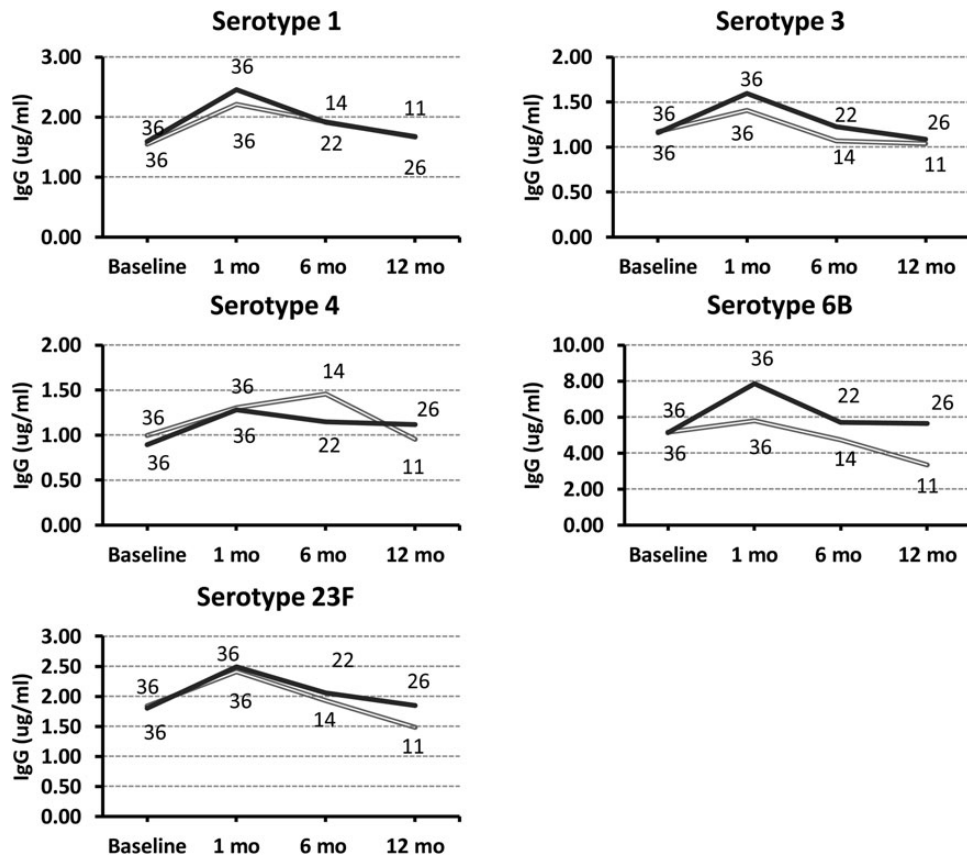
**Table 3. Geometric Mean Concentrations and 95% Confidence Intervals (CIs) of IgM ( $\mu\text{g/mL}$ ) to Indicated Serotypes in HIV-Infected Subjects That Completed the 1-Month post-PPV23 Visit**

	Serotype 1 Geometric Mean (95% CI)	Serotype 3 Geometric Mean (95% CI)	Serotype 4 Geometric Mean (95% CI)	Serotype 6B Geometric Mean (95% CI)	Serotype 23F Geometric Mean (95% CI)
<b>Immediate group</b>					
Prevaccine (n = 36)	0.96 (0.68–1.36)	1.32 (1.07–1.63)	0.82 (0.64–1.04)	1.89 (1.47–2.44)	0.59 (0.42–0.82)
1-mo post-PPV23 (n = 36)	1.04 (0.75–1.45)	1.67 (1.35–2.07)*	1 (0.8–1.25)	2.18 (1.73–2.75)*	0.65 (0.48–0.88)
<b>Delayed group</b>					
Prevaccine (n = 36)	1.40 (1.14–1.73)	1.43 (1.14–1.8)	0.79 (0.64–0.98)	1.85 (1.54–2.22)	0.78 (0.61–1)
1-mo post-PPV23 (n = 36)	1.51 (1.21–1.88)	1.51 (1.2–1.91)	0.92 (0.76–1.11)	2.26 (1.84–2.77)*	0.84 (0.67–1.04)

Immediate group and Delayed group received PPV23 prior to starting and at least 6 months after starting antiretroviral treatment, respectively.

Abbreviations: HIV, human immunodeficiency virus; IgM, immunoglobulin M; PPV23, 23-valent pneumococcal polysaccharide vaccine.

\*  $P < .05$  compared to prevaccine level.



**Figure 2.** Immunoglobulin G (IgG) levels to 5 pneumococcal serotypes included in the 23-valent pneumococcal polysaccharide vaccine, 1, 3, 4, 6B and 23F, were measured at baseline, and at 1, 6 and 12 months postvaccination. The number of subjects is indicated at each time point. Gray: Delayed group. Black: Immediate group.

IgG. In addition, there were no correlations between CD4 count and postvaccine antisero IgG levels (except for serotype 4,  $r = 0.3$ ,  $P = .006$ ), and total IgG and total IgM levels and antisero IgG responses. Similarly, there were no correlations in the combined group of subjects that underwent OPA testing between CD4 count, HIV-1 viral load, or total IgG and IgM levels and OPA titers.

## DISCUSSION

The results from this double-blind placebo-controlled, randomized trial indicate that in HIV-infected subjects with  $CD4 \geq 200$  cells/ $\mu$ L, delaying PPV23 until receipt of  $\geq 6$  months of ART does not increase responses measured by OPA and ELISA, and may lead to missed opportunities for immunization, and unnecessary risk of developing pneumococcal disease among those that may derive protection from immediate vaccination. In the Delayed group, 6–12 months of ART led to nondetectable viral load in 60% of subjects, significant decrease in hypergammaglobulinemia (a hallmark of HIV induced B-cell immune hyperactivity) [26], and a significant increase in CD4 cell count; however, the immune

responses were not improved compared to those immunized prior to ART. The reasons underlying this phenomenon are likely related to B-cell dysfunction that was not reverted by short course of ART [7, 26].

IgM-memory B cells (IgM+IgD-CD27+ B lymphocytes) have been implicated in responses to capsular polysaccharides. This subset of lymphocytes are absent in children <2 years, and reduced in asplenic, older individuals (>65), and HIV-infected subjects, all populations with increased susceptibility to infection with encapsulated bacteria [7, 8, 27]. In HIV-infected patients, decreased numbers of IgM-memory B cells have been associated with decreased responses to pneumococcal capsular polysaccharides [9]. In addition, a recent study showed that among elderly subjects, decreased proportion of IgM-memory B cells was associated with decreased IgM, IgG, and OPA responses to pneumococcal capsular polysaccharides [28]. Switched-memory B cells (IgM-IgD-CD27+ B lymphocytes), which traditionally have been associated with responses to T-cell-dependent antigens, may also play a role in the IgG responses to pneumococcal antigens [27, 29]. These B-cell subsets are decreased in subjects with chronic HIV infection and do not seem to be restored with ART [9, 10, 29]. Moir et al showed that

**Table 4. Number (Percentage) of IgG and IgM Responders to Pneumococcal Capsular Polysaccharides in HIV-Infected Subjects That Completed the 1-Month Post-23-Pneumococcal Polysaccharide Vaccine Visit**

Number of Responses	Immediate Group (N = 36) Number (%)	Delayed Group (N = 36) Number (%)
<b>IgG</b>		
0	16 (44.4)	23 (63.9)
1	13 (36.1)	6 (16.7)
2	2 (5.6)	4 (11.1)
3	2 (5.6)	2 (5.6)
4	1 (2.8)	1 (2.8)
5	2 (5.6)	0 (0)
<b>IgM</b>		
0	24 (66.7)	24 (66.7)
1	8 (22.2)	8 (22.2)
2	3 (8.3)	2 (5.6)
3	0 (0)	2 (5.6)
4	1 (2.8)	0 (0)
5	0 (0)	0 (0)

Immediate group and Delayed group received PPV23 prior to starting and at least 6 months after starting antiretroviral treatment, respectively. Responses were defined as  $\geq 2$ -fold increases in IgG (top panel) or IgM levels (bottom panel) to at least 1  $\mu\text{g/mL}$  1 month after vaccination.

$P \geq .05$  for all comparisons between Immediate- and Delayed groups.

Abbreviations: HIV, human immunodeficiency virus; IgG, immunoglobulin G; IgM, immunoglobulin M; PPV23, 23-valent pneumococcal polysaccharide vaccine.

patients started on ART during chronic HIV infection yield worst antibody response to influenza antigens than those started on ART shortly after seroconversion [7], suggesting that there are certain abnormalities in B-cell function that occur in chronic HIV infection that are not readily reversible.

**Table 5. Geometric Mean of OPA Titers and 95% Confidence Intervals (CIs) to Serotypes 6B and 23F in the Immediate- and Delayed Groups**

	Serotype 6B Geometric Mean (95% CI)	Serotype 23F Geometric Mean (95% CI)
<b>Immediate group (N = 23)<sup>a</sup></b>		
Prevaccine	4.38 (2.24–8.57)	2.87 (2.08–3.97)
1-mo post-PPV23	23 (9.57–55.14)	4.65 (2.61–8.29)
<b>Delayed group (N = 36)</b>		
Prevaccine	5.99 (3.4–10.57)	2.94 (2.12–4.08)
1-mo post-PPV23	13.72 (7.29–25.81)	3.3 (2.47–4.4)

Immediate group and Delayed group received PPV23 prior to starting and at least 6 months after starting antiretroviral treatment, respectively.

Abbreviations: OPA, opsonophagocytic killing activity; PPV23, 23-valent pneumococcal polysaccharide vaccine.

<sup>a</sup> Sample available only for 23 of the 36 patients. Pre- to postvaccine titers increases in the Immediate- and Delayed groups were significant ( $P < .05$ ) for serotype 6B but not for serotype 23F. All comparisons between patient groups were not significant.

Serotype-specific antibody levels and OPA are associated with protection against invasive pneumococcal disease, but there are no clear threshold concentrations that accurately predict protection [30]. Thus, the poor responses observed by measuring these parameters in HIV-infected subjects does not necessarily translate to poor vaccine efficacy, underscoring that correlates of vaccine protection against invasive pneumococcal disease are greatly needed [31]. Protection against invasive pneumococcal disease from PPV23 has been established [32], and some observational studies indicate that a reduction in all-cause pneumonia in HIV-infected patients receiving ART is associated with PPV23 vaccination [33, 34]. Furthermore, it is unknown whether OPA is an adequate test for vaccine response to PPV23 in immunocompromised patients. Nonopsonic antibodies have been shown recently to be highly protective in murine models and are not measured by OPA [35]. In our study, we observed a correlation between IgG and OPA responses for serotype 23F but none for 6B. We also observed OPA responses among subjects with no IgG responses (as defined in methods) for both serotypes. Poor correlations between OPA responses and IgG titers have been described to some serotypes (including 6B), in the elderly, and in immunocompromised populations [36, 37]; when there is discrepancy between these assays, OPA correlates better with protection against *S. pneumoniae* because it directly measures the capacity of antibodies to opsonize pneumococci [36, 37]. Taken together, it is possible that vaccine-induced in vivo protection is occurring in these patients, even though currently available biomarkers of immunogenicity (or definitions used for responses) do not indicate it.

We currently lack tools to predict which HIV-infected subjects will respond to pneumococcal immunization. Testing serotype-specific memory B-cell numbers (as recently shown in the elderly) [28] may be a better predictor of vaccine response than CD4 cell count or viremia; however, this test is not readily available and it is unlikely to be in the near future. T-cell-independent responses are characterized by IgM responses; but specific post-vaccine IgM titers are not consistently evaluated in most pneumococcal vaccine studies. In our study, the responses to IgM were generally low. This can be partly explained by the timing of blood sampling, as IgM responses tend to peak at 2 weeks and we obtained the 1-month postvaccine sample at 4–6 weeks. To further investigate this question, for our current vaccine studies investigating immune correlates of response to PPV23 and PCV13, we are obtaining 1-week postvaccine samples.

Currently, a new vaccination schedule is recommended for HIV-infected persons, PCV13 followed by PPV23 [4], with additional recommendations based on CD4 count and/or prior vaccine status [4]. Conjugation of polysaccharides to protein antigens has led to marginal increases in antibody responses among those with HIV infection [38], including those on ART and controlled viremia [21, 25, 39]. In one study, PCV7

yielded protection among HIV-infected subjects with prior episodes of invasive pneumococcal disease [40]; however, the effect was markedly reduced after the first year. In the United States, with the introduction of PCV13, a decline in the incidence of invasive pneumococcal disease caused by serotypes contained in PCV13 (that were not included in PCV7) has already been observed among children and adults [41, 42]. However, there is concern for an increased incidence of non-PCV13 serotypes as a cause of disease in the general population, and more so among immunosuppressed individuals [43]; hence, regardless of the availability of PCV vaccines with expanded serotype coverage, PPV23 is indicated among immunosuppressed subjects following PCV13 administration to protect against the real possibility of disease caused by non-PCV13 serotypes [4]; and for the time being, strategies to improve responses to pneumococcal polysaccharides are worth pursuing.

This study's main strength is that it followed a prospective, randomized, double-blind placebo-control design to evaluate the question of best timing of pneumococcal immunization for HIV-infected subjects initiating ART, and included both quantitative and qualitative evaluation of responses. Some limitations include the high attrition rate among the initially enrolled study subjects (for inability to comply with strict follow-up schedule; these subjects were not significantly different than those included in the analysis); the inclusion of subjects that had previously received pneumococcal immunization (>3 years prior); and inclusion of subjects that although not on ART, had been previously exposed to ART (>1 year prior). Given the consistency of our results, it is unlikely that any of the above issues would have significantly affected the overall conclusion of this study.

Our data support vaccination of HIV-infected patients with CD4  $\geq$ 200 cells/ $\mu$ L against *S. pneumoniae* without delaying for the initiation of ART. Further research to understand the mechanisms that elicit immune responses to polysaccharide-based vaccines and to identify biomarkers that can measure protection in this population should be explored.

## Notes

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