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Comparative Risks of Aldehyde Constituents in Cigarette Smoke Using Transient Computational Fluid Dynamics/Physiologically Based Pharmacokinetic Models of the Rat and Human Respiratory Tracts

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ABSTRACT

Computational fluid dynamics (CFD) modeling is well suited for addressing species-specific anatomy and physiology in calculating respiratory tissue exposures to inhaled materials. In this study, we overcame prior CFD model limitations to demonstrate the importance of realistic, transient breathing patterns for predicting site-specific tissue dose. Specifically, extended airway CFD models of the rat and human were coupled with airway region-specific physiologically based pharmacokinetic (PBPK) tissue models to describe the kinetics of 3 reactive constituents of cigarette smoke: acrolein, acetaldehyde and formaldehyde. Simulations of aldehyde no-observed-adverse-effect levels for nasal toxicity in the rat were conducted until breath-by-breath tissue concentration profiles reached steady state. Human oral breathing simulations were conducted using representative aldehyde yields from cigarette smoke, measured puff ventilation profiles and numbers of cigarettes smoked per day. As with prior steady-state CFD/PBPK simulations, the anterior respiratory nasal epithelial tissues received the greatest initial uptake rates for each aldehyde in the rat. However, integrated time- and tissue depth-dependent area under the curve (AUC) concentrations were typically greater in the anterior dorsal olfactory epithelium using the more realistic transient breathing profiles. For human simulations, oral and laryngeal tissues received the highest local tissue dose with greater penetration to pulmonary tissues than predicted in the rat. Based upon lifetime average daily dose comparisons of tissue hot-spot AUCs (top 2.5% of surface area-normalized AUCs in each region) and numbers of cigarettes smoked/day, the order of concern for human exposures was acrolein > formaldehyde > acetaldehyde even though acetaldehyde yields were 10-fold greater than formaldehyde and acrolein.

Key words: CFD; PBPK; acetaldehyde; acrolein; formaldehyde; cigarette smoke; respiratory tract; risk assessment

For all but the most corrosive materials, toxicity to inhaled gases, vapors, and aerosols is mediated by a combination of relative sensitivities and clearance capabilities of individual cell types

and their proximities to inhaled airflows that deliver local exposures at a rate sufficient to produce adverse response. Accurately predicting toxicologically relevant internal doses across species

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and exposure conditions has therefore been an ongoing need in inhalation toxicology and human risk assessment.

In a preceding companion paper, we briefly discussed modeling approaches that have been used to predict target tissue dosimetry in the respiratory systems of animals and humans focusing upon recent advances in imaging-based, 3-dimensional (3D), computational fluid dynamics (CFD) airflow and material transport modeling [\(Corley](#page-21-0) et al., 2012). Such models specifically account for critical species-specific differences in anatomy and physiology that are not possible with simplified empirical or compartmental representations of the respiratory system. With these advances, it is now feasible to develop CFDbased exposure models that incorporate highly detailed airway geometry from the external nares (or mouth) to the bronchiolar region of the lung. By developing models for both laboratory animals and humans, comparisons of local inhaled dose provides a quantitative basis for relating animal and human exposures within a integrated framework. This more rigorous accounting of known biological differences between species and material properties affecting fate and transport effectively reduces uncertainty in predicted target tissue dose, and more clearly illuminates critical factors that drive dose–response relationships.

To demonstrate the utility of extended airway CFD models, we previously applied [Schroeter](#page-23-0) et al.'s (2008) CFD/physiologically based pharmacokinetic (PBPK) approach to describe the uptake and clearance of acrolein in our rat, monkey, and human models [\(Corley](#page-21-0) et al., 2012). Acrolein is a reactive, water-soluble aldehyde that primarily produces pathologies in nasal tissues of rats as well as lesions in conducting airways beyond the nose at higher concentrations [\(Cassee](#page-21-0) et al., 1996, [2008](#page-21-0), Lam et al.[, 1985;](#page-22-0) Leach et al.[, 1987\)](#page-22-0). Since humans breathe through the mouth as well as the nose, the extended airway models allowed for direct comparisons between breathing modalities across species to evaluate the extent of acrolein penetration and tissue uptake in conducting airways. Our combined CFD/PBPK approach was calibrated against prior nasal extraction studies conducted in the rat ([Morris, 1996;](#page-22-0) [Struve](#page-23-0) et al., 2008), and all simulations employed steady-state inhalation conditions as previously utilized by [Schroeter](#page-23-0) et al. (2008). The results confirmed that regional acrolein uptake is sensitive to airway geometry, airflow rates, atmospheric concentrations, regional tissue thickness, air:tissue partition coefficients, and metabolic capacity. For human models of either nasal or oral breathing, greater penetration and uptake of acrolein by lower tracheobronchial tissues was predicted than in either the rat or monkey.

Until now, the vast majority of all respiratory CFD models have focused on steady-state solutions that are not encumbered by the technical difficulties and computational costs associated with more realistic, transient airflow simulations. Nevertheless, in a series of recentarticles, Tian and Longest ([2010a,](#page-23-0) [b](#page-23-0), [c\)](#page-23-0) demonstrated the importance of transient CFD simulations in simplified compartmental and partial airway models These studies progressed from idealized geometries to image-based descriptions for portions of the conducting airway tree in humans and the application of steady state to fully transient airflow and uptake solutions. However, these prior models only focused on a single, or at most, a few breaths, and they did not account for tissue reactivity, regional blood flows, or tissue metabolism. Still, these important findings clearly showed that steady-state CFD simulations do not always properly reflect the local uptake patterns that actually occur under more realistic, yet computationally intensive, transient/time-dependent exposures.

In this study, we overcame many prior computational challenges to perform transient CFD simulations with fully coupled

(2-way), time-dependent PBPK boundary conditions in extended airway models for the rat and human. We also expanded the PBPK boundary conditions to include tissue reactions, firstorder and saturable metabolism, metabolic interactions, distribution of metabolic enzymes, and local blood perfusion rates to simulate multiple breaths until breath-by-breath, steady-state kinetics was achieved in all tissues lining the airways. Since reactive vapors generally exert their effects directly in respiratory tissues, we demonstrated the importance of transient breathing by simulating exposures to a series of aldehydes (acrolein, formaldehyde, and acetaldehyde) with previous steady-state PBPK or CFD models [\(Kimbell and Subramaniam, 2001;](#page-22-0) [Kimbell](#page-22-0) et al., [2001a,](#page-22-0) [b;](#page-22-0) [Schroeter](#page-23-0) et al., 2008; [Teeguarden](#page-23-0) et al., 2008).

Like acrolein, formaldehyde and acetaldehyde are highly water-soluble with varying degrees of reactivity, metabolic clearance, and tissue toxicity. Acetaldehyde and formaldehyde also produce toxicity and tumors within the respiratory tissues of chronically exposed laboratory animals [\(Appelman](#page-21-0) et al., [1982](#page-21-0); [Dorman](#page-21-0) et al., 2008a, [b](#page-21-0) [Kamata](#page-22-0) et al., 1997; [Morgan and](#page-22-0) [Monticello, 1990](#page-22-0); [Morgan](#page-22-0) et al., 1986; [Woutersen and Feron,](#page-23-0) [1987](#page-23-0); [Woutersen](#page-23-0) et al., 1984, [1986\)](#page-23-0). Human exposure to all 3 aldehydes is normally associated with cigarette smoking since all are reactive byproducts of burning tobacco ([Counts](#page-21-0) et al., 2005). Nevertheless, relative hazards remain largely unknown. Particularly, prior attempts to rank the relative hazards for different smoke constituents were all based upon traditional toxicity studies of individual chemicals using diverse designs, endpoints, exposures, and species, and did not include critical pharmacokinetic differences between species or realistic exposure patterns that could significantly affect exposure–dose– response relationships that would normally drive comparative risk evaluations (Burns et al.[, 2008](#page-21-0); [Fowles and Dybing, 2003;](#page-21-0) [Pankow](#page-22-0) et al., 2007; [WHO, 2008\)](#page-23-0).

The issue of relative risks for different smoke constituents was recently highlighted by the 2009 Family Smoking Prevention and Tobacco Control Act that gives the U.S. FDA regulatory authority over tobacco products. This historic legislation requires companies to reveal all of the ingredients in tobacco products. Provisions in the act also allow the FDA to either regulate constituents individually, or respond to manufacturer claims of so-called 'reduced harm' products. FDA initiated this process by establishing a list of over 90 constituents in tobacco products and smoke that are candidates for regulation ([DHHS,](#page-21-0) [2012](#page-21-0)). Still, no generally accepted risk assessment framework has yet been established to facilitate such decisions.

For decades, pharmacokinetic models have been successfully applied to address issues of extrapolation between species, dose, dose–rate, or types of exposure to drugs or chemicals. PBPK models in particular have become a staple for chemical risk assessments by the EPA and WHO's International Program on Chemical Safety (IPCS); primarily, because they account for species differences in physiology and processes associated with absorption, distribution in the body, metabolism, and elimination [\(EPA, 2002](#page-21-0), [2009](#page-21-0); [WHO, 2010](#page-23-0)). In its latest assessment of formaldehyde, the EPA employed CFD models because of their ability to address important species differences in anatomy as well as providing a detailed accounting of both toxicity and carcinogenic response at site- and cell-specific levels ([US EPA,](#page-23-0) [2010](#page-23-0)). Here, we extended our previous CFD/PBPK approach for acrolein to improve comparative risk evaluations of cigarette smoke constituents by focusing upon common target tissue dose metrics across species that are achieved under realistic exposure conditions. Under the brief, but repeated exposures typical for cigarette smoke, we demonstrate that transient CFD

simulations with time-dependent PBPK boundary conditions will provide the most informative approach for predicting site-specific tissue aldehyde doses across different species and exposures. By exploiting the PBPK boundary condition to determine site-specific respiratory tissue concentrations for each aldehyde, and not just airway wall flux rates, our results also provide unique opportunities to improve dose–response assessments relative to steady-state simulations that have been previously used in CFD models.

MATERIALS AND METHODS

Construction of CFD Models for the Rat and Human

Model structures. The rat extended airway geometry is the same as that reported in [Corley](#page-21-0) et al. (2012). This geometry was based upon CT imaging of the upper airways of a 315 g male Sprague Dawley rat and an in situ lung cast from the same animal (see Jacob et al.[, 2013\)](#page-22-0). The computational mesh used for CFD simulations consists of 1.86 million elements having 10.5 million nodes and 0.63 million surface facets that were organized (blocked) according to cell type (nose) or anatomic region (remaining airways) for interfacing with tissue-specific PBPK models. The rat model encompassed the external nares through 17 ± 7 airway generations (see [Supplementary Fig. S1a\)](http://toxsci.oxfordjournals.org/lookup/suppl/doi:10.1093/toxsci/kfv071/-/DC1).

The human nasal model used to compare steady-state with transient CFD/PBPK simulations was also the same as that reported in [Corley](#page-21-0) et al. (2012). This model was based upon CT imaging of an 84-year-old female encompassing 9 ± 2 pulmonary airway generations as well as all the upper conducting airways needed to simulate nasal and oral breathing. The resulting model contains 1.1 million elements, 6.1 million nodes, and 0.24 million surface facets (nasal breathing model) that are also blocked according to cell type (nose) and anatomic region (remaining airways) (see [Supplementary Fig. 1b\)](http://toxsci.oxfordjournals.org/lookup/suppl/doi:10.1093/toxsci/kfv071/-/DC1) for interfacing with PBPK models.

Simulations of oral breathing by humans used measured post-puff breathing profiles for a typical smoker and an additional human model of a male volunteer (18 years of age, weighing 72 kg) using the identical approach described for the female in [Corley](#page-21-0) et al. (2012). The development of polyhedral computational meshes and the definition of airway surfaces by cell type or anatomic region was also the same. The new male human oral breathing model extended from the external face to 8 ± 4 airway generations (117 total outlets) and contained 782 000 elements, 442 000 nodes, and 181 000 surface facets, each with their anatomically defined PBPK model boundary condition.

Approvals. The Institutional Review Boards of the University of Washington and PNNL approved all human volunteer work conducted under this study.

PBPK boundary conditions for aldehyde uptake. Tissue compartment surface areas and thicknesses for the rat and female human have been reported previously ([Corley](#page-21-0) et al., 2012); related data for the new male human model are summarized in Table 1. Boundary conditions for each aldehyde constituent and their simultaneous numerical solutions for 2-way coupled CFD/PBPK models were modified to account for transient airflow and time-dependent material transport and tissue clearance processes. Details of the time-stepping and numerical coupling approaches that enabled these simulations are provided in the Appendix.

Table 1. Anatomic parameters used in the male human CFD/PBPK model

^aCompartment 1 consists of both mucus and epithelium. The thickness of the mucus layer was 0.0015 cm in the oral, pharynx and larynx; and 0.0011 cm in all other compartments.

^bThe subepithelium compartment consists of connective tissue, capillaries, glands, macrophages, lymph vessels, etc. just below the epithelium as defined by [ICRP \(1994\)](#page-22-0). This compartment receives the cardiac output in the model from [Table 2.](#page-4-0)

^cComputed from CFD model surface.

^d[ICRP \(1994\)](#page-22-0).

Acrolein. With the exception of the evolution terms for transient simulations (see Appendix), the structure of the 2-compartment acrolein PBPK model [\(Fig. 1](#page-3-0)a) and associated biological- and chemical-specific parameters (Tables 1–[3\)](#page-5-0) were the same as those used previously ([Corley](#page-21-0) et al., 2012). The uptake of acrolein in non-mucus-coated squamous epithelium (nasal vestibule and ventral floor of anterior nose) was driven by a mass transfer coefficient (Ks, cm/s) as described by [Schroeter](#page-23-0) et al. (2008). For the remaining mucus-coated tissues and airways, uptake was driven by the air and tissue phase diffusion coefficients (D, cm²/ s), tissue:air and tissue:blood partition coefficients (P_{ta}, P_{bt}) , first-order non-specific reactions with tissue macromolecules ($K_{\mathrm{f}},$ s $^{-1}$), saturable metabolic clearance by aldehyde dehydrogenase enzymes (Km1, μg/l; Vmax1C, μg/l/s), regional blood perfusion rates (fraction of cardiac output [CO], ml/min), regional tissue thicknesses (L, cm), and a zero-flux (zero-Neumann) boundary condition of the subepithelial compartment. The distribution of metabolic enzymes between epithelial and subepithelial layers by cell type in the nose and regions of the remaining conducting airways are also the same as in [Corley](#page-21-0) et al. [\(2012\).](#page-21-0)

Acetaldehyde. The structure of the 2-compartment acetaldehyde PBPK model [\(Fig. 1b](#page-3-0)) and sources for chemical-specific parameters ([Tables 2](#page-4-0) and [3\)](#page-5-0) were based upon the CFD-informed PBPK model of [Teeguarden](#page-23-0) et al. (2008). The uptake of acetaldehyde in non-mucus-coated squamous epithelium was also driven by a mass transfer coefficient (K_s) , derived using the approach followed by [Schroeter](#page-23-0) et al. (2008) for acrolein. Air and tissue diffusivities (D), tissue:air and tissue:blood partition coefficients (P_{ta} , Pbt) were obtained from [Teeguarden](#page-23-0) et al. (2008). Unlike PBPK models for the other aldehydes [\(Franks, 2005;](#page-22-0) [Schroeter](#page-23-0) et al., [2008](#page-23-0)), Teeguarden et al. assumed that 0.1, not 1%, of cardiac output perfused rat nasal subepithelial tissues. This value was used as-is in the current CFD/PBPK for exposure concentrations below 25 ppm. However, at 25 ppm and higher concentration,

FIG. 1. Conceptual diagram of the 1D (a) acrolein, (b) acetaladehyde, and (c) formaldehyde PBPK models used as airway surface boundary conditions for all tissue compartments except olfactory epithelium where saturable metabolism associated with aldehyde dehydrogenases are located only in the subepithelium compartments of the CFD/PBPK models of the rat and human. The basis for these 2-compartment tissue models were described by [Schroeter](#page-23-0) et al. (2008) as modified by [Corley](#page-21-0) et al. [\(2012\).](#page-21-0) A detailed description of the equations used to compute the coupled 3D CFD/1D PBPK models is provided in the Appendix.

Table 2. Chemical-Specific Parameters used in the Rat and Human CFD/PBPK Model

a [Schroeter](#page-23-0) et al. (2008).

^b[http://www.gsi-net.com/en/publications/gsi-chemical-database.html.](http://www.gsi-net.com/en/publications/gsi-chemical-database.html)

c EPA (1998)

^d[Teeguarden](#page-23-0) *et al.* (2008).

^e[Georgieva](#page-22-0) et al. (2003).

^f Calculated from [Kimbell](#page-22-0) et al. (2001) as described in Methods.

^g[Franks \(2005\)](#page-22-0) as described in [Corley](#page-21-0) et al. (2012).

hRecalibrated and rescaled by body weight and respective tissue volumes as described in Methods.

i [Morris and Blanchard \(1992\)](#page-22-0).

^jConolly et al. (2008).

nasal tissue perfusion had to be increased to 0.5% of cardiac output to adequately describe prior nasal extraction data ([Morris and Blanchard, 1992\)](#page-22-0), consistent with prior observations of vasodilation at these concentrations ([Stanek](#page-23-0) et al., 2001).

Teeguarden et al. described acetaldehyde metabolism using 2 saturable aldehyde dehydrogenase enzymes; 1 was a high capacity, low affinity pathway (ALDH1), while the other was a low capacity, high affinity enzyme (ALDH2) that varies in the human population. To account for differences in model structures between the current CFD/PBPK model and the Teeguarden et al. PBPK model, metabolism rate constants (ALDH1: Km1, Vmax1C; ALDH2: Km2, and Vmax2C) were re-calibrated from published nasal extraction data for the rat [\(Morris and Blanchard, 1992\)](#page-22-0) due to differences in respective tissue compartment volumes in the anatomically correct CFD/PBPK model versus the original PBPK model of [Teeguarden](#page-23-0) et al. (2008). The distribution of metabolism in epithelial and subepithelial compartments in each airway region, and scaling of metabolism to the human and across tissue compartments, was the same as described for acrolein in [Corley](#page-21-0) et al. [\(2012\).](#page-21-0)

Formaldehyde. The 2-compartment PBPK model for formaldehyde ([Fig. 1](#page-3-0)c) and sources for chemical-specific parameters (Tables 2 and [3](#page-5-0)) were based upon prior CFD-informed compartmental models ([Conolly](#page-21-0) et al., 2000; [Franks, 2005;](#page-22-0) [Georgieva](#page-22-0) et al.[, 2003\)](#page-22-0). The model consisted of clearance by a saturable pathway (formaldehyde dehydrogenase; Km1, Vmax1C), a firstorder pathway assumed to represent intrinsic reactivity of formaldehyde with tissue constituents (K_f) , and a first-order binding of formaldehyde to DNA responsible for DNA-protein crosslinks (DPX) formation (K_b) . As with the other aldehydes, results describe how the metabolism rates in respiratory tissues were re-calibrated from published nasal extraction data in rats to conform with our model-specific airway and tissue geometries [\(Kimbell](#page-22-0) et al., 2001b).

Since our PBPK model structure combines mucus with the epithelium, we used Kimbell et al.'s ([2001a,](#page-22-0) b) skin:air partition coefficient for formaldehyde rather than the water:air partition coefficient used in prior mechanistic models that separated the mucus and epithelium compartments [\(Asgharian](#page-21-0) et al., 2012; [Franks, 2005;](#page-22-0) [Georgieva](#page-22-0) et al., 2003). Unlike acrolein and

Table 3. Exposure conditions for comparing target tissue doses in rats at NOAEL levels in subchronic inhalation bioassays and humans exposed via mainstream cigarette smoke

a [Dorman](#page-21-0) et al. (2008a).

^b[Dorman](#page-21-0) et al. (2008b).

^c[US EPA \(2010\)](#page-23-0).

d Body weight of rat or human used to develop model.

e [Schroeter](#page-23-0) et al. (2008).

f Assumed 100 bpm for these simulations. Typical range is 70–115 bpm [\(Harkness](#page-22-0) et al., 2010).

^gCalculated as Q (ml/min) = 15 l/h/kg * (BW, kg)^{0.74} * 1000 ml/l * 1 h/60 min. Distribution (fraction of cardiac output, Q_b) to each airway subepithelium as described by [Corley](#page-21-0) et al. (2012) with the exception of acetaldehyde where nasal blood flows were based upon [Teeguarden](#page-23-0) et al. (2008) and vasodilation occurs at concentrations >25 ppm (see Methods).

h_{Overall average of yield in use data for RJR low and high tar brands (Kathman, S.J. personal communication). Estimated yields are within pub-} lished ranges for Phillip Morris products and reference cigarettes [\(Counts](#page-21-0) et al., 2005).

i DHHS (1988).

^jCalculated.

k Actual geometry from human oral model described in text.

 $\rm \frac{dP_{\rm C} (Neld/cig) \cdot (24451)}{dP_{\rm C} (Neld/cig) \cdot (Vol. \; Mouth) \cdot (Mol. \; Wt)}$

acetaldehyde, the water:air partition coefficient for formaldehyde is orders of magnitude greater than its skin:air because it undergoes reversible hydration interactions in water forming methylene glycol. We confirmed that the flux of formaldehyde into the tissues is dominated by the tissue:air partition coefficient using an alternative version of the PBPK model that explicitly separated the mucus from the epithelium. In this model, the mucus layer acts as a capacitor that rapidly charges with formaldehyde due to the very high water:air partition coefficient, but the flux into the tissues is restricted by the lower tissue:mucus partition coefficient (calculated as tissue:air/ mucus:air).

Airflow and aldehyde transport simulations. The coupled airflow and aldehyde transport simulations were performed using OpenFOAM, a free, open-source CFD software package distributed by the OpenFOAM Foundation ([http://www.openfoam.](http://www.openfoam.com) [com](http://www.openfoam.com)). Our computational investigations have shown that upper-airway turbulence in the human geometries has little influence on predicted uptake. Thus, the airflow predictions were based on laminar, 3D, incompressible Navier–Stokes equations for fluid mass and momentum:

$$
\nabla \cdot u = 0, \tag{1}
$$

$$
\frac{\partial u}{\partial t} + u \cdot \nabla u = -\frac{\nabla p}{\rho} + \nu \nabla^2 u,
$$
 (2)

where ρ is the density, v is the kinematic viscosity, u is the fluid velocity vector, and p is the pressure. Aldehyde transport was

then described using the time-dependent convection-diffusion scalar transport equation:

$$
\frac{\partial C_{\text{air}}}{\partial t} + \nabla \cdot (u C_{\text{air}} - D_{\text{air}} \nabla C_{\text{air}}) = 0,
$$
\n(3)

where C_{air} and D_{air} are the concentration and diffusivity of each aldehyde in the airway lumen, and u is the fluid velocity vector from equations 1 and 2.

Coupled PBPK boundary models differ according to inhaled species and airway region. Using acrolein as an example ([Fig. 1](#page-3-0)a), boundary conditions are given by the following 1-dimensional equations for the combined mucus $+$ epithelium layer (designated by the subscript t for tissue), and the corresponding subepithelial layer (designated by the subscript b for blood-perfusion layer) at every triangular facet on the airway walls:

$$
\frac{\partial C_t}{\partial t} = D_t \frac{\partial^2 C_t}{\partial x^2} - k_f C_t - \frac{V_{max1}C \cdot C_t}{K_{m1} + C_t} \tag{4}
$$

$$
\frac{\partial C_b}{\partial t} = D_b \frac{\partial^2 C_b}{\partial x^2} - k_f C_b - \frac{V_{\text{max1}}C \cdot C_b}{K_{m1} + C_b} - (Q_b/V_b) \cdot C_b, \tag{5}
$$

where D_t and D_b are the respective diffusion coefficients, C_t and C_b are the respective soluble vapor concentrations, x is the distance from lumen (i.e. radial distance), k_f is the non-specific first-order metabolism rate constant, Vmax1C is a coefficient that represents saturable metabolism per unit volume of tissue (scaled from the rat by the ratio of human:rat body weights raised to the -0.3 power as described in [Corley](#page-21-0) et al. 2012), K_{m1} is

the Michaelis constant, Q_b is blood flow in the subepithelial layer (fraction of cardiac output), and V_b is total volume of the subepithelial layer. As discussed in [Corley](#page-21-0) et al. (2012), saturable metabolism occurs only in the epithelial tissues and not in the subepithelium in all regions of the respiratory tract except the olfactory tissues, where aldehyde dehydrogenases are located only in the subepithelium. Thus, [equations 4](#page-5-0) and [5](#page-5-0) are adjusted accordingly by cell type and region. The depth of each tissue compartment is L_t , while the depth of each subepithelial compartment is L_b ([Table 1\)](#page-2-0). At $x = 0$ (air-tissue interface), [equation 4](#page-5-0) is coupled to the lumen convection diffusion equation by matching of diffusive flux by:

$$
D_{\text{air}} \frac{\partial C_{\text{air}}}{\partial n} = D_t \frac{\partial C_t}{\partial n},\tag{6}
$$

where n is the surface normal direction in the 3D domain.

The tissue concentration, C_t , is related to the air concentration via the air-tissue partition coefficient (i.e. $C_t = P_{ta} + C_{air}$). At $x = L_t$ (epithelial–subepithelial interface), subepithelial concentration is related to epithelial concentration via the tissue–blood partition coefficient (i.e. $C_b = P_{bt} \cdot C_t$), assuming that $P_{bt} = 1$. At $x = L_b + L_t$ (the deepest portion of subepithelial compartment), we assumed a zero-flux boundary condition (i.e. $\partial C_b/\partial x = 0$) as used previously [\(Corley](#page-21-0) et al., 2012; [Georgieva](#page-22-0) et al.[, 2003](#page-22-0)).

At every 3D convection–diffusion equation time step, we computed a single time-step of the 1D [equations 4](#page-5-0) and [5](#page-5-0) to find the diffusive flux, $D_t \frac{\partial C_t}{\partial x}$, at $x = 0$ that is consistent with [equations](#page-5-0) [4](#page-5-0) and [5](#page-5-0), the C_t value at $x = 0$, and the zero Neumann condition at $x = L_t + L_b$ at the current time. This flux then determines the normal gradient of the concentration field in the CFD domain (i.e. $\frac{\partial C_{air}}{\partial n} = D_t \frac{\partial C_t}{\partial x} / D_{air}$), which is required by the convectiondiffusion equation in the 3D domain. Details of the computation of the 1D partial differential equation (PDE) time-step are given in the Appendix.

For all CFD/PBPK simulations, air at room temperature was considered to be the working fluid, with a density of 1.0 kg/m^3 and a kinematic viscosity of 1.502 \times 10 $^{-5}$ m $^{2}/$ s. The properties of inhaled air were assumed constant for the entire duration of the simulation and did not account for changes in temperature and humidity in the respiratory tract. The inlet (at mouth or nose) was prescribed a 'time-dependent flow rate' boundary condition in which the CFD code adjusts the magnitude of the inlet velocity to match the user specified volumetric flow rate at each time-step; the pressure variable was set to have zero gradient. The outlets (terminal openings in the distal lung part of the model) were assigned a zero velocity gradient and a zero pressure. In the rat model where periodic breathing was modeled, upon exhale the distal lung pressure boundary condition was changed to zero total pressure. A no-slip condition was applied to the remaining airway wall boundaries, which were assumed to be rigid and impermeable to air. For the convection-diffusion [equation \(3\)](#page-5-0) upon inhale, the inlet of the rat nose ([Supplementary Fig. S1](http://toxsci.oxfordjournals.org/lookup/suppl/doi:10.1093/toxsci/kfv071/-/DC1)) was assigned a specified chemical concentration. For the human model, the oral cavity was initialized with the appropriate concentration to represent the correct mass of chemical in the bolus puff being inhaled. Upon exhalation in both species, a zero concentration boundary condition was applied at all distal lung airway outlets (i.e. any aldehyde mass exiting the distal airway outlets during inhalation is assumed to be absorbed in deep lung tissues and not available for return to the CFD model airways during exhalation).

Time-varying flow rates for the rat was assumed to be represented by a sine wave mimicking inhalation and exhalation, and was computed using a breathing frequency of 100 breaths per minute and a minute volume of 0.217 l/min ([Fig. 2a](#page-7-0); [Table 3](#page-5-0)). To facilitate comparison of acrolein uptake under steady state and transient flow conditions in the 84-year-old female human nasal model, the time-varying flow rate sine wave was computed assuming a minute volume of 6.9 l/min and a breathing frequency of 20 breaths per minute. For the human oral model, an average time-varying flow rate representing a measured human post-cigarette puff breathing profile was used ([Fig. 2b](#page-7-0)) ([St Charles](#page-23-0) et al., 2009). The simulations were verified to be independent of mesh density using acetaldehyde as the test case since exposure scenarios were considerably higher and, as a result, distributed to more tissue compartments, than either acrolein or formaldehyde.

RESULTS

Calibration of Aldehyde Metabolism

As with our prior studies with acrolein (reproduced in [Fig. 3a](#page-8-0)), rate constants associated with acetaldehyde and formaldehyde metabolism were recalibrated to fit within our 3D respiratory tissue model based upon published nasal extraction experiments with results summarized in [Table 2](#page-4-0). For acetaldehyde, nasal extraction experiments originally used by [Teeguarden](#page-23-0) et al. [\(2008\)](#page-23-0) to describe 2 saturable aldehyde dehydrogenase pathways: 1 low affinity/high capacity (ALDH1) enzyme and 1 high affinity/low capacity (ALDH2) enzyme were used to recalibrate metabolism [\(Morris and Blanchard, 1992\)](#page-22-0). The resulting CFD/PBPK simulations ([Fig. 3b](#page-8-0)) were only sensitive to parameter estimates for the ALDH2 pathway at the lowest concentrations (primarily 1 ppm and to a lesser extent, 10 ppm) while ALDH1 accounted for most of the nasal uptake at higher concentrations. As described previously, the blood flow to nasal tissues had to be increased from 0.1 to 0.5% of the cardiac output at concentrations >25 ppm to account for acetaldehyde-induced vasodilation at higher concentrations.

Previously published formaldehyde nasal extraction data were limited to 2 concentrations (2, 6, and 15 ppm) at a unidirectional flow rate of 135 ml/min ([Kimbell](#page-22-0) et al., 2001b). At these concentrations and flow rate, very little adjustments were made to prior respiratory tissue metabolism rates as nasal extraction efficiencies were \sim 97% with no exposure–response differences observed at these concentrations [\(Fig. 3c](#page-8-0)).

The re-calibrated acrolein and acetaldehyde CFD/PBPK models compared favorably with nasal extraction data under cyclic airflow conditions ([Morris, 1996;](#page-22-0) [Morris and Blanchard, 1992](#page-22-0)). No comparable data are available for evaluating the formaldehyde model under transient, full breathing cycle conditions.

Comparisons Between Steady-State and Transient Simulations

In our previous paper [\(Corley](#page-21-0) et al., 2012), we conducted steadystate inhalation simulations of exposures to acrolein at 0.6 ppm using twice the average minute volumes representing peak inhalation to compare site-specific flux rates for acrolein uptake in the extended airway models of the rat, monkey, and human as was done in prior nose-only CFD models [\(Schroeter](#page-23-0) et al., [2008](#page-23-0)). Now that it is possible to efficiently conduct transient CFD airflow and vapor transport simulations that are fully coupled (2-way) with time-dependent PBPK models, we evaluated the impact of this added realism and computational

FIG. 2. Transient CFD airflow simulation profiles for (a) rat sinusoidal respiratory cycle (MV = 217 ml/min; 100 breaths/min) and (b) human cigarette smoking profile for the first 3 full breaths following the initial puff (inhale shown in gray) as measured by [St. Charles](#page-23-0) et al. (2009).

complexity on internal dose metrics that are relevant for toxicity and mode of action assessments.

Since acrolein is directly toxic to airway epithelial cells, we compared both compartment-averaged peak concentrations (Cmax) and concentration \times time profiles in each airway tissue of our female human CFD/PBPK model computed during nasal breathing at normal minute volumes (6.9 l/min). Peak compartment-averaged tissue concentrations showed only modest differences between steady-state and transient simulations at the same exposure concentration (0.6 ppm) and volumetric flow rate. In this case, airways proximal to the nares reached Cmax's that were slightly greater under steady-state conditions but trended toward slightly lower peak concentrations than transient simulations in the bronchiolar region due primarily to a rolling wash-in/wash-out effect that occurred in the transient simulations ([Fig. 4a](#page-9-0)). Thus, if peak or Cmax concentrations in each airway region (normalized for volume of tissue in each

defined region) are the most appropriate internal dose surrogate for comparisons, the less computationally intensive steadystate simulations can be effective for a reactive, rapidly metabolized chemical like acrolein.

If, however, residence time is an important factor in toxicity, then transient CFD/time-dependent PBPK would be the method of choice. To demonstrate, the tissue concentrations following steady-state inhalation airflow simulations were used to compute concentration-times-time ($C \times T$) profiles over a 6-h inhalation exposure to 0.6 ppm acrolein. For transient simulations, $C \times T$ profiles were derived from areas under the tissue concentration time profiles (AUC) for a representative full breath $(inhalation +exhalation)$ once breath-by-breath periodicity was reached in all airway tissues. AUC's/breath were then summed over all breaths (22 bpm) in a 6-h exposure. As expected from the transient nature of the local airway exposures and wash-in/ wash-out of acrolein from tissues as airway lumen

FIG. 3. Comparisons of CFD/PBPK model-predicted nasal extraction efficiencies with experimental data from rats reported by [Morris and Blanchard \(1992\),](#page-22-0) [Morris](#page-22-0) [\(1996\),](#page-22-0) [Kimbell](#page-22-0) et al. (2001), and [Struve](#page-23-0) et al. (2008) for (a) acrolein, (b) acetaldehyde, and (c) formaldehyde. Steady-state inhalation data at inspiratory flow rates of 300 ml/min (acrolein and acetaldehyde) or 135 ml/min (formaldehyde) were used to re-calibrate metabolic parameters [\(Table 2\)](#page-4-0) for each aldehyde using the specific male Sprague Dawley rat nasal airway geometry and tissue boundary conditions as described in [Corley](#page-21-0) et al. (2012). Simulations and data for cyclic breathing are shown for (a) acrolein (207 ml/min) and (b) acetaldehyde (100 ml/min).

concentrations change over the course of a full breathing cycle, regional $C \times T$ profiles were significantly lower than those that occur under steady-state conditions ([Fig. 4](#page-9-0)b). These differences between steady-state and transient approaches can be especially important when comparing internal doses across species

given the significant differences in airway geometries, airflows, tissue properties, and breathing patterns. Further differences between steady-state and transient simulations occur as timedependent tissue doses are compared in 'hot spots' located in discrete airway locations as described below.

CFD/PBPK model of [Corley](#page-21-0) et al. (2012). Simulations were conducted at a normal minute volume (6.9 l/min) and a 0.6 ppm inhalation exposure using nasal cyclic breathing at 22 bpm versus steady-state inhalation. Comparisons are shown for (a) peak tissue concentrations (Cmax) and (b) concentration \times time (C \times T) profiles for a 6-h total exposure. For steady-state simulations, $C \times T$ ($\mu g^* g$) = Cmax ($\mu g/g$) * 60 s/min * 360 min where Cmax represents the steady-state tissue concentration. For transient simulations, $C \times T$ ($\mu g^* s/g$) = AUC for final breath once periodicity was reached ($\mu g^* s/g/b$ reath) $*$ bpm $*$ 360 min.

Rat No-Observed-Adverse-Effect Levels (NOAELs) Inhalation Exposures

Simulations were conducted at the NOAELs for nasal toxicity in rats following subchronic, 6 h/day, 5 days/week inhalation exposures for each aldehyde (0.2, 50, and 1 ppm for acrolein, acetaldehyde, and formaldehyde, respectively; [Table 3\)](#page-5-0) [\(Dorman](#page-21-0) et al., [2008a,](#page-21-0) [b](#page-21-0); [Kerns](#page-22-0) et al., 1983; [Monticello](#page-22-0) et al., 1996; [Morgan, 1997;](#page-22-0) [NAS, 2011\)](#page-22-0). For acrolein and formaldehyde, steady-state, breath-by-breath tissue concentrations were reached in all respiratory compartments, except olfactory epithelium within the

first 2–3 breaths. Since metabolism in the olfactory region was confined to the submucosal layer rather than the epithelial layer [\(Bogdanffy](#page-21-0) et al., 1986; [Corley](#page-21-0) et al., 2012; [Keller](#page-22-0) et al., 1990), more breaths were required to reach steady-state conditions in the olfactory epithelial compartment (10–15 breaths). For acetaldehyde, the NOAEL for nasal toxicity was considerably higher than the other, more reactive aldehydes (50 ppm), thus, at least 22 breaths were required for all tissue compartments to reach steady-state conditions, except olfactory epithelium, which required at least 35 breaths.

Site-specific airway wall flux rate patterns were remarkably similar across the 3 aldehydes although their magnitudes differed according to airway concentrations and driving forces for tissue uptake (diffusivity, partition coefficients, metabolism, reactivity, blood perfusion). Flux rates are shown for formaldehyde in the rat and human models at multiple times over a single full breathing cycle once steady-state conditions were reached in all tissues [\(Fig. 5\)](#page-11-0). Additional results for acrolein and acetaldehyde are included in the [Supplementary Figures S2](http://toxsci.oxfordjournals.org/lookup/suppl/doi:10.1093/toxsci/kfv071/-/DC1) and [S3](http://toxsci.oxfordjournals.org/lookup/suppl/doi:10.1093/toxsci/kfv071/-/DC1).

Both peak (Cmax) and AUC for compartment-averaged tissue concentrations of each aldehyde in the rat were determined for a single representative breath at steady state [\(Supplementary](http://toxsci.oxfordjournals.org/lookup/suppl/doi:10.1093/toxsci/kfv071/-/DC1) [Fig. S4\)](http://toxsci.oxfordjournals.org/lookup/suppl/doi:10.1093/toxsci/kfv071/-/DC1). Similar results for the human simulations following aldehyde exposures at concentrations found in cigarette smoke are also included in [Supplementary Figure S5](http://toxsci.oxfordjournals.org/lookup/suppl/doi:10.1093/toxsci/kfv071/-/DC1).

Hot-Spot Target Tissue Doses Following Rat NOAEL Inhalation Exposures

While compartment-averaged internal dose metrics are commonly used in lower dimensional models, the site-specific differences in surface fluxes that were observed over each cell type or tissue compartment ([Fig. 5](#page-11-0)) suggest that this approach is overly simplistic and could be potentially misleading when comparing results across species and exposure scenarios. In previous studies with formaldehyde, Kimbell et al. ([2001b](#page-22-0), c) used a flux-binning approach to derive relationships between tissue uptake and site-specific lesions that could be used to predict internal doses across species. In this study, we extended their concept by calculating 'hot spots' for tissue doses that reflected the residence times, penetration distances, and volumes of each tissue type that reached the highest concentrations of each aldehyde once breath-by-breath steady state tissue concentrations were reached (rat) or under realistic cigarette smoke exposure conditions (human).

The time- and penetration depth-dependent tissue concentration profiles determined by the PBPK models at each airway surface facet were thus used as the basis for determining hot spot target tissue dose profiles that could be compared across exposure, tissue, and species. Examples of the highest predicted aldehyde tissue concentrations obtained in a single facet within target tissues over the course of the full respiratory cycle are shown in [Figure 6](#page-12-0) for rats exposed to each aldehyde at the NOAEL for nasal toxicity. For acrolein and formaldehyde, the most reactive of the 3 aldehydes, essentially no material penetrated to the subepithelium in every tissue compartment except olfactory epithelium as each chemical was extensively metabolized or bound to macromolecules as it diffused through the tissues or was washed out during exhalation. Since metabolism by aldehyde dehydrogenases occurs in the olfactory subepithelium and not the epithelial layer, there was a greater degree of penetration by acrolein and formaldehyde although very little material reached the subepithelium, even for the worst-case single airway surface facets with the highest AUCs shown in [Figure 6.](#page-12-0)

For acetaldehyde, exposures were considerably higher and the clearance rates were lower than the other 2 aldehydes. Thus, there was significantly greater penetration and residence time in nasal respiratory/transitional and olfactory epithelium once tissues reached steady state. In fact, concentrations of acetaldehyde were strikingly consistent over the full inhalation/ exhalation cycle in tissues deeper than $30 \mu m$ from the airway lumen ([Fig. 6](#page-12-0)b).

To calculate a time- and penetration depth-dependent internal dose that could be compared across species and exposure,

we computed a surface area normalized AUC for the concentrations of each aldehyde in the 1D/PBPK tissue models at each surface facet of the 3D/CFD model (i.e. for each surface facet, we derived an AUC by integrating the concentration profile in the spatial dimension normal to the facet as well as over total time of exposure). Then for each compartment consisting of a particular cell type (nose) and particular airway region (remaining airways; see [Supplementary Figure S6](http://toxsci.oxfordjournals.org/lookup/suppl/doi:10.1093/toxsci/kfv071/-/DC1) for surface maps), we ranked the facet AUCs in decreasing order and plotted them against their corresponding relative compartment surface area fraction. We then arbitrarily defined our 'hot spot' tissue dose as the average AUC that covered the highest 2.5% of the relative surface area fractions within each surface compartment. For rats, results are shown for the 2 target tissues in the nose: the anterior respiratory and transitional epithelium and the olfactory epithelium ([Fig. 7](#page-13-0)).

For all 3 aldehydes, the 'hot-spot' analysis identifies those cells at greatest risk (e.g. have the highest time-dependent aldehyde concentrations). Results yielded significantly different predictions and rank ordering of target tissue dose than would be obtained by using compartment-averaged AUC evaluations, which are also shown for each target tissue in [Figure 7](#page-13-0) and [Supplementary Figure S4.](http://toxsci.oxfordjournals.org/lookup/suppl/doi:10.1093/toxsci/kfv071/-/DC1) For acrolein and formaldehyde, the top 2.5% of surface area normalized AUC's were obtained in the anterior region of the olfactory epithelium [\(Figs. 7](#page-13-0)a and [7](#page-13-0)c and [Supplementary Fig. S6\)](http://toxsci.oxfordjournals.org/lookup/suppl/doi:10.1093/toxsci/kfv071/-/DC1), which overall, had significantly higher time- and penetrated depth-predicted tissue concentrations than the anterior respiratory/transitional epithelium. For acetaldehyde the top 2.5% of surface area normalized AUC's were also obtained in the anterior region of the olfactory epithelium ([Fig. 7b](#page-13-0) and [Supplementary Fig. S6\)](http://toxsci.oxfordjournals.org/lookup/suppl/doi:10.1093/toxsci/kfv071/-/DC1) although the AUC's predicted for the anterior respiratory/transitional epithelium overall were greater (higher overall percentage of the compartment surface areas had greater time- and tissue depth-dependent concentrations). These 'hot-spot' predictions are in contrast to the compartment-averaged approach (summarized in [Supplementary Fig. S4\)](http://toxsci.oxfordjournals.org/lookup/suppl/doi:10.1093/toxsci/kfv071/-/DC1), where cells with little or no aldehyde contribute to the overall compartment concentrations thus differentially 'diluting' the relative internal doses (see also dashed lines in [Figs. 7a](#page-13-0)–c).

Hot-Spot Target Tissue Doses Following Human Cigarette Smoking Exposures

Human simulations were conducted using a representative measured puff breathing profile ([Fig. 2b](#page-7-0)) and cigarette aldehyde yields [\(Counts](#page-21-0) et al., 2005; [St Charles](#page-23-0) et al., 2009). Each simulation was initiated by assigning all volumetric cells of the oral cavity with a starting aldehyde concentration based upon cigarette yield, average puffs/cigarette, and the volume of the oral cavity at a full puff [\(Table 3](#page-5-0)). Even ignoring the residence time of the initial puff before initiating the first post-puff inhalation, the oral cavity achieved the highest tissue doses for all 3 aldehydes followed by the oropharynx, larynx, and conducting airways of the lung as the initial inhalation of the puff moved distally.

Similar to the profiles generated for the rat nasal tissues, the rank ordered surface area normalized AUCs for each airway surface facet and hot spots (top 2.5%) are shown in [Figure 8](#page-14-0) for human mouth tissues following each aldehyde exposure. The highest hot-spot AUCs were predicted for acetaldehyde due to its high initial puff exposure concentration (1028 ppm) followed by acrolein then formaldehyde. Although acrolein and formaldehyde had similar initial puff exposure concentrations (94 vs. 108 ppm, respectively), the higher rate of metabolic clearance of

FIG. 5. Airway surface fluxes of formaldehyde as a representative example of aldehyde uptake in the (a) rat and (b) human CFD/PBPK model using the ventilation profiles shown in [Figure 4.](#page-9-0) Rat simulations were performed at the NOAEL for nasal toxicity in subchronic inhalation studies (1 ppm) over the final full breathing cycle while the human simulation depicts airway fluxes during the initial puff inhalation at a representative cigarette smoke yield as described in [Table 3](#page-5-0).

FIG. 6. Tissue concentration profiles for the surface facet with the highest concentrations of (a) acrolein, (b) acetaldehyde, and (c) formaldehyde in rat target tissues (anterior respiratory/transitional region and olfactory region) as a function of penetration depth and time. Representative 0.01–0.03 s time series of each aldehyde ∞ concentration \times depth profile is shown over the course of a full inhalation/exhalation cycle (see orientation arrows in the acrolein olfactory simulations). Exposure concentrations represented NOAEL's for nasal lesions from subchronic inhalation studies (0.2, 50, and 1.0 ppm for acrolein, acetaldehyde, and formaldehyde, respectively). The breathing profile used in each CFD simulation is shown in [Figure 2](#page-7-0)a and simulations were conducted until breath-by-breath steady-state concentrations were attained in all tissue compartments.

FIG. 7. Rank ordered (descending) plot of aldehyde surface area normalized AUC tissue concentrations for each airway surface facet integrated over time and tissue depth in nasal airway target tissues of the rat (blue: anterior respiratory and transitional epithelium; red: olfactory epithelium) following NOAEL inhalation exposures to (a) 0.2 ppm acrolein, (b) 50 ppm acetaldehyde, and (c) 1 ppm formaldehyde using breathing patterns shown in [Figure 2](#page-7-0). The 'hot-spots' (shaded regions) were defined as the top 2.5% of AUCs for each airway compartment as described in the text. The overall compartment averaged AUC's (dashed line) are shown for comparison.

FIG. 8. Rank ordered (descending) plot of surface area normalized AUC in each airway surface facet integrated over time and tissue depth in human mouth following single puff of cigarette smoke containing (a) 94 ppm acrolein, (b) 1028 ppm acetaldehyde, and (c) 108 ppm formaldehyde using breathing patterns shown in [Figure 2.](#page-7-0) The 'hot–spots' (shaded regions) were defined as the top 2.5% of AUCs for each airway compartment as described in the text. The overall compartment averaged AUC's (dashed line) are shown for comparison.

formaldehyde significantly reduced the time-dependent tissue concentration and penetration depth and thus, the hot spot AUCs.

Comparing Lifetime Average Daily Doses

Lifetime average daily doses (LADDs) were calculated for target tissues in the rat nose (anterior respiratory/transitional epithelium and olfactory epithelium) following subchronic NOAEL inhalation concentrations ([Table 3\)](#page-5-0) for comparison with LADDs determined for each airway region in the human following aldehyde exposures after smoking 10, 20, or 40 cigarettes/day. For purposes of this comparison, LADDs were calculated from the highest 2.5% hot-spot AUCs (AUC_{2.5}) of each airway compartment surface facet during the final simulated breath (rat) and human cigarette smoking exposures as follows:

$$
Rat LADD = \frac{AUC_{2.5}}{breath} * bpm * 360 \frac{min}{day} * 5 \text{ days} / 7 \text{ days} \tag{7}
$$

Human LADD =
$$
\frac{\text{AUC}_{2.5}}{\text{puff}} * 11 \frac{\text{puffs}}{\text{cig}} * \text{no. cigs./day}
$$
 (8)

Assuming no site concordance (e.g. rat nasal tissues are a sentinel for all human airways), the resulting rat LADDs for target tissues in the nose were compared against all conducting airways in the human ([Fig. 9](#page-16-0)).

For acrolein, all human airways achieved LADDs that were higher than those calculated for the rat target tissues even at exposures to 10 cigarettes/day. At the other extreme, no human airway tissue LADD approached those determined for acetaldehyde in target tissues of the rat even after 40 cigarettes/day. Formaldehyde results were intermediate with several human tissues exceeding LADD's in rat target tissues depending upon the number of cigarettes/day and whether the anterior respiratory/transitional or olfactory epithelium LADDs in the rat are used to drive the comparisons.

Sensitivity Analyses

The computational intensity of fully transient, 2-way coupled CFD/PBPK models precluded the implementation of a formal sensitivity analysis that is commonly employed for simple PBPK models. However, selective analyses were conducted during the course of recalibrating metabolism rates from published experimental data and hot-spot determinations to assess their impact on reported results. Thus, in addition to parameters previously demonstrated to affect acrolein uptake under steady-state inhalation conditions ([Corley](#page-21-0) et al., 2012) that also affected formaldehyde simulations, additional parameters were identified specifically for acetaldehyde due to its higher exposure concentration and lower metabolic rates. As discussed previously, acetaldehyde can penetrate significantly deeper than either acrolein or formaldehyde and reach the subepithelial compartment where blood flows can become a factor in acetaldehyde clearance. This observation was important for adequately simulating exposure concentrations >25 ppm in the rat. In addition, metabolic rate constants for ALDH2 significantly affected nasal uptake at low concentrations (up to 10 ppm) in the rat while rate constants associated with ALDH1 metabolism were more important for uptake at concentrations >10 ppm acetaldehyde. Other physiological parameters used in the acetaldehyde model, specifically the values for epithelial and subepithelial thickness (assumed to be constant over each cell-type or tissue compartment) also affected uptake, clearance and thus, estimations of tissue dose due to the compartmentalization of metabolism and blood flows. In addition, enzyme localization, especially for the olfactory epithelium where aldehyde dehydrogenases are present in the subepithelium rather than the epithelium, strongly affected tissue concentrations in the nose, especially in the rat. Furthermore, the arbitrary reductions in aldehyde dehydrogenase activity along conducting airways of the lower respiratory tract discussed by [Corley](#page-21-0) et al. (2012) significantly affected tissue uptake and concentration profiles in these regions, especially in humans following oral breathing. Lastly, the use of a zero-flux subepithelial layer boundary condition for acetaldehyde was important to determinations of tissue uptake and penetration but had no impact on formaldehyde and acrolein simulations.

DISCUSSION

With the improvements in imaging, computer hardware, and software over the past decade, the barriers to developing and applying realistic CFD models of the entire respiratory system have significantly diminished. In our previous article, we applied these advancements to develop the first suite of CFD respiratory airway models that extended from the external nares to the respiratory bronchiole region of the rat, monkey, and human [\(Corley](#page-21-0) et al., 2012). To evaluate the performance of these complex airway models, we also exploited phase-contrast 3 He gas MRI for the first validation of CFD airflow predictions in live rats ([Minard](#page-22-0) et al., 2012).

In our previous study ([Corley](#page-21-0) et al., 2012), we applied a PBPK model developed by [Schroeter](#page-23-0) et al. (2008) to describe the uptake of acrolein in all conducting airways of each species. Under steady-state inhalation, site-specific uptake of acrolein was strongly influenced by species-specific airway anatomy and physiology. The highest regional extraction efficiencies were predicted for the rat nose, followed by the monkey, then human noses. Greater penetration of acrolein into the bronchiolar region of the lung was predicted in the human following nasal and oral breathing than predicted for either the rat or monkey. While regional, volume-averaged tissue concentrations of acrolein in human pulmonary tissues were similar to those produced by computationally less-intensive mechanistic models, such as that of [Asgharian](#page-21-0) et al. (2012), the site-specificity afforded by the CFD/PBPK simulations provided greater correlations with local responses observed in rat toxicity studies that could be compared with human simulations [\(Schroeter](#page-23-0) et al., [2008](#page-23-0)). At that time, CFD simulations of airflows were conducted under steady-state inhalation conditions because of their reduced complexity and computational demands. Thus, the impact of realistic, species-specific breathing patterns on sitespecific tissues doses in extended airway models had never been evaluated.

Here, we reported the first high-resolution CFD/PBPK comparisons of respiratory tissue dosimetry under typical breathing conditions in rats and humans. This was accomplished using fully transient, 2-way coupled CFD/PBPK airflow and material fate and transport models and improved airway meshing procedures that enabled convergence of transient airflow simulations. Our initial comparisons focused upon acrolein (used in our previous companion study) plus 2 additional reactive, water-soluble aldehydes (acetaldehyde and formaldehyde) that are known to produce toxicity and tumors in rat nasal tissues, and have also been associated with potential adverse outcomes in cigarette smokers.

In the past, vapor fluxes across airway walls have been used in CFD and CFD/PBPK models as internal dose metrics for highly

FIG. 9. Comparisons between LADDs determined in the rat at NOAEL for nasal toxicity (top dashed red line—olfactory epithelium; bottom dashed blue line—anterior respiratory epithelium) in subchronic inhalation bioassays and LADD's determined in the human for each epithelial tissue compartment of the conducting airways after smoking 10, 20, or 40 cigarettes/day (bars) for (a) acrolein, (b) acetaldehyde, and (c) formaldehyde in humans at representative cigarette yields [\(Table 3\)](#page-5-0). LADD's were calculated from the highest 2.5% of each airway compartment surface facet AUC (concentrations integrated over time, depth and normalized by facet surface area) during the final breath (rat) or puff inhalation (human) as shown in [Figures 7](#page-13-0) and [8](#page-14-0) and described in the text.

reactive vapors such as formaldehyde, hydrogen sulfide, and ozone, as they correlated well with sites of injury in respiratory airways [\(Kimbell](#page-22-0) et al., 1997, [2001a;](#page-22-0) [Overton](#page-22-0) et al., 1987; [Schroeter](#page-23-0) et al., 2006a, [b](#page-23-0), [2008\)](#page-23-0). The inherent assumption in these prior models was that surface flux rates were predictive of local tissue concentrations that are necessary for toxicity. [Asgharian](#page-21-0) et al. (2012) confirmed this relationship for formaldehyde, but for less reactive vapors, such acetaldehyde, site-specific flux rates did not necessarily correlate with tissue concentrations using their mechanistic model of the human lung. In this study, surface fluxes predicted for even highly reactive chemicals like formaldehyde and acrolein were not well correlated with local time-dependent tissue concentration AUC's estimated for nasal tissues of the rat [\(Fig. 10\)](#page-18-0). This is especially true for the anterior olfactory epithelium where the location of aldehyde dehydrogenase metabolism was restricted to the subepithelium rather than the epithelium compartments of the PBPK model resulting in significantly higher AUCs for each aldehyde than predicted by surface fluxes alone as compared with other regions of the nose. Thus, the importance of the histochemical localization of aldehyde dehydrogenase enzymes by [Bogdanffy](#page-21-0) et al. (1986) and [Keller](#page-22-0) et al. (1990) to these results cannot be understated.

Although we continue to report results for site-specific fluxes across airway walls (e.g. flux rates at peak inhalation that balance wash-in vs. wash-out processes of chemical transport), the PBPK airway boundary condition allowed us to focus our vapor exposure and species comparisons upon commonly used pharmacokinetic metrics such as Cmax or AUC for parent aldehyde over the course of the full breathing cycle once breath-bybreath steady-state conditions were reached in all tissues.

We initially determined cell type (nose) or anatomic region (remaining airways) specific compartment-averaged Cmax's and AUC's for parent aldehyde concentrations and clearly demonstrated that steady-state inhalation conditions, while attractive to use because of the reduced computational demands can provide inadequate or even erroneous predictions of local tissue concentrations, even using these anatomically correct respiratory airway models ([Fig. 4](#page-9-0)). Thus, fully transient airflow and material transport simulations with 2-way coupled airway tissue boundary conditions for tissue uptake, metabolism, distribution, and elimination (in this case with PBPK models) may be warranted, especially for highly cleared vapors, unless proven otherwise.

By incorporating tissue-specific PBPK model to each facet of airway surfaces, we predicted the local time- and penetration depth-dependent tissue concentrations that most closely approximate exposure conditions experienced by small, subgroups of cells in airway epithelium or subepithelium. This then enabled quantitative comparisons as a function of species, aldehyde exposure, and breathing pattern [\(Fig. 6\)](#page-12-0), as well as their precise locations ([Fig. 10\)](#page-18-0). Of the 3 aldehydes, the 2 with higher metabolic clearance and tissue reactivity (acrolein and formaldehyde) are unlikely to penetrate deep into epithelial or subepithelial tissues, even in the olfactory region where metabolism occurs only in the subepithelium. Thus, even for the worst-case scenario (individual surface facets with highest aldehyde concentration in rat target tissues), it is unlikely that either of these aldehydes would penetrate directly into the systemic blood circulation at exposure concentrations up to their respective NOAELs for subchronic toxicity. In contrast, both epithelial and subepitheilial acetaldehyde nasal tissues can reach breath-to-breath equilibrium concentrations that are affected and cleared by local blood perfusion, especially at concentrations >25 ppm where vasodilation can occur in the rat nose ([Stanek](#page-23-0) et al., 2001).

By addressing realistic breathing and exposure patterns, the resulting CFD/PBPK models described here offer unprecedented insights into airway and species differences that mediate tissue dose. Importantly, comparable insight is not achievable using simpler, compartmental modeling, or tissue-averaging approaches. For our study, we estimated the AUCs for each surface facet aldehyde concentration as a function of time and penetration depth. To compare site-specific airway tissue internal doses between rats and humans under realistic breathing and estimated cigarette yields, 'hot-spots' for each aldehyde in each cell type (nose) or region (other airways) were determined along with overall regional AUCs [\(Figs. 7](#page-13-0) and [8](#page-14-0)). These simulations clearly demonstrated that there is a great deal of variability in tissue dose within each compartment that is missed using simpler compartmental models. By focusing on those cells within each tissue compartment that have significantly greater internal dose, future research could to test the potential sensitivity differences between cell or tissue types.

This study focused on producing more informed human risk assessments through more realistic coupling of external exposures to site-specific tissue doses and LADDs. In this example, LADDs based upon the highest 2.5% of each airway compartment's 'hot-spot' analysis were calculated for each aldehyde at a representative cigarette yield in each region of the human conducting airways following exposures to 10, 20, or 40 cigarettes/day. Each airway region was then compared with LADDs determined in target tissues of the nose of rats (anterior respiratory/transitional and olfactory epithelium) following NOAEL exposures assuming equivalent tissue sensitivity and mode of action between species [\(Fig. 9](#page-16-0)). These high-resolution comparisons of tissue doses produced a rank ordering of acrolein > formaldehyde > acetaldehyde for potential concerns associated with aldehyde toxicity based upon common internal dose metrics.

Clearly, other potential interactions between these aldehydes and the myriad of volatile, semi-volatile and particulate constituents of cigarette smoke along with the changes in air temperature and humidity during breathing and smoking are ignored in this comparison. These assumptions should be confirmed in future studies such as breath analysis of human volunteers during smoking. However, such interactions have also been ignored in prior attempts to rank the relative risks of chemical constituents in cigarette smoke according to existing individual chemical risk assessments such as cancer potency factors, reference concentrations (RfCs), or reference exposure levels (RELs) ([Fowles and Dybing, 2003](#page-21-0); [Pankow](#page-22-0) et al., 2007). While this alternative approach is convenient and easy to implement, it results in a different rank ordering of risk for the 3 aldehydes with acrolein $>$ acetaldehyde $>$ formaldehyde since appropriate routes of exposure, target tissues, or species differences in dosimetry are not considered.

While the primary goal of this study was to overcome prior computational challenges for conducting realistic, transient airflow, and tissue dosimetry simulations in extended airway models, there remains a number of limitations and thus, opportunities for improving CFD/PBPK models for the chemicals used in this case study as well as other airborne materials in general. For example, imaging technologies have improved the anatomic foundations for the CFD/PBPK models used in this study. In fact, it is now possible to develop multiple models for each species to assess variability in dosimetry based upon differences in anatomy and physiology. However, the numbers of pulmonary airways that are currently captured using clinical imaging systems for humans have been limited to the upper tracheo-bronchial region (typically 5–9 generations on average). For the aldehyde simulations and comparative LADD calculations for cigarette smoke exposures, this limitation did not affect the purpose or conclusions of this study as the highest tissue concentrations were obtained in the upper conducting airways that were captured in the 3D models. However, for other materials that target the deep lung or penetrate past the 3D CFD airways during inhalation

FIG. 10. Surface maps of airway surface flux rates (left) and AUCs for time and penetration-depth integrated tissue concentrations (right) for (a) acrolein, (b) acetaldehyde, and (c) formaldehyde in the rat nose at NOAEL exposures. Surface maps are shown for left and right lateral (top) and septal views (middle) with cross-sections taken at 3 locations (labeled a–c) for each surface view (bottom).

by humans (as we observed with acetaldehyde), a more explicit description of airways beyond the current resolution of imaging systems will need to be included to fully capture material transport, tissue interactions, and potentially, exhalation. Several approaches have been proposed to accomplish this goal including expanding the 3D airway geometries with recursive or guided space-filling algorithms or by coupling of the 3D models with 1D models representing the deep lung at each 3D airway outlet (Kuprat et al.[, 2013;](#page-22-0) [Tawhai and](#page-23-0) [Burrowes, 2003](#page-23-0)).

For many inhaled materials, the combined mucus/ epithelium compartment in the PBPK model airway boundary condition used in the current case study could be an important over-simplification. While explicitly including a mucus layer is more realistic, such an expansion in the CFD/PBPK model places greater demands upon the resolution needed in experiments for model development and performance evaluation to support the added complexity. In fact, the differences between model and experimental resolution are clearly important for nearly every aspect of the CFD/PBPK model development and evaluation. For example, aldehyde dosimetry in all airway tissues was highly sensitive to the location of aldehyde dehydrogenase enzymes. Other than histochemical studies conducted in the rat nose by [Bogdanffy](#page-21-0) et al. (1986) and [Keller](#page-22-0) et al. (1990), little else is known about the locations of key enzymes involved in aldehyde clearance, or how their catalytic activities vary along the conducting airways of the rat and, more importantly, the human as we described in our previous paper [\(Corley](#page-21-0) et al., 2012).

In addition, tissue thicknesses and blood perfusion rates within a region (or compartment) are poorly documented across species. For example, the thicknesses of each epithelial and subepithelial tissue compartment in the rat and human airway models were based upon limited histological measurements from selected slices through each airway region. A more complete morphometric analysis could improve the airway boundary conditions and transitions within and between adjacent compartments. Similarly, blood perfusion to and within nasal, oral, pharyngeal, laryngeal, and tracheal tissues are based upon a handful of studies conducted at the gross tissue level and assumptions on distribution within each region. This has led to variability in blood perfusion rates used in prior PBPK models for aldehydes described in this manuscript (e.g. nasal blood perfusion).

With regard to model evaluations, the only pharmacokinetic data currently available to compare against predicted airway tissue uptake and local concentrations of each aldehyde are the nasal airway extraction studies conducted by Morris, Kimbell et al. in rats ([Fig. 3](#page-8-0)). To our knowledge, no data are available that currently matches the resolution of CFD/PBPK predicted sitespecific airway tissue dose within the rat nose, much less other airways or the human. To address this issue, prior models have relied upon correlations between predicted site-specific doses and mapping of the locations of airway-specific lesions [\(Kimbell](#page-22-0) [and Subramaniam, 2001;](#page-22-0) [Kimbell](#page-22-0) et al., 1997, [2001a](#page-22-0), [b;](#page-22-0) [Postlethwait](#page-22-0) et al., 2000; [Schroeter](#page-23-0) et al., 2008). However, such correlations provide only indirect confirmation of predicted site-specific dosimetry. Thus, newer approaches that explicitly determine site-specific dosimetry within tissues are needed. In animal studies, micro-dissection and analysis of airway tissues or newer imaging techniques, such as mass spectrometry imaging ([Lanekoff and Laskin, 2015;](#page-22-0) [Lanekoff](#page-22-0) et al., 2012, [2013](#page-22-0), [2015;](#page-22-0) [Laskin](#page-22-0) et al., 2012) may prove useful for some materials. For humans, less invasive approaches such as regionspecific breath analysis ([Hinderliter](#page-22-0) et al., 2005) or breath

analysis using controlled breathing maneuvers that target different regions of the respiratory system as has been done with particles and cigarette smoke [\(Darquenne and Prisk, 2004;](#page-21-0) [Darquenne](#page-21-0) et al., 2000; [McGrath](#page-22-0) et al., 2009; Mills et al.[, 2002;](#page-22-0) [Peterson](#page-22-0) et al., 2008) could be used to improve confidence in model predictions.

In conclusion, this study successfully extended our prior CFD/PBPK models that focused upon steady-state inhalation to simulate site-specific airway tissue doses to common aldehyde vapors inhaled under realistic exposures. For these reactive constituents of cigarette smoke, 2-way coupling of CFD airflow and material transport models with PBPK airway tissue models enabled transient simulations that provided a significant improvement over steady-state predictions. With the new CFD/ PBPK models reported in this study, LADDs were compared for each aldehyde under realistic cigarette smoking in humans with those produced in target tissues of rats following subchronic inhalation exposures. The resulting comparison of LADDs therefore provides important additional insights for determining relative constituent risks for smokers that otherwise lack species- and exposure-specific tissue dosimetry information. These models are likewise useful for updating and refining individual chemical risk assessments for workplace and environmental exposures; thus, each model is available upon request.

SUPPLEMENTARY DATA

[Supplementary data](http://toxsci.oxfordjournals.org/lookup/suppl/doi:10.1093/toxsci/kfv071/-/DC1) are available online at [http://toxsci.](http://toxsci.oxfordjournals.org/) [oxfordjournals.org/.](http://toxsci.oxfordjournals.org/)

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APPENDIX

Computation of 1D PDE Time-Step

To compute a single time-step of the 1D PDEs in [equations](#page-5-0) [4](#page-5-0) and [5](#page-5-0) to find the boundary flux at every 3D convection– diffusion equation time step, we discretize [equation 4](#page-5-0) in space with m_t uniform intervals (each of length $dx_t = L_t/m_t$) and similarly we discretize [equation 5](#page-5-0) in space with m_b uniform intervals (each of length $dx_b = L_b/m_b$). Over each CFD time step from $t-\Delta t$ to t, we perform a first-order backwards difference time step of our 1D PDEs from $t-\Delta t$ to t. At time t, at grid point i in the 1D domain of the PDEs we make the following approximations:

$$
\left(\frac{\partial C_t}{\partial t}\right)_i \approx \frac{C_i^t - \tilde{C}_i^t}{\Delta t}
$$
\n
$$
\left(\frac{\partial C_b}{\partial t}\right)_i \approx \frac{C_i^b - \tilde{C}_i^b}{\Delta t},
$$
\n(A1)

where C_i^t is the tissue concentration at grid point i at time t and \tilde{C}_{i}^{t} is the tissue concentration at grid point i at the previous time $t - \Delta t$, and similarly for C_i^b and \tilde{C}_i^b . We can drop the superscripts t and b by noting that for $0 \le i \le m_t$, the concentration is a tissue concentration and for $m_t \le i \le m_t + m_b$, the concentration is a subepithelial concentration. This uses that fact that $C_{m_b}^b = P_{bt}C_{m_t}^t = C_{m_t}^t$, since the partition coefficient P_{bt} is assumed to be unity.

The diffusion term is discretized in the standard fashion:

$$
\left(D\frac{\partial^2 C}{\partial x^2}\right)_i \approx D\frac{C_{i+1}-2C_i+C_{i-1}}{\left(\Delta x\right)^2},\qquad \qquad \textrm{(A2)}
$$

where $D = D_t$ or D_b depending on whether grid point i is in the epithelial or subepithelial domain. To keep our equations linear we discretize the saturable metabolism term by

$$
\left(\frac{V_{\text{maxC}} \cdot C}{K_m + C}\right)_i \approx \frac{V_{\text{maxC}} \cdot C_i}{K_m + \tilde{C}_i}.
$$
 (A3)

In other words, the denominator uses the lagged concentration \tilde{C}_i , justified by the assumption that C_i does not vary much during a small time step Δt . Finally, the discretization of the first-order kinetics term and the blood loss term is seen to be trivial.

With these discretization assumptions, we see that our PDEs are equivalent to the following tri-diagonal system:

$$
\begin{bmatrix} b_1 & c_1 & 0 & \dots & & \dots & & 0 \\ a_2 & b_2 & c_2 & 0 & & \dots & & 0 \\ 0 & a_3 & b_3 & c_3 & & 0 & \dots & & 0 \\ \vdots & \vdots & \vdots & \vdots & & \vdots & & \vdots & & \vdots \\ \dots & \dots & \dots & \dots & & \dots & & \dots & & \dots \\ \vdots & \vdots & \vdots & \vdots & & \vdots & & \vdots & & \vdots \\ 0 & \dots & 0 & a_{m_t+m_b-2} & b_{m_t+m_b-2} & c_{m_t+m_b-2} & 0 \\ 0 & \dots & \dots & & 0 & & a_{m_t+m_b} & b_{m_t+m_b-1} \end{bmatrix} \begin{bmatrix} C_1 \\ C_2 \\ C_3 \\ \vdots \\ C_{m_t+m_b-2} \\ C_{m_t+m_b-1} \\ C_{m_t+m_b-1} \\ C_{m_t+m_b-1} \\ C_{m_t+m_b} \end{bmatrix}
$$

$$
\begin{bmatrix}\n\tilde{C}_1/\Delta t + D_t C_0/(\Delta x)^2 \\
\tilde{C}_2/\Delta t \\
\tilde{C}_3/\Delta t \\
\vdots \\
\vdots \\
\tilde{C}_{m_t+m_b-2}/\Delta t \\
\tilde{C}_{m_t+m_b-1}/\Delta t \\
\tilde{C}_{m_t+m_b}/\Delta t\n\end{bmatrix} = \n\begin{bmatrix}\n\tilde{C}_1/\Delta t + D_t C_0/(\Delta x)^2 \\
\tilde{C}_2/\Delta t + D_t C_1\n\end{bmatrix}
$$
\n(A4)

where we define the coefficients a_i , b_i , and c_i of the matrix as follows:

$$
a_i = \left\{ \begin{array}{ll} -D_t/(\Delta x_t)^2, & 2 \leq i < m_t \\ -D_t/(\Delta x_t \cdot (\Delta x_t + \Delta x_b)/2), & i = m_t \\ -D_b/(\Delta x_b)^2, & m_t < i \leq m_t + m_b \end{array} \right. \tag{A5}
$$

$$
b_i = \left\{ \begin{array}{lr} 2D_t/(\Delta x_t)^2 + k_f + \frac{V_{\max C}}{K_m + \bar{C}_i} + \frac{1}{\Delta t}, & 1 \leq i < m_t \\ & & \\ (D_t/\Delta x_t + D_b/\Delta x_b)/((\Delta x_t + \Delta x_b)/2) + \\ & k_f + \frac{V_{\max C}}{K_m + \bar{C}_i} + \frac{1}{\Delta t}, & i = m_t \\ & & \\ 2D_b/(\Delta x_b)^2 + k_f + \frac{V_{\max C}}{K_m + \bar{C}_i} + \frac{Q_b}{V_b} + \frac{1}{\Delta t}, & m_t < i < m_t + m_b \\ & & \\ D_b/(\Delta x_b)^2 + k_f + \frac{V_{\max C}}{K_m + \bar{C}_i} + \frac{Q_b}{V_b} + \frac{1}{\Delta t}, & i = m_t + m_b \end{array} \right. \tag{A6}
$$

$$
c_i=\left\{\begin{array}{ll}-D_t/(\Delta x_t)^2, & 1\leq i < m_t\\ \\ -D_b/(\Delta x_b\cdot (\Delta x_t+\Delta x_b)/2), & i=m_t\\ \\ -D_b/(\Delta x_b)^2, & m_t < i < m_t+m_b\end{array}\right. \tag{A7}
$$

This system is solved in $O(m_t + m_b)$ time using the relatively trivial and well-known tri-diagonal solution algorithm ([Press](#page-23-0) et al.[, 1992\)](#page-23-0). This yields the concentrations $C_1, C_2, \ldots, C_{m_t+m_h}$ at time t from which we can compute the flux $-D_t \frac{\partial C_t}{\partial x} \approx -D_t \frac{C_1-C_0}{\Delta x_t}$ into the tissue domain from which we can derive the normal gradient of the concentration for the CFD code using [equation 6.](#page-6-0) The zero Neumann condition at $x = L_t + L_b$ is seen to be enforced by the value of $b_{m_t+m_b}$. Note that there is no '2' in front of D_b for this coefficient. The awkward diffusion coefficient contributions for a, b, and c at grid point m_t reflect the transitional case where Δx_h is not necessarily Δx_t and D_h is not necessarily D_t . The value of C_0 in the first entry on the right-hand side drives the diffusion into the epithelial compartment. C_0 is the value of the concentration at the air-tissue interface and is P_{ta} \cdot C_{air} .

However, care must be taken when using the relation

$$
C_0 = P_{ta} \cdot C_{air}.\tag{A8}
$$

Here C_{air} is the unknown value of concentration on the air side of the air-tissue interface at time t. If instead we set $C_0 = P_{ta} \cdot \tilde{C}_{air}$, where \tilde{C}_{air} is the known value of concentration on the air side of the air-tissue interface at time $t-\Delta t$, we find that using this lagged value leads to overly large fluxes $-D_t\frac{\partial C_t}{\partial x}$ out of the CFD domain, which in turn leads to negative concentrations in the CFD domain which invalidate the solution. This is especially true if dx_t , the tissue mesh spacing, is sufficiently fine. Instead, we derive the correct value of C_0 to use as follows. At the airtissue interface we have the 2 equations

$$
\frac{dC_0}{dt} = -\lambda_b C_0 + \lambda_f C_{\text{air}} \text{ and}
$$

\n
$$
\frac{dC_{\text{air}}}{dt} = \lambda_b C_0 - \lambda_f C_{\text{air}},
$$
\n(A9)

where λ_f is the rate of the 'forwards' reaction where a free molecule of substance in the air becomes bound in the tissue at the interface and λ_b is the rate of the 'backwards' reaction where a tissue bound molecule of substance gets unbound and become a free molecule in the air. If we divide through the first of these equations by λ_b , we obtain

$$
\frac{1}{\lambda_b} \frac{dC_0}{dt} = -C_0 + \frac{\lambda_f}{\lambda_b} C_{\text{air}}.
$$
 (A10)

Assuming λ_b and λ_f are very large so that we have equilibrium $dC_0/dt = 0$ at each time step, we obtain equation A8 with $P_{ta} \equiv \lambda_f/\lambda_b$. Notice also that summing the 2 equations in [equation A9](#page-20-0) yields

$$
\frac{d(C_0 + C_{\text{air}})}{dt} = 0, \tag{A11}
$$

implying the sum $C_0 + C_{air}$ is constant. This is only true on the fast time scale of concentration equilibration at the air–tissue interface. Over longer timescales (i.e. several tens or hundreds of Δt timesteps which are typically small of order 10 $^{-5}$ s) we have that the sum $C_0 + C_{air}$ slowly changes as substance diffuses out of (or into) the lumen and into (or out of) the tissue, but over a single tiny Δt timestep, it is a good approximation that

$$
C_0 + C_{\text{air}} \approx \tilde{C}_0 + \tilde{C}_{\text{air}}.\tag{A12}
$$

Solving [equations A8](#page-20-0) and A12 for C_0 and C_{air} , we obtain

$$
C_0 = \frac{P_{ta}}{1 + P_{ta}} (\tilde{C}_0 + \tilde{C}_{air}) \text{ and}
$$

\n
$$
C_{air} = \frac{1}{1 + P_{ta}} (\tilde{C}_0 + \tilde{C}_{air}).
$$
\n(A13)

It can be seen that in the case $\tilde{C}_0=0$ which occurs as an initial condition when the simulation code is started that we obtain $C_0 = \frac{P_{ta}}{1+P_{ta}} \tilde{C}_{air}$, which is a much smaller value than using C_0 $P_{ta}\tilde{C}_0$ and so it is clear that [equation A13](#page-20-0) leads to a much gentler 'startup' when the lumen region has non-zero initial values and the tissue region has initial null values. Yet, over a medium time-scale (of several tens or hundreds of Δt time intervals), we will obtain that [equation A13](#page-20-0) relaxes and $C_0 \approx \tilde{C}_0 = P_{ta}\tilde{C}_{air}$.

In summary, our more stable way of setting a C_0 value to use in the system above is to set

$$
C_0 = \frac{P_{ta}}{1 + P_{ta}} \left(\tilde{C}_0 + \tilde{C}_{air} \right), \tag{A14}
$$

where C_0 is tissue concentration at the air-tissue interface at time t, \tilde{C}_0 is the previous, known tissue concentration at the air–tissue interface at time t – Δ t, and $\tilde{C}_{\rm air}$ is previous known air concentration at the air–tissue interface at time $t - \Delta t$.

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