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Maternal Style Selectively Shapes Amygdalar Development and Social Behavior in Rats Genetically Prone to High Anxiety

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Abstract

The early-life environment critically influences neurodevelopment and later psychological health. To elucidate neural and environmental elements that shape emotional behavior, we developed a rat model of individual differences in temperament and environmental reactivity. We selectively bred rats for high vs. low behavioral response to novelty and found that high reactive (bHR) rats display greater risk-taking, impulsivity, and aggression relative to low reactive (bLR) rats, which show high levels of anxiety/depression-like behavior and certain stress vulnerability. The bHR/bLR traits are heritable but prior work revealed bHR/bLR maternal style differences, with bLR dams showing more maternal attention than bHRs. The present study implemented a cross-fostering paradigm to examine the contribution of maternal behavior on bLR offspring's brain development and emotional behavior. bLR offspring were reared by biological bLR mothers or fostered to a bLR or bHR mother and then evaluated to determine effects on: 1) developmental gene expression in the hippocampus and amygdala; and 2) adult anxiety/depression-like behavior. Genome-wide expression profiling showed that cross-fostering bLR rats to bHR mothers shifted developmental gene expression in the amygdala (but not hippocampus), reduced adult anxiety and enhanced social interaction. Our findings illustrate how an early-life manipulation such as cross-fostering changes the brain's developmental trajectory and ultimately impacts adult behavior. Moreover, while earlier studies highlighted hippocampal differences contributing to the bHR/bLR phenotypes, our results point to a role of the amygdala as well. Future work will pursue genetic and cellular mechanisms within the amygdala that contribute to bHR/bLR behavior either at baseline or following environmental manipulations.

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DISCLOSURE

The authors declare no conflict of interest.

Keywords

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INTRODUCTION

The early-life environment critically influences brain development and subsequent psychological health, with some individuals being particularly vulnerable to psychopathology due to combined genetic predisposition and environmental risks [1,2]. Children of depressed mothers are at greater risk for psychological problems than children of non-depressed mothers [3,4], although early intervention mitigates their risk for emotional disorders. For instance, epidemiological studies report that children of depressed mothers manifest fewer emotional problems when enrolled in childcare from an early age [5], suggesting that stimulation of exposure to a new environment during development boosts their emotional health. Rodent studies echo these findings, showing that short periods of novelty exposure during the early postnatal period (independent of changes in maternal care) improve anxiety-like behavior and hypothalamic pituitary adrenal (HPA) stress response [6]. Together these studies highlight how genetic liability and experience interact to shape neurodevelopment, biobehavioral responses to stress, and life-long emotional health [7].

To elucidate molecular changes in the developing brain that produce an anxious phenotype, we developed a rat model of individual differences in emotionality by selectively breeding Sprague Dawley rats for disparate response to novelty [8]. Rats bred for high response to novelty (bHR) vigorously explore new environments, exhibit greater risk-taking, impulsivity, aggression, and proclivity to addictive behavior [9,10] compared to bred Low Responder (bLR) rats, which show high levels of spontaneous anxiety and depressive-like behavior [8,11–14]. The apparent co-segregation of high/low novelty reactivity and these other behavioral characteristics may be due to selective breeding or could be secondary to genetic drift [15], although it is worth noting that many of these behaviors appear in purchased (non-selectively bred) rats screened for high versus low response to novelty [16,17].

A valuable feature of the bred lines is their phenotypic predictability, which allows us to foretell whether an animal will display bHR/bLR traits from birth throughout life. This let us show that the bHR/bLR biobehavioral phenotypes are present in early postnatal life [11,18] and are associated with distinct patterns of hippocampal development [18]. Furthermore, we found that while the bHR/bLR traits are heritable, their phenotypes (particularly bLRs') are also modifiable by environmental factors [11,12,14]. Because we know that bHR/bLR dams exhibit distinct maternal styles [19,20], and given the profound effect of maternal behavior on rodent neurodevelopment, the HPA axis, and emotional behavior [21], the present study examined the contribution of maternal behavior on brain development and behavior in the high anxiety-/depression-prone bLR offspring. An important advance of this study is that it illustrates not only the impact of distinct maternal styles on the adult brain and behavior, but

also tracks developmental changes in the limbic brain when the early-life experience is ongoing.

Thus, we implemented a cross-fostering paradigm where bLR offspring were: *a*) reared by biological bLR mothers; *b*) fostered to bLR mothers; or *c*) cross-fostered to bHR mothers. We focused on the bLR line since prior studies found that the bHRs are resistant to many environmental manipulations, including cross-fostering and early-life stress [8,14]. The first experiment examined the impact of cross-fostering on adult bLR males' anxiety, depression-like behavior, and social behavior. This experiment included a bHR control group (bHRs raised by their biological mothers) to provide a benchmark to highlight typical bHR/bLR behavior differences. A parallel microarray study examined maternally regulated gene expression changes in the developing amygdala and hippocampus of bLR male offspring to identify neurobiological changes underlying maternal influences on bLRs' emotional behavior.

MATERIALS AND METHODS

All experiments were approved by the University Committee on the Use and Care of Animals at the University of Alabama at Birmingham (UAB) where the behavioral studies and brain tissue harvest were conducted. All work was conducted in accordance with the National Institute of Health (NIH) Guide for the Care and Use of Laboratory Animals, dictated by the National Research Council in 1996.

Animals

Adult male and female bHR/bLR Sprague Dawley rats from the 30th generation of Dr. Akil's colony at the University of Michigan were shipped to Dr. Clinton's laboratory at UAB where they were bred for the present experiments. We previously described our breeding strategy, noting that our breeding paradigm leads to 1% inbreeding per generation [8]. Thus, rats from the present study were 31% inbred since they were taken from the 31st generation. Animal facilities were kept at 21–23°C at 50–55% humidity and all rats were group-housed in a 12:12 light–dark cycle (lights on/off at 6 AM/6 PM) with food and water available *ad libitum*. Only male offspring were studied in the behavioral and microarray experiments described below.

Cross-fostering paradigm

For Experiment 1, adult male/female pairs ($n=5$ bHR pairs; $n=11$ bLR pairs) were mated. At birth, bLR litters were randomly assigned to be: *a*) reared by their biological bLR mother (bLR control); *b*) fostered to another bLR mother (bLR-bLR); or *c*) cross-fostered to a bHR mother (bLR-bHR). The bHR litters used for behavioral experiments were reared by biological bHR mothers (bHR control). Offspring were weaned on postnatal day (P) 21 and only males were kept for a behavioral test battery that commenced in adulthood (P75).

Behavioral testing

All behavior was recorded using a computerized analysis program (Ethovision XT 8.0, Noldus, Wageningen, The Netherlands) and all testing was conducted under dim light (30

lux) between 8:00–11:30 am. Detailed descriptions of our test paradigms can be found in a Supplementary Materials and Methods section.

Open Field—The Open Field Test (OFT) was conducted in a 100×100×50 cm black Plexiglas box with a black floor as described [22]. At the beginning of the test, a rat was placed in a corner of the box and was permitted to explore the apparatus for 5 min. The latency to enter the center of the OF, the amount of time spent and distance traveled in the center, sides, and corners of the apparatus were quantified utilizing Ethovision[®] XT 8.0 videotracking software (Noldus, Wageningen, The Netherlands) set up with a digital video camera. The periphery was defined by a 20 cm zone around the edge of the OF arena that was further subdivided into mutually exclusive side (20 × 60 cm) and corner (20 × 20 cm) zones. A trained observer that was blinded to experimental groups manually assessed grooming and rearing behavior and stress-induced defecation using a computerized system provided in the software.

Elevated Plus Maze—The Elevated Plus Maze (EPM) test was conducted as described [22] in a black Plexiglas EPM consisting of four elevated arms (70 cm from the floor, 45 cm long, 12 cm wide) arranged in a cross. Two opposite arms are enclosed by 45-cm-high walls (lighting 3–5 lux), and the remaining arms are open (lighting 30 lux). To start the test rats were placed in a central square platform facing the same closed arm at the intersection of the open and closed arms provided access to all arms. Testing was conducted under dim light (30 lux) between 8:00–11:30 am, and recorded using the Ethovision videotracking system to assess the latency to enter the open arms, the amount of time spent in the open arms, closed arms, and center square, and the total distance traveled over the course of the 5-min test. An animal was considered to be in the open arm when the rat's body fully crossed out of the center square onto an open arm platform. A trained observer that was blinded to experimental groups manually assessed stress-induced defecation.

Novelty-Suppressed Feeding—The Novelty Suppressed Feeding (NSF) test was conducted in the OF apparatus. Rats were food deprived overnight prior to testing. At the beginning of the 10 min test, a rat chow food pellet was placed in the center of the OF. A rat was placed in the periphery of the arena and permitted to freely explore for 10-min. Latencies to sniff, touch, and eat the food pellet were measured by a trained observer blinded to experimental groups. Rats were able to remove the food pellet from the center of the arena. The animals' movement was assessed by Ethovision[®] XT 8.0 software. Food pellet weight was manually measured before and after each session.

Social Interaction—A social interaction test was conducted as described [22] using a three-day procedure where experimental animals spent 10-min per day in a clear Plexiglas chamber (45×45×60 cm Noldus PhenoTyper[®] Box) containing a smaller Plexiglas “interaction box” (10×10×8 cm) that held a novel stimulus rat. On test day 1, rats were placed in the chamber with an empty interaction box (novel object). On test day 2, a novel male rat was placed in the interaction box shortly before the experimental rat was introduced. On test day 3, a novel female rat was placed in the interaction box shortly before the experimental rat was introduced. In each test, a blinded, trained observer scored

grooming behavior [23,24] and stress-induced defecation [25,26] as secondary measures of rodent anxiety.

Forced Swim Test—The Forced Swim Test (FST) was conducted as described [22] in a Plexiglas cylinder (40 cm high × 40 cm diameter) containing 30-cm deep water (25°C). On FST day 1, rats were placed (one rat/cylinder) in the water for 15-min (pretest phase); 24 h later the rats were returned to the water-filled cylinder and videotaped for 5-min (test phase). Water was changed after every swim session so that each rat swam in clean water. A trained observer blind to treatment scored the FST immobility (floating) time using a computer program for ethological analysis (Observer, Noldus, Wageningen, The Netherlands). Rats were considered immobile when they exhibited no activity other than that required to keep their heads above water. We chose to focus on the immobility measure since it is classically considered an indicator of “behavioral despair” and depression-like behavior (Porsolt et al., 1977), and it can be clearly defined and easily distinguishable from active coping measures such as swimming and climbing, which are sometimes difficult to reliably distinguish across experimental observers (Porsolt et al., 1977, Cryan et al., 2005, Muigg et al., 2007). Data are presented as time immobile as percent of total time during the 5-min Day 2 test.

Tissue collection, RNA extraction, and genome-wide expression profiling

For Experiment 2, another group of male/female rats were mated and the cross-fostering procedure was repeated. Brain tissue was collected from bLR males that were raised by 1) biological bLR mothers (bLR control); 2) bLR foster mothers (bLR-bLR fostered); or 3) bHR foster mothers (bLR-bHR cross-fostered). Animals were sacrificed by rapid decapitation at four time points: P7, P14, P21, and P75 (n=5/group/time point for microarray experiments, n=5/group/time point for the qPCR experiments described below). Brains were removed, flash frozen, and stored at –80°C until further processing. Brains tissue punches were collected from the hippocampus and amygdala as we previously described [27], placed in RNAlater (Qiagen, Valencia, CA), and stored at –20°C.

Microarray analysis—Tissue punches (n=5/group/time point/brain region) were shipped to Arraystar (Rockville, MD) for microarray processing on NimbleGen Rat Gene Expression 12×135K Arrays (26,419 target genes, 5 probes/target). RNA from each sample was isolated, purified, and processed for microarray analysis according to the manufacturer’s protocol (NimbleGen Systems, Inc., Madison, WI, USA). Slides were later scanned at 5µm/pixel resolution using an Axon GenePix 4000B scanner (Molecular Devices Corporation) piloted by GenePix Pro 6.0 software (Axon). Scanned images were imported into NimbleScan software (version 2.5) for grid alignment and expression data analysis. Expression data were normalized through quantile normalization and the Robust Multichip Average algorithm included in the NimbleScan software. The probe-level files and gene-level files were generated after normalization.

Subsequent data analysis was performed using GeneSpring GX v12.6 software (Agilent, Santa Clara, CA, USA). Probes with a raw expression value less than 50 for any sample were excluded from the analysis. Samples were filtered to exclude probes designated “predicted mRNA model”, as determined by the most recent RefSeq database annotations.

Following experimental grouping (i.e. bLR-bHR cross-foster (or bLR-bLR foster) vs. bLR control at each time point within each brain region), genes were considered statistically significant and included in downstream analyses if they displayed fold change ≥ 1.5 , p-value < 0.05 following multiple test correction (Bonferroni family-wise error rate [FWER]). Probes in the P75 comparison were selected for k-means partitional clustering if they met these criteria. Gene Ontology (GO) analysis identified enrichment of functionally-related genes within each cluster (p-value < 0.05 following Benjamini-Yekutieli False Discovery Rate [FDR] correction). All genes and transcripts discussed in this paper are referenced by the *Rattus norvegicus* gene symbol.

qRT-PCR confirmation studies—Select genes identified in the microarray analysis were verified using quantitative Real-Time PCR (qRT-PCR). Total RNA was extracted and purified from a separate set of amygdala tissue punches from P75 bLR control and bLR-bHR fostered male offspring (n=5/group). We performed qRT-PCR as described [18] on a StepOne Plus (Applied Biosystems, Grand Island, NY, USA). Taqman assay probes used were: *Ywhaq* (RefSeq: NM_013053.1; Taqman probe ID: Rn00820723_g1), *Nptxr* (NM_030841.3; Rn00578183_m1), *Camk2a* (NM_012920.1; Rn01258147_m1), *Dlg3* (NM_031639.1; Rn00581244_m1), *Dlg4* (NM_019621.1; Rn00571479_m1), and *Lppr2* (NM_001005881.1; Rn00460732_g1). Taqman probes for *Cx3cl1* (NM_134455.1; Rn00593186_m1), *Glul* (NM_017073.3; Rn01483107_m1), and *Syt1* (NM_001033680.2; Rn00436862_m1) were used as housekeeping genes.

Statistical Analyses

Statistical analyses were performed using GraphPad Prism 5 (GraphPad Software, La Jolla, CA, USA). To control for the possibility of litter effects, data from individual animals from each experimental group were averaged and these litter averages were used in subsequent statistical analyses. Because only bLR groups were subjected to different fostering conditions, with the bHR controls raised only in the biological mother condition to serve as a “benchmark” to highlight bHR/bLR differences, our design required a one-way ANOVA to examine behavioral differences among bLR groups in the OF, EPM, NSF, and FST. In the Social Interaction test, we used a two-way ANOVA, with bLR maternal care condition and social stimulus condition as independent factors. Fischer LSD *post hoc* analyses were used when appropriate; for all tests, $\alpha = 0.05$. Data analysis methods for the microarray experiment are noted above.

RESULTS

Effect of litter on offspring's behavioral measures

Because our experimental groups included multiple siblings, one-way ANCOVAs were performed to determine whether there were effects of litter on any of the behavioral measures. We did not find any significant litter effects for any of the behavioral measures in any group.

Cross-fostering bLR pups to bHR- mothers improved select measures of adult anxiety-like behavior and social interaction, but did not impact depression-like behavior in the FST

Adult bLR offspring raised by bLR-biological mothers, bLR- or bHR-foster mothers (as well as bHR controls raised by their biological mothers) were evaluated in multiple tests of anxiety- and depression-like behavior. In the OFT, there was a main effect of group on center time ($F(3,15)=16.37$, $p<0.001$; Fig. 1A); time spent grooming ($F(3,15)=4.05$, $p<0.05$; Fig. 1C); and total distance traveled during the OFT ($F(3,15)=83.33$, $p<0.0001$; Fig. 1E). Many of these effects were due to genotypic differences, with *post hoc* analysis showing that bHR controls spent more time in the center of the OF ($p<0.001$) and overall greater activity ($p<0.0001$) than all bLR groups. bHR controls also spent less time grooming than bLRs raised by biological mothers and bLR foster mothers ($p<0.05$). Cross-fostering subtly decreased bLR offspring's anxiety-like behavior in the OF, with bLR offspring raised by bHR mothers showing increased locomotion ($p<0.05$) relative to bLRs raised by biological mothers and bLR foster mothers, and trending towards less grooming ($p=0.07$) relative to bLRs raised by biological mothers. There was a trend for bLR-bHR fostered offspring to differ from bLR-bLR fostered offspring on these measures.

There were similar effects in the EPM, with a main effect of group on open arm time ($F(3,15)=6.53$, $p<0.01$; Fig. 1B); stress-induced defecation ($F(3,15)=15.25$, $p<0.001$; Fig. 1D); and total distance traveled in the EPM ($F(3,15)=32.45$, $p<0.0001$; Fig. 1F). Again, many of the effects were due to genotypic differences, with *post hoc* analysis showing that bHR controls spent more time in the open arms of the EPM ($p<0.01$) and overall greater activity ($p<0.0001$) than bLRs. bHR controls also showed less stress-induced defecation in the EPM than bLR controls and bLRs raised by bLR foster mothers ($p<0.01$). Cross-fostering subtly decreased bLR offspring's anxiety-like behavior in the EPM, with bLR offspring raised by bHR mothers showing less stress-induced defecation than bLR controls and bLRs raised by bLR foster mothers ($p<0.01$).

In the Social Interaction test, there was a main effect of experimental group ($F(3,47)=13.4$, $p<0.001$), but no effect of social stimulus (i.e. novel object/male/female) and no group x stimulus interaction on the number of visits to the interaction box (Fig. 2A). There was a genotypic difference, with bHR controls showing high levels of interaction with the novel object, male and female stimulus rat compared to bLR groups ($p<0.01$ for each comparison). There was also a clear effect of cross-fostering, with bLRs raised by bHR mothers showing increased interactions with a novel object, male stimulus rat and female stimulus rat compared to the bLR controls and bLRs raised by bLR mothers ($p<0.05$ for each comparison). There was also a main effect of group ($F(3,47)=23.04$, $p<0.001$) but no effect of social stimulus (i.e. novel object/male/female) and no group x stimulus interaction on stress-induced defecation in the Social Interaction test (Fig. 2B). There was a genotypic difference, with bHRs showing less defecation than all bLR groups ($p<0.001$ for each comparison). Cross-fostering reduced bLRs' stress-induced defecation, with the bHR-fostered bLR groups showing significantly less defecation than bLR controls and bLR-bLR fostered offspring ($p<0.01$ for each comparison).

In the NSF task, there was a main effect of group on latency to enter the food zone ($F(3,15)=22.43$, $p<0.0001$; Fig. 2C), and a main effect of group on time spent grooming ($F(3,15)11.64$, $p<0.001$; Fig. 2D). The bHR control group showed the shortest latency to enter the food zone compared to all three bLR groups ($p<0.0001$ for all comparisons), and spent less time grooming than bLR controls ($p<0.05$). There was a general effect of fostering on bLRs' grooming in the NSF since both bLR-bLR fostered and bLR-bHR cross-fostered offspring showed less grooming than bLR controls ($p<0.05$ for each comparison).

Finally, in the FST, while there was no effect of group on immobility time (Fig. 2E), the bHR group spent the least amount of time immobile. Maternal care condition did not influence bLRs' FST immobility since all three bLR groups displayed similarly high immobility levels.

Cross-fostering shifts developmental gene expression in the bLR amygdala, but not hippocampus

Gene expression analysis (fold change ≥ 1.5 , $p<0.05$, Bonferroni FWER) revealed robust developmental gene expression changes within the amygdala, but not the hippocampus, of bLR offspring that were cross-fostered to bHR dams (bLR-bHR cross-fostered/bLR control) compared to bLR controls (Fig. 3A). Notably, we found extraordinarily few gene expression differences in the amygdala or hippocampus of bLR offspring fostered to bLR mothers (bLR-bLR fostered/bLR control). Although cross-fostering had little effect on bLR amygdalar gene expression at P7 and P14, numerous gene changes appeared at P21 and persisted into adulthood, with the majority of altered genes being up-regulated in bLR-bHR cross-fostered offspring compared to bLR control (Fig. 3B). After applying the false discovery rate correction, no genes were found to be differentially expressed in the hippocampus at any time point. A complete list of genes significantly altered at each time point can be found in Supplementary Tables 1–3.

Our next analysis used partitional clustering to examine the amygdala gene expression data, grouping genes altered by cross-fostering based on developmental expression patterns. Partitional clustering of the 103 genes in the P75 amygdala data set assigned genes to four clusters based on slope of the expression pattern of genes across time (differential distance metric; shown in Figure 3C). GO analysis identified functionally related genes within the four gene clusters and found significant GO term enrichment for clusters 1 (GO:0007611, learning and memory; $p = 7.44 \times 10^{-5}$; GO:0050890, cognition, $p=7.88 \times 10^{-5}$) and 3 (GO:0016192, vesicle-mediated transport; $p = 1.26 \times 10^{-5}$) ($p<0.05$ after multiple test corrections; Fig. 3C). Several of the 'learning and memory' annotated transcripts from Cluster 1 were chosen for qRT-PCR confirmation. Six genes were confirmed to be up-regulated in the amygdala of adult cross-fostered bLR animals (*Ywhag*, *Nptxr*, *CamkIIa*, *Dlg3*, *Dlg4*, and *LPPR2*) vs. bLR controls (Table 1). Pathway analysis was performed using the 103 genes in the P75 amygdala data set, revealing 123 pathways that were significantly altered by cross-fostering ($p<0.05$ after Benjamini-Yekutieli FDR correction). The top ten pathways by p-value are listed in Table 2, with multiple involving genes related to synaptic signaling, glutamatergic signaling, adrenergic signaling, and apoptosis.

DISCUSSION

The early family-life environment shapes human neurodevelopment and behavioral outcomes well into adulthood [28,29], and early-life events have been shown to predispose or protect individuals from developing later psychopathology. In rodents, maternal style shapes offspring's neuroendocrine stress reactivity, anxiety- and depression-like behavior [21,30,31]. We previously reported distinct maternal styles in bHR/bLR dams [19,20] and now show that cross-fostering bLR offspring to bHR mothers shifts their adult phenotype, leading to greater social interaction and subtly reduced anxiety-like behavior. These effects are accompanied by gene expression changes in the amygdala that emerge in early postnatal life (when the cross-fostering experience is ongoing) and persist through adulthood. There is a growing appreciation that emotional disorders involve a developmental component, and that changes in the developing brain can set the stage for later emotional health [32]. The present study illustrates how an early-life manipulation such as cross-fostering changes the brain's developmental trajectory, ultimately impacting adult behavior.

We previously found that bHR/bLR rats exhibit baseline differences in hippocampal development during the first two postnatal weeks [18], and that manipulating bLRs' hippocampal development via early-life injection of fibroblast growth factor 2 reduced their adult anxiety-like behavior [33]. It was therefore surprising to find that cross-fostering improved aspects of bLRs' anxiety behavior (grooming in the OF; stress-induced defecation in the EPM and social interaction test) without altering hippocampal gene expression. Cross-fostering did markedly alter gene expression in the bLR amygdala, so it may be that certain aspects of bLRs' behavior are more closely linked to the hippocampus while others are associated with the amygdala. For example, cross-fostering had the greatest impact on bLRs' social interaction, with only subtle improvements on anxiety measures (grooming and stress-induced defecation), and no effect on FST immobility. The amygdala plays a well-recognized role in regulating anxiety and fear behavior [34–36], but also mediates social behavior. For instance, stimulating basolateral amygdala terminals in the ventral hippocampus reduced social interaction while inhibition these terminals increased social interaction [37]. Another study demonstrated that direct stimulation of distinct subpopulations of amygdalar neurons controlled distinct aspects of self-grooming, social and asocial behavior [38]. Thus, the bLR cross-fostering paradigm provides a novel model to study the development of amygdalar circuits involved in social behavior and the environmental factors that influence its formation.

The amygdalar gene expression changes triggered by cross-fostering were not apparent until P21 and were most pronounced in adulthood (P75). Importantly, these changes were specifically elicited by cross-fostering bLR offspring to bHR mothers, since fostering bLR offspring to bLR mothers produced minimal gene expression changes. It is also notable that most of our behavioral findings were specifically elicited by cross-fostering, with only one instance when bLR offspring displayed altered behavior regardless of whether they were fostered to a bHR or bLR foster mother. In this case, bLR offspring that were raised by either a bHR or bLR foster mother showed less grooming in the NSF compared to bLR controls that were raised by their biological bLR mothers. Since we found no “general fostering”-induced gene expression changes in the hippocampus or amygdala, it suggests

that these effects on NSF behavior are mediated by molecular changes in another brain region.

Most neurodevelopmental milestones such as neurogenesis and neuronal migration occur in the amygdala well before P21. For instance, peak neurogenesis occurs at gestational days (G)11–16 within the major nuclei of the amygdala (i.e. basolateral, medial, and central nuclei) [39], and neurons continue to migrate to the amygdala until P7 [40]. During the second postnatal week the total number of cells and the cell density of the amygdala decreases and remains stable after P14 [40]. The observed gene expression differences at P21 and P75 may be secondary to cross-fostering induced structural changes in the amygdala. Future experiments could investigate changes in amygdalar structure and synaptic connectivity that may be driven by maternal care as well as those that exist at baseline in bHR vs. bLR rats.

Our transcriptome analysis included gene ontology, partitional clustering, and functional pathway analyses to seek out ensembles of genes that were changed in the developing amygdala of bLR offspring cross-fostered to bHR mothers. A somewhat surprising finding was that, in general, the same genes were not altered across ages suggesting that different molecular paths are engaged at different developmental stages. The partitional clustering analysis focused on the P75 time point since this was the age when the greatest numbers of genes were altered in the amygdala, and was the time when social behavioral differences were apparent. Two of four gene clusters altered by cross-fostering were enriched with transcripts associated with cognition, learning, memory, and vesicle-mediated transport (Fig. 3C). Pathway analysis also identified molecules involved in neural signaling and apoptotic processes as being changed by cross-fostering (Table 2). Multiple differentially expressed genes were confirmed with qRT-PCR as up-regulated in the amygdala of adult bLR offspring that were raised by bHR foster mothers versus biological bLR dams: *Ywhag*, *Nptxt*, *CamkIIa*, *Sap-102*, *PSD-95*, and *LPPR2*. Notably, these cross-foster-induced gene expression changes were observed in animals that were naïve to behavior testing. We typically perform gene expression analyses in untested animals to protect against the possibility that behavior testing itself may alter brain circuits and/or gene expression. However, it would be interesting to correlate behavior with gene expression and also determine whether any of our “top hit” genes are themselves altered by behavior tests. Future experiments could investigate these possibilities.

The gene clusters and pathways identified here are similar to a previous report that early unpredictable trauma triggered increased rodent anxiety-like behavior and adult amygdalar gene expression changes, including transcripts related to synaptic transmission, learning and memory [41]. Our findings are also congruent with studies linking anxiety-like behavior with synapse-associated proteins PSD-95 and SAP-102, which are members of the membrane-associated guanylate kinase protein family that regulate NMDA receptor signaling [42]. Genetic manipulation of PSD-95 increases rodents’ anxiety-like behavior, alters social behavior, and changes spine morphology in the amygdala [43,44]. PSD-95 and SAP-102 may also affect anxiety-like behavior through interactions with NMDA receptors in the amygdala since NMDA receptor activation is required for fear learning [45]. *CamkIIa* was another gene that emerged in our microarray data; it is a downstream target related to

NMDA receptor activation and may also play a role in influencing anxiety and social behavior [42]. Future studies will investigate cross-fostering-induced synaptic changes in the bLR amygdala and interrogate roles of the specific genes identified here that may underlie the beneficial effect of cross-fostering on bLRs' anxiety and particularly social behavior.

Extensive work by Meaney and colleagues demonstrates that Long-Evans rats raised by dams displaying low levels of active maternal care (licking/grooming and arched back nursing, LG-ABN) display greater anxiety-like behavior and exaggerated HPA stress responses compared to offspring of mothers showing high levels of LG-ABN [21,46,47]. In the high/low LG-ABN model, cross-fostering offspring from high- to low- LG-ABN dams (and vice versa) completely reverses behavioral and neuroendocrine effects [48], in part through molecular changes in the hippocampus [47] and amygdala [46,49]. This compelling work suggests that more maternal care begets better outcomes for offspring [21], although the relationship between maternal care and offspring's biobehavioral stress response is more complex [6]. Our work and others suggests that the impact of maternal behavior on offspring's behavior is dependent on the rat strain [19]. For example, our work in the bHR/bLR model (Sprague-Dawley rats) shows that bLR dams exhibit more active maternal care than bHR dams, yet their offspring display higher levels of anxiety-/depression-like behavior [19,20]. In the context of the present study, it is important to note that we previously showed that cross-fostering does not alter bHR/bLR mothers' behavior [20]. Moreover, examples from human [50] and non-human primate [51] studies show that "overprotective" mothers can contribute to excessive shyness and timidity in offspring, which could be considered analogous to the highly maternal bLR dams and their inhibited bLR offspring. In any event, our current cross-fostering data indicate that bHR dams' distinct maternal style benefits bLR offspring relative to bLRs raised by their own biological bLR mothers or bLR foster mothers.

A limitation to the current is the lack of female offspring included in the behavioral and gene expression experiments. It would be interesting to determine if cross-fostering bLR female offspring also impacts their behavior (whether anxiety behavior, social behavior or even maternal behavior). Work by Meaney's group has shown that cross-fostering female offspring born to Low LG-ABN mothers to high LG-ABN dams mothers converts their later patterns of maternal care so that females behavior in a manner that follows maternal care they received [48]. It would be interesting to determine whether cross-fostering bLR females to bHR mothers would similarly alter their later maternal care.

In summary, cross-fostering high anxiety/depression-prone bLR rats to bHR mothers shifted developmental gene expression in the amygdala (but not hippocampus) and modified their adult phenotype by enhancing their typically low levels of social interaction and subtly improving their anxiety-like behavior. In spite of the strong genetic underpinnings of the bHR/bLR traits, our current findings and other recent work demonstrate how early-life factors influence bLR behavior [14]. Moreover, while earlier studies highlighted the importance of hippocampal differences contributing to the disparate bHR/bLR behavioral phenotypes [18,33], our present results point to a role of the amygdala as well. Future work will pursue molecular and cellular mechanisms within the amygdala that contribute to

bHR/bLR behavior differences either at baseline or following early-life environmental manipulations.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

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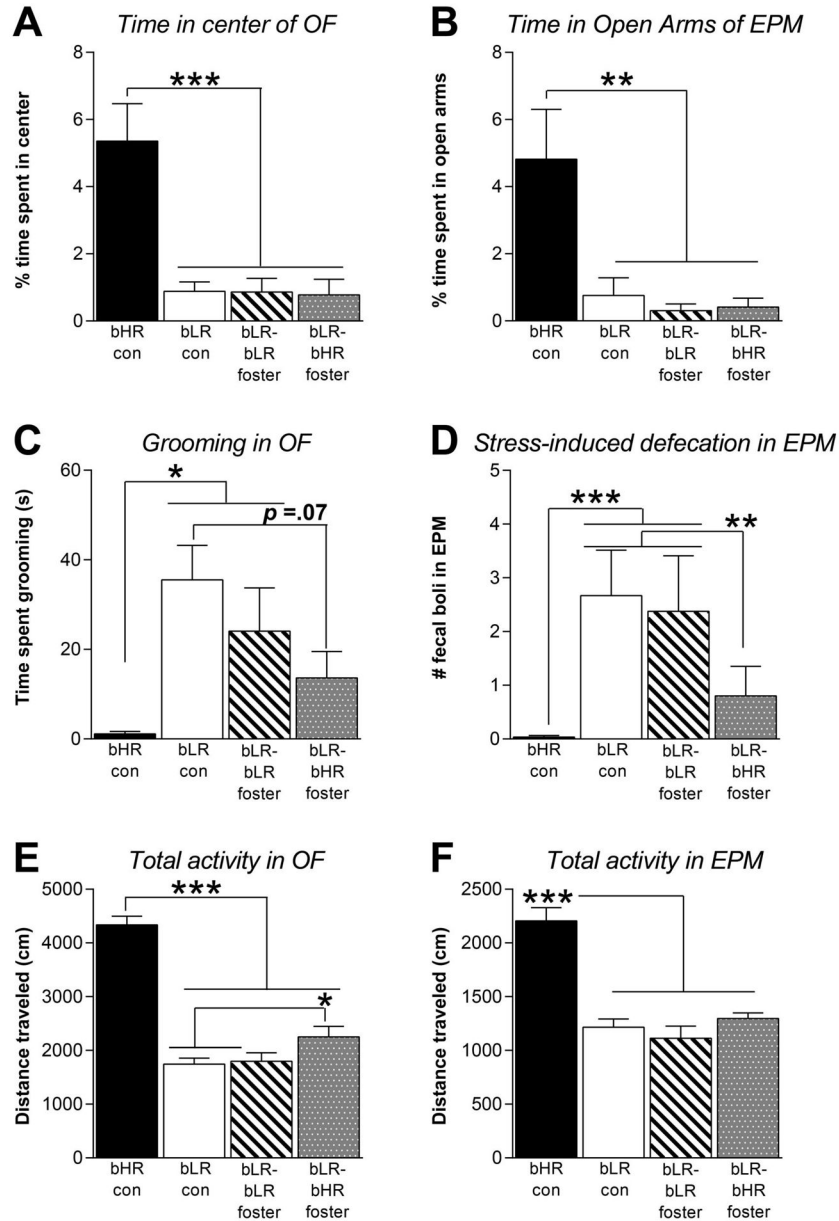


Figure 1. Cross-fostering bLR offspring to bHR mothers subtly reduced adult anxiety-like behavior in the Open Field Test and Elevated Plus Maze

(A) Cross-fostering did not affect bLR offspring's Open Field (OF) center time, with bLR-bHR cross-fostered offspring spending similarly low amounts of time in the center as bLR controls and bLR-bLR fostered rats. The bHR controls spent more time in the center than all bLR groups. (B) Likewise, in the Elevated Plus Maze (EPM), cross-fostering did not affect bLR offspring's time in the open arms, with bLR-bHR fostered rats spending as little time in the open arms as bLR controls and bLR-bLR fostered animals. The bHR controls spent significantly more time in the open arms. (C) Cross-fostered bLR offspring exhibited less grooming compared to bLR controls, indicating less anxiety. bHRs groomed less than bLR controls and bLR-bLR fostered offspring (but did not differ from cross-fostered bLRs). (D)

Cross-fostered bLRs' showed less stress-induced defecation in the EPM relative to bLR controls, another indicator of reduced anxiety. bHR controls showed less defecation compared to bLR controls and bLR-bLR fostered rats, but did not differ from bLR offspring cross-fostered to bHR mothers. **(E)** In the OF, bHR controls showed greater overall activity compared to the three bLR groups, although bLR offspring cross-fostered to bHR mothers displayed a slight but significant increase in novelty-induced activity compared to bLR controls that were raised by their biological bLR mothers. **(F)** In the EPM, bHR controls again showed greater overall activity compared to the three bLR groups. Maternal care condition did not affect bLR offspring's total activity in the EPM. Data represent means \pm SEM; * indicates $p < 0.05$; ** indicates $p < .01$; *** indicates $p < .001$

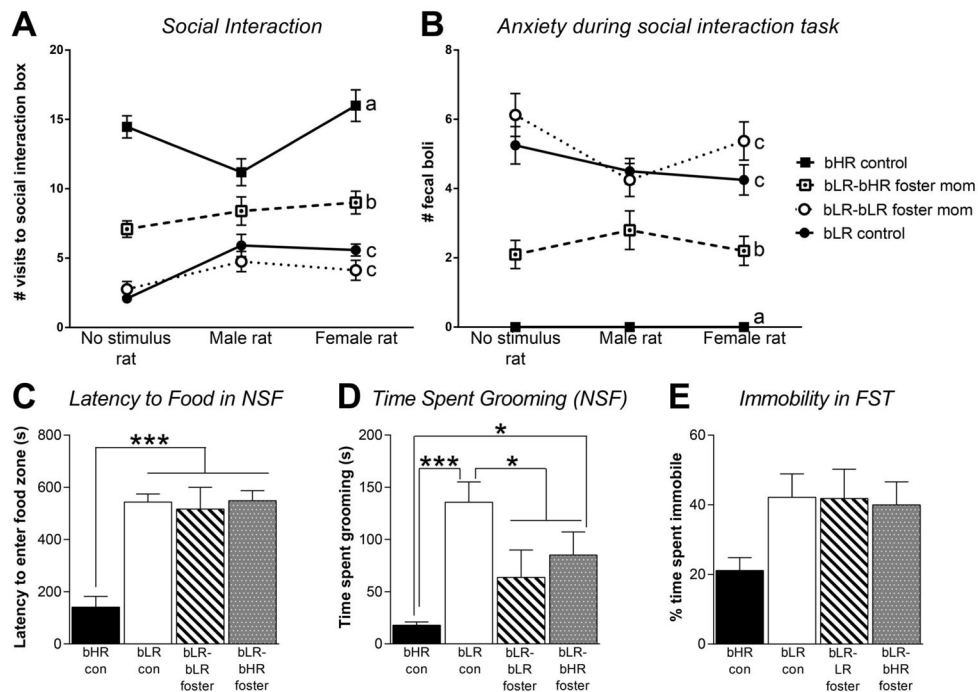


Figure 2. Cross-fostered bLRs show enhanced social interaction, subtly reduced anxiety in the novelty suppressed feeding test, but no change in Forced Swim Test immobility

(A) In a social interaction test, bHR controls showed much higher levels of interaction with a novel object, a male stimulus rat, and a female stimulus rat compared to bLR controls and bLR-bLR fostered offspring (indicated by *a* versus *c*). Cross-fostering significantly enhanced bLRs' social interaction, with the bLR-bHR fostered group showing more interaction compared to the two other bLR group (indicated by *b* versus *c*). (B) The bHR controls showed much less stress-induced defecation in the social interaction test compared to the three bLR groups (indicated by *a* versus *b* and *c*). Cross-fostered bLRs displayed less stress-induced defecation (indicating less anxiety) during the test relative to bLR controls and bLR-bLR fostered offspring (indicated by *b* versus *c*). (C) In the Novelty Suppressed Feeding (NSF) test, bHRs had a shorter latency to approach the food zone compared to all three bLR groups; cross-fostering did not impact this measure as all three bLR groups showed similarly high latencies. (D) bLR controls spent more time grooming during the NSF test than all other groups. There was a general effect of fostering on this measure as both bLR-bLR fostered and bLR-bHR fostered groups showed significantly less grooming in the NSF compared to bLR controls. (E) In the Forced Swim Test (FST), bHR controls showed low immobility levels compared to the three bLR groups; there was no effect of maternal care condition on bLR offspring's FST immobility. Data represent means \pm SEM; * indicates $p < 0.05$; ** indicates $p < 0.01$; *** indicates $p < 0.001$

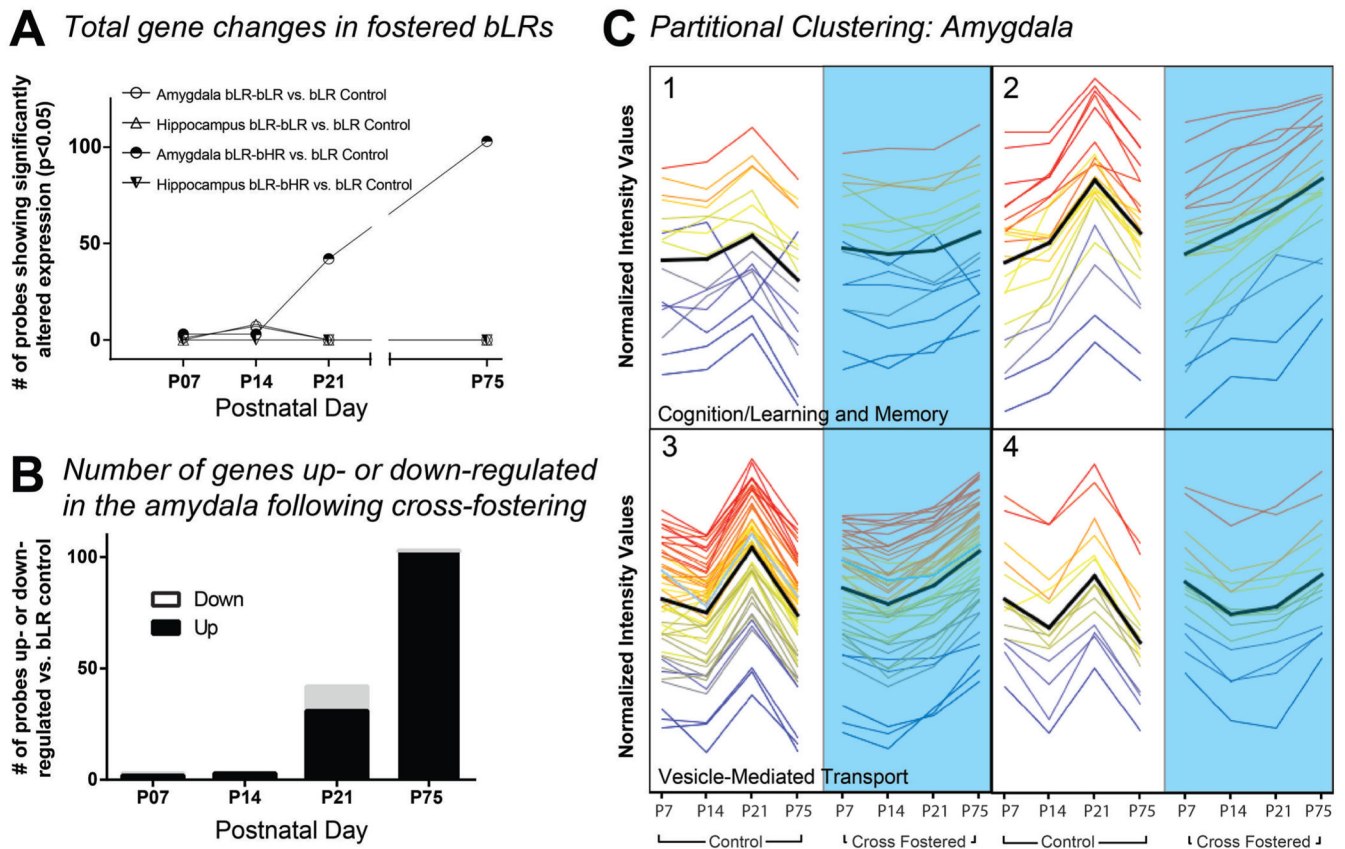


Figure 3. Cross-fostering bLR offspring to bHR mothers induced marked developmental gene expression changes in the amygdala but not hippocampus

At birth, bLR pups were assigned to one of three maternal conditions and raised by their biological mother (bLR control), an bLR foster mother (bLR-bLR fostered group), or a bHR foster mother (bLR-bHR cross-fostered group). Hippocampal and amygdalar tissue punches were collected from brains harvested at postnatal day (P) 7, P14, P21, and P75 for genome-wide expression profiling. Genes were considered to be significantly altered by maternal care condition if they showed a fold change (FC) cut-off ≥ 1.5 , and p-value < 0.05 following Bonferroni FWER multiple test correction. **(A)** Microarray analysis revealed robust developmental gene expression changes in the amygdala, but not the hippocampus, of bLR offspring that were raised by bHR foster mothers compared to bLR controls. There were minimal gene expression changes in the amygdala and hippocampus of bLR-bLR fostered offspring. **(B)** Number of genes significantly up-regulated or down-regulated in the developing amygdala of bLR-bHR fostered offspring. **(C)** K-means partitional clustering examined 103 differentially expressed genes in the P75 amygdala data set. Genes were assigned to four clusters based on similarity of expression profiles (shown in normalized intensity values on the y-axis). Developmental gene expression patterns from P7 through P75 are shown from left to right for bLR controls (white background, left) and bLR-bHR cross-fostered offspring (blue background, right). Time points are shown with equidistant spacing despite different intervals between some points. Each line represents a gene and the line color reflects normalized intensity value at P75 in the cross-fostered group (far right

point in each cluster). The black line indicates mean expression profile for each cluster. Gene ontology (GO) analysis of transcripts within each cluster revealed significant enrichment for specific GO terms in cluster 1 (GO:0007611, learning and memory; $p = 7.44 \times 10^{-5}$; GO:0050890, cognition, $p = 7.88 \times 10^{-5}$) and cluster 3 (GO:0016192, vesicle-mediated transport; $p = 1.26 \times 10^{-5}$).

Table 1

Genes confirmed by qPCR as differentially expressed in LR crossfostered to HR vs control LR in the Amygdala of adult animals (P75)

Gene Symbol	Fold Change by PCR	Fold Change by Microarray
Ywhag	1.8	4.48
Nptxr	1.31	4.96
Camklla	1.69	2.41
Dlg3	3.48	2.51
Dlg4	1.22	3.25
LPPR2	1.49	2.78

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Table 2

Top Hits of Pathway Analysis

Rank	Pathway	$-\log(p\text{-value})$	p value	corrected p value	Ratio	Genes
1	Neurophysiological process: Synaptic vesicle fusion and recycling in nerve terminals	7.206	6.22E-08	2.69E-05	7/52	PIP3K gamma, Synaptogamin I, Csp, SLC17A7, MUNC18, SYP, NSF
2	Neuroprotective action of lithium	6.616	2.42E-07	5.23E-05	7/63	PSD-95 (Dlg-4), MKK7 (MAP2K7), CDK5R1 (p25), CDK5R1 (p35), Dsh, ATF-2, Amyloid beta
3	Development_A1 receptor signaling	5.78	1.66E-06	2.39E-04	6/53	Adenosine A1 receptor, AKT (PKB), ATF-2, G-protein alpha-I family, PKA-cat, PKA-reg
4	Nicotine signaling in glutamatergic neurons	5.53	2.95E-06	3.19E-04	5/33	Adenosine A1 receptor, CaMK II alpha, G-protein alpha-I family, PKA-cat, PKA reg
5	Neurophysiological process. Constitutive and regulated NMDA receptor trafficking	5.332	4.66E-06	4.02E-04	6/63	CDK5R1 (p35), G-protein alpha-I family, PKA-cat, PKA-reg, PSD-95 (Dlg-4), SAP 102 (Dlg3)
6	Apoptosis and survival_BAD phosphorylation	4.997	1.01E-05	7.00E-04	5/42	14-3-3, AKT (PKB), Bel-XL, PKA-cat, PKA-reg
7	Development_A2A receptor signaling	4.945	1.13E-05	7.00E-04	5/43	AKT (PKB), ATF-2, MKK7 (MAP2K7), PKA-cat, PKA-reg
8	Apoptosis and survival Beta-2 adrenergic receptor anti-apoptotic action	4.754	1.76E-05	8.49E-04	4/23	AKT (PKB), G-protein alpha-I family, PKA-cat, PKA-reg
9	Development_Leptin signaling via PI3K-dependent pathway	4.752	1.77E-05	8.49E-04	5/47	AKT (PKB), AKT2, CPT-1A, PKA-cat, PKA-reg
10	Apoptosis and survival_HTR1A signaling	4.619	2.40E-05	1.04E-03	5/50	AKT (PKB), G-protein alpha-I family, PKA-cat, PKA-reg, PP2A regulatory