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## Esophageal epithelial cells acquire functional characteristics of activated myofibroblasts after undergoing an epithelial to mesenchymal transition

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### Abstract

**Background and Aims**—Eosinophilic esophagitis (EoE) is an allergic inflammatory disease that leads to esophageal fibrosis and stricture. We have recently shown that in EoE, esophageal epithelial cells undergo an epithelial to mesenchymal transition (EMT), characterized by gain of mesenchymal markers and loss of epithelial gene expression. Whether epithelial cells exposed to profibrotic cytokines can also acquire the functional characteristics of activated myofibroblasts, including migration, contraction, and extracellular matrix deposition, is relevant to our understanding and treatment of EoE-associated fibrogenesis. In the current study, we characterize cell migration, contraction, and collagen production by esophageal epithelial cells that have undergone cytokine-induced EMT *in vitro*.

**Methods and Results**—Stimulation of human non-transformed immortalized esophageal epithelial cells (EPC2-hTERT) with profibrotic cytokines TNF $\alpha$ , TGF $\beta$ , and IL1 $\beta$  for three weeks led to acquisition of mesenchymal  $\alpha$ SMA and vimentin, and loss of epithelial E-cadherin expression. Upon removal of the profibrotic stimulus, epithelial characteristics were partially rescued. TGF $\beta$  stimulation had a robust effect upon epithelial collagen production. Surprisingly, TNF $\alpha$  stimulation had the most potent effect upon cell migration and contraction, exceeding the effects of the prototypical profibrotic cytokine TGF $\beta$ . IL1 $\beta$  stimulation alone had minimal effect upon esophageal epithelial migration, contraction, and collagen production.

**Conclusions**—Esophageal epithelial cells that have undergone EMT acquire functional characteristics of activated myofibroblasts *in vitro*. Profibrotic cytokines exert differential effects upon esophageal epithelial cells, underscoring complexities of fibrogenesis in EoE, and implicating esophageal epithelial cells as effector cells in EoE-associated fibrogenesis.

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## Introduction

Eosinophilic esophagitis (EoE) is a chronic allergic inflammatory disease characterized by eosinophil infiltration into the esophageal epithelium. The most important clinical complication of EoE is esophageal fibrosis, resulting in progressive dysphagia and recurrent esophageal food impactions requiring urgent endoscopic removal. Unfortunately, very little is currently known about the mechanisms by which fibrosis develops in EoE.

Activated myofibroblasts are the key effector cells in all models of fibrosis [1,2]. In wound healing, tissue strain and cytokine release activate myofibroblasts to begin migration, extracellular matrix (ECM) deposition, and tissue contraction, thus maintaining tissue homeostasis [3]. However, in fibrosis, exaggerated myofibroblast responses result in inappropriate ECM deposition, increased tissue stiffness, and organ dysfunction.

The cellular origin of the myofibroblast is controversial. Line-age–tracing studies in the kidney, lung, and liver have provided conflicting results about the existence of epithelial to mesenchymal transition (EMT), although the most recent evidence suggests that epithelial cells are not a significant source of myofibroblasts in these tissues [4–8]. In EoE, it is presumed that activated myofibroblasts originate from resident fibroblasts in the lamina propria. This is supported by the findings of Aceves et al. who demonstrated marked increases in collagen deposition in the lamina propria of biopsies from patients with EoE compared to normal and GERD controls [9]. Alternatively, we and others have shown epithelial cells from patients with EoE have increased markers of activated myofibroblasts ( $\alpha$ SMA and vimentin) and decreased epithelial markers (cytokeratin and E-cadherin) suggesting that one source of the activated myofibroblasts may be epithelial cells [10,11]. We have also shown that epithelial cells in organotypic culture acquire markers of activated myofibroblasts suggesting that EMT may play a role in EoE-associated fibrogenesis [10,11].

Though best known for its roles in development and malignancy [12], EMT is also required for normal tissue homeostasis. During normal embryological development, epithelial cells lose cell-cell connections, become migratory, and eventually form the mesenchyme [13]. Because epithelial cells are capable of transdifferentiation in these settings, it has been postulated that during chronic inflammation, epithelial cells contribute to fibrosis via EMT. As the epithelium is often the site of primary injury and inflammation, it stands to reason that epithelial cells may also function as effector cells in fibrogenesis.

While EMT has been implicated in fibrosis of other organ systems [14–19], definitive evidence for EMT requires *in vivo* lineage tracing studies. In a bleomycin-induced mouse model of lung fibrosis, Tanjore et al. found that while myofibroblasts of epithelial origin were rare, they did contribute to overall lung fibrosis [20]. However, Chu et al. refuted the notion of EMT in a murine model of hepatic fibrosis by showing a lack of colocalization of epithelial markers with  $\alpha$ -smooth muscle actin ( $\alpha$ -SMA), a prototypical marker of activated myofibroblasts [21]. Unfortunately, similar *in vivo* lineage tracing studies to refute or support EMT in EoE are lacking, as there have been no published animal models of EoE-associated fibrogenesis. Furthermore, others have suggested that EMT cannot be defined by

marker analysis alone, and must demonstrate acquisition of functional characteristics of activated myofibroblasts, including migration, contraction, and collagen deposition [8,21].

Our previous work, along with that of Kagalwalla et al., has shown that markers of EMT are expressed in esophageal biopsies from subjects with EoE [10,11]. In the current study, we build upon our previous findings and demonstrate that the acquisition of EMT markers by cultured epithelial cells is partially reversible, and that esophageal epithelial cells can acquire functional properties of activated myofibroblasts including migration, contraction, and expression of type I collagen following acquisition of EMT markers.

## Materials and methods

### Esophageal epithelial cells

EPC2-hTERT{Harada, 2003 #1166}, an extensively characterized telomerase-immortalized, non-transformed human esophageal epithelial cell line, was used in all experiments. In addition, primary human esophageal epithelial cells were isolated as described [11] from IRB-approved six pediatric esophageal biopsies. Cells were grown at 37 °C in a humidified 5% CO<sub>2</sub> incubator and maintained in keratinocyte serum free media (KFSM, Invitrogen, Grand Island, NY) containing human epidermal growth factor (1 ng/mL), bovine pituitary extract (50 µg/mL) and penicillin (100 units/mL) and streptomycin (100 µg/mL). For all experiments, EPC2-hTERT cells were used between passages 36 and 39. Primary cells were used between passages 3–5.

### Cytokine stimulation

Cells were seeded in 6-well plates and stimulated in triplicate with one of the following human recombinant cytokines: TNF $\alpha$  (40 ng/mL), TGF $\beta$  (10 ng/mL), or IL1 $\beta$  (10 ng/mL). All recombinant cytokines were purchased from R&D Systems (Minneapolis, MN). Media containing individual cytokines was refreshed weekly for 3 weeks. For cytokine rescue experiments, cells were either cultured for an additional week in the presence of individual cytokine, or were cultured in standard media for one week.

### Quantitative RT-PCR

RNA was purified using an RNeasy Kit (Qiagen, Valencia, CA) according to manufacturer's recommendations. RNA samples were reverse transcribed using a high-capacity cDNA reverse transcriptase kit (Applied Biosystems, Foster City, CA). Pre-formulated TaqMan Gene Expression Assays were purchased from Applied Biosystems for human type I collagen (COL1A) (Hs00164004),  $\alpha$ -smooth muscle actin (ACTA2) (Hs00426835), vimentin (VIM) (Hs00185584), E-cadherin (CDH1) (Hs01023894), and GAPDH (4352934E). Quantitative RT-PCR was performed using TaqMan Fast Universal PCR Master Mix kit and reactions were performed in triplicate using 96-well optical plates on a StepOnePlus Real-Time PCR System (Applied Biosystems, Foster City, CA). GAPDH was used as an endogenous control to normalize the samples using  $C_t$  method of relative quantification, where  $C_t$  is the threshold cycle.

## Immunofluorescence

EPC2-hTERT cells were seeded in chamber slides and stimulated with relevant cytokines as above. Slides were prepared and stained for  $\alpha$ -smooth muscle actin (1:1000) (Sigma, St. Louis, MO) as previously described [11].

## Migration assays

Cell migration was assessed by ORIS™ cell migration assays (Platypus Technologies, Madison, WI, USA) and scratch wound healing assays coupled with live cell imaging. EPC2-hTERT cells were first stimulated with TNF $\alpha$ , TGF $\beta$ , or IL1 $\beta$  as described above. Media was refreshed weekly for 3 weeks. ORIS™ cell migration assays were used according to the manufacturer's instructions. In brief,  $2.5 \times 10^4$  cells were seeded per well into a collagen coated 96-well plate with ORIS™ cell seeding stoppers in place. Following cell adherence for 24 hours, the stoppers were removed, creating a cell-free migration zone where cells were allowed to migrate for another 24 hours. Migrated cells were then labeled with a Calcein fluorescent dye (Sigma, St. Louis, MO) and subjected to quantification of a fluorescence signal intensity using a multi-mode microplate reader (Biotek HT Synergy, Winooski, VT) according to manufacturer's instructions.

For scratch wound healing assays, EPC2-hTERT cells were seeded in 24-well plates. Following 3 weeks of cytokine stimulation, a 200- $\mu$ l pipet tip was used to generate a cell free area by scratching each well along the midline. Images of the central scratch and surrounding area were captured every 8 minutes for 24 hours using the Nikon-Eclipse TI-U inverted microscope (Nikon, Melville, NY) and *MetaMorph*® Microscopy Automation & Image Analysis Software (Molecular Devices, Sunnyvale, CA, USA) and compiled into a movie.

## Cell proliferation

BrdU Cell Proliferation Assay (Millipore, Billerica, MA) was performed in parallel to the migration assay, according to the manufacturer's recommendations.

## Contraction assay

Cells were seeded in 10-cm dishes and stimulated with TNF $\alpha$ , TGF $\beta$ , or IL1 $\beta$  as described above. Cytokine-stimulated cells were seeded in a 24-well plate at a concentration of  $6 \times 10^5$  cells per well in a gel containing 10X Eagle's Minimum Essential Medium (EMEM) (BioWhittaker, Walkersville, MD), FBS (LifeTechnologies, Grand Island, NY), L-glutamine (Cellgro, Manassas, VA), sodium bicarbonate (LifeTechnologies, Grand Island, NY), bovine collagen (Organogenesis, Canton, MA), and Matrigel (BD Biosciences, Bedford, MA). The sides of the gels were detached from the plates following 90 minutes of solidification at 37 °C, and gels were suspended in KSFM. Gels were measured daily, and the diameter of each gel was assessed at the widest point of the gel. After 8 days, the gels were fixed in formalin.

## Western blot

Cells were lysed using RIPA buffer containing 0.1% SDS, homogenized by passing lysate through a 20-gauge needle, placed on ice for 45 minutes, and centrifuged at 12000 rpm for

15 minutes at 4 °C. Protein concentrations of the supernatant were determined using a BCA Assay (Thermo Scientific, Rockford, IL USA) according to manufacturer recommendations. 30 µg of protein/sample were separated by gel electrophoresis in a 4–12% Bis-Tris Gel (Life Technologies, CA) and transferred to Immobilon membranes (Millipore, Billerica, MA). Membranes were blocked with a solution of 2.5% albumin and 2.5% non-fat milk in TBST (Cell Signaling Technology, Beverly, MA) and subsequently incubated with rabbit anti-collagen I antibody (1:2500) (Abcam, Cambridge, MA) overnight, followed by a 1-hour incubation with donkey anti-rabbit secondary antibody (1:5000) (Abcam). Blots were developed with WesternBright ECL (Advansta, Menlo Park, CA) and imaged on Blue Ultra AutoRad Film (BioExpress, Kaysville, UT).

### Statistical analysis

A two-tailed Student's *t*-test was used for analysis of Figs. 1,3 and 4 and a one-way ANOVA and post-hoc comparison with Bonferroni was used to analyze Fig. 2. A *p* value 0.05 was considered to be statistically significant.

## Results

### Inducible expression of EMT markers in human esophageal epithelial cells can be partially reversed *in vitro*

We have previously shown that stimulation of the EPC2-hTERT cells with combinations of TNF $\alpha$ , IL1 $\beta$ , and TGF $\beta$  leads to increased expression of mesenchymal markers and reduction in expression of epithelial genes, consistent with EMT<sup>11</sup>. We now sought to determine the effects of each individual cytokine upon the development of EMT, and to address a key question regarding reversibility of EMT *in vitro*. EPC2-hTERT cells were stimulated with individual cytokines TNF $\alpha$ , TGF $\beta$ , or IL1 $\beta$  for 3 weeks, followed by 1 week of cytokine-free “rescue”. The 3-week time point was selected based on the findings of Ohashi et al., who previously showed that esophageal epithelial cells undergo maximal TGF $\beta$ -induced transition to spindle-like morphology after 21 days of cytokine exposure *in vitro*[22].

Following three weeks of stimulation, both TGF $\beta$  and TNF $\alpha$  stimulated EPC2-hTERT cells acquired spindle-like cell morphology (Fig. 1A). In contrast, cells stimulated with IL1 $\beta$  retained their epithelial, cuboidal morphology. Quantification of mesenchymal and epithelial mRNA gene expression supported the observed morphologic changes in EPC2-hTERT cells. Expression of  $\alpha$ SMA (Fig. 1B), the prototypical marker of activated myofibroblasts, was significantly induced by stimulation with TGF $\beta$ , and withdrawal of TGF $\beta$  significantly reduced  $\alpha$ -SMA expression. Though not statistically significant, TNF $\alpha$  increased  $\alpha$ SMA expression; following withdrawal of TNF $\alpha$ ,  $\alpha$ SMA levels returned to baseline. Stimulation with IL1 $\beta$  did not alter  $\alpha$ SMA expression. Similarly, the mesenchymal marker vimentin (Fig. 1B) was also induced by stimulation with TGF $\beta$ , with a trend toward normalization following withdrawal of TGF $\beta$  for one week, though not statistically significant. TNF $\alpha$  significantly induced vimentin expression, and expression of vimentin returned to baseline following removal of TNF $\alpha$ .

Although TGF $\beta$  suppressed E-cadherin expression (Fig. 1B), expression of this epithelial gene remained suppressed following removal of TGF $\beta$ . In contrast, TNF $\alpha$  also significantly suppressed E-cadherin expression, though in a reversible fashion. IL1 $\beta$  did not affect E-cadherin expression or cell morphology in our model system.

In addition to PCR confirmation of EMT, we stained EPC2-hTERT monolayers for  $\alpha$ SMA. In the unstimulated state, there is no  $\alpha$ SMA staining (Fig. 1C), however when stimulated with TGF $\beta$  or TNF $\alpha$ , there is a clear increase in  $\alpha$ SMA. Stimulation with IL1 $\beta$  did not show significant change in  $\alpha$ SMA (data not shown) in agreement of the lack of  $\alpha$ SMA mRNA induction (Fig. 1B).

We have further stimulated independent esophageal epithelial cells grown in primary culture with either TGF $\beta$  or TNF $\alpha$ . Unlike EPC2-hTERT, most cells (>95%) were found to be either completely killed ( $n = 2$ ) or to have undergone growth arrest ( $n=4$ ) exhibiting flat and enlarged cell morphology consistent with premature senescence as we have described previously in EPC2 and other primary human esophageal epithelial cells [23–25]. Within senescent cells, there appeared to be a small subset of cells (<3–5%) displaying spindle-shaped morphology, suggesting that EMT was induced in response to either TGF $\beta$  or TNF $\alpha$  stimulation (data not shown); however, the presence of majority of senescent-like cells precluded documentation of EMT by qRT-PCR assays. Thus, our current model system for EMT may be limited in primary culture without genetic manipulations.

### **Stimulation of human esophageal epithelial cells with TGF $\beta$ and TNF $\alpha$ , but not IL1 $\beta$ , induces epithelial cell migration**

EMT is characterized by the loss of the epithelial adhesion protein E-cadherin and subsequent cellular acquisition of migratory properties [26–28]. To determine whether profibrotic cytokine may stimulate cell migration, we treated EPC2-hTERT cells with or without TGF $\beta$ , TNF $\alpha$  or IL1 $\beta$  for three weeks for the ORIS<sup>TM</sup> cell migration assays.

Both TGF $\beta$  and TNF $\alpha$ -treated epithelial cells demonstrated significantly increased fluorescence intensity compared to unstimulated control cells (Fig. 2A), denoting increased migration. On the other hand, there was no significant change in fluorescence in IL1 $\beta$  treated cells. To determine whether enhanced cell proliferation contributed to the increase in fluorescence, we quantified BrdU uptake under the same conditions, and detected no significant differences in BrdU uptake within the migration zone (data not shown), suggesting that increased fluorescence was most likely secondary to enhanced migration.

Scratch wound healing assays coupled with live cell imaging were further performed to characterize patterns of cell migration (Supplemental Data S1–4). In contrast to untreated epithelial cells, which remained relatively motionless and retained cell-cell contact, TGF $\beta$  and TNF $\alpha$  stimulated epithelial cells moved independently. The presence of filopodia and a “ruffled” leading edge was seen in TGF $\beta$  and TNF $\alpha$  treated epithelial cells (Fig. 2B). In contrast, IL1 $\beta$  treated cells mostly retained cell-cell contact, and moved together *en bloc*. Notably, cells stimulated with TNF $\alpha$  appeared to more completely fill in the scratch defect compared to TGF $\beta$ -stimulated cells (Supplementary Data S2-3).

Supplementary material related to this article can be found online at <http://dx.doi.org/10.1016/j.yexcr.2014.08.026>.

### **Cultured esophageal epithelial cells become contractile following acquisition of EMT markers**

In the constitutive state, epithelial cells have very little contractile ability within a collagen gel. Liu et al. found when bronchial epithelial cells were embedded within a collagen matrix, epithelial cells displayed less contraction compared to bronchial fibroblasts. The epithelial cells only exhibited contraction when placed on top of the gels [29]. We hypothesized that epithelial cells which had undergone EMT, based upon enhanced  $\alpha$ SMA expression, could acquire the ability to contract within a collagen gel, similar to fibroblasts. Following 3 weeks of stimulation by individual cytokines, we quantified cell contraction within a collagen matrix over a period of one week. As shown in Fig. 3A-B, cells stimulated with TNF $\alpha$  or TGF $\beta$  contracted significantly more than the unstimulated control, and TNF $\alpha$  stimulated cells were most contractile. Cells treated with IL1 $\beta$  did not exhibit any significant contraction.

### **TNF $\alpha$ and TGF $\beta$ induce expression of type I collagen by human esophageal epithelial cells *in vitro***

Collagen production is an important function of activated myofibroblasts, aiding in normal wound healing and contributing to enhanced tissue stiffness in fibrosis. We quantified the expression and secretion of type I collagen in EPC2-hTERT cells either stimulated for 4 weeks or stimulated for 3 weeks followed by 1 week of cytokine-free rescue. Stimulation with TGF $\beta$ , and to a lesser degree, TNF $\alpha$ , resulted in a significant increase in collagen mRNA expression (Fig. 4A) compared to unstimulated controls, which was reversible upon removal of TGF $\beta$ . Collagen expression was not induced by IL1 $\beta$  stimulation. Expression of type I collagen protein was also assessed using immunoblots of cytokine-stimulated EPC2-hTERT cell lysates (Fig. 4B), confirming mRNA expression results.

## **Discussion**

In this study, we show that stimulation with TGF $\beta$  and TNF $\alpha$ , but not IL1 $\beta$ , leads to the acquisition of markers of EMT in cultured esophageal epithelial cells, and that withdrawal of the proinflammatory stimulus leads to partial reversal of these distinct gene expression patterns. Most importantly, our study addresses a key concept central to current controversies in EMT regarding the function of epithelial cells following the acquisition of markers of EMT. Specifically, we show for the first time that in addition to the gain of mesenchymal markers and loss of epithelial markers *in vitro*, esophageal epithelial cells can attain phenotypic features of activated myofibroblasts, including migration, collagen synthesis, and contractility.

We previously demonstrated that competitive inhibition of TNF $\alpha$  and IL1 $\beta$  signaling prevented changes in both epithelial morphology and expression of E-cadherin in epithelial cells cultured in the presence of fibroblast-derived cytokines. In the current study, we evaluated the effect of individual recombinant cytokines upon acquisition of EMT markers,

and further determined whether expression of these markers was reversible *in vitro*. Few studies have explored the reversibility of EMT in the setting of fibrosis. In a rat model of EMT in the kidney, Arnoni et al. demonstrated that while progression of fibrosis could be halted using an angiotensin I receptor antagonist, the existing fibrosis could not be reversed [30]. In EoE, Kagalwalla et al. quantified vimentin and cytokeratin expression in patient biopsies before and after clinical treatment, and found that EMT scores normalized to the levels of control patients post-treatment [10]. Consistent with the Kagalwalla study, we found that induction of mesenchymal markers could be partially reversed by withdrawal of cytokine stimulation. Although TGF $\beta$  stimulation led to reversible inductions in mesenchymal genes, TGF $\beta$ -induced suppression of E-cadherin was not reversible upon withdrawal of the proinflammatory stimulus for 1 week. Surprisingly, TNF $\alpha$  had a similar effect upon mesenchymal gene expression, yet TNF $\alpha$  induced E-cadherin suppression was reversible in this model. The signaling pathways which regulate cytokine-mediated EMT are complex, and others have reported that re-expression of E-cadherin following TGF $\beta$  induced EMT first requires inhibition of signaling pathways to decrease mesenchymal gene expression [31]. It is possible that a longer time period in unstimulated media might have led to more complete recovery of E-cadherin expression. However, our results suggest that the recovery of the epithelial phenotype lags behind loss of mesenchymal gene expression. The limited reversal in EMT upon cytokine withdrawal may be accounted for by EMT-promoting factors such as IL-6 and IL-8 which are produced by the mesenchymal cells. Such possibility is currently under investigation by purifying both mesenchymal and epithelial subsets of cells.

In our previous report, we noted the importance of IL1 $\beta$  in a cross-talk model between esophageal epithelial cells and esophageal fibroblasts. When stimulated with conditioned media from esophageal epithelial cells, esophageal fibroblasts produced both IL1 $\beta$  and TNF $\alpha$ , but not TGF $\beta$  [11]. Subsequent stimulation of esophageal epithelial cells with this fibroblast conditioned media led to features of EMT, which could be prevented by competitive inhibition of IL1 $\beta$  or TNF $\alpha$  signaling. In contrast, the current study does not implicate IL1 $\beta$  alone in the development of EMT. These discrepancies highlight the importance of other possible soluble mediators and cell types that may play a role in EoE-associated fibrosis *in vivo*. Indeed, the proinflammatory and profibrotic cytokine milieu in EoE is poorly understood, and involves complex interactions between a number of cell types including epithelial cells, fibroblasts, and infiltrating inflammatory cells. While IL1 $\beta$  alone may not induce EMT in this model, future studies will be required to identify additional chemokines that may act synergistically with IL1 $\beta$ .

Epithelial cell migration is important for tissue homeostasis, with roles in embryogenesis and normal wound healing. However, epithelial and mesenchymal cells have distinct migratory capabilities. Epithelial cells cluster together, facilitated by cell-cell adhesion molecules including E-cadherin, and migrate together through collective epithelial movement [32]. In contrast, mesenchymal cell movement is dynamic, and mesenchymal cells move individually through extension of filopodia and pseudopodia (Fig. 2B) [33]. Consistent with this, both TNF $\alpha$  and TGF $\beta$ , which caused cells to appear dissociated from the monolayer, with a fibroblast appearance, had substantial effects upon cell migration (Fig.



2, Supplementary data S2-3). In contrast, IL1 $\beta$  stimulated cells appeared clustered together, and moved *en bloc* (Supplementary data S4).

Supplementary material related to this article can be found online at <http://dx.doi.org/10.1016/j.yexcr.2014.08.026>

While fibroblast contraction in collagen gels has been well characterized in models of skin and lung fibrosis [34,35], contraction of transdifferentiated esophageal epithelial cells in collagen matrices has not been previously described. Of the three tested cytokines, TNF $\alpha$  had the most significant effect upon collagen gel contraction, exceeding that of TGF $\beta$ . This was unexpected, as  $\alpha$ SMA is considered to be the major driver of tissue force exertion and contraction [36,37], and TNF $\alpha$  induced less  $\alpha$ SMA compared to TGF $\beta$  stimulated epithelial cells. The effects of TNF $\alpha$  in fibrogenesis are unclear, as its effects are cell-type and organ specific. In alveolar epithelial cells that have undergone EMT, TNF $\alpha$  alone causes collagen gel contraction, but not to the same degree as TGF $\beta$ . In dermal fibroblasts, on the other hand, TNF $\alpha$  inhibits the synthesis of type I collagen [38,39]. In contrast, TNF $\alpha$  promotes production of ECM by murine intestinal myofibroblasts *in vitro*. Notably, others have shown that TNF $\alpha$  stimulation of the murine 3T3 fibroblast cell line stimulated the expression of TGF $\beta$  [40]. Thus, while stimulation of esophageal epithelial cells with TGF $\beta$  induced higher levels of mesenchymal genes compared to TNF $\alpha$ , it is possible that TNF $\alpha$  may similarly exert a more potent effect upon myofibroblast-like function via upregulation of additional profibrotic genes, including TGF $\beta$ .

Despite elegant lineage tracing studies in other models [20], persistent skepticism surrounding EMT is based upon the lack of clinically significant collagen production by epithelial cells which have undergone an EMT. Epithelial cells lack constitutive expression of extracellular matrix proteins, and thus have not been proposed as a cellular source of collagen in EoE. For the first time, we show that cultured esophageal epithelial cells can secrete type I collagen, under the influence of TGF $\beta$  and, to a lesser degree, TNF $\alpha$  (Fig. 4). Other models have previously highlighted the potential importance of epithelial-derived collagen. In a bleomycin model of murine lung injury, Yang et al. showed that activated lung epithelial cells produce mesenchymal proteins that provoke lamina propria fibrosis and that conditional alveolar epithelial deletion of type I collagen led to reduced bleomycin-induced lamina propria fibrosis compared to genotype controls, suggesting that epithelial derived collagen promotes fibrosis by enhancing fibroblast activation in the lamina propria [41]. During embryologic development, corneal epithelial cells secrete collagen to form a primary stroma, into which migrating neural crest cells differentiate into fibroblasts to produce a secondary stroma [42]. Both the Yang and Bard studies suggest that even small amounts of epithelial derived collagen may drive lamina propria fibrosis, and underscore the importance of determining the role of the epithelial cells in synthesis of collagen and other ECM components in EoE.

The most unexpected result of our study was that the functional consequences of TNF $\alpha$  stimulation equaled or exceeded those of TGF $\beta$  in our model system with regard to both epithelial migration and contraction. Increased expression of TNF $\alpha$  has been reported in esophageal biopsies from EoE subjects [43], though little is known about its specific role in

EoE pathobiology and fibrogenesis. TNF $\alpha$  antagonists are emerging as treatments for several fibrotic diseases including Crohn disease [44] and systemic sclerosis [45]. A small case series of infliximab used in adult EoE subjects was recently reported, which showed a reduction in symptoms and tissue eosinophilia in 1 of 3 subjects [46]. It is important to note that this was a small clinical pilot study, which did not specifically examine effects upon EMT. Larger trials will be required to determine whether infliximab is effective in EoE, and specifically whether this overlooked cytokine is important in esophageal epithelial remodeling *in vivo*.

Enhanced migration, contraction, and collagen deposition are integral parts of myofibroblast function, and both lamina propria fibrosis and dysfunctional esophageal smooth muscle contribute to clinically significant reductions in esophageal distensibility [47–49].

While the major myofibroblast burden likely resides in the subepithelial compartment in EoE, our study implicates the epithelial compartment as a source of myofibroblasts in EoE-associated tissue dysfunction. Thus, further understanding the potential consequences of EMT and fibrogenesis within the epithelial compartment may lead to novel treatment and preventative strategies for patients affected by this significant disease.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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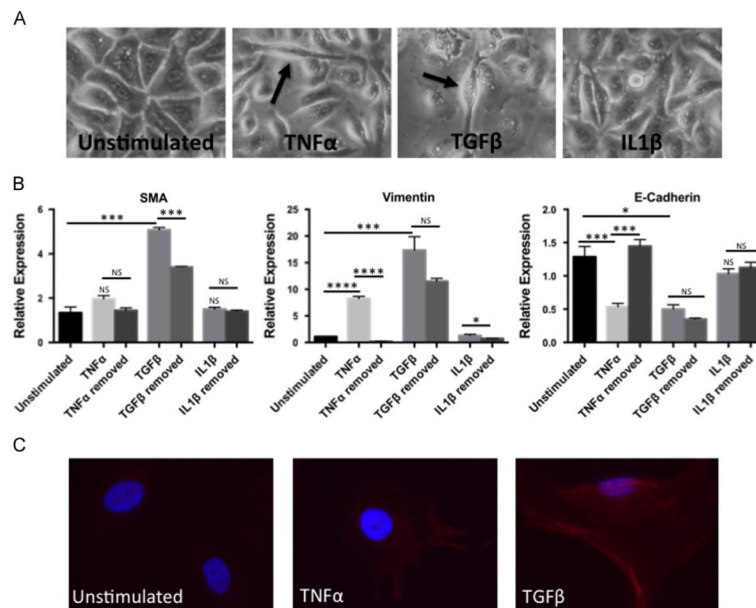
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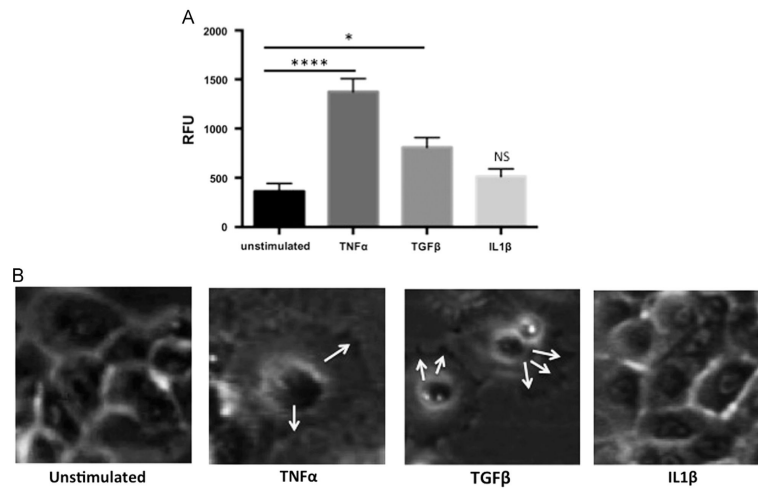
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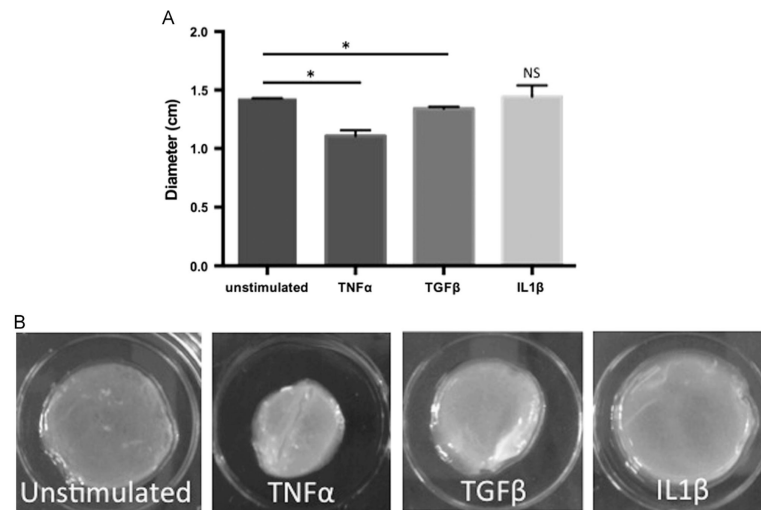
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**Fig. 1.** Proinflammatory cytokines induce markers of epithelial to mesenchymal transition (EMT) in human esophageal epithelial cells in a partially reversible fashion. (A) Morphologic changes in EPC2-hTERT cells stimulated with TNF $\alpha$ , TGF $\beta$ , and IL1 $\beta$  compared to unstimulated cells. Arrows highlight representative spindle-shaped cells. Pictures were taken at 100X. (B) mRNA expression of  $\alpha$ SMA, vimentin and E-cadherin in EPC2-hTERT cells stimulated in triplicate following 4-week continuous stimulation with TNF $\alpha$ , TGF $\beta$ , or IL1 $\beta$  compared to 3 weeks of cytokine stimulation and 1 week of cytokine-free rescue. \* $p$ <0.05, \*\*\* $p$ <0.001, \*\*\*\* $p$ <0.0001, NS=not significant. Results presented are representative of at least 3 individual experiments. (C)  $\alpha$ SMA staining in EPC2-hTERT cells compared to unstimulated cells. Blue indicates nuclear DAPI staining, red indicates  $\alpha$ SMA staining. Pictures were taken at 400X.

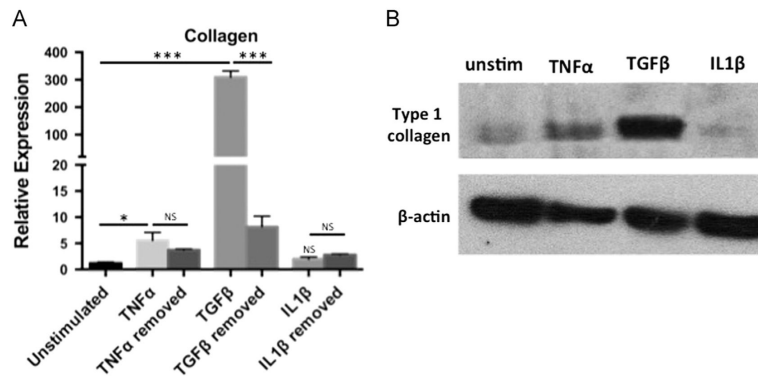


**Fig. 2.** Stimulation of human esophageal epithelial cells with TNF $\alpha$  and TGF $\beta$  enhances cell migration. (A) Relative fluorescent units (RFUs) were measured and compared to fluorescence of unstimulated cells. \*  $p < 0.05$ , \*\*\*\*  $p < 0.0001$ . (B) Filopodia and ruffled edges of EPC2-hTERT cells stimulated with TNF $\alpha$  and TGF $\beta$ , compared to unstimulated cells and cells treated with IL1 $\beta$ . Arrows indicate distinct filopodia. Pictures are still-shots from our live-action supplementary figures.



**Fig. 3.** Stimulation of human esophageal epithelial cells with TNF $\alpha$  and TGF $\beta$  enhances contraction of collagen gels. (A) Average diameter of EPC2-hTERT-embedded collagen gels after stimulation with profibrotic cytokines. Results represent average diameters of 3 separate experiments all performed in triplicate. \* $p < 0.05$  (B) Representative formalin-fixed collagen gels following 8 days of contraction.



**Fig. 4.**

Stimulation of EPC2-hTERT cells with TNF $\alpha$  and TGF $\beta$  enhances expression and secretion of type I collagen. (A) Quantification of mRNA expression of type 1 collagen following either 4 weeks of continuous cytokine stimulation compared to 3 weeks of stimulation and 1 week of cytokine-free rescue. \* $p < 0.05$ , \*\*\* $p < 0.001$  (B) Type I collagen immunoblot of EPC2-hTERT cell lysates following individual cytokine stimulation.