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## OZONE EXPOSURE INITIATES A SEQUENTIAL SIGNALING CASCADE IN AIRWAYS INVOLVING INTERLEUKIN-1BETA RELEASE, NERVE GROWTH FACTOR SECRETION, AND SUBSTANCE P UPREGULATION

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### Abstract

Previous studies demonstrated that interleukin-1 $\beta$  (IL-1 $\beta$ ) and nerve growth factor (NGF) increase synthesis of substance P (SP) in airway neurons both after ozone (O<sub>3</sub>) exposure and by direct application. It was postulated that NGF mediates O<sub>3</sub>-induced IL-1 $\beta$  effects on SP. The current study specifically focused on the influence of O<sub>3</sub> on IL-1 $\beta$ , NGF, and SP levels in mice bronchoalveolar lavage fluid (BALF) and whether these mediators may be linked in an inflammatory-neuronal cascade in vivo. The findings showed that in vivo O<sub>3</sub> exposure induced an increase of all three proteins in mouse BALF and that O<sub>3</sub>-induced elevations in both NGF and SP are mediated by the inflammatory cytokine IL-1 $\beta$ . Further, inhibition of NGF reduced O<sub>3</sub> induced increases of SP in both the lung BALF and lung tissue, demonstrating NGF serves as a mediator of IL-1 $\beta$  effects on SP. These data indicate that IL-1 $\beta$  is an early mediator of O<sub>3</sub>-induced rise in NGF and subsequent SP release in mice in vivo.

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Ozone (O<sub>3</sub>) is one of six criterion air pollutants included in the Clean Air Act and regulated by the U.S. Environmental Protection Agency (EPA) National Ambient Air Quality Standard (U.S. EPA, 2013). Ground-level O<sub>3</sub> is generated through reactions between nitrogen oxides and volatile organic compounds released into the atmosphere predominantly from vehicle exhausts and industrial and power-generating facilities. When inhaled, O<sub>3</sub> interacts with airway epithelial cells, increasing epithelial permeability and stimulating release of cytokines and other inflammatory mediators (Bhalla, 1999; McCullough et al., 2014) that stimulate sensory nerves (Taylor-Clark and Udem, 2010). Among inflammatory mediators released from epithelial cells by ozone inhalation are interleukin-1 $\beta$  (IL-1 $\beta$ ; (Wu et al., 2012; Johnston et al., 2007)) and nerve growth factor (NGF; Graham et al., 2001; Hunter et al., 2011). Excitation of sensory nerve terminals in the airways not only generates action potentials triggering airway reflexes (Joad et al., 1996b) but also releases neuropeptides, including substance P (SP), which is chemotactic for inflammatory cells and increases permeability of bronchial vessels (Baluk et al., 1998).

SP release from airway sensory nerve terminals mediates airway hyperresponsiveness and inflammation, referred to as neurogenic inflammation (Barnes, 1986; Baluk et al., 1992; Borson et al., 1989). Once SP is released, it is rapidly degraded by neutral endopeptidase and is not recycled back into the nerve terminal (Nadel, 1991; Umeno et al., 1989). Therefore, sustained actions of SP release require increased synthesis by translation of preprotachykinin (PPT) mRNA (Krause et al., 1987). Allergens and inhaled irritants increase the PPT gene in airway C-fiber neurons (Hunter et al., 2000a; Fischer et al., 1996). The airway epithelium synthesizes and releases NGF in close proximity to the intraepithelial sensory nerve fibers also located within the epithelial layer (Hunter et al., 2011).

While both IL-1 and NGF signaling are associated with SP upregulation and synthesis in the airways, these mediators have not been shown to operate in a coordinated sequence in an *in vivo* system of air pollution exposure such as O<sub>3</sub>. In this study, it was postulated that enhanced SP release from sensory neurons during O<sub>3</sub> exposure is attributed to O<sub>3</sub> induced IL-1 $\beta$  released in airways, stimulating NGF release, which then increases SP levels in sensory neurons. The rationale for the experiments is that inhibition of NGF might reduce SP response and inhibition of IL-1 $\beta$  may attenuate both NGF and SP release in the airways after O<sub>3</sub> exposure.

## METHODS

### Animal Use and Anesthetics

Adult (8 wk old, 50–60 g) male ICR mice (Harlan Laboratories, Inc.) were housed 4 per cage, under controlled light cycle (12-h light/dark) and temperature (22–24°C) conditions, with access to food and water *ad libitum* in the West Virginia University animal facility. Mice were anesthetized with a ketamine/xylazine mixture (25 mg/kg and 2 mg/kg, respectively) in a single intraperitoneal (ip) injection before all intratracheal (i.t.) instillations of IL-1 $\beta$ , IL-1 $\beta$  receptor antagonist (IL-1Ra) or anti-NGF. Animals were euthanized 24 h after O<sub>3</sub>/air exposure or i.t. instillations with a lethal dose of sodium pentobarbital (200 mg/kg). All procedures were approved through ACUC review under Protocol 06-0501.

### Experimental Design

Four different experimental protocols were used in the study.

1. Effect of ozone exposure on IL-1 $\beta$ , NGF, and SP release in BALF. This study established baseline values for IL-1 $\beta$ , NGF and SP after ozone exposure. Six groups of mice were exposed to 2 ppm ozone or filtered air (FA). The number of mice was different for each group: for ozone groups,  $n = 4, 6,$  and  $4$  for IL-1 $\beta$ , NGF, and SP respectively; for FA groups,  $n = 6, 5,$  and  $3,$  respectively. Bronchoalveolar lavage fluid (BALF) was obtained 24 h postexposure. Levels of IL-1 $\beta$ , NGF, and SP were determined by enzyme-linked immunosorbent assay (ELISA).
2. Instillation of IL-1 $\beta$ . This study aimed to determine the influence of IL-1 $\beta$  on NGF and SP levels in BALF. Four groups of anesthetized mice received 20  $\mu$ l of 2  $\mu$ g/ml

i.t. instillation IL-1 $\beta$  (catalogue number 15271 Sigma-Aldrich, St. Louis, MO) or vehicle (saline) for a dose of 600  $\mu$ g/kg as previously reported by Wu et al (2002). BALF was collected 24 h postexposure and NGF and SP levels were measured by ELISA. Mice in these experiments were not exposed to O<sub>3</sub>. The number of mice for NGF/saline measurements was five and for SP/saline was six.

3. Effect of IL-1 $\beta$  receptor antagonist (IL-1Ra) on ozone-induced changes in NGF and SP in BALF. This study determined the effect of IL-1 $\beta$  inhibition on the O<sub>3</sub>-induced changes in NGF and SP measured in BALF. Four groups of anesthetized mice received i.t. instillation consisting of 20  $\mu$ l of 200 ng/ml IL-1Ra (gift from Amgen, Inc., Thousand Oaks, CA) for a dose of 4 ng/mouse or 20  $\mu$ l saline 30 min prior to O<sub>3</sub> exposure based on our previous study (Wu et al., 2008). Twenty-four hours after O<sub>3</sub> exposure, NGF and SP in BALF were measured by ELISA based on previous studies. NGF was measured in six mice in both the IL-1Ra and saline groups, five in the SP group receiving IL-1Ra, and four in the SP group receiving saline.
4. Effect of NGF antibody on ozone-induced levels of SP in BALF and lung homogenate. These studies were conducted to examine the influence of neutralizing NGF on SP levels in BALF and in lung homogenates. Two groups of anesthetized mice were treated with 0.2 ml of 1:2000 rabbit anti-mouse NGF antibody or rabbit immunoglobulin (Ig) G (both 3  $\mu$ g protein/ml; catalogue number N6655, Sigma-Aldrich, St. Louis, MO) by a subcutaneous (sc) injection (Cardenas et al., 2010). Then 30 min later, the same mice were exposed to 1 ml aerosolized solution containing 3  $\mu$ g/ml anti-NGF or IgG diluted 1:2000. The combined sc and aerosol strategies to inhibit NGF were found to be effective in assessing NPY expression after cigarette smoke exposure in fetal mouse (Wu et al., 2012). The aerosol exposures were conducted in a Plexiglas chamber (15  $\times$  15  $\times$  10 cm), which was connected to a mini ultrasonic nebulizer with an output rate of 0.1 ml/min for 10 min. One hour after the end of the aerosol, mice were exposed to 2 ppm O<sub>3</sub> for 3 h. Controls received both sc injection and aerosol exposure to nonimmune rabbit IgG in the same doses and were exposed to O<sub>3</sub> 1 h after aerosol treatment. There were five mice in each group.

### In Vivo Ozone Exposure

All in vivo O<sub>3</sub> exposures were conducted at 2 ppm in a 12  $\times$  12 inch stainless-steel and glass chamber for 3 h at room temperature. The exposure to 2 ppm for 3 h was selected because exposure parameters in this range produce robust neural and inflammatory responses after 24 h in animal models (Shore et al., 2002; Wu et al., 2008; Vancza et al., 2009). Ozone was produced by passing hospital-grade air through a drying and high-efficiency particle (HEPA) filter and then through an ultraviolet light source. The O<sub>3</sub> concentration in the chamber was measured by chemiluminescence with a calibrated O<sub>3</sub> analyzer (OA 350-2R model, Forney Corporation; Carrollton, TX) sampled by a probe located 6 inches from the breathing zone of the mice opposite the O<sub>3</sub> delivery port. Air control animals were exposed to filtered air using procedures identical to those just described, except O<sub>3</sub> was not delivered to the mixing chamber. The temperature and humidity in the exposure chamber remained at

28°C and 50%, respectively. The O<sub>3</sub> exposure apparatus was described in detail in a previous paper (Wu et al., 2002).

### Bronchoalveolar Lavage Fluid (BALF) Collection

Lungs of euthanized mice were lavaged with 3 ml phosphate-buffered saline (PBS; 1.5 ml, twice) through a tracheal cannula and BALF was placed into tubes with 30 µl of proteinase inhibitor phosphoramidon ( $1 \times 10^{-4}$  µM) to inhibit neutral endopeptidases that degrade SP. The collected BAL fluid was centrifuged at  $1200 \times g$  for 10–12 min at 15°C. The supernatant was aliquoted and frozen at –80°C for subsequent assays.

### Lung Tissue Homogenates

Lung tissue homogenates were used in the NGF inhibition experiment to measure SP that might be stored but not released from nerve terminals. It was considered that NGF inhibition may affect not only SP synthesis, but also release due to potential attenuation of TRPV1 receptors that are known to be regulated by NGF (Zhang et al., 2005). Therefore, in a separate group of mice, lungs were removed 24 h after O<sub>3</sub> exposure, weighed, homogenized, and centrifuged ( $40,000 \times g$ ). The supernatant fractions were collected, filtered, and frozen at –80°C for subsequent SP assays.

### Enzyme-Linked Immunosorbent Assay (ELISA)

**IL-1β ELISA**—BALF supernatant samples (initial 3ml) were frozen at –80°C. The concentration of IL-1β in each sample was assayed using the mouse IL-1β/IL-1F2 DuoSet<sup>®</sup> ELISA Development System (R&D Systems, Inc.; Minneapolis, MN; sensitivity 31–1000 pg/ml) according to the manufacturer's instructions.

**NGF ELISA**—BALF supernatant samples (initial 3 ml) were frozen at –80°C. The concentration of NGF in each sample was assayed using the NGF Emax ImmunoAssay System (sensitivity 7.8–1000 pg/ml, Promega, Madison, WI) according to the manufacturer's instructions.

**SP ELISA**—BALF supernatant samples (initial 3 ml) were frozen at –80°C. The concentration of SP in each sample was assayed using the Parameter Substance P Assay (sensitivity 39–2500 pg/ml; R&D Systems, Inc., Minneapolis, MN) according to the manufacturer's instructions.

### Data Analysis

Unless otherwise stated, results are expressed as means ± SE. Statistical analysis was performed using one-way analysis of variance (ANOVA) with multiple comparisons. When the main effect was considered significant at  $p < .05$ , pairwise comparisons were made with a post hoc analysis (Fisher's least significant difference). A value of  $p = .05$  was considered significant and  $n$  represents the number of animals studied.

## RESULTS

### Effect of Ozone on IL-1 $\beta$ , NGF, and SP Levels in BALF

Experiments were conducted to evaluate the effects of O<sub>3</sub> on IL-1 $\beta$ , NGF, and SP protein levels in BALF in comparison to filtered-air (FA) counterparts. BALF was collected 24 h after O<sub>3</sub> or FA exposure. Ozone exposure (Figures 1A, 1B, and 1C) significantly increased levels of IL-1 $\beta$  ( $210.3 \pm 38$  pg/ml,  $n = 4$ ), NGF ( $3230.7 \pm 1039$  pg/ml,  $n = 6$ ), and SP ( $4280.3 \pm 635$  pg/ml,  $n = 4$ ) in BALF when compared to FA exposure groups ( $114.6 \pm 9.8$  pg/ml,  $n = 6$ ;  $753.3 \pm 217$  pg/ml,  $n = 5$ ; and  $1488.7 \pm 459$  pg/ml,  $n = 3$ , respectively).

### Effect of Exogenous IL-1 $\beta$ on NGF and SP Levels in BALF

Experiments were conducted to determine whether i.t. instillation of exogenous IL-1 $\beta$  might alter NGF and SP levels in BALF collected 24 h after instillation. Neither group was exposed to O<sub>3</sub>. NGF levels were significantly increased from  $1349.7 \pm 463$  pg/ml in saline to  $3424.8 \pm 915$  pg/ml in IL-1 $\beta$ -treated animals ( $n = 5$  for both groups, Figure 2A). BALF from IL-1 $\beta$ -treated animals contained a significantly higher concentration of SP, increasing from  $1557.8 \pm 440$  pg/ml in control to  $4970.7 \pm 61$  pg/ml in IL-1 $\beta$ -treated animals ( $n = 6$  for both groups, Figure 2B).

### Effect of IL-1 Ra on Ozone-Induced Changes in NGF and SP Levels in BALF

Experiments were undertaken to examine whether i.t. instillation of IL-1 receptor antagonist (Ra) might block O<sub>3</sub>-induced changes in levels of NGF and SP in BALF. Mice were administered i.t. instillation of IL-1 Ra or saline (vehicle) prior to air or O<sub>3</sub> exposures. The levels of NGF and SP in BALF were measured 24 h following air or O<sub>3</sub> treatment. Mice receiving IL-Ra prior to O<sub>3</sub> exposure demonstrated significantly lower levels of NGF and SP in BALF compared to animals receiving saline (vehicle) (Figures 3A and 3B). The NGF and SP levels in saline treated mice prior to O<sub>3</sub> exposure were  $3696.5 \pm 681$  pg/ml ( $n = 6$ ) and  $4959 \pm 1038$  pg/ml ( $n = 4$ ), respectively. After instillation of IL-Ra, NGF levels in O<sub>3</sub> exposed animals were decreased to  $2070 \pm 371$  pg/ml ( $n = 6$ ) and SP levels to  $1852.2 \pm 567$  pg/ml ( $n = 5$ ).

### Effect of NGF-Ab on Ozone-Induced Changes in SP Levels in BALF and Lung Tissue

Further experiments were conducted to determine whether an NGF antibody (NGF-Ab) might block O<sub>3</sub>-induced SP changes in BALF and lung tissue. Animals ( $n = 5$  per group) were exposed to both aerosolized and sc injection of NGF-Ab or IgG prior to O<sub>3</sub> exposure and SP levels in BALF and lung homogenates were measured 24 h after O<sub>3</sub>. Pretreatment with NGF-Ab prior to O<sub>3</sub> exposure significantly lowered levels of SP in BALF (Figure 4A) and lung tissue (Figure 4B) compared to animals treated with IgG. The SP levels in BALF fell from  $6654 \pm 73.68$  pg/ml in the IgG-O<sub>3</sub> treatment group to  $5880 \pm 98.43$  pg/ml in the NGF-Ab-O<sub>3</sub> treatment group. The SP levels in the lung tissue decreased from  $2082 \pm 187$  pg/ml with IgG-O<sub>3</sub> to  $1295 \pm 201$  pg/ml with NGF-Ab-O<sub>3</sub>.

## DISCUSSION

Data demonstrated that in vivo O<sub>3</sub> exposure significantly increased the concentrations of IL-1 $\beta$ , NGF, and SP in mouse BALF and SP in lung tissue. All three of these mediators are associated with airway inflammation in other animal models of O<sub>3</sub> exposure and epidemiological studies (Lee et al., 1979; Woolf et al., 1994; Koto et al., 1995; Bonham et al., 1996; Joad et al., 1996a; Wu et al., 1997; Braun et al., 1998; Barnes, 2001; Graham et al., 2001; Bachar et al., 2004; Nassenstein et al., 2004; Park et al., 2004; Johnson et al., 2005; de Vries et al., 2006; Krasteva et al., 2011). The unique contribution of the current study demonstrates that SP production after O<sub>3</sub> exposure is dependent on IL-1 $\beta$ -stimulated release of NGF.

The finding that IL-1 $\beta$  is a key modulator of SP release in the airways is consistent with our previous reports of in vivo and in vitro studies in ferrets (Wu et al., 2001, 2003), where O<sub>3</sub>-induced IL-1 $\beta$  release after O<sub>3</sub> exposure enhanced airway responsiveness by modulating SP levels. The present study further confirms the role of IL-1 $\beta$  as a key intermediate signaling molecule in the downstream effects of O<sub>3</sub> exposure by demonstrating its modulatory effects on NGF. Previously, Hunter et al. (2011) demonstrated that i.t. instillation of NGF is sufficient to induce increased SP expression in sensory neurons projecting to the airways. The present study shows that immunological reduction of O<sub>3</sub>-induced NGF levels attenuates SP release even in the presence of elevated IL-1 $\beta$  (i.e., ozone exposure). Previous studies reported that IL-1 $\beta$  modulates NGF expression in vitro (Virchow et al., 1998; Olgart and Frossard, 2001; Pons et al., 2001; Freund et al., 2002). NGF and IL-1 $\beta$  levels are increased in asthma (Bonini et al., 1996; Kassel et al., 2001; Olgart-Hoglund et al., 2002). The present findings indicate that IL-1 $\beta$  is directly responsible for the subsequent rise in NGF in airway lavage and that enhanced O<sub>3</sub>-induced SP expression depends on IL-1 $\beta$ -stimulated release of NGF and subsequent stimulation of SP release by NGF. These observations support a role for NGF, and not IL-1 $\beta$ , as the direct mediator of O<sub>3</sub>-induced SP elevation in airways.

Previous investigations showed that IL-1 $\beta$  (Wu et al., 2008), NGF (Graham et al., 2001; Hunter et al., 2011), and SP (Fischer et al., 1996; Hunter et al., 2000a; Carr et al., 2002; Sikora et al., 2003; Wilfong and Dey, 2004) are all elevated in the airways during exposures to allergens and environmental irritants. Further, the inflammatory cytokine interleukin 1 $\beta$  (IL-1 $\beta$ ) induces the expression of NGF (Fox et al., 2001; Pons et al., 2001) and SP (Wu et al., 2008; Skoff et al., 2009) in neurons. Intratracheal application of NGF increases synthesis of SP in C fiber airway neurons that normally contain SP and induces SP production in A-delta airway neurons that are normally devoid of SP (Hunter et al., 2000b, 2011). These findings suggest that airway irritants induce a signaling sequence involving initial release of IL-1 $\beta$  from the epithelium, IL-1 $\beta$ -stimulated epithelial production of NGF, and NGF-trkA receptor binding on airway sensory nerve terminals leading to upregulated SP synthesis within the neuron. A proposed signaling pathway for NGF-stimulated SP upregulation involves binding of NGF to the trkA receptor located in sensory nerve terminals, internalization of the NGF-trkA complex, formation and retrograde transport of the signaling endosome to the nucleus, and activation of specific signaling pathways affecting translation and SP synthesis (Yu et al., 2011).

NGF is classified as a neurotrophin, but there is increasing evidence suggesting it is involved in a variety of immune functions. NGF was even implicated as an asthma mediator, and in this study direct evidence of inhibiting or blocking NGF reduced SP levels that were induced by O<sub>3</sub> exposure, suggesting that NGF contributes to the O<sub>3</sub>-induced rise in SP. In addition, the source and regulation of NGF expression in airways are not fully understood, but a direct action of NGF on neurons may be part of this response since NGF elevates the number of immunoreactive nerve fibers and neuropeptide content in the airway (Adler et al., 1984; Lindsay and Harmar, 1989; Vedder et al., 1993; Cho et al., 1996; Hoyle et al., 1998; Hunter et al., 2000b; Malcangio et al., 2000; Skoff et al., 2003).

Ozone is a ubiquitous air pollutant shown to produce numerous adverse respiratory effects (Lippmann, 1989; Beckett, 1991; Bhalla, 1999). Of these effects, airway inflammation and airway hyperreactivity (AHR) are the hallmark pulmonary characteristics of O<sub>3</sub>-mediated exposure. This was observed in animal models and humans. For example, human subjects who show sensitivity to O<sub>3</sub> exposure display bronchial hyperresponsiveness to methacholine challenge not observed in nonsensitive subjects (Schelegle et al., 2007). Asthmatics demonstrated increased inflammation markers in nasal lavage fluid after low-level O<sub>3</sub> challenge (0.12–0.24 ppm) compared to nonasthmatic control subjects (McBride et al., 1994). A recent study reported that airway allergic hyperreactivity in a mouse model is attributable to activation of airway sensory neurons in vagal ganglia and occurs independent of immune mechanisms (Trankner et al., 2014). The current study specifically investigated a possible signaling pathway responsible for translating O<sub>3</sub> exposure to neurogenic inflammation in airways through IL-1 $\beta$ -stimulated NGF release and subsequent NGF-induced upregulation of the sensory neuropeptide SP, a mediator proven to mediate neurogenic inflammation in the airways (Lundberg et al., 1983). In conclusion, this study demonstrated that the signaling pathway for enhanced SP release after O<sub>3</sub> exposure involves IL-1 $\beta$ -induced upregulation of NGF and then NGF-induced increase in SP release.

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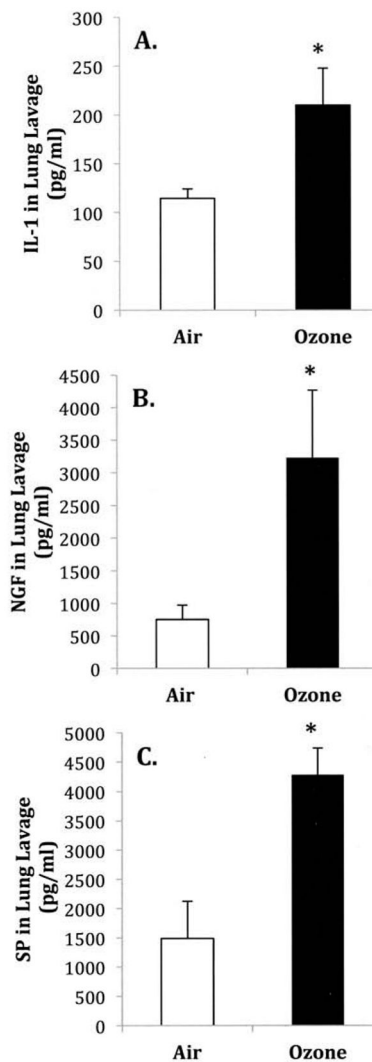
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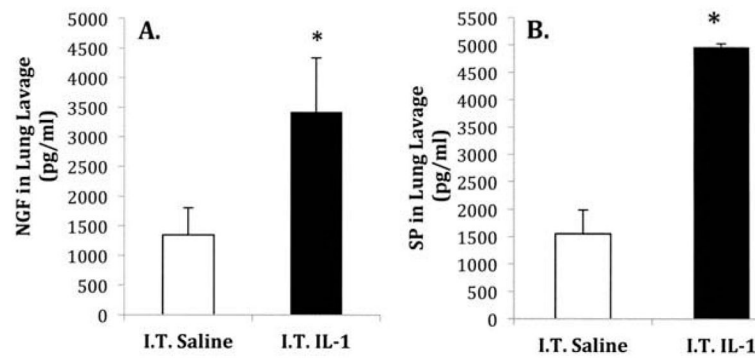
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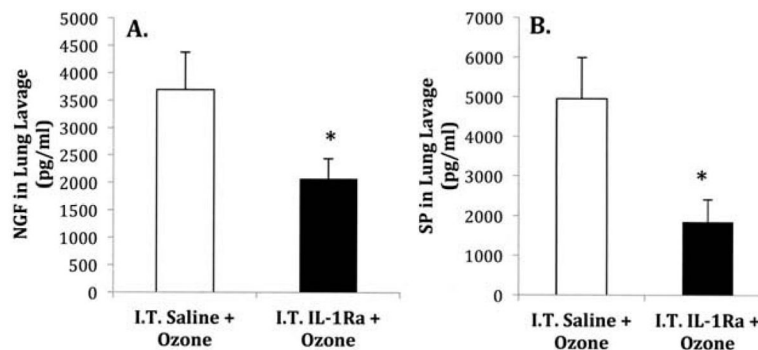
**FIGURE 1.**

The effect of O<sub>3</sub> exposure on (A) IL-1 $\beta$ , (B) NGF, and (C) SP protein levels in bronchoalveolar lavage fluid. Protein levels were measured by ELISA 24 h after filtered air (FA) or O<sub>3</sub> (2 ppm, 3 h) exposure. (A) NGF levels, (B) NGF levels, and (C) SP levels. Values are means  $\pm$  SE of 4–6 mice/group. Asterisk indicates significant difference between FA- and O<sub>3</sub>-exposed animals,  $p < .05$ .



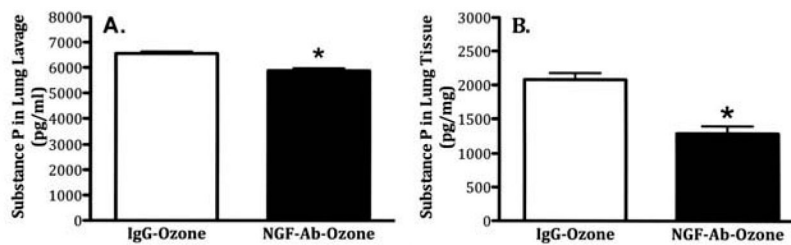
**FIGURE 2.**

Influence of intra-tracheal instillation of exogenous IL-1 $\beta$  treatment on (A) NGF and (B) SP protein levels in bronchoalveolar lavage fluid. Protein levels were measured by ELISA 24 h after saline or IL-1 $\beta$  (200  $\mu$ l/ml) treatment. (A) NGF levels and (B) SP levels in lung lavage fluid. Values are means  $\pm$  SE of 5–6 mice/group. Asterisk indicates significant difference between NGF levels in saline- and IL-1 $\beta$ -treated animals,  $p$  .05.



**FIGURE 3.**

Effect of IL-1 receptor antagonist on O<sub>3</sub> induced changes in NGF and SP levels in bronchoalveolar lavage fluid. Animals were instilled with saline or IL-Ra (200 ng/ml) prior to O<sub>3</sub> exposure. NGF and SP levels were measured in bronchoalveolar lavage fluid by an ELISA 24 h after O<sub>3</sub> exposure (2 ppm, 3 h). (A) NGF levels and (B) SP levels in the lung lavage. Values are means  $\pm$  SE of 4–6 mice/group. Asterisk indicates significant difference in NGF and SP levels between saline-and IL-1 Ra-treated animals,  $p < .05$ .



**FIGURE 4.**

Influence of NGF-Ab on O<sub>3</sub>-induced changes in SP levels in bronchoalveolar lavage fluid and lung tissue. Animals were instilled with IgG or NGF-Ab (both at 1:2000 dilution, 4 ml/kg) prior to O<sub>3</sub> exposure. SP levels were measured in bronchoalveolar lavage fluid and lung tissue by an ELISA 24 h after O<sub>3</sub> exposure (2 ppm, 3 h). (A) SP levels in lung lavage; (B) SP levels in the lung tissue. Values are means  $\pm$  SE of 5 mice/group. Asterisk indicates significant difference in SP levels between IgG- and NGF-Ab-treated animals in both lung lavage and lung tissue ( $p < .05$ ).